

Name : Mrs. RUPA GHOSH (41 /F)

Date : 09/11/2024

Address : INDHUREKHA ENCLAVE 105D 8 ASHUTOSH GHOSH ROAD BARSAT, NORTH 24 PARGANAS, NORTH 24 PARGANAS, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002450657

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH226005



CHIEF COMPLAINTS

For corporate health checkup
Itching

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Dyslipidemia, Thyroid
disorder
Hypertension Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :09/11/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Dyspepsia - yes; Nature - intermittent

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 26/10/24; Periods - irregular;
No of Children - 1; Deliveries - normal vaginal
delivery

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- itching



Present medications

- AMLOKIND H



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - alive

Diabetes - mother

Hypertension - mother

Coronary artery disease - none

Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight

Height - 161

Weight - 66

BMI - 25.46

Pallor - No

Oedema - no



Cardiovascular system

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Heart rate (Per minute) - 83
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 89
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	13.5	g/dl	●	12.0-15.0
RBC COUNT	4.34	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	39.2	%	●	36-46
MCV	90.3	fl	●	83-101
MCH	31.0	pg	●	27-32
MCHC	34.4	%	●	31.5-34.5
RDW	13.0	%	●	11.8-14.0
WBC Count	7000	/cu mm	●	4000-10000
Platelet Count	1.41 *	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	22	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	36 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	0-2	/hpf		

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	12	U/L	●	0-35

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	60	U/L	●	33-98

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	16	U/L	●	0-35

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.3-1.2

CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM 188 mg/dL ● 0-200

Non-HDL Cholesterol 142

LDL CHOLESTEROL -SERUM 128 * mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 14 mg/dL ● 0-35

CREATININE - SERUM

Test Name Result Unit Level Range
CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name Result Unit Level Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 13 U/L ● 0-38

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 90 mg/dL ● 70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 99 mg/dL ● 70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.0 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA
Therapeutic goal : <7%

HDL CHOLESTEROL - SERUM

Test Name Result Unit Level Range
TC/HDL-C ratio serum 4 * ● Optimal<3.5
HDL CHOLESTEROL - SERUM 46 mg/dL ● 30-70

LDL CHOLESTEROL -SERUM

Test Name Result Unit Level Range

PROTEIN TOTAL - SERUM

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.8 g/dL ● 6.4-8.3
Albumin/Globulin Ratio 1.3 ● 1.0-2.0
GLOBULIN: (CALCULATED) - SERUM 3.4 g/dL ● 1.8-3.6

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence) 1.63 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM

Test Name Result Unit Level Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence) 11.07 µg/dL ● 5.48-14.28

TRIGLYCERIDES - SERUM

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 111 mg/dL ● 0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence) 3.63 µIU/mL ● 0.38-5.33

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.5 * ● 2.4-5.7

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range


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BILIRUBIN 0.1 mg/dL  0.0-0.2
CONJUGATED
(DIRECT) - SERUM

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.9	mg/dL		7.0-18.0
UREA - SERUM	19	mg/dL		13-43

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	11.1			
BUN (BLOOD UREA NITROGEN)	8.9	mg/dL		7.0-18.0
UREA - SERUM	19	mg/dL		13-43
CREATININE - SERUM	0.8	mg/dL		0.6-1.1

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2408957
SPECIMEN TYPE:
Conventional cervical smear (Papanicolaou stain) x 1
SPECIMEN ADEQUACY:
Satisfactory for evaluation without endocervical cells.
INTERPRETATION/RESULT:
Negative for intraepithelial lesion or malignancy, with no organism

ULTRASOUND SCREENING WHOLE ABDOMEN

* Mild bulky uterus and show heterogeneous myometrial echotexture -? early/ mild adenomyotic changes.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. SUBHRAJIT HAZRA
DMRD, DNB (RADIOLOGY)
CONSULTANT RADIOLOGIST
Reg. No. 71276 (WBMC)

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

Dr. MOURUSI MANDAL
DNB RESIDENT
In consultation with

Dr. SUBHRAJIT HAZRA
DMRD, DNB (RADIOLOGY)
CONSULTANT RADIOLOGIST
Reg. No. 71276 (WBMC)

X-RAY MAMMOGRAPHY BILATERAL (MHC)

* Punctate calcifications in upper outer quadrant of right breast - BIRADS-2.

* Tram track vascular calcifications in left breast - BIRADS-2.

BIRADS Category:
0. Requires additional evaluation
1. Negative
2. Benign findings
3. Intermediate
4. Suspicious malignancy
5. Highly suggestive of malignancy
6. Histologically proven malignancy)

[INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE\(LAB,RADIOLOGY & CARDIOLOGY\)](#)

Biochemistry

A/G - RATIO

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

3

ACCEPTABLE SCORE

4

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515