



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012301140025	Reg No/BarcodeNo	: 514056/01472584
Patient Name	: Mr..MAHESH KUMAR GUPTA	Reg. Date	: 14/Jan/2023 09:55AM
Age/Sex	: 35 Y / Male	Sample Taken Date	: 14/Jan/2023 10:30AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Jan/2023 11:34AM
Referred By Doctor	: Dr. B O B		

BIOCHEMISTRY

Blood Sugar (Fasting)

Blood Sugar Fasting 87 mg/dl 70 - 100
Glucose Oxidase Peroxidase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 93 mg/dl 70-140
Glucose Oxidase Peroxidase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 24 IU/l 15 - 73

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 16 mg/dl 8.4 - 21.0
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 0.79 mg/dl 0.66 - 1.25
Aminohydrolyase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 6.4 mg/dl 3.5 - 8.5
Uricase Peroxidase

Sample Type:Serum



Arun Kumar Gupta

Dr. Arun Kumar Gupta
M.D. Chief Pathologist
(Reg No. 34930)



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BIOCHEMISTRY

LFT/LIVER FUNCTION TESTS

BILIRUBIN TOTAL Reflectance spectrophotometry	0.73	mg/dl	0.20 - 1.30
BILIRUBIN DIRECT Reflectance Spectrophotometry	0.26	mg/dl	0.0 - 0.3
BILIRUBIN INDIRECT Reflectance Spectrophotometry	0.47	mg/dl	0.10 - 1.1
SGOT /AST Mutipoint Rate with P-5-P	26	U/L	15 - 46
SGPT /ALT UV with P5P	48	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP BUFFER	80	U/L	38 - 126
PROTEIN TOTAL Biuret	7.7	g/dl	6.4 - 8.3
ALBUMIN BCP	4.7	g/dl	3.5 - 5.0
GLOBULIN Calculated	3	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.57	Ratio	1.5 - 2.5

Sample Type:Serum



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: BODY CHECKUP
Referred By Doctor : Dr. B O B

BIOCHEMISTRY

Lipid Profile

CHOLESTEROL TOTAL Cholesterol Oxidase	222	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES Lip/Gluceron Kinase	136	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Non HDL Precopitation	41	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	153.8	mg/dl	70 - 130
VLDL CALCULATED Calculated	27.2	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	5.41	Ratio	Less than 4.0
LDL / HDL RATIO	3.75		

Ratio of LDL to HDL

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

BUN/CREATININE RATIO

BLOOD UREA NITROGEN Urease	16	mg/dl	8.4 - 21.0
CREATININE, Serum Aminohydrolaase	0.79	mg/dl	0.66 - 1.25
Ratio	20.25	mg/dl	5 - 20

Sample Type:Serum



A Gupta

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Referred By Doctor : Dr. B O B

CLINICAL PATHOLOGY

MEDIWHEEL MALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)



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CLINICAL PATHOLOGY

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	STRAW	
SPECIFIC GRAVITY (Based on pka change)	1.020	1.001-1.030
pH (methylred/Bromothymol blue method)	7.0	7.50 - 8.0
TURBIDITY	ABSENT	
Deposit (UR)	ABSENT	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria)	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	/ HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	/hpf	Nil
CASTS (Microscopic)	NIL	Per LPF	0-0
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil	Per HPF	Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

CBC / COMPLETE BLOOD COUNT

HEMOGLOBIN (Hb) Photometry Cyanide Free	15.1	g/dl	13.5-17.5
TLC Impedence	9000	/cumm	4000-11000
DLC (%)			
NEUTROPHIL DHSS/Microscopic	40	%	40-80
LYMPHOCYTE DHSS/Microscopic	47	%	24-44
EOSINOPHIL DHSS/Microscopic	8	%	01-06
MONOCYTE DHSS/Microscopic	5	%	3-6
Platelet Impedance/Microscopic	154	10 ³ /μL	140 - 440
RBC COUNT Impedance	4.8	10 ⁶ /μL	4.5 - 5.5
PCV (HCT) Numeric Integration	44.9	%	41-53
MCV Calculated	92.7	fL	83-91
MCH Calculated	31.1	pg	26-34
MCHC Calculated	33.5	g/dL	31-37
RDW-CV Calculated	13.2	%	11.6 - 14.0
MPV	12.2	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	3.6	10 ³ /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	4.2	10 ³ /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.4	10 ³ /μL	0.02-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.7	10 ³ /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) 8 mm 0 - 14
WESTERGREN

Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO O
Reverse & Forward
Rh POSITIVE
Reverse & Forward

Sample Type:EDTA Blood



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HAEMATOLOGY

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN	5.5	%
Average of Glucose Level	111	mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CLIA	1.02	ng/mL	0.35 - 1.93
------------------	------	-------	-------------

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CLIA	7.27	µg/dl	4.50 - 10.9
------------------	------	-------	-------------

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) CLIA	2.84	µIU/ml	0.35 - 5.50
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NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal	Normal	Mild(subclinical) Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal	Normal	Mild (subclinical) Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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X-RAY

MEDIWHEEL MALE BELOW 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.
COSTOPHRENIC ANGLES ARE CLEAR.
CARDIAC SHADOW IS NORMAL.
HILAR SHADOWS ARE HEAVY.
ACCENTUATED MARKINGS SEEN.
NO PARENCHYMAL LESION IS NOTED.
ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***



**7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR****140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M / 0 Cms / 0 Kg Date: 14-Jan-2023 Refd By : BANK OF BARODA**

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:30	0:01	00.0	00.0	01.0	113	124/84	140	00	
Standing	00:41	0:01	00.0	00.0	01.0	110	124/84	136	00	
HV	00:51	0:01	00.0	00.0	01.0	97	124/84	136	00	
ExStart	01:07	0:01	00.0	00.0	01.0	107	124/84	132	00	
BRUCE Stage 1	04:07	3:00	01.7	10.0	04.7	143	134/88	191	00	
BRUCE Stage 2	07:07	3:00	02.5	12.0	07.1	167	144/92	240	00	
PeakEx	08:14	1:07	03.4	14.0	08.3	178	144/92	256	00	
Recovery	09:13	1:00	00.0	00.0	01.2	148	140/90	249	00	
Recovery	10:13	2:00	00.0	00.0	01.0	127	136/88	201	00	
Recovery	11:26	3:12	00.0	00.0	01.0	129	132/86	170	00	

Findings :

Exercise Time : 07:08
 Max HR Attained : 178 bpm 96% of Target 185
 Max BP Attained : 144/92
 Max WorkLoad Attained : 8.3 Fair response to induced stress
 Max ST Dep Lead & Value : II & -3.6 mm
 Duke Treadmill Score : 10.3
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 96% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

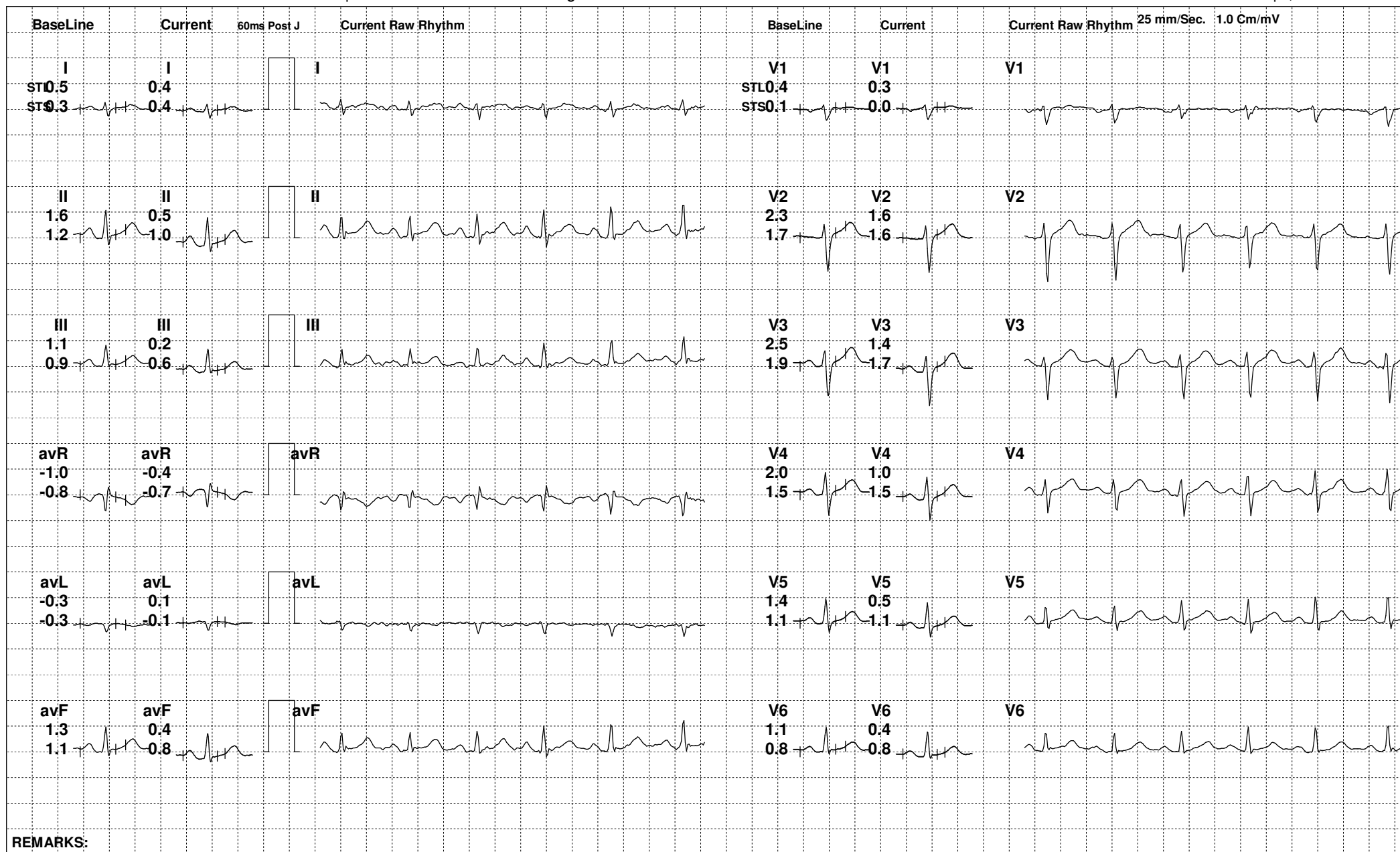
Doctor : DR. KUSH KUMAR TYAGI D.M.



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.0/ 113 bpm 61% of THR BP: 124/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:28 0.0 mph, 0.0%



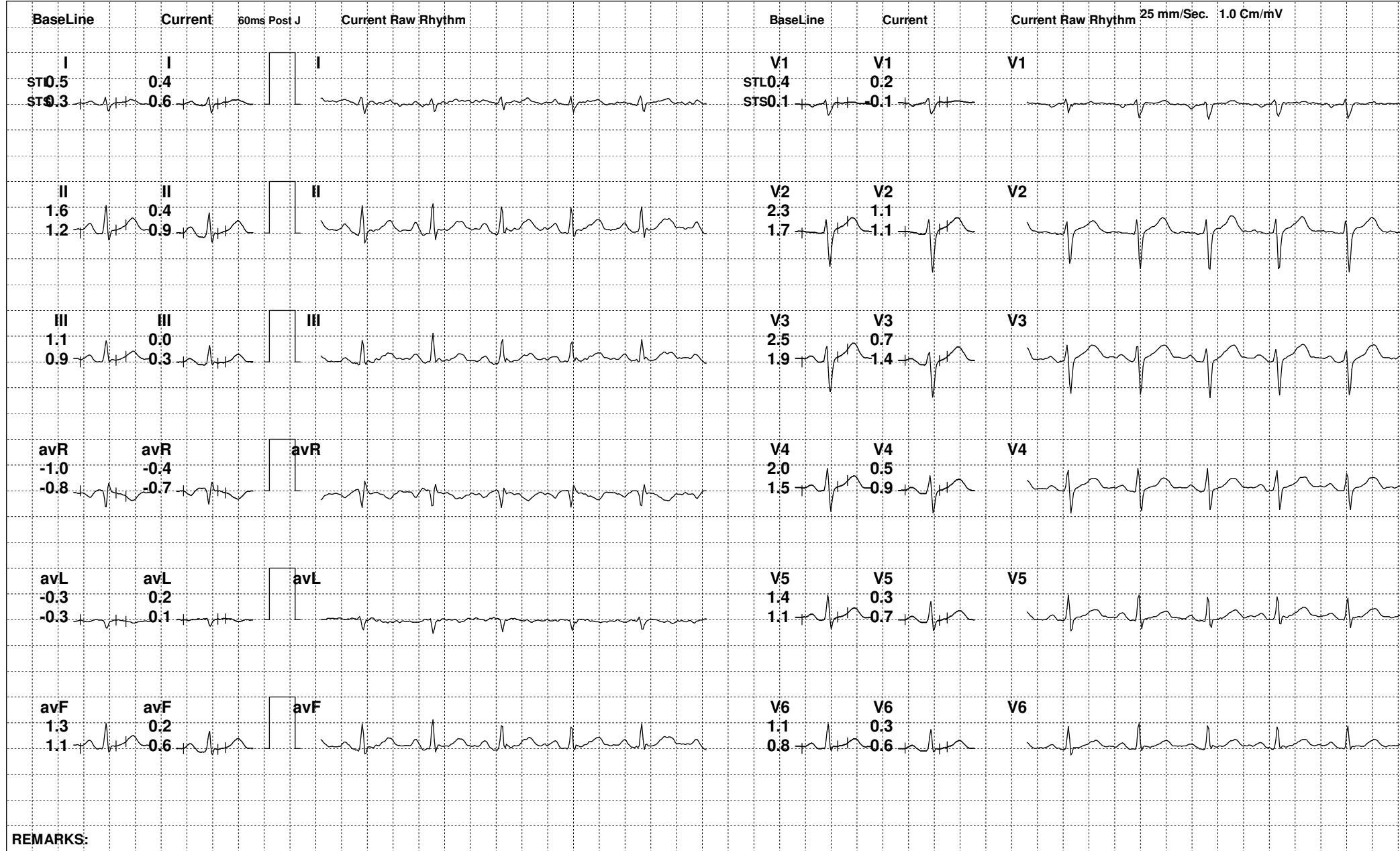
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.0/ 110 bpm 59% of THR BP: 124/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:39 0.0 mph, 0.0%



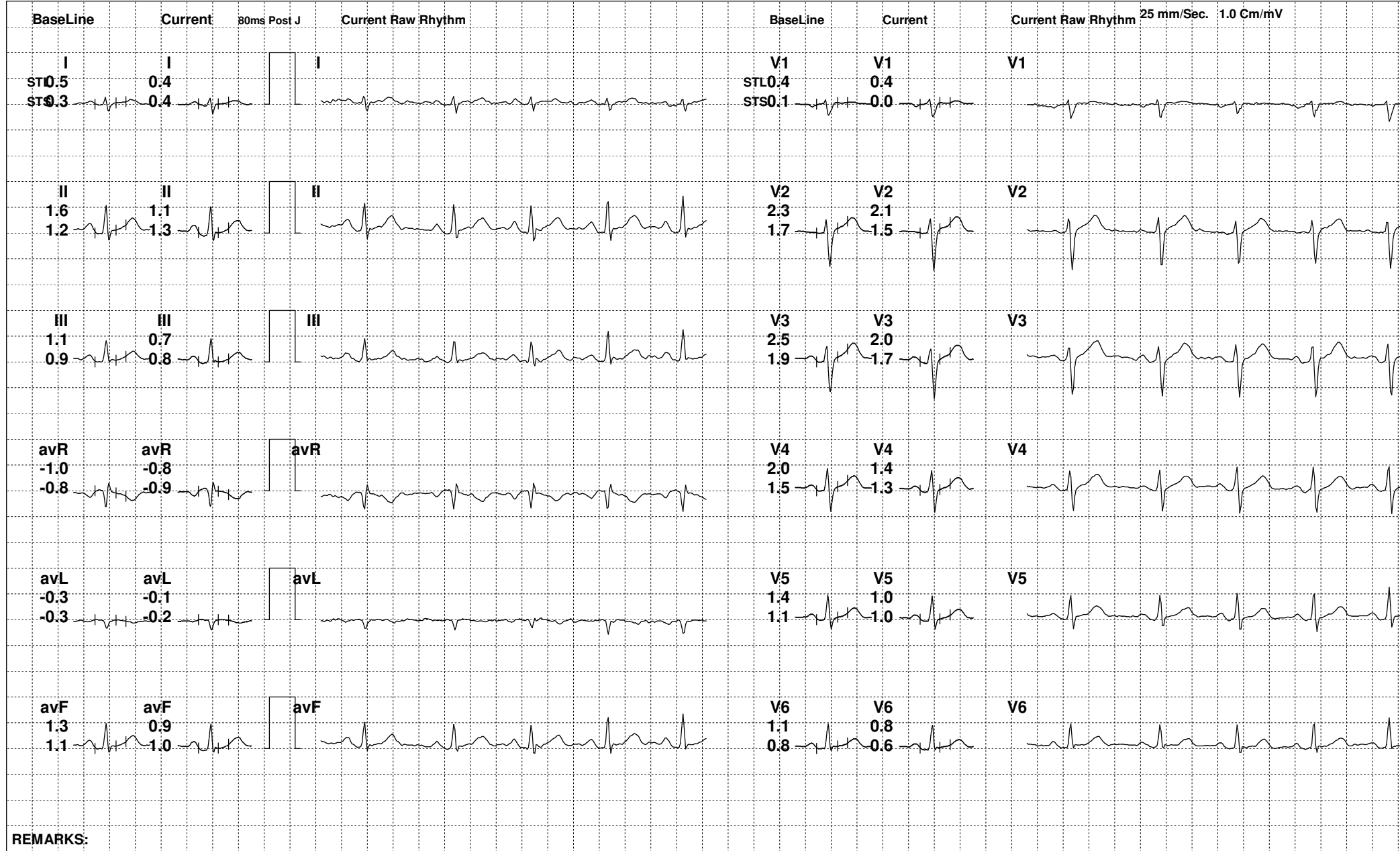
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.0/ 97 bpm 52% of THR BP: 124/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:49 0.0 mph, 0.0%



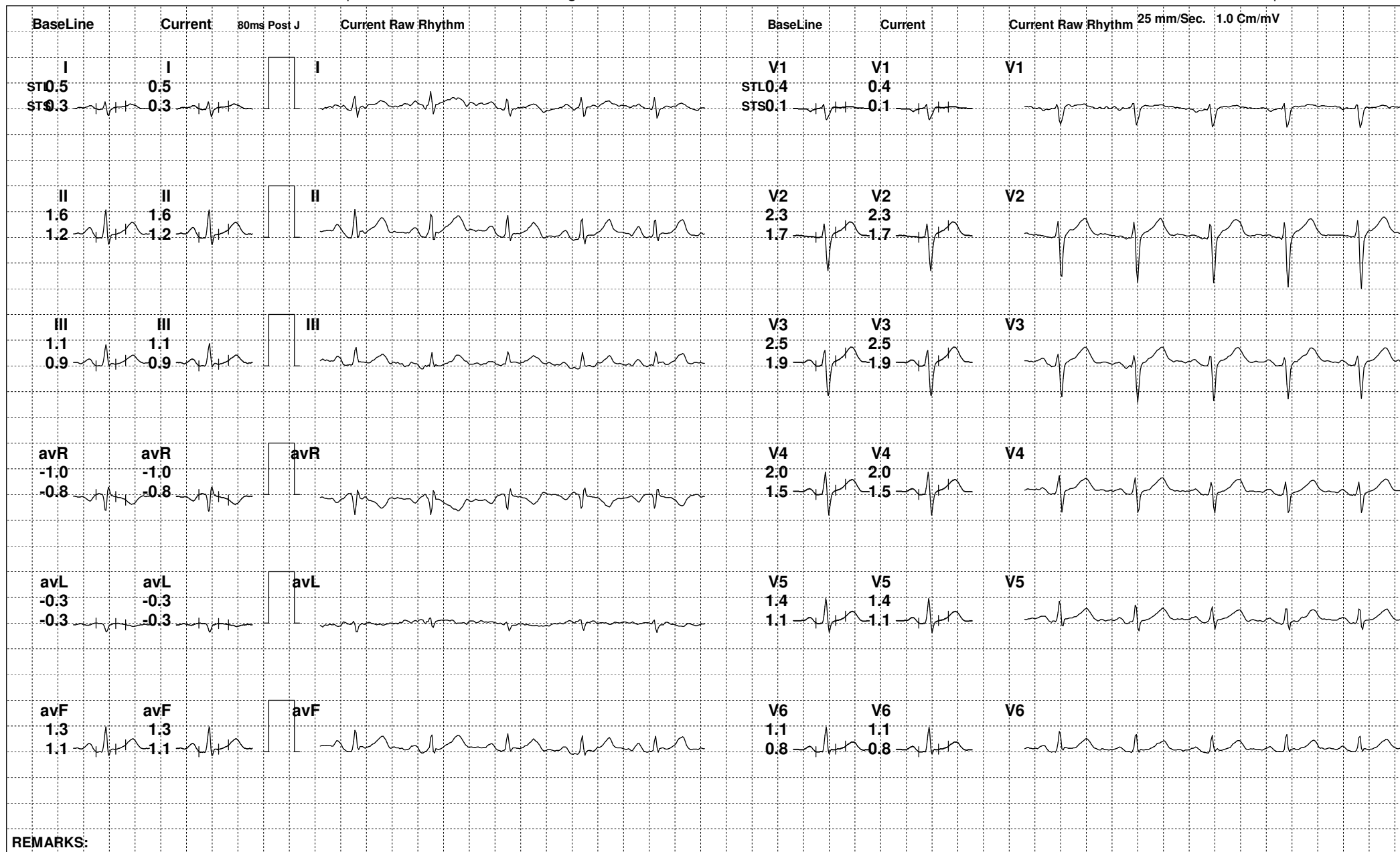
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.0/ 102 bpm 55% of THR BP: 124/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:05 0.0 mph, 0.0%



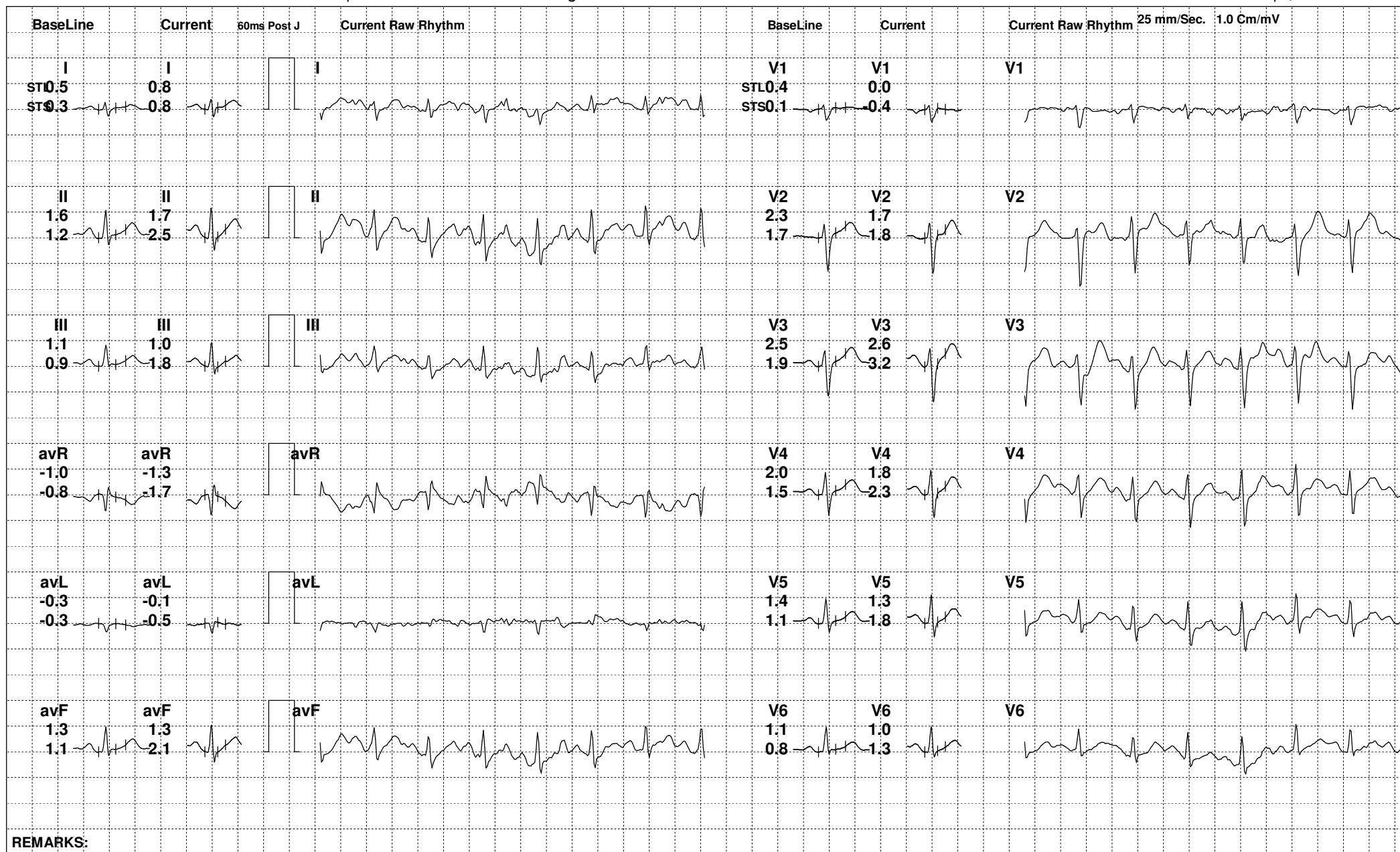
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 4.7/ 128 bpm 69% of THR BP: 134/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



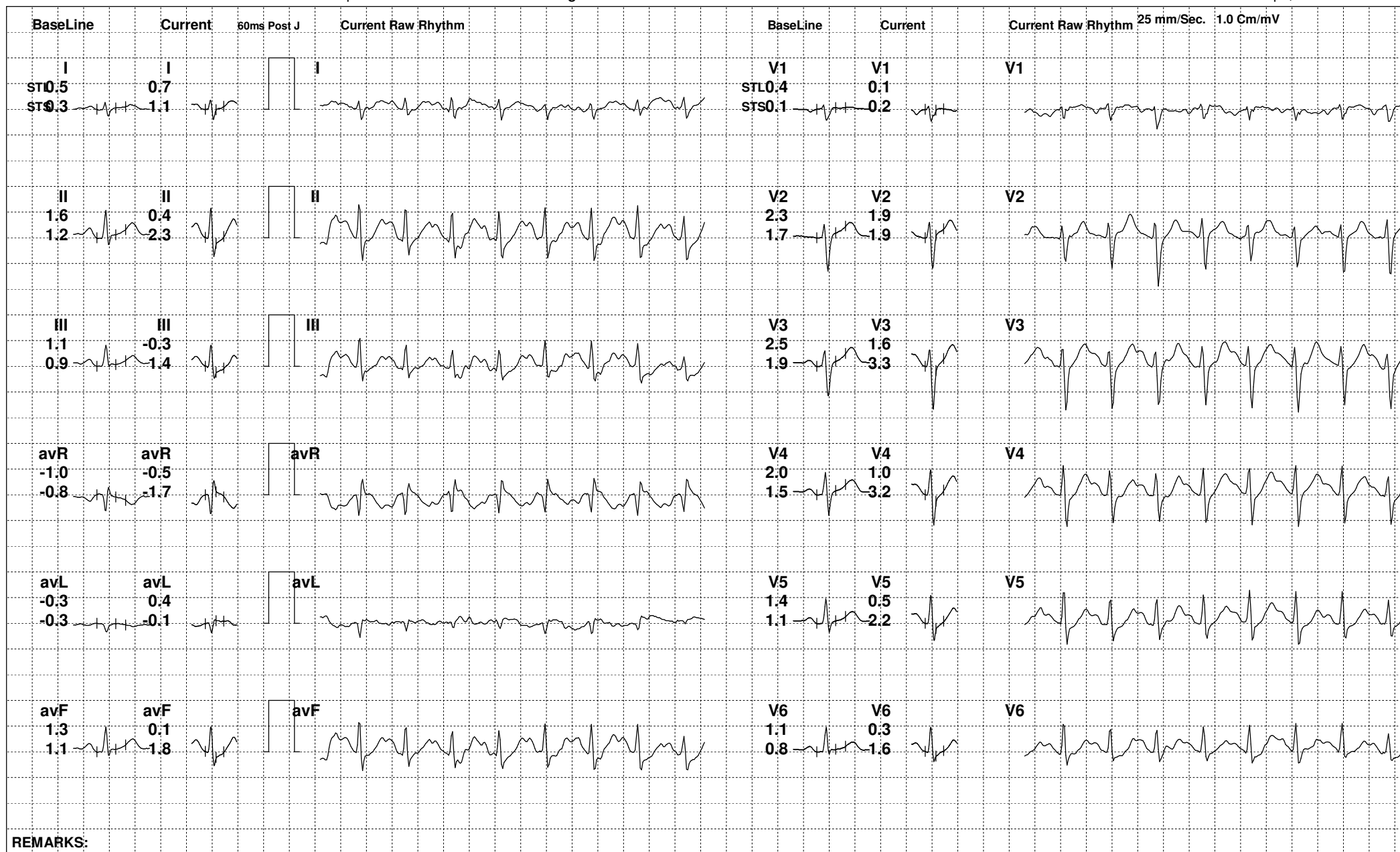
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 7.1/ 167 bpm 90% of THR BP: 144/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



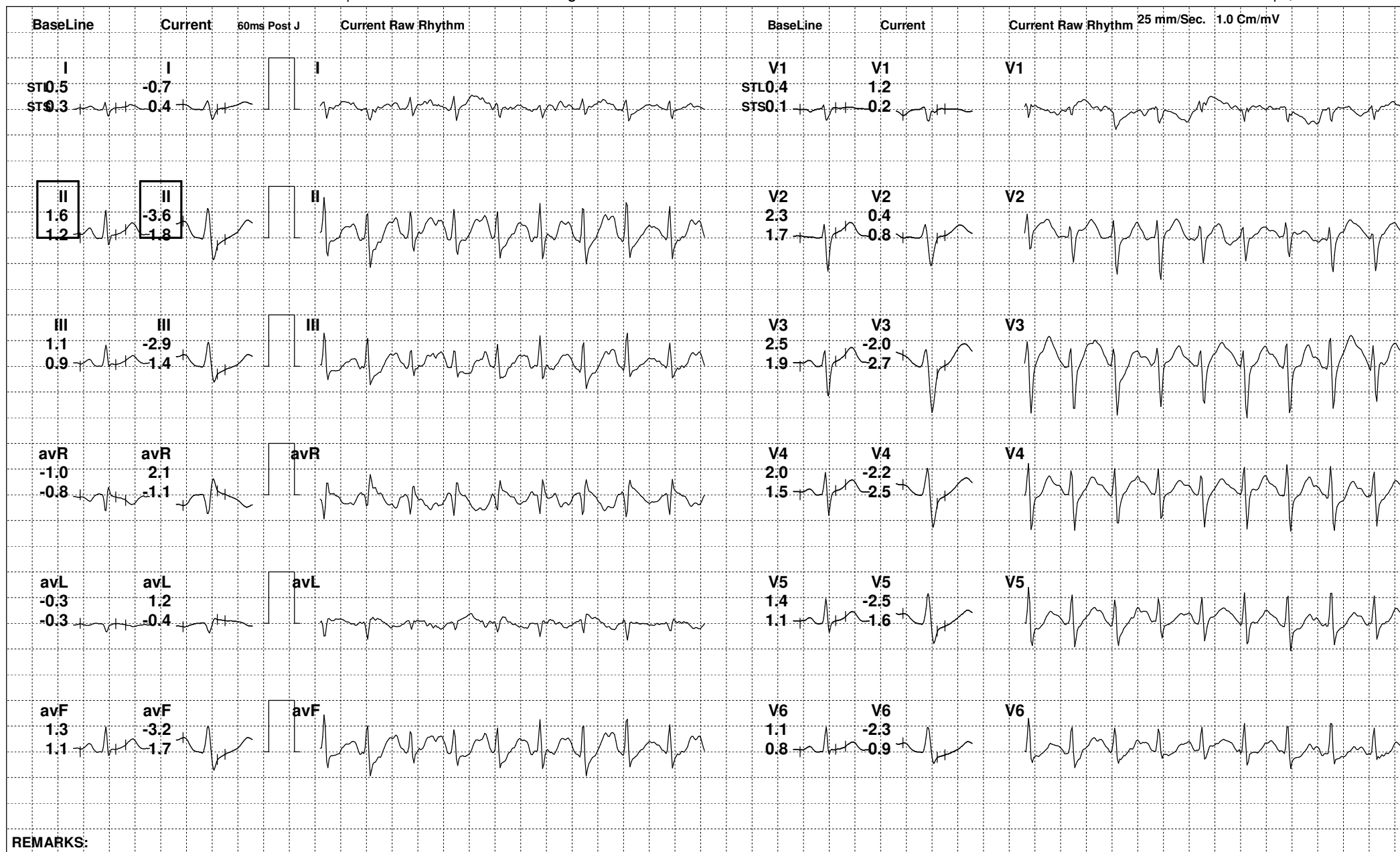
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 8.3/ 178 bpm 96% of THR BP: 144/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:07 3.4 mph, 14.0%



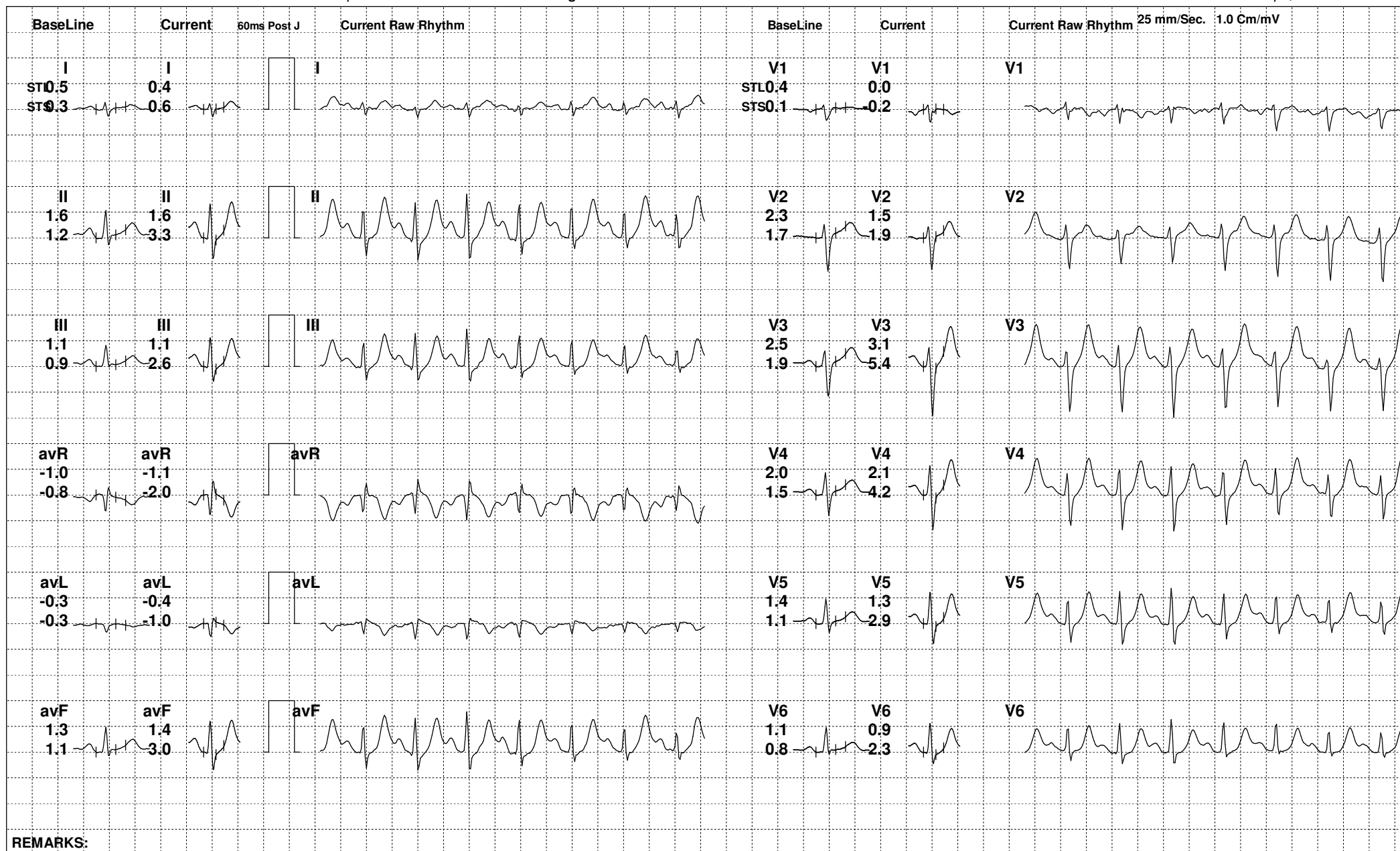
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.2/ 148 bpm 80% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:08 0.0 mph, 0.0%



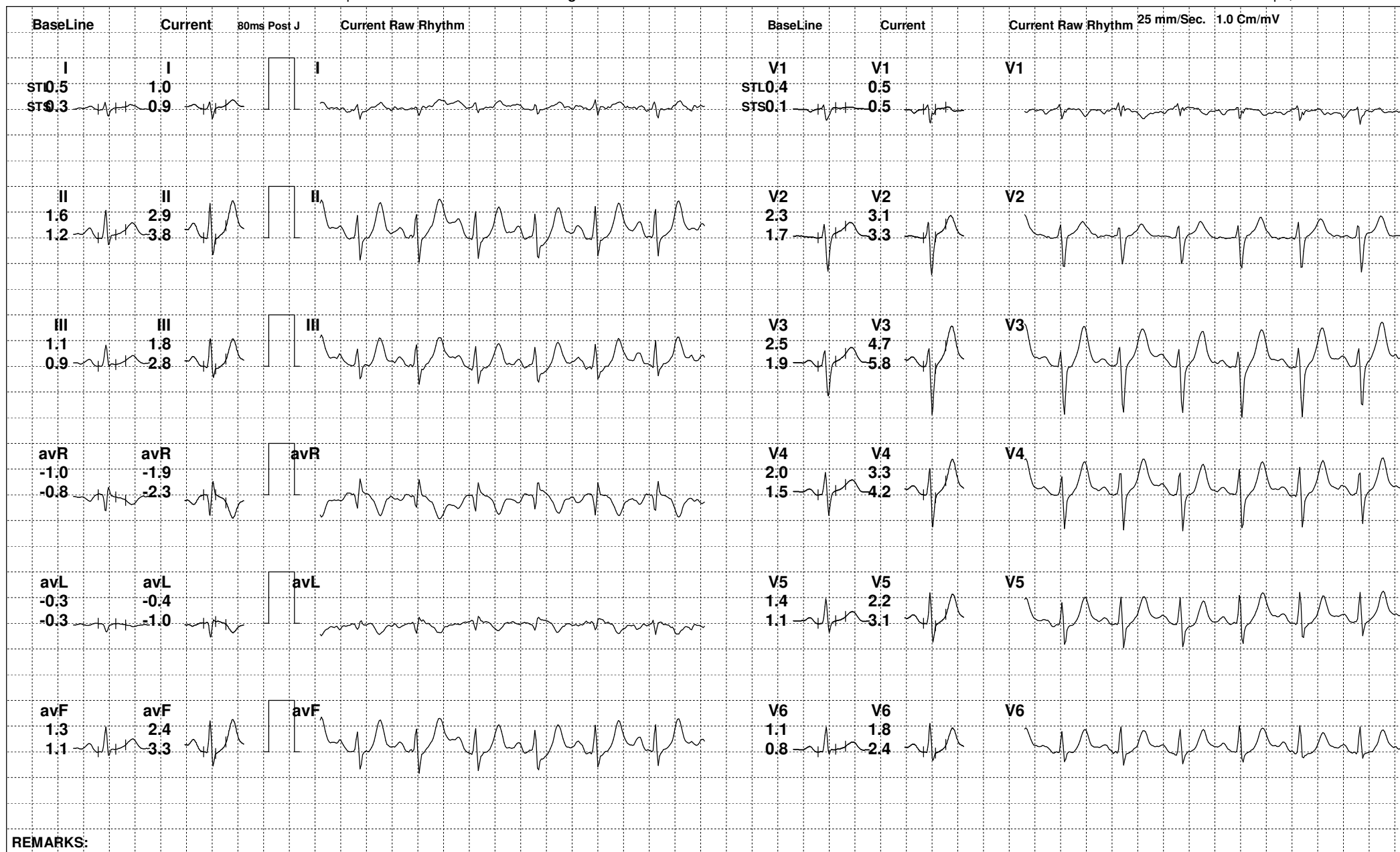
REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.0/ 127 bpm 68% of THR BP: 136/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:08 0.0 mph, 0.0%

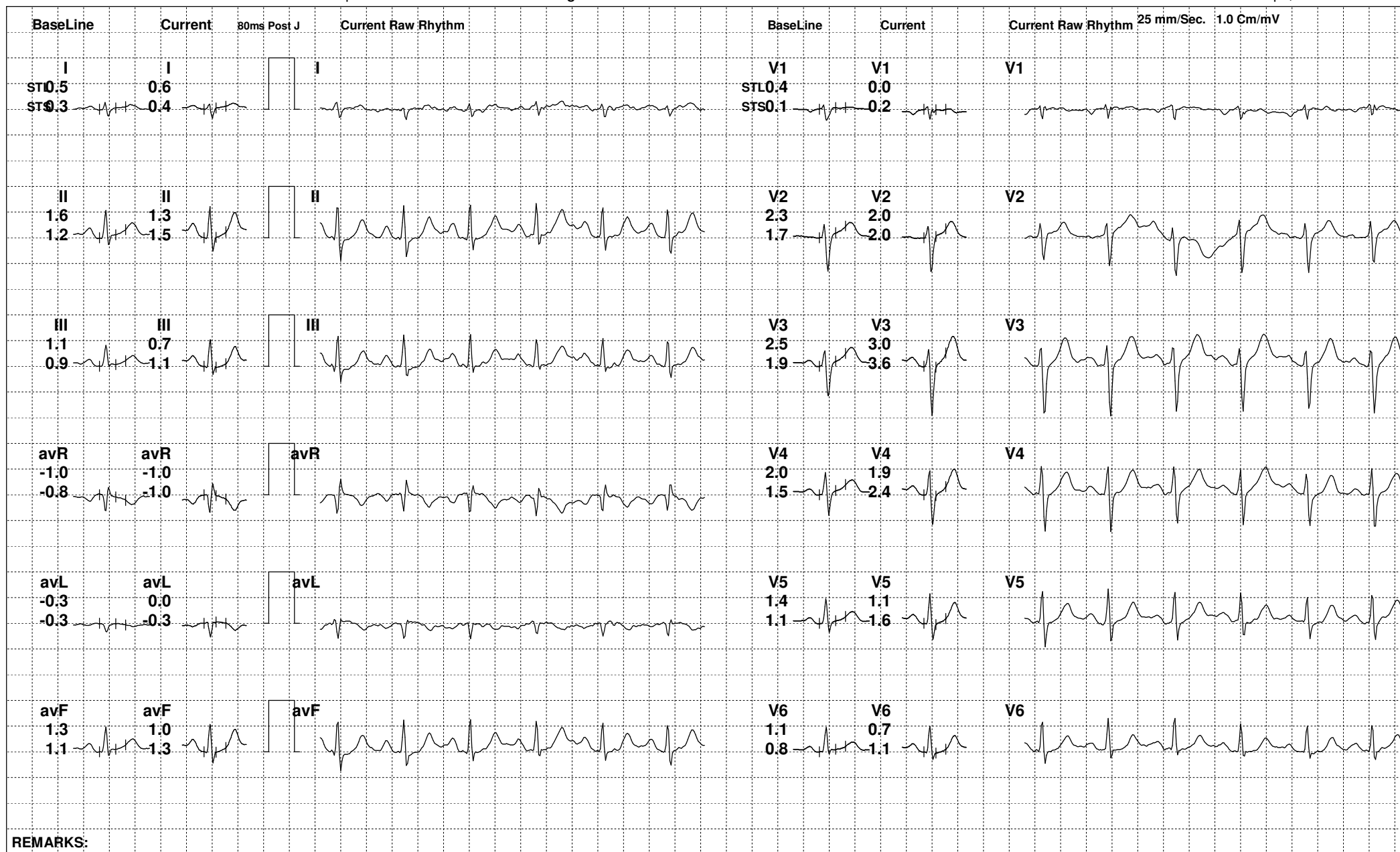




140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM METS: 1.0/ 118 bpm 63% of THR BP: 132/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:08 0.0 mph, 0.0%



REMARKS:



140 (514056) / MAHESH KUMAR GUPTA / 35 Yrs / M

Date: 14-Jan-2023 12:51:32 PM

