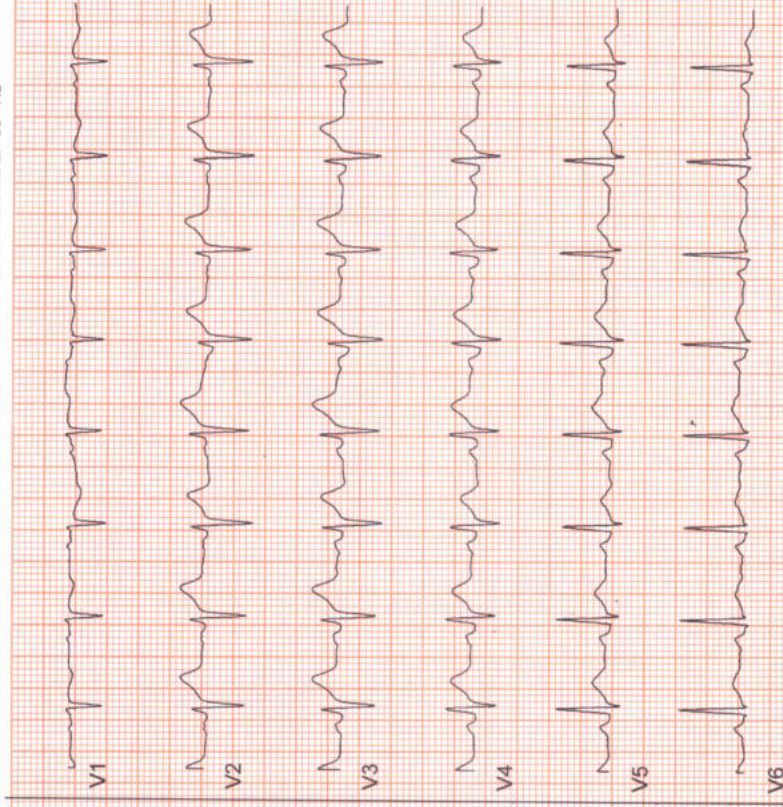
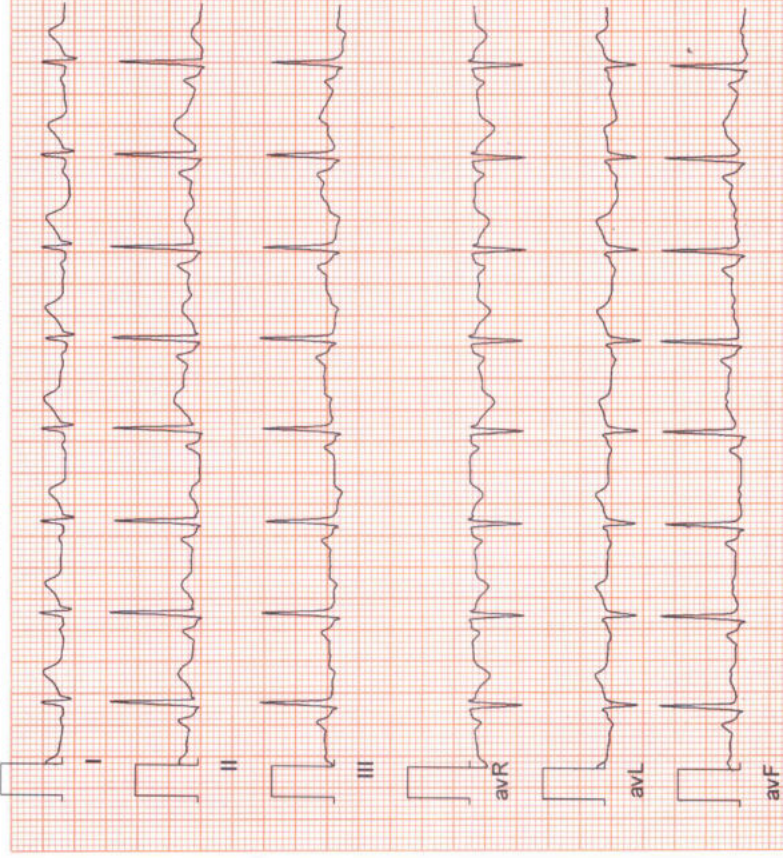




Date: 29 - 03 - 2023 10:01:08 AM METs : 1.0 HR : 100 Target HR : 58% of 171 BP : 132/83

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

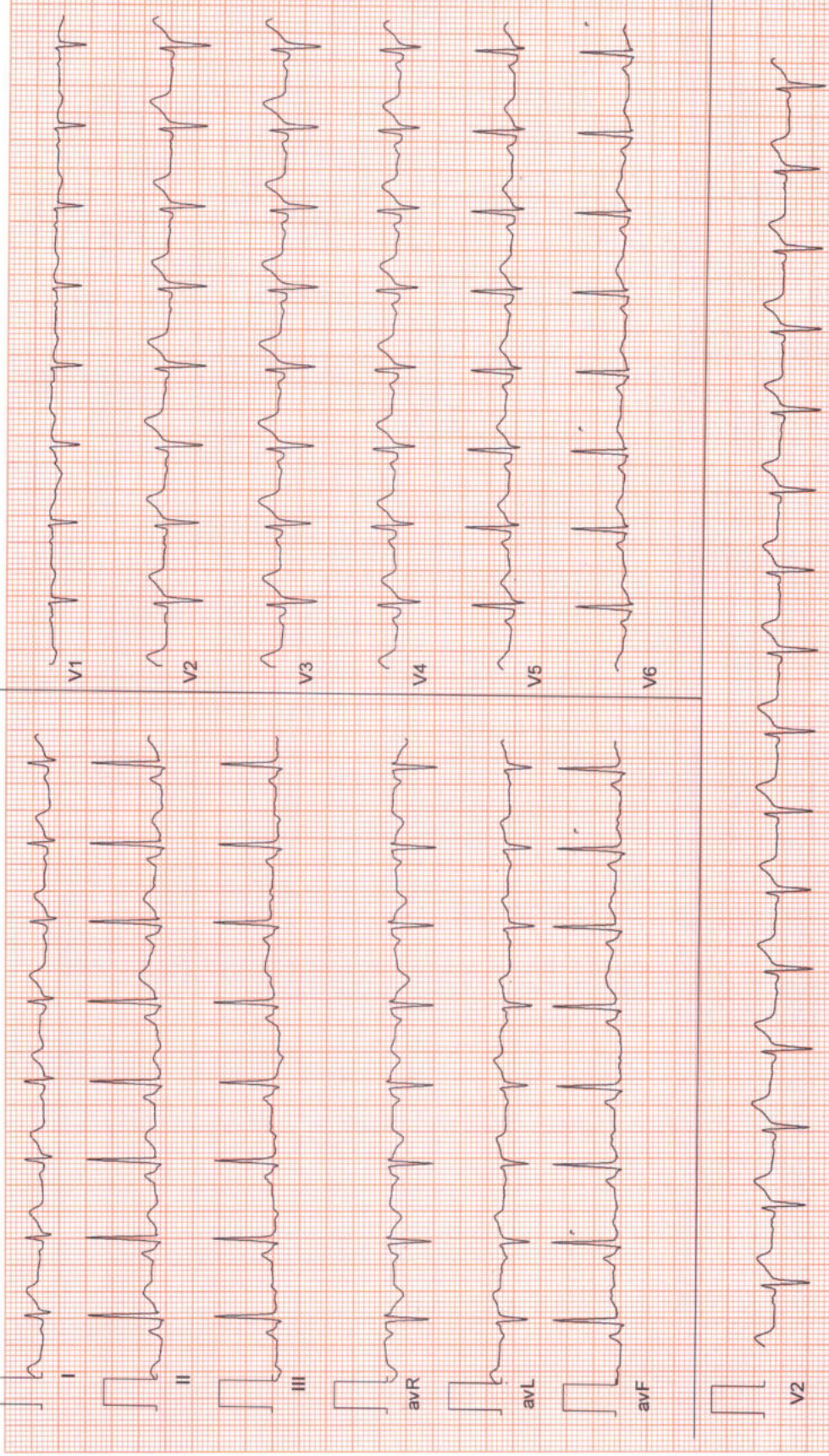
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm**  
BRUCE: Standing(0:15)



Date: 29 - 03 - 2023 10:01:08 AM METs : 1.0 HR : 96 Target HR : 56% of 171 BP : 132/83

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

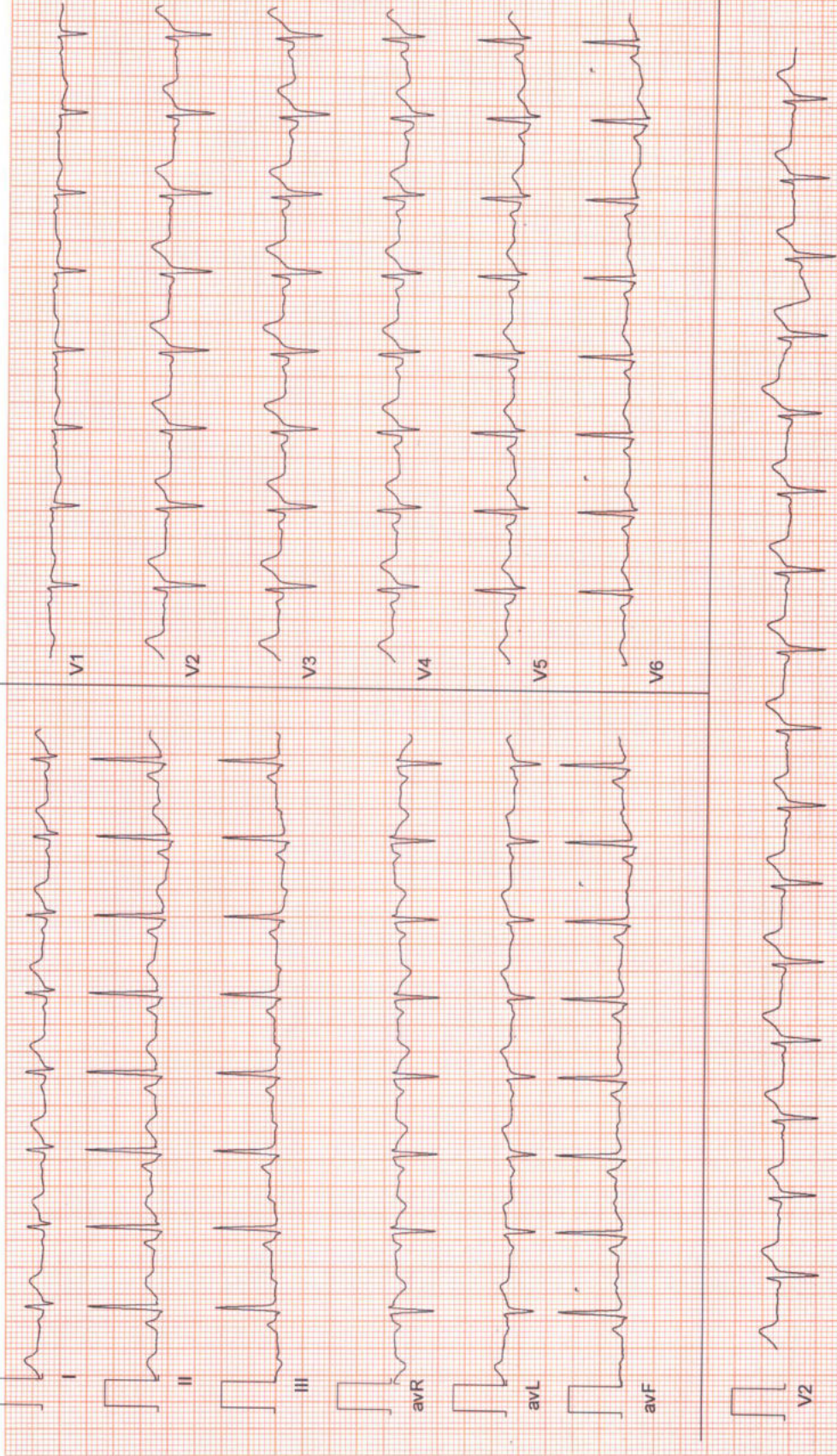
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm**  
BRUCE:HV(0:16)



Date: 29 - 03 - 2023 10:01:08 AM METs : 1.0 HR : 99 Target HR : 58% of 171 BP : 132/83

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

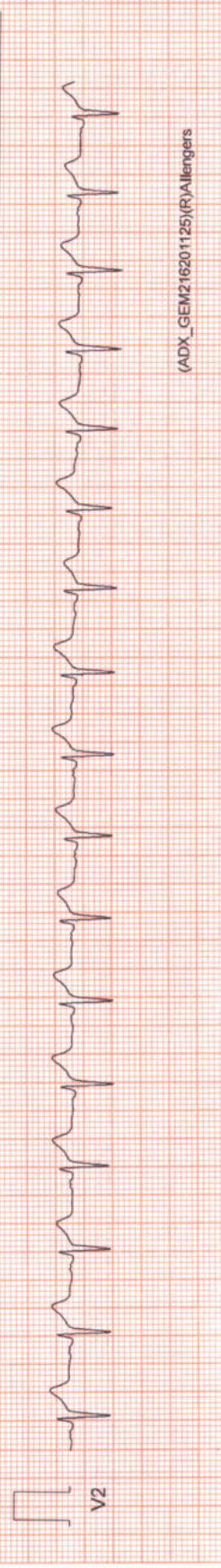
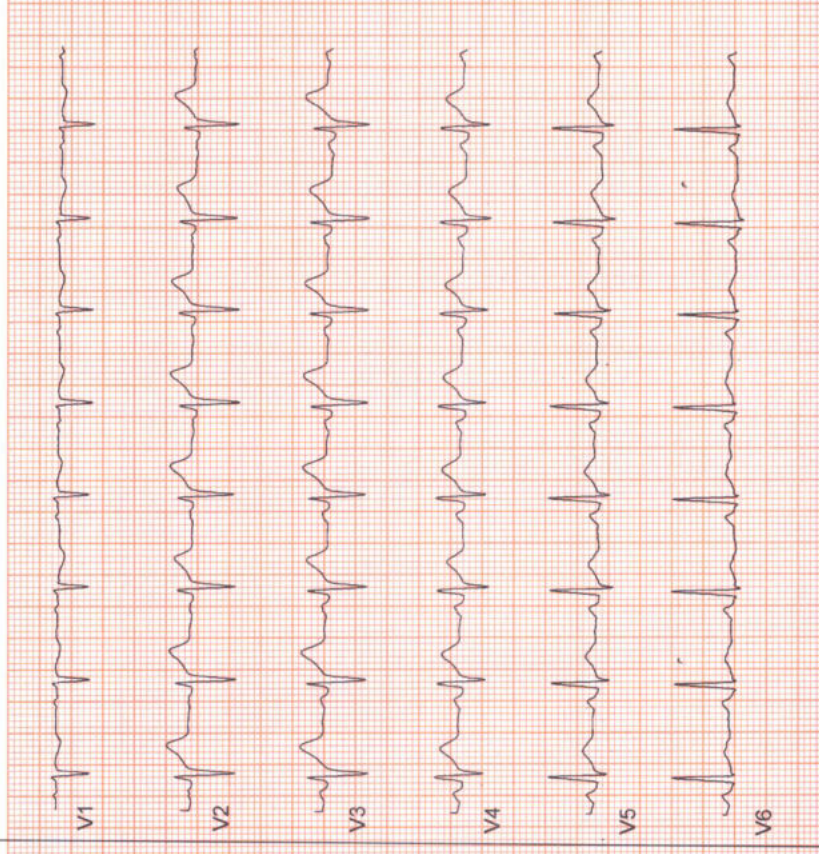
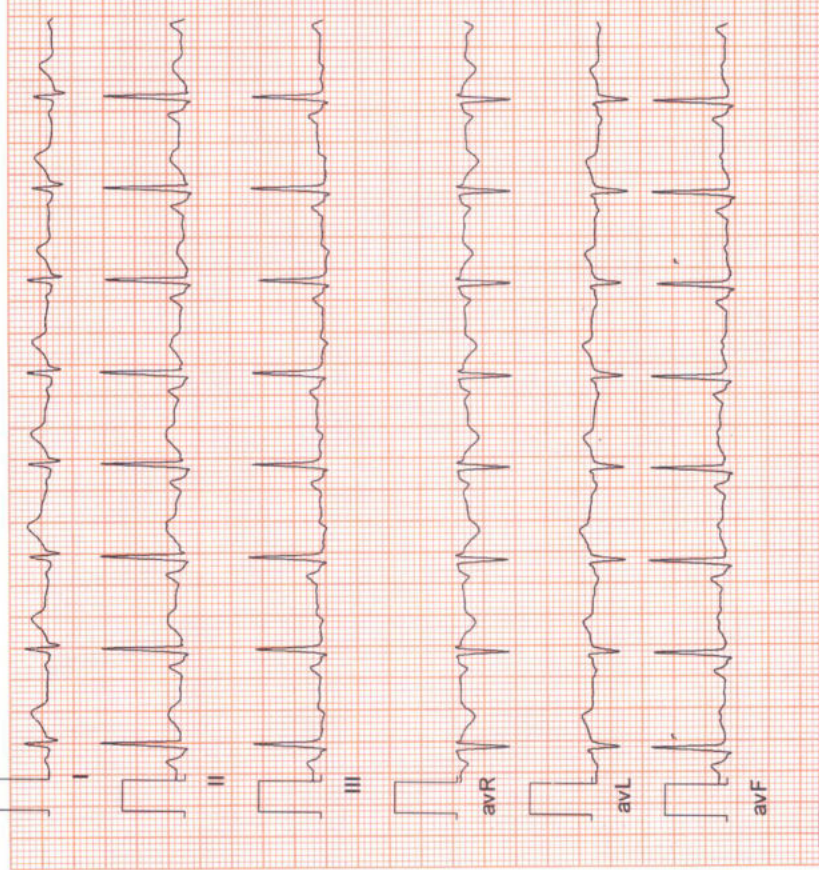
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm  
ExStart**



Date: 29-03-2023 10:01:08 AM METs : 1.0 HR : 100 Target HR : 58% of 171 BP : 132/83

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

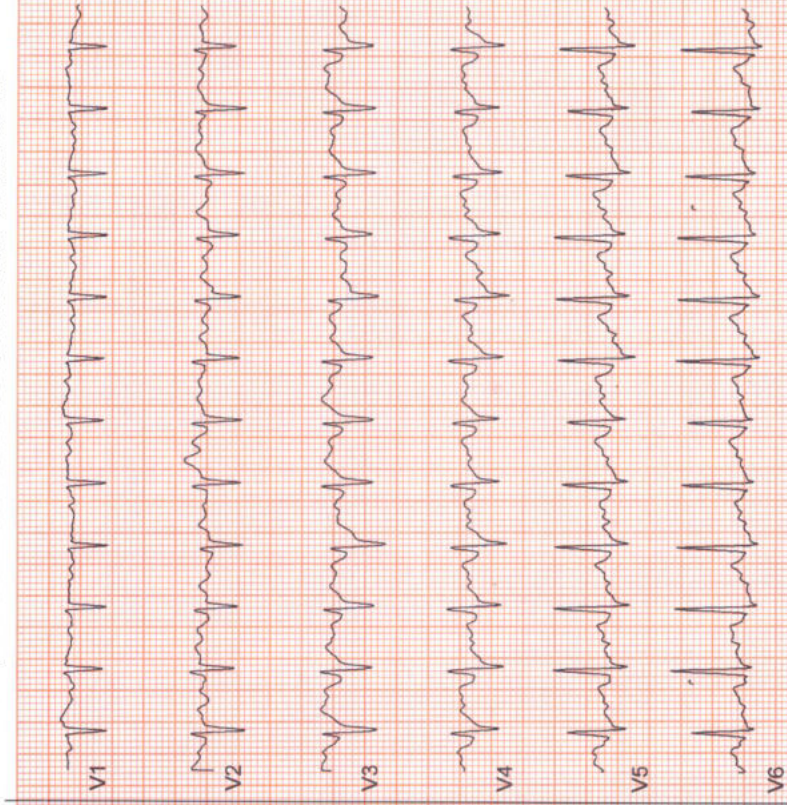
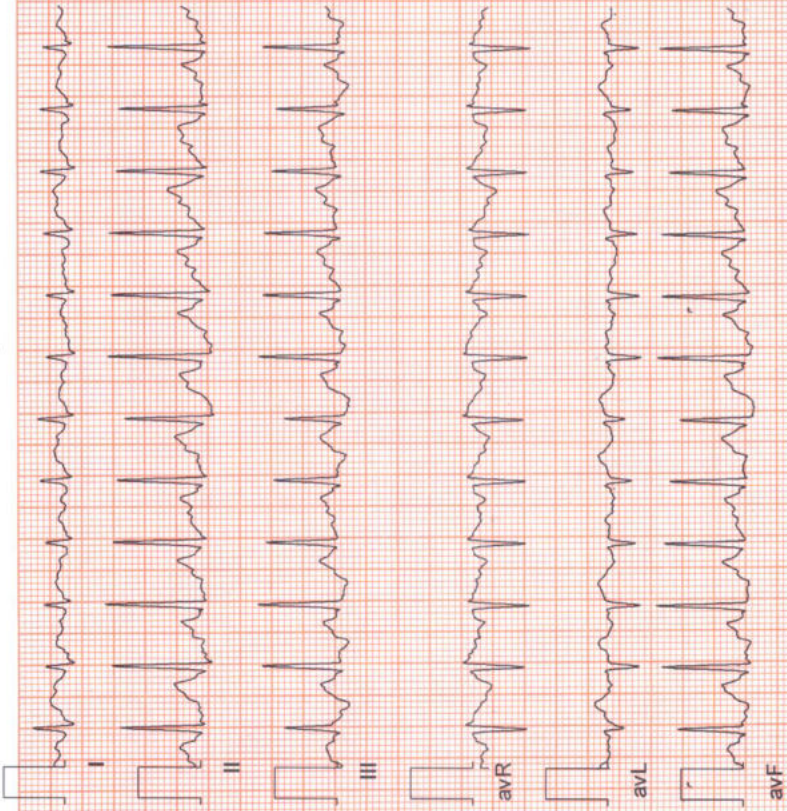
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm**  
BRUCE: Stage 1 (3:00)



Date: 29 - 03 - 2023 10:01:08 AM METs : 4.7 HR : 147 Target HR : 86% of 171 BP : 132/84

ExTime : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

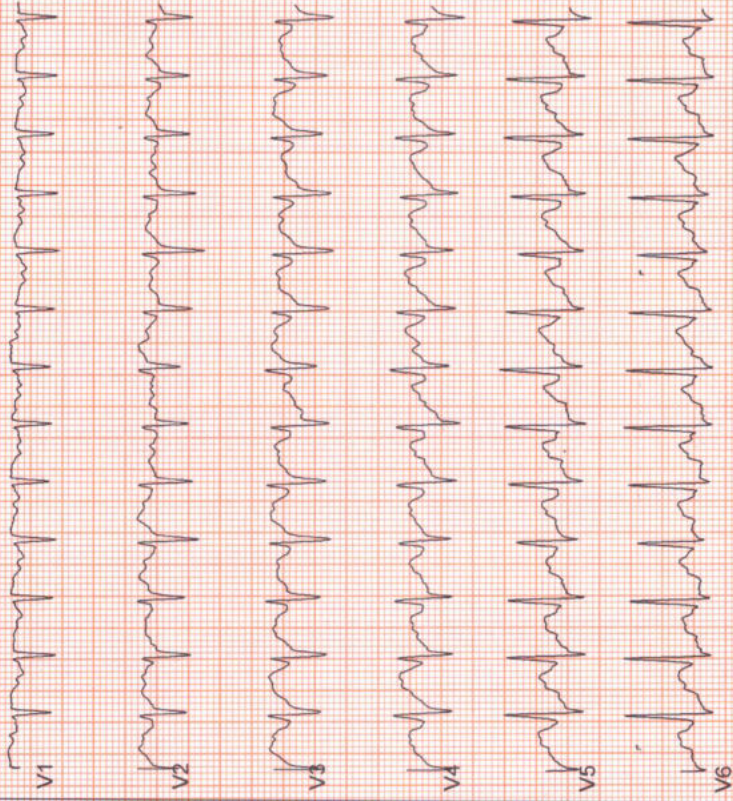
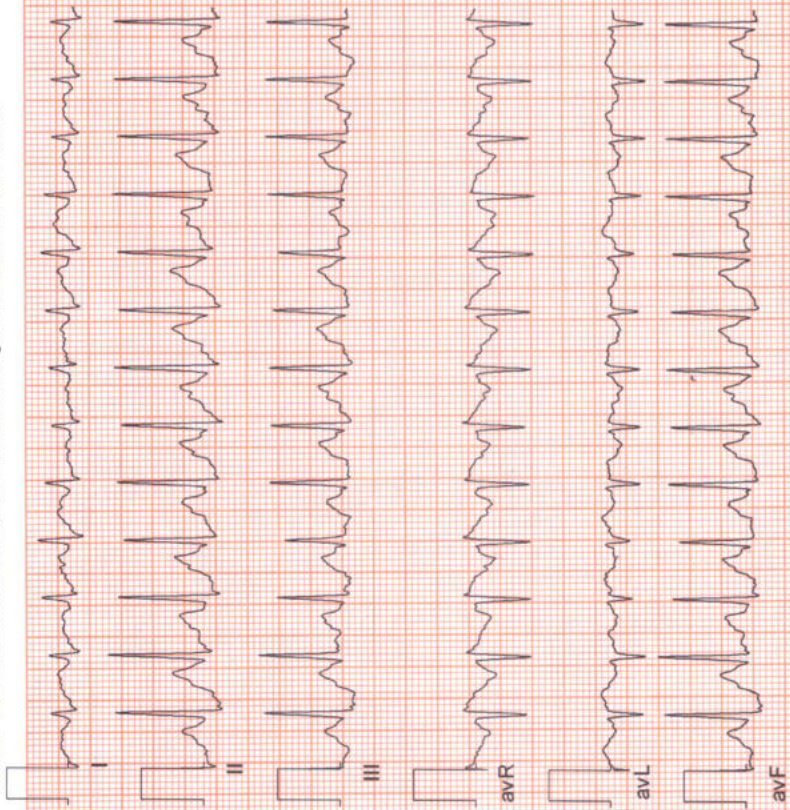
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm**  
BRUCE: Stage 2(3:00)



Date: 29-03-2023 10:01:08 AM METs : 7.1 HR : 159 Target HR : 93% of 171 BP : 134/85

ExTime : 06:00 2.5 mph 12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

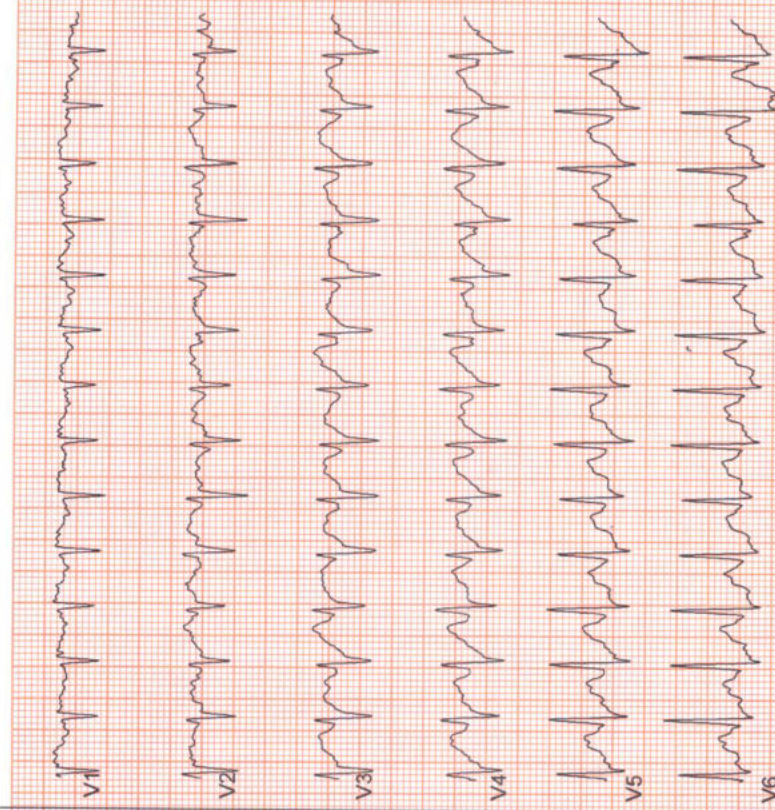
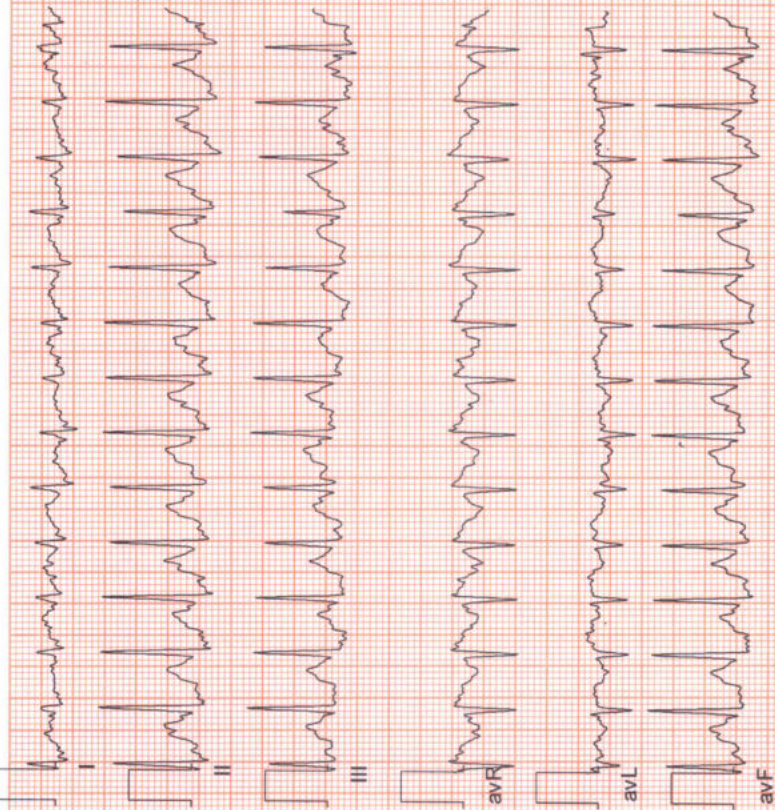
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm**  
PeakEx



Date: 29 - 03 - 2023 10:01:08 AM METs : 8.9 HR : 166 Target HR : 97% of 171 BP : 135/86

ExTime : 07:41 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

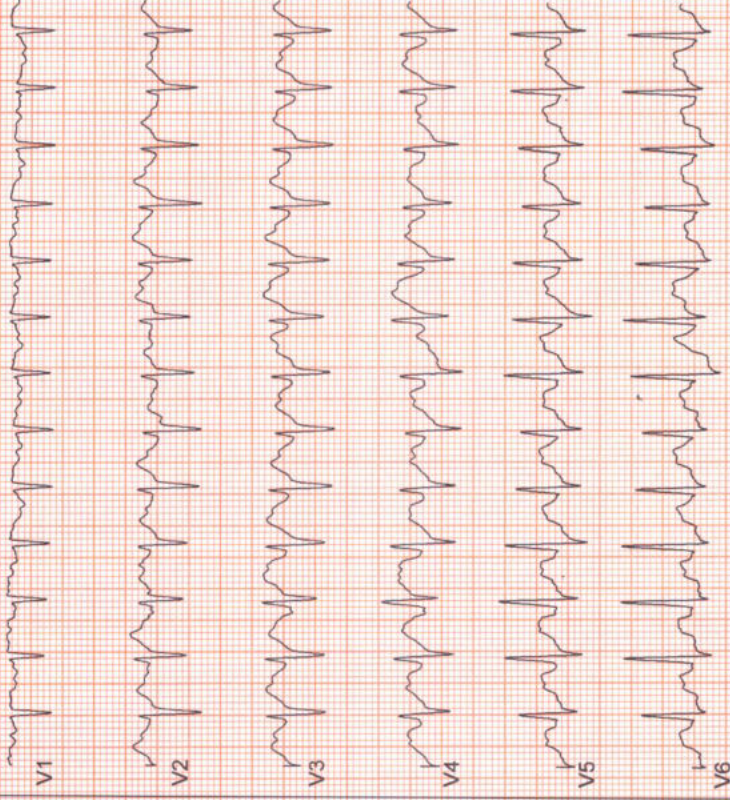
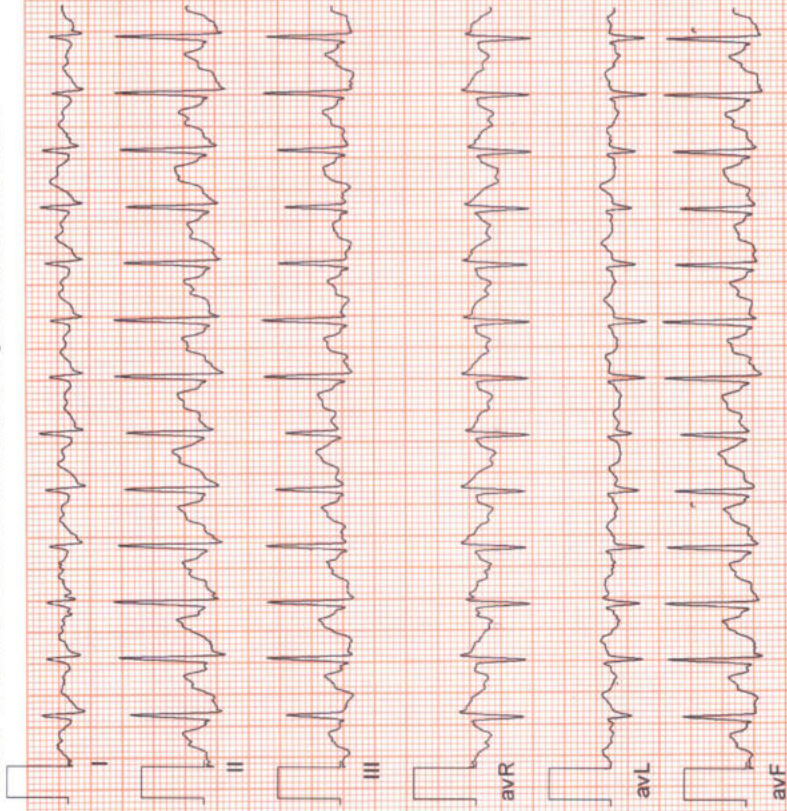
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm  
Recovery(0:30)**



Date: 29-03-2023 10:01:08 AM METs : 4.2 HR : 161 Target HR : 94% of 171 BP : 135/86

ExTime : 07:41 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

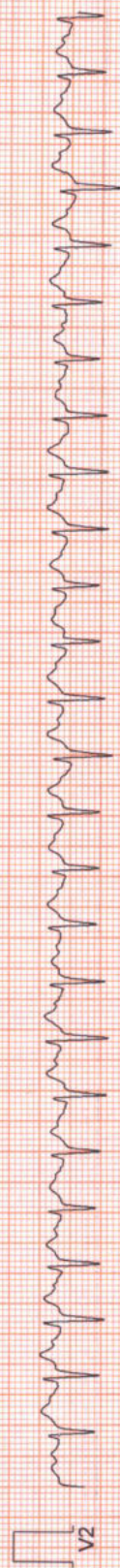
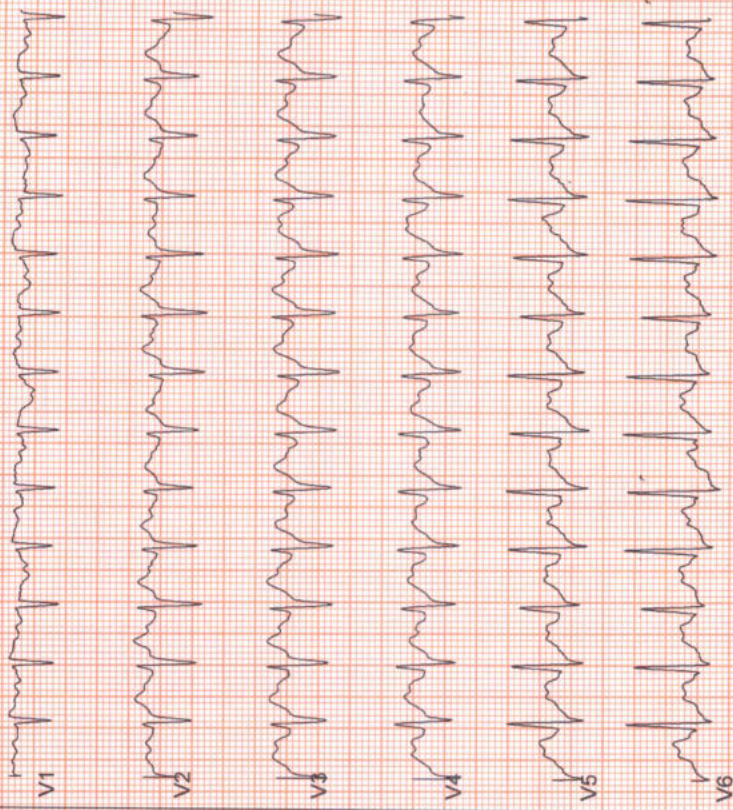
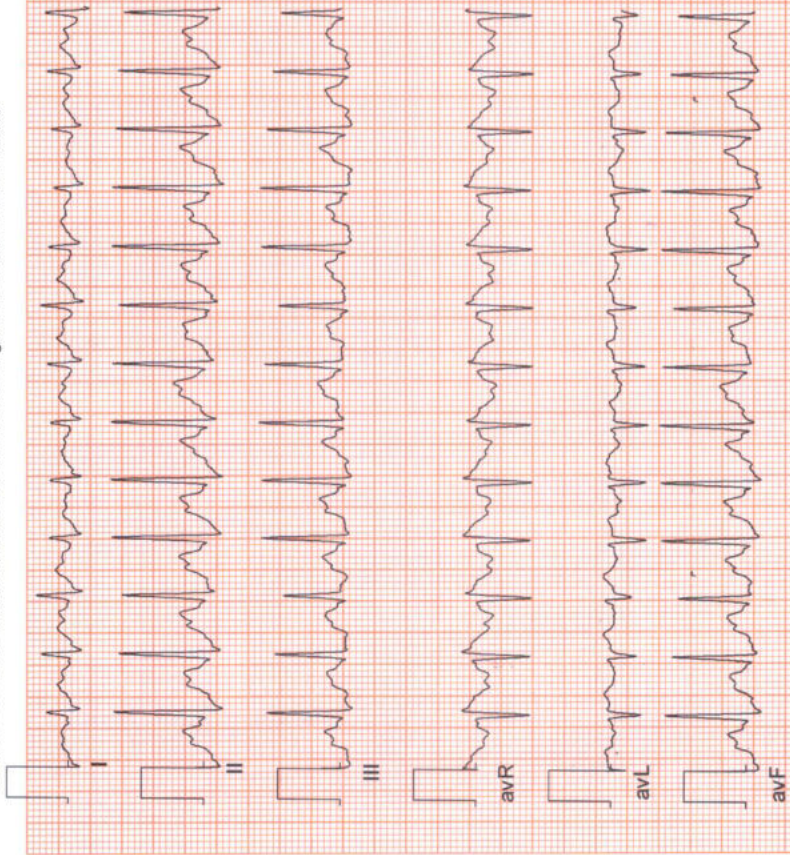
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm  
Recovery(1:00)**



Date: 29-03-2023 10:01:08 AM METs : 1.2 HR : 156 Target HR : 91% of 171 BP : 135/85

ExTime : 07:41 1.1 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

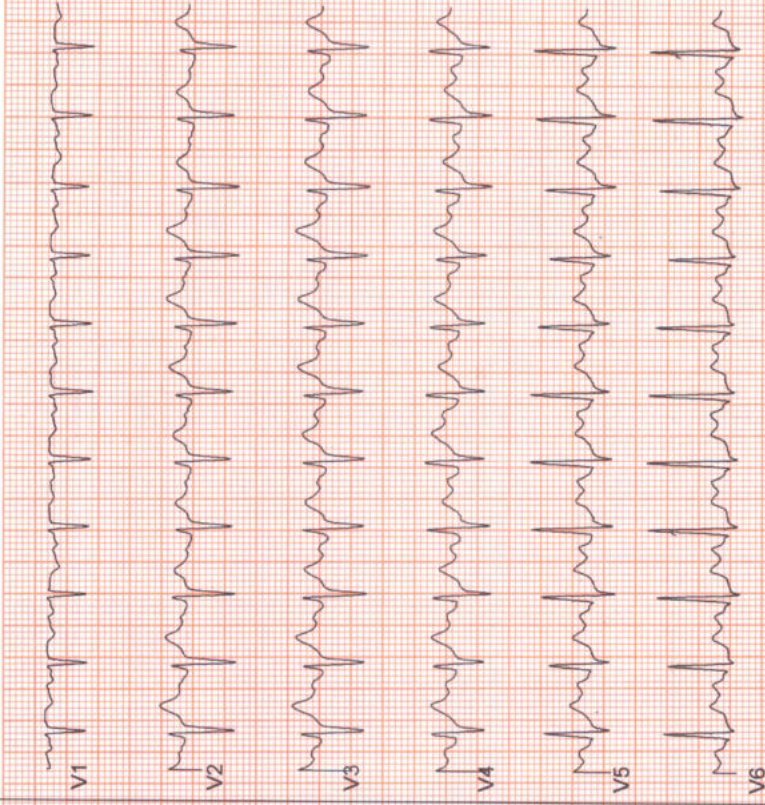
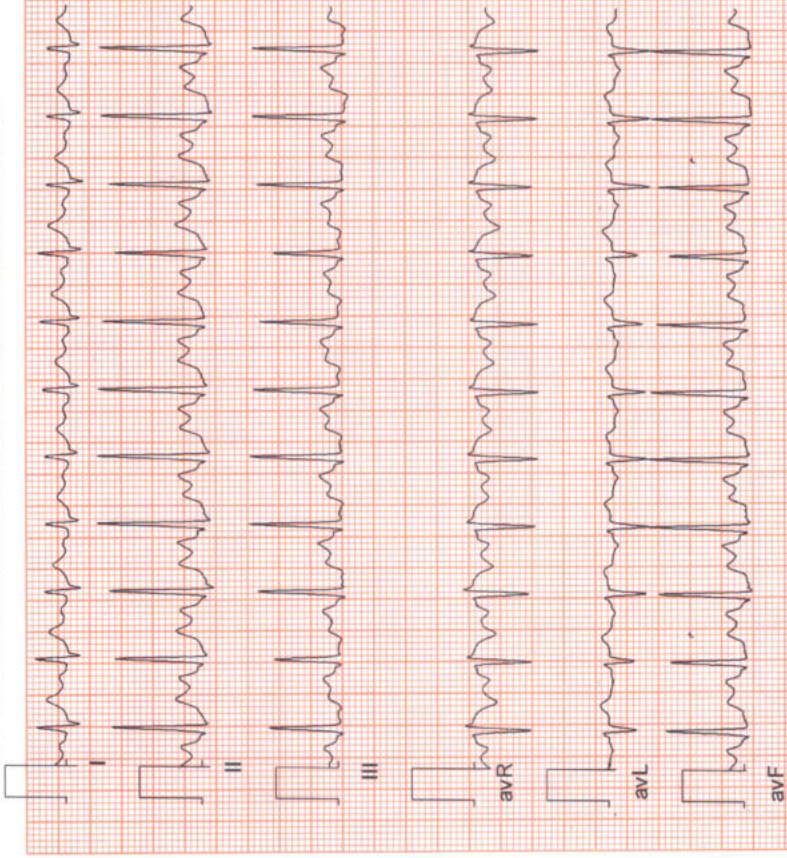
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm  
Recovery(3:00)**



Date: 29 - 03 - 2023 10:01:08 AM METs : 1.0 HR : 133 Target HR : 78% of 171 BP : 134/83

ExTime : 07:41 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz





**ZENA HEALTHCARE**

SAHIDNAGAR, BHUBANESWAR

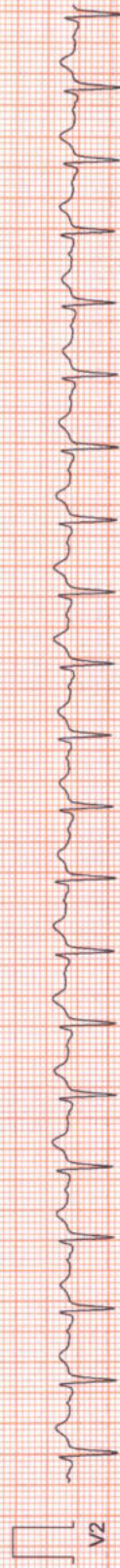
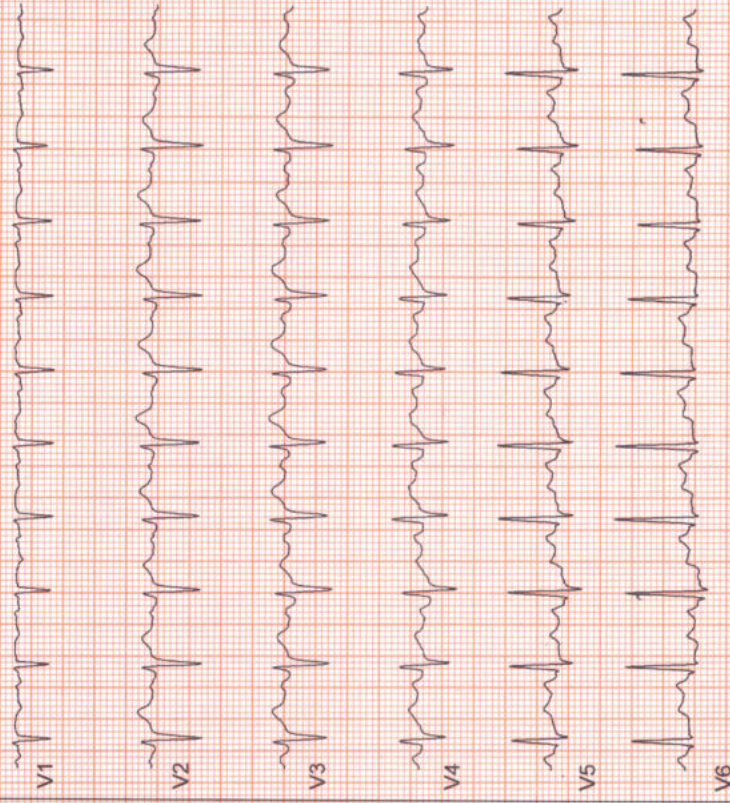
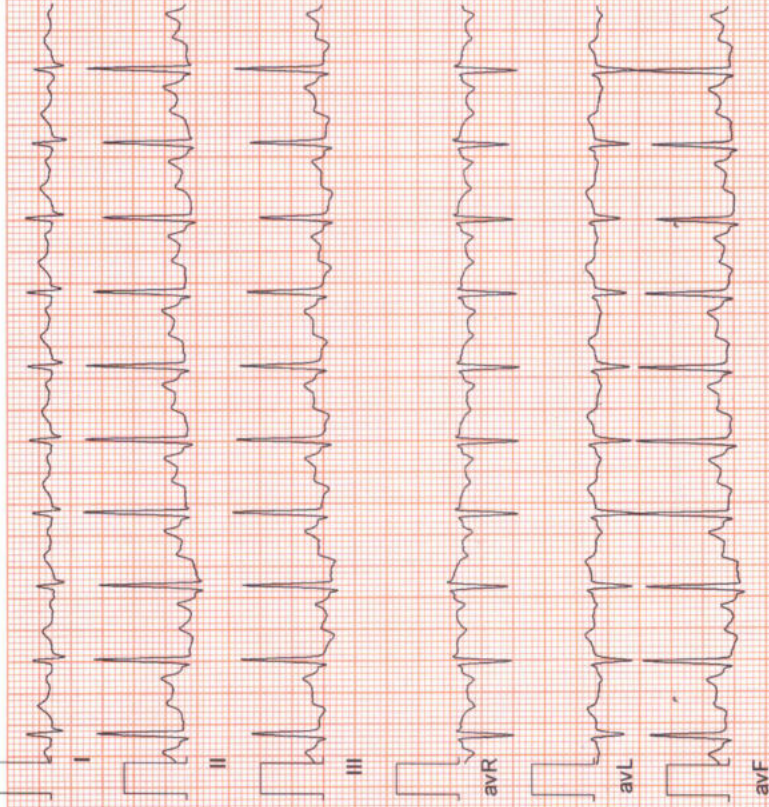
504 / VINAY KU SHARMA / 49 Yrs / Male / 169 Cm / 84 Kg

**6 x 2 + Rhythm  
Recovery(5:06)**



Date: 29-03-2023 10:01:08 AM METs : 1.0 HR : 124 Target HR : 73% of 171 BP : 132/81

ExTime : 07:41 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz







**ZENA HEALTHCARE SERVICES**  
(A Unit of Zena Enterprises)

**Patient Name :** MR. VINAY KUMAR SHARMA  
**Age / Gender :** 49 years / Male  
**Patient ID :** 15739

**Referral :** mediwheel  
**Collection Time :** 29/03/2023, 10:18 AM  
**Reporting Time :** 29/03/2023, 05:59 PM  
**Sample ID :**   
18105

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**PSA (Prostate Specific Antigen)-Total**

PSA- Prostate Specific Antigen*	0.24	0 - 4	ng/mL
---------------------------------	------	-------	-------

**INTERPRETATION :**

Prostate-specific antigen (PSA) is a glycoprotein that is produced by the prostate gland, the lining of the urethra, and the bulbourethral gland. PSA exists in serum mainly in two forms, complexed to alpha-1-anti-chymotrypsin (PSA-ACT complex) and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

**Note:** Patients on Biotin supplement may have interference in some immunoassays. With individuals taking high dose Biotin (more than 5 mg per day) supplements, at least 8-hour wait time before blood draw is recommended.

**Ref:** Arch Pathol Lab Med—Vol 141, November 2017

\*\*END OF REPORT\*\*

Lab technician 

  
**Dr.Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07

Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:06 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b><u>Glucose, Fasting (FBS)</u></b>			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	88.41	75 - 115	mg/dL
<b><u>Glucose, Post Prandial (PP)</u></b>			
Blood Glucose-Post Prandial Method : Hexokinase	88.41	70 - 140	mg/dL
<b><u>BUN, Serum</u></b>			
BUN-Blood Urea Nitroge Method : Serum, Urease	12.67	10 - 50	mg/dL
<b><u>Creatinine</u></b>			
Creatinine Method : Serum, Jaffe	0.81	0.60 - 1.30	mg/dL
<b><u>Uric acid, Serum</u></b>			
Uric Acid Method : Uricase, Colorimetric	5.34	3.4 - 7.0	mg/dL

\*\*END OF REPORT\*\*

Lab technician

Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

Page 1 of 1





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:03 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b>Complete Blood Count</b>			
Hemoglobin (Hb)	15.0	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	5.29	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	47.8	42 - 52	%
Mean Cell Volume (MCV)	90.36	78 - 100	fL
Mean Cell Haemoglobin (MCH)	28.36	27 - 31	pg
Mean Corpuscular Hb Conc. (MCHC)	<b>31.38</b>	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.3	11.5 - 14.0	%
Total Leucocytes (WBC) Count	8000	4000-10000	cell/cu.mm
Neutrophils	58	40 - 80	%
Lymphocytes	37	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	<b>00</b>	1-2	%
Platelet Count	283	150 - 450	10 <sup>3</sup> /ul
Mean Platelet Volume (MPV)	9.8	7.2 - 11.7	fL
PCT	0.28	0.2 - 0.5	%
PDW	<b>19.3</b>	9.0 - 17.0	%

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

Page 1 of 1





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:16 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b><u>LFT, Liver Function Test</u></b>			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.86	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.13	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.73	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	11.24	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	21.03	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	9.79	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	76.42	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.16	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.96	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.20	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.24	1.2 - 2.2	

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07

Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

Page 4 of 4





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:13 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
<b><u>Lipid Profile</u></b>			
Cholesterol-Total Method : Spectrophotometry	242.35	Desirable level   < 200 Borderline High   200-239 High   >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	345.81	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	60.58	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	112.61	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	69.16	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	1.86	2.5 - 3.5	

**Note:**

8-10 hours fasting sample is required.

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:06 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**Urine(R/M) Routine Examination of Urine**

**General Examination**

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

**Chemical Examination**

Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

**Microscopic Examination**

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	3 - 4 /HPF	0-9	/hpf
Epithelial cells	2 - 3 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**  
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com  
Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:07 PM

**Sample ID :**



18105

Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**Thyroid Profile ( T3, T4, TSH )**

T3-Total Method : CLIA	0.93	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	7.11	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	1.24	0.45 - 4.50	uIU/mL

**Interpretation**

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness"
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis"
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)"
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis: Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum"
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3-often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

\*\*END OF REPORT\*\*

Lab technician

Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**  
Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com  
Website : [www.zenacare.in](http://www.zenacare.in)

Wishing Good Health

Page 1 of 1





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 02:27 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**ESR, Erythrocyte Sedimentation Rate**

<b>ESR - Erythrocyte Sedimentation Rate</b>	13	0 - 15	mm/hr
---	----	--------	-------

Method : EDTA Whole Blood, Manual Westergren

**Interpretation:**

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

**Blood Group ABO & Rh Typing, Blood**

Blood Group (ABO typing) Method : Manual-Hemagglutination	"B"
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive

\*\*END OF REPORT\*\*

Lab technician

**Dr. Kundan Kumar Sahoo**  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

Page 1 of 1





**Patient Name :** MR. VINAY KUMAR SHARMA  
**Age / Gender :** 49 years / Male  
**Patient ID :** 15739

**Referral :** mediwheel  
**Collection Time :** 29/03/2023, 10:18 AM  
**Reporting Time :** 29/03/2023, 03:04 PM  
**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
------------------	----------	-----------------	------

**HbA1c, Glycosylated Hemoglobin**

<b>HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD</b>	4.62		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	85.89	-	mg/dL

**Interpretation**

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

**Note:**

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments**

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

**ADA criteria for correlation between HbA1c & Mean plasma glucose levels.**

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

**For Home Collection Please Call at Number :**

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**





**Patient Name :** MR. VINAY KUMAR SHARMA

**Age / Gender :** 49 years / Male

**Patient ID :** 15739

**Referral :** mediwheel

**Collection Time :** 29/03/2023, 10:18 AM

**Reporting Time :** 29/03/2023, 03:04 PM

**Sample ID :**



Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

\*\*END OF REPORT\*\*

Lab technician

Dr. Kundan Kumar Sahoo  
CONSULTANT PATHOLOGIST /  
MICROBIOLOGIST

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07

Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**

Page 2 of 2





**ZENA**  
Healthcare Services  
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

# ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

NAME:- VINAY KU SHARMA  
AGE:-49YRS  
Patient ID:-2

REFERRAL:-MEDI WHEEL  
DATE:-29.03.2023  
SEX:-MALE

**CHEST X-RAY PA VEIW SHOWS.**

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

**IMPRESSION:-NORMAL STUDY.**

*B. Pradhan*  
Dr. Bhagaban Pradhan  
M.D. (Radio diagnosis)  
Consultant Radiologist

For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

**Wishing Good Health**

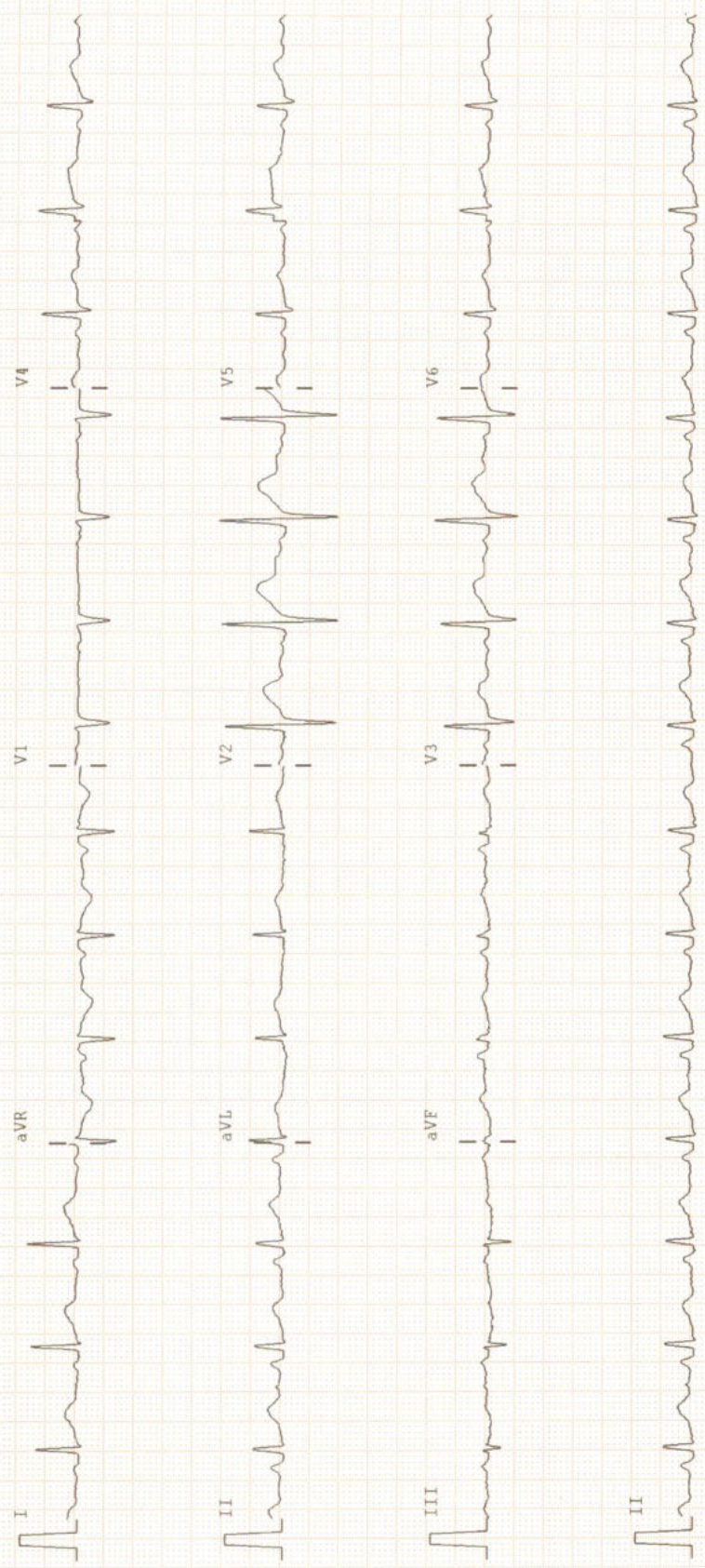


ID: 221    CASE:    VINAY KU SHARMA    29/03/2023 10:21:10  
 AGE: 49Y M D    MALE    ZENA HEALTHCARE  
 Cms    K9    PLOT -119, SAHIDNAGAR, BHUBANESWAR

RATE : 87 bpm    SINUS RHYTHM  
 R-R : 686 ms  
 P-R : 138 ms  
 QRS : 92 ms  
 QT : 376 ms  
 QTc : 423 ms

--AXIS--  
 P : 68°  
 QRS : 13°  
 T : 23°  
 NORMAL ECG

12 SL: REPORT FORMAT: 3x4+1L SQ    REF:    Dr.







MEDICAL REPORT

Date :- 29.03.2023

NAME

Mr.VINAY KUMAR SHARMA

MEDICAL INFORMATION

Height:- 169cm

Age:- 49Yrs

Weight:- 84gm

Sex:- male

Blood Pressure:- 149/103mmhg

Pulse:-85/min

Body Mass Index(BMI)

29.4

Physical Fitness certificate

This is to certify that Mr.VINAY KUMAR SHARMA, aged 49 yrs,  
reports is Normal and I have found him FIT.

Signature



For Home Collection Please Call at Number :

**Zena Healthcare Services**

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07  
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : [www.zenacare.in](http://www.zenacare.in)

**Wishing Good Health**



# Ultrasound Image Report

Patient		Exam	
D	29032023-122309PM	Accession #	29-03-2023
Name	VINAY KUMAR SHARMA, 49	Exam Date	
Birth Date		Description	
Gender	Male	Operator	





# MATERNITY CARE HOPITAL

NAME :VINAY KUMAR SHARMA

DATE : 29-03-2023

AGE-49Y/M

SONOGRAPHER : DR.PARUL PATI

## USG OF WHOLE ABDOMEN

**LIVER:** Normal in size, shape and parenchymal echotexture. No. SOL seen. Intrahepatic billiary channels normal in caliber and contains no echogenic structure. Portal and hepatic vascular systems within normal limits. P. V. measures 6.5 mm,

**GALL BLADDER:** normal in shape and size no sol ,no calculi seen **C.B.D.:** Common duct bile normal in calibre (3.4 mms).

**SPLEEN :** Normal in size, shape and parenchymal echotexture.

**PANCREAS:** Normal in size, shape and parenchymal echotexture. Pancreatic duct not dilated.

**KIDNEYS:** Both the kidneys are normal in size, shape and position. Renal cortical echotexture is within normal limits. Cortico medullary differentiation maintained. No evidence of my calculus or hydronephrosis on both sides. Pelvi-calyceal systems appear normal. No focal lesion seen.

- Right kidney measures : 9.8 x 5.6cms.
- Left kidney measures: 9.7 x 4.7cms.

**URETERS:** Both ureters not visualized (normal).

**URINARY BLADDER:** Symmetrical and normal in outline. Lumen clear. Walls normal in thickness

**Prostrate:** normal in size shape and echosructure .

**Impression:** Normal study of abdomen

*Parul Pati*

DR. PARUL PATI (O&G MD)  
Regd No. 5569

MATERNITY CARE HOSPITAL & IVF CENTER  
1-142/A-143, Sahid Naagar, Bhubaneswar





504 / VINAY KU SHARMA / 49 Yrs / M / 169 Cms / 84 Kg Date: 29-Mar-2023 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:18	0:18	00.0	00.0	01.0	100	58 %	132/83	132	00	
Standing	00:33	0:15	00.0	00.0	01.0	096	56 %	132/83	126	00	
HV	00:49	0:16	00.0	00.0	01.0	099	58 %	132/83	130	00	
ExStart	01:05	0:16	00.0	00.0	01.0	100	58 %	132/83	132	00	
BRUCE Stage 1	04:05	3:00	01.7	10.0	04.7	147	86 %	132/84	194	00	
BRUCE Stage 2	07:05	3:00	02.5	12.0	07.1	159	93 %	134/85	213	00	
PeakEX	08:46	1:41	03.4	14.0	08.9	166	97 %	135/86	224	00	
Recovery	09:16	0:30	01.1	00.0	04.2	161	94 %	135/86	217	00	
Recovery	09:46	1:00	01.1	00.0	01.2	156	91 %	135/85	210	00	
Recovery	11:46	3:00	00.0	00.0	01.0	133	78 %	134/83	178	00	
Recovery	13:52	5:06	00.0	00.0	01.0	124	73 %	132/81	163	00	

**FINDINGS :**

Exercise Time : 07:41  
 Max HR Attained : 166 bpm 97% of Target 171  
 Max BP Attained : 135/86  
 Max WorkLoad Attained : 8.9 Fair response to induced stress  
 Test End Reasons : Test Complete

**REPORT :**