

**Health Check up Booking Confirmed Request(bobS13633),Package Code-
PKG10000241, Beneficiary Code-22447**

1 message

Mediwheel <customercare@policywheel.com>

To: "manoj5670@gmail.com" <manoj5670@gmail.com>

Cc: Mediwheel CC <customercare@mediwheel.in>, Mediwheel CC <mediwheelwellness@gmail.com>

31 August 2022 at 16:14



011-41195959

Email:wellness@mediwheel.in

Hi **Dr. Charu Kohli Clinic,**

Diagnostic/Hospital Location : **C-234, Block C, Defence Colony, City:Delhi**

We have received the confirmation for the following booking .

Beneficiary Name : PKG10000241

Beneficiary Name : shilpa sharma

Member Age : 26

Member Gender : Female

Member Relation : Spouse

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Location : NEW DELHI,Delhi-110028

Contact Details : 8860683763

Booking Date : 06-07-2022

Appointment Date : 03-09-2022

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

Package Name: Medi-Wheel Metro Full Body Health Checkup Female Below 40 - Includes (37) Tests

Tests included in this Package: Ecg, TSH, X-ray Chest, Stress Test (tmt), 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen, Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

PP

urp

x124

NAME : SHILPA SHARMA
AGE/SEX : 27Y/F
DATE : 03.09.2022

Height	Weight	BMI	BP
147 cm	54 kg	25.0	106/70 mmHg
HABITS	SMOKING : NO ALCOHOL : NO DRUGS : NO		


Family History:

- Asthma : No
- Diabetes : No
- TB : No
- THYROID : NO
- Heart Disease : No
- BP : No
- Cancer : No

Personal History:

- TB : No
- Heart Disease : No
- Acquired deformity : No
- Operated for : No
- Psychosomatic history : No
- Diabetes : No
- THYROID : No
- BP : No

Eye / Vision	DISTANCE VISION		NEAR VISION		COLOUR VISION	GLASSES
	RT EYE	LT EYE	RT EYE	LT EYE		
	6/6	6/6	N-6	N-6	NORMAL	YES

Signature of Medical Examiner: 

DR. CHARU KOHLI
CONSULTANT MBBS
DMC-8388



Shilpa

Due to Early Pregnancy, X-Ray is not done

Charu

DR. CHARU KOHL
CONSULTANT MBBS
DMC-8388



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Charu

DR. CHARU KOHLI
CONSULTANT MBBS
DMC-8388



Registration No.	102211178	Mobile No.	7827449239
Patient Name	Ms. SHILPA SHARMA	Registration Date/Time	03/09/2022 08:59:20
Age / Sex	27 Yrs Female	Sample Collected Date/Time	03/09/2022 11:07:05
Ref By / Hospital	Others BANK OF BARODA	Report Date/Time	03/09/2022 13:51:42
Collected At	DCKC	Printed Date/Time	03/09/2022 14:41:56

Test Name	Value	Unit	Biological Ref Interval
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HAEMATOLOGY

Complete Blood Count (CBC)

Haemoglobin (Hb) .EDTA <i>Method : Colorimetric</i>	11.5	g/dL	12.0 - 15.0
Total Leucocyte Count (TLC) .EDTA <i>Method : Electric impedance</i>	09.1	10 ⁹ /L	04.0 - 10.0
Differential Leucocyte Count <i>Method : Microscopy</i>			
Neutrophil .EDTA	71.0	%	40.0 - 75.0
Lymphocyte .EDTA	20.0	%	20.0 - 45.0
Eosinophil .EDTA	4.0	%	1.0 - 6.0
Monocyte .EDTA	5.0	%	2.0 - 10.0
Basophil .EDTA	0.0	%	0.0 - 1.0
ESR .EDTA <i>Method : Westergreen</i>	36	mm/1st hr.	00 - 20
Red Blood Cell (RBC) .EDTA <i>Method : Electric impedance</i>	3.68	10 ⁶ /uL	3.80 - 4.80
Hematocrit (HCT /PCV) .EDTA <i>Method : Pulse height detection</i>	34.2	%	36.0 - 46.0
Mean Corp Volume (MCV) .EDTA <i>Method : Calculated</i>	92.9	fL	83.0 - 101.0
Mean Corp Hb (MCH) .EDTA <i>Method : Calculated</i>	31.2	pg	27.0 - 32.0
Mean Corp Hb Conc (MCHC) .EDTA <i>Method : Calculated</i>	33.6	g/dL	31.5 - 34.5
Platelet Count(PLT) .EDTA <i>Method : Electric impedance/Microscopy</i>	201.00	10 ³ /uL	150.00 - 450.00

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Checked By :- Dr.PiyaliDhar



Dr.Piyali Dhar
MBBS, DCP Pathologist

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Ultrasound | Digital X Ray | DECA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Audiometry



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Age / Sex	27 Yrs Female	Sample Collected Date/Time	03/09/2022 11:07:05
Ref By / Hospital	Others BANK OF BARODA	Report Date/Time	03/09/2022 13:52:33
Collected At	DCKC	Printed Date/Time	03/09/2022 14:41:56

Test Name	Value	Unit	Biological Ref Interval
RDW- CV% ,EDTA	12.3	%	10.0 - 14.5
Blood Group ABO ,EDTA <i>Method : Forward Grouping</i>	"AB"		
Rh Typing ,EDTA <i>Method : Forward Grouping</i>	POSITIVE		
HbA1c ,EDTA <i>Method : Photometric method</i>	5.2	%	

INTERPRETATIONS:-

NORMAL RANGE	4.00 - 5.60	%
Pre Diabetic/ Higher chance of getting diabetes	5.70 - 6.20	%
Good Diabetic Control	6.20 - 6.80	%
Fair Diabetic Control	6.80 - 7.60	%
Uncontrolled Diabetes -action suggested	>7.6	%

Note:-
Glycosylated Haemoglobin is a specific component of HBA1C and is the blood glucose bound to it. This test is an index of carbohydrate in balance during the preceeding two months. The estimation is of greater importance for specific group of patient. This result are not affected by time, meal intake exercise, diabetic drugs, emotional Stress etc. HbA1c should be routinely monitored ideally at least every 3 months.

Checked By :- Dr.PiyaliDhar



Dr. Piyali Dhar
MBBS, DCP Pathologist



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BIOCHEMISTRY

LIPID PROFILE

Total Lipids .Serum Plain	392	mg/dl	400 - 700
Serum Cholesterol .Serum Plain <i>Method : CHOD-POD</i>	140	mg/dl	0 - 200
Serum Triglycerides .Serum Plain <i>Method : GOD-POD</i>	112	mg/dl	40 - 200
Serum HDL Cholesterol .Serum Plain <i>Method : Direct Method</i>	61.0	mg/dl	40.0 - 70.0
Serum LDL Cholesterol .Serum Plain <i>Method : Calculated</i>	57.0	mg/dl	30.0 - 100.0
Serum VLDL Cholesterol .Serum Plain <i>Method : Calculated</i>	22.0	mg/dl	24.0 - 45.0
Total CHO/HDL Cholesterol Ratio .Serum Plain <i>Method : Calculated</i>	2.30		
LDL/HDL Cholesterol Ratio .Serum Plain <i>Method : Calculated</i>	0.93		

Guidelines for Total Blood Cholesterol Levels on 11 to 12 hour fasting samples:

Desirable : Less than 200 mg/dl

Borderline High Risk : 200 to 239 mg/dl

High Risk : 240 mg/dl and over, on repeated values

Optimal Level for Cardiac Patients : Less than 200 mg/dl

HDL-C : High HDL has generally been found to be protective, decreasing the risk of coronary Artery disease (CAD) in most people. However, some recent studies have shown that in some people with high HDL, the HDL is not protective and may, in fact result in higher risk for CAD than in people with normal HDL levels. In one study it was shown that people with CAD and high HDL had underlying genetic anomalies in enzymes important in lipid turnover. Another study showed that high levels of abnormally large HDL particles were associated with increased risk of CAD. Factors that elevate HDL concentrations include chronic alcoholism, treatment with oral estrogen replacement therapy, extensive aerobic exercise, and treatment with niacin, statins, or fibrates. Smoking reduces levels of HDL cholesterol, while quitting smoking leads to a rise in the plasma HDL level.

LDL Reference Range :


Levels in terms of risk for coronary heart disease :

Adult levels:

Optimal	<100 mg/dl.
Near Optimal/ above optimal	100 - 129 mg/dl.
Borderline high	130 - 159 mg/dl.
High	160 - 189 mg/dl.
Very High	>=190 mg/dl.

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LIVER PROFILE / LFT

Serum Bilirubin (Total) ,Serum Plain <i>Method : DSA Method</i>	0.40	mg/dl	0.00 - 1.20
Serum Bilirubin (Direct) ,Serum Plain <i>Method : DSA Method</i>	0.19	mg/dl	0.00 - 0.30
Serum Bilirubin (Indirect) ,Serum Plain <i>Method : Calculated Parameter</i>	0.21	mg/dl	0.00 - 0.60
SGOT ,Serum Plain <i>Method : IFCC/KINETIC</i>	16.8	IU/l	Males : Upto 46 IU/l Females : Upto 40 IU/l
SGPT ,Serum Plain <i>Method : IFCC/KINETIC</i>	22.3	IU/l	Upto 49 IU/l
Serum Alkaline Phosphatase ,Serum Plain <i>Method : DEA Method</i>	83.0	IU/l	30.0 - 120.0
Serum Total Protein ,Serum Plain <i>Method : Biuret Method</i>	7.44	gm/dl	6.00 - 8.50
Serum Albumin ,Serum Plain <i>Method : BCG Method</i>	3.97	gm/dl	3.50 - 5.00
Globulin ,Serum Plain <i>Method : Calculated</i>	3.50	gm/dl	2.00 - 4.10
A/G Ratio ,Serum Plain <i>Method : Calculated</i>	1.13		1.00 - 2.10
Serum GGTP ,Serum Plain <i>Method : G-Glutamyl Transferase</i>	17.0	U/L	0.0 - 50.0

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DR. CHARU KOHLI'S CLINIC
QUALITY & CARE
Dr. Piyali Dhar
MBBS, DCP Pathologist

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Collected At	DCKC	Printed Date/Time	03/09/2022 14:41:56

Test Name	Value	Unit	Biological Ref Interval
Blood Sugar (Fasting) ,Plasma F <i>Method : GOD POD</i>	81.3	mg/dl	70.0 - 110.0
Blood Sugar (PP) ,Plasma PP <i>Method : GOD POD</i>	131.2	mg/dl	70.0 - 140.0
Serum Creatinine ,Serum Plain <i>Method : Modified Jaffe's</i>	0.72	mg/dl	0.50 - 1.50
Serum Uric Acid ,Serum Plain <i>Method : Uricase- POD</i>	2.84	mg/dl	2.40 - 5.70





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CLINICAL PATHOLOGY

URINE ROUTINE EXAMINATION

URE PHYSICAL EXAMINATION

Colour .URINE	Pale Yellow	Pale Yellow
Volume .URINE	10 mL	
Appearance .URINE	S. Turbid	Clear

URE CHEMICAL EXAMINATION

Reaction .URINE	Acidic	Acidic
Ph (Strip Method) .URINE	6.5	5.0 - 8.0
Specific Gravity .URINE	1.020	1.001 - 1.035
Protein (Strip Method) .URINE	Nil	Not-Detected
Glucose (Strip Method) .URINE	Nil	Nil

URE MICROSCOPY EXAMINATION

Pus Cells .URINE	2 - 3 /HPF	0 - 2
Epithelial Cells .URINE	10 - 15 /HPF	0 - 2
RBC's .URINE	NIL /HPF	0 - 2
Casts .URINE	Nil	
Crystals .URINE	Nil	
Bacteria .URINE	Present	Absent
Mucus Thread .URINE	Nil	Nil
Other .URINE	Nil	





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STOOL ANALYSIS

STOOL MICROSCOPIC EXAMINATION

OTHERS ,STOOL

SNR

Nil





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URINE SPOT SUGAR (FASTING) ,URINE	Nil		Nil
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*** End of Report ***

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Name: Shilpa Sharma
Date: September 3, 2022

WHOLE ABDOMEN SCAN

Liver is normal in size and echotexture is maintained. Normal intrahepatic biliary radicles and normal appearing venous channels. No focal lesion in either lobes. Portal vein is normal. No sub-diaphragmatic collection or pleural effusion.

Gall bladder is normal distended and shows echofree lumen.
CBD: not dilated ; apparently echofree.

Both the kidneys are normal in size, position and echopattern with normal pelvicalyceal systems and corticomedullary differentiation.

LK: 8.54 x 3.77 cm
RK: 8.29 x 3.99 cm

Pancreas is of normal size & echopattern. No focal lesion or peri-pancreatic collection.

Spleen is of normal size and echopattern. No focal lesion or calcification. Splenic vein is not dilated.

Aorta and IVC are normal. No retroperitoneal lymphadenopathy.

Urinary bladder shows normal distension and wall-thickness. No calculus or mass.

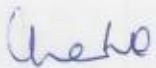
Uterus is gravid. Myometrial echoes are maintained with a regular serosal outline.

Cervix is normal in length and mucosal pattern. Echopattern is homogenous.

Rt. Ovary measures 1.88 x 1.41 cm.
Lt. ovary measures 1.91 x 1.40 cm.

No free fluid is seen in cul de sac.

IMPRESSION: Gravid uterus, otherwise sonological study is within normal limits .


DR CHARU KOHLI
MBBS ,DMRD
DMC 8388

DR. CHARU KOHLI
CONSULTANT RADIOLOGIST
DMC - 8388
DR. CHARU KOHLI'S CLINIC
C-234, DEFENCE COLONY, NEW DELHI-110024
RDL15892199, DL/SD/132

IMPORTANT: Owing to technical limitations, in case of any error in the study, the Doctor cannot be held responsible for claim of damages of any nature, and this report is not valid for any Medicolegal aspect.
Every modern technology has its own limitations, in case of discrepancy/difference in opinion advised- repeat scan/ second opinion

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Transthoracic Screening Echo Report

Name	:	SHILPA	Date	:	3.9.2022
Age/Sex	:	Years / Female			
Referring Physician	:	Dr. AAROGYA/ BOB			
Indication	:				

M - Mode / 2 - D Description :-

- ❖ Left Ventricle : It is normal sized. The wall does not show hypertrophy or thinning. No Regional Wall Motion Abnormality. Global LVEF \approx 55-60%.
- ❖ Left Atrium : It is normal sized.
- ❖ Right Atrium : It is normal sized.
- ❖ Right Ventricle : It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve : Aortic cusps are normal.
- ❖ Mitral Valve : It opens normally.
- ❖ Tricuspid valve : It appears normal.
- ❖ Pulmonic Valve : It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium : There is no pericardial effusion.
- ❖ Inter Atrial Septum : It is intact.
- ❖ Inter ventricular Septum : It is intact.

Study done at HR of 69/ min .

1. No Regional wall motion abnormality. Global LVEF \approx 55-60%.
2. Normal LV, LA, RA, RV chamber dimensions.
3. Normal RV systolic function present
4. No Intracardiac clot/vegetation/pericardial pathology seen.
5. IVC is normal in size with >50% inspiratory collapse (RAP = 3 mmHg).

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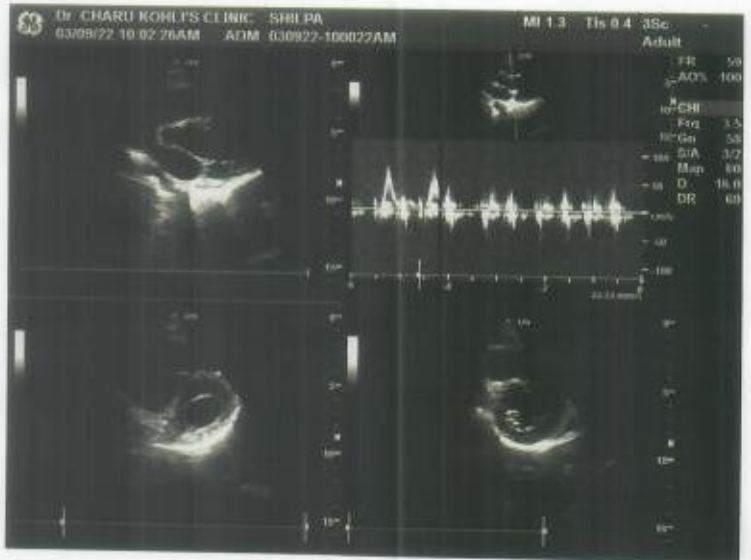
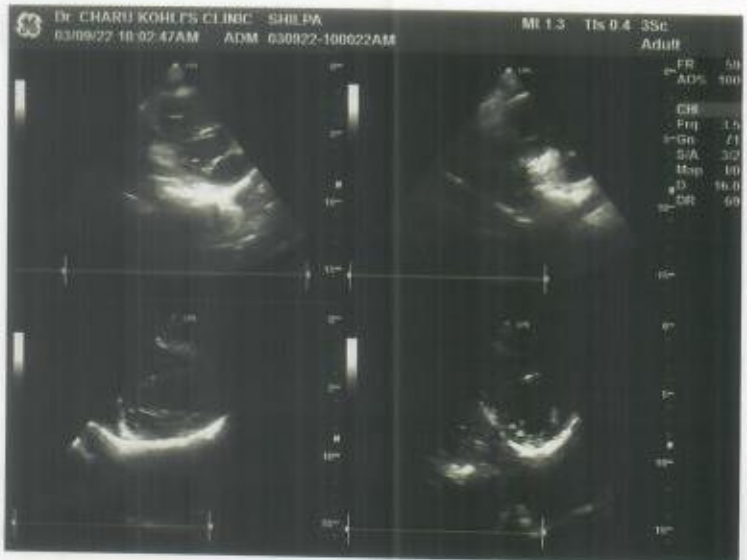
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SHILPA



ID :
Name: *Shilpa Sharma*

Heart Rate: 69bpm ** Analysis Result ** (To be finally confirmed by cardiologist)
Atrial Fibrillation
PVC (Premature Ventricular Contraction) *69/min*
Low Voltage QRS
Right Axis Deviation
*** Axis and MI may be incorrect due to low voltage.
[Markedly Abnormal ECG]

Expt
DR. D. R. RAJIV
MBBS, MD
DMC-46748
CONSULTANT CARDIOLOGIST

SKR

