

MER- MEDICAL EXAMINATION REPORT

Date of Examination	27/5/23		
NAME	SUMIT ANAND		
AGE	39	Gender	M
HEIGHT(cm)	169	WEIGHT (kg)	71 BME-24.9
B.P.	122/80		
ECCG	normal		
X Ray	normal		
Vision Checkup	very poor eyes for distance		
Present Ailments	none		
Details of Past ailments (If Any)	no		
Comments / Advice : She /He is Physically Fit	MEDICINE UNKIP		
<p>PMT TEST IS POSITIVE</p>			

*S. Rastogi*

Signature with Stamp of Medical Examiner

Dr. Smita Rastogi  
 MBBS, DCP  
 Reg. No. 37379





भारत सरकार



सुमित आनंद

Sumit Anand

जन्म तिथि/ DOB: 23/08/1983

पुरुष / MALE



6633 5814 9488

आधार - आम आदमी का अधिकार

*Handwritten signature*



To

Modern Pathology & Diagnostic Centre,  
Vineet Khara,  
Lucknow - 226010

Reg: Looking out non-available medical test and  
proceeding for available test.

Dear Sir,

With reference to the captioned subject, I hereby  
request you to kindly proceed for the available medical  
test, starting with Otitic consultation and ENT consultation  
as they are not available at the centre and also  
Ultrasound as we were late for the same.  
Further, kindly opt for TMT as DD Echo is not available.

Thanking You!

Yours faithfully P-H-d  
Dr. H. S. Sinha



SUMITANAND / 39 Yrs / M / 169 Cms / 71 Kg  
Date: 27 - 05 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METS	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:10	0:10	00.0	00.0	01.0	082	45 %	122/80	100	00	
Standing	00:20	0:10	00.0	00.0	01.0	083	46 %	122/80	101	00	
HV	00:31	0:11	00.0	00.0	01.0	102	56 %	122/80	124	00	
ExStart	00:53	0:22	00.0	00.0	01.0	079	44 %	122/80	096	00	
BRUCE Stage 1	03:53	3:00	02.7	10.0	04.7	125	69 %	130/86	162	00	
BRUCE Stage 2	06:53	3:00	04.0	12.0	07.1	140	77 %	138/90	193	00	
PeakEx	07:55	1:02	05.5	14.0	08.2	146	81 %	142/92	207	00	
Recovery	08:55	1:00	00.0	00.0	01.2	107	59 %	138/88	147	00	
Recovery	09:55	2:00	00.0	00.0	01.0	105	58 %	130/86	136	00	
Recovery	10:55	3:00	00.0	00.0	01.0	096	53 %	126/84	120	00	
Recovery	11:17	3:22	00.0	00.0	01.0	093	51 %	126/84	117	00	

**FINDINGS :**

Exercise Time : 07:02  
Max HR Attained : 146 bpm 81% of Target 181  
Max BP Attained : 142/92 (mm/Hg)  
Max WorkLoad Attained : 8.2 Fair response to induced stress

Test End Reasons : Fatigue

**REPORT :**

Significant ST depression in lead 3, AVF during exercise indicating inferior myocardial ischemia.  
Significant ST depression in lead 2 with borderline ST depression in V6 during exercise indicating lateral myocardial ischemia.  
Stress test is **Positive** for exercise induced ischemic heart disease.  
**ABNORMAL STUDY**

  
DR. ANIL MOHAN  
Reg. No. 44559

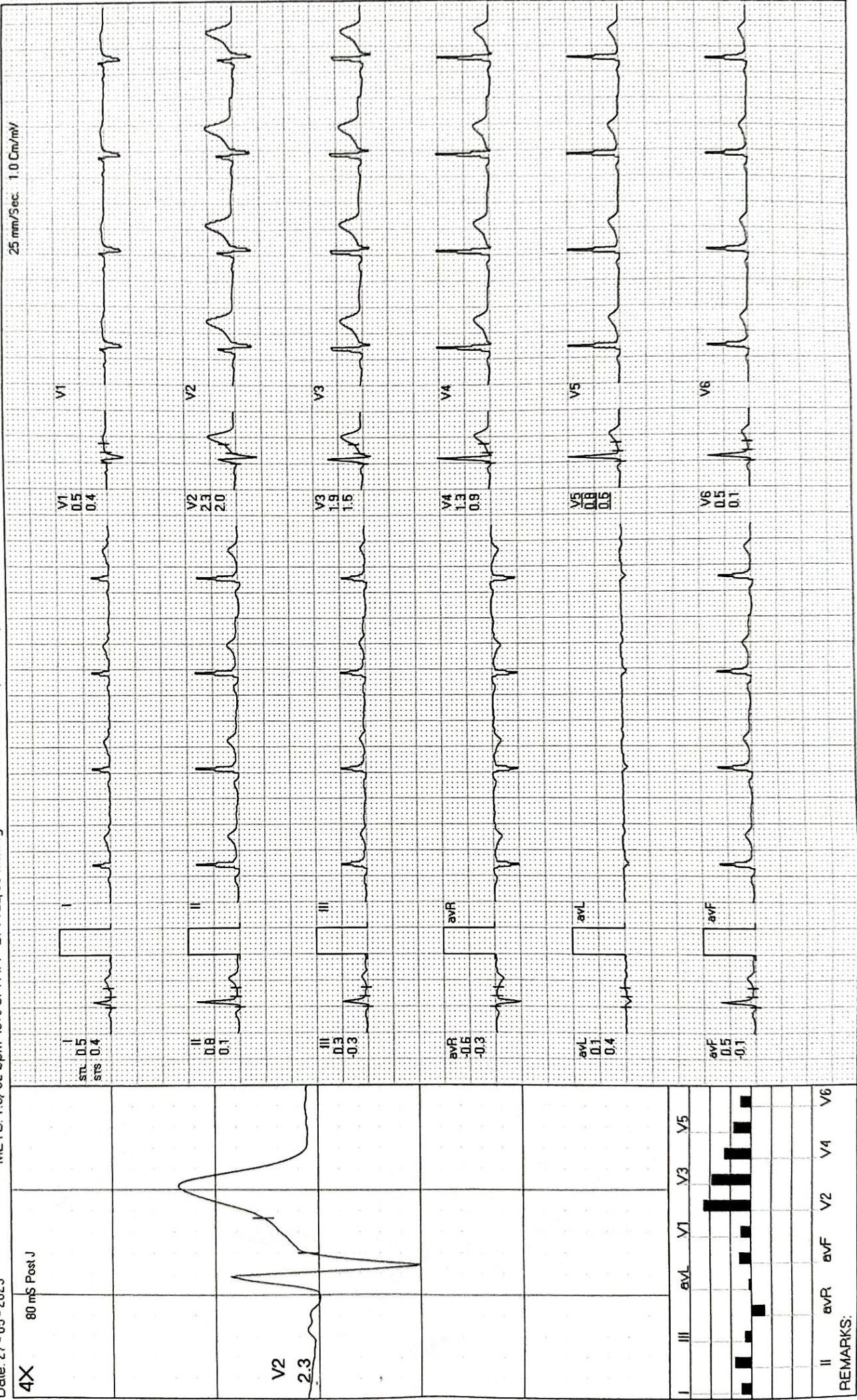


BRUCE:Supine(0:10)

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SUMITANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 82

Date: 27 - 05 - 2023 METS: 1.0/82 bpm 45% of THR BP: 122/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%

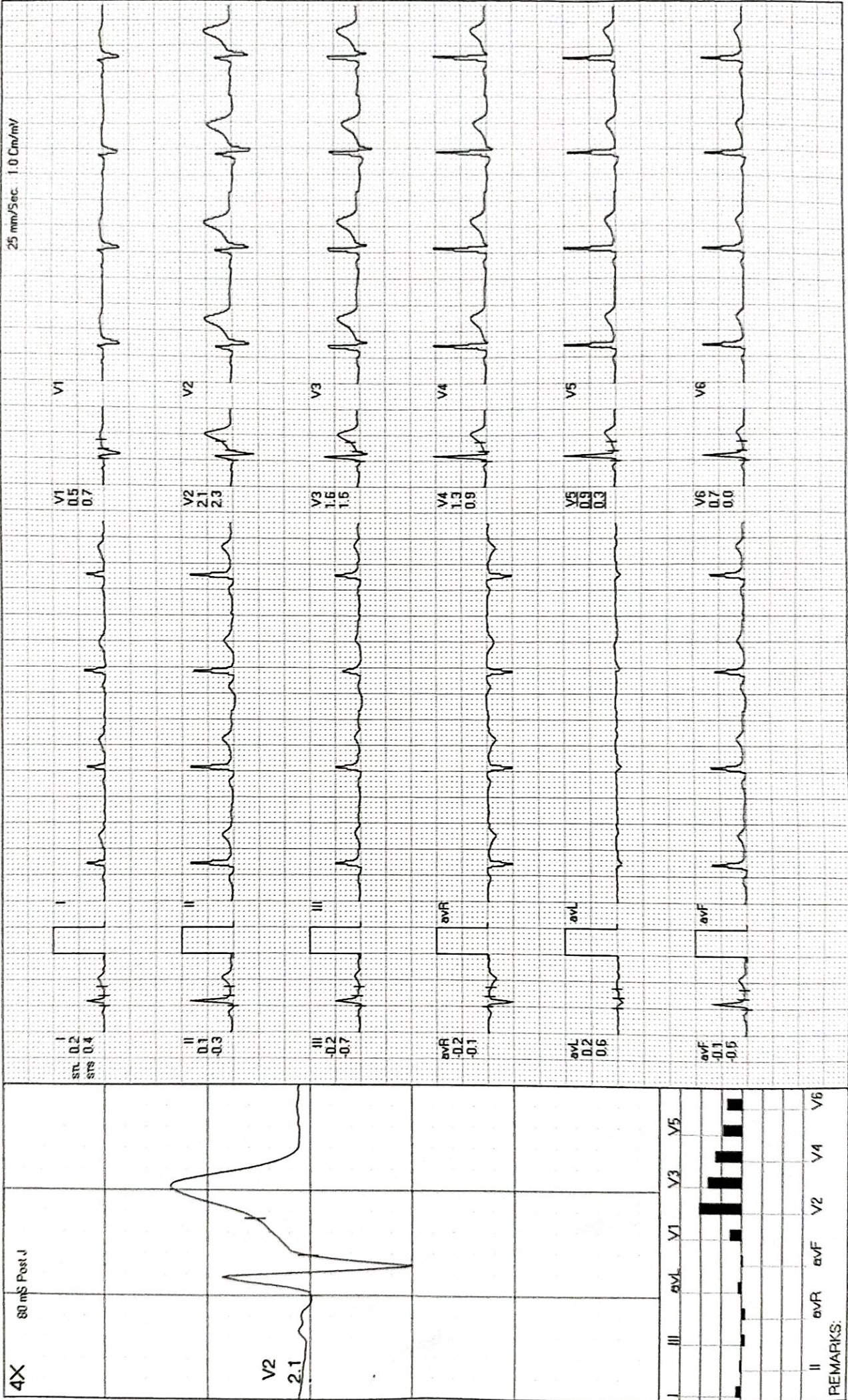


REMARKS:



SUMIT ANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 83

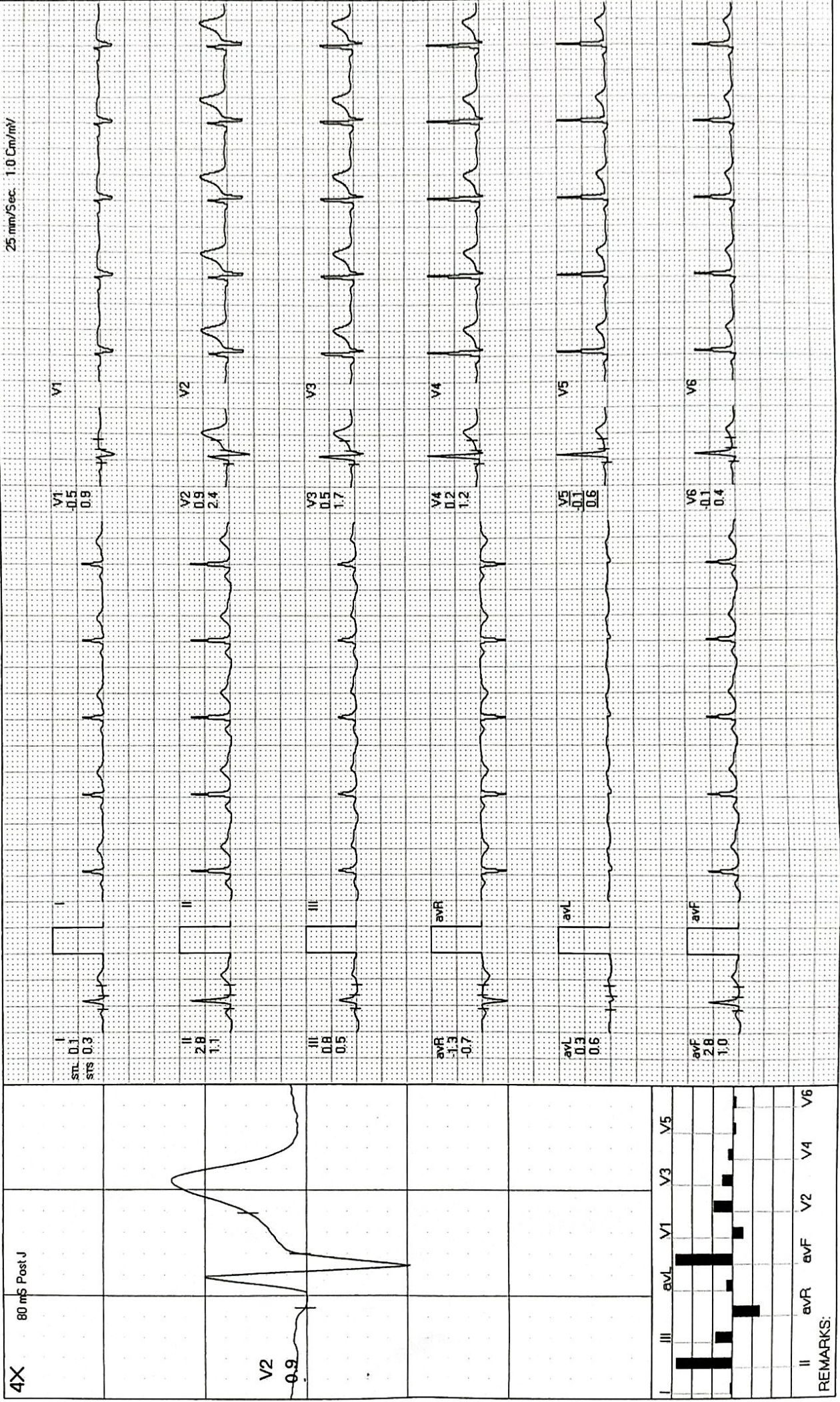
Date: 27-05-2023 METS: 1.07 83 bpm 46% of THR BP: 122/80 mmHg Combined Mediens/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



REMARKS:



Date: 27 - 05 - 2023 METS: 1.0/102 bpm 56% of THR BP: 122/80 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph, 0.0%

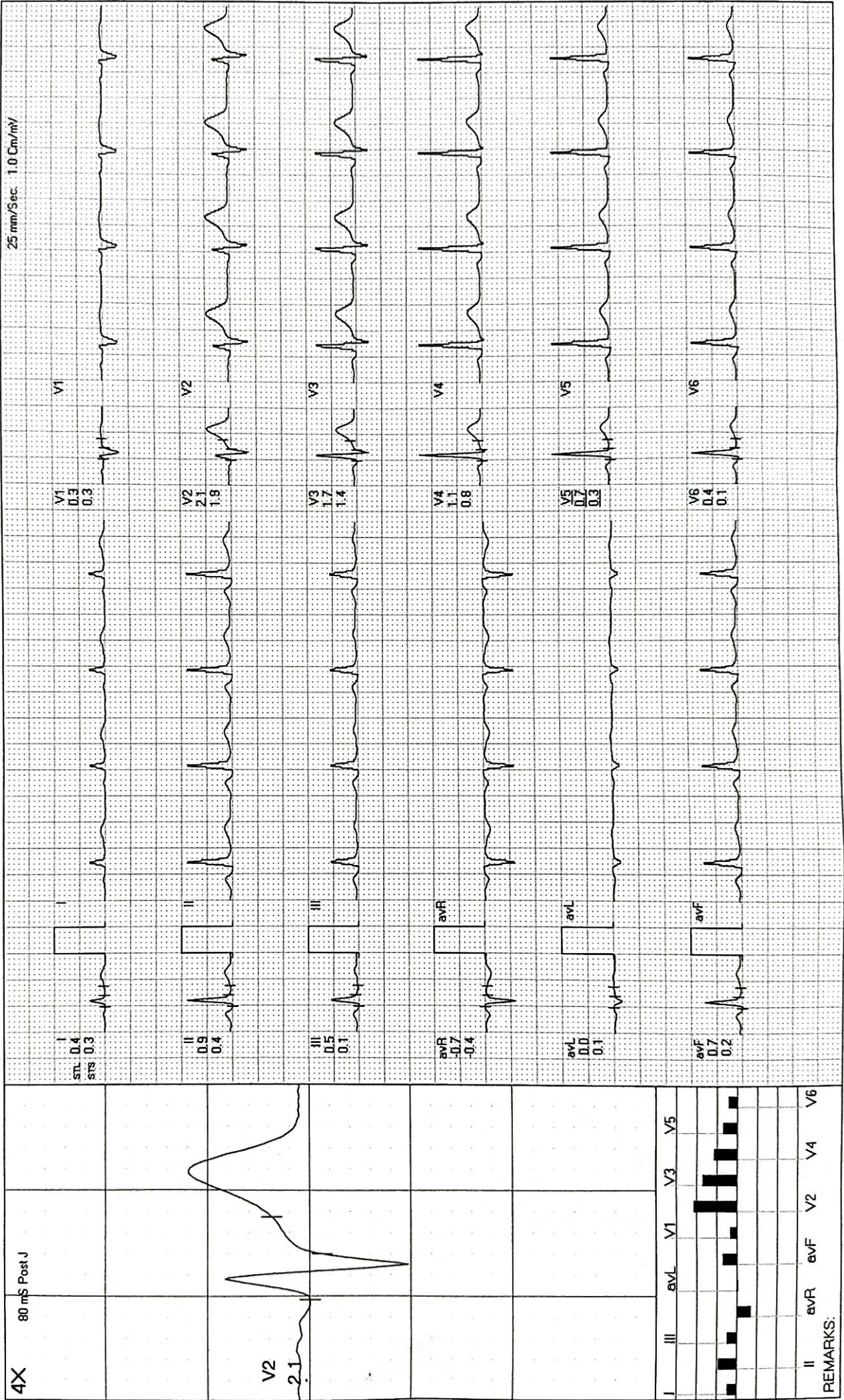




Date: 27 - 05 - 2023

METS: 1.0 / 79 bpm 44% of THR BP: 122/80 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Kmph, 0.0%





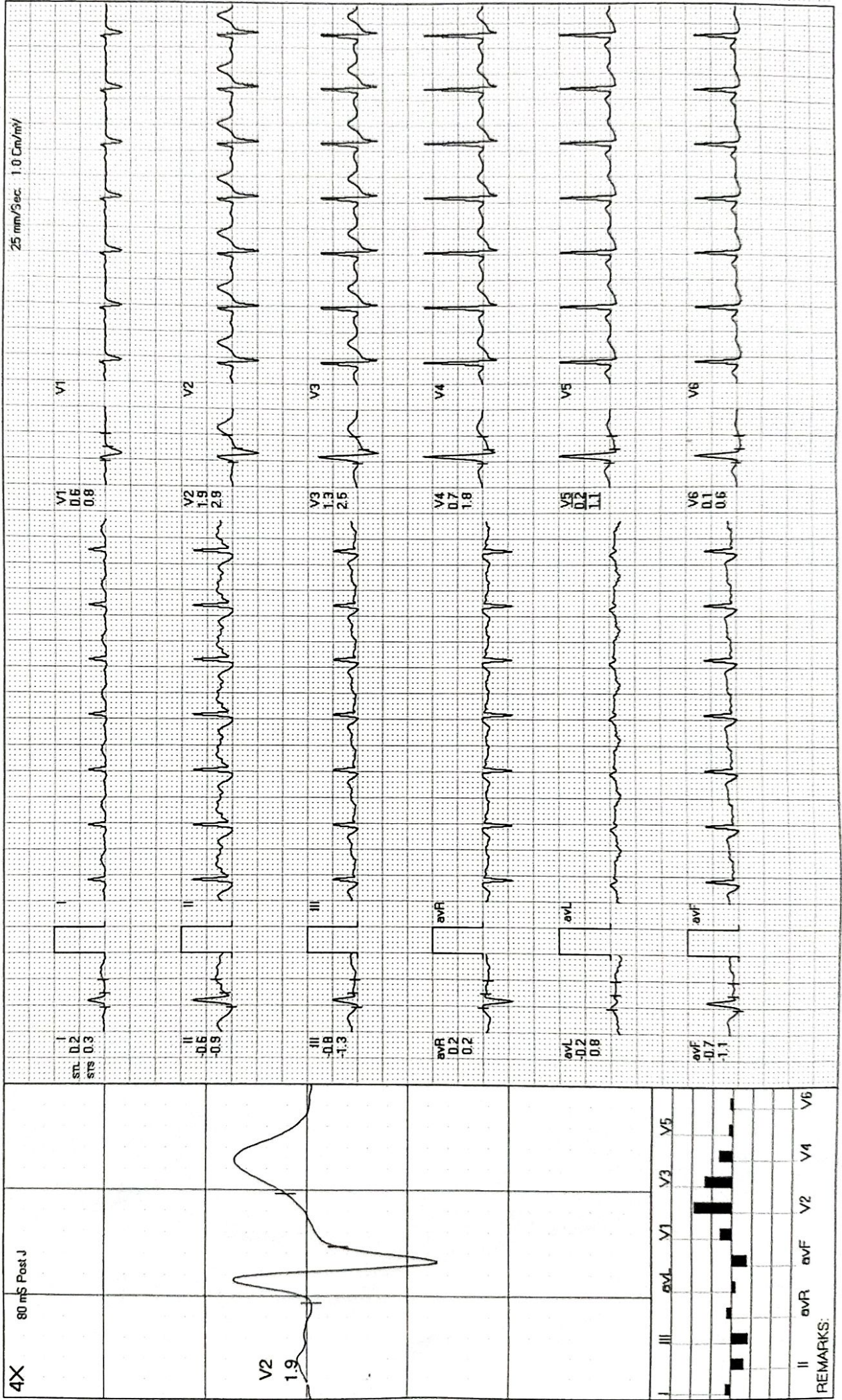


# BRUCE: Stage 1 (3:00)

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SUMITANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 125

Date: 27-05-2023 METS: 4.7/125 bpm 69% of THR BP: 130/86 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz ExTime: 03:00 2.7 Kmph, 10.0%



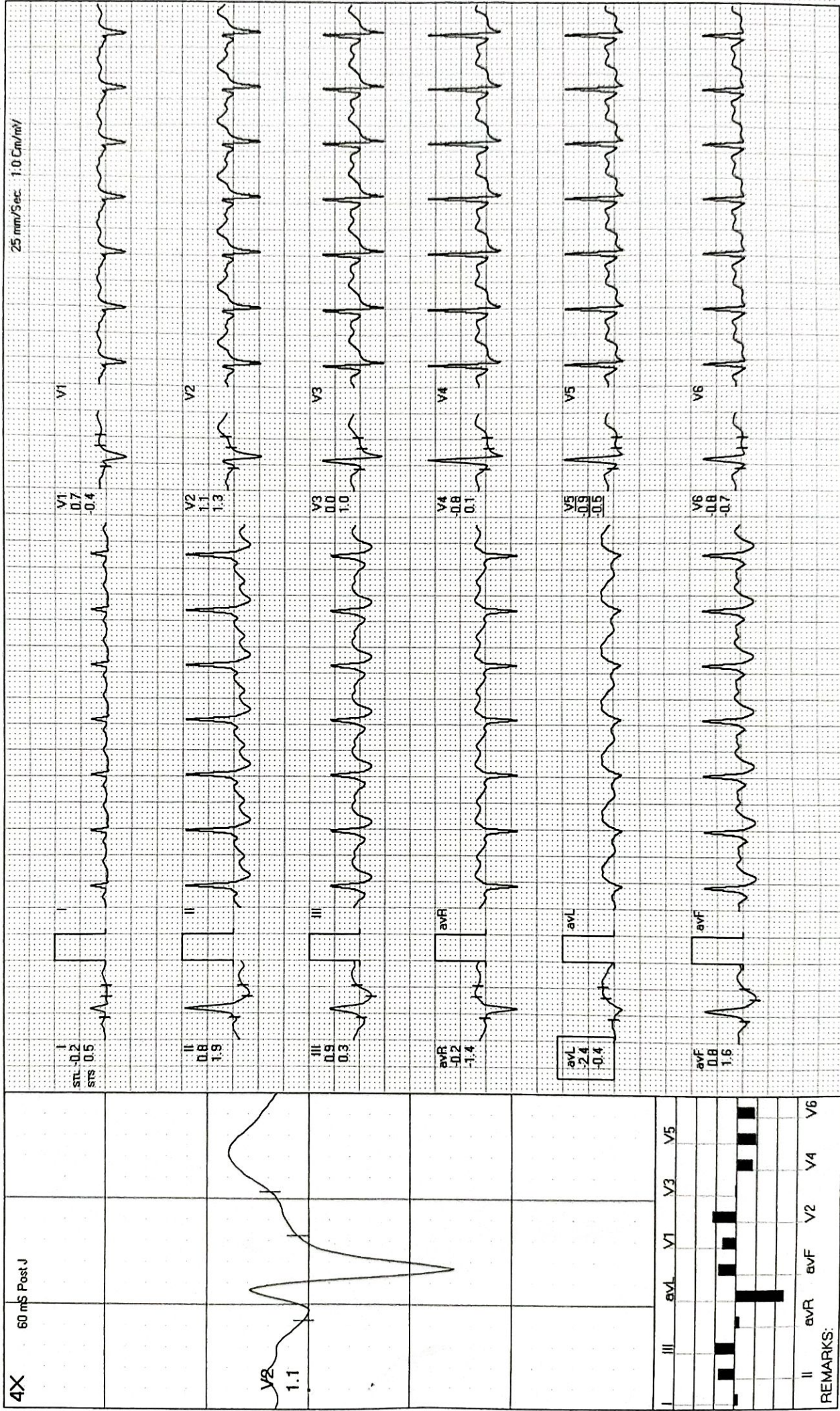


BRUCE: Stage 2(3:00)

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SUMITANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 140

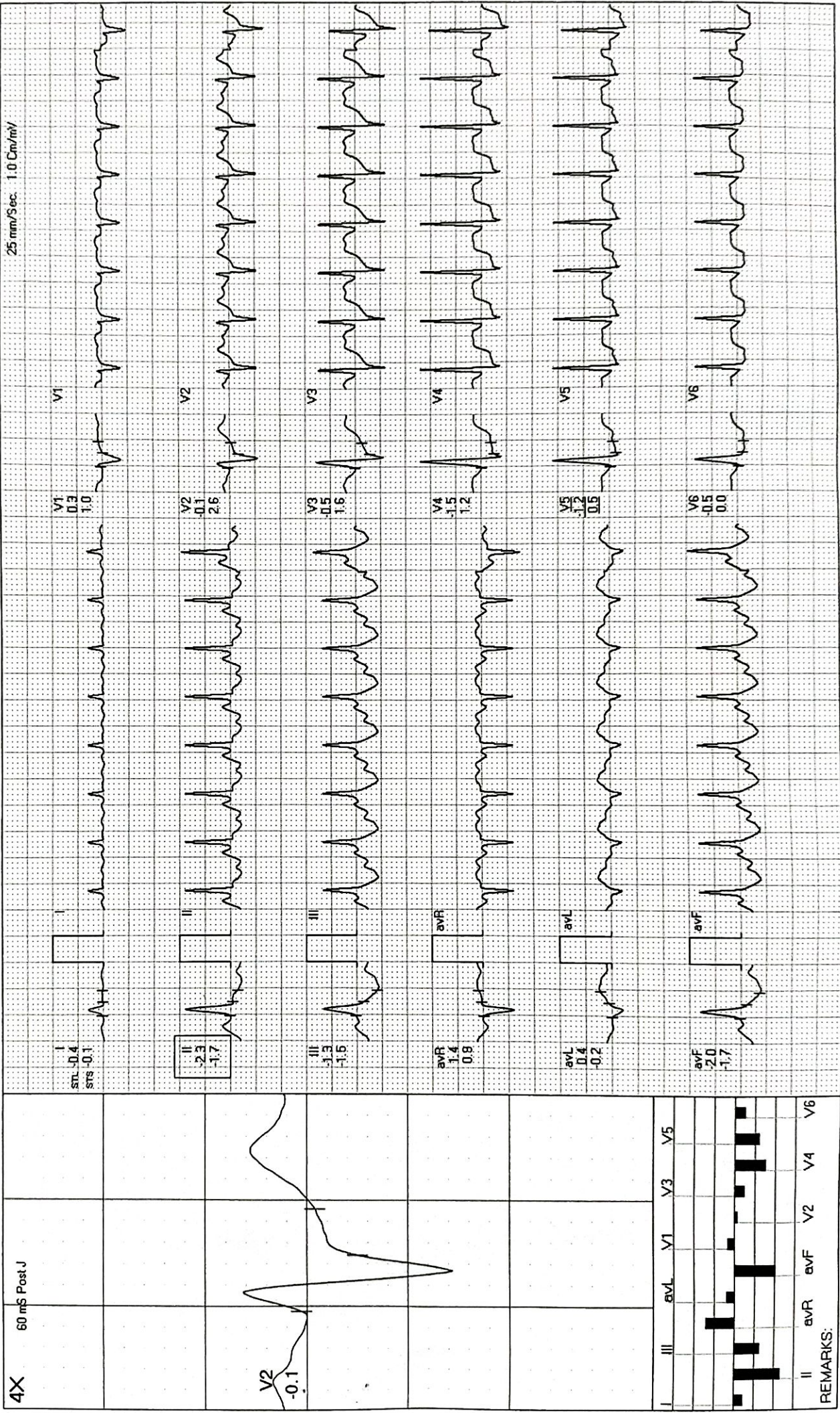
Date: 27-05-2023 METS: 7.1/140 bpm 77% of THR BP: 138/90 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz ExTime: 06:00 4.0 Kmph, 12.0%



REMARKS:



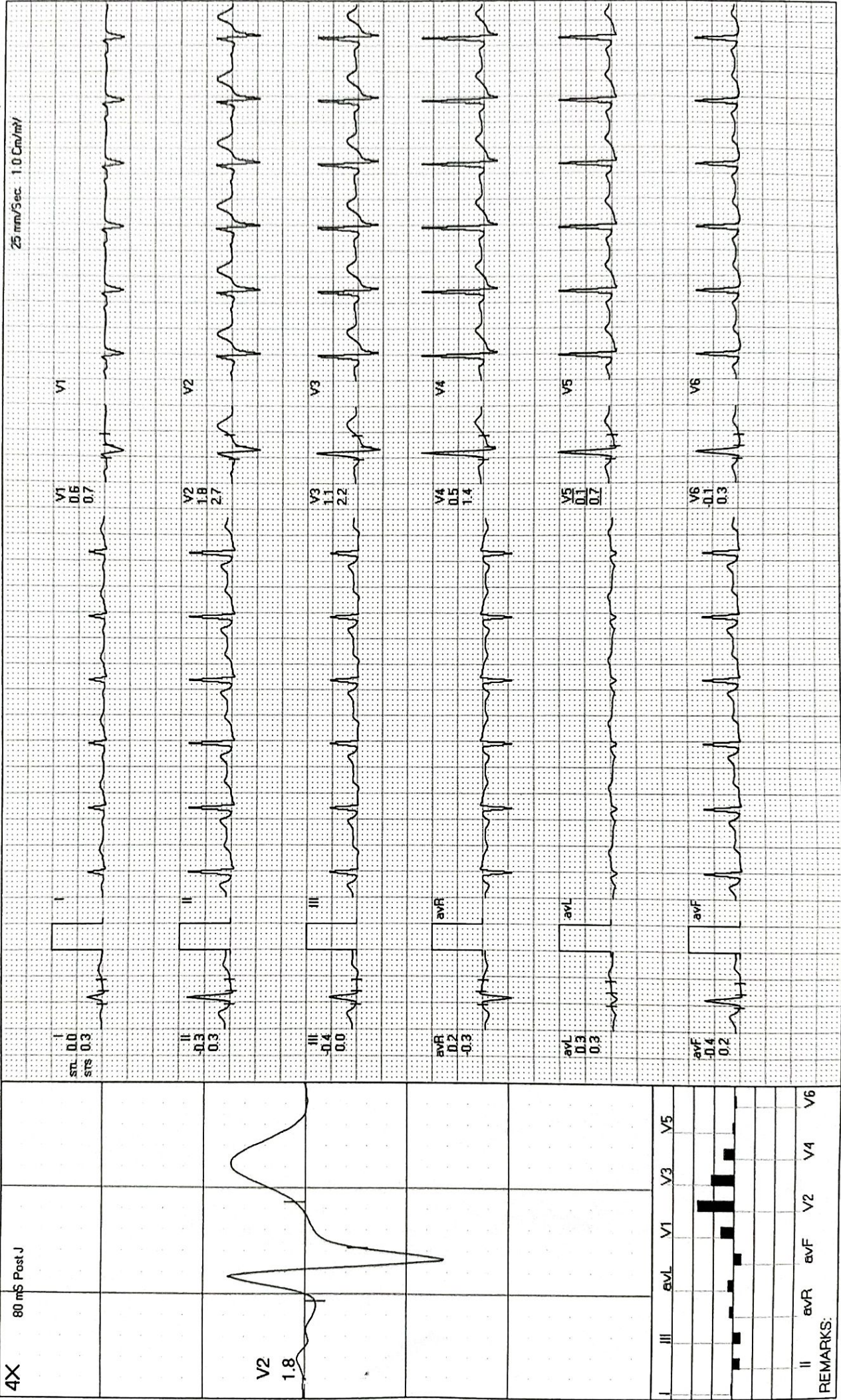
Date: 27 - 05 - 2023 METS: 8.2 / 146 bpm 81% of THR BP: 142/92 mmHg Combined Medians/ BLC Or/ Natch Or/ HF 0.05 Hz/LF 35 Hz ExTime: 07:02 5.5 Kmph, 14.0%



REMARKS:



Date: 27-05-2023 METS: 1.2/ 107 bpm 59% of THR BP: 138/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 07:02 0.0 Kmph. 0.0%



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SUMITANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 105

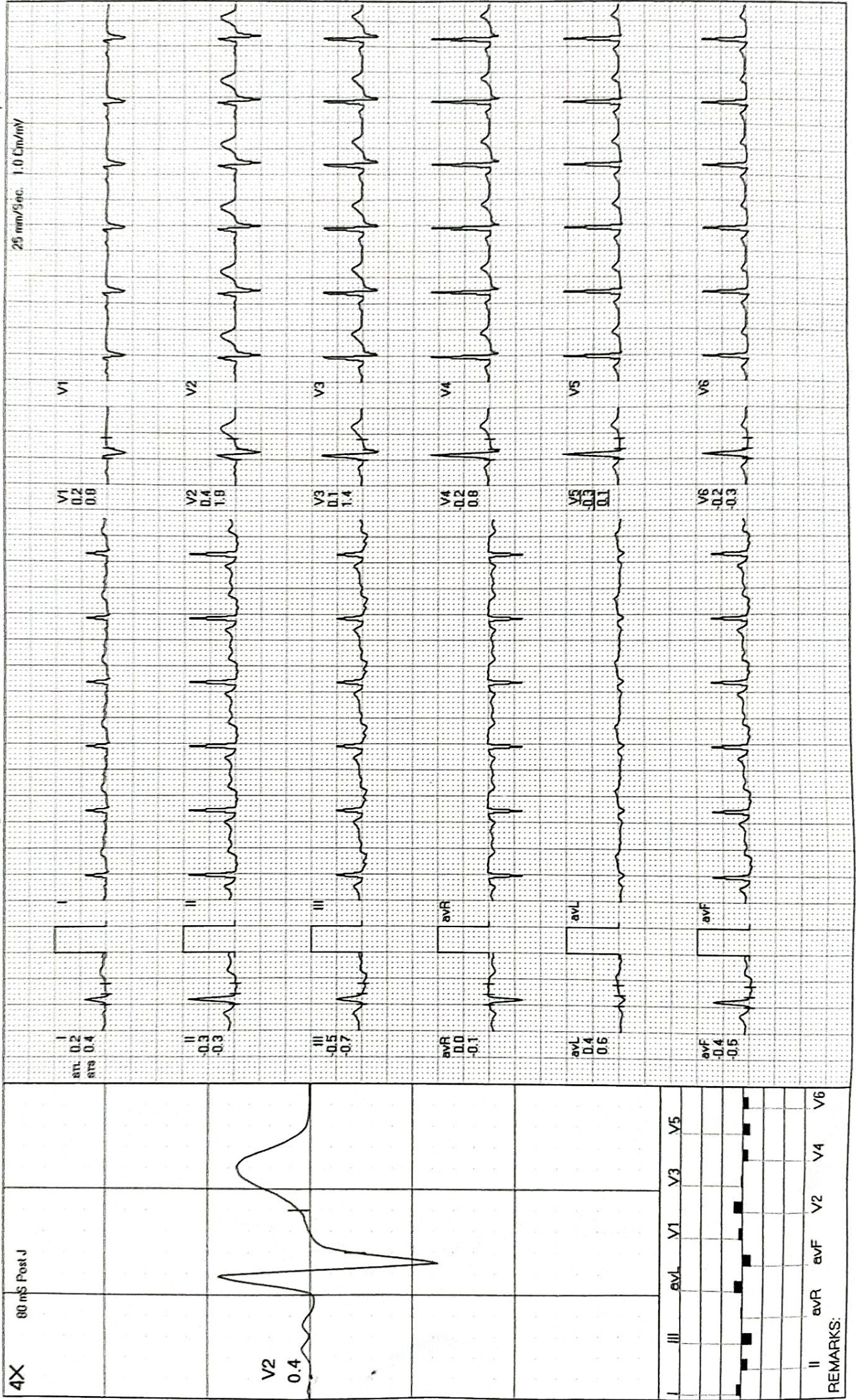
Recovery(2:00)



Date: 27-05-2023

METS: 1.0 / 105 bpm 50% of THR BP: 130/86 mmHg Combined Mediane/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:02 0.0 Kmph. 0.0%





Recovery(3:00)

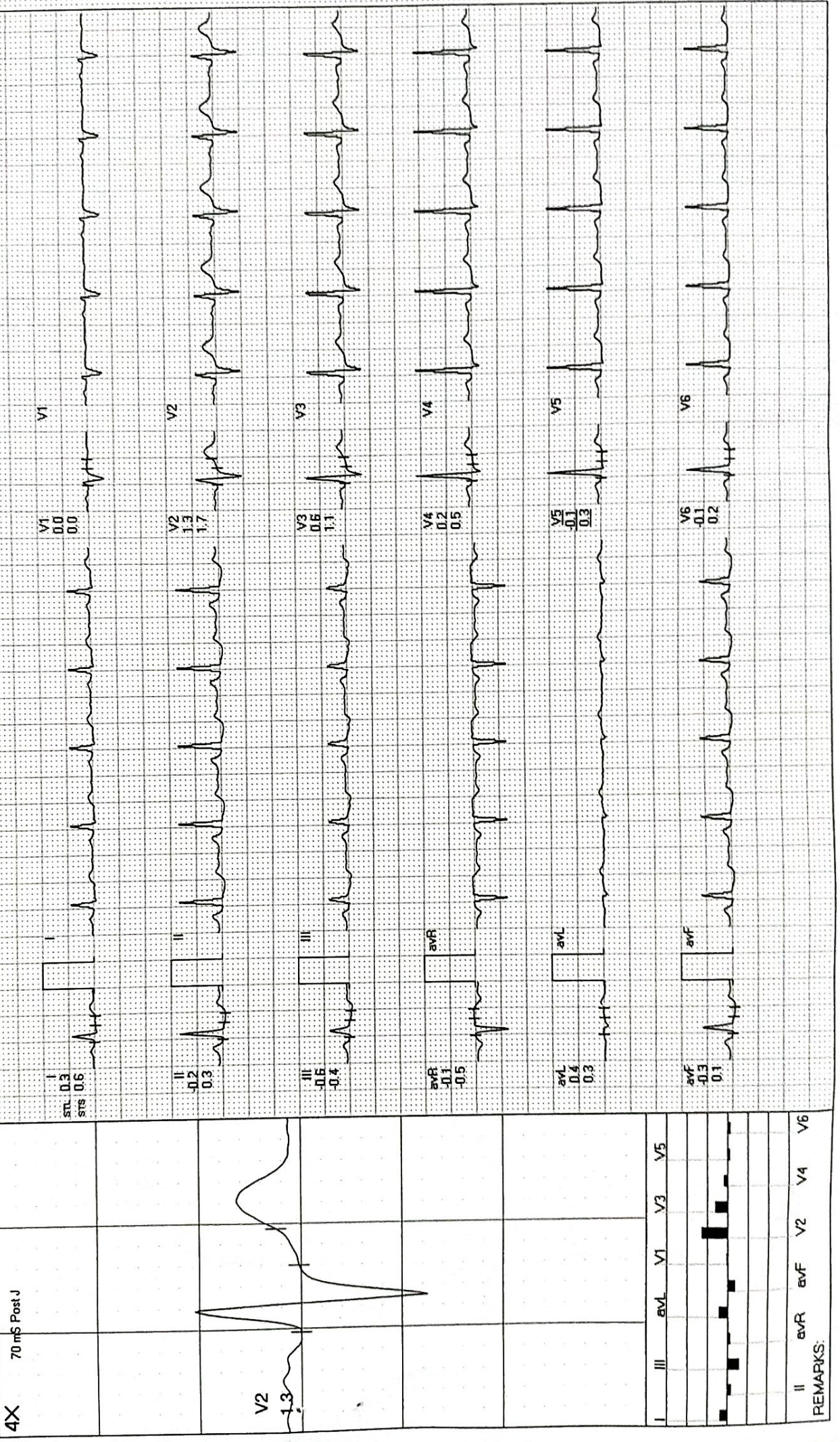
modern pathology & daignostic centre

SUMIT ANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 96

Date: 27-05-2023

METS: 1.0/96 bpm 53% of THR BP: 126/84 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:02 0.0 Kmph. 0.0%  
25 mm/5sec. 1.0 Cm/mV



REMARKS:



Recovery(3:22)

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SUMIT ANAND / 39 Yrs / M / 169 Cms / 71 Kg / HR : 93

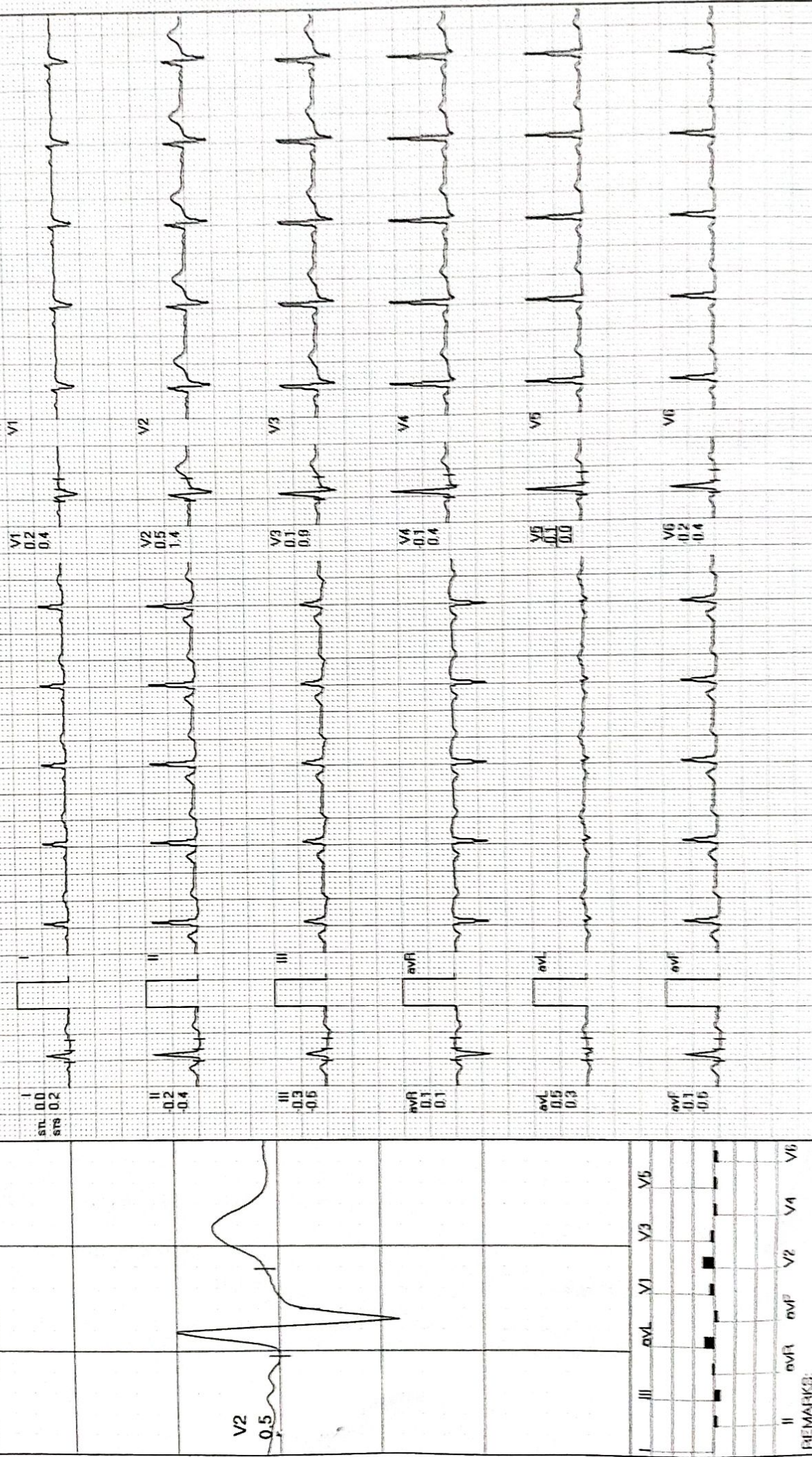
ExTime: 07.02 0.0 Kmph, 0.0%

25 mm/Sec. 1.0 Cm/mV

METS: 1.0/93 bpm 51% of THR BP: 126/84 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

Date: 27 - 05 - 2023

4X 80 mS Post J



Lead	ST-T	V1	V2	V3	V4	V5	V6
I	0.0	0.2	0.4	0.0	0.0	0.0	0.0
II	0.2	0.5	1.4	0.1	0.1	0.0	0.2
III	0.3	0.9	0.1	0.1	0.1	0.0	0.4
aVR	0.1	0.1	0.4	0.1	0.1	0.0	0.4
aVL	0.5	0.3	0.0	0.1	0.1	0.0	0.4
aVF	0.1	0.6	0.0	0.1	0.1	0.0	0.4

REMARKS:



# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

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M.B.B.S., M.D. (Path & Bact)



**CLINIC :**

1/4A, Vineet Khand, (Opp Jaipuria Management)  
Somti Nagar, Lucknow - 226 010  
Ph.: 0522-4008184, 4308184 • 8112323230  
Mob.: 7618884441, 9450389932, 8177063877

Date	: 27-May-2023	Age	: 39 Yrs.
Name	: Mr. SUMIT ANAND	Sex	: Male
Ref.By	: APOLLO HEALTH		

Haemoglobin	14.7	gm%	14 - 17
-------------	------	-----	---------

Total Leucocyte Count	9100	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

<b>Differential Leucocyte Count</b>			
Polymorphs	63	%	45 - 70
Lymphocytes	28	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	06	%	0 - 8
Basophils	00	%	0 - 1

<b>Erythrocyte Sedimentation Rate (Wintrobe)</b>			
ESR	08	mm in 1st Hr.	0 - 9
PCV	46.7	cc%	40 - 52
Corrected ESR	02	mm in 1st Hr.	0 - 9

Platelet Count	1.99	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	5.19	million/cmm	3.90 to 5.80
-----------------	------	-------------	--------------

<b>Absolute values</b>			
MCV	89.9	fL	77 - 97
MCH	28.2	pg	27 - 31
MCHC	31.4	gm /dl	31 - 34

**General Blood Picture**

**RBCs:** RBCs are Normocytic & Normochromic.  
No Normoblasts are seen.

**WBCs:** TLC is within normal range.  
DLC shows normal counts.  
No immature cells of WBC seen.

**PLATELETS:** Platelets are adequate in number and morphology.

**OTHERS:** No haemoparasites are seen.

**Dr. Sanjay Rastogi**  
M.B.B.S., D.C.P. (Bact)

**Dr. Smita Rastogi**  
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Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date	: 27-May-2023		
Name	: Mr. SUMIT ANAND	Age	: 39 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Male
Plasma Glucose - F GOD-POD Method	104	mg/dl	70 - 110
Plasma Glucose - PP GOD POD Method	106	mg/dl	110 - 170
<b>KFT</b>			
UREA	20.4	mg %	15 - 50
CREATININE	1.02	mg %	0.5 - 1.5
URIC ACID	5.6	mg %	2 - 7
CALCIUM	9.7	mg %	8.8 - 10.0
<b>LFT T&amp;D</b>			
Total Bilirubin	0.58	mg%	0.2 - 1.0
Direct Bilirubin	0.21	mg%	0.0 to 0.40
Indirect Bilirubin	0.37	mg%	0.10 to 0.90
S.G.P.T	39	IU/L	5 - 40
S.G.O.T	32	IU/L	5 - 50
ALP	102	IU/L	40 to 129
Serum Gamma G.T.	26	IU/L	11 - 50
Blood Group & Rh	"A" Positive		
Urine Sugar (Fasting)	NIL		
Urine Sugar (PP)	NIL		

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Date	: 27-May-2023	Age	: 39 Yrs.
Name	: Mr. SUMIT ANAND	Sex	: Male
Ref.By	: APOLLO HEALTH		

## Glycosylated Haemoglobin

Glycosylated Haemoglobin	6.2	%	4.5 TO 6.0
=====			
INTERPRETATION AND COMMENTS			
=====			
NON DIABETIC :	4.5 to 6.0	%	
GOOD CONTROL:	6.0 to 7.0		
FAIR CONTROLLED	7.0 AND 8.0		
UNCONTROLLED	8.0 AND ABOVE		
<p>Glycosylated haemoglobin is the adducted glucose in the haemoglobin of the red blood cells, this adduction is stable for the life time of the RBC (i.e 120 days). There fore the measure of glycosylated haemoglobin reflects the average blood glucose concentration over the preseding several weeks. The sudden change in blood glucose level would not effect the glycosylated haemoglobin level ,which serves as a better marker of long term metabolic control and the efficacy of therapy.</p>			

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Date	: 27-May-2023	Age	: 39 Yrs.
Name	: <b>Mr. SUMIT ANAND</b>	Sex	: Male
Ref.By	: APOLLO HEALTH		

### THYROID TEST

Tri-iodothyronine (T3)	1.80	nmol/L	0.50 to 2.50
Thyroxine (T4)	6.50	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	2.71	mIU/ ml	0.3 to 6.0

=====

COMMENTS

=====

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels may be encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date : 27-May-2023

Name : **Mr. SUMIT ANAND**

Age : 39 Yrs.

Ref.By : APOLLO HEALTH

Sex : Male

### LIPID PROFILE

Triglycerids	203	mg%	70 - 190
S. Cholestrol S.	139	mg%	130 - 230
S. HDL Cholestrol	46.4	mg%	35 - 75
S. LDL Cholestrol	52	mg%	75 - 150
VLDL	40.6	mg%	0 - 34
Chol / HDL factor	3	Ratio	
LDL / HDL Factor	1.12		

### COMMENTS

- \* Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- \* LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- \* Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

### TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 27-May-2023	Age	: 39 Yrs.
Name	: Mr. SUMIT ANAND	Sex	: Male
Ref.By	: APOLLO HEALTH		

## Urine Examination

<b>PHYSICAL</b>			
Colour	Straw		
Turbidity	Nil		
Deposit	Nil		
Reaction	Acidic		
*Specific Gravity	1.010		
<b>CHEMICAL</b>			
Protein	Nil		
Sugar	Nil		
*Bile Salts	Nil		
*Bile Pigments	Nil		
Phosphate	Nil		
<b>MICROSCOPIC</b>			
Pus Cells	Nil	/hpf	
Epithelial Cells	Occasional	/hpf	
Red Blood Cells	Nil	/hpf	
Casts	Nil		
Crystals	Nil		
Others	Nil		

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Mob.: 7618884441, 9450389932, 8177063877

Registration Date 27/05/2023

Age : 39 Sex: M

Name : Mr Sumit Anand

Ref By: Apollo Health

Dr. H. S. Kholia  
M.B.B.S., D.O.M.S.  
Consultant Ophthalmologist  
Registration No.: 34062 (M.C.I., U.P.)

## EYES EXAMINATION REPORT

EYE SIGHT	DISTANT VISION		NEAR VISION	
	RIGHT	LEFT	RIGHT	LEFT
WITHOUT GLASSES	6/18	6/18	N-6	N-6
WITH GLASSES	6/6	6/6		
POWER OF GLASSES IF USED	-2.50	-2.50		
FUNDUS	NORMAL			
COLOR VISION	Present Normal according to ISHIHARA'S CHART			
PUPILS	Normally reacting to light and accommodation			



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Mob.: 7618884441, 9450389932, 8177063877



TEST REQUEST ID :012305270029	SAMPLE DATE	:27/May/2023 11:41AM
NAME :Mr. SUMIT ANAND	SAMPLE REC. DATE	:27/May/2023 11:41AM
AGE/SEX :00 YRS/MALE	REPORTED DATE	:27/May/2023 08:35PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01270029

## XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

## OPINION: NORMAL STUDY.

Please correlate clinically.

\*\*\* End Of Report \*\*\*

**Dr. Sanjay Rastogi**  
M.B.B.S., DCP, CRIAT (BARC)

**DR. PANKAJ UPADHYAYA**

**Dr. Smita Rastogi**  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation. Not for Medico Legal Purpose

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# MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi  
M.B.B.S., M.D. (Path & Bac)



**CLINIC :**

1/4A, Vineet Khand, (Opp Jaipuria Management)  
Gomti Nagar, Lucknow - 226 010  
Ph: 0522-4008184, 4308184 • 8112323230  
Mob: 7618884441, 9450389932, 8177063877

Patient name: Mr Sumit Anand  
Ref By. : Apollo Health

Age/Sex 39/M  
27/05/2023


## E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	80/mt
3. Ventricular Rate	:	80/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

## FINAL IMPRESSION

**E.C.G. is within normal limits.**

**Dr. Sanjay Rastogi**  
M.B.B.S., DCP, CRIAT (BARC)

  
Signature of Doctor  
Dr. Smita Rastogi  
M.D.  
M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

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Name **SUMIT ANAND**

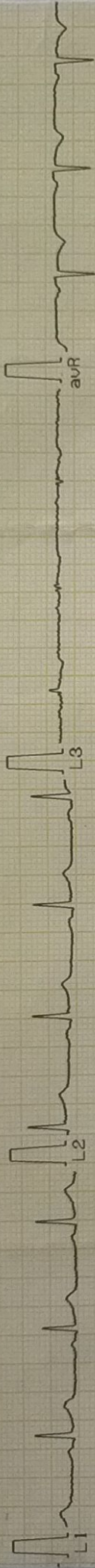
Age **39**

Yrs M/F

10mm/mV

ECG CARD 25mm/S

0.1-35 HZ BLC

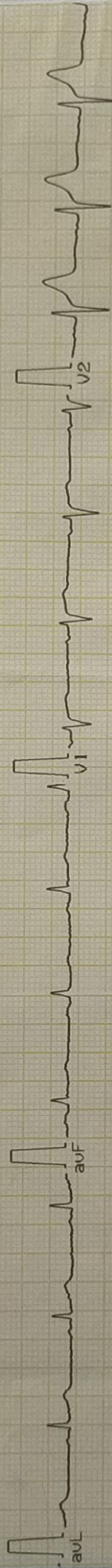


8-1-11

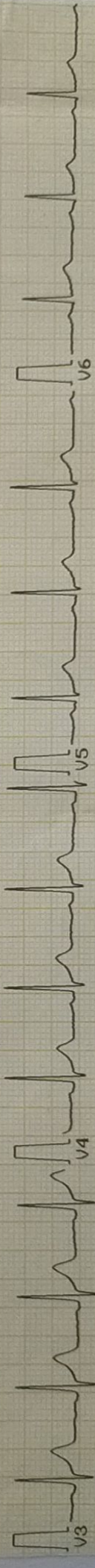
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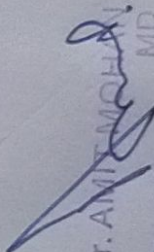
Dr.:

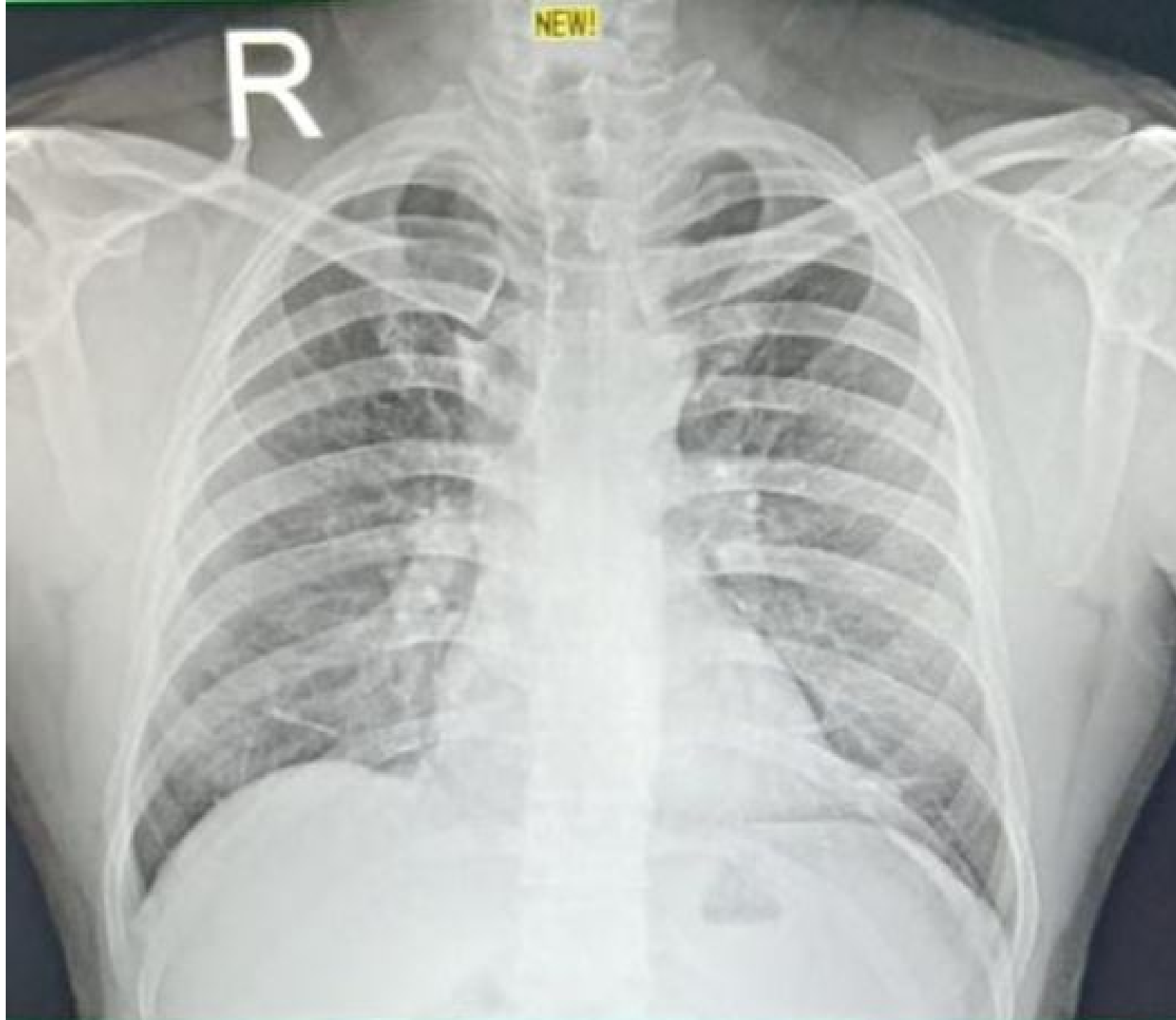
ECG CARDIOPRINT



ECG CARDIOPRINT



  
Dr. ANIL KUMAR  
MD  
Reg. No. 44559



23052700608 MR SUMIT ANAND 00 YRS M SELF CHEST PA  
05/27/2023 MODERN PATHOLOGY & DIAGNOSTIC CENTRE GOMTI NAGAR LUCKNOW

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## Dr. Sulabh Kumar

B.Sc., B.D.S., TGD(P(U.K.)), MDS  
Assit. Prof. UP Dental College, Lucknow  
Ex. Consultant Sahara (Amby Valley, MUMBAI)  
Consultant Atlas Hospital, Lucknow.



Pt. Name :  
Age / Sex :  
C.C. :

- Any Drug Allergy
- Chronic Disease

Procedure Under LA  
Date : 27/05/2023

*This is to certify that Mr Sumit Anand does not have any dental related issues  
and is free from cavities at present.*



Dr. Sulabh Kumar  
Reg. No. - 002710