

NAME:	Dr. Subal Pradhan	UHID:	
AGE:	35	DATE OF HEALTHCHECK:	15-2-2024
GENDER:	M		

HEIGHT:	169	MARITAL STATUS:	M
WEIGHT:	63.7	NO OF CHILDREN:	1
BMI:	22.3		

C/O:

K/C/O:

PRESENT MEDICATION: - No

P/M/H: - No

P/S/H: - No

ALLERGY: - No

PHYSICAL ACTIVITY: Active / Moderate / Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER:

ALCOHOL:

MOTHER:

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY:

BP: - 110/80 PULSE: - 78/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING:

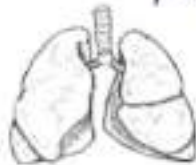
TEMPERATURE: N SCARS:

OEDEMA:

S/E:

P/A:

RS:



CVS:

Extremities & Spine:

CNS:

Skin:

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: Mr. Sushil Pradhan	Age: 35y	Date of Health check-up: 10/01/2024
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Findings and Recommendation:

Findings:-

Report on.

Recommendation:-

Signature:

Consultant -



DR. ANIRBAN DASGUPTA
MBBS, MD, MEDICINE
DIPLOMA CARDIOLOGY
MMC-2005/Q2/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 10/12/24

Name: Mr. Sushil Age: 38 Gender: Male/Female

Without Correction: 1 van 2 cricket ball

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye 26 Left Eye 26

With Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : N 100 BL

Anterior Segment Examination : _____

Pupils : N 5 BL

Fundus : _____

Intraocular Pressure : 12 mm Hg BL

Diagnosis : Refractive error EDOV 2 lines

Advice : _____

Re-Check on 6 mths (This Prescription needs verification every year)

Dr. 1
 (Consultant Ophthalmologist)
DR. RUCHIKA SHARMA
 M. S. (OPHTH)
 CONSULTING OPHTHALMOLOGIST
 & MICRO SURGEON
 REG. No.: 3262 / 09 / 02

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

DENTAL CHECKUP

Name: Ganesh Kumarat Sushil Pradhan	MR NO:
Age/Gender : 43 M	Date: 10/2/24

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains	✓	✓	✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: _____

- Scaling & polishing - 1200

DR. AQSA SHAIKH

B. D. S

Reg. No. A 42611

ANDHERI • COLABA • NASHIK • VASHI

DR. AQSA SHAIKH

1989

Name : Mr. Sushil Pradhan Gender : Male Age : 35 Years
 UHID : FVAH 10573 Bill No : Lab No : V-1324-23
 Ref. by : SELF Sample Col.Dt : 10/02/2024 10:05
 Barcode No : 8002 Reported On : 10/02/2024 20:37


TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	14.2	g/dl	13 - 18
RBC Count (Impedance)	4.99	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	43.7	%	35 - 55
MCV:(Calculated)	87.6	fL	78 - 98
MCH:(Calculated)	28.4	pg	26 - 34
MCHC:(Calculated)	32.4	gm/dl	30 - 36
RDW-CV	14.3	%	11.5 - 16.5
Total Leucocyte count(Impedance)	6410	/cumm.	4000 - 10500
Neutrophils:	62	%	40 - 75
Lymphocytes:	31	%	20 - 40
Eosinophils:	03	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	2.84	Lakhs/c.mm	1.5 - 4.5
MPV	7.8	fL	6.0 - 11.0
ESR(Westergren Method)	08	mm/1st hr	0 - 20
Peripheral Smear (Microscopic examination)			
RBCs:	Normochromic, Normocytic		
WBCs:	Normal		
Platelets	Adequate		
Note:	Test Run on 5 part cell counter. Manual diff performed.		

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By

Page 3 of 00

 Dr. Milind Patwardhan
 M.D(Path)
 Chief Pathologist

End of Report
 Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.

NABL Accredited Laboratory

The Emerald, 1st Floor, Plot No. 195, Sector-12,
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.

Tel.: (022) - 2788 1322 / 23 / 24 ☎ 8291490000

Email: apolloclinicvashi@gmail.com

Apollo Clinic
VASHI

Name : Mr. Sushil Pradhan Gender : Male Age : 35 Years
UHID : FVAH 10573 Bill No : Lab No : V-1324-23
Ref. by : SELF Sample Col.Dt : 10/02/2024 10:05
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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group: **:B:**
Rh Type: **Positive**
Method : Matrix gel card method (forward and reverse)

Sheetal Nakate
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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

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
Name : Mr. Sushil Pradhan Gender : Male Age : 35 Years
UHID : FVAH 10573 Bill No : Lab No : V-1324-23
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	99	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	149	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Alsaba Shaikh
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Ms Kaveri Gaonkar
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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

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Name	: Mr. Sushil Pradhan	Gender	: Male	Age	: 35 Years
UHID	: FVAH 10573	Bill No		Lab No	: V-1324-23
Ref. by	: SELF	Sample Col Dt	: 10/02/2024 10:05		
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
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LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	152	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable: >240
S. Triglyceride(GPO-POD)	91	mg/dL	Desirable < 150 Borderline: >150-<499 Undesirable: >500
S. VLDL:(Calculated)	18.2	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	39.0	mg/dL	Desirable > 60 Borderline: >40-<59 Undesirable: <40
S. LDL:(calculated)	94.8	mg/dL	Desirable < 130 Borderline: >130-<159 Undesirable: >160
Ratio Cholesterol/HDL	3.9		3.5 - 5
Ratio of LDL/HDL	2.4		2.5 - 3.5

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Page 5 of 10

Name : Mr. Sushil Pradhan Gender : Male Age : 35 Years
UHID : FVAH 10573 Bill No : Lab No : V-1324-23
Ref. by : SELF Sample Col Dt : 10/02/2024 10:05
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LFT(Liver Function Tests)-Serum


S.Total Protein (Biuret method)	7.54	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.63	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.91	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.59		0.9 - 2
S.Total Bilirubin (DPD):	0.45	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.27	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	17	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	13	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	76	U/L	40 - 129
S.GGT(IFCC Kinetic):	12	U/L	11 - 50

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Results are to be correlated clinically

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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

Name : Mr. Sushil Pradhan Gender : Male Age : 35 Years
UHID : FVAH 10573 Bill No : Lab No : V-1324-23
Ref. by : SELF Sample Col.Dt : 10/02/2024 10:05
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY	
S.Urea(Urease Method)	16.7 mg/dl	10.0 - 45.0
BUN (Calculated)	7.79 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.78 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	9.99	9:1 - 23:1
S.Uric Acid(Uricase Method)	5.6 mg/dl	3.4 - 7.0

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Name : Mr. Sushil Pradhan Gender : Male Age : 35 Years
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.08	nmol/L	1.1 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	128.6	nmol/L	66 - 183 nmol/L
TSH-Ultrasecutive (Thyroid-stimulating hormone) Method : ECLIA	2.2	IU/ml	Euthyroid : 0.35 - 5.50 IU/ml Hyperthyroid : < 0.35 IU/ml Hypothyroid : > 5.50 IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e.g L dopa, Glucocorticoids
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Dr. Milind Patwardhan
M.D(Path)

Page 8 of 10 Chief Pathologist

End of Report
Results are to be correlated clinically

Name	: Mr. Sushil Pradhan	Gender	: Male	Age	: 35 Years
UHID	: FVAH 10573	Bill No	:	Lab No	: V-1324-23
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
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URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	30	ml	
COLOUR	Pale Yellow		
APPEARANCE	Clear		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	7.0	4.6 - 8.0
SPECIFIC GRAVITY	1.010	1.005 - 1.030
URINE ALBUMIN	Absent	Absent
URINE SUGAR(Qualitative)	Absent	Absent
KETONES	Absent	Absent
BILE SALTS	Absent	Absent
BILE PIGMENTS	Absent	Absent
UROBILINOGEN	Normal(<1 mg/dl)	Normal
OCCULT BLOOD	Absent	Absent
Nitrites	Absent	Absent

MICROSCOPIC EXAMINATION

PUS CELLS	Occasional	0 - 3/hpf
RED BLOOD CELLS	Nil /HPF	Absent
EPITHELIAL CELLS	Occasional	3 - 4/hpf
CASTS	Absent	Absent
CRYSTALS	Absent	Absent
BACTERIA	Absent	Absent

Dilpreetkaur S Singh
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Dr. Milind Patwardhan
M.D(Path)
Page 9 of Chief Pathologist

End of Report
Results are to be correlated clinically

Name	: Mr. Sushil Pradhan	Gender	: Male	Age	: 35 Years
UHID	: FVAH 10573	Bill No	:	Lab No	: V-1324-23
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
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STOOL EXAMINATION

PHYSICAL EXAMINATION

COLOUR	Brown	
CONSISTENCY	Semi Solid	
MUCUS	Absent	Absent

CHEMICAL EXAMINATION

OCCULT BLOOD (Guaiac method)	Absent	Absent
PH(Litmus paper)	Acidic	Acidic/Alkaline

MICROSCOPIC EXAMINATION

PUS CELLS	Absent	0 - 1
EPITHELIAL CELLS	Absent	Absent
RED BLOOD CELLS	Nil /HPF	Absent
FAT GLOBULES	Absent	Absent
VEGETABLE FIBRES	Present	Present
YEASTS	Absent	Absent
CYST	Absent	Absent
VEGETATIVE FORMS	Absent	Absent
OVA	Absent	Absent

Anushka Chavan
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Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

35 Years

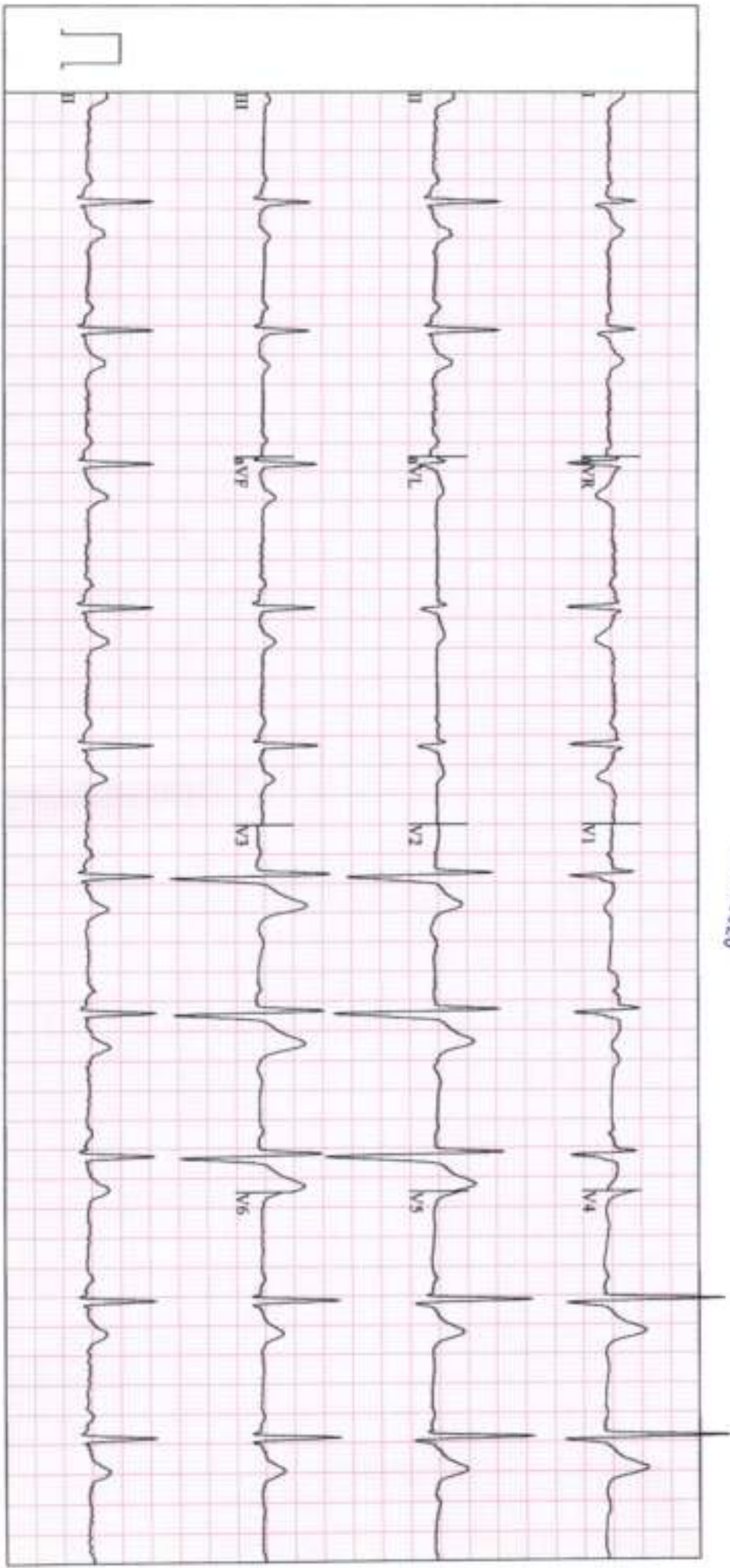
Male

NORMAL ECG

QRS : 90 ms
QT / QTc Baz : 338 / 369 ms
PR : 156 ms
P : 90 ms
RR / PP : 934 / 937 ms
P / QRS / T : 54 / 73 / 48 degrees

Normal sinus rhythm
Normal ECG

Dr. Anirban S Gupta
Dr. ANIRBAN S GUPTA
M.D. in Cardiology
Diploma Cardiology
MMC -2005/02/0920



Unconfirmed

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SUSHIL, PRADHAN
Patient ID: 10573
Height:
Weight:

DOB: 08.05.1988
Age: 35yrs
Gender: Male
Race: Asian

Study Date: 15.02.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. ANIRBAN DASGUPTA
Technician: SWAPNALI LAKHIMALE

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:23	0.00	0.00	78	120/80	
	STANDING	00:14	0.00	0.00	86		
	HYPERV.	00:16	0.00	0.00	81		
	WARM-UP	00:06	0.10	0.00	77		
EXERCISE	STAGE 1	03:00	1.70	10.00	111	130/80	
	STAGE 2	03:00	2.50	12.00	125	140/80	
	STAGE 3	03:00	3.40	14.00	150	150/80	
	STAGE 4	00:31	4.20	16.00	164	160/90	
RECOVERY		01:04	0.00	0.00	112	170/90	

The patient exercised according to the BRUCE for 9:31 min:s, achieving a work level of Max. METS: 11.70. The resting heart rate of 82 bpm rose to a maximal heart rate of 166 bpm. This value represents 89% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 170/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

Dasg
Dr. ANIRBAN DASGUPTA
M.B., B.S., D.N.B. Medicine
Diploma Cardiology
MMC -2005/02/0920

PATIENT'S NAME	SUSHIL PRADHAN	AGE :- 35 Y/M
UHID NO	10573	10 Feb 2024

DIGITAL RADIOGRAPH OF CHEST (PA VIEW)

The lung fields are clear.

Heart and aorta appears normal.

Both hila appear normal.

Both costo-phrenic angles are clear.

Visualized bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED IN CURRENT RADIOGRAPH.

Clinico-haematological correlation is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Cons. Radiologist

PATIENT'S NAME	SUSHIL PRADHAN	AGE :- 35y/M
UHID NO	10573	10 Feb 2024

USG ABDOMEN AND PELVIS (TAS)

Liver is normal in size, shape and echotexture. There is no focal lesion seen. The portal vein and common bile duct are normal in course and caliber. There is no evidence of intra-hepatic biliary duct dilatation seen. PV = 11 mm. CBD = 2.5 mm.

Gall Bladder is partially distended. No calculus, abnormal wall thickening or pericholecystic fluid collection is seen.

The visualized **Pancreas** is normal in size, shape and echotexture. There is no focal lesion seen.

Spleen is normal in size, shape and echotexture. There is no focal lesion seen.

Right Kidney measures 9.4 x 2.9 cm. **Left Kidney** measures 10.7 x 4.4 cm.
Both kidneys are normal in size, shape and echotexture. No evidence of any focal lesion is noted. No hydronephrosis, hydroureter or calculus is noted in both kidneys. Cortico medullary differentiation is well maintained.

Urinary Bladder is well distended. There is no evidence of focal lesion. No evidence of any calculus is seen.

Prostate gland is normal in size, shape and echopattern.

There is no free fluid or abdominal lymphadenopathy.

IMPRESSION: - NO SIGNIFICANT ABNORMALITY IS DETECTED.

Clinico-haematological correlation and imaging follow-up is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Con. Radiologist