

Health Check up Booking Confirmed Request(35E6895),Package Code-PKG10000440, Beneficiary Code-316782

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>

Thu 20-06-2024 14:10

To:surajbhan15071968@gmail.com <surajbhan15071968@gmail.com>

Cc:Customer Care :Mediwheel : New Delhi <customercare@mediwheel.in>



Mediwheel
....Your wellness partner

011-41195959

Dear **SURAJ BHAN SINGH**,

We are pleased to confirm your health checkup booking request with the following details.

Hospital Package Name : Mediwheel Full Body Plus Annual Check Advanced With Vitamin
: Male

Patient Package Name : MediWheel Full Body Health Checkup Male 50 To 60

Name of Diagnostic/Hospital : Apollo Spectra - Karol Bagh

Address of Diagnostic/Hospital- : 3, Pusa Road, Metro Pillar No-77, Karol Bagh, New Delhi - 110005

City : Delhi

State : DELHI

Pincode : 110005

Appointment Date : 21-06-2024

Confirmation Status : Booking Confirmed

Preferred Time : 9:00am

Booking Status : Booking Confirmed

Member Information		
Booked Member Name	Age	Gender
SURAJ BHAN SINGH	55 year	Male

Note - Please note to not pay any amount at the center.

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

Health checkup at tie-up Ctr

HealthChkup Authorisatn letter



To,

The Chief Medical Officer

M/S Mediwheel
<https://mediwheel.in/signup011-41195959>(A brand name of Arcofemi Healthcare Ltd),
Mumbai400021

Dear Sir,

Tie-up arrangement for Health Checkup under Health Checkup 50-60 Male

Shri/Smt./Kum. SURAJ BHAN SINGH,.

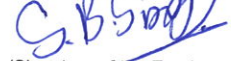
P.F. No. 630588 Designation : CustomerService Associate(CSA)

Checkup for Financial Year 2024-2025 Approved Charges Rs. 4000.00

The above mentioned staff member of our Branch/Office desires to undergo Health Checkup at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank.

Please send the receipt of the above payment and the relevant reports to our above address.

Thanking you,


(Signature of the Employee)

Yours Faithfully,


BRANCH MANAGER/SENIOR MANAGER

PS. : Status of the application- Sanctioned

ID	Height	Age	Gender	Test Date / Time
caop0000000333	165cm	55	Male	21.06.2024. 10:57

Body Composition Analysis

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)	35.3 (33.7~41.1)	35.3	45.5 (43.3~52.9)	48.2 (45.8~56.0)	66.9 (50.9~68.9)
Protein (kg)	9.7 (9.0~11.0)	non-ossseous			
Minerals (kg)	3.18 (3.11~3.81)				
Body Fat Mass (kg)	18.7 (7.2~14.4)				

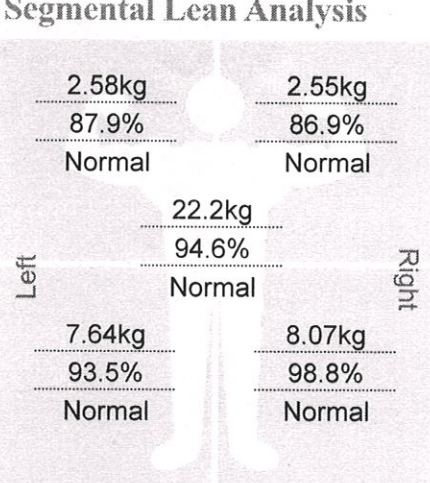
Muscle-Fat Analysis

	Under	Normal	Over
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %	66.9	
SMM (kg)	70 80 90 100 110 120 130 140 150 160 170 %	27.2	
Body Fat Mass (kg)	40 60 80 100 160 220 280 340 400 460 520 %	18.7	

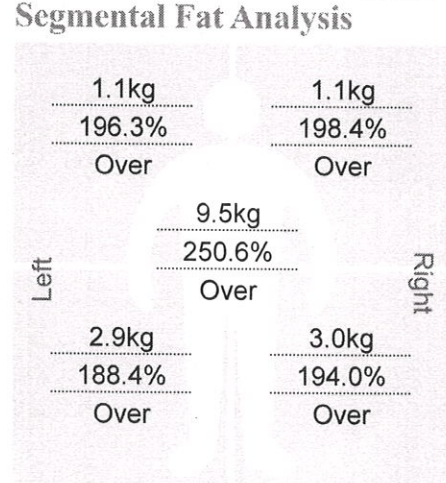
Obesity Analysis

	Under	Normal	Over
BMI (kg/m ²)	10.0 15.0 18.5 22.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0	24.6	
PBF (%)	0.0 5.0 10.0 15.0 20.0 25.0 30.0 35.0 40.0 45.0 50.0	27.9	

Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

Body Composition History

	21.06.24. 10:57
Weight (kg)	66.9
SMM (kg)	27.2
PBF (%)	27.9

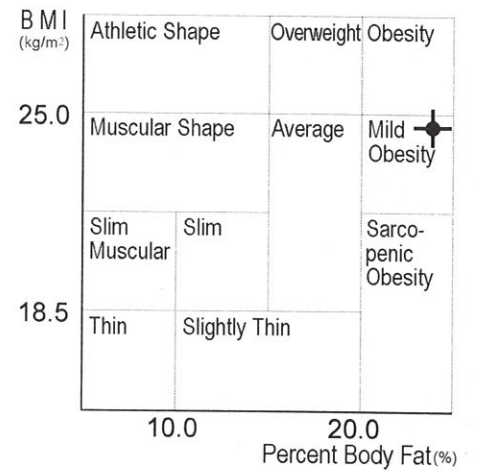
Recent Total

InBody Score

68/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Body Type



Weight Control

Target Weight	59.9 kg
Weight Control	- 7.0 kg
Fat Control	- 9.7 kg
Muscle Control	+ 2.7 kg

Obesity Evaluation

BMI	<input checked="" type="checkbox"/> Normal	<input type="checkbox"/> Under	<input type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Slightly Over	<input checked="" type="checkbox"/> Over	

Body Balance Evaluation

Upper	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced
Lower	<input type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input checked="" type="checkbox"/> Extremely Unbalanced
Upper-Lower	<input checked="" type="checkbox"/> Balanced	<input type="checkbox"/> Slightly Unbalanced	<input type="checkbox"/> Extremely Unbalanced

Research Parameters

Basal Metabolic Rate	1412 kcal	(1475~1721)
Waist-Hip Ratio	0.88	(0.80~0.90)
Visceral Fat Level	6	(1~9)
Obesity Degree	112 %	(90~110)
Bone Mineral Content	2.67 kg	(2.56~3.13)
SMI	7.7 kg/m ²	
Recommended calorie intake	1808 kcal	

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 5 kHz	399.7	397.4	31.6	287.0	322.8
50 kHz	347.5	343.3	26.9	248.4	280.1
250 kHz	303.5	301.3	22.7	213.7	244.5



Patient Name	: Mr. SURAJ BHAN SINGH	Age/Gender	: 55 Y/M
UHID/MR No.	: CAOP.0000000575	OP Visit No	: CAOPOPV716
Sample Collected on	:	Reported on	: 21-06-2024 12:06
LRN#	: RAD2357315	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 35E6895		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Dr. SEEMA PRAJAPATI
MBBS MD Radio
Radiology



Patient Name	: Mr. SURAJ BHAN SINGH	Age/Gender	: 55 Y/M
UHID/MR No.	: CAOP.0000000575	OP Visit No	: CAOPOPV716
Sample Collected on	:	Reported on	: 21-06-2024 11:13
LRN#	: RAD2357315	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 35E6895		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

ULTRASOUND WHOLE ABDOMEN

Liver is normal in size(15.5cm) and shows diffuse increase in echotexture with partially loss of portal vein echogenicity suggestive of Grade I – II fatty infiltration. No focal lesion seen in the liver. Intrahepatic bile ducts and portal radicals are normal in caliber.

Gall bladder is partially contracted, does not show any evidence of cholecystitis or cholelithiasis.

CBD is not dilated.

Portal vein is normal in caliber.

Both kidneys are of normal size (RK 9.1 x 4.3 cm, LK 10 x 4.2cm), shape and echo pattern. No growth or hydro nephrotic changes seen in either kidney. The parenchymal thickness is normal & cortico-medullary differentiation is well maintained.

Spleen is normal in size (8.7cm) and echotexture.

Pancreas visualized part appears normal.

No free fluid seen in the peritoneal cavity.

Urinary bladder is partially filled and shows no mural or intraluminal pathology.

Prostrate is normal in Size(40x25x33mm), volume 17cc, and Shape. No focal lesion is seen.

Please correlate clinically.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Dr. SEEMA PRAJAPATI
MBBS MD Radio
Radiology

MR SURAJ
Male 55Years
Req. No. :

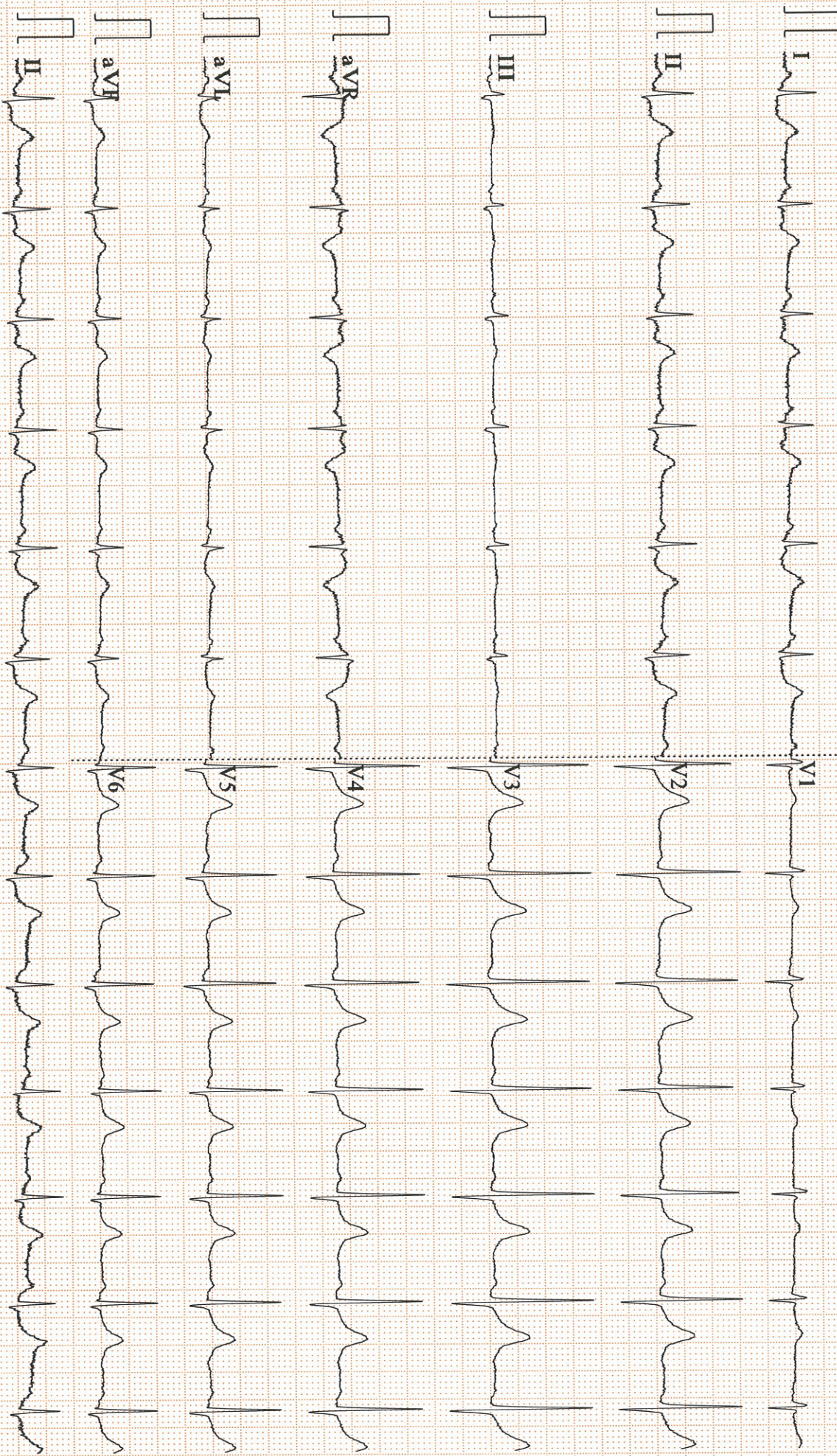
HR : 76 bpm
P : 103 ms
PR : 144 ms
QRS : 83 ms
QT/QTcBz : 379/427 ms
P/QRS/T : 14/43/40 °
RV5/SV1 : 1.310/0.414 mV

Diagnosis Information:

Sinus Rhythm

Normal ECG

Report Confirmed by:



Eye Checkup

NAME: - MR. SURAJ BHANI SINGH

Age: - 55

Date: 21/6/24

SELF / CORPORATE: -

	Right Eye	Left Eye
Distant Vision	-0.75/+0.75 x 180	+1.00/+0.50 x 10
Near vision	+2.25 Add	+2.25 Add
Color vision	OK	OK
Fundus examination		
Intraocular pressure		
Slit lamp exam		

Signature



Apollo One (Unit of Apollo Health and Lifestyle Ltd)

Plot no. 3, Block no. 34, Pusa Road, WEA, opposite metro pillar no. 77, Karol Bagh,

New Delhi - 110005. Contact Number 011- 40393610 / Helpline No: 1860 500 7788

Emergency: 1066 / Email: ApolloOnePusaRoad@apolloclinic.com

Registered Office: Apollo Health and Lifestyle Limited

7-1-617/A, 615 and 616, Imperial Towers, 7th Floor,

Ameerpet, Hyderabad-500038, U85110TG2000PLC115819

www.apolloclinic.com

APOLLO HEALTH AND LIFESTYLE LTD.
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA Karol Bagh
New Delhi-110005

NAME: - Mr. Suraj Bhami Singh
 AGE: - 55
 GENDER: - male

Pt. Comes for regular dental check-up

M/H - Thyroid
 D/H - NIL
 H/H - NIL

O/E -

	4, 5, 7, 8
Missing teeth	8, 7, 6, 5, 1 4, 5, 6, 7, 8

Adv. Denture / Implant Denture
 - Opg

APOLLO HEALTH AND LIFESTYLE LTD.
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 Plot No. 3, Block No. 34, Metro Pillar No. 77
 Pusa Road, WEA Karol Bagh
 New Delhi-110005

Dr. [Signature]

Signature: -

MR. SURAJ BHANU SINGH
AGE - 55 y/m

Height: 165cm	Weight: 67kg	BMI:	Waist Circum:
Temp: 98.6°F	Pulse: 70/mnt	Resp: 16/mnt	B.P: 142/92 ✓

General Examination / Allergies History

Clinical Diagnosis & Management Plan

PmH - nil
FmH - nil
Diet - Veg
Allergy - No
Covid - 2 doses
Married - 2 kids
Physical activity - (N)
Addiction - (NO)

Sp2 - 97.5.
PP - 016
Blance diet

Ash
life style modification

[Handwritten Signature]

APOLLO HEALTH AND LIFESTYLE CENTRE
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA Karol Bagh
New Delhi-110005

Follow up date:

Doctor Signature

Mr. SURAJ BHANU, M, 55 years

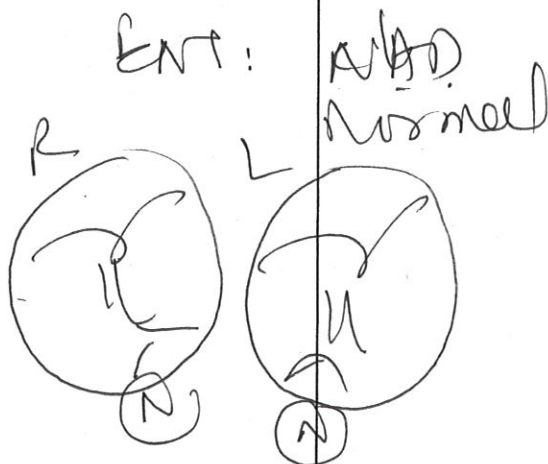
Height : 165 cm	Weight : 67 kg.	BMI :	Waist Circum :
Temp : 98.6 F	Pulse : 78 b/m	Resp : 18 mt	B.P : 142/92 mmHg

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

SPO₂ - 98%

PP - 81 b/m



Chest : clear

Adv
No medication

[Signature]
21.6.2024

APOLLO HEALTH AND LIFESTYLE LTD.
APOLLO ONE
Plot No. 3, Block No. 34, Metro Pillar No. 77
Pusa Road, WEA Karol Bagh
New Delhi-110005

Follow up date:

Doctor Signature

Patient Name	: Mr. SURAJ BHAN SINGH	Age	: 55 Y/M
UHID	: CAOP.0000000575	OP Visit No	: CAOPOPV716
Reported By:	: Dr. RAJNI SHARMA	Conducted Date	: 21-06-2024 11:28
Referred By	: SELF		

ECG REPORT

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is 76beats per minutes.
3. No pathological Q wave or S-T,T changes seen.
4. Normal P,Q,R,S,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement see

Impression:

NORMAL RESTING ECG.

----- END OF THE REPORT -----



Dr. RAJNI SHARMA

Patient Name : Mr. SURAJ BHAN SINGH

UHID : CAOP.0000000575

Conducted By: :

Referred By : SELF

Patient Name : Mr. SURAJ BHAN SINGH

UHID : CAOP.0000000575

Conducted By :

Referred By : SELF

Age : 55 Y/M

OP Visit No : CAOPOPV716

Conducted Date :

Age : 55 Y/M

OP Visit No : CAOPOPV716

Conducted Date :
