



Patient Name : Mr.SUSHIL KUMAR Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 10:40AM Reported : 06/Mar/2024 12:20PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

-----

Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240059225







Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

Emp/Auth/TPA ID

: Dr.SELF : DGSh Collected

: 06/Mar/2024 10:25AM

Received

: 06/Mar/2024 10:40AM : 06/Mar/2024 12:20PM

Reported : 06/Mar/2024 Status : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	16.2	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	51.00	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.64	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	90.5	fL	83-101	Calculated
MCH	28.8	pg	27-32	Calculated
MCHC	31.8	g/dL	31.5-34.5	Calculated
R.D.W	14.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,250	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT	(DLC)	·		
NEUTROPHILS	59.9	%	40-80	Electrical Impedance
LYMPHOCYTES	26.3	%	20-40	Electrical Impedance
EOSINOPHILS	5.6	%	1-6	Electrical Impedance
MONOCYTES	7.5	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4941.75	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2169.75	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	462	Cells/cu.mm	20-500	Calculated
MONOCYTES	618.75	Cells/cu.mm	200-1000	Calculated
BASOPHILS	57.75	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.28		0.78- 3.53	Calculated
PLATELET COUNT	272000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	03	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC , DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN. PLATELETS ARE ADEQUATE.

Page 2 of 14



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:BED240059225





Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No Visit ID : SCHI.0000018656 : SCHIOPV27094

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : DGSh

Collected

: 06/Mar/2024 10:25AM : 06/Mar/2024 10:40AM

Received Reported

: 06/Mar/2024 12:20PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

NO HEMOPARASITES SEEN

Page 3 of 14







Patient Name : Mr.SUSHIL KUMAR Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656 Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM
Received : 06/Mar/2024 10:40AM
Reported : 06/Mar/2024 12:20PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR	R , WHOLE BLOOD EDTA			<u>'</u>
BLOOD GROUP TYPE	В			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	NEGATIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 4 of 14



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240059225





Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

Emp/Auth/TPA ID

: Dr.SELF

: DGSh

Collected

: 06/Mar/2024 10:25AM

Received

: 06/Mar/2024 01:12PM

Reported

: 06/Mar/2024 03:13PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	99	mg/dL	70-100	GOD - POD

#### **Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

#### Note

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:PLF02118845

Page 5 of 14





Age/Gender : 36 Y 7 M 15 D/M UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected

: 06/Mar/2024 01:54PM : 06/Mar/2024 05:23PM

Received : 06/Mar/2024 05:23PM Reported : 06/Mar/2024 07:11PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	111	mg/dL	70-140	GOD - POD

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 6 of 14





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 01:17PM Reported : 06/Mar/2024 01:49PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN),	WHOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.9	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	123	mg/dL		Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 - 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 - 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic

Control by American Diabetes Association guidelines 2023.

- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240026712

Page 7 of 14





Patient Name : M

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

Emp/Auth/TPA ID

: Dr.SELF : DGSh Collected

: 06/Mar/2024 10:25AM

Received

: 06/Mar/2024 10:40AM

: Final Report

Reported

Status

: 06/Mar/2024 11:48AM

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM	'	<u>'</u>		
TOTAL CHOLESTEROL	177	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	104	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	37	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	140	mg/dL	<130	Calculated
LDL CHOLESTEROL	119.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.78		0-4.97	Calculated

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High	
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240		
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500	
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190	
HDL	≥ 60				
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220	

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.

Page 8 of 14



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04651747





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 10:40AM Reported : 06/Mar/2024 11:48AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method				
LIVER FUNCTION TEST (LFT), SERUM	LIVER FUNCTION TEST (LFT) , SERUM							
BILIRUBIN, TOTAL	0.80	mg/dL	0.20-1.20	DIAZO METHOD				
BILIRUBIN CONJUGATED (DIRECT)	0.30	mg/dL	0.0-0.3	Calculated				
BILIRUBIN (INDIRECT)	0.50	mg/dL	0.0-1.1	Dual Wavelength				
ALANINE AMINOTRANSFERASE (ALT/SGPT)	38	U/L	<50	Visible with P-5-P				
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	37.0	U/L	17-59	UV with P-5-P				
ALKALINE PHOSPHATASE	68.00	U/L	38-126	p-nitrophenyl phosphate				
PROTEIN, TOTAL	7.80	g/dL	6.3-8.2	Biuret				
ALBUMIN	4.50	g/dL	3.5 - 5	Bromocresol Green				
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated				
A/G RATIO	1.36		0.9-2.0	Calculated				

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

#### 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

#### 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 9 of 14



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology

SIN No:SE04651747





Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

Emp/Auth/TPA ID

: Dr.SELF : DGSh Collected

: 06/Mar/2024 10:25AM

Received

: 06/Mar/2024 01:17PM

Reported Status : 06/Mar/2024 04:23PM

: ARCOFEMI HEALTHCARE LIMITED

Sponsor Name

: Final Report

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method			
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT), SERUM							
CREATININE	0.99	mg/dL	0.66-1.25	Creatinine amidohydrolase			
UREA	19.70	mg/dL	19-43	Urease			
BLOOD UREA NITROGEN	9.2	mg/dL	8.0 - 23.0	Calculated			
URIC ACID	5.89	mg/dL	3.5-8.5	Uricase			
CALCIUM	9.50	mg/dL	8.4 - 10.2	Arsenazo-III			
PHOSPHORUS, INORGANIC	2.66	mg/dL	2.5-4.5	PMA Phenol			
SODIUM	138.8	mmol/L	135-145	Direct ISE			
POTASSIUM	4.8	mmol/L	3.5-5.1	Direct ISE			
CHLORIDE	106.2	mmol/L	98 - 107	Direct ISE			
PROTEIN, TOTAL	7.71	g/dL	6.3-8.2	Biuret			
ALBUMIN	4.37	g/dL	3.5 - 5	Bromocresol Green			
GLOBULIN	3.34	g/dL	2.0-3.5	Calculated			
A/G RATIO	1.31		0.9-2.0	Calculated			

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BI18652924



Page 10 of 14





Age/Gender : 36 Y 7 M 15 D/M UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 10:40AM Reported : 06/Mar/2024 11:48AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	19.00	U/L	15-73	Glyclyclycine Nitoranalide

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology

SIN No:SE04651747







Age/Gender : 36 Y 7 M 15 D/M UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 10:40AM

Reported : 06/Mar/2024 12:29PM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF IMMUNOLOGY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH	I) , SERUM			
TRI-IODOTHYRONINE (T3, TOTAL)	1.04	ng/mL	0.67-1.81	ELFA
THYROXINE (T4, TOTAL)	7.72	μg/dL	4.66-9.32	ELFA
THYROID STIMULATING HORMONE (TSH)	2.020	μIU/mL	0.25-5.0	ELFA

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- **3.** Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions	
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis	
High	N	N	N	oclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement erapy.	
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism	
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy	
Low	N	N	N	Subclinical Hyperthyroidism	
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism	
Low	N	High	High	Thyroiditis, Interfering Antibodies	
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes	
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma	

Page 12 of 14









Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

Emp/Auth/TPA ID : DGSh

: Dr.SELF

Collected

: 06/Mar/2024 10:25AM

Received

: 06/Mar/2024 04:11PM

Reported Status

: 06/Mar/2024 04:16PM

Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (	CUE) , URINE		<u>'</u>	
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION			·	·
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	1		
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 13 of 14









Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656 Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 04:11PM

Reported : 06/Mar/2024 04:15PM Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
Test Name	Result	Unit	Bio. Ref. Range	Method
LIRINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dinstick

\*\*\* End Of Report \*\*\*

Page 14 of 14







Name : Mr. SUSHIL KUMAR

Age: 36 Y

Sex: M

Address: DELHI

Plan : ARCOF

: ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN

INDIA OP AGREEMENT

UHID:SCHL0000018656

OP Number: SCHIOP V 27094

Bill No : SCHI-OCR-9709

Date : 06.03.2024 10:23

Sno	Serive Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO	- PAN INDIA - FY2324
	URINE GLUCOSE(FASTING)	
2	2 GAMMA GLUTAMYL TRANFERASE (GGT)	
3	3 HbA1c, GLYCATED HEMOGLOBIN	
4	4 2 D ECHO 1)	. 0
5	5 LIVER FUNCTION TEST (LFT)	
6	6 X-RAY CHEST PA	
7	7 GLUCOSE, FASTING	
8	8 HEMOGRAM + PERIPHERAL ŞMEAR	
9	9 ENT CONSULTATION	
10	FITNESS BY GENERAL PHYSICIAN	
11	DIET CONSULTATION	
12	COMPLETE URINE EXAMINATION	
13	URINE GLUCOSE(POST PRANDIAL)	
14	4 PERIPHERAL SMEAR	
- 15	S ECG	
16	BLOOD GROUP ABO AND RH FACTOR	
17	7 LIPID PROFILE	
18	BODY MASS INDEX (BMI)	
(19	OPTHAL BY GENERAL PHYSICIAN '	
20	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
21	ULTRASOUND - WHOLE ABDOMEN	
22	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH	
73	DENTAL CONSULTATION ()	
24	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL), 2 PM	

 Order\_Id Client Nam Patient Name 382380 ARCOFEMI MR. KUMAR SUSHIL

Email sushil.safec



# **CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination
of Sushil Kuman on 6/3/24
After reviewing the medical history and on clinical examination it has been found that he/she is
Tic
Medically Fit
Fit with restrictions/recommendations
Though following restrictions have been revealed, in my opinion, these are not impediments to the job.
1
2
3
However the employee should follow the advice/medication that has been communicated to him/her.
Review after
Currently Unfit.
Review afterrecommended
• Unfit

Medical Officer
The Apollo Clinic, Uppa

This certificate is not meant for medico-legal purposes

PREVENTIVE HEALTH CARE SUMMARY

		TITL	SUMMARY	
NAME:- Sushil	kumen	UHID	1	
AGE / GENDED .			, 0	65
PANEL: Os			PT No:-	
H colem 10		EXAM	INED ON:-	12
0			0.	13
				l
China	DI.			
Chief Complaints:				
	U			
Past History:				
DM : NII	C	'VA		
Hypertension : Nil CAD : Nil		ancer	Nil	
NII	O	ther	· Nil	
Personal History:				
Alcohol				
Smoking : Nil		ctivity	Active	
	Al	lergies	: Nil	
Family History:				
General Physical Examination:				
Height Cons Cons	Pul	se 6812	Y) have	
0 8 ol . Kgs	BP	se 68/2	bpm mmHg	
Rest of examination was within norm	al limits	130	72	
Systemic Examination:				
CVS . No.				
Respiratory system . Normal				
Abdominal system · Normal	7			
Others : Normal				
Others : Normal				

# PREVENTIVE HEALTH CARE SUMMARY

NAME: - Justy	· UHID No:
PANEL:	RECEIPT No : -
TANES.	EXAMINED ON: -

### Investigations:

All the reports of tests and investigations are attached herewith

Recommendation:

cap Advantage 59 100x 3 months
My vite B 60 konce 9 week
2 months

Dr. Navneet Raus Consultant Physician EW DELHI



Patient Name Conducted By:

Referred By

: Mr. SUSHIL KUMAR

: SCHI.0000018656

OP VISIT No Conducted Date 36 Y M

SCHIOPV27094 06-03-2024 16:33

: Dr. MUKESH K GUPTA : SELF

MITRAL VALVE

AML-Normal/Thickening/Calcification/Flutter/Vegetation/Prolapse/SAM/Doming

PML-Normal/Thickening/Calcification/Prolapse/Paradoxical motion/Fixed

Subvalvular deformity Present/Absent.

Score E>A

Normal/Abnormal Doppler Mitral Stenosis

RR Interval\_\_\_ \_cm<sup>2</sup>

\_\_\_mmHg EDG Mitral Regurgitation

MDG\_\_\_\_mmHg MVA\_ Absent/Trivial/Mild/Moderate/Severe.

TRICUSPID VALVE

Morphology

Normal/Atresia/Thickening/Calcification/Prolapse/Vegetation/Doming

Normal/Abnormal Doppler

Tricuspid stenosis

Present/Absent

RR interval msec

EDG\_\_\_\_mmHg Tricuspid regurgitation: MDG\_\_\_\_mmHg

Absent/Trivial/Mild/Moderate/Severe Fragmented signals

Velocity msec.

Pred. RVSP=RAP+\_\_\_\_ \_\_\_mmHg

PULMONARY VALVE

Morphology

Normal/Atresia/Thickening/Doming/Vegetation

Normal/Abnormal. Doppler

Present/Absent Pulmonary stenosis PSG\_\_\_\_mmHg

Pulmonary annulus\_\_\_mm

Pulmonary regurgitation

Absent/Trivial/Mild/Moderate/Severe

Early diastolic gradient\_

\_mmHg.

End diastolic gradient\_mmHg

AORTIC VALVE

Normal/Thickening/Calcification/Restricted opening/Flutter/Vegetation Morphology

No. of cusps 1/2/3/4

Doppler

Normal/Abnormal

Aortic stenosis

Present/Absent

Aortic annulus

Aortic regurgitation

PSG\_\_\_\_mmHg Absent/Trivial/Mild/Moderate/Severe

Measureme	nts	Normal Values	Measurements		Normal values
Aorta	2.4	(2.0 - 3.7cm)	LA es	2.6	(19 - 40cm)
LV es	2.6	(2.2 - 4.0 cm)	LV ed	4.3	(3.7 - 5.6cm)
IVS ed	0.8	(0.6 - 1.1cm)	PW (LV)	0.8	(0.6 - 1.1cm)
RV ed		(0.7 - 2.6cm)	RV Anterior wall		(upto 5 mm)
LVVd (ml)			LVVs (ml)		
EF	64%	(54%-76%)	IVS motion	Nor	mal Flat Paradoxical

CHAMBERS:

Normal/Enlarged/Clear/Thrombus/Hypertrophy

Contraction

Normal/Reduced

Regional wall motion abnormality

Absent

Normal/Enlarged/Clear/Thrombus

Normal/Enlarged Clear Thrombus

RV

Normal/Enlarged/Clear/Thrombus

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

# **Apollo Specialty Hospital Pvt. Ltd.**



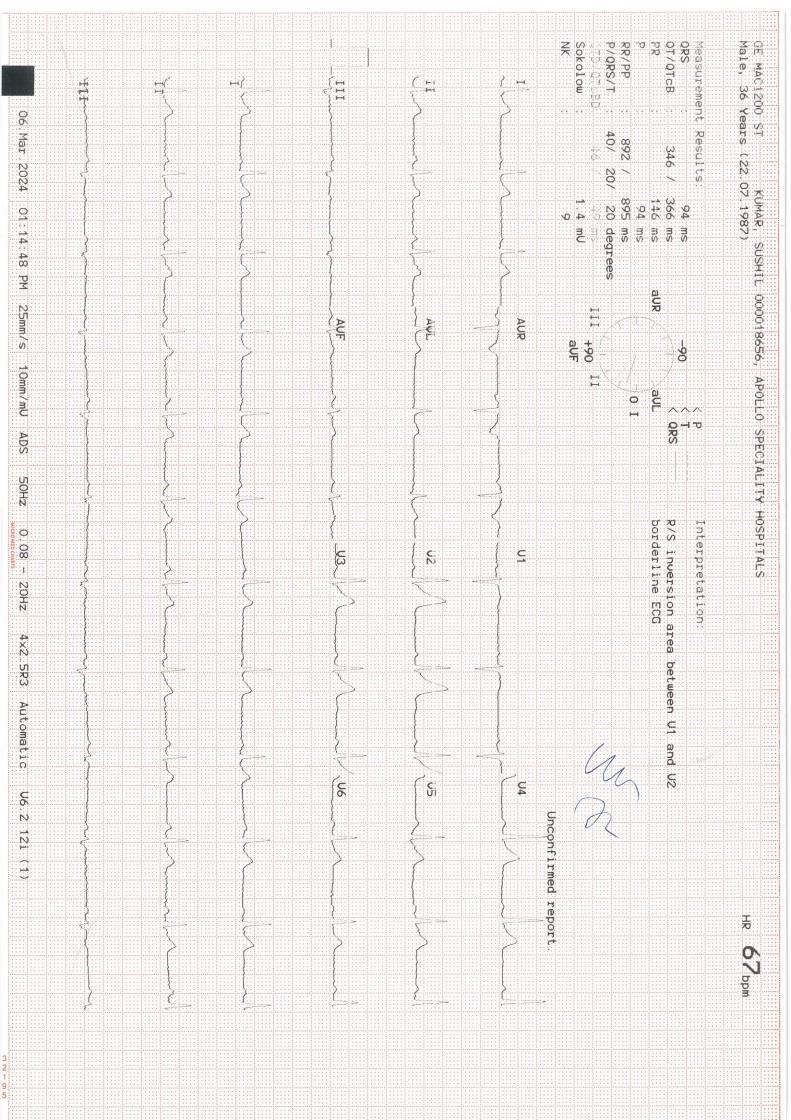
## PERICARDIUM

- COMMENTS & SUMMARY
  v Normal LV systolic function
  v No RWMA, LVEF=64%
- v Grade I LVDD
- v No AR, PR, MR & TR
- v No I/C clot or mass
- v Good RV function v Normal pericardium
- v No pericardial effusion

Conlaw

Dr. M K Gupta M.B.B.S, MD, FIACMSenior Consultant Cardiologist

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com





NAME:	SUSHIL KUMAR	AGE/SEX:	36	YRS./M
UHID:	18656			
REF BY:	APOLLO SPECTRA	DATE:-	06.03.	2024

#### **ULTRASOUND WHOLE ABDOMEN**

Liver: Appears normal in size, and shows increased parenchymal echogenicity which is most likely due to fatty changes. Intrahepatic biliary radicles are not dilated. CBD and portal vein are normal in calibre.

Gall Bladder: normally distended with clear lumen and normal wall thickness. No calculus or sludge is seen.

Pancreas and Spleen: Appears normal in size and echotexture.

Both Kidneys: are normal in size, shape, and echopattern. The parenchymal thickness is normal and cortico-medullary differentiation is well maintained. Pelvicalyceal systems are not dilated. No mass lesion is seen. Ureter is not dilated. A 6 mm echogenic focus seen in the mid pole of the right kidney suggestive of calculus.

**Urinary Bladder**: is moderately distended and shows no obvious calculus or sediments. Bladder wall thickness is normal.

Prostate: normal in size, weight 14.3 Gms. It is normal in echotexture with no breech in the capsule.

No free fluid seen.

IMPRESSION: FATTY CHANGES IN LIVER GRADE I RIGHT RENAL CALCULUS

Please correlate clinically and with lab. Investigations.

DR. MONICA CHHABRA Consultant Radiologist

Dr. MONICA CHHABRA Consultant Radiologist DMC No. 18744 Apollo Spectra Hospitals New Delhi-110019

**Apollo Spectra Hospitals:** Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

# Dr. Lalit Mohan Parashar

MS (ENT) Ear, Nose, Throat Specialist and Head & Neck Surgeon MCI: 4774/85

For Appointmnt: +91 1140465555 Mob.: +91 9910995018 Apollo Spectra
HOSPITALS
Specialists in Surgery

06/03/24

Mr. Sushil Kumon 36/M.

NO ENT Complains

OLE

East -> BIL THinkal

Mose > Sephentidline

Throat > MAD

Speech md voice Normal clear

Car Rushil Pun

**Apollo Spectra Hospitals:** Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com

# **Apollo Specialty Hospital Pvt. Ltd.**

06/18/84





D-108180 cofe \$699 Soon Ady Librer lege

Apollo Spectra Hospitals: Plot No. A-2, Chirag Enclave, Greater Kailash - New Delhi -110048

Ph: 011-40465555, 9910995018 | www.apollospectra.com



# DIGITAL X-RAY REPORT

NAME: SUSHIL	DATE: 06.03.2024
UHID NO: 18656	AGE: 36YRS/ SEX: M

#### X-RAY CHEST PA VIEW

Both the lung fields show no active parenchymal pathology.

Both the costophrenic angles are clear.

Heart size is normal.

Both the domes of diaphragm are normal.

Bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY

Please correlate clinically and with lab investigations

DR. MONICA CHHABRA
Consultant Radiologist

Dr. MONICA CHHAERA Consultant Radiologist DMC No. 18744

Apollo Spectra Hospitals New Delhi-110019

**Apollo Spectra Hospitals:** Plot No. A-2, Chirag Enclave, Greater Kailash -1, New Delhi -110048 Ph: 011-40465555, 9910995018 | www.apollospectra.com





Patient Name : Mr.SUSHIL KUMAR Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 10:40AM

Received : 06/Mar/2024 10:40AM Reported : 06/Mar/2024 12:20PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

PERIPHERAL SMEAR, WHOLE BLOOD EDTA

----

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology

SIN No:BED240059225



Page 1 of 14





Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M : SCHI.0000018656

UHID/MR No Visit ID

: SCHIOPV27094

Ref Doctor

: Dr.SELF

Emp/Auth/TPA ID : DGSh

Collected

: 06/Mar/2024 10:25AM

Received Reported : 06/Mar/2024 10:40AM : 06/Mar/2024 12:20PM

Status : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM, WHOLE BLOOD EDTA				
HAEMOGLOBIN	16.2	g/dL	13-17	CYANIDE FREE COLOUROMETER
PCV	51.00	%	40-50	PULSE HEIGHT AVERAGE
RBC COUNT	5.64	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	90.5	fL	83-101	Calculated
MCH	28.8	pg	27-32	Calculated
MCHC	31.8	g/dL	31.5-34.5	Calculated
R.D.W	14.9	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	8,250	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUN	T (DLC)			
NEUTROPHILS	59.9	%	40-80	Electrical Impedance
LYMPHOCYTES	26.3	%	20-40	Electrical Impedance
EOSINOPHILS	5.6	%	1-6	Electrical Impedance
MONOCYTES	7.5	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4941.75	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2169.75	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	462	Cells/cu.mm	20-500	Calculated
MONOCYTES	618.75	Cells/cu.mm	200-1000	Calculated
BASOPHILS	57.75	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	2.28		0.78- 3.53	Calculated
PLATELET COUNT	272000	cells/cu.mm	150000-410000	IMPEDENCE/MICROSCOPY
ERYTHROCYTE SEDIMENTATION RATE (ESR)	03	mm at the end of 1 hour	0-15	Modified Westergren
PERIPHERAL SMEAR				

RBCs ARE NORMOCYTIC NORMOCHROMIC.

TLC , DLC WITHIN NORMAL LIMIT. NO IMMATURE CELLS ARE SEEN. PLATELETS ARE ADEQUATE.

Page 2 of 14



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:BED240059225





Age/Gender : 36 Y 7 M 15 D/M UHID/MR No : SCHI.0000018656

UHID/MR No : SCHI.0000018656 Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 10:40AM

Reported : 06/Mar/2024 10:40AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

NO HEMOPARASITES SEEN

Page 3 of 14







Patient Name : Mr.SUSHIL KUMAR
Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM
Received : 06/Mar/2024 10:40AM
Reported : 06/Mar/2024 12:20PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF HAEMATOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
BLOOD GROUP ABO AND RH FACTOR, WHOLE BLOOD EDTA						
BLOOD GROUP TYPE	В			Forward & Reverse Grouping with Slide/Tube Aggluti		
Rh TYPE	NEGATIVE			Forward & Reverse Grouping with Slide/Tube Agglutination		

Page 4 of 14



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:BED240059225





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 01:12PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

: 06/Mar/2024 03:13PM

#### DEPARTMENT OF BIOCHEMISTRY

Reported

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING, NAF PLASMA	99	mg/dL	70-100	GOD - POD

#### **Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

#### Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:PLF02118845



Page 5 of 14





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 01:54PM

Received : 06/Mar/2024 05:23PM Reported : 06/Mar/2024 07:11PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	111	mg/dL	70-140	GOD - POD

#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 6 of 14







Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 01:17PM Reported : 06/Mar/2024 01:49PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN),	WHOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	5.9	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	123	mg/dL		Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

**Note:** Dietary preparation or fasting is not required.

- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic
- Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr.Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:EDT240026712

Page 7 of 14





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 10:40AM

Reported : 06/Mar/2024 10:46AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM	'	-		
TOTAL CHOLESTEROL	177	mg/dL	<200	CHE/CHO/POD
TRIGLYCERIDES	104	mg/dL	<150	Enzymatic
HDL CHOLESTEROL	37	mg/dL	>40	CHE/CHO/POD
NON-HDL CHOLESTEROL	140	mg/dL	<130	Calculated
LDL CHOLESTEROL	119.2	mg/dL	<100	Calculated
VLDL CHOLESTEROL	20.8	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.78		0-4.97	Calculated

#### **Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High	
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240		
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500	
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190	
HDL	≥ 60				
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220	

- 1. Measurements in the same patient on different days can show physiological and analytical variations.
- 2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- 3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.

Page 8 of 14



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04651747





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 10:40AM Reported : 06/Mar/2024 11:48AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT), SERUM		'	1	
BILIRUBIN, TOTAL	0.80	mg/dL	0.20-1.20	DIAZO METHOD
BILIRUBIN CONJUGATED (DIRECT)	0.30	mg/dL	0.0-0.3	Calculated
BILIRUBIN (INDIRECT)	0.50	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	38	U/L	<50	Visible with P-5-P
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	37.0	U/L	17-59	UV with P-5-P
ALKALINE PHOSPHATASE	68.00	U/L	38-126	p-nitrophenyl phosphate
PROTEIN, TOTAL	7.80	g/dL	6.3-8.2	Biuret
ALBUMIN	4.50	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.30	g/dL	2.0-3.5	Calculated
A/G RATIO	1.36		0.9-2.0	Calculated

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

#### 1. Hepatocellular Injury:

- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

#### 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

Page 9 of 14



Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology SIN No:SE04651747





Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

: Dr.SELF

Emp/Auth/TPA ID : DGSh Collected

: 06/Mar/2024 10:25AM

Received

: 06/Mar/2024 01:17PM

Reported

Status

: 06/Mar/2024 04:23PM

Sponsor Name

: Final Report

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.99	mg/dL	0.66-1.25	Creatinine amidohydrolase
UREA	19.70	mg/dL	19-43	Urease
BLOOD UREA NITROGEN	9.2	mg/dL	8.0 - 23.0	Calculated
URIC ACID	5.89	mg/dL	3.5-8.5	Uricase
CALCIUM	9.50	mg/dL	8.4 - 10.2	Arsenazo-III
PHOSPHORUS, INORGANIC	2.66	mg/dL	2.5-4.5	PMA Phenol
SODIUM	138.8	mmol/L	135-145	Direct ISE
POTASSIUM	4.8	mmol/L	3.5-5.1	Direct ISE
CHLORIDE	106.2	mmol/L	98 - 107	Direct ISE
PROTEIN, TOTAL	7.71	g/dL	6.3-8.2	Biuret
ALBUMIN	4.37	g/dL	3.5 - 5	Bromocresol Green
GLOBULIN	3.34	g/dL	2.0-3.5	Calculated
A/G RATIO	1.31		0.9-2.0	Calculated

Dr Nidhi Sachdev M.B.B.S,MD(Pathology) Consultant Pathologist

Dr. Tanish Mandal M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BI18652924



Page 10 of 14





Patient Name : Mr.SUSHIL KUMAR Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 10:40AM

Reported : 06/Mar/2024 11:48AM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	19.00	U/L	15-73	Glyclyclycine Nitoranalide

Dr. SHWETA GUPTA MBBS,MD (Pathology) Consultant Pathology

SIN No:SE04651747



Page 11 of 14





Age/Gender : 36 Y 7 M 15 D/M

UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM Received : 06/Mar/2024 10:40AM

Reported : 06/Mar/2024 12:29PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF IMMUNOLOGY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method		
THYROID PROFILE TOTAL (T3, T4, TSH), SERUM						
TRI-IODOTHYRONINE (T3, TOTAL)	1.04	ng/mL	0.67-1.81	ELFA		
THYROXINE (T4, TOTAL)	8	μg/dL	4.66-9.32	ELFA		
THYROID STIMULATING HORMONE (TSH)	2.02	μIU/mL	0.25-5.0	ELFA		

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)		
First trimester	0.1 - 2.5		
Second trimester	0.2 - 3.0		
Third trimester	0.3 - 3.0		

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- 2. TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	IN	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 12 of 14



Dr. SHWETA GUPTA
MBBS,MD (Pathology)
Consultant Pathology
SIN No:SPL24039162





Patient Name

: Mr.SUSHIL KUMAR

Age/Gender

: 36 Y 7 M 15 D/M

UHID/MR No

: SCHI.0000018656

Visit ID Ref Doctor : SCHIOPV27094

Emp/Auth/TPA ID

: Dr.SELF : DGSh Collected

: 06/Mar/2024 10:25AM

Received Reported : 06/Mar/2024 04:11PM : 06/Mar/2024 04:16PM

Status :

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (	CUE) , URINE			'
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
рH	5.0		5-7.5	Bromothymol Blue
SP. GRAVITY	1.010		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GOD-POD
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	NITROPRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	EHRLICH
BLOOD	NEGATIVE		NEGATIVE	Dipstick
NITRITE	NEGATIVE		NEGATIVE	Dipstick
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	PYRROLE HYDROLYSIS
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	<b>/</b>		
PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 13 of 14









Patient Name : Mr.SUSHIL KUMAR Age/Gender : 36 Y 7 M 15 D/M

Age/Gender : 36 Y 7 M 15 D/M UHID/MR No : SCHI.0000018656

Visit ID : SCHIOPV27094

Ref Doctor : Dr.SELF Emp/Auth/TPA ID : DGSh Collected : 06/Mar/2024 10:25AM

Received : 06/Mar/2024 04:11PM Reported : 06/Mar/2024 04:15PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF CLINICAL PATHOLOGY

#### ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
	•			

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*

Page 14 of 14





Patient Name : Mr. SUSHIL KUMAR Age : 36 Y/M

**UHID** OP Visit No : SCHI.0000018656 : SCHIOPV27094 Conducted By: : Dr. MUKESH K GUPTA Conducted Date : 06-03-2024 16:39

Referred By : SELF

#### MITRAL VALVE

AML-Normal/Thickening/Calcification/Flutter/Vegetation/Prolapse/SAM/Doming. Morphology

PML-Normal/Thickening/Calcification/Prolapse/Paradoxical motion/Fixed.

Subvalvular deformity Present/Absent. Score:

Doppler Normal/Abnormal E>A

RR Interval msec Mitral Stenosis Present/Absent

EDG mmHg MDG mmHg

Mitral Regurgitation Absent/Trivial/Mild/Moderate/Severe.

#### TRICUSPID VALVE

Normal/Atresia/Thickening/Calcification/Prolapse/Vegetation/Doming. Morphology

Doppler Normal/Abnormal

> Tricuspid stenosis Present/Absent RR interval msec.

EDG mmHg MDG mmHg

Absent/Trivial/Mild/Moderate/Severe Fragmented signals Tricuspid regurgitation:

Velocity msec. Pred. RVSP=RAP+ mmHg

#### PULMONARY VALVE

Morphology Normal/Atresia/Thickening/Doming/Vegetation.

Doppler Normal/Abnormal.

> Pulmonary stenosis Present/Absent Level

> > PSG mmHg Pulmonary annulus mm

Absent/Trivial/Mild/Moderate/Severe Pulmonary regurgitation

mmHg. Early diastolic gradient End diastolic gradient mmHg

#### **AORTIC VALVE**

Normal/Thickening/Calcification/Restricted opening/Flutter/Vegetation Morphology

 $\overline{\text{No. of cusps}}$  1/2/3/4

Normal/Abnormal Doppler

> Aortic stenosis Present/Absent Level

> > PSG mmHg Aortic annulus mm

**Absent**/Trivial/Mild/Moderate/Severe. Aortic regurgitation

Normal Values Measurements Normal values LA es (1.9 - 4.0 cm)Aorta 24 (2.0 - 3.7cm)2.6

Patient Name : Mr. SUSHIL KUMAR Age : 36 Y/M

UHID : SCHI.0000018656 OP Visit No : SCHIOPV27094 Conducted By: : Dr. MUKESH K GUPTA Conducted Date : 06-03-2024 16:39

Referred By : SELF

2.6 (2.2 - 4.0 cm)4.3 (3.7 - 5.6cm)LV es LV ed IVS ed 0.8 (0.6 - 1.1 cm)PW (LV) 0.8 (0.6 - 1.1 cm)RV ed (0.7 - 2.6cm)RV Anterior wall (upto 5 mm)

LVVd (ml) LVVs (ml)

EF 64% (54%-76%) IVS motion Normal/Flat/Paradoxical

**CHAMBERS:** 

LV Normal/Enlarged/Clear/Thrombus/Hypertrophy

Contraction Normal/Reduced

Regional wall motion abnormality Absent

LA <u>Normal/Enlarged/Clear/Thrombus</u>

RA <u>Normal/Enlarged/Clear/Thrombus</u>

RV <u>Normal/Enlarged/Clear/Thrombus</u>

# **PERICARDIUM**

## **COMMENTS & SUMMARY**

- v Normal LV systolic function
- v No RWMA, LVEF=64%
- v Grade I LVDD
- v No AR,PR,MR & TR
- v No I/C clot or mass
- v Good RV function
- v Normal pericardium
- v No pericardial effusion

Patient Name : Mr. SUSHIL KUMAR Age : 36 Y/M

UHID : SCHI.0000018656 OP Visit No : SCHIOPV27094 Conducted By: : Dr. MUKESH K GUPTA Conducted Date : 06-03-2024 16:39

Referred By : SELF

Dr. M K Gupta M.B.B.S, MD,FIACM Senior Consultant Cardiologist Patient Name : Mr. SUSHIL KUMAR Age : 36 Y/M

UHID : SCHI.0000018656 OP Visit No : SCHIOPV27094

Conducted By: : Conducted Date :

Referred By : SELF

Patient Name : Mr. SUSHIL KUMAR Age : 36 Y/M

UHID : SCHI.0000018656 OP Visit No : SCHIOPV27094

Conducted By : Conducted Date :

Referred By : SELF