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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAKASH CHANDRA
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 34 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : LBA6209 *LBA6209*
Reg. Date : 24-Feb-2024 9:43 am
Report Date : 24-Feb-2024 2:59 pm
Print Date : 28-Feb-2024 12:34 pm

BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	12.00		5 - 20 mg/dl
CREATININE	1.03	mg/dl	0.7 - 1.3 mg/dl
Total Proteins	7.84		6.4-8.3 gm / dl
Serum Uric Acid	7.2	mg%	Male 3.5 - 7.2 mg%
Age of the Patient	34		
Albumin	4.76	g/dl	3.2 - 5.0 g / dl
eGFR	87.86	ml/min	
Globulin	3.08		2.0 - 3.5 mg / dl
A/G Ratio	1.55		1.5 - 2.0

----- End of Report -----

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JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

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Lab No. : LBA6209 *LBA6209*
Reg. Date : 24-Feb-2024 9:43 am
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Print Date : 28-Feb-2024 12:34 pm

BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	105.6	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: \geq 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	124.2	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: \geq 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

Comment:

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

----- End of Report -----

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COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14.2	gm %	Male : 13 - 17.0 gm%
Erythrocytes (Total RBCs)	5.06	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	46	%	Male : 37 - 51 %
MCV	90.90	fl	80- 96 fl
MCH	28.00	pg	27 - 32 pg
MCHC	30.80	gm%	32 - 37 gm%
RDW	14.9	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6120	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	57	%	40 - 75
Lymphocytes	36	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	03	%	2 - 8
Platelet count	150000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Megaplatelets Seen		
ESR (westergren's method)	10	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

----- End of Report -----

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GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%
 Impaired glucose tolerance: 5.8% to 6.4%
 Diabetes: 6.5% or more
CONTROL CRITERIA IN DIABETICS:
 Optimal control: 7.0% or less
 Fair control: 7.0% to 8.0%
 Poor control: More than 8.0%

Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

* RECHECKED & CONFIRMED

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LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	250	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	209.1	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	49	mg / dl	35.3 - 79.5 mg / dl
VLDL	41.82	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	159.18	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	5.10		< 5
LDL / HDL	3.25		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

*Result rechecked.

----- End of Report -----

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LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.76	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.37	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.39	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	74.70	U / L	Up to 45 U / L
S.G.O.T.	42.10	U / L	Up to 46 U / L
Alkaline Phosphatase	146.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	7.84	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.76	gm / dl	3.5 - 5.2 gm / dl
Globulin	3.08	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.55		1.0- 2.3
GGT	127	IU/L	55 IU/L

*Result rechecked.

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T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [Tri - iodothyronine]	159.014	ng/dl	91.14 - 237.61 ng/dl
T4 [Thyroxine]	5.410	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	3.687	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

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DR. BHAVINI KAMDAR
MD (PATH) MUM

BORIVALI CENTRE 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
KANDIVALI CENTRE MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
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GORAI CENTRE VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
GOREGAON CENTRE M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

Patient's Name : MR PRAKASH CHANDRA
Referred By Dr : MEDIWHEEL
Sex : MALE **Age** : 34 Years
Collected At : MAHAVIR NAGAR MAIN BRANCH

Lab No. : LBA6209 *LBA6209*
Reg. Date : 24-Feb-2024 9:43 am
Report Date : 24-Feb-2024 7:05 pm
Print Date : 28-Feb-2024 12:34 pm

URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : SHARMILA

Checked By
JAY

DR. BHAVINI KAMDAR
MD (PATH) MUM

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NAME:	MR PRAKASH CHANDRA	DATE:	24/02/2024
HEIGHT: 163CMS	WEIGHT: 70.4 KG	AGE:	34 YRS
REFERRED BY:	MEDIWHEEL	SEX:	MALE
PRESENT COMPLAINT: K/C/O STRESS SINCE 2-3 YRS			
CURRENT MEDICATION: T ZOSERT 50 MG 1-0-1, T PROTHIADEN 50 MG 2 HS, T INDERAL 10 MG 1 BD			
PAST HISTORY: NONE			
FAMILY HISTORY : MOTHER HAS HYPOTHYROID & HBP SINCE 7-8 YRS			
ALLERGY: NO	SLEEP: GOOD	BLADDER: NAD	
HABITS: NO	BOWEL: NAD	APPETITE: GOOD	
VISION: NORMAL			
GENERAL EXAMINATION:		ADVICE-	
B. P -136/88 MM/HG PULSE- 88/MIN			
ICTERUS: NIL	OEDEMA: NIL	Medically fit	
OTHERS: NAD			
RS: NAD	Reduce oily & fatty food		
CVS: NAD			
PA: NAD			
CNS: NAD			
INVESTIGATION:			

DR. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115643

**HEALTHCARE MEDICAL
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Satya Nagar Road, Mahavir Nagar,
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OPHTHALMIC REPORT

NAME <i>Prakash Chandra</i>	DATE <i>24/2/24</i>
R- NO	AGE <i>34</i>
REF. BY DR.	SEX <i>Male</i>

	RIGHT EYE	LEFT EYE
V.A. WITHOUT GLASSES:	—	—
V.A. WITH GLASSES:	<i>6/9 NG</i>	<i>6/6 NG</i>
SLIT LAMP EXAMINATION:	—	—
IOP - SCHIOTZ TONOMETER:	—	—
FUNDUS:	—	—
COLOUR VISION: (ISHIHARA CHART)	<i>Normal (CBE)</i>	
OCULAR MOVEMENTS:	<i>Full & Normal (CBE)</i>	
RETINOSCOPY:	—	—

Prescription:

	SPH	CYL	AXIS	SPH	CYL	AXIS
DISTANCE	<i>3.50</i>	<i>1.50</i>	<i>90°</i>	<i>1.00</i>	<i>1.50</i>	<i>90°</i>
NEAR	<i>NG</i>	—	—	—	—	<i>NG</i>

CLINICAL IMPRESSION: *(N)*

ADVICE: *glasses*

Syahi
DR SAYALI SAWANT
REG. NO 1010

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DATE : 24/2/2024

TO,

Medical

This is regarding your client Miss/Mrs/Mr. Prakash

Chandra Visited to our centre on 24/2/2024 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Urine for fasting

Reason: Client couldn't give.

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Client's sign

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Satya Nagar Road, Mahavir Nagar,
Kandivali (W), M - 400067.
T - 28680090

Dr. NUPUR RAI
MBBS DIPLOMA CARDIOLOGY (FRCOCC)
Medical Examiner 15643

- COMPU-PATHOLOGY • ALLERGY TESTING
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DATE: 24/2/2024

TO,

Medivish

This is regarding your client Miss/Mrs/Mr. Prakash

Chandra Visited to our centre on 24/2/2024 for

her/his proposed tests. All tests are done as scheduled except

Pending/skipped tests: Stool test

Reason: Client not willing to do the test

We are canceling / will reschedule it as per her/his convenience.

Thank you.

Prakash Chandra

Client's sign

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115643
Medical Examiner

**HEALTHCARE MEDICAL
CENTRE & DIAGNOSTICS**
Mahavir Suryadarshan Soc,
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Thanks,
Mediwheel Team

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भारत सरकार

GOVERNMENT OF INDIA



प्राकाश चंद्र

Prakash Chandra

जन्म वर्ष / Year of Birth : 1990

लिंग / Male

Prakash Chandra

63668 3775 9389



भारत — आम आदमी का अधिकार

HEALTH CENTRE
Satyra Nagar, (W), M-400057
Kandivali T-28560090
MEDICAL SOCIETY
Satyra Nagar

Dr. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (PGDCC)
Reg. No.: 2018115843

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NAME	MR PRAKASH CHANDRA	DATE	24.02.2024
		AGE	34 YRS
REF. BY DR	MEDIWHEEL	SEX	MALE

X-RAY CHEST (PAVIEW).

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

IMPRESSION :

NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.

Correlate clinically .

DR, SACHIN JADKAR
Consultant Radiologist

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Satya Nagar Road, Mahavir Nagar,
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Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly

- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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NAME	MR PRAKASH CHANDRA	DATE	24.02.2024
		AGE	34 YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

REAL TIME ABDOMINAL SONOGRAPHY SHOWS

LIVER : Liver is normal in size and showing increase parenchymal echotexture. There is no evidence of solid or cystic mass. The portal and the hepatic venous system appears normal.

Gall bladder : The Gall bladder is well distended. The gall bladder wall of normal thickness. No evidence of gall stones.

PANCREAS : Pancreas is normal in size with smooth margin and homogenous parenchymal echotexture. No focal lesion seen.

KIDNEYS : Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appear normal. There is no evidence of hydronephrosis, focal lesion or renal calculus.

- (a) Right kidney measures: 9.3 x 4.1 cms
- (b) Left kidney measures: 10.0 x 4.5 cms.

SPLEEN : The spleen is normal in size with homogenous parenchymal echotexture. No focal lesions are seen.

AORTA : The upper aorta and para aortic regions appear normal.

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NAME	MR PRAKASH CHANDRA	DATE	24.02.2024
		AGE	34 YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

URINARY BLADDER : Urinary bladder is well distended. No evidence of calculus or intraluminal mass seen in the bladder.

PROSTATE : Prostate is normal in size & and shows homogenous echopattern. No evidence of focal lesion.

IMPRESSION :

- **MILD FATTY LIVER (GRADE-I)**

Suggest : Clinical correlation.

DR. SACHIN JADKAR
CONS. RADIOLOGIST.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.

- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY (BMD)
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MEDICAL CENTRE & DIAGNOSTICS

MR PRAKASH CHANDRA
ELBA6209 24-Feb-2024



ECG

ELECTROCARDIOGRAM (ECG)

PATIENT MR PRAKASH CHANDRA AGE 39 SEX (M)

REF. BY DR. MEDIWHEEL DATE 27/2/2024

INTERPRETATION: Incomplete RBBB

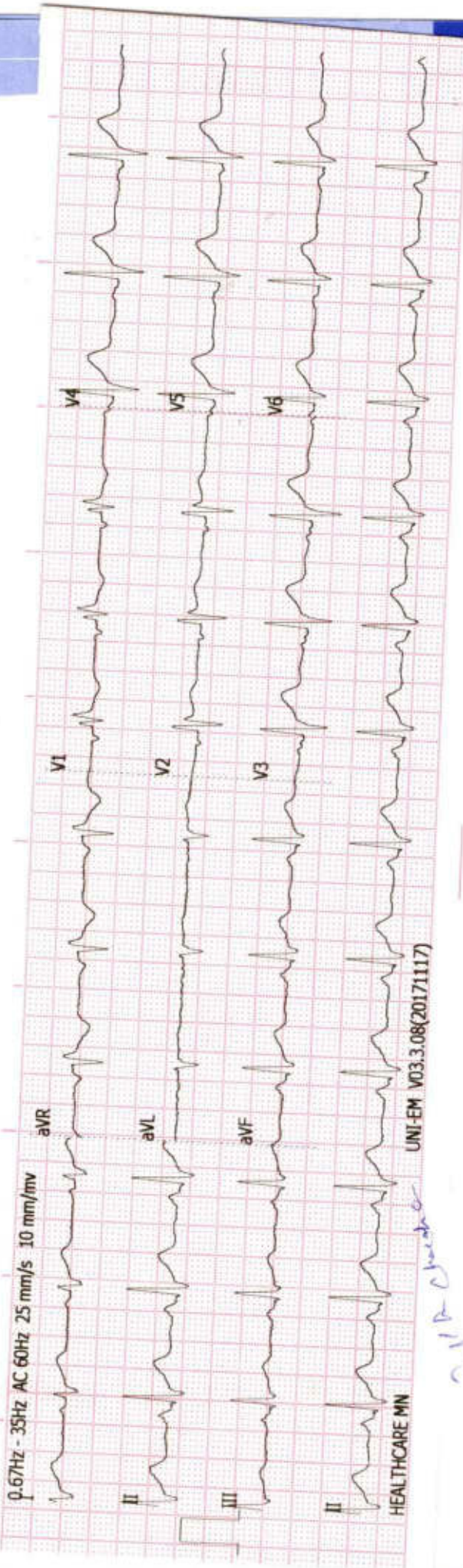
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T - 28680090

Dr.

[Signature]

DR. NUPUR RAI
MBBS, DIPLOMA CARDIOLOGY (FDCOC)
Reg. No... 2018115643



Dr. Chandra

History :

B.P. :

Drugs :

Standard :

Auricular Rate : 75 bpm

Ventricular Rate :

Rhythm :

Mechanism :

Voltage :

Axis :

P. Waves :

PR Interval :

Q. Waves : N

QRS Interval :

ST Segment :

T. Waves :

QT Interval :

Extra Systoles :

REMARKS & CONCLUSIONS : Incomplete RBBB

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD
 MAHAVEER NAGAR KANDIVALI (W) MUM 400067

MR PRAKASH CHANDRA
 ID : 53
 DATE : 24/02/2024
 AGE/SEX : 34 /M
 HT/WT : 163 / 70
 REF.BY : MEDIWHEEL

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION : HEALTH CHECK UP
 MEDICATION : T ZOSERT 50MG 1BD, T PROTHIADEN 50MG 2 HS, T INDERAL 10 1 1

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/HR	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SUPINE					98	136 / 88	133	2.9			
STANDING					99	136 / 88	134	2.8			
HYPERTENT					102	136 / 88	138	2.8			
Stage 1	2:55	0:23	2.7	10	127	136 / 88	172	2.4			4.67
Stage 2	5:55	2:55	4	12	148	140 / 90	207	1.9			7.04
PK-EXERCISE	7:16	1:16	5.4	14	169	150 / 90	253	1.9			8.32
RECOVERY	8:28	1:14			148	150 / 90	222	2.3			
RECOVERY	9:22	1:58			126	150 / 90	189	3.3			
RECOVERY	10:19	2:55			120	140 / 90	168	2.3			
RECOVERY	11:27	4:3			112	140 / 80	156	1.3			

RESULTS

EXERCISE DURATION : 7:16
 MAX HEART RATE : 171 bpm
 MAX BLOOD PRESSURE : 150 / 90 mm Hg
 REASON OF TERMINATION : Achieved THR,
 BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :
 FAIR EFFORT TOLERANCE,
 NO ANGINA, NO ARRHYTHMIA,
 NORMAL HR, BP RESPONSE,
 NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,
 STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 8.32 METS

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 T - 28680090

Technician : 1

HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAKASH CHANDRA
 I.D. 53
 Age 34/M
 Date 24/02/2024

RATE 98bpm
 B.P. 136/88

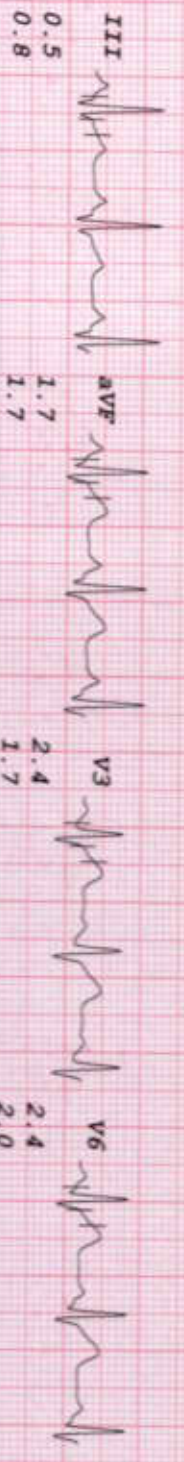
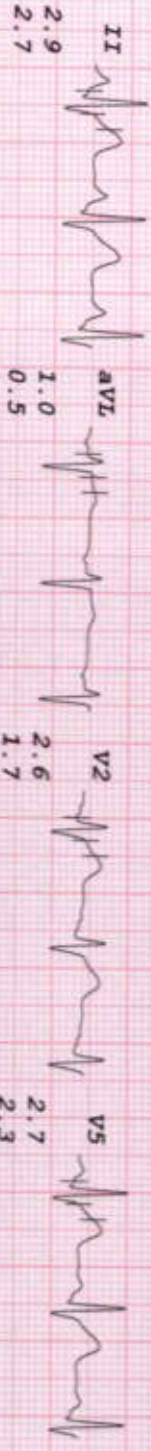
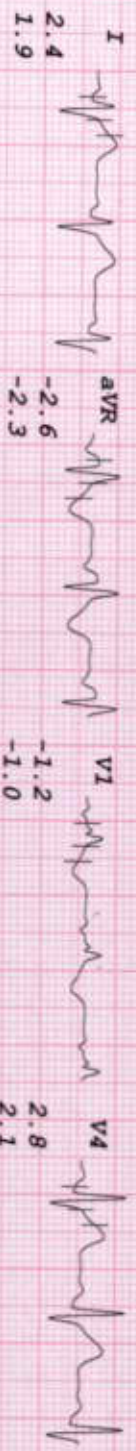
PRETEST
 SUPINE

ST @ 10mm/mv
 80ms PostJ

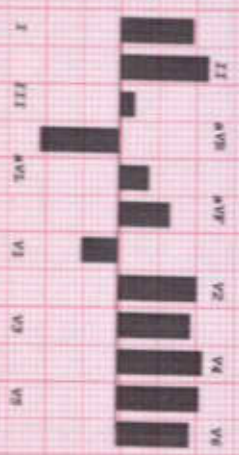
LINKED MEDIAN

Mag. X 2

V1



-1.2
 -1.0



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAKASH CHANDRA
 I.D. 53
 Age 34/M
 Date 24/02/2024

PATE 127bpm
 B.P. 136/88

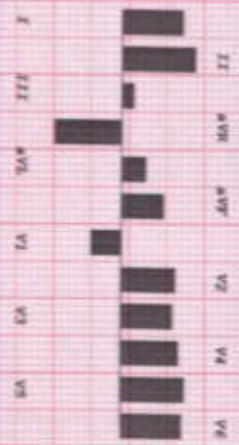
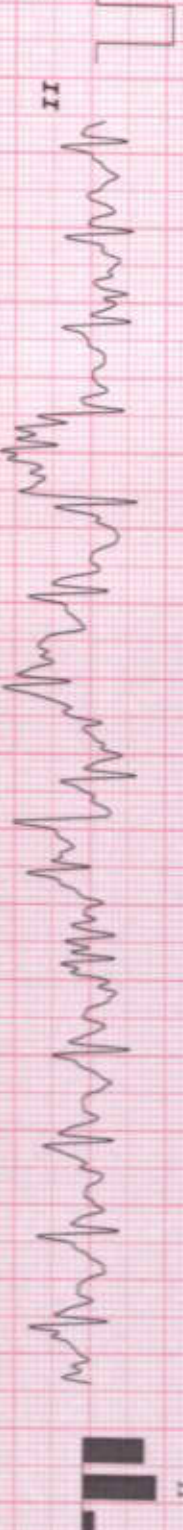
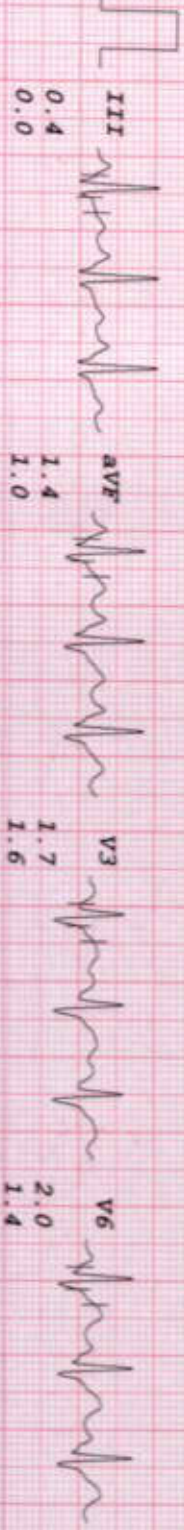
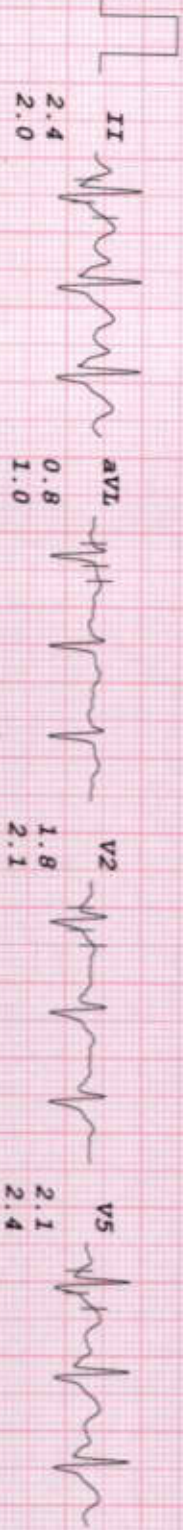
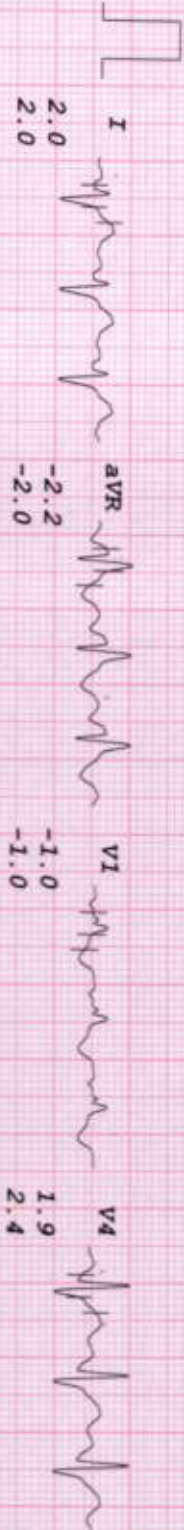
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

V1



HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MR PRAKASH CHANDRA

I.D. 53
Age 34/M
Date 24/02/2024

RATE 148bpm
B.P. 150/90

Bruce
RECOVERY
TOTAL TIME 8:28
PHASE TIME 1:04

ST @ 10mm/mv
80ms Post J

LINKED MEDIAN

Mag. X 2

V1

