



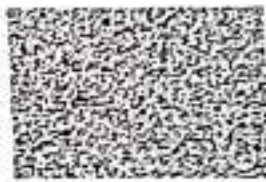
ಭಾರತ ಸರ್ಕಾರ  
Government of India

ಭಾರತೀಯ ಏಕೀಕೃತ ಗುರುತು ಪ್ರಾಧಿಕಾರ  
Unique Identification Authority of India

ಸೇರಿಸಿದ ಸಂಖ್ಯೆ / Enrolment No.: 0013/28008/22941

To  
ಭಾರತ್ ಕೆ ಸಿ  
Bharath K C  
Channarayana  
#Ward 15  
A B V P Road  
B Block K R Nagar Town Post  
Kalonahalli  
Mysore Karnataka - 571602  
9964696998

Signature Not Verified



ನಿಮ್ಮ ಆಧಾರ್ ಸಂಖ್ಯೆ / Your Aadhaar No. :  
**4168 1616 6272**  
VID : 9163 4288 6233 7923  
ನನ್ನ ಆಧಾರ್, ನನ್ನ ಗುರುತು



ಭಾರತ ಸರ್ಕಾರ  
Government of India



ಭಾರತ್ ಕೆ ಸಿ  
Bharath K C  
ಸುರಿಸಿದ /DOB: 13/02/1988  
ಪುರುಷ / MALE

ಸುರಿಸಿದ ಸಂಖ್ಯೆ 416816166272

6272

Infinix NOTE

Health Check up Booking Confirmed Request(bobS4974),Package Code-PKG10000474,  
Beneficiary Code-304255

Mediwheel <wellness@mediwheel.in>

Fri 1/12/2024 4:35 PM

To:Vidyavardhaka College Of Engineering Branch , Mysuru Region <VJVIDY@bankofbaroda.com>  
Cc:customercare@mediwheel.in <customercare@mediwheel.in>

You don't often get email from wellness@mediwheel.in. [Learn why this is important](#)

अ को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक ना करें या अटैचमेंट ना खोलें.  
OF THE BANK'S DOMAIN. DO NOT CLICK ON LINKS OR OPEN ATTACHMENTS UNLES

011-41195959

Dear **MS. M NEETHU K,**

We are pleased to confirm your health checkup booking request with the following details.

**Booking Date** : 11-01-2024  
**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Below 40  
**Patient Package Name** : Mediwheel Full Body Health Checkup Male Below 40  
**Name of Diagnostic/Hospital** : Dfdf  
**Address of Diagnostic/Hospital-** : Apollo Clinic, 23, Kalidasa Road, VV Mohalla, Mysore -570002  
**City** : Mysore  
**State** :  
**Pincode** : 110045  
**Appointment Date** : 13-01-2024  
**Confirmation Status** : Booking Confirmed  
**Preferred Time** : 8:00am-9:00am  
**Booking Status** : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
Bharath kc	35 year	Male

Note - Please note to not pay any amount .

**Instructions to undergo Health Check:**

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr. Bhanu K.C on 13-1-24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit, Review after _____ recommended</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr. [Signature]  
 Medical Officer  
 The Apollo Clinic, Mysore.

Apollo Health and Lifestyle Limited

*This certificate is not meant for medico-legal purposes.*

**APOLLO CLINICS NETWORK KARNATAKA**  
 Bangalore | Srirangapatna | Tumkur | Channarayana | Mysore Town | MSR Layout | Indira Nagar | JP Nagar | Kundur  
 Mysore | Hospital Road | Mysore - 570 001

**Apollo Clinic**  
 # 23, 1st Floor  
 Kalidasa Road  
 Ph : 0821 241860 500 7738

Date : 13-01-2024  
MR NO : CMYS.0000059230  
Name : Mr. BHARATH K C  
Age/ Gender : 25 Y / Male

Department : GENERAL  
Doctor : ROHITH. H. K.  
Registration No :  
Qualification :

Consultation Timing: 09:04

Height: 169	Weight: 65.7	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 120/96

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Pt case for Annual Health checkup  
No fresh complaints  
No H/o DM, HTN



Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalldasa Road, Mysore - 02  
Ph : 0821-4005340/41

Date : 13-01-2024  
MFI NO : CMYS.0000059230

Department : GENERAL  
Doctor :

Name : Mr. BHARATH K C

Registration No : Dr. Praveen Kumar. N

Age/ Gender : 25 Y / Male

Qualification :

Consultation Timing: 09:04

Height: 169	Weight: 65.1	BMI:	Waist Circum:
Temp:	Pulse:	Resp:	B.P: 120/96

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Come for regular insulin checkup

Eor bilateral 9m - normal

Nose - nasal mucosa - @

oral cavity & oropharynx - @

neck - @

Ag

- trauma

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 07  
Ph : 0821-4006040/41

Date : 13-01-2024  
MR NO : CMYS.0000059230

Department : GENERAL Dietetics  
Doctor : Madhura . P . P

Name : Mr. BHARATH K C

Registration No :

Age/ Gender : 35 Y / Male

Qualification : M.Sc Nutrition & Dietetics  
PhD\*

Consultation Timing: 09:04

TBW - 69kg

Height : 169	Weight : 65.7	BMI : 23.6 kg/m <sup>2</sup>	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/90

General Examination /  
Allergies History

Triglycerides - 179  
HDL - 35  
VLDL - 36.79

Clinical Diagnosis & Management Plan

- ⇒ Advised low-fat diet with fiber rich foods.
- ⇒ Use skimmed / toned milk instead of whole fat milk.
- ⇒ chart is given.

Follow up date :

Doctor Signature - P. P  
13/01/2024

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0821-4006040/41


Names  
Age  
Height  
Weight  
BMI

Department- Dietetics  
Name- Madhura H P  
Qualification- M.Sc Nutrition & Dietetic  
PhD\*

H/W-

- ~~Activity~~
- Do not skip any of the meals, take small frequent meals.
- Include all variety of seasonal fruits, vegetables and green leafy vegetables on regular basis.
- Include nuts like Almond, Walnuts and dry-fruits like dried dates and raisins regularly.
- Include seeds like Flax seeds, Pumpkin seeds, Sunflower seeds, Sesame seeds and watermelon seeds- 1 teaspoon each and dry roasted.
- Avoid 5 white slow poisons like Sugar, Salt, Maida, Baking soda and creams.
- Cooking oil-  $\frac{1}{2}$  litre/person/month.
- Use combination of oils like Rice bran oil, Groundnut oil, Sesame oil, Mustard oil/ Coconut oil and Ghee. Change the oil every month or 2 months. But do not mix the oils.
- Drink at least 2-3 liters of water in a day.
- Skimmed or toned milk can be used on regular basis. Since it's a rich source of protein and low in calories.
- Avoid Butter, Vanaspati and Dalda.
- Avoid deep-fried foods, Biscuits, Cookies, Bakery products, Pastries, Papad, packed and processed foods, chocolates, Alcohol, caffeine and carbonated beverages.
- Avoid junk foods like Pizza and Burger.

Dietitian signature

  
13/01/2024

Date : 13-01-2024  
MR NO : CMYS.0000059230

Department : GENERAL  
Doctor :

Name : Mr. BHARATH K C

Registration No :

Age/ Gender : 25 Y / Male

Qualification :

Consultation Timing: 09:04

Height : 169	Weight : 65.7	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P : 120/90

General Examination /  
Allergies History

Clinical Diagnosis & Management Plan

Rt eye

Lf eye

Near  
vision.

6/6

6/6.

Distant  
vision.

6/6

6/6.

Colour  
vision

(6/6)

(6/6)

Follow up date :

Doctor Signature

**Apollo Clinic**  
# 23, 1st Floor,  
Kalidasa Road, Mysore - 02  
Ph : 0824-4606040/41



Patient Name : Mr. BHARATH K C  
UHID : CMYS.0000059230  
Reported on : 13-01-2024 16:22  
Adm/Consult Doctor :

Age : 25 Y M  
OP Visit No : CMYSOPVI21315  
Printed on : 13-01-2024 16:23  
Ref Doctor : SELF

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .  
No obvious active pleuro-parenchymal lesion seen .  
Both costophrenic and cardiophrenic angles are clear .  
Both diaphragms are normal in position and contour .  
Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**

*Pradeep*

Printed on:13-01-2024 16:22

---End of the Report---

**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**  
Radiology

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**Apollo Health and Lifestyle Limited**

CIN : U65110TC2008PC115814

Regd Office: 1-10-10-1-2, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph.No: 080-4048 7777 Fax No: 4048 7788 | Email ID: enquiry@apollohl.com | www.apollohl.com

**APOLLO CLINICS NETWORK KARNATAKA**

Bangalore | Hebbal | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli |

Yeshwanthpur | Jayanagar Road | Mysore (KV Mohalla)

Online appointments: www.apolloclinics.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient Name: Mr. Bharath K C	Date: 13.01.2024	Doctor: Dr. Self
Age / Sex : 25yrs / Male	UHID No : 59230	OP:
<b>ULTRASONOGRAPHY – ABDOMEN &amp; PELVIS</b>		

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No e/o calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It Measures 102x45mm with parenchymal thickness of 15 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 98x43mm with parenchymal thickness of 14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It measures 27x28x29mm with a volume of 12 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: NORMAL STUDY.**

*Pradeep*  
**Dr. Pradeep Kumar C N, DNB**  
 Consultant Radiologist.

**Apollo Health and Lifestyle Limited**

CIN: L24110TG0000PLC115819

Regd. Office: 1, 10-10-62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph No: 080-4604 7777 | Fax No: 4604 7744 | Email ID: enquiry@apolloh.com | www.apolloh.com

**APOLLO CLINICS NETWORK KARNATAKA**

Bangalore | Basavanagudi | Bellandur | Electronic City | Frazer Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli

Koramangala | Sarjapur Road | Mysore (VV Mohalla)

Online appointment: www.apolloh.com

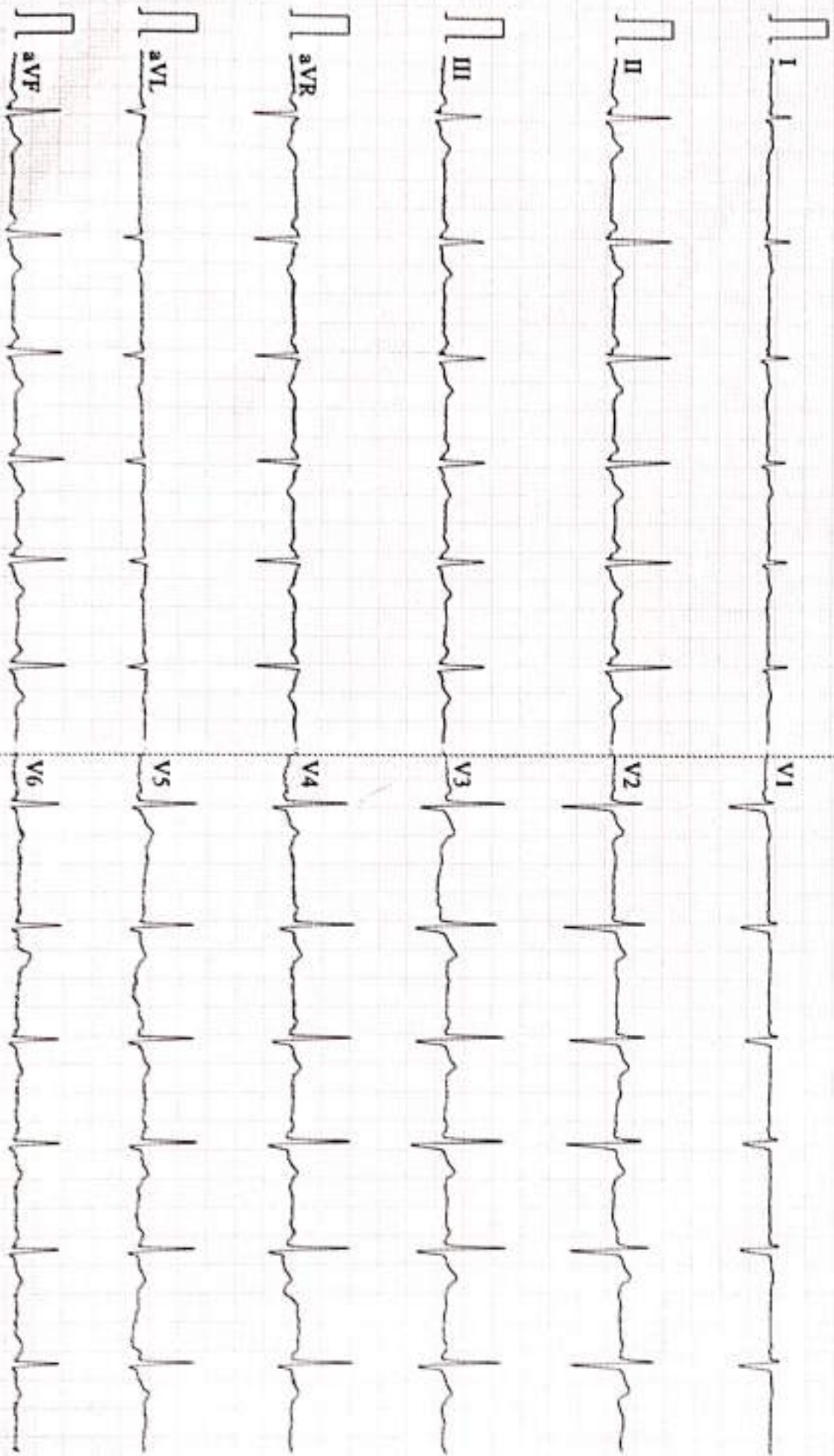
TO BOOK AN APPOINTMENT

**1860 500 7788**

Diagnosis Information:

Unconfirmed Report.

**Apollo Clinic**  
# 23, 1st Floor,  
Kallidasa Road, Mysore - 02  
Ph : 0821-4006010/41



Patient's Name : Mr. Bharath K C	Age & Sex; 35Yrs /Male
Date : 13.01.2024	UHID No:59230

### 2D ECHOCARDIOGRAPHY STUDY

**Impression:**

- Normal chambers and valves
- No regional wall motion abnormality
- Normal left ventricular systolic function. EF 60 %
- No clots. No pericardial effusion

**Findings**

Left Ventricle:	No RWMA
Right Ventricle	Normal
Left Atrium	Normal
Right Atrium	Normal
Aorta	Normal
Pulmonary Artery	Normal
IAS	Intact
IVS	Intact
Valves	Normal
Pericardium	Normal
Doppler	Normal

**Apollo Health and Lifestyle Limited**

☎ No. 185 1101 G, JCOOPLE 115#819

Regd Office: 1-10-60-62, Acharya Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016

Ph. No. 041-4304-1177 Fax No. 4304-7748 | (mail ID) enquiry@apolloh.com | www.apolloh.com

**APOLLO CLINICS NETWORK KARNATAKA**

Bangalore | Saranahalli | Hebbalur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kundalahalli | Koramangala | Lalbagh Road | Mysore (VV Mohalla)

Online appointments: www.apolloh.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

Patient's Name : Mr. Bharath K C	Age & Sex; 35Yrs /Male
Date : 13.01.2024	UHID No:59230

Measurements

AO : 2.1 cm  
LA : 2.2 cm

RV : 2.5 cm  
LVIDd : 4.41 cm  
LVIDs : 2.98 cm  
IVSd : 0.89 cm  
IVSs : 1.14 cm  
PWd : 0.89 cm  
PWs : 1.08 cm  
EF : 60.0 %  
FS : 32.0 %

Doppler  
MV TV AV PV  
E 0.72 m/s E --- m/s V max 1.88 m/s V max 0.95 m/s  
:  
A: 0.23 m/s A --- m/s

**Dr. GURU PRASAD. B. V, MBBS, PGDCC**  
CONSULTANT – NON-INVASIVE CARDIOLOGY

**Apollo Health and Lifestyle Limited**

CIN: U611022000PLC115819  
Regd Office: T-10/40/02, 4th/5th Floor, Chambers, 5th Floor, Banjara Hills, Hyderabad, Telangana - 500 016  
Ph No: 080 484 1111 Fax No: 080 4744 Email: enquiry@apollohospitals.com | www.apollohospitals.com

**APOLLO CLINIC NETWORK BARNATAKA**

Bangalore: Brundavanipudi | Bellandur | Electronic City | Fraser Town | HSR Layout | Indira Nagar | JP Nagar | Kulkarni Halli |  
Koramangala | Sarjapur Road | Mysore: VV Mohalla

Online appointments: www.apollohospitals.com

TO BOOK AN APPOINTMENT

**1860 500 7788**

**Patient Name** : Mr. BHARATH K C

**Age/Gender** : 25 Y/M

**UHID/MR No.** : CMYS.0000059230

**OP Visit No** : CMYSOPV121315

**Sample Collected on** :

**Reported on** : 13-01-2024 16:23

**LRN#** : RAD2207453

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 416816166272

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**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

Both lung fields and hila are normal .

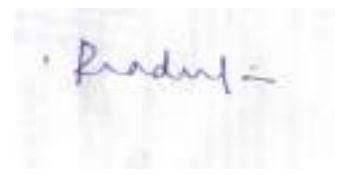
No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**IMPRESSION :NORMAL STUDY.**



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**

Radiology

**Patient Name** : Mr. BHARATH K C

**Age/Gender** : 25 Y/M

**UHID/MR No.** : CMYS.0000059230

**OP Visit No** : CMYSOPV121315

**Sample Collected on** :

**Reported on** : 16-01-2024 10:42

**LRN#** : RAD2207453

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : 416816166272

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER:** It is normal in size and echotexture. No focal lesions seen. IHBR are not dilated. CBD and Portal vein are normal.

**GALL BLADDER:** It is well distended and normal. No e/o calculi.

**SPLEEN:** It is normal in size, outline and echopattern. No e/o focal lesions.

**PANCREAS:** It is normal in size, outline and echopattern.

**RIGHT KIDNEY:** It Measures 102x45mm with parenchymal thickness of15 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**LEFT KIDNEY:** It measures 98x43mm with parenchymal thickness of14 mm. It is normal in size, outline and echotexture. No e/o calculus or hydronephrosis seen.

**URINARY BLADDER:** It is well distended. The UB wall is normal. No e/o calculi.

**PROSTATE:** It measures 27x28x29mm with a volume of12 cc. It is normal in size, outline and echotexture. The vascularity of prostate is normal.

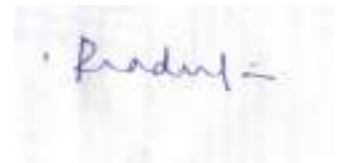
**RIF:** No evidence of focal collection or mass lesion seen. Appendix is not visualized.

**OTHERS:** No e/o free fluid in the abdomen. No e/o lymphadenopathy. No e/o gut wall thickening. No mass lesion seen in the abdomen.

**IMPRESSION: NORMAL STUDY.**

Pradeep Kumar C N, DNB

Consultant Radiologist.



**Dr. PRADEEP KUMAR C N**  
**MBBS DNB( RADIOLOGY)**


Radiology

Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 01:36PM
Visit ID : CMYSOPV121315	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 416816166272	

**DEPARTMENT OF HAEMATOLOGY**

**PERIPHERAL SMEAR , WHOLE BLOOD EDTA**

-



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240009301





Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 01:36PM
Visit ID : CMYSOPV121315	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 416816166272	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HEMOGRAM , WHOLE BLOOD EDTA</b>				
<b>HAEMOGLOBIN</b>	16.1	g/dL	13-17	Spectrophotometer
PCV	49.30	%	40-50	Electronic pulse & Calculation
RBC COUNT	5.25	Million/cu.mm	4.5-5.5	Electrical Impedance
MCV	94	fL	83-101	Calculated
MCH	30.7	pg	27-32	Calculated
MCHC	32.7	g/dL	31.5-34.5	Calculated
R.D.W	12.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,000	cells/cu.mm	4000-10000	Electrical Impedance
<b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b>				
NEUTROPHILS	53.7	%	40-80	Electrical Impedance
LYMPHOCYTES	33.2	%	20-40	Electrical Impedance
EOSINOPHILS	<b>8.9</b>	%	1-6	Electrical Impedance
MONOCYTES	3.7	%	2-10	Electrical Impedance
BASOPHILS	0.5	%	<1-2	Electrical Impedance
<b>ABSOLUTE LEUCOCYTE COUNT</b>				
NEUTROPHILS	4296	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2656	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	<b>712</b>	Cells/cu.mm	20-500	Calculated
MONOCYTES	296	Cells/cu.mm	200-1000	Calculated
BASOPHILS	40	Cells/cu.mm	0-100	Calculated
<b>PLATELET COUNT</b>	266000	cells/cu.mm	150000-410000	Electrical impedance
<b>ERYTHROCYTE SEDIMENTATION RATE (ESR)</b>	04	mm at the end of 1 hour	0-15	Modified Westergren
<b>PERIPHERAL SMEAR</b>				

**R.B.C:** Majority are normocytic normochromic.

**W.B.C:** Are normal in number, morphology and increase in eosinophils.



Dr. PAVAN KUMAR M  
M.B.B.S., M.D (Pathology)  
Consultant Pathologist

SIN No: BED240009301



Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 01:36PM
Visit ID : CMYSOPV121315	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 416816166272	

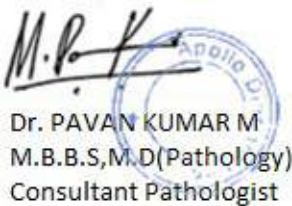
**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

**Platelets:** Adequate and are seen in singles and clumps.

**Hemoparasites:** Not seen.

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE WITH EOSINOPHILIA.**



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240009301




Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 11:27AM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 03:40PM
Visit ID : CMYSOPV121315	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 416816166272	

**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b>				
BLOOD GROUP TYPE	B			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240009301



Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:13AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 11:17AM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 11:54AM
Visit ID : CMYSOPV121315	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 416816166272	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	87	mg/dl	74-106	GOD, POD

**Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:PLF02089308



Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 03:24PM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 05:50PM
Visit ID : CMYSOPV121315	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 416816166272	

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)</b>	101	mg/dL	70-140	GOD - POD

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.  
Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b>				
HBA1C, GLYCATED HEMOGLOBIN	4.9	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	94	mg/dL		Calculated

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:EDT240003951



Patient Name	: Mr.BHARATH K C	Collected	: 13/Jan/2024 09:15AM
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - HbF >25%
  - Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:EDT240003951



Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 03:40PM
Visit ID : CMYSOPV121315	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIPID PROFILE , SERUM</b>				
TOTAL CHOLESTEROL	160	mg/dl	0-200	CHOD
TRIGLYCERIDES	179	mg/dl	0-150	GPO, Trinder
HDL CHOLESTEROL	35	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	125	mg/dL	<130	Calculated
LDL CHOLESTEROL	88.91	mg/dL	<100	Calculated
VLDL CHOLESTEROL	35.79	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.53		0-4.97	Calculated

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.
2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 350mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



**Dr. PAVAN KUMAR M**  
M.B.B.S, M.D(Pathology)  
Consultant Pathologist

SIN No:SE04599861



Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:SE04599861





Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>LIVER FUNCTION TEST (LFT) , SERUM</b>				
BILIRUBIN, TOTAL	<b>1.39</b>	mg/dl	0-1.2	NBD
BILIRUBIN CONJUGATED (DIRECT)	<b>0.29</b>	mg/dl	0-0.2	Diazotized sulfanilic acid
BILIRUBIN (INDIRECT)	1.10	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	17	U/l	0-45	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	19.0	U/l	0-35	IFCC
ALKALINE PHOSPHATASE	92.00	U/l	53-128	IFCC (AMP buffer)
PROTEIN, TOTAL	7.10	g/dl	6.4-8.3	Biuret
ALBUMIN	4.24	g/dl	3.5-5.2	Bromcresol Green
GLOBULIN	2.86	g/dL	2.0-3.5	Calculated
A/G RATIO	1.48		0.9-2.0	Calculated

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**



Dr. PAVAN KUMAR M  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:SE04599861

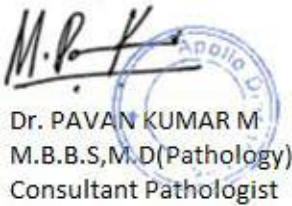


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**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

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Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 12:19PM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 04:08PM
Visit ID : CMYSOPV121315	Status : Final Report
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b>				
CREATININE	1.03	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	18.40	mg/dl	13-43	Urease, UV
BLOOD UREA NITROGEN	8.6	mg/dl	6-20	Urease, UV
URIC ACID	6.00	mg/dL	3.5-8.5	Uricase
CALCIUM	9.75	mg/dl	8.6-10.3	Arsenazo III
PHOSPHORUS, INORGANIC	3.37	mg/dl	2.7-4.5	Molybdate
SODIUM	140	mmol/L	135-145	Direct ISE
POTASSIUM	4.1	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	102	mmol/L	98 - 107	Direct ISE



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

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Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 11:39AM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 01:31PM
Visit ID : CMYSOPV121315	Status : Final Report
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Emp/Auth/TPA ID : 416816166272	

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**


Test Name	Result	Unit	Bio. Ref. Range	Method
<b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b>				
TRI-IODOTHYRONINE (T3, TOTAL)	0.68	ng/mL	0.64-1.52	CMIA
THYROXINE (T4, TOTAL)	5.24	µg/dL	4.87-11.72	CMIA
THYROID STIMULATING HORMONE (TSH)	3.190	µIU/mL	0.35-4.94	CMIA

**Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



**Dr. PAVAN KUMAR M**  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

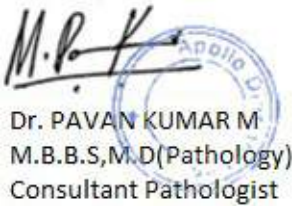
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**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**



Dr. PAVAN KUMAR M  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:SPL24006200



Patient Name : Mr.BHARATH K C	Collected : 13/Jan/2024 09:15AM
Age/Gender : 25 Y 11 M 0 D/M	Received : 13/Jan/2024 01:57PM
UHID/MR No : CMYS.0000059230	Reported : 13/Jan/2024 03:14PM
Visit ID : CMYSOPV121315	Status : Final Report
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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>				
<b>PHYSICAL EXAMINATION</b>				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	6.5		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
<b>BIOCHEMICAL EXAMINATION</b>				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRlich
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
<b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b>				
PUS CELLS	3 - 4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2 - 3	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



Dr. PAVAN KUMAR M  
M.B.B.S.,M.D(Pathology)  
Consultant Pathologist

SIN No:UR2262026



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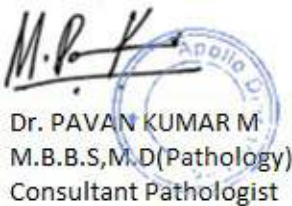
**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NIL		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*



**Dr. PAVAN KUMAR M**  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UF010172

