



Laboratory Report

Lab ID : 40933806537

Patient : Mr DIVYANAND TIWARI
DOB :
Tel No :
PID No :
Sex/Age : Male / 35 Years
Ref Id :
Specimen : Serum



Ref. By :
Client : Sea Bird Medicare Pvt Ltd - Powai
102-104, Gateway Plaza, Central Avenue, Hiranandani
Gardens Powai - 400076
Processing Location :
NDPL - Vidyavihar

Registered On:
14-Sep-2024 20:23
Collected On:
14-Sep-2024 20:23
Reported On:
14-Sep-2024 22:45

TEST	RESULTS	UNIT	BIOLOGICAL REF RANGE	REMARKS
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VITAMIN B - 12

Vitamin B - 12 Level CMIA	237.0	pg/mL	187-883	
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Introduction :

Vitamin B12, a member of the corrin family, is a cofactor for the formation of myelin, and along with folate, is required for DNA synthesis. Levels above 300 or 400 are rarely associated with B12 deficiency induced hematological or neurological disease.

Clinical Significance :

Causes of Vitamin B12 deficiency can be divided into three classes: Nutritional, malabsorption syndromes and gastrointestinal causes. B12 deficiency can cause Megaloblastic anemia (MA), nerve damage and degeneration of the spinal cord. Lack of B12 even mild deficiencies damages the myelin sheath. The nerve damage caused by a lack of B12 may become permanently debilitating.

The relationship between B12 and MA is not always clear that some patients with MA will have normal B12 levels; conversely, many individuals with B12 deficiency are not afflicted with MA.

Decreased in:

Iron deficiency, normal near-term pregnancy, vegetarianism, partial gastrectomy/ileal damage, celiac disease, use of oral contraception, parasitic competition, pancreatic deficiency, treated epilepsy and advancing age.

Increased in:

Renal failure, liver disease and myeloproliferative diseases.

Variations due to age Increases: with age.


Temporarily Increased after Drug.

Falsely high in Deteriorated sample.

----- End Of Report -----

Verified by
SRG.




Dr Nilesh Bhamare.
M.D.Pathology
MMC Reg.No.2005/9/3404



SEA BIRD MEDICARE CENTRE POWAI

Patient Details Date: 14-Sep-24 Time: 11:26:45 AM
 Name: DIVYANAND TIWARI ID: 2863
 Age: 35 y Sex: M Height: 177 cms. Weight: 79 Kg.
 Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce Pr.MHR: 185 bpm THR: 157 (85 % of Pr.MHR) bpm
 Total Exec. Time: 8 m 49 s Max. HR: 167 (90% of Pr.MHR)bpm Max. Mets: 10.20
 Max. BP: 160 / 100 mmHg Max. BP x HR: 26720 mmHg/min Min. BP x HR: 5440 mmHg/min
 Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 31	1.0	0	0	68	130 / 80	-0.64 aVR	2.48 II
Standing	1 : 18	1.0	0	0	74	130 / 80	-1.49 aVR	2.48 II
Hyperventilation	0 : 5	1.0	0	0	68	130 / 80	-0.85 aVR	1.77 V2
1	3 : 0	4.6	1.7	10	98	140 / 80	-1.49 aVR	2.12 II
2	3 : 0	7.0	2.5	12	113	150 / 90	-0.85 aVR	2.83 II
Peak Ex	2 : 49	10.2	3.4	14	167	160 / 100	-5.31 I	-5.66 aVL
Recovery(1)	1 : 7	1.8	1	0	111	160 / 100	-2.55 II	5.66 II
Recovery(2)	1 : 0	1.0	0	0	100	140 / 90	-1.91 aVR	5.66 II
Recovery(3)	1 : 3	1.0	0	0	95	130 / 80	-1.27 aVR	4.60 V3
Recovery(4)	0 : 12	1.0	0	0	92	130 / 80	-0.85 aVR	2.83 II

Interpretation

The patient exercised according to the Bruce protocol for 8 m 49 s achieving a work level of Max METS - 10.20. Resting heart rate initially 68 bpm, rose to a max. heart rate of 167 (90% of Pr.MHR) bpm. Resting blood Pressure 130 / 80 mmHg, rose to a maximum blood pressure of 160 / 100 mmHg. No significant ST- T changes. TMT negative for inducible ischemia for the workload achieved



Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392

Ref. Doctor: APOLLO

Doctor: ----

(Summary Report edited by user)

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SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Exec Time: 0 m 0 s

Stage Time: 0 m 31 s **HR: 68 bpm**

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 130 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Pa-R = 60 ms

J-R = 60 ms

Post J = 60 ms

Schler Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Exec Time: 0 m 0 s

Stage Time: 1 m 16 s **HR: 74 bpm**

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 130 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V4.7

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2803

Date: 14-Sep-24

Exec Time: 0 m 0 s

Stage Time: 0 m 5 s

HR: 68 bpm

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 130 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

Isb = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spindler V 4.7

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Exec Time: 3-m-0-s

Stage Time: 3-m-0-s

HR: 98 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 157 bpm)

B.P: 140 / 80

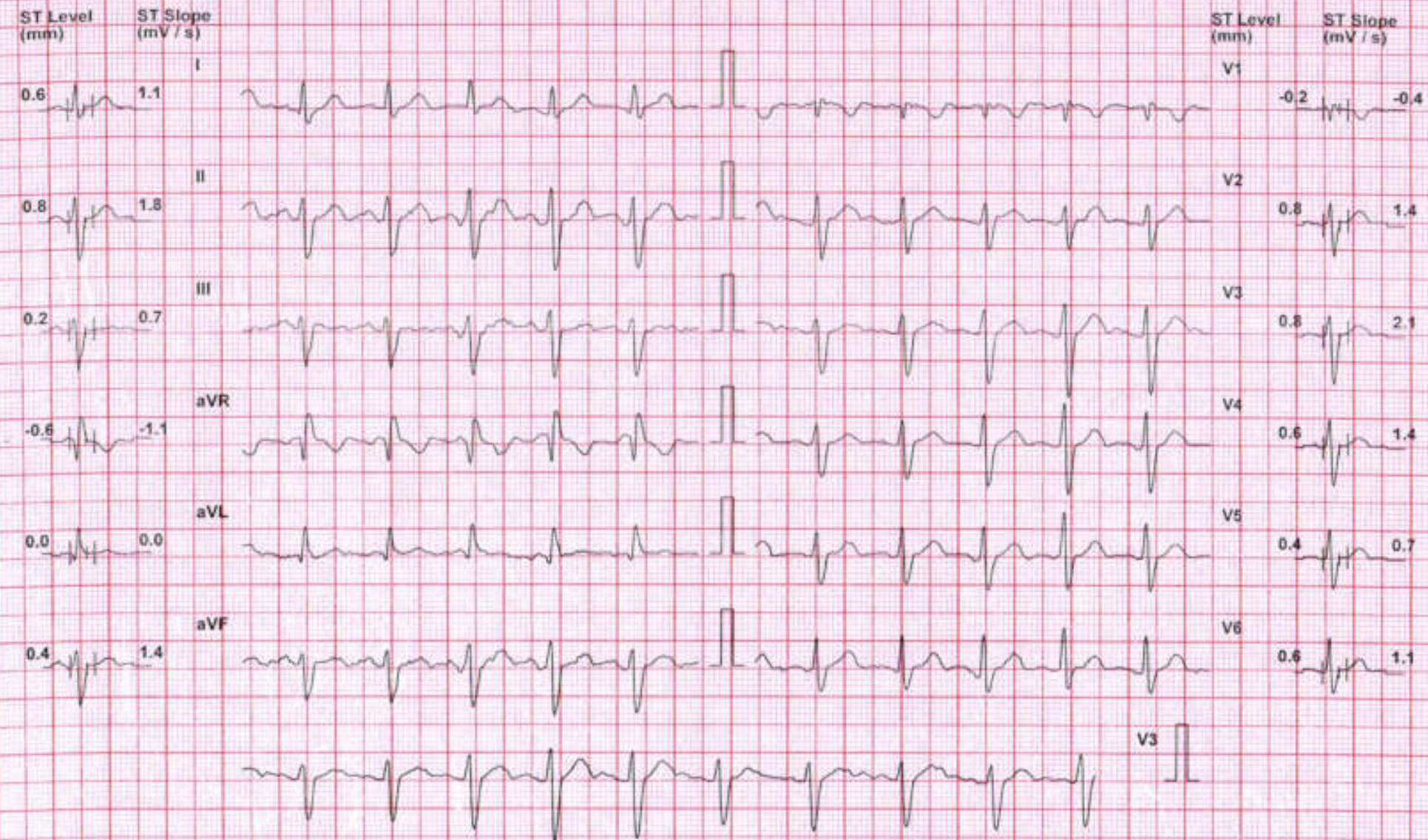


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm Iso = R - 60 ms J = R + 60 ms Post J = J + 60 ms
 Schiller Spandan V 4.7

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Exec Time: 5 m 0 s

Stage Time: 3 m 0 s

HR: 113 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 157 bpm)

B.P: 150 / 90

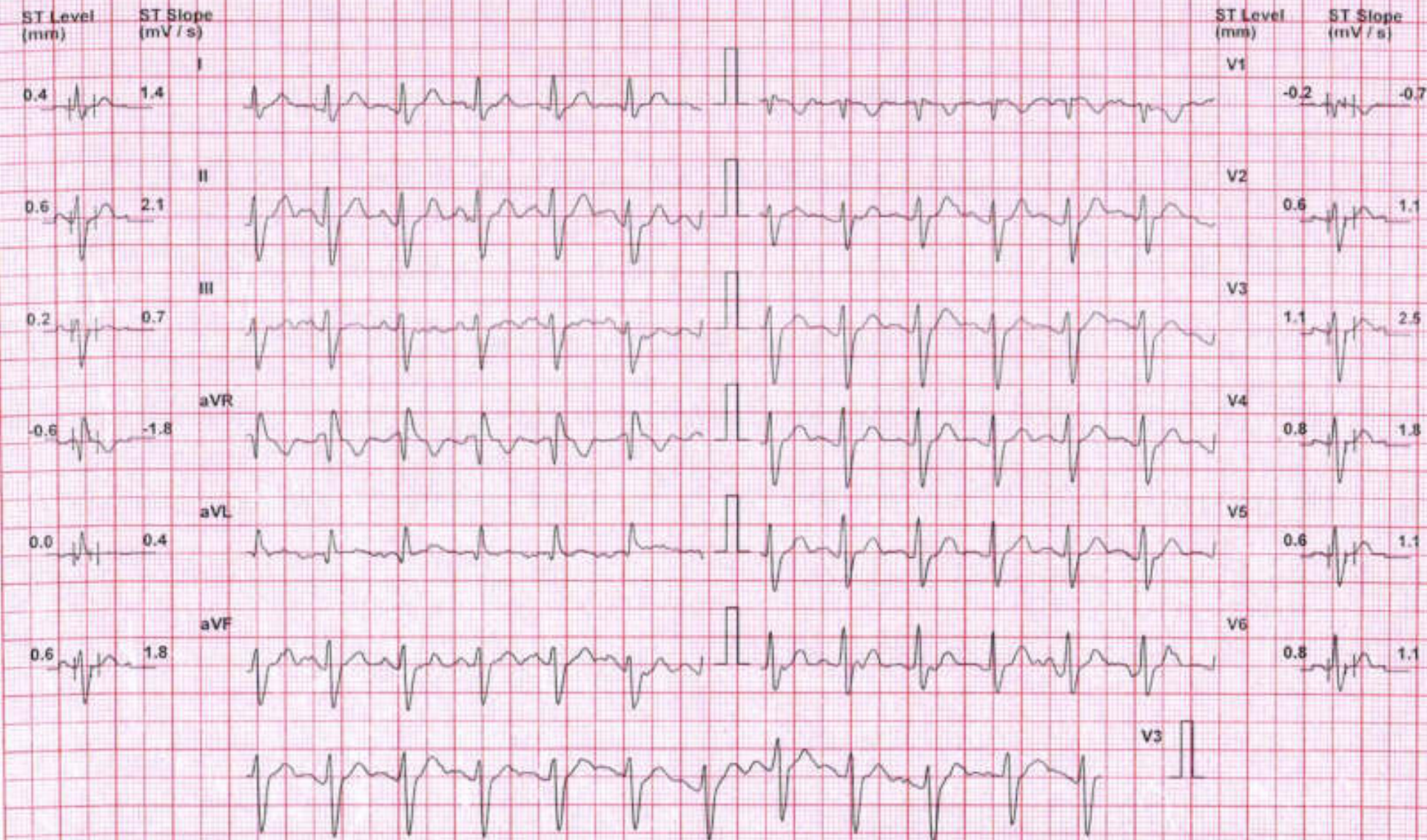


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandart V 4.7

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2883

Date: 14-Sep-24 Exec Time: 8 m 49 s Stage Time: 2 m 49 s HR: 167 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 157 bpm)

B.P: 150 / 100

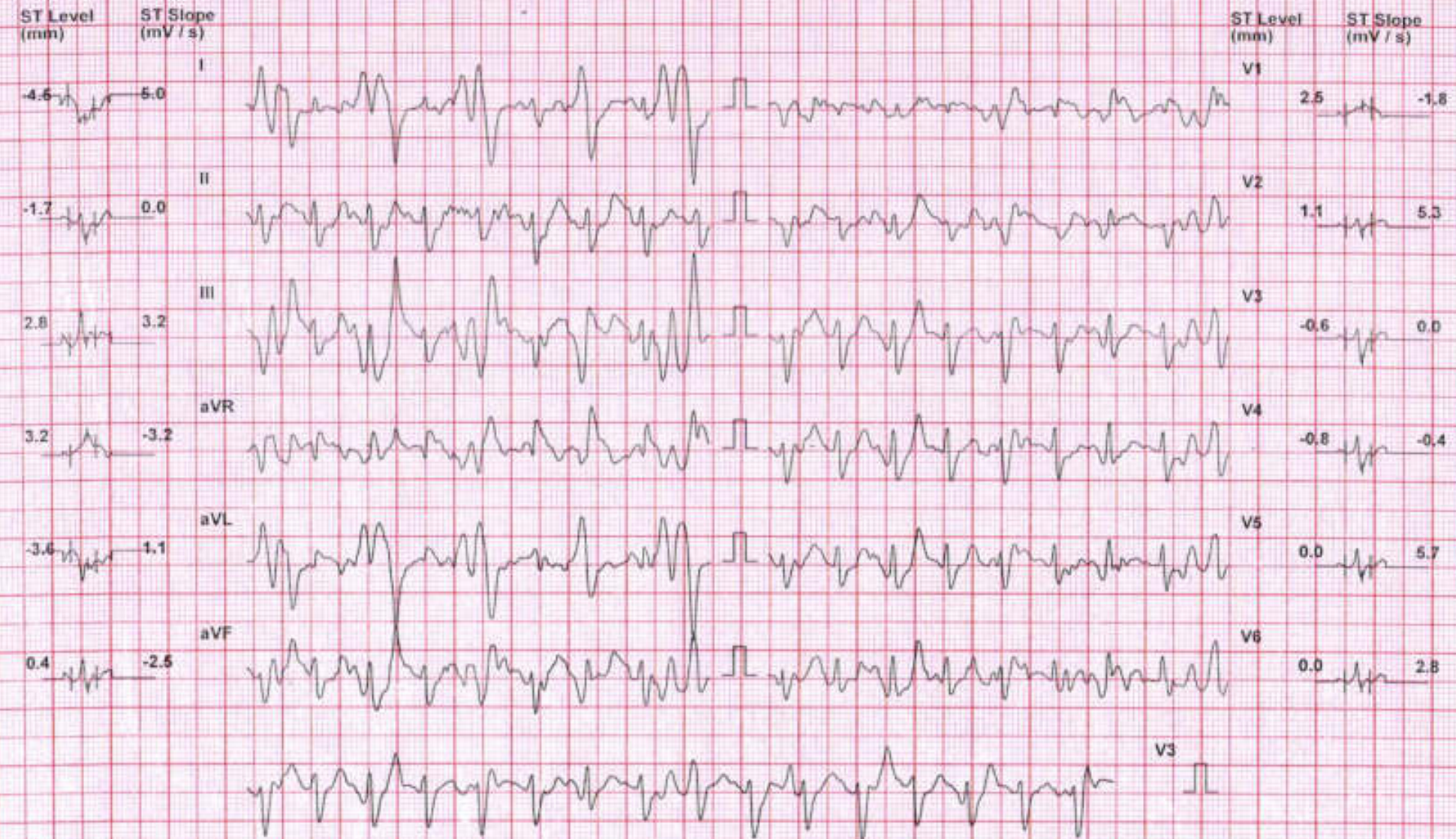


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 5 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 80 ms

Schiller Spandan V47

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Exec Time: 8 m 48 s

Stage Time: 1 m 7 s

HR: 111 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 160 / 100

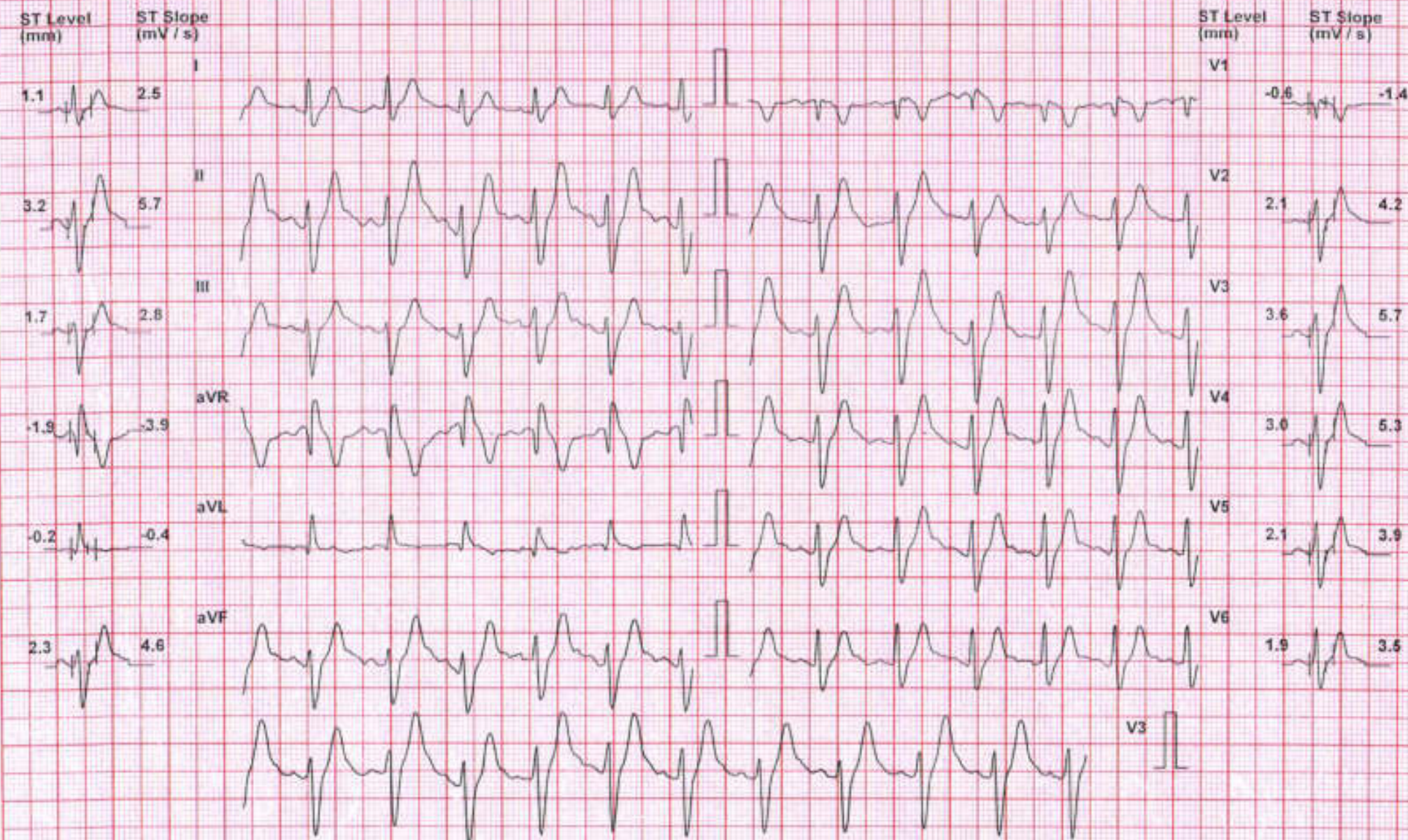


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V4.7

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Exec Time: 8 m 40 s

Stage Time: 1 m 0 s

HR: 100 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 157 bpm)

B.P: 140 / 90



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V47

SEA BIRD MEDICARE CENTRE POWAI

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14 Sep 24

Exec Time: 3 m 49 s

Stage Time: 1 m 3 s

HR: 95 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0%

(THR: 157 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

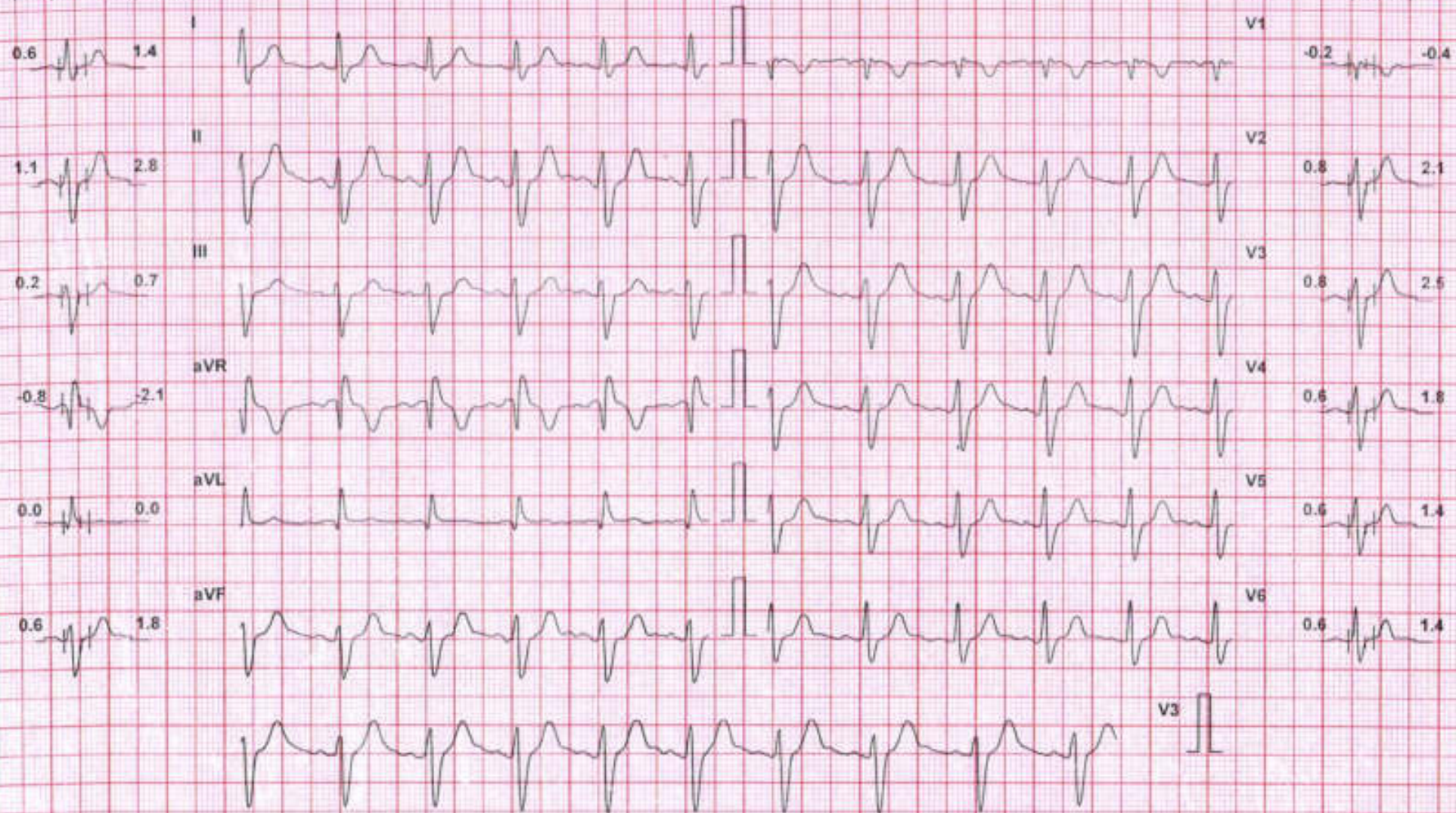


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandax V 4.7

Annexure-2
Self-Health Declaration
(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: Divyanshu First Name Middle Name Surname Tiwari

Address: B-1603, Rudralesh App., Bldg-10, Vashali Nagar,
Dahisar East

City: Mumbai Pin: 400068

Birth Place: U.P. Birth Date: 06/07/1989 Religion: Hindu
(dd/mm/yyyy)

Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No if yes specify

Name	Nature of work	Duration
i) _____		
ii) _____		
iii) _____		

3 NAME OF FAMILY DOCTOR:

Address: _____
Contact Details: _____

4 PERSONAL HABITS:

- i) Smoking
 - ii) Tobacco chewing
 - iii) Alcohol
 - iv) Any other
- } NO

5 MEDICAL HISTORY:

i) ANY DISABILITY: Yes / No If yes specify with disability %

ii) PERSONAL HISTORY:

Are you in good health and capable of full work
Have you ever suffered from job related disease or injury?
Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input checked="" type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input checked="" type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes")

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization: Yes No

Tetanus Toxoid	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hepatitis B	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Others	<input type="checkbox"/>	<input checked="" type="checkbox"/>

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father	61	Good		
Mother	58	Good		
Spouse				
Children-1				
Children -2				

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date:

19/09/2024

(Signature of Candidate)



MER- MEDICAL EXAMINATION REPORT

Date of Examination	14/9/2024		
NAME	Dhyanand Tiwari		
AGE	35	Gender	Male
HEIGHT(cm)	177	WEIGHT (kg)	79.6 kg
B.P.	130/80 mmHg		
EKG	WNL / TMT Negative		
X Ray	WNL		
Vision Checkup	Color Vision : N. Far Vision Ratio : 6/6 - CX Near Vision Ratio : N/6 - N.		
Present Ailments	- Myopia		
Details of Past ailments (If Any)	-		
Comments / Advice	She / He is Physically Fit		

MEDICAL EXAMINER
 Dr. Mrinalini Singh
 CONSULTANT PHYSICIAN
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392



Signature with Stamp of Medical Examiner

Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392


CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Divyanshu Tiwari on 14/9/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none">• Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none">• Unfit	


Dr. Mrinalini Singh
Consultant Physician
MBBS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

Dr. _____
Medical Officer
The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes



भारत सरकार

GOVERNMENT OF INDIA

दिव्यानंद ताड़केश्वर नाथ तिवारी
Divyanand Tarkeshwar Nath Tiwari



जन्म वर्ष / Year of Birth : 1989

पुरुष / Male

2115 7081 2691



आधार – सामान्य माणसाचा अधिकार

SEABIRD MEDICARE CENTRE

102-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai-4

Patient: DIVYANAND TIWARI

Refd. By: APOLLO

Pred. Eqns: RECORDERS

Date : 14-Sep-2024 09:56 AM

Age : 35 Yrs

Height : 177 Cms

Weight : 79 Kgs

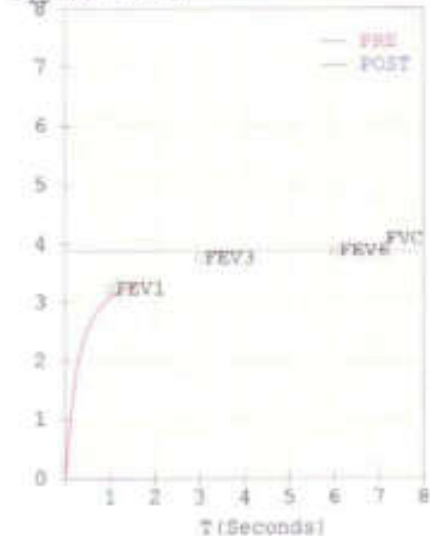
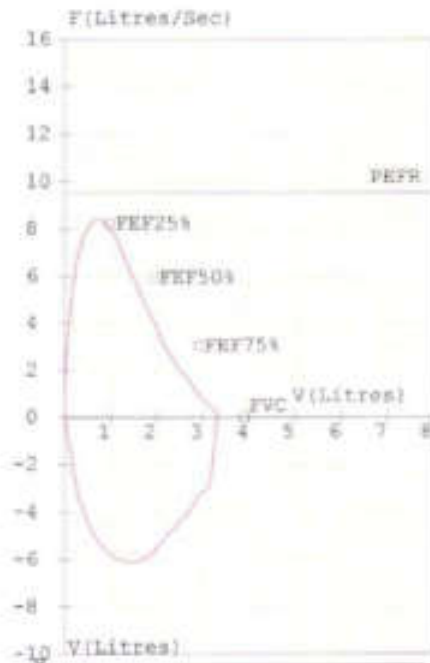
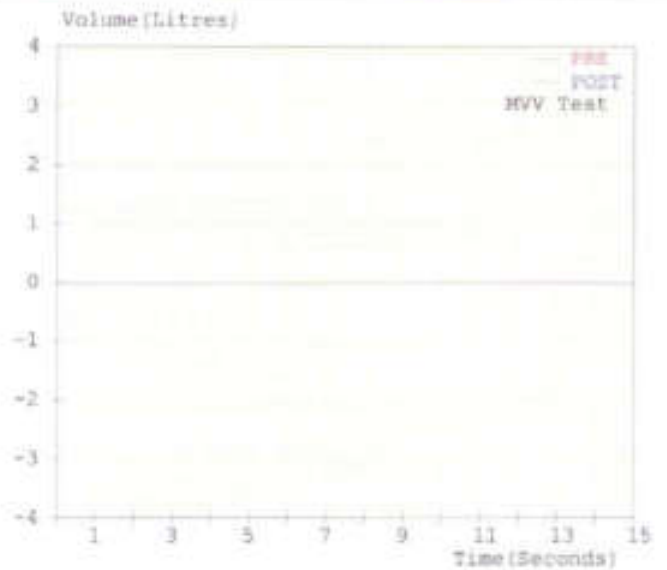
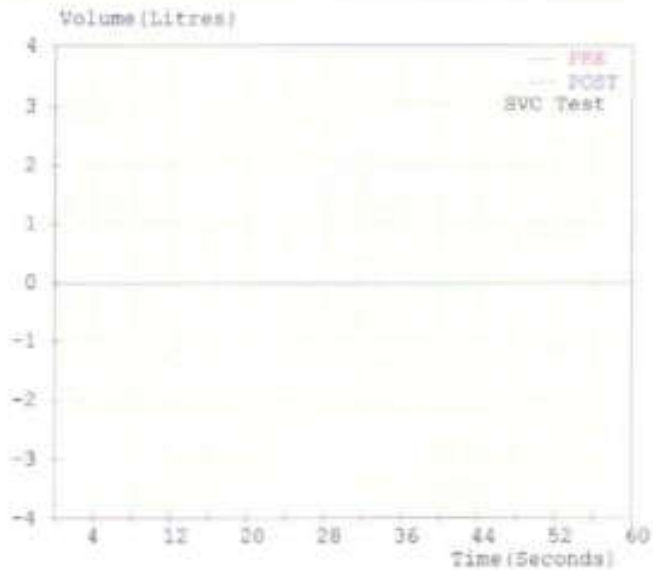
ID : 1349

Gender : Male

Smoker : No

Eth. Corr: 100

Temp :



Spirometry Results

Parameter	Pred	M.Pre	%Pred	M.Post	%Pred	%Imp
FVC (L)	03.87	03.32	086	-----	---	---
FEV1 (L)	03.22	03.08	096	-----	---	---
FEV1/FVC (%)	83.20	92.77	112	-----	---	---
PEF25-75 (L/s)	04.30	04.35	101	-----	---	---
PEFR (L/s)	09.52	08.39	088	-----	---	---
PIVC (L)	-----	03.33	-----	-----	---	---
FEV.5 (L)	-----	02.52	-----	-----	---	---
FEV3 (L)	03.75	03.32	089	-----	---	---
PIFR (L/s)	-----	06.09	-----	-----	---	---
PEF75-85 (L/s)	-----	01.58	-----	-----	---	---
PEF.2-1.2 (L/s)	07.59	07.63	101	-----	---	---
PEF 25% (L/s)	08.22	08.27	101	-----	---	---
PEF 50% (L/s)	05.95	05.21	088	-----	---	---
PEF 75% (L/s)	03.02	02.05	068	-----	---	---
FEV.5/FVC (%)	-----	75.80	-----	-----	---	---
FEV3/FVC (%)	96.90	100.00	103	-----	---	---
FET (Sec)	-----	01.71	-----	-----	---	---
ExptTime (Sec)	-----	00.00	-----	-----	---	---
Long Age (Yrs)	035	036	103	-----	---	---
PEV6 (L)	03.87	-----	-----	-----	---	---
PIF 25% (L/s)	-----	04.36	-----	-----	---	---
PIF 50% (L/s)	-----	03.98	-----	-----	---	---
PIF 75% (L/s)	-----	03.47	-----	-----	---	---
SVC (L)	-----	-----	-----	-----	---	---
ERV (L)	01.51	-----	-----	-----	---	---
IRV (L)	-----	-----	-----	-----	---	---
VE (L/min)	-----	-----	-----	-----	---	---
Rf (l/min)	-----	-----	-----	-----	---	---
Ti (sec)	-----	-----	-----	-----	---	---
Te (sec)	-----	-----	-----	-----	---	---
VT (L)	-----	-----	-----	-----	---	---
VT/Ti	-----	-----	-----	-----	---	---
Ti/Ttot	-----	-----	-----	-----	---	---
IC (L)	-----	-----	-----	-----	---	---
MVV (L/min)	145	-----	-----	-----	---	---
MRF (l/min)	-----	-----	-----	-----	---	---
MVT (L)	-----	-----	-----	-----	---	---

Pre Medication Report Indicates

Spirometry within normal limits as (FEV1/FVC)%Pred >95 and FVC%Pred >80

Dr. Mrinalni Singh
Consultant Physician
MCCS, DNB, MRCP (UK), EDIC
Reg. No. 2019/02/0392

DR MRINALINI



PID NO. : CIA0886

Name : DIVYANAND TIWARI

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:16 am

Coll Date

14-Sep-2024 / 9:11 am

Report Date

14-Sep-2024 / 4:36 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Sr. Calcium (Serum, BAPTA)	9.46	mg/dl	8.6 - 10.0

Test Done on Fully Automated Miapa CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity
 - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
7. Since Sea Bird Medicare Centre does not verify the identify or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Tell Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIADR86
Name : DIVYANAND TIWARI
Sex / Age : Male / 35 Years
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :
Sample Collected At :
Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
Processing Location : - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
14-Sep-2024 / 9:06 am
Coll Date
14-Sep-2024 / 9:11 am
Report Date
14-Sep-2024 / 4:51 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022.	84.59	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022.	96.76	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mipa CXL PRO PLUS Biochemistry Analyser.

Dhanawade

Pritam Dhanawade
Lab Technician

Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist



MMC Reg No. 2006031680

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- B. Enquiry and Home Visit Booking
022 25701053 / 9324924370 or
admin@seabirdhf.com

- C. Sea Bird Medicare services are also available at:
Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0886

Name : DIVYANAND TIWARI

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:06 am

Coll Date

14-Sep-2024 / 9:11 am

Report Date

14-Sep-2024 / 4:51 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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———— End of Report ————

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

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Reg. Date

14-Sep-2024 / 9:16 am

Coll Date

14-Sep-2024 / 9:11 am

Report Date

14-Sep-2024 / 4:36 pm

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"AB"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

———— End of Report ————

LATHA SONAWANE
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

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Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

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14-Sep-2024 / 4:36 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	13.6	gm/dl	13.0 - 17.0
RED BLOOD CELLS			
R.B.C. Count	5.09	million / cumm	4.5 - 5.5
HCT	40.8	%	40 - 50
MCV	80	fL	83 - 101
MCH	26.6	pg	27 - 32
MCHC	33.3	gm / dl	31.5 - 34.5
RDW (CV)	14.3	%	11.6 - 14.0
Total W.B.C. Count	4810	/cu.mm.	4000 - 10000
DIFFERENTIAL COUNT			
Neutrophils	56	%	40 - 80
Lymphocytes	36	%	20 - 40
Eosinophils	03	%	1 - 6

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680

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PID NO. : CIA0886

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Sex / Age : Male / 35 Years

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14-Sep-2024 / 4:36 pm

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	225000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance. Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

— End of Report —

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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Powai: 022-25701053 / 25704157

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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	06	mm at 1hr	0 - 15

Method: Westergren
Sample: Whole Blood (EDTA)

— End of Report —

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 200603168C

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REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.48	%	4 - 5.69
Pre-Diabetic : 5.7 - 6.4 % Diabetic : \geq 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	117.79	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test
- Low glycosylated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAg(mg/dl) = 28.7 \times A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homocystinuric hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mispac I3 Automated Cartridge Based Specific Protein Analyser.

— End of Report —

Dhanawade

Pritam Dhanawade
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Ritesh Kharche

DR. RITESH KHARCHE
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Pathologist

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REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Total Cholesterol Serum, Method: CHOD-PAP	168.1	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	186.47	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	60	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	70.81	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	37.29	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	2.80		Acceptable for Male : < 5.00 Acceptable for Female : <4.50

Dhanawade

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MMC Reg No.2006031680



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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai: 022-25701053 / 25704157

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B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0886

Name : DIVYANAND TIWARI

Sex / Age : Male / 35 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare

105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

14-Sep-2024 / 9:15 am

Coll Date

14-Sep-2024 / 9:11 am

Report Date

14-Sep-2024 / 4:36 pm

REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	1.18		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Intervals are as per ATP III, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated M8pa CXL PRO PLUS Biochemistry Analyser.
- 3) The LDL-Cholesterol is calculated by the Friedewald equation which provides a reliable LDL-Cholesterol value estimate when triglyceride levels are below 400 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

— End of Report —

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
S.G.O.T (Serum, Method-IFCC / UV without P5P)	25.03	U/L	0 - 40
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	55	U/L	40 - 129
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	40.39	U/L	0 - 41
GGT (Serum, Method- IFCC Method)	65.79	U/L	8 - 61
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.62	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.14	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.48	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Biuret)	6.7	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	4.37	g/dl	3.5 - 5.2
Globulin Calculated	2.33	g/dl	1.90 - 3.70
A/G ratio Calculated	1.88		

Test Done on Fully Automated Miasa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
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Pathologist
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LIMITED

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REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
— End of Report —			

Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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14-Sep-2024 / 4:36 pm

REPORT

Prostate-Specific Antigen Test

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TOTAL PSA Serum, Method-ELFA	1.53	ng/ml	Please refer to 'NOTES' below.

METHOD: Two-step enzyme immunoassay sandwich method with a final fluorescent detection (ELFA) on MINI VIDAS automated immunoassay system.

NOTES:

REFERENCE RANGE AS PER AGE:

Age	PSA Concentration
<40 Years	0.21 to 1.72 ng/ml
40-49	0.27 to 2.19 ng/ml
50-59	0.27 to 3.42 ng/ml
60-69	0.22 to 6.18 ng/ml
>60	0.21 to 6.77 ng/ml

INTERPRETATION: PSA is used as a tumor marker to screen for and to monitor prostate cancer. Elevated levels of PSA are associated with prostate cancer, but they may also be seen with prostatitis and benign prostatic hyperplasia. PSA levels tend to increase in all men as they age. If prostate cancer is diagnosed, the total PSA test may be used as a monitoring tool to help determine the effectiveness of treatment. It may also be ordered at regular intervals after treatment to detect recurrence of the cancer. Concentrations of total PSA between 4.0 ng/ml and 10.0 ng/ml are often referred to as the gray zone. It is in this range that the free PSA is the most useful. When men in the gray zone have decreased levels of free PSA, they have a higher probability of prostate cancer; when they have elevated levels of free PSA, the risk is diminished. The ratio of free to total PSA can help the doctor decide whether or not a prostate biopsy should be performed.

———— End of Report ————

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REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	22.01	mg/dl	16.6- 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	10.28	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.98	mg/dL	0.62 - 1.17 mg/dl
Uric Acid Serum, Method: Uricase-POD	4.81	mg/dl	3.4 - 7.0

Test Done on Fully Automated Miska CXL PRO PLUS Biochemistry Analyser.

———— End of Report ————

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REPORT

THYROID FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
TSH	3.02	µIU/ml	0.25-5 µIU/ml
T3	1.63	nmol/l	0.92-2.33 nmol/l
T4	78.38	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3 : Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 : Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyrokin-binding globulin(TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests

— End of Report —

Pritam Dhanawade

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
PHYSICAL EXAMINATION			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
CHEMICAL EXAMINATION			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No. 2006031680

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HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andhari East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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 - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CIA0886
Name : DIVYANAND TIWARI
Sex / Age : Male / 35 Years
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :
Sample Collected At :
Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
14-Sep-2024 / 9:06 am
Coll Date
14-Sep-2024 / 9:11 am
Report Date
14-Sep-2024 / 4:37 pm

REPORT

URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/peroxidase reaction), Ketone(Rother's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy

— End of Report —

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
14-Sep-2024 / 9:16 am
Coll Date
14-Sep-2024 / 9:11 am
Report Date
14-Sep-2024 / 4:38 pm

REPORT

VITAMIN D TOTAL 25-OH (D2 + D3)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
VITAMIN D TOTAL Serum, Method-ELFA	21.3	ng/ml	Interpretation mentioned below

METHOD: Enzyme immunoassay competition method with a final fluorescent detection (ELFA) on MINI VIDAS automated immunoassay system.

INTERPRETATION:

Deficiency: <20 ng/ml
Insufficiency: 20-29 ng/ml
Sufficiency: 30-100 ng/ml
Toxicity: >100 ng/ml

-Levels <20 ng/ml may be associated with more severe abnormalities and can lead to inadequate mineralization of newly formed osteoid resulting in rickets in children and osteomalacia in adults.

-Patients who present with hypercalcemia, hyperphosphatemia and low PTH may suffer either from ectopic, unregulated conversion of 25-OH-VitD to 1,25(OH)₂-VitD as an occur in granulomatous diseases, particularly sarcoidosis or from nutritionally-induced hypervitaminosis D. Serum 1,25 (OH)₂-VitD level will be high in both groups, but only patients with hypervitaminosis D will have serum 25-OH-VitD concentrations of >100 ng/ml.

— End of Report —

Pritam Dhaniwade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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SEA BIRD MEDICARE CENTRE

Report ID : DTM14915511
Patient Name : Mr. DIVYANAND TIWARI
Rank :
Ref By : DR.PARAG ARVIND PRADHAN
Reg. : 14-Sep-2024
Report Date : 16-Sep-2024
Company Name : M/S. APOLLO HEALTH AND LIFESTYLE
Age/Sex : 35 Year / Male

CHEST X RAY REPORT

X-Ray No : 5383

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.



Dr. Jacob
Mathew MD

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com

DIVYANAND TIWARI (35 M)

ID: 2863

Date: 14-Sep-24

Time: 11:23:07 AM BP: 130/80 mmHg

Chart Speed: 25 mm/sec

Filter: 35 Hz

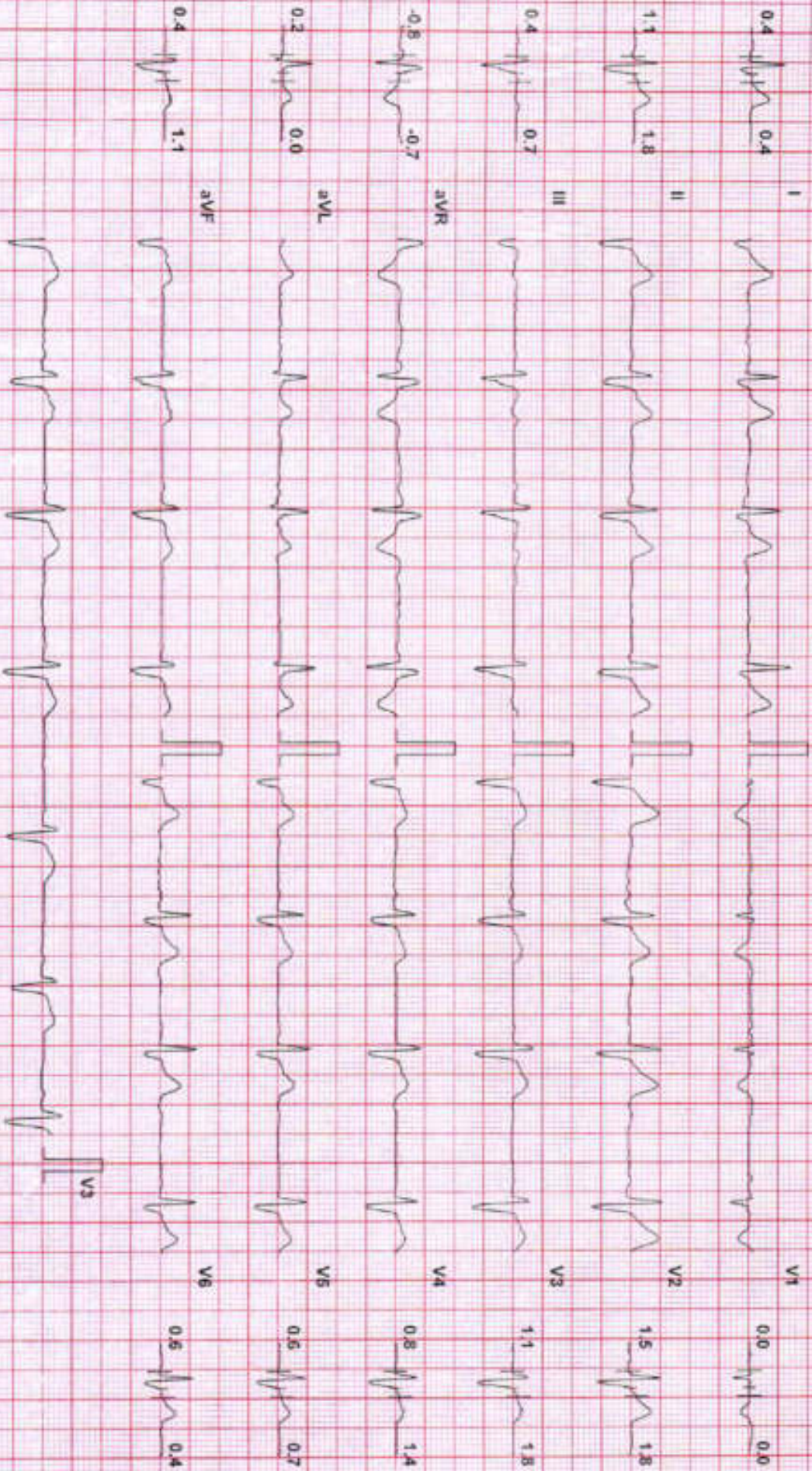
Mains Filter ON

Amp: 10 mm

HR: 60 bpm

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)



iso = R - 60 mm J = R + 60 mm Post J = J + 69 mm

Interpretation: **NSR**

Ref By: **APULLO**

Dr. Mrinalini Singh
 Consultant Physician
 MBBS, DNB, MRCP (UK), EDIC
 Reg. No. 2019/02/0392