

Name : Mr. PROLAY SANKAR PAUL (38 /M)

Date : 12/08/2022

Address : VILL,PO-MANIRAMPUR, PS-CHANDITALA, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001999626

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH154553



## CHIEF COMPLAINTS

For Annual health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Hypertension, Thyroid disorder, Heart disease, Asthma  
Diabetes mellitus : - type 2; Since - 2 yrs; Medication - regular  
Dyslipidaemia : Since - 2 yrs; Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY

:13/08/2022

## ENT

- Nil Significant



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits - regular; Associated with - anal pain

### Genitourinary system

Frequency - normal; Dysuria/burning micturition - no

### Central nervous system

Sleep - adequate; Mental disability - no

### Eyes

Vision - normal; Glasses - no

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- ROSUVAS 5mg;  
GLYCEPHAGE 1gm Twice daily; Compliance - regular



### Past medical history

Do you have any drug allergies? - No

Past medical history - nil significant

Covid 19 - No

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### Surgical history

Circumcision - 2 yrs back

### Personal history

Marital status - Married  
No. of children - 3  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Moderate

### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Sisters - 4  
Diabetes - father  
Coronary artery disease - none  
Cancer - None  
Thyroid/other endocrine disorder - father

## PHYSICAL EXAMINATION

### General

Build - normal  
Height - 168 Cm  
Weight - 65 Kg  
BMI - 23.03  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 70  
Rhythm - Regular  
Systolic(mm of Hg) - 108  
Diastolic(mm of Hg) - 72  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

Printed By : SHARMISTHA MALLIK

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	●	13.0-17.0
RBC COUNT	4.82	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.7 *	%	●	41-53
MCV	84.4	fl	●	83-101
MCH	28.0	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	14.9 *	%	●	11.8-14.0
WBC Count	6400	/cu mm	●	4000-10000
Platelet Count	1.36 *	lacs/cu mm	●	1.5-4.0
Neutrophils	50	%	●	40-80
Lymphocytes	40	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	05	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	47 *	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	56	U/L	●	53-128
AST (SGOT) - SERUM	52 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.1 *	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	100	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7 *	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 8 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.0 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 9.1 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 111 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 162 \* mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 224 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.6 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.1 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.9 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 34 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 51 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 15 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 6.7 \* mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.6:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.9 g/dL ● 1.8-3.6

ECG

SINUS BRADYCARDIA.
LOW "QRS" AMPLITUDES.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

\* No significant abnormality is seen.

X-RAY CHEST PA

● Within Normal Range ● Borderline High/Low ● Out of Range

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Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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