

## Health Check up Booking Confirmed Request(bobE35285), Package Code-PKG10000227, Beneficiary Code-76859

1 message

Mediwheel < wellness@mediwheel.in> To: deepak.127099@gmail.com Cc: customercare@mediwheel.in

Thu, Mar 23, 2023 at 15:17



011-41195959 Email:wellness@mediwheel.in

#### Dear MR. KUMAR DEEPAK,

Please find the confirmation for following request.

**Booking Date** 

: 23-03-2023

Package Name

: Medi-wheel Full Body Health Checkup Male Below 40

Name of

Diagnostic/Hospital

Asarfı Hospital Limited

Address of

Diagnostic/Hospital

Baramuri, P.O. - Bishunpur Polytechnic

**Contact Details** 

: 8227996523

City

: Dhanbad

State

: Jharkhand

Pincode

: 828130

Appointment Date: 25-03-2023

Confirmation

Status

: Confirmed

**Preferred Time** 

: 8:00am-8:30am

Comment

#### Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

#### For Women:

- 1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
- 2. It is advisable not to undergo any Health Check during menstrual cycle.



# Bank of Baroda Patna Zone, Patna Particulars for Identity Card



Part A Name (in Block lotters)	
Name (in Block letters): DE	EPAK KUMAR
Name in Hindi :- 47	945 95412
ECNo. :	
Designation : Swo	- A Date of Birth
Blood Group : O+	Allergy:
Identification Mark : BIG CO	OT MARK ON THE RIGHT THIGH
Part B Branch: DECRI	Tel No. (0) <i>7542032057</i>
Region: RANCHS	757110. (0)
Present Residence Address: S. SECTOR - 3/E BUKARO  Tel No.(R) 79799	STEFL CITY PERAKO, JHARKHAND 927003
	L BANK 100 BANK HARPUR
Contact person Mr/Mrs/Ms(In case of emergency)	KUMAR PRASAD YADAV Relationship <u>FATHER</u> 35349109 9472749108
Deepah Kimar	Status of old identity Card (Submit old I Card or FOR copy if I Card is lost or undertaking if not issued previously)- Not Applicable for newly recruited staff
Particulars and Signature of above	Signature:  c individual is verified.  Chief/ Senior/Branch  Manager
March Call	Widilage





#### भारत सरकार GOVERNMENT OF INDIA



दीपकं कुमार Deepak Kumar जन्म वर्ष / Year of Birth : 1993 पुरुष / Male



4981 0667 1945

आधार — आम आदमी का अधिकार



### भारतीय विशिष्ट पहचान प्राधिकरण UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता: S/O: जय कुमार प्रमाद यादव, का.न. 20. नेक्टर 3/ई, पोस्ट- मेक्टर 3, बोकारो स्टील मिटी, बोकारो, मेक्टर-आईआईआई, झारखण्ड, 827003

Address: S/O: Jai Kumar Prasad Yadav, Q.No. 20, Sector 3/E, PO-Sector 3, Bokaro Steel City, Bokaro, Sector- Iii, Jharkhand, 827003



 $\bowtie$ 



www.uldai.gov.in

P.O. Box No.1947, Bennaluru-560 001





## **OUT PATIENT DEPARTMENT**

In

Kg

सबके लिए स्वास्थ्य

Department of General Medicine

Mediw	heel
Read.	No.

Visit

: OPD/250323/5349

Patient Name

: MR. DEEPAK KUMAR

: MAR23-44285

Mobile

: 7979976123

Age/Sex

: 30 Y 2 M 24 D

Date

: 25-Mar-2023

2:03 pm

Address

Male : BOKARO STEEL CITY , BOKARO - Jharkhand , INDIA

: Dr. Aditya Anurag MD (Medicine)

OPD Timing

Doctor

Height:

Weight: 69

Referred By Temp. :

Pulse : . &

SPO2 B.P. :110/60

mm/Hg

History and complaints :

Examination:

Allergies :

No desonic illu

:

C

BPM

Diagnosis:

Investigations:

Ft

igations:

CAPPIA

PIA

PROMIT

ACTOM

AND

AVOID

ACTOM

AND

AVOID

ACTOM

AC

D. Avoid fally med.

Regular exercise

T. REBUXO(40)

6. P maintai health

Follow up:

Days

Advice (Diet/ Lifestyle / Rehab)

Date :

Time :

\*Prescription to be valid for 7 Days only.
\*This document is not valid for Medico-Legal purposes.



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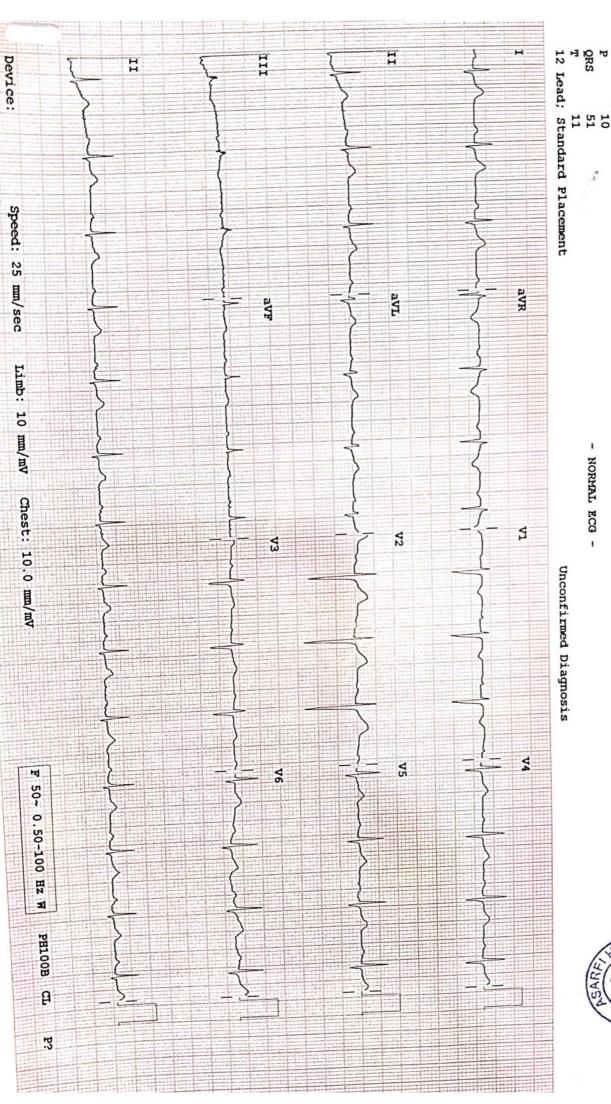
Signature of Doctor

Baramuri, P.O. Bishunpur Polytechnic, Dhanbad-828130 CIN: U85110JH2005PLC011673 Ph.: 78083 68888 Email: info@asarfihospital.com / www. asarfihospital.com

PR QRSD QT QTc 173 79 356 419 ...normal P axis, V-rate 50-99

- NORMAL ECG -

QRS







## शबके लिए श्वास्थ्य

#### ECHOCARDIOGRAPHY REPORT

Name: MR DEEPAK KUMAR

Age: 29

Sex: Male

Date: 25/03/2023

2D & M-MODE MEASUREMENTS		2D & M-MODE CALCULATIONS		
LA Diam	3.2 cm	EDV(Teich)	107 ml	
Ao Diam	2.7 cm	ESV(Teich)	38 ml	
IVSd	0.8 cm	EF(Teich)	64 %	
LVIDd	4.8 cm	%FS	35 %	
LVPWd	0.6 cm	SV(Teich)	69 ml	
IVSs	1.2 cm	LVd Mass	123.92 g	
LVIDs	3.1 cm	RWT	0.26	

MITRAL VALVE

**AORTIC VALVE** 

 MV E Vel
 1.05 m/s

 MV DecT
 218 ms

 MV Dec Slope
 4.8 m/s²

 MV A Vel
 0.72 m/s

 MV E/A Ratio
 1.46

 E'
 0.14 m/s

 E/E'
 7.68

AV Vmax 1.30 m/s AV maxPG 6.80 mmHg

TRICUSPID VALVE

PULMONARY VALVE

#### **COMMENTS:**

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)
- NO MR, NO AR, NO TR
- IAS, IVS INTACT
- NO CLOT, PE
- IVC NORMAL

#### IMPRESSION:

- NORMAL SIZE CARDIAC CHAMBERS
- NO LVRWMA
- NORMAL LV SYSTOLIC FUNCTION (EF-63%)

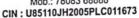
DR.S.HCHAVAN (CONSULTANT CARDIOLOGIST)

TECH, SIG





© AHL/D/0065/4021/Jan/23





## RADIOLOGY REPORT

Peg No	44285	Ref. Dr.	SELF
Reg. No. Name	MR. DEEPAK KUMAR	Study	USG WHOLE ABDOMEN
Age & Sex	30Y/M	Rep Date	25.03.2023

#### **USG WHOLE ABDOMEN**

LIVER

: Liver is normal in size, shape & echotexture. No obvious focal

lesion is seen. IHBR are not dilated.

GALL BLADDER

: GB is well distended. No obvious calculus or mass lesion is seen.

The wall thickness is normal.

CBD

: CBD is normal in course & caliber.

PV

PV is normal in course & caliber.

**PANCREAS** 

: Pancreas is normal in size, shape & echotexture. Peripancreatic

soft tissues appear normal. MPD is not dilated.

SPLEEN

: Spleen is normal in shape, size & echotexture. It measures 9.8cm

in size.

KIDNEYS

: The right kidney measures 9.1 x 4.4cm. The left kidney measures

9.3 x 5.2cm. Both kidneys are normal in shape, size & position.

The pelvicalyceal system is normal. Corticomedullary

differentiation is maintained. No focal lesion is seen.

URINARY BLADDER

: Urinary bladder is well distended. No obvious calculus or mass

lesion is seen. The wall thickness is normal.

**PROSTATE** 

: Prostate is normal in size, shape & echotexture.

**OTHERS** 

: No ascites or retroperitoneal lymphadenopathy is seen.

**IMPRESSION** 

No significant abnormalitý detected.

Clinical correlation is suggested.



Dr. VAISHALI PATEL MBBS, DNB (Radio-diagnosis) Consultant Radiologist



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Baramuri, Bishnupur Polytechnic, Dhanbad 828 130 Ph. No.: 7808368888,9297862282,9234681514







Name

MR. DEEPAK KUMAR

Age / Sex

: 30 Yrs/Male

Doctor :

Reg. No.

MAR23-44285

Pat. Type : Mediwheel

Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:21 pm Reporting Time: 25-03-2023 2:02 pm

Publish Time : 25-03-2023 2:22 pm

Test Name	Result	Flag	Unit	Reference Range
Teac Time				

Biochemistry				
Creatinine, Serum  Method: Enzymatic			Machine Name:	XL640
Creatinine, Serum	0.9		mg/dl	0.6-1.4
Uric Acid, Serum  Method: Enzymatic			Machine Name:	XL640
Uric Acid, Serum	/ ( 7.7 <sub>//</sub> )	н	mg/dl	3.4-7.0
Blood Urea Nitrogen (BUN)  Method: Calculated			Machine Name:	XL640
Blood Urea Nitrogen (BUN)	10.8		mg/dl	07-21
Fasting Blood Glucose, Plasma  Method: GOD-POD			Machine Name:	XL640
Fasting Blood Glucose, Plasma	88.9		mg/dl	70-110
LIPID PROFILE, SERUM  Method: Spectrophotometry			Machine Name:	XL640
Cholesterol, Total (CHOD/PAP)	212.0	Н	mg/dl	0-200
Triglycerides (Enzymatic)	220.0	н	mg/dl	0-150
HDL Cholesterol (Enzymatic)	53.0	Н	mg/dl	0-50
LDL Cholesterol (Calculated)	115.0	Н	mg/dl	0-100
VLDL Cholesterol (Calculated)	44.0	Н	mg/dl	0-30
GLYCOCYLATED HEMOGLOBIN (HbA1C), E Method: HPLC/Nephelometry	BLOOD		Machine Name:	BIO-RAD, D-10 / MISPA
HbA1C	4.8		%	4.4-6.2
Estimated average glucose (eAG)	91		mg/dl	





Page Lone

Condition of Laboratory. Testing & Reporting

(1) It is presumed that the test(s) performed are on the specimen(s) /Sample(s) belonging to the patient named or Identified and the verification of the particulars have been carried out by the patient or his/her representative at the point of generation of the said specimen(s) / Sample(s) (2) Laboratory Investigations are only tool to facilitate in arriving at diagnosis and should be clinically correlated. (3) Tests results are representative at the point of generation of the said specimen(s) / Sample(s) (2) Laboratory Investigations are only tool to facilitate in arriving at diagnosis and should be clinically correlated. (b) Incorred not valid for medico legal Purposes. (4) Test requested in the performed due to following Reason: (a) Specimen received is insufficient or inappropriate. (b) Employed the performed due to following Reason: (a) Specimen received is insufficient or inappropriate. (b) Employed the specimen container and the Name on the test requisition form. (5) The Results of specimen type for requested lest. (c) Specimen quality is unsatisfactory. (d) There is a discrepancy between the label on the specimen container and the Name on the test requisition form. (5) The results of a laboratory lest are dependent on the quality of the sample as well as the assay technology. (7) in case of quenes the performed due to facilitate and the Name on the specimen container and the Name on the test requisition form.

<sup>\*</sup>This Document is not valid for Medico-Legal purposes.



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Name

MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor

MAR23-44285 Reg. No. Mediwheel

Pat. Type

Unit

Reference Range

Collection Time: 25-03-2023 12:11 pm

Receiving Time: 25-03-2023 12:21 pm

Reporting Time: 25-03-2023 2:02 pm

Publish Time : 25-03-2023 2:08 pm



Test Name

Result

Flag

Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic. Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH Hba1c | FACTORS THAT AFFECT INTERPRETATION | | MEASUREMENT | OF HBA1C RESULTS |

| Hemoglobin variants, elevated fetal | Any condition that shortens erythrocyte | | hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte | | modified derivatives of hemoglobin | age (e.g.,recovery from acute blood loss,| [ (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) | | with renal failure) can affect the | will falsely lower HbA1c test results | | accuracy of HbA1c measurements | regardless of the assay method used.Iron | deficiency anemia is associated with

| | higher HbA1c |

DR N N SINGH (PATHOLOGIST)

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Name

MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor

MAR23-44285 Reg. No.

: Mediwheel Pat. Type



Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:21 pm

Reporting Time: 25-03-2023 2:02 pm

Publish Time : 25-03-2023 2:08 pm

Test Name	Result	Flag	Unit	Reference Range
Liver Function Test (LFT)				
Method: Spectrophotometry			Machine Name:	XL-640
Bilirububin Total (Diazo)	0.6		mg/dl	0.3-1.2
Bilirububin Direct (Diazo)	0.2		mg/dl	0.00-0.2
Bilirububin Indirect (Calculated)	0.4		mg/dl	0.00-1.0
SGPT (IFCC without PDP)	51.5	н	U/L	7-50
SGOT (IFCC without PDP)	26.8		U/L	5-45
Alkaline Phosphate (PNP AMP Kinetic)	182.5		U/L	70-306
GGT (Enzymatic)	71.2	н	U/L	0-55
Protein Total (Biuret)	7.0		g/dl	6.4-8.3
Albumin (BCG)	4.7		g/dl	3.5-5.2
Globulin (Calculated)	2.3		g/dl	2.3-3.5
: G Ratio (Calculated)	2.0			0.8-2.0





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Name

MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor Reg. No.

MAR23-44285

Pat. Type

Mediwheel

Collection Time: 25-03-2023 12:11 pm

Receiving Time: 25-03-2023 12:21 pm Reporting Time: 25-03-2023 2:02 pm

Publish Time : 25-03-2023 2:08 pm

Test Name	Result	Flag	Unit	Reference Range
Haematology				
BLOOD GROUP, ABO & RH TYPING				
Method: Agglutination				
ABO GROUP	0			0-0
RH TYPING	POSITIVE		•	0-0
ESR (Erythrocyte Sedimentaion Rate)  Method: Westergren			Machine Name:	VES-MATIC 20
ESR	15	н	mm/hr	0-10

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Name

MR. DEEPAK KUMAR

Age / Sex

Doctor

MAR23-44285

30 Yrs / Male

Reg. No. Pat. Type

: Mediwheel

Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:21 pm

Reporting Time: 25-03-2023 2:02 pm

Publish Time : 25-03-2023 2:08 pm

Test Name	Result	Flag	Unit	Reference Range
Complete Blood Count (CBC)  Method: Electronical Impedence			Machine Name:	Sysmex 6 part
Hemoglobin	14.6		g/dl	13-18
Total Leukocyte Count (TLC)	5,200		/cu-mm	4000-11000
PCV	42.7		%	40-50
МСН	30.8		Pg	27-31
мснс	34.3		g/dl	31.5-35.5
Red Cell Distribution Width (RDW)	15.6	Н	%	11.6-14
Neutrophils	70		%	55-75
Lymphocytes	34	н	%	15-30
Eosinophils	04		%	1-6
Monocytes	02	***	%	2-10
Basophils	00		%	0-1
RBC Count	4.75		million/mm3	4.5-5.5
Mean Carpuscular Volume (MCV)	89.8		fL	83-101
Platelet Count	1.89		lakhs/cumm	1.5-4.5





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MR. DEEPAK KUMAR Name

30 Yrs / Male Age / Sex

Doctor

Reg. No. MAR23-44285

Pat. Type Mediwheel

Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:21 pm

Reporting Time: 25-03-2023 2:02 pm Publish Time : 25-03-2023 2:08 pm

Test Name	Result	Flag	Unit	Reference Range

Immunology and Serology			
THYROID PROFILE, TOTAL, SERUM		Machine Name:	Vitros ECi
T3, Total	1.28	ng/ml	0.8-2.0
T4, Total	9.74	μg/dL	5.10-14.10
TSH (Ultrasensitive)	2.06	mIU/mL	0.27-4.2

Interpretation:

1. TSH levels are subject to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm. The variation is of the order of 50% . hence time of the day has influence on the measured serum TSH concentrations.

2. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy.

3. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration

4. Values < 0.03 uIU/mL need to be clinically correlated due to presence of a rare TSH variant in some individuals.





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Name

MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor

Reg. No. :

MAR23-44285

Pat. Type :

Mediwheel





Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:20 pm Reporting Time: 27-03-2023 10:59 am Publish Time: 27-03-2023 11:42 am

Test Name	Result	Flag	Unit	Reference Range
Routine Urine Examination; Urine Method: Microscopic				
Appearance	CLEAR			
Colour	STRAW			
Volume	30 -		ml.	
Protiens	NIL			
Glucose	NIL			
PH	6.5			
Specific Gravity	1.005	2		
Bilirubin	NEGATIVE			
Ketone Bodies	xx			
Bile Salts	XX			
Bile Pigments	XX			
Nitrite	NEGATIVE			
Pus Cells	1-2		/hpf.	
Epithelial Cells	1-2		/hpf.	
R.B.C.	NIL		/hpf.	
Casts	NOT SEEN		/hpf.	
Crystals	NOT SEEN		/hpf.	
others	NOT SEEN		÷	

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DR N N SINGH (PATHOLOGIST)

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I) it is presumed that the testics, performed the said specimen(s) Sample(s)(2)Laboratory investigations are only too to facilitate in arriving at diagnosis and should be clinically correlated. (3)Tests results a persentality was at the point of generation of the said specimen(s) Sample(s)(2)Laboratory investigations are only too to facilitate in arriving at diagnosis and should be clinically correlated. (6)Incorre of valid for medico legal Purposes. (4)Test requested might not be performed due to following Reason; (a)Specimen encoration to interpretable the sample as the test requisition form. (5) The Results pecimen type for requested test. (c)Specimen quality is unsatisfactory. (d) There is a discrepancy between the label on the specimen container and the Name on the test requisition form. (5) The Results of a laboratory test are dependent on the quality of the sample as well as the assay technology. (7)In case of quent represented test results please call at +91 9297862282, Emall-labasarfi@gmail.com



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Name

: MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor

Reg. No.

MAR23-44285

Pat. Type Mediwheel





Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:20 pm Reporting Time: 27-03-2023 10:59 am

Publish Time : 27-03-2023 11:42 am

Test Name	Result	Flag	Unit	Reference Range
Protein:Creatinine Ratio; Urine				
Method: Immunoturbidimetry, Spectrophotometry				
Protein	23.0		mg/L	
Creatinine	100.0		mg/dl	
PCR	0.2		mg/g	0-0.5

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Page 6 of 10

or valid for medico legal Purposes.(4)Test requested might not be performed due to following its pecimen (s) Sample(s)(2)Laboratory invest operations the performed due to following its pecimen type for requested test. (c)Specimen quality is unsatisfactory. (d) There is a discrepante Test May vary from lab and also from time to time for the same patient. (6) The results of a lat curexpected test results please call at +91 9297862282, Email-labasarf@gmail.com rvestigations are only tool to facilitate in arriving at dia ving Reason: (a)Specimen received is insufficient or repancy between the label on the specimen container t. (6) The results of a laboratory test are dependent on the quality of the sample as well as the assay to



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Name

MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor

Reg. No.

Pat. Type

MAR23-44285

Mediwheel

Collection Time: 25-03-2023 12:11 pm

Receiving Time: 25-03-2023 12:20 pm Reporting Time: 27-03-2023 10:59 am

Publish Time : 27-03-2023 12:09 pm

Test Name

Flag

Unit

Reference Range

vitek 2 compact

Result

Machine Name:

Microbiology

**Culture & Sensitivity (Urine)** 

Method: vitek 2 compact

Organism Isolated

NO GROWTH OF ANY

**ORGANISM** 

Note:

In view of developing antibiotics resistance in inida. It is advisable to use anitbiotics belonging to Group B & C only if the patient is resistant to antibiotics.

\* Insturment used Bact/Alert 3D 60 & vitek 2 compact.

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Name

MR. DEEPAK KUMAR

Age / Sex

30 Yrs / Male

Doctor

Reg. No. : MAR23-44285

Pat. Type :

: Mediwheel





Collection Time: 25-03-2023 12:11 pm Receiving Time: 25-03-2023 12:21 pm Reporting Time: 26-03-2023 4:38 pm

Publish Time : 26-03-2023 4:40 pm

Test Name

Result

Flag

Unit

Reference Range

Interpretation:

HbA1c result is suggestive of at risk for Diabetes (Prediabetes)/ well controlled Diabetes in a known Diabetic.

Note: Presence of Hemoglobin variants and/or conditions that affect red cell turnover must be considered, particularly when the HbA1C result does not correlate with the patient's blood glucose levels.

FACTORS THAT INTERFERE WITH Hba1c | FACTORS THAT AFFECT INTERPRETATION | | MEASUREMENT | OF HBA1C RESULTS |

|-----|-----|------|------|

| Hemoglobin variants, elevated fetal | Any condition that shortens erythrocyte | hemoglobin (HbF) and chemically | survival or decreases mean erythrocyte | modified derivatives of hemoglobin | age (e.g., recovery from acute blood loss, | (e.g. carbamylated Hb in patients | hemolytic anemia, HbSS, HbCC, and HbSC) | with renal failure) can affect the | will falsely lower HbA1c test results | accuracy of HbA1c measurements | regardless of the assay method used.Iron | | deficiency anemia is associated with |

Glucose, PP

Method: GOD-POD

Glucose, PP

80.2

mg/dl

70-140

Note: Additional tests available for Diabetic control are Glycated Hemoglobin (HbA1c), Fructosamine

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ondition of Laboratory Testing & Reporting

(1) It is presumed that the test(s) performed are on the specimen(s) (Sample(s) belonging to the patient named or Identified and the verification of the particulars have been carried out by the patient or his/her representative at the point of generation of the said specimen(s) Sample(s) (2)Laboratory investigations are only tool to facilitate in arriving at diagnosis and should be clinically correlated. (3) Tests results are not valid for medico legal Purposes, (4) Test (equested might not be performed due to following Reason: (a) Specimen received is insufficient or inappropriate. (haemolysed/clotted/lipemic etc.) (b) Incorrect specimen type for requested test. (c) Specimen quality is unsatisfactory. (d) There is a discrepancy between the label on the specimen container and the Name on the test requisition form. (5) The Results of The Test May vary from lab and also from time to time for the same patient. (6) The results of a laboratory test are dependent on the quality of the sample as well as the assay technology. (7) In case of queries of unexpected test results please call at +91 9297862282, Email-labasarfi@gmail.com