

PATIENT NAME : HITESH MANSUKHBHAI PARMAR

REF. DOCTOR : SELF

CODE/NAME &amp; ADDRESS : C000138364

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
F-703, LADO SARAI, MEHRAULISOUTH WEST  
DELHINEW DELHI 110030  
8800465156

ACCESSION NO : 0321WF000609

PATIENT ID : HITEM080290321

CLIENT PATIENT ID:

ABHA NO :

AGE/SEX : 33 Years Male

DRAWN :

RECEIVED : 10/06/2023 08:21:43

REPORTED : 13/06/2023 12:37:25

Test Report Status **Final**

Results

Biological Reference Interval Units

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE****XRAY-CHEST**

IMPRESSION

NO ABNORMALITY DETECTED

**TMT OR ECHO**

TMT OR ECHO

2D ECHO:-

- 1) NORMAL CHAMBERS AND VALVES.
- 2) GOOD LV SYSTOLIC FUNCTION. LVEF 60%. NO RWMA AT REST.
- 3) NO MR, AR, TR.
- 4) NORMAL LV COMPLIANCE.
- 5) NO PAH.
- 6) NO LV CLOT, VEGETATION OR PERICARDIAL EFFUSION.
- 7) IAS/IVS INTACT.

**ECG**

ECG

NORMAL SINUS RHYTHM

**MEDICAL HISTORY**

RELEVANT PRESENT HISTORY

NOT SIGNIFICANT

RELEVANT PAST HISTORY

P/H/O SLIP DISC 6 YEARS BACK

RIGHT RENAL STONE 10 YEARS BACK

RELEVANT PERSONAL HISTORY

NOT SIGNIFICANT

RELEVANT FAMILY HISTORY

NOT SIGNIFICANT

OCCUPATIONAL HISTORY

NOT SIGNIFICANT

HISTORY OF MEDICATIONS

NOT SIGNIFICANT

**ANTHROPOMETRIC DATA & BMI**

HEIGHT IN METERS

1.68

mts

WEIGHT IN KGS.

77.8

Kgs

BMI

28

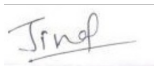
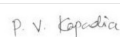
BMI &amp; Weight Status as follows

Below 18.5: Underweight

18.5 - 24.9: Normal

25.0 - 29.9: Overweight

30.0 and Above: Obese

**GENERAL EXAMINATION**

Dr. Jinal kamodia  
Consultant Radiology

Dr. Priyank Kapadia  
Physician

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Email : customercare.ahmedabad@srl.in



Patient Ref. No. 775000003510126

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MENTAL / EMOTIONAL STATE	NORMAL			
PHYSICAL ATTITUDE	NORMAL			
GENERAL APPEARANCE / NUTRITIONAL STATUS	OVERWEIGHT			
BUILT / SKELETAL FRAMEWORK	AVERAGE			
FACIAL APPEARANCE	NORMAL			
SKIN	NORMAL			
UPPER LIMB	NORMAL			
LOWER LIMB	NORMAL			
NECK	NORMAL			
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER			
THYROID GLAND	NOT ENLARGED			
TEMPERATURE	NORMAL			
PULSE	78/MIN			
RESPIRATORY RATE	NORMAL			
<b>CARDIOVASCULAR SYSTEM</b>				
BP	110/70 MM HG (SITTING)		mm/Hg	
PERICARDIUM	NORMAL			
APEX BEAT	NORMAL			
HEART SOUNDS	S1, S2 HEARD NORMALLY			
MURMURS	ABSENT			
<b>RESPIRATORY SYSTEM</b>				
SIZE AND SHAPE OF CHEST	NORMAL			
MOVEMENTS OF CHEST	SYMMETRICAL			
BREATH SOUNDS INTENSITY	NORMAL			
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)			
ADDED SOUNDS	ABSENT			
<b>PER ABDOMEN</b>				
APPEARANCE	NORMAL			
LIVER	NOT PALPABLE			
SPLEEN	NOT PALPABLE			
<b>CENTRAL NERVOUS SYSTEM</b>				

**Dr. Jinal kamodia**  
Consultant Radiology

**Dr. Priyank Kapadia**  
Physician



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HIGHER FUNCTIONS

NORMAL

CRANIAL NERVES

NORMAL

CEREBELLAR FUNCTIONS

NORMAL

SENSORY SYSTEM

NORMAL

MOTOR SYSTEM

NORMAL

REFLEXES

NORMAL

**MUSCULOSKELETAL SYSTEM**

SPINE

NORMAL

JOINTS

NORMAL

**BASIC EYE EXAMINATION**

DISTANT VISION RIGHT EYE WITHOUT GLASSES

WITHIN NORMAL LIMIT

DISTANT VISION LEFT EYE WITHOUT GLASSES

WITHIN NORMAL LIMIT

NEAR VISION RIGHT EYE WITHOUT GLASSES

WITHIN NORMAL LIMIT

NEAR VISION LEFT EYE WITHOUT GLASSES

WITHIN NORMAL LIMIT

COLOUR VISION

NORMAL

**SUMMARY**

RELEVANT HISTORY

NOT SIGNIFICANT

RELEVANT GP EXAMINATION FINDINGS

NOT SIGNIFICANT

RELEVANT LAB INVESTIGATIONS

TSH:- HIGH

URIC ACID:- HIGH

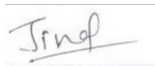
HEMOGLOBIN:- LOW, MCV:- LOW, MCH:- LOW

HDL:- LOW, LDL:- HIGH

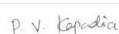
HBA1C:- PRE-DIABETIC, MEAN PLASMA GLUCOSE:- HIGH

RELEVANT NON PATHOLOGY DIAGNOSTICS

USG ABDOMEN:- LEFT RENAL CONCRETION.



Dr. Jinal kamodia  
Consultant Radiology



Dr. Priyank Kapadia  
Physician

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## REMARKS / RECOMMENDATIONS

1) TSH:- HIGH

ADV:- ENDOCRINOLOGIST OPINION

2) URIC ACID:- HIGH

ADV:- PHYSICIAN OPINION

3) HEMOGLOBIN:- LOW, MCV:- LOW, MCH:- LOW

ADV:- TAKE MORE DIETARY IRON

4) HDL:- LOW, LDL:- HIGH

ADV:- LOW FAT DIET, REGULAR PHYSICAL EXERCISE

5) HBA1C:- PRE-DIABETIC, MEAN PLASMA GLUCOSE:- HIGH

ADV:- REDUCE INTAKE OF SWEET, SUGAR, STARCH IN DIET, REGULAR  
PHYSICAL EXERCISE, REPEAT FBS, PPBS AND HBA1C AND PHYSICIAN  
OPINION SOS

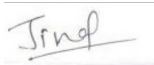
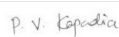
## Comments

OUR PANEL DOCTORS FOR NON-PATHOLOGY TESTS:-

CHECK UP DONE BY:- DR. NAMRATA AGRAWAL (M.B.B.S)

REPORT REVIEWED BY:- DR. PRIYANK KAPADIYA (M.B.B.S DNB MEDICINE)

RADIOLOGIST:- DR. SAHIL N SHAH (M.D.RADIOLOGY) / DR. J. S. KAMODIA (M. D. RADIOLOGY)


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Dr.Priyank Kapadia  
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**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**ULTRASOUND ABDOMEN**

**ULTRASOUND ABDOMEN**

**LEFT RENAL CONCRETION**

**Interpretation(s)**

MEDICAL HISTORY.....  
THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

\*\*\*\*\*

**Dr.Jinal kamodia**  
**Consultant Radiology**

**Dr.Priyank Kapadia**  
**Physician**



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**HAEMATOLOGY - CBC**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN (HB) METHOD : PHOTOMETRIC MEASUREMENT	<b>12.0 Low</b>	13.0 - 17.0	g/dL
RED BLOOD CELL (RBC) COUNT METHOD : COULTER PRINCIPLE	4.94	4.5 - 5.5	mil/ $\mu$ L
WHITE BLOOD CELL (WBC) COUNT METHOD : COULTER PRINCIPLE	6.19	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT METHOD : COULTER PRINCIPLE	198	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT (PCV) METHOD : CALCULATED	<b>37.4 Low</b>	40.0 - 50.0	%
MEAN CORPUSCULAR VOLUME (MCV) METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM	<b>75.8 Low</b>	83.0 - 101.0	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH) METHOD : CALCULATED	<b>24.4 Low</b>	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC) METHOD : CALCULATED	32.2	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW) METHOD : DERIVED PARAMETER FROM RBC HISTOGRAM	<b>15.9 High</b>	11.6 - 14.0	%
MENTZER INDEX METHOD : CALCULATED PARAMETER	15.3		
MEAN PLATELET VOLUME (MPV) METHOD : DERIVED PARAMETER FROM PLATELET HISTOGRAM	10.7	6.8 - 10.9	fL

**WBC DIFFERENTIAL COUNT**

NEUTROPHILS METHOD : OPTICAL IMPEDENCE & MICROSCOPY	54	40 - 80	%
LYMPHOCYTES METHOD : OPTICAL IMPEDENCE & MICROSCOPY	36	20 - 40	%
MONOCYTES METHOD : OPTICAL IMPEDENCE & MICROSCOPY	7	2.0 - 10.0	%
EOSINOPHILS	2	1.0 - 6.0	%

**Dr.Miral Gajera**  
**Consultant Pathologist**



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METHOD : OPTICAL IMPEDENCE & MICROSCOPY

BASOPHILS	1	0 - 1	%
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METHOD : IMPEDANCE

ABSOLUTE NEUTROPHIL COUNT	3.34	2.0 - 7.0	thou/ $\mu$ L
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METHOD : CALCULATED

ABSOLUTE LYMPHOCYTE COUNT	2.23	1.0 - 3.0	thou/ $\mu$ L
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METHOD : CALCULATED PARAMETER

ABSOLUTE MONOCYTE COUNT	0.43	0.2 - 1.0	thou/ $\mu$ L
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METHOD : CALCULATED PARAMETER

ABSOLUTE EOSINOPHIL COUNT	0.12	0.02 - 0.50	thou/ $\mu$ L
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METHOD : CALCULATED

ABSOLUTE BASOPHIL COUNT	0.06	0.02 - 0.10	thou/ $\mu$ L
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METHOD : CALCULATED

NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.5		
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METHOD : CALCULATED PARAMETER

**MORPHOLOGY**

**RBC** MILD MICROCYTIC HYPOCHROMIC, ANISOCYTOSIS PRESENT(+).

METHOD : MICROSCOPIC EXAMINATION

**WBC** NORMAL MORPHOLOGY

METHOD : MICROSCOPIC EXAMINATION

**PLATELETS** ADEQUATE

METHOD : MICROSCOPIC EXAMINATION

**REMARKS** NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITE NOT DETECTED.

METHOD : MICROSCOPIC EXAMINATION

**Interpretation(s)**

BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

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**Consultant Pathologist**



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## HAEMATOLOGY

## MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

## ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD

E.S.R 10 0 - 14 mm at 1 hr

METHOD : WESTERGREN METHOD

## Interpretation(s)

## ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition. CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

## TEST INTERPRETATION

**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR (>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

## LIMITATIONS

**False elevated ESR** : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased** : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine,

salicylates)

## REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.



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### IMMUNOHAEMATOLOGY

#### MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

#### ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP

TYPE A

METHOD : TUBE AGGLUTINATION

RH TYPE

POSITIVE

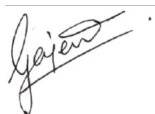
METHOD : TUBE AGGLUTINATION

#### Interpretation(s)

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.



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Patient Ref. No. 775000003510126

<b>PATIENT NAME : HITESH MANSUKHBHAI PARMAR</b>		<b>REF. DOCTOR : SELF</b>	
<b>CODE/NAME &amp; ADDRESS</b> : C000138364 ACROFEMI HEALTHCARE LTD ( MEDIWHEEL ) F-703, LADO SARAI, MEHRAULISOUTH WEST DELHI NEW DELHI 110030 8800465156	<b>ACCESSION NO</b> : <b>0321WF000609</b> <b>PATIENT ID</b> : HITEM080290321 <b>CLIENT PATIENT ID</b> : <b>ABHA NO</b> :	<b>AGE/SEX</b> : 33 Years Male <b>DRAWN</b> : <b>RECEIVED</b> : 10/06/2023 08:21:43 <b>REPORTED</b> : 13/06/2023 12:37:25	

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**BIOCHEMISTRY**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**GLUCOSE FASTING,FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR) **102 High** 74 - 99 mg/dL  
METHOD : HEXOKINASE

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C 5.7  
Non-diabetic: < 5.7 %  
Pre-diabetics: 5.7 - 6.4  
Diabetics: > or = 6.5  
Therapeutic goals: < 7.0  
Action suggested : > 8.0  
(ADA Guideline 2021)

METHOD : HPLC

ESTIMATED AVERAGE GLUCOSE(EAG) **116.9 High** < 116.0 mg/dL

**GLUCOSE, POST-PRANDIAL, PLASMA**

PPBS(POST PRANDIAL BLOOD SUGAR) 107 70 - 140 mg/dL  
METHOD : HEXOKINASE

**LIPID PROFILE, SERUM**

CHOLESTEROL, TOTAL 180  
Desirable: < 200 mg/dL  
BorderlineHigh: 200 - 239  
High: > or = 240

METHOD : ENZYMATIC, COLORIMETRIC

TRIGLYCERIDES 129  
Desirable: < 150 mg/dL  
BorderlineHigh: 150 - 199  
High: 200 - 499  
Very High: > or = 500

METHOD : ENZYMATIC, COLORIMETRIC

HDL CHOLESTEROL **32 Low** < 40 Low mg/dL  
> or = 60 High

CHOLESTEROL LDL **122 High** Adult levels: mg/dL  
Optimal < 100  
Near optimal/above optimal:  
100-129  
Borderline high : 130-159  
High : 160-189  
Very high : = 190

**Dr. Miral Gajera**  
Consultant Pathologist



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NON HDL CHOLESTEROL	<b>148 High</b>	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	25.8	< or = 30	mg/dL
CHOL/HDL RATIO	<b>5.6 High</b>	3.3 - 4.4	
LDL/HDL RATIO	<b>3.8 High</b>	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	

METHOD : CALCULATED

**Interpretation(s)**

- 1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.
  - 2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.
  - 3) HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL
  - 4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.
  - 5) Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles
- Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

**Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India**

Risk Category	
Extreme risk group	A. CAD with > 1 feature of high risk group B. CAD with > 1 feature of Very high risk group or recurrent ACS (within 1 year) despite LDL-C < or = 50 mg/dl or polyvascular disease

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Very High Risk	1. Established ASCVD 2. Diabetes with 2 major risk factors or evidence of end organ damage 3. Familial Homozygous Hypercholesterolemia
High Risk	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6. Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid plaque
Moderate Risk	2 major ASCVD risk factors
Low Risk	0-1 major ASCVD risk factors
<b>Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors</b>	
1. Age > or = 45 years in males and > or = 55 years in females	3. Current Cigarette smoking or tobacco use
2. Family history of premature ASCVD	4. High blood pressure
5. Low HDL	

**Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.**

Risk Group	Treatment Goals		Consider Drug Therapy	
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group Category A	<50 (Optional goal < OR = 30 )	< 80 (Optional goal <OR = 60)	>OR = 50	>OR = 80
Extreme Risk Group Category B	<OR = 30	<OR = 60	> 30	>60
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Risk	<70	<100	>OR= 70	>OR= 100
Moderate Risk	<100	<130	>OR= 100	>OR= 130
Low Risk	<100	<130	>OR= 130*	>OR= 160

\*After an adequate non-pharmacological intervention for at least 3 months.

**References:** Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

**LIVER FUNCTION PROFILE, SERUM**

BILIRUBIN, TOTAL	0.42	Upto 1.2	mg/dL
BILIRUBIN, DIRECT	0.14	Upto 0.2	mg/dL
METHOD : DIAZO COLORIMETRIC			
BILIRUBIN, INDIRECT	0.28	0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.7	6.4 - 8.3	g/dL
METHOD : COLORIMETRIC			
ALBUMIN	4.5	3.5 - 5.2	g/dL
METHOD : BROMOCRESOL GREEN			
GLOBULIN	3.2	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.4	1.0 - 2.0	RATIO

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ASPARTATE AMINOTRANSFERASE(AST/SGOT)		19	0 - 40	U/L
METHOD : IFCC WITHOUT PYRIDOXAL PHOSPHATE				
ALANINE AMINOTRANSFERASE (ALT/SGPT)		21	0 - 41	U/L
METHOD : IFCC WITHOUT PYRIDOXAL PHOSPHATE				
ALKALINE PHOSPHATASE		58	40 - 129	U/L
METHOD : COLORIMETRIC				
GAMMA GLUTAMYL TRANSFERASE (GGT)		17	8 - 61	U/L
METHOD : ENZYMATIC, COLORIMETRIC				
LACTATE DEHYDROGENASE		155	135 - 225	U/L
METHOD : UV ASSAY METHOD				
<b>BLOOD UREA NITROGEN (BUN), SERUM</b>				
BLOOD UREA NITROGEN		6	6 - 20	mg/dL
<b>CREATININE, SERUM</b>				
CREATININE		0.77	0.70 - 1.30	mg/dL
METHOD : JAFFE ALKALINE PICRATE				
<b>BUN/CREAT RATIO</b>				
BUN/CREAT RATIO		7.79	5.0 - 15.0	
<b>URIC ACID, SERUM</b>				
URIC ACID		<b>8.0 High</b>	3.4 - 7.0	mg/dL
<b>TOTAL PROTEIN, SERUM</b>				
TOTAL PROTEIN		7.7	6.4 - 8.3	g/dL
METHOD : COLORIMETRIC				
<b>ALBUMIN, SERUM</b>				
ALBUMIN		4.5	3.5 - 5.2	g/dL
METHOD : BROMOCRESOL GREEN				
<b>GLOBULIN</b>				
GLOBULIN		3.2	2.0 - 4.1	g/dL
<b>ELECTROLYTES (NA/K/CL), SERUM</b>				
SODIUM, SERUM		141.2	136 - 145	mmol/L
METHOD : ISE				
POTASSIUM, SERUM		4.62	3.3 - 5.1	mmol/L
METHOD : ISE				
CHLORIDE, SERUM		<b>106.3 High</b>	98 - 106	mmol/L
METHOD : ION SELECTIVE ELECTRODE TECHNOLOGY				

**Interpretation(s)**

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Sodium	Potassium	Chloride
<b>Decreased in:</b> CCF,cirrhosis, vomiting, diarrhea, excessive sweating, salt-losing nephropathy,adrenal insufficiency, nephrotic syndrome, water intoxication, SIADH. Drugs: thiazides, diuretics, ACE inhibitors, chlorpropamide, carbamazepine, anti depressants (SSRI), antipsychotics.	<b>Decreased in:</b> Low potassium intake,prolonged vomiting or diarrhea, RTA types I and II, hyperaldosteronism, Cushing’s syndrome,osmotic diuresis (e.g., hyperglycemia),alkalosis, familial periodic paralysis,trauma (transient).Drugs: Adrenergic agents, diuretics.	<b>Decreased in:</b> Vomiting, diarrhea, renal failure combined with salt deprivation, over-treatment with diuretics, chronic respiratory acidosis, diabetic ketoacidosis, excessive sweating, SIADH, salt-losing nephropathy, porphyria, expansion of extracellular fluid volume, adrenalinsufficiency, hyperaldosteronism,metabolic alkalosis. Drugs: chronic laxative,corticosteroids, diuretics.
<b>Increased in:</b> Dehydration (excessivesweating, severe vomiting or diarrhea),diabetes mellitus, diabetesinsipidus, hyperaldosteronism, inadequate water intake. Drugs: steroids, licorice,oral contraceptives.	<b>Increased in:</b> Massive hemolysis, severe tissue damage, rhabdomyolysis, acidosis, dehydration,renal failure, Addison’ s disease, RTA type IV, hyperkalemic familial periodic paralysis. Drugs: potassium salts, potassium- sparing diuretics,NSAIDs, beta-blockers, ACE inhibitors, high-dose trimethoprim-sulfamethoxazole.	<b>Increased in:</b> Renal failure, nephrotic syndrome, RTA,dehydration, overtreatment with saline,hyperparathyroidism, diabetes insipidus, metabolic acidosis from diarrhea (Loss of HCO3-), respiratory alkalosis,hyperadrenocorticism. Drugs: acetazolamide,androgens, hydrochlorothiazide,salicylates.
<b>Interferences:</b> Severe lipemia or hyperproteinemi, if sodium analysis involves a dilution step can cause spurious results. The serum sodium falls about 1.6 mEq/L for each 100 mg/dL increase in blood glucose.	<b>Interferences:</b> Hemolysis of sample, delayed separation of serum, prolonged fist clenching during blood drawing, and prolonged tourniquet placement. Very high WBC/PLT counts may cause spurious. Plasma potassium levels are normal.	<b>Interferences:</b> Test is helpful in assessing normal and increased anion gap metabolic acidosis and in distinguishing hypercalcemia due to hyperparathyroidism (high serum chloride) from that due to malignancy (Normal serum chloride)

**Interpretation(s)**

**GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the urine.

**Increased in:**Diabetes mellitus, Cushing’ s syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

**Decreased in :**Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease, malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol sulfonylureas,tolbutamide,and other oral hypoglycemic agents.

**NOTE:** While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values),there is wide fluctuation within individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glyceimic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glycosuria,Glycaemic index & response to food consumed,Alimentary Hypoglycemia,Increased insulin response & sensitivity etc.

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:**

1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
2. Diagnosing diabetes.
3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

1. eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
2. eAG gives an evaluation of blood glucose levels for the last couple of months.
3. eAG is calculated as eAG (mg/dl) = 28.7 \* HbA1c - 46.7

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**HbA1c Estimation can get affected due to :**

1. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin).
3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods, falsely increasing results.
4. Interference of hemoglobinopathies in HbA1c estimation is seen in

a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.

b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)

c) HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

**Bilirubin** is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

**AST** is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

**ALP** is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

**GGT** is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc.

**Total Protein** also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**Albumin** is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc

**BLOOD UREA NITROGEN (BUN), SERUM-Causes of Increased levels** include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

**Causes of decreased level** include Liver disease, SIADH.

**CREATININE, SERUM-Higher than normal level may be due to:**

- Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia)

**Lower than normal level may be due to:** • Myasthenia Gravis, Muscuophy

**URIC ACID, SERUM-Causes of Increased levels:-** Dietary (High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic

**syndrome Causes of decreased levels-** Low Zinc intake, OCP, Multiple Sclerosis

**TOTAL PROTEIN, SERUM-** is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin.

**Higher-than-normal levels may be due to:** Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.

**Lower-than-normal levels may be due to:** Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

**ALBUMIN, SERUM-**

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. **Low blood albumin levels (hypoalbuminemia) can be caused by:** Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

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**CLINICAL PATH - URINALYSIS**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**PHYSICAL EXAMINATION, URINE**

COLOR Yellow  
APPEARANCE Clear

**CHEMICAL EXAMINATION, URINE**

PH	5.0	4.7 - 7.5	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
SPECIFIC GRAVITY	1.025	1.003 - 1.035	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
PROTEIN	NOT DETECTED	NEGATIVE	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
GLUCOSE	NOT DETECTED	NEGATIVE	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
KETONES	NOT DETECTED	NOT DETECTED	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
BLOOD	NOT DETECTED	NEGATIVE	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
BILIRUBIN	NOT DETECTED	NOT DETECTED	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
UROBILINOGEN	NORMAL	NORMAL	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
NITRITE	NOT DETECTED	NOT DETECTED	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	
<small>METHOD : REFLECTANCE SPECTROPHOTOMETRY</small>			

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
<small>METHOD : MICROSCOPIC EXAMINATION</small>			
PUS CELL (WBC'S)	NOT DETECTED	0-5	/HPF
<small>METHOD : MICROSCOPIC EXAMINATION</small>			
EPITHELIAL CELLS	<b>DETECTED (OCCASIONAL)</b>	0-5	/HPF
<small>METHOD : MICROSCOPIC EXAMINATION</small>			
CASTS	NOT DETECTED		

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Consultant Pathologist



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**PATIENT NAME : HITESH MANSUKHBHAI PARMAR**

**REF. DOCTOR : SELF**

**CODE/NAME & ADDRESS : C000138364**

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
F-703, LADO SARAI, MEHRAULISOUTH WEST  
DELHI  
NEW DELHI 110030  
8800465156

**ACCESSION NO : 0321WF000609**

**PATIENT ID : HITEM080290321**

**CLIENT PATIENT ID:**

**ABHA NO :**

**AGE/SEX : 33 Years Male**

**DRAWN :**

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METHOD : MICROSCOPIC EXAMINATION

**CRYSTALS** NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

**BACTERIA** NOT DETECTED NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

**YEAST** NOT DETECTED NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

**REMARKS** MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

**Interpretation(s)**

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either acute or chronic, polycystic kidney disease, urolithiasis, contamination by genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of ethylene glycol or of star fruit (Averrhoa carambola) or its juice

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Uric acid	arthritis
Bacteria	Urinary infection when present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

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**SPECIALISED CHEMISTRY - HORMONE**

**MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE**

**THYROID PANEL, SERUM**

T3	120.40	80.0 - 200.0	ng/dL
METHOD : ECLIA			
T4	8.51	5.10 - 14.10	µg/dL
METHOD : ECLIA			
TSH (ULTRASENSITIVE)	<b>6.610 High</b>	0.270 - 4.200	µIU/mL
METHOD : ECLIA			

**Interpretation(s)**

**Triiodothyronine T3 , Thyroxine T4, and Thyroid Stimulating Hormone TSH** are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low.

Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3. Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3) Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1) Subclinical Hypothyroidism (2) Patient with insufficient thyroid hormone replacement therapy (3) In cases of Autoimmune/Hashimoto thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical inflammation, drugs like amphetamines, Iodine containing drug and dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre (3) Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism

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8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011.

**NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

**\*\*End Of Report\*\***

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2. All tests are performed and reported as per the turnaround time stated in the AGILUS Directory of Services.
3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
4. A requested test might not be performed if:
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  - ii. Specimen quality is unsatisfactory
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  - iv. Discrepancy between identification on specimen container label and test requisition form
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**Agilus Diagnostics Ltd**

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