

Name : Mr. DEOSHANKAR SINGH (49 /M)

Date : 26/10/2024

Address : 302 SHIVALIK GODREJ PRAKRITI SODPUR, SODEPUR, NORTH 24 PARGANAS,
WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AMHL.0002442970

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH224140



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:26/10/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Eyes

Vision - normal with glasses

ENT

- Nil Significant

Musculoskeletal system

Muscles and
extremities
Heel(bilateral) - pain; Bilateral - Lower limb(s) pain

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes

Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - Yes

Type - Cigarette

Number - 3

Frequency - daily

Chews tobacco - No

Physical activity - Mild



Family history

Father - alive

Mother - has expired

Coronary artery disease - none

Cancer - mother, sister

Type - Ovarian

Renal disease - brother

PHYSICAL EXAMINATION



General

Build - over weight
 Height - 176
 Weight - 83
 BMI - 26.79
 Pallor - No
 Oedema - no



Cardiovascular system

Heart rate (Per minute) - 64
 Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 152
 Diastolic(mm of Hg) - 99
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
 Tenderness - No



Skin

- No significant finding

Ophthalmology findings

- OCULAR MOVEMENTS:
 (RE):FULL (LE):FULL
 ANTERIOR SEGMENTS:
 (RE):WNL (LE):WNL
 VISUAL ACUITY
 DISTANCE:WITHOUT
 GLASS (RE):6/9 (LE):6/9
 VISUAL ACUITY
 NEAR:WITHOUT GLASS
 (RE):N8 (LE):N8
 SPECTACLE POWER: RE:
 +0.25/+0.25X180*(6/6) LE:
 +0.25DS(6/6) ADD:
 +2.00DSPH(N6)
 ADVICE:*Glass Rx*Review
 after 1yr/SOS

Ophthalmology consultation

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COMPLETE HAEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	13.2	g/dl	●	13.0-17.0
RBC COUNT	4.26 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	39.1 *	%	●	41-53
MCV	91.9	fl	●	83-101
MCH	31.0	pg	●	27-32
MCHC	33.7	%	●	31.5-34.5
RDW	14.2 *	%	●	11.8-14.0
WBC Count	7400	/cu mm	●	4000-10000
Platelet Count	2.43	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	36	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			

ERYTHROCYTE SEDIMENTATION RATE (ESR)

Test Name	Result	Unit	Level	Range
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Yellow			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

ALT(SGPT) - SERUM

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	62 *	U/L	●	0-50

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1

ALKALINE PHOSPHATASE - SERUM

Test Name	Result	Unit	Level	Range
ALKALINE PHOSPHATASE - SERUM	90	U/L	●	43-115

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT) - SERUM	37	U/L	●	0-50

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.3-1.2

CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM	215 *	mg/dL	●	0-200
Non-HDL Cholesterol	179			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	36	U/L	●	0-55

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	95	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	101	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.6	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

HDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	6 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70

LDL CHOLESTEROL -SERUM

Test Name	Result	Unit	Level	Range
LDL CHOLESTEROL -SERUM	144 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	35	mg/dL	●	0-35

PROTEIN TOTAL - SERUM

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.2	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.7		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM (Chemiluminescence)	1.07	ng/ml	●	0.87-1.78

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM (Chemiluminescence)	9.26	µg/dL	●	5.48-14.28

TRIGLYCERIDES - SERUM

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	178 *	mg/dL	●	0-150

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM (Chemiluminescence)	2.04	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.9	mg/dL	●	2.6-7.2

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BILIRUBIN
CONJUGATED
(DIRECT) - SERUM

0.2	mg/dL	●	0.0-0.2
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* Grade II fatty liver.

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM (Chemiluminescence)	4.82	ng/mL	●	0.00-6.50

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.6	mg/dL	●	7.0-18.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	14			

Dr. PARTHA LODH
DMRD
Reg. No. 49816 (WBMC)

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

ECG

SINUS BRADYCARDIA.
LEFT AXIS DEVIATION.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

Biochemistry

A/G - RATIO

ULTRASOUND SCREENING WHOLE ABDOMEN

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Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

YOUR SCORE

ACCEPTABLE SCORE

Moderate Risk

8

6

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. Note: The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515