

Name : Mrs. GAYATHRI V (29 /F)

Date : 28/11/2022

Address : NO 4/17 KEEZHA STREET SAMUGARENGAPURAM, TIRUNELVELI, TIRUNELVELI,
TAMIL NADU, INDIA

Examined by: Dr .KUMARAN O R

UHID : ASM1.0000646386

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK FEMALE
BELOW 40YRS

AHC No : MDUMH97136



CHIEF COMPLAINTS

No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia

Haematological disorders : - Anemia; Since - 3 months



DRUG ALLERGY

Sulfonamide Drug Allergy :28/11/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

General symptoms

- Nil Significant



Surgical history

Lower segment caesarean section - 1



Personal history

Diet - Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Moderate

- level ground walking, active at work



Family history

Diabetes - mother

Hypertension - mother

Coronary artery disease - none

Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal

Build - moderate

Height - 162

Weight - 61.9

BMI - 23.59

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 80

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Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 100
Diastolic(mm of Hg) - 60
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds

Abdomen

Organomegaly - No
Tenderness - No

Gynaec findings

Gynaec checkup done - Dr.SHREEDEVI
by
Marital status - married
No of Children - 1
Deliveries - LSCS
Periods - regular
L M P - 1 week
Breast examination - Soft
P/A - soft
P/S - cervix healthy
P/V - uterus normal size, FF
Pap smear - Taken
Advice : - R/W reports

Printed By : Sasikala T

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HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	11.7	gm%	●	11.5-16.5
Packed cell volume(Calculated)	36 *	%	●	37-47
WBC Count	7.0	10 ³ /m ³	●	4-11
Platelet Count	310	10 ³ /m ³	●	150-450
ERYTHROCYTE SEDIMENTATION RATE (ESR)	18	mm/1st hr	●	0-20
RBC Count	4.32	Million/ul	●	3.7-5.6
MCV	82	fl	●	75-95
MCH(Calculated)	27	pg	●	26-32
MCHC(Calculated)	33	g/dl	●	31-36
Reticulocytes	0.7	%	●	
Neutrophils	62	%	●	40-80
Lymphocytes	29	%	●	20-40
Eosinophils	02	%	●	01-06
Monocytes	07	%	●	2-10

Pus Cells 1-2 /hpf Male : 2 - 3
Female : 2 - 5

Epithelial Cells 1-2 /hpf 3 - 5

ALT(SGPT) - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
ALT(SGPT)	17	U/L	●	Adult Female : <34

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
Albumin - Serum	4.3	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2
Globulin - Serum: (Calculated)	2.0	g/dL	●	Adult (2.0 - 3.5)

ALKALINE PHOSPHATASE - SERUM/PLASMA

Test Name	Result	Unit	Level	Range
Alkaline Phosphatase - Serum	57	U/L	●	Adult(Female): < 104

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT)	19	U/L	●	Adult Female: <31

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005		●	1.001 - 1.035
Colour:	Straw Yellow			Straw Yellow
Transparency:	Clear			Clear
pH	5.5		●	4.6-8.00
Protein :	Nil			NIL
Sugar :-	Nil			NIL
Ketone	Negative			NEGATIVE
Bile Pigments :-	Negative			NEGATIVE
Bile Salts :-	Absent			ABSENT
Urobilinogen	Normal	E.U./dL		Normal
RBC	Nil	/hpf		0-2

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
Bilirubin, Total - Serum	0.8	mg/dL	●	NORMAL : 0.2 TO 1.1

CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Total Cholesterol	153	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.8	mg/dL	●	Female: 0.6 - 1.1

● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	9	U/L	●	Female: < 38

LDL Cholesterol (Direct LDL)	70	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190
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GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	84	mg/dL	●	60-99

PROTEIN TOTAL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Protein Total - Serum	6.3	g/dL	●	>2 Year: 6.0 - 8.0

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	79	mg/dL	●	< 140 Increase risk of diabetes(Impaired Glucose tolerance):140-199; Diabetic>=200

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	3.9		●	< 4.5

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	5.3	%	●	Normal < 5.7% Increased risk for Diabetes 5.7 - 6.4% Diabetes >= 6.5%

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Urea	21	mg/dL	●	Adult: 13 - 43

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	2.5 *	mg/dL	●	Adult Female: 2.6 - 6.0

HDL CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
HDL Cholesterol	39 *	mg/dL	●	Low: <40 High: >=60

VLDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	11		●	Desirable:<30
Triglycerides - Serum	56	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)

Test Name	Result	Unit	Level	Range
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BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.3 *	mg/dL	●	0.0-0.2

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Bilirubin Unconjugated - 0.5 mg/dL ● 0.0-1.0
Serum (Calculated)

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.9	mg/dL	●	Adult : 6 - 20

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	92	ng/dL	●	60-180

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	5.8	µg/dL	●	3.5 - 12.5

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	0.95	µIU/mL	●	0.35 - 5.50

PAP SMEAR /CERVICAL SMEAR

Ref No:
G 2057/2022.
SPECIMEN TYPE:
Cervical smear
SPECIMEN ADEQUACY:
Satisfactory for evaluation
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy,
Reactive cellular changes associated with inflammation
(includes typical repair)
*
- Few Fungal organisms morphologically consistent with candida are seen.
COMMENTS AND SUGGESTIONS:
SUGGESTED TO REPEAT AFTER A COURSE OF TREATMENT.

X-RAY CHEST PA

NO SIGNIFICANT ABNORMALITY IS DETECTED.

ULTRASOUND SCREENING WHOLE ABDOMEN

Liver shows uniform echopattern with no evidence of focal or diffuse pathology. The intra or extra hepatic biliary radicles are not dilated.

Gall bladder is mildly distended.

Pancreas and spleen appear normal.

No evidence of ascites.

Right kidney measures 9.4 x 3.9 cm.

Left kidney measures 9.6 x 4.3 cm.

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Bladder shows normal contour.

Uterus measures 8.6 x 4.5 cm and shows normal endometrial and myometrial echoes. Endometrial thickness measures 7 mm.

Both ovaries are appear normal.

IMPRESSION:

CLINICAL INDICATION: MASTER HEALTH CHECKUP.

ULTRASOUND SCREENING WHOLE ABDOMEN STUDY DONE ON 28.11.2022 SHOWS,

- NO SIGNIFICANT ABNORMALITY IS DETECTED.

REPORTED BY,
DR.A.PANDIAN, MBBS.,DMRD.,
CONSULTANT RADIOLOGIST.

2D-ECHO WITH COLOUR DOPPLER

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NORMAL CHAMBERS DIMENSIONS.
STRUCTURALLY NORMAL VALVES.
NO REGIONAL WALL MOTION ABNORMALITY.
NORMAL LV SYSTOLIC FUNCTION.
NORMAL LV DIASTOLIC FUNCTION.
NO PERICARDIAL EFFUSION/ CLOT.
LVEF:70%

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG

 Within Normal Range  Borderline High/Low  Out of Range

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Executive Summary

 Physical Examination and routine Investigation in AHC Package reveals the following :

- Normal study

Wellness Prescription

Advice On Diet :-



- Balanced diet

Advice On Physical Activity :-



- Regular walking

Printed By : Sasikala T

Dr.KUMARAN O R
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.