

- COMPU. PATHOLOGY • ALLERGY TESTING
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- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR SHIVKUMAR IYER
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 69 Years
Collected At : GOREGAON MAIN BRANCH

Lab No. : LEB6965 *LEB6965*
Reg. Date : 29-May-2024 8:23 am
Report Date : 29-May-2024 7:18 pm
Print Date : 30-May-2024 3:51 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	8.00		5 - 20 mg/dl
CREATININE	1.1	mg/dl	0.7 - 1.3 mg/dl
Serum Uric Acid	5.60	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	69		
eGFR	70.54	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

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BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	142.7	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: \geq 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	171.3	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: \geq 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	13.7	gm %	Male : 13 - 17.0 gm%
Erythrocytes (Total RBCs)	4.95	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	43.7	%	Male : 37 - 51 %
MCV	88.30	fl	80- 96 fl
MCH	27.70	pg	27 - 32 pg
MCHC	31.40	gm%	32 - 37 gm%
RDW	14.6	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	5310	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	54	%	40 - 75
Lymphocytes	33	%	20 - 40
Eosinophils	05	%	0 - 6
Monocytes	08	%	2 - 8
Platelet count	231000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	15	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	7.35	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	164.25		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more

CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	134	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	102.1	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	41.2	mg / dl	35.3 - 79.5 mg / dl
VLDL	20.42	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	72.38	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.25		< 5
LDL / HDL	1.76		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.83	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.4	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.43	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	12.0	U / L	Up to 45 U / L
S.G.O.T.	20.30	U / L	Up to 46 U / L
Alkaline Phosphatase	71.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7	gm / dl	6.4 - 8.3 gm / dl
Albumin	3.94	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.06	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.29		1.0- 2.3
GGT	25.4	IU/L	55 IU/L

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PSA

TEST	RESULT	UNITS	NORMAL VALUES
Prostate Specific Antigen	2.430	ng/ml	< = 4.03 ng/ml
Method	CLIA		

Interpretation :

PSA exists in serum mainly in two forms, complexed to alpha- 1 -anti-chymotrypsin and unbound (free PSA). Increases in prostatic glandular size and tissue damage caused by benign prostatic hypertrophy, prostatitis, or prostate cancer may increase circulating PSA levels. Transient increase in PSA can also be seen following per rectal digital or sonological examinations.

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR SHIVKUMAR IYER
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 69 Years
Collected At : GOREGAON MAIN BRANCH

Lab No. : LEB6965 *LEB6965*
Reg. Date : 29-May-2024 8:23 am
Report Date : 29-May-2024 6:25 pm
Print Date : 30-May-2024 3:51 pm

STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Colour	Brown
Form (Consistency)	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<u>CHEMICAL EXAMINATION</u>	
Reaction	Acidic
Occult Blood	Absent
Reducing Substance	Absent
<u>MICROSCOPIC EXAMINATION</u>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	1-2 / hpf
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

----- End of Report -----

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Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR SHIVKUMAR IYER
Referred By Dr : MEDIWHEEL
Sex : MALE Age : 69 Years
Collected At : GOREGAON MAIN BRANCH

Lab No. : LEB6965 *LEB6965*
Reg. Date : 29-May-2024 8:23 am
Report Date : 29-May-2024 7:11 pm
Print Date : 30-May-2024 3:51 pm

T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	135.989	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	6.211	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.293	uIU/mL	HYPOTHYROID : Less than 4.71 µg/dl 0.3 - 4.3 uIU/ml Hypothyroid > 15.0 Hyperthyroid : < 0.3 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	1-2/ hpf
Epithelial Cells	1-2/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

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**Health Check up Booking Confirmed Request(39E1032),Package Code-
PKG10000476, Beneficiary Code-315934**

2 messages

Mediwheel <wellness@mediwheel.in>
To: healthcare.medicals@gmail.com
Cc: customercare@mediwheel.in

Mon, May 27, 2024 at 4:20 PM



011-41195959

Hi **Healthcare Medical Centre and Diagnostic**,

The following booking has been confirmed. It is requested to honor the said booking & provide priority services to our client

Hospital Package Name : Mediwheel Full Body Health Checkup Male Above 40

Patient Package Name : Mediwheel Annual Health checkup Male

Hospital Address : 10,76 Unnat Nagar CCI COL,M.G.Road, Nr. Jain Mandir, Goregaon (W),

Contact Details : 9870371422

Appointment Date : 29-05-2024

Confirmation Status : Booking Confirmed

Preferred Time : 8:30am

Member Information		
Booked Member Name	Age	Gender
SHIVKUMAR SUBRAMANIAM IYER	68 year	Male

We request you to facilitate the employee on priority.

Thanks,
Mediwheel Team
Please Download Mediwheel App



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To,

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Shivkumar Subramaniam Iyer
S/O: Subramaniam Iyer
galaxy classique co.op. Society, B/202
off M G road
near rajiv gandhi gardan mitha nagar Goregaon (West)
Mumbai
Motilal Nagar Mumbai Mumbai
Maharashtra 400104
9870371422

10/11/2013

Ref: 223 / 08L / 337601 / 338286 / P



SH636368558FT

Dr. NUPUR RAI

MBBS, DIPLOMA CARDIOLOGY (PGDCC)

Reg. No.: 2018115643

आपला आधार क्रमांक / Your Aadhaar No. :

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शिवकुमार सुब्रमणियम अयर
Shivkumar Subramaniam Iyer
जन्म तारीख / DOB : 01/09/1955
पुरुष / Male

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HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR SHIVKUMAR IYER	DATE	29/05/2024
HEIGHT:-	170 CMS	WEIGHT:-	88 KGS
AGE	69 YRS	SEX	MALE
REFERRED BY	MEDIWHEEL		

PRESENT COMPLAINT:- NIL

CURRENT MEDICATION:- NIL

PAST HISTORY :- CATARACT OPERATION OF BOTH EYES 1 AND HALF YEARS BACK

ALLERGY: NIL

APPETITE: GOOD

HABITS: NIL

BOWEL:- NAD

SLEEP : NAD

BLADDER:-NAD

FAMILY HISTORY : NIL

GENERAL EXAMINATION:

ADVICE:

P: 75 / MIN

BP: 164 /98 mm/Hg

fit for employment

PALLOR: NO

ICTERUS: NO

OEDEMA: NO

CNS: NAD

T. Glucophage 500 T x 3 m/n

PA: SOFT, NON TENDER

CVS : NAD

Reduce sugar intake & salt intake

RS : CLEAR, NAD

Ref. Urologist

OTHERS: NAD

Repeat HbA1c & BSL F, PP after 3 m/n

INVESTIGATION:

Dr. NUPUR RAI
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)
 DR. YOGESH BONDHRA (M.D.)

HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS
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DENTAL CHECK UP

NAME	Mr. Shivkumar. Iyer	DATE	29/05/24
REFERRED BY	Mediwheel	AGE - YRS	69
		SEX	M

CHIEF COMPLAINT :	Pain in the right upper molar tooth
PAST DENTAL HISTORY :	Implant of right lower molar tooth done
HABITS :	Nil
ORAL EXAMINATION :	O/E orally hygiene fair - Slight yellowish discoloration of teeth - Caries over left & right upper & lower molar teeth - NO mouth ulcers
TREATMENT :	

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DR SIGNATURE

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EYE CHECK UP & COLOUR VISION

NAME- <i>Ms. Shivkumar. Iyer</i> REF- <i>Mediwheel</i> DATE- <i>29/05/24</i>	AGE: <i>69</i> SEX: <i>M</i>
--	------------------------------

	RIGHT EYE	LEFT EYE
CORNEA	NORMAL	NORMAL
PUPIL	NORMAL	NORMAL
SCLERA	NORMAL	NORMAL
EYE MOVEMENTS	NORMAL	NORMAL
REFRACTIVE ERROR	<i>+1.5</i>	<i>+1.25</i>
COLOUR VISION	NORMAL	NORMAL

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NAME	MR SHIVKUMAR IYER	DATE	29.05.2024
		AGE	69 YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

X-RAY CHEST (PAVIEW).

The lungs on either side show equal transluceny

The cardiac size is normal.

The pleural spaces are normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.

DR. ANIL SAXENA
(Consultant Radiologist)

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NAME: MR. SHIVKUMAR IYER

DATE: 29/05/2024.

REF BY: MEDI WHEEL

AGE: 69 / MALE.

2D ECHOCARDIOGRAPHY

M Mode measurements: (mm)

LA	38	IVSd	13
AORTA	25	IVSs	12
LVIDd	40	PWd	14
LVIDs	26	PWs*	13

FS	32 %
LVEF	60 %

2D Echo findings:

RWMA	None
Aortic Valve	Normal
Mitral Valve	Normal
Tricuspid valve	Trivial TR
PV/RVOT	Normal
IAS/IVS	Intact
Clot / vegetation	Absent
Pericardium	Normal: No effusion.

Doppler findings

: Mitral valve E vel 76 cm/s, A vel 98cm/s; E<A.
Type I LV Diastolic Dysfunction.
AV PG 3.7 mm HG.
No Pulmonary arterial hypertension (PASP by TR jet is 16 mmhg)

CONCLUSION:

Mild concentric LVH.
Normal size cardiac chambers.
No regional wall motion abnormality at rest.
Type I LV diastolic dysfunction .
No Pulmonary arterial hypertension.
LVEF = 60 %, RVEF=50%.

DR. VISHWANATH S. YADAV
DNB (MEDICINE), DNB(CARDIOLOGY), MNAMS, AFESC.
INTERVENTIONAL CARDIOLOGIST

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NAME	MR SHIVKUMAR IYER	DATE	29.05.2024
		AGE	69 YRS
REF. BY	MEDIWHEEL	SEX	MALE

REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,

LIVER : Liver is normal in size showing bright parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

Gall bladder : The Gall bladder is contracted.

PANCREAS : Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture.No focal lesion seen.

KIDNEYS : Both kidneys are normal in size and shows homogenous cortical echotexture.Central calyceal echoes appears normal.

Two calculi measuring 5.9 mm & 6.3 mm are seen in the upper and lower pole of the right kidney. Few tiny calculi are also seen in the right kidney.

Two calculi measuring 4.4 mm & 3.3 mm are seen in the mid and lower pole of the left kidney. Few tiny calculi are also seen in the left kidney.

Multiple tiny parenchymal calcification is also seen in both the kidneys.

Few cortical cysts are seen in both the kidneys, largest measuring 3.5 x 3.2 cm in the right kidney and 3.0 x 1.9 cm in the left kidney.

(a) Right kidney measures: 11.5 x 4.8 cms

(b) Left kidney measures: 11.0 x 4.6 cms.

SPLEEN : The spleen is normal in size with homogenous paranchymal echotexture.No focal lesion are seen.

URINARY BLADDER : Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen in the bladder.

Prevoid volume = 164 cc, Postvoid residue = nil.

PROSTATE :Prostate is mildly enlarged in size and volume is 27.9 cc.

IMPRESSION :

Grade I fatty liver.

Bilateral renal calculi and cysts. Multiple tiny parenchymal calcification is also seen in both the kidneys.

Mild prostatomegaly.

DR. SHRIKANT BODKE . CONS.RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Further / Follow-up imaging may be needed for confirmation of findings. Patient has been explained in detail about the USG findings measurements and limitations. In case of any typographical error in the report patient is requested to immediately contact the center for rectification, post which the center will not be responsible for any rectofcation. Please interpret accordingly.

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- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



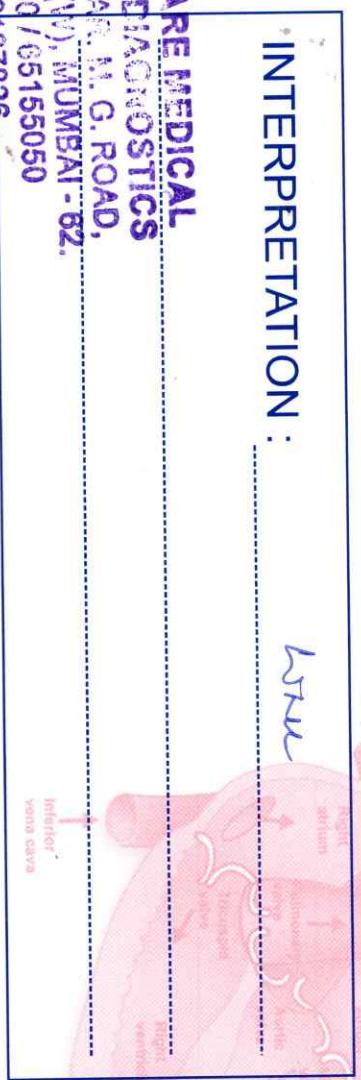
ELECTROCARDIOGRAM (ECG)

ELEB6965
29-May-2024
ECG

PATIENT Mr Shivkumar Iyer AGE. 69 SEX M

REF. BY DR. Medinhal DATE 29/05/2024

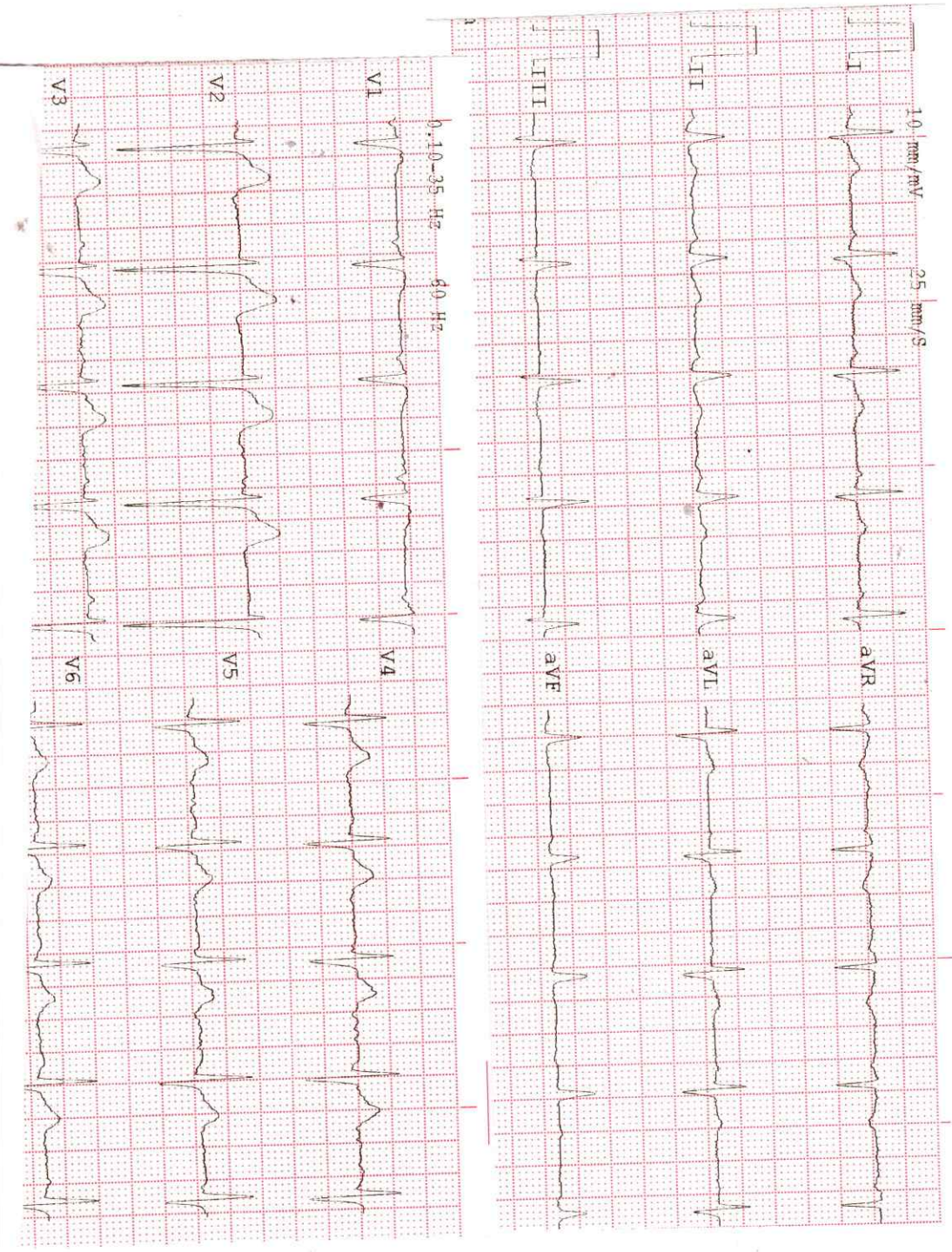
INTERPRETATION : Normal



Dr. Mr. Shivkumar Iyer

MBBS, DIPLOMA CARDIOLOGY (PGDCO)
Reg. No.: 2018115643

**HEALTHCARE MEDICAL
CENTRE & DIAGNOSTICS**
UNNAT NAGAR, M. G. ROAD,
GOREGAON (W), MUMBAI - 42.
65153030 / 65155050
8369 137026



History :

B.P. :

Drugs :

Standard :

Auricular Rate :

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P Waves :

PR Interval :

Q. Waves :

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : *LMW*

.....

} 88 bpm

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}

(M)