

B-120/80

Health Check up Booking Request(bobE48583), Beneficiary Code-31089

Mediwheel <wellness@mediwheel.in>
To: insurancedckc234@gmail.com
Cc: customercare@mediwheel.in

H-145
W-56
18 October 2023 at 11:06



Mediwheel
...Your wellness partner



011-41195959

Email:wellness@mediwheel.in

Dear Dr. Charu Kohli Clinic,

City : Delhi . Address : A C-234, Block C, Defence Colony ,

We have received the confirmation for the following booking .

Name : MR. GUPTA MAHESH KUMAR
Age : 33
Gender : Male
Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40
Contact Details : 7046064777
Booking Date : 18-10-2023
Appointment Date : 22-10-2023

| Member Information | | | |
|-------------------------|-----|--------|--------------|
| Booked Member Name | Age | Gender | Cost(In INR) |
| MR. GUPTA MAHESH KUMAR | 33 | Male | Cashless |
| Total amount to be paid | | | Cashless |

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Metro Full Body Health Checkup Male Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

NAME : MAHESH KUMAR GUPTA
AGE/SEX : 35 Y/M
DATE : 22.10.2023

| HEIGHT | WEIGHT | BMI | BP |
|---------------|--|------|-------------|
| 145 cm | 56 kg | 26.6 | 120/80 mmHg |
| HABITS | SMOKING : NO ALCOHOL : NO DRUGS : NO | | |

Family History:

- Asthma : NO
- Diabetes : FATHER HAS DM X 15 YRS
- Heart Disease : NO
- BP : FATHER HAS HTN X 15 YRS
- Cancer : NO
- THYROID : MOTHER HAS HYPOTHYROIDS X 8 YRS

Personal History:

- TB : NO
- Heart Disease : NO
- Acquired deformity : NO
- Operated for : LSCS X 2021
- Diabetes : NO
- THYROID : NO
- BP : NO
- Asthma : NO

| ve / sion | DISTANCE VISION | | NEAR VISION | | COLOUR VISION | GLASSES |
|--------------|-----------------|--------|-------------|--------|---------------|---------|
| | RT Eye | LT Eye | RT Eye | LT Eye | | |
| | 6/9 | 6/9 | N/6 | N/6 | | |

Kamaljeet Kaur

MBBS, MD
DMC - 32639
Signature of Medical Examiner :

DR. CHARU KOHLI CLINIC

C-234, DEFENCE COLONY, NEW DELHI

Mr. MAHESH KUMAR GUPTA
 Age/Sex : 35/M
 Recorded : 22-10-2023 11:05
 Ref by :
 Indication :

ID : 883
 H/W : /

TREADMILL TEST SUMMARY REPORT
 Protocol: BRUCE
 History:
 Medication :



| PHASE | PHASE TIME | STAGE TIME | SPEED (km/hr.) | GRADE (%) | H.R. (BPM) | B.P. (mmHg) | RPP X100 | II | ST LEVEL (mm) V2 | V5 | METS |
|---------------|------------|------------|----------------|-----------|------------|-------------|----------|-----|------------------|-----|-------|
| SUPINE | | | | | | | | | | | |
| HYPERVENT | 0:22 | 0:22 | | | 94 | 120/80 | 112 | 1.4 | 1.4 | 1.6 | |
| VALSALVA | | | | | 84 | 120/80 | 100 | 1.5 | 1.5 | 1.7 | |
| STANDING | | | | | 70 | 120/80 | 84 | 1.0 | 1.1 | 2.0 | |
| | | | | | 108 | 120/80 | 129 | 1.7 | 1.4 | 1.9 | |
| STAGE 1 | 2:59 | 2:59 | 2.70 | 10.00 | 118 | 126/80 | 148 | 1.8 | 1.7 | 2.2 | 4.80 |
| STAGE 2 | 5:59 | 2:59 | 4.00 | 12.00 | 131 | 130/82 | 170 | 1.6 | 1.7 | 1.0 | 7.10 |
| STAGE 3 | 8:59 | 2:59 | 5.40 | 14.00 | 151 | 140/84 | 211 | 1.6 | 2.0 | 1.7 | 10.00 |
| STAGE 4 | 9:59 | 0:59 | 6.70 | 16.00 | 167 | 144/84 | 240 | 1.7 | 1.9 | 2.5 | 11.32 |
| PEAK EXERCISE | 10:00 | 1:00 | | | 167 | 144/84 | 240 | 1.8 | 1.8 | 2.4 | 11.34 |
| RECOVERY | 2:59 | 2:59 | 0.00 | 0.00 | 107 | 130/82 | 139 | 1.2 | 1.8 | 2.2 | |
| RECOVERY | 5:59 | 5:59 | 0.00 | 0.00 | 97 | 126/82 | 122 | 0.7 | 1.0 | 1.1 | |

RESULTS
 Exercise Duration : 10:00 Minutes
 Max Heart Rate : 167 bpm 90 % of target heart rate 185 bpm
 Max Blood Pressure : 144/84 mmHg
 Max Work Load : 11.34 METS
 Reason of Termination :

negative for PMF consistent parameter of exercise

by
DR. D. R. RAJIV
 MBBS, MD
 DM (Cardiology)
 CONSULTANT CARDIOLOGIST

Cardiologist

MR MAHESH KUMAR GUPTA

ID : 883

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

RATE : 94 BPM

B.P. : 120/80 mmHg

DR. CHARU KOHLI CLINIC

SUPINE
PRETEST

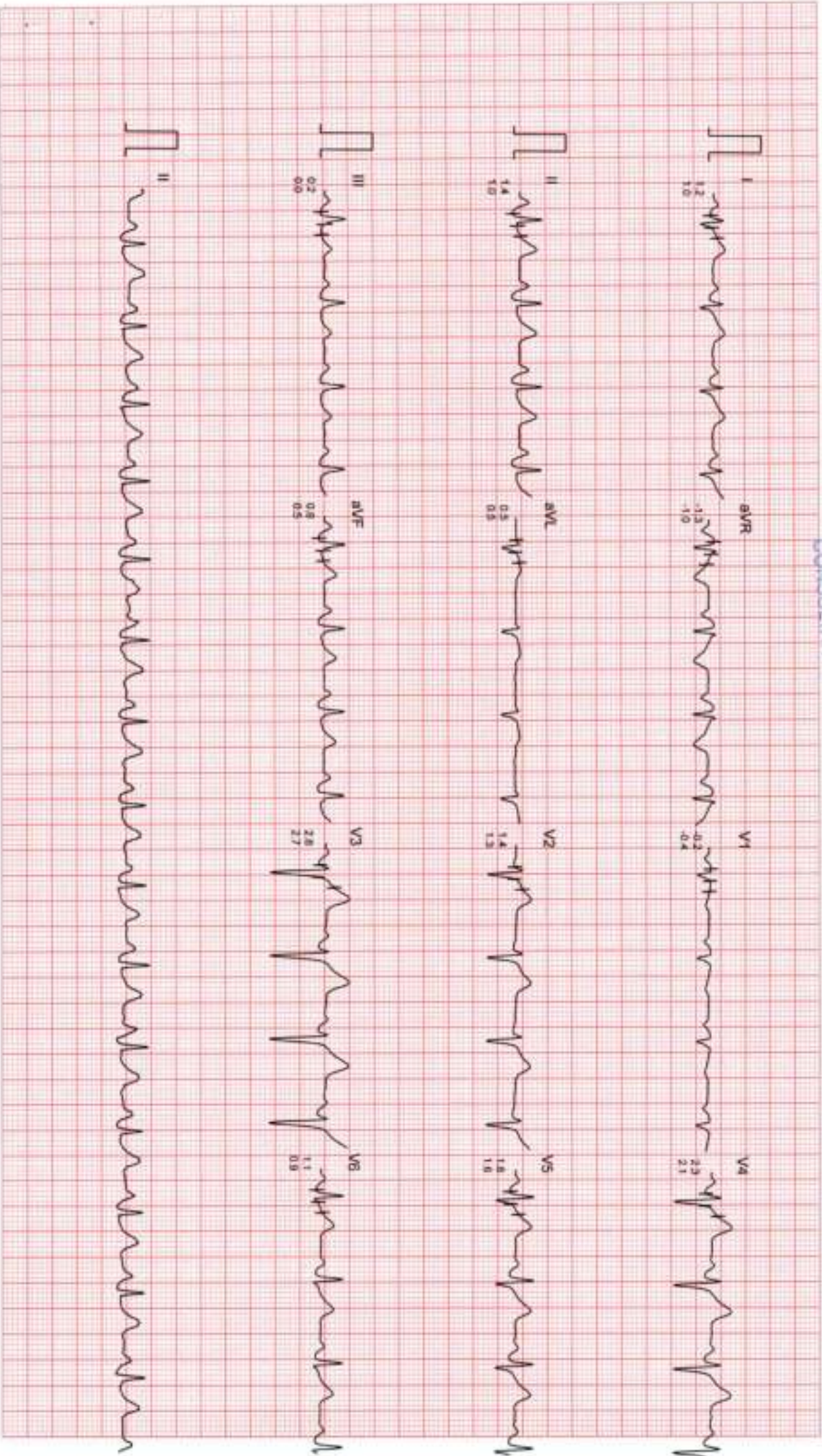
Lyzi
DR. D. R. RAJIV
MBBS, MD
DMC-40748

CONSULTANT CARDIOLOGIST

Charu Kohli

ST @ 10mm/mV
80ms PostU

LINKED MEDIUM



Mr. MAHESH KUMAR GUPTA

I.D. : 883

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

RATE : 84 BPM

B.P. : 120/80 mmHg

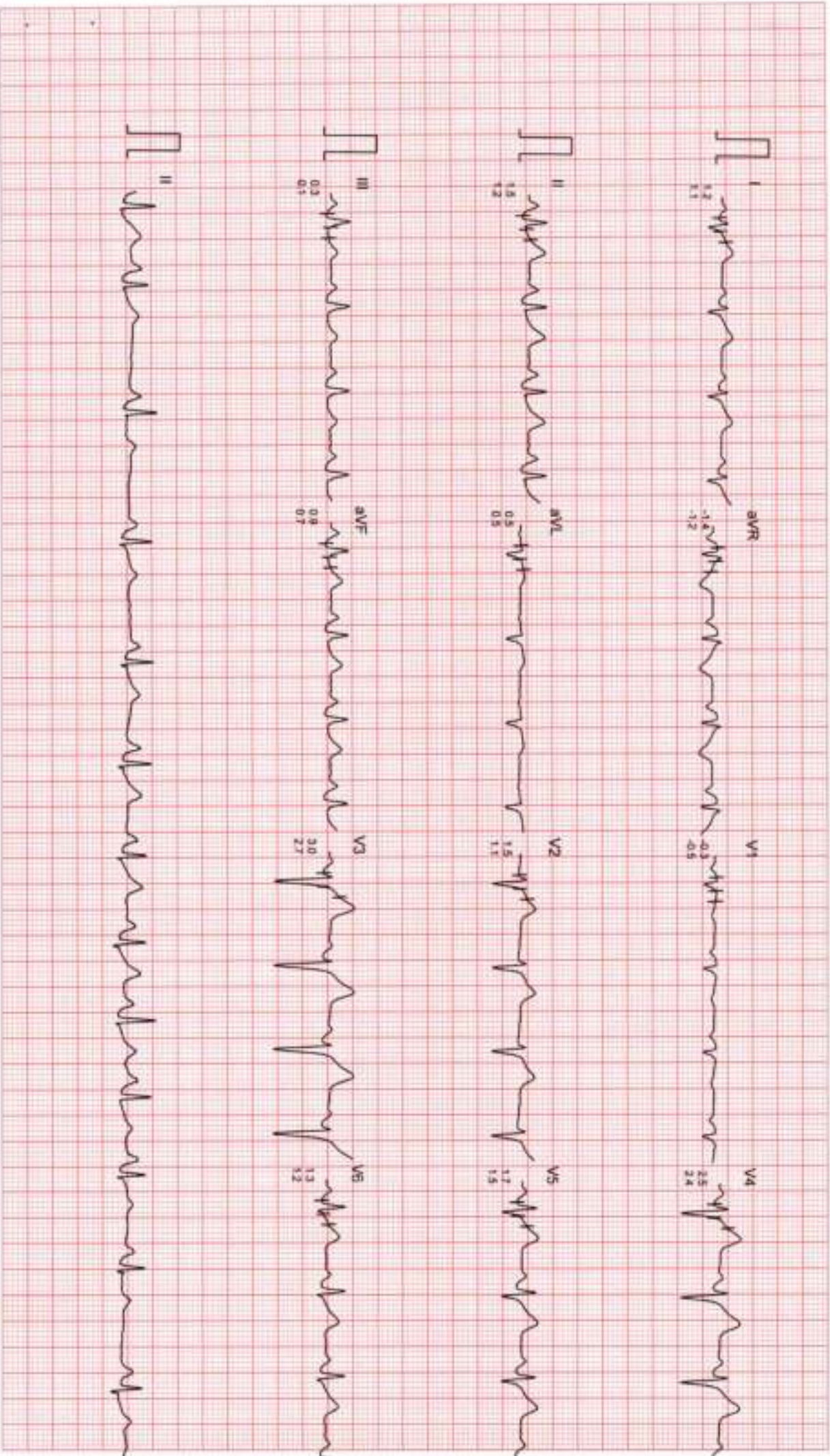
DR. CHARU KOHLI CLINIC

HYPERVENTILATION
PRETEST

STAGE TIME : 0:22

ST @ 10mm/mV
80ms PostL

LINKED MEDIUM



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, TeleFax 091-731-2431214

Mr. MAHESH KUMAR GUPTA

ID : 893

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

RATE : 70 BPM

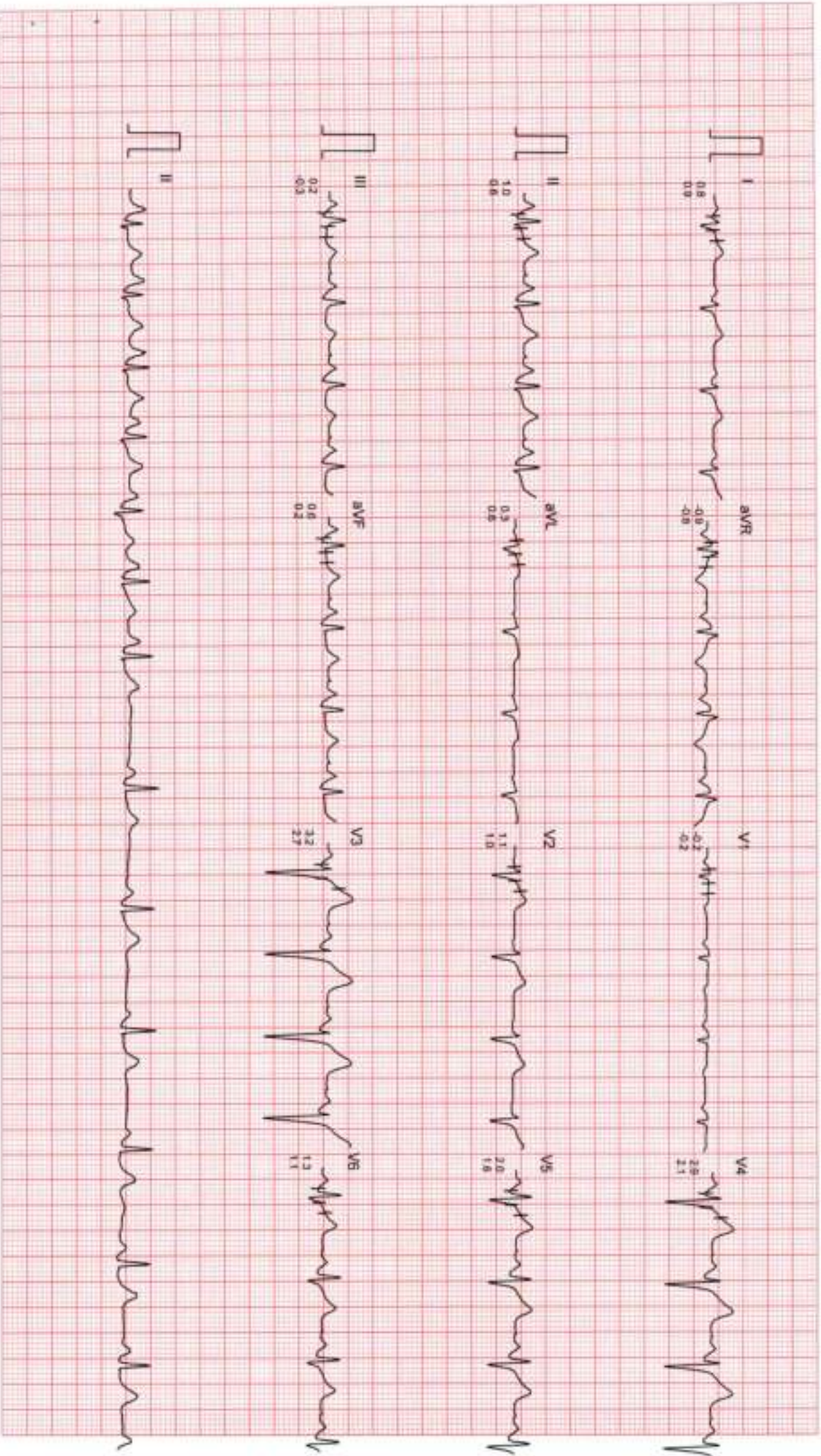
B.P. : 120/90 mmHg

DR. CHARU KOHLI CLINIC

VALSALVA
PRETEST

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardCom, INDIA Ph. 091-731-2620740, Telefax 091-731-2431214

Mr. MAHESH KUMAR GUPTA

I.D. : 865

AGE/SEX : 35M

RECORDED : 22-10-2023 11:05

RATE : 108 BPM

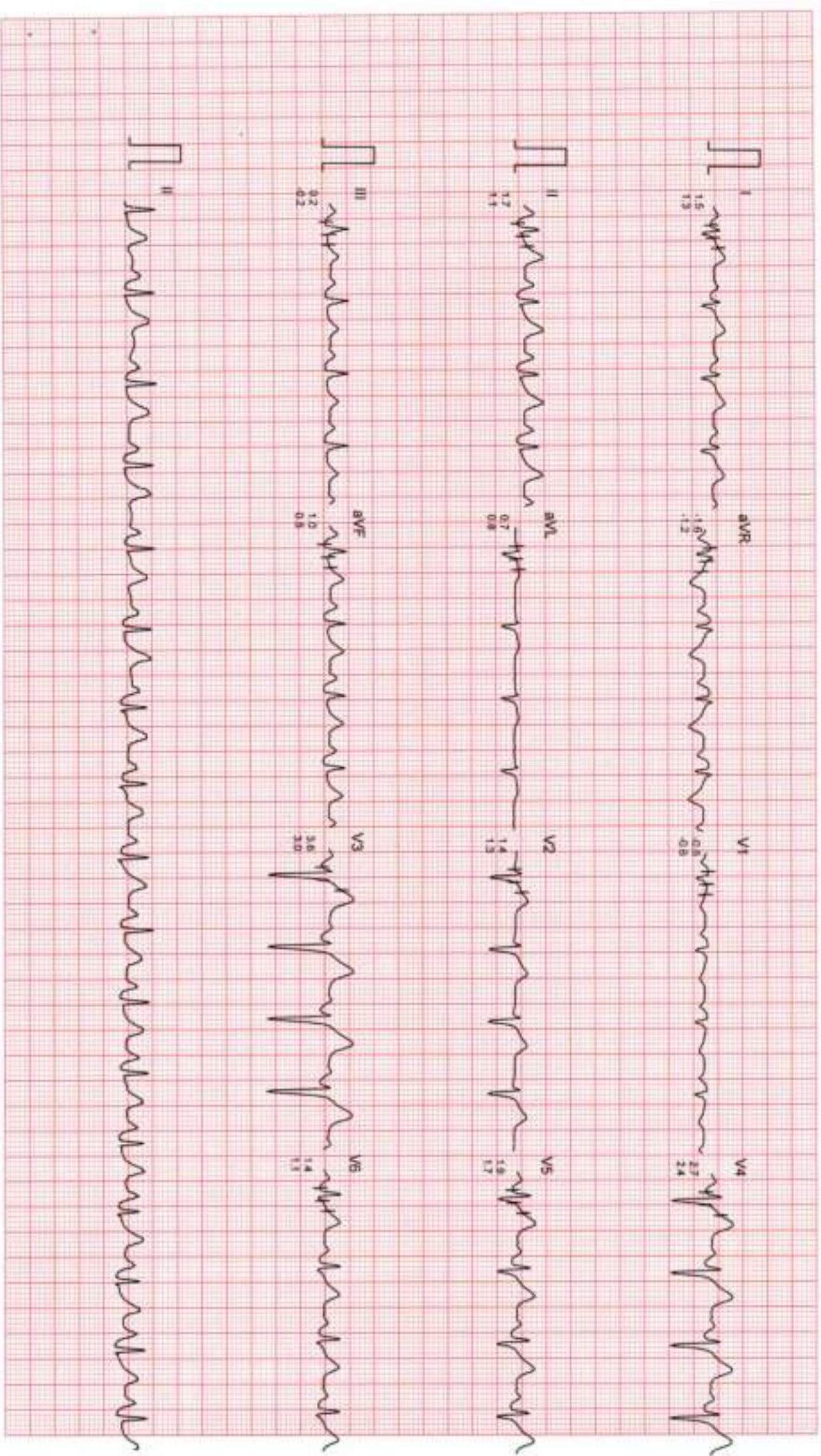
B.P. : 120/80 mmHg

DR. CHARU KOHLI CLINIC

STANDING
PRETEST

ST @ 10mm/mV
80ms PostJ

LINKED MEDIUM



Filtered

Computer Corrected Baseline

Zoom/sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, Tel/Fax 091-731-2431214

DR. CHARU KOHLI CLINIC

Mr. MAHESH KUMAR GUPTA

ID : 603

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

RATE : 118 BPM

B.P : 126/80 mmHg

BRUCE

EXERCISE 1

PHASE TIME : 2:59

STAGE TIME : 2:59

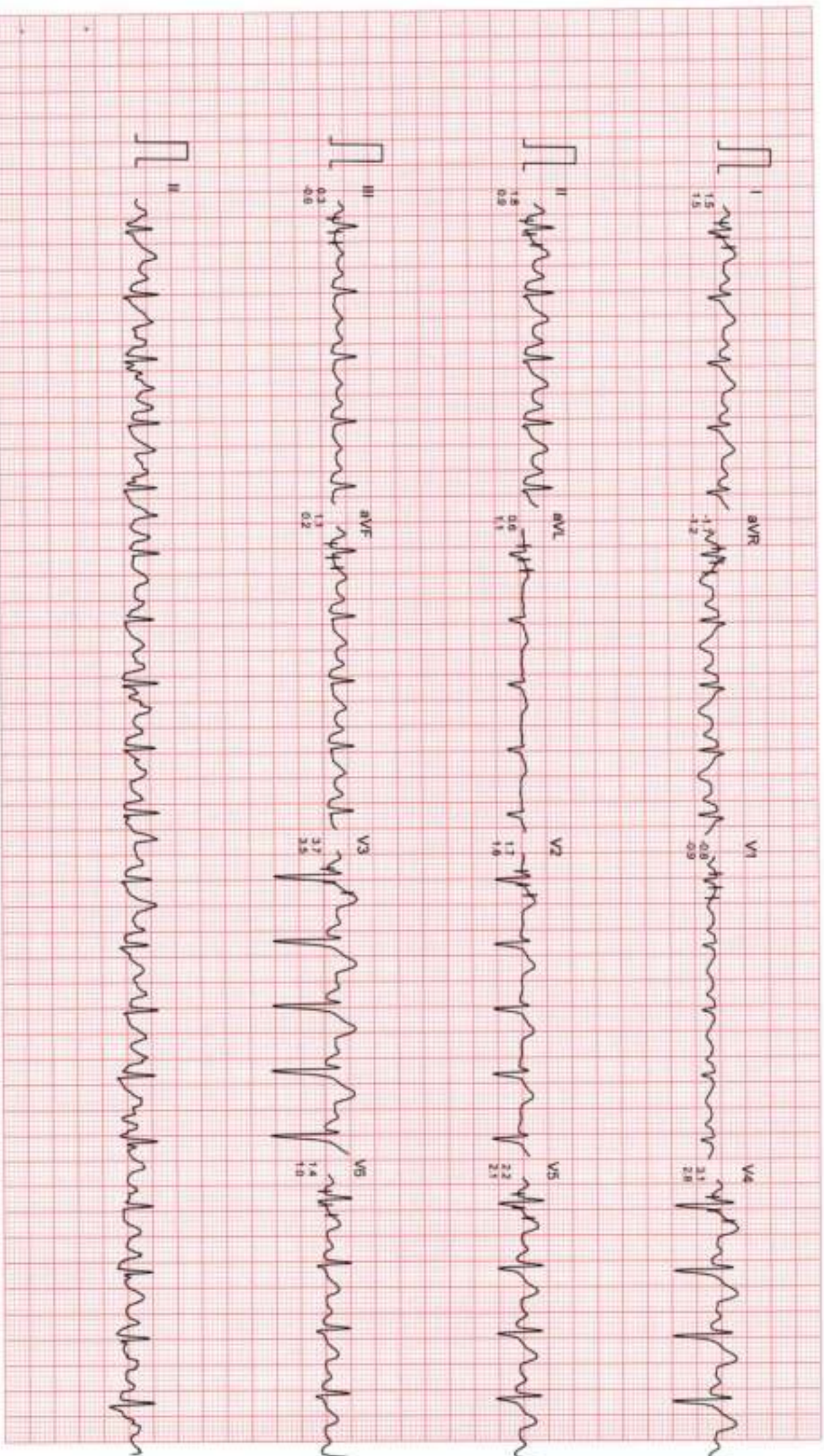
ST @ 10mm/mV

80ms PostU

SPEED : 2.7 Km./hr.

GRADE : 10.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/Sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, TeleFax:091-731-2431214

Mr. MAHESH KUMAR GUPTA

ID : 883

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

RATE : 131 BPM

B.P. : 130/82 mmHg

DR. CHARU KOHLI CLINIC

BRUCE

EXERCISE 2

PHASE TIME : 5:59

STAGE TIME : 2:59

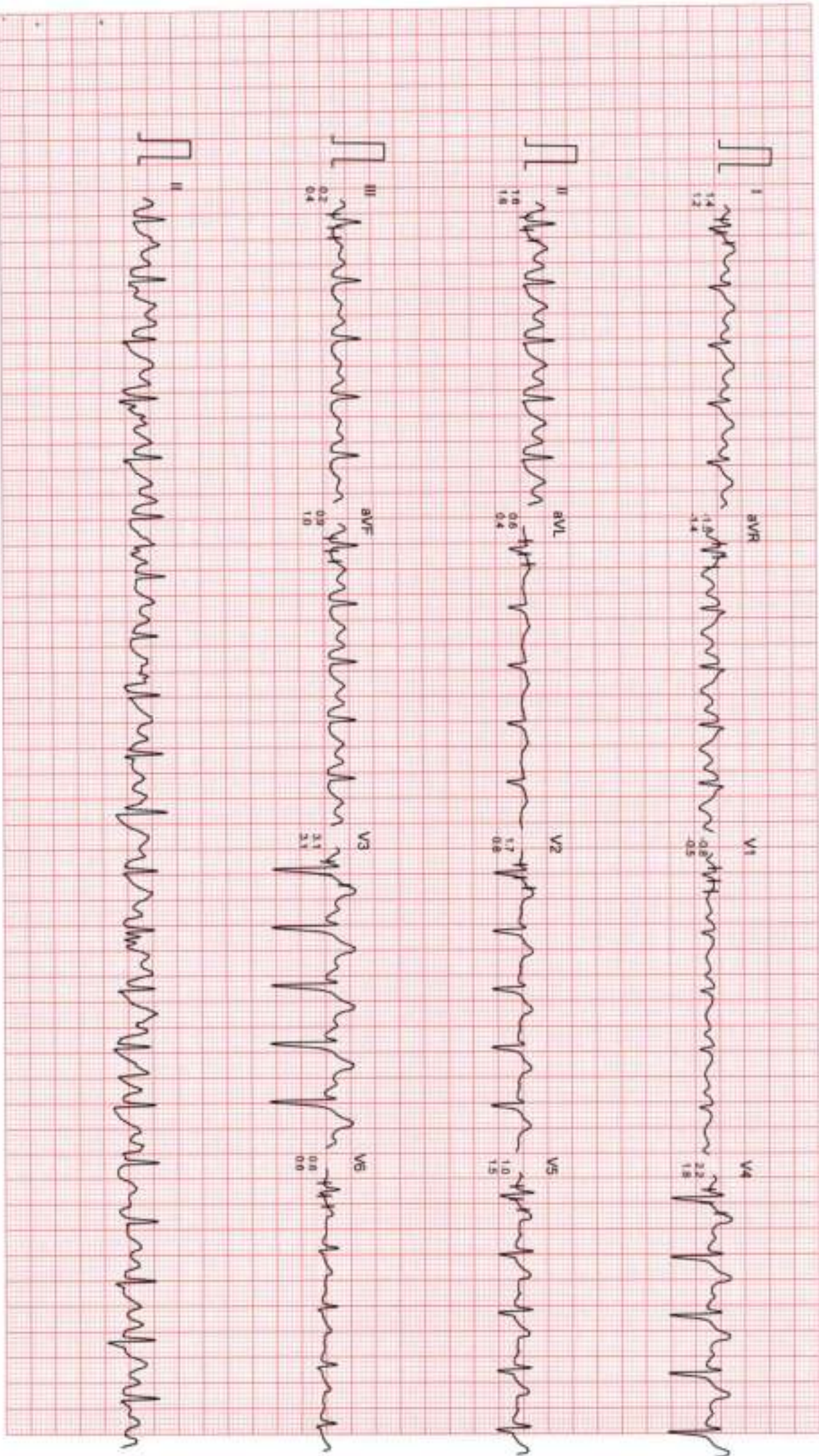
ST @ 10mm/mV

80ms PostU

SPEED : 4.0 Km./hr.

GRADE : 12.0 %

LINKED MEDIAN



Fibered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph. : 091-731-2020740, TollFree: 091-731-2431214

DR. CHARU KOHLI CLINIC

Mr. MAHESH KUMAR GUPTA

ID : 893

AGE/SEX : 35M

RECORDED : 22-10-2023 11:05

RATE : 151 BPM

B.P : 140/94 mmHg

BRUCE

EXERCISE 3

PHASE TIME : 8:59

STAGE TIME : 2:59

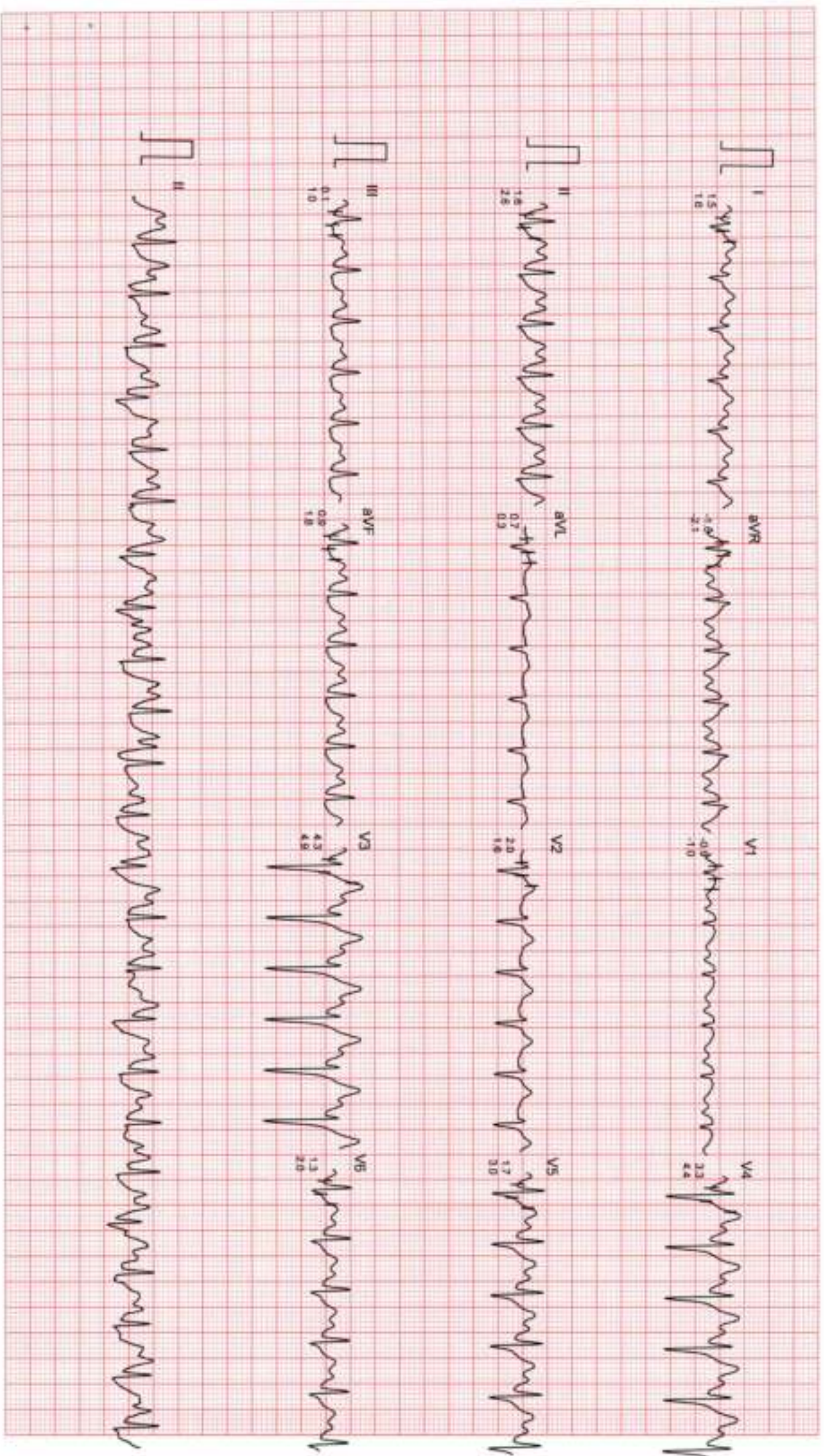
ST @ 10mm/mV

80ms PostJ

SPEED : 5.4 Km./hr.

GRADE : 14.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

Zscrn/sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, Telefax: 091-731-2431214

DR. CHARU KOHLI CLINIC

Mr. MAHESH KUMAR GUPTA

I.D : 693

AGE/SEX : 35M

RECORDED : 22-10-2023 11:05

RATE : 167 BPM

B.P. : 144/84 mmHg

BRUCE

EXERCISE 4

PHASE TIME : 9:59

STAGE TIME : 0:59

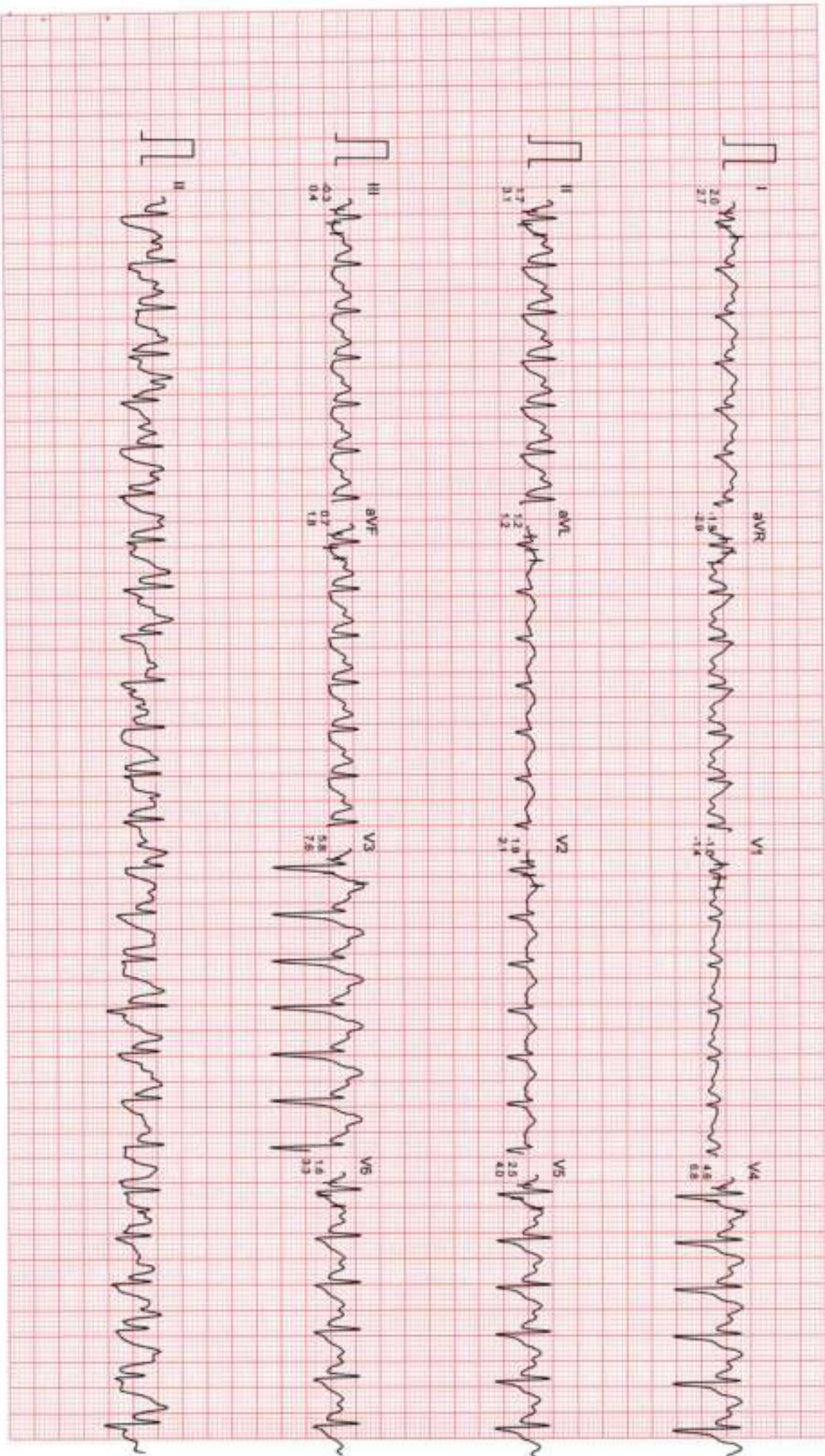
ST @ 10mm/mV

80ms PostU

SPEED : 6.7 Km./Hr.

GRADE : 16.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/Sec 10mm/mV

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DR. CHARU KOHLI CLINIC

Mr. MAHESH KUMAR GUPTA

I.D. : 883

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

RATE : 167 BPM

B.P. : 144/84 mmHg

BRUCE

PEAK EXERCISE

PHASE TIME : 10:00

STAGE TIME : 1:00

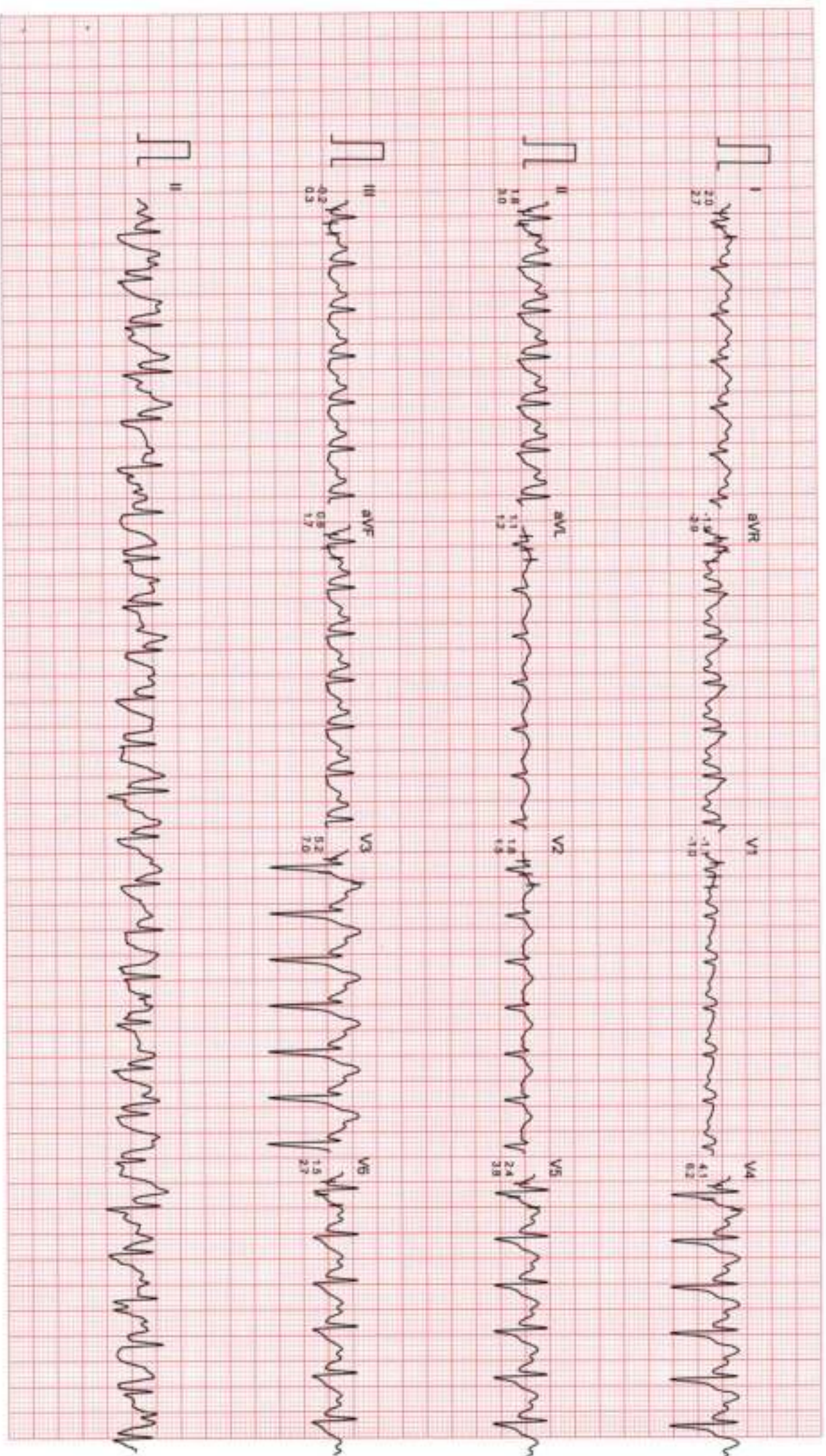
ST @ 10min/mv

80ms PostJ

SPEED : 6.7 Km./Hr.

GRADE : 16.0 %

LINKED MEDIAN



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Computer Corrected Baseline

25mm/sec 10mm/mV

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DR. CHARU KOHLI CLINIC

Mr. MAHESH KUMAR GUPTA

ID : 883

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

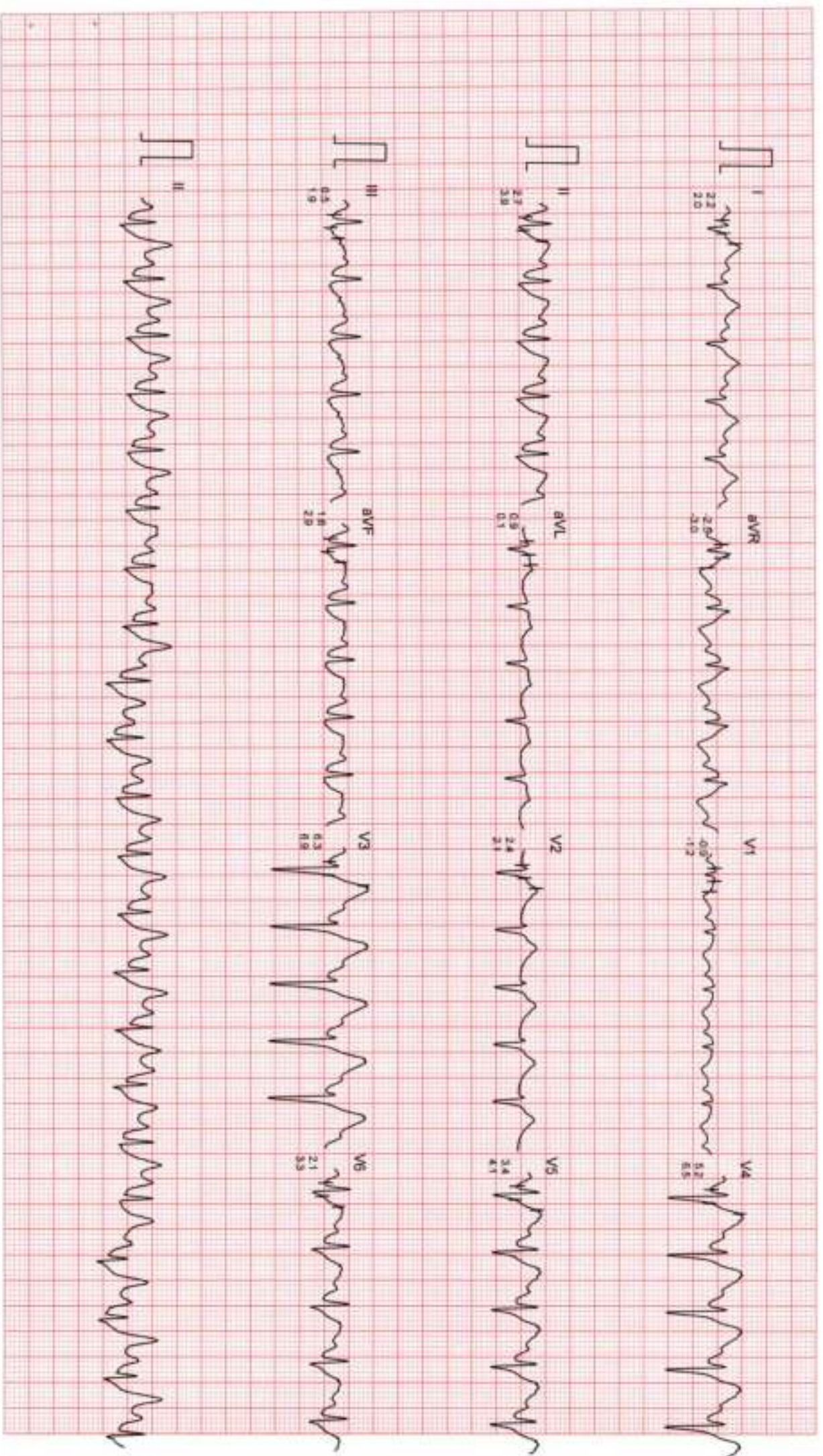
RATE : 133 BPM

B.P. : 138/84 mmHg

BRUCE
RECOVERY
PHASE TIME : 0:59

ST @ 10mm/mV
Boris PostI
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIUM



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA Ph. 091-731-2620740, T.elfax:091-731-2431214

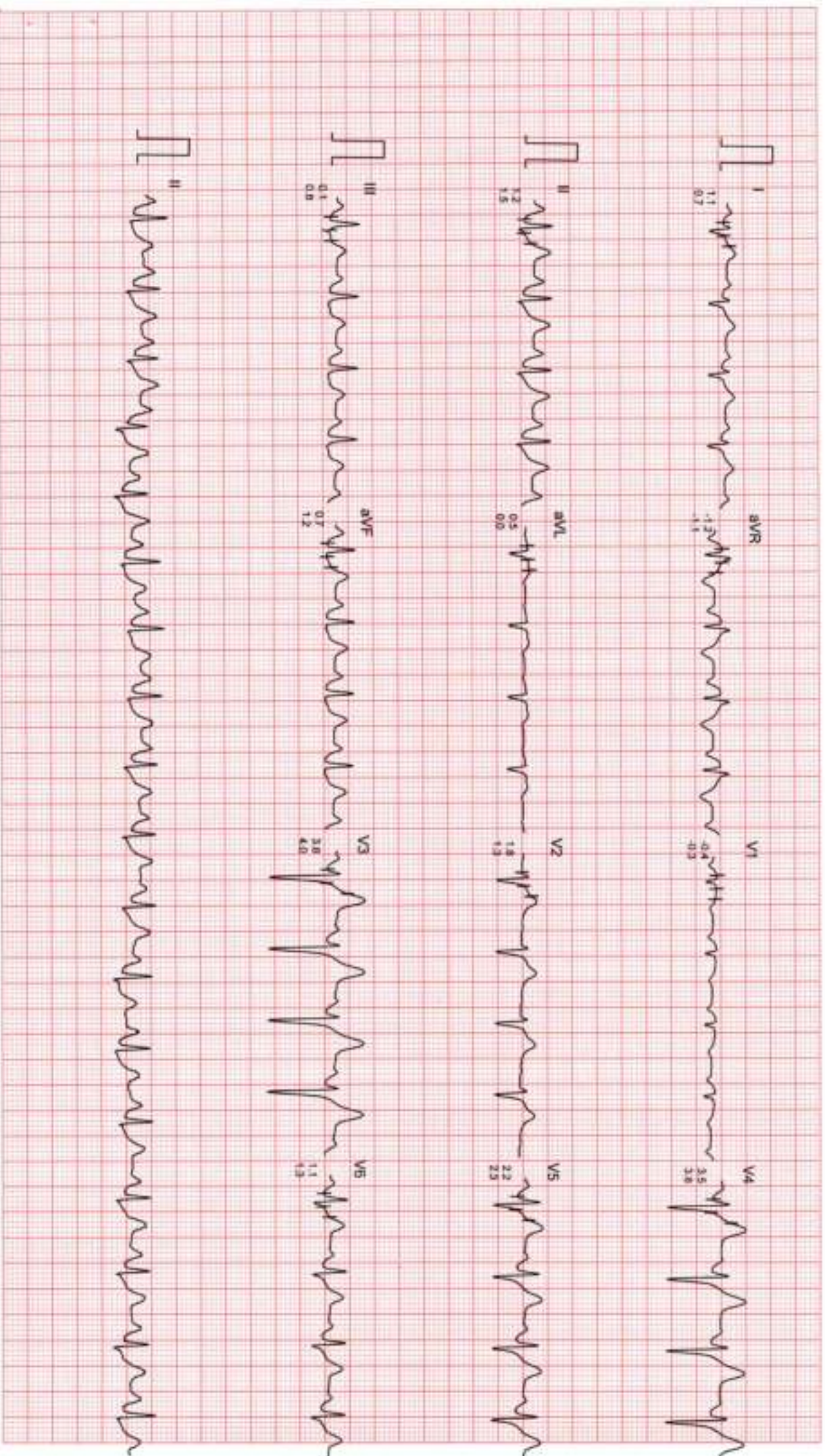
DR. CHARU KOHLI CLINIC

Mr MAHESH KUMAR GUPTA
ID : 883
AGE/SEX : 35/M
RECORDED : 22-10-2023 11:05

RATE : 107 BPM
B.P : 130/82 mmHg

BRUCE
RECOVERY
PHASE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %
LINKED MEDIUM



Filtered Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCon, INDIA Ph. 091-731-2620740, TeleFax: 091-731-2431214

DR. CHARU KOHLI CLINIC

Mr. MAHESH KUMAR GUPTA

ID : 883

AGE/SEX : 35/M

RECORDED : 22-10-2023 11:05

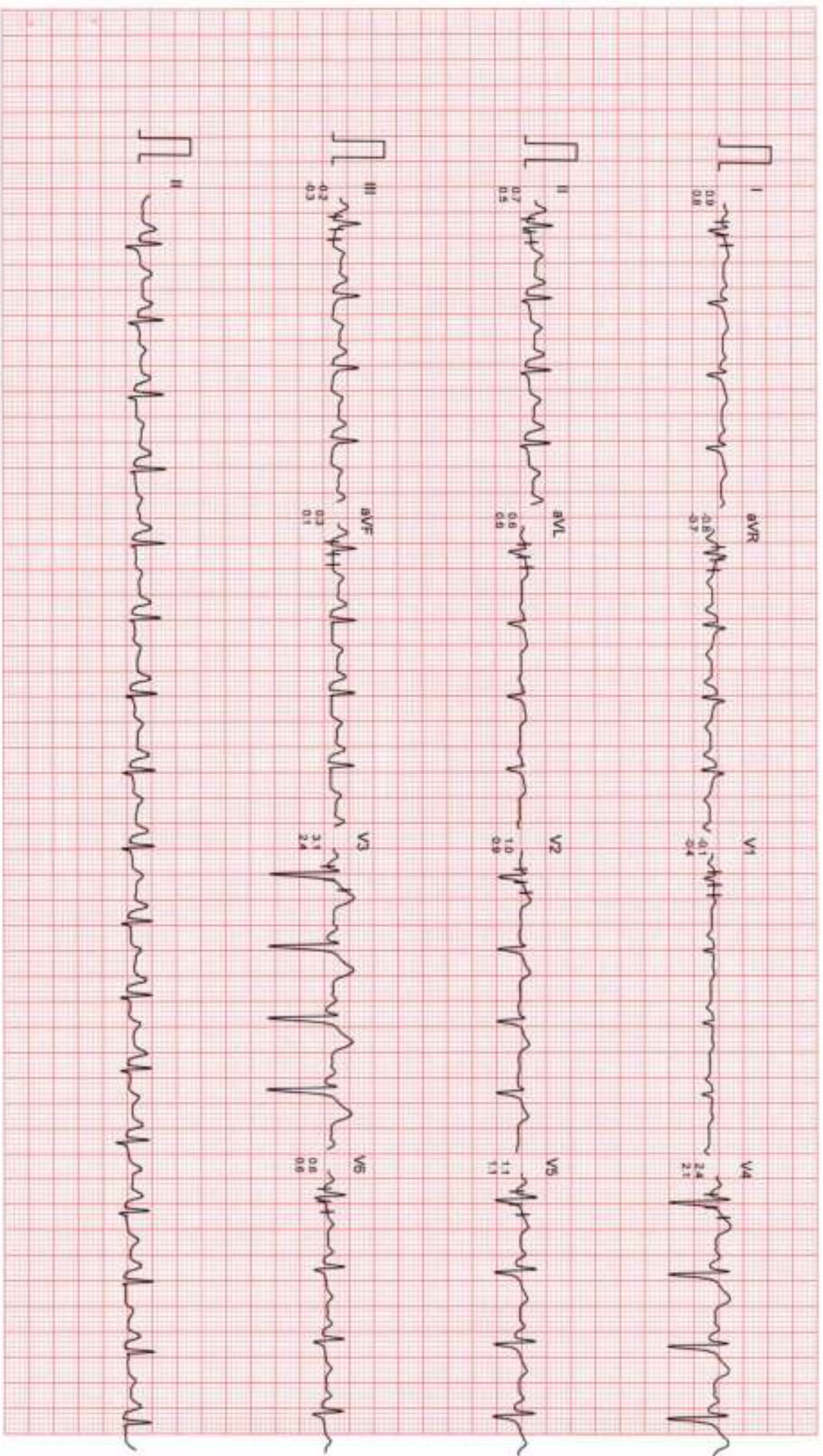
RATE : 97 BPM

B.P. : 126/82 mmHg

BRUCE
RECOVERY
PHASE TIME : 5:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./hr.
GRADE : 0.0 %

LINKED MEDIUM



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Computer Corrected Baseline

25mm/sec 10mm/mV

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