

Patient Name	Suman Mishra	Date	10/2/24
Age	34 yrs	UHID No	
Sex	Male	Ref By	
Occupation	Banker	Phone No	9748 471007
		Email	mailsumarads@

HEALTH ASSESSMENT FORM

JG 100
- 04

A - GENERAL EXAMINATION

CHIEF COMPLAINTS
PAST HISTORY
MEDICAL HISTORY

4th 5th				
Hypertension	Asthama	Heart Disease	Thyroid Disorder	Allergy
no	no	no	no	no
Diabetes	Stroke	Kidney Disorder	Tuberculosis	Liver Disorder
no	no	no	no	no
Other History	Covid-2020 / Home quarantined. 2021			

SURGICAL HISTORY

Piles	Fissures	Fistula	Hernia	Gall Bladder Stone
no	no	no	no	no

CURRENT MEDICATIONS

Sinus operated - 2019 ..
2022 - 1st Index finger injury - ligament - suspension

Sr. No	Complaints	Dosage	Duration
	no	no	no

- white spots over the neck are starting to occur.
 ↳
 ↳ itchy and swells up
 ↳
 ↳ no medication taken

NAME	'Suryav Mishra'	Weight	62.8kg.
BP	120/90	Height	163cm.
Pulse	92 bpm	SPO2	98%
Temperature	Afebrile.	Peripheral Pulses	+
Oedema	no.	Breath Sound	AE BE
Heart Sound	S2 heard.		

B - SYSTEMIC EXAMINATION

FILL YES/NO

CONSTITUTIONAL		GENITOURINARY SYSTEM	
Fever	no.	Frequency of urine	7-8 times
Chills	no.	Blood in urine	
Recent weight gain	Yes - Gradual inc.	Incomplete empty of bladder	
EYES		OBS/GYNE.	
Eye pain	no.	Nycturia	no.
Spots before eyes	no.	Dysuria	
Dry eyes	no. (R) (L)	Urge incontinence	
Wearing glasses	Yes - -0.50 +0.25	Abnormal bleed	
Vision changes	no.	Vaginal Discharge	
Itchy eyes	- only in morning.	Irregular menses	no.
EAR/NOSE/THROAT		MUSCULOSKELETAL	
Earaches	no.	Joint swelling	no.
Nose bleeds	no.	Joint pain	no.
Sore throat	no.	Limb swelling	
Loss of hearing	no.	Joint stiffness	
Sinus problems	Yes - operated 2014.	INTEGUMENTARY (SKIN)	
Dental problems	no.	Acne	no.
CARDIOVASCULAR		Breast pain	no.
Chest pain	no.	Change in mole	
Heart rate is fast/slow	no.	Breast	
Palpitations	no.	NEUROLOGICAL	
Leg swelling	no.	Confused	no.
RESPIRATORY		Sensation in limbs	no.
Shortness of breath	no.	Migraines	no.
Cough	no.	Difficulty walking	no.
Orthopnoea	no.	PSYCHIATRIC	
Wheezing	no.	Suicidal	no.
Dyspnoea	no.	Change in personality	yes.
Respiratory distress in sleep	no.	Anxiety	yes.
GASTROINTESTINAL		Sleep Disturbances	- yes.
Abdominal pain	no.	Depression	- Mild.
Constipation	no.	Emotional	- Mild.
Heartburn	no.	Not evaluated but. feels chunp.	
Vomiting	no.		
Diarrhoea	no.		
Melena	no.		

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

SAURAV MISTRY

SUNIL KUMAR MISTRY

23/09/1989

Permanent Account Number
AVQPM7620M

Signature



28030014



Dr Sandeep Deshpande
MD (CARDIOLOGIST)
REG - 72944

WILSON MEDICALS PVT. LTD.
Shop No. 10, C-1, Laxmi Building,
Behind V.K. Hospital,
Terkar Road, Fort, Mumbai - 400 001.
Mumbai Reg. No. - 412/101.
Mobile No. - 7509165523 / 7509053229



Report

VRX HEALTH CARE PVT. LTD.

Name	: MR. SAURAV MISTRY	Id	: VRX-36951
Age/Gender	: 34 Years 4 Months /M	Registered On	: 10/02/2024 10:00
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:06
		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Bio. Ref. Interval	METHOD
CBC-COMplete BLOOD COUNT			
HAEMOGLOBIN	14.8	13.0 - 17.0 gm/dl	
RBC COUNT	4.86	4.5 - 5.5 Millions/Cmm	
PACKED CELL VOLUME	45.0	40.0 - 50.0 %	
MEAN CORP VOL (MCV)	92.59	83.0 - 101.0 fl	
MEAN CORP HB (MCH)	30.45	27 - 32 pg	
MEAN CORP HB CONC (MCHC)	32.89	31.5 - 34.5 g/dl	
RDW	12.7	11.6 - 14.0 %	
WBC COUNT	7.2	4.0 - 10.0 *1000/cmm	
NEUTROPHILS	53	40 - 80 %	
LYMPHOCYTES	41	20 - 40 %	
EOSINOPHILS	02	1 - 6 %	
MONOCYTES	04	2 - 10 %	
BASOPHILS	00		
PLATELETS COUNT	160	150 - 410 *1000/Cmm	
PLATELETS ON SMEAR	Adequate		
MPV	14.3	6.78 - 13.46 %	
PDW	16.5	9 - 17 %	
RBC MORPHOLDGY	NORMOCYTIC NORMOCHROMIC		

REMARKS
EDTA Whole Blood - Tests done on Automated **NIHON KOHDEN MEK-7300K 5 Part Analyser**. (Haemoglobin by Photometric and WBC, RBC, Platelet count by Impedance method, WBC differential by Floating Discriminator Technology and other parameters are calculated)
All Abnormal Haemograms are reviewed and confirmed microscopically. Differential count is based on approximately 10,000 cells.

INTERPRETATION

VRX HEALTHCARE PVT. LTD.
Shop No.34-36, 3rd Floor, Seising Building
Behind Vastu, Swamiji Park,
Thakur Village, Kurla East,
Mumbai, Maharashtra - 400 101
Mobile No. 7506155999 / 7045035533

NRS Jain

Dr. Vipul Jain
M.D.(PATH)
APPROVED BY

ENTERED BY - SANTOSH M

CHECKED BY - SNEHA G





Report

VRX HEALTH CARE PVT. LTD.

Name	: MR. SAURAV MISTRY	Id	: VRX-36951
Age/Gender	: 34 Years 4 Months /M	Registered On	: 10/02/2024 10:00
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:06
		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Bio. Ref. Interval	METHOD
ESR	18	< 20 mm at the end of 1Hr.	WESTERGREN
<p>INTERPRETATION ESR(Erythrocyte Sedimentation Rate)-The ESR measures the time required for erythrocytes from a whole blood sample to settle to the bottom of a vertical tube. Factors influencing the ESR include red cell volume, surface area, density, aggregation, and surface charge. The ESR is a sensitive, but nonspecific test that is frequently the earliest indicator of disease. It often rises significantly in widespread inflammatory disorders due to infection or autoimmune mechanisms. Such elevations may be prolonged in localized inflammation and malignancies. Increased ESR: may indicate pregnancy, acute or chronic inflammation, tuberculosis, rheumatic fever, paraproteinemias, rheumatoid arthritis, some malignancies, or anemia. Decreased ESR: may indicate polycythemia, sickle cell anemia, hyperviscosity, or low plasma protein.</p>			
BLOOD GROUP	AB POSITIVE		SLIDE AGGLUTINATION - FORWARD GROUPING

--- End of the Report ---

VRX HEALTHCARE PVT. LTD.
 Shop No.34-35, 3rd Floor Soling Building,
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N. Jain

Dr. Vipul Jain
M.D.(PATH)

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CHECKED BY - SNEHA G





Report

VRX HEALTH CARE PVT. LTD.

Name	: MR. SAURAV MISTRY	Id	: VRX-36951
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		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Bio. Ref. Interval	METHOD
URINE ROUTINE			
COLOUR	PALE YELLOW		
APPEARANCE	CLEAR		
SPECIFIC GRAVITY	1.020		
REACTION (PH)	6.0		
PROTEIN	Absent		
SUGAR	Absent		
KETONE	Absent		
BILE SALT	Absent		
BILIRUBIN	Absent		
OCCULT BLOOD	Absent		
PUS CELLS	1-2	< 6 hpf	
EPITHELIAL CELLS	1-2	< 5 hpf	
RBC	NIL	< 2 hpf	
CASTS	NIL		
CRYSTALS	NIL		
AMORPHOUS DEBRIS	Absent		
BACTERIA	NIL		
YEAST CELLS	Absent		
SPERMATOZOA	Absent		

--- End of the Report ---

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Report

VRX HEALTH CARE PVT. LTD.

Name	: MR. SAURAV MISTRY	Id	: VRX-36951
Age/Gender	: 34 Years 4 Months /M	Registered On	: 10/02/2024 10:00
Referred By	: MED/WHEEL	Collected Time	: 10/02/2024 10:06
		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Bio. Ref. Interval	METHOD
Lipid Test			
TOTAL CHOLESTEROL	191.18	130 - 200 mg/dl	
TRIGLYCERIDES	176.29	25 - 160 mg/dl	
HDL CHOLESTEROL	43.43	35 - 80 mg/dl	
LDL CHOLESTEROL	112.49	< 100 mg/dl	
VLDL CHOLESTEROL	35.26	7 - 35 mg/dl	
LDL-HDL RATIO	2.59	< 3.5 mg/dl	
TC-HDL CHOLESTEROL RATIO	4.4	2.5 - 4.0 mg/dl	

INTERPRETATION

SAMPLE : SERUM, PLAIN

Note : Non HDL is the best risk predictor of all cholesterol measures, both for CAD[Coronary Artery Diseases] events and for strokes. High Risk patients like Diabetics, Hypertension, With family history of IHD, Smokers, the Desirable reference values for cholesterol & Triglyceride are further reduced by 10 mg/dl each.

*VLDL and LDL Calculated.

[References : Interpretation of Diagnostic Tests by Wallach's]

Technique : Fully Automated Pentra C-200 Biochemistry Analyser.

**All Test Results are subjected to stringent International External and Internal Quality Control Protocols.

--- End of the Report ---

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Dr. Vipul Jain
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CHECKED BY - SNEHA G





Name	: MR. SAURAV MISTRY	Id	: VRX-36951
Age/Gender	: 34 Years 4 Months /M	Registered On	: 10/02/2024 10:00
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:06
		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Bio. Ref. Interval	METHOD
LIVER FUNCTION TEST			
SGOT	57.3	5 - 40 U/L	
SGPT	88.8	5 - 45 U/L	
TOTAL BILIRUBIN	0.75	0.1 - 1.2 mg/dl	
DIRECT BILIRUBIN	0.24	Adult: < 0.2 mg/dl Infant: 0.2 - 8 mg/dl	
INDIRECT BILITUBIN	0.51	0.1 - 1.0 mg/dl	
TOTAL PROTEINS	6.33	6.0 - 8.3 g/dl	
ALBUMIN	4.46	3.5 - 5.2 g/dl	
GLOBULIN	1.92	2.0 - 3.5 g/dl	
A/G RATIO	2.32	1.0 - 2.0 mg/dl	
ALKALINE PHOSPHATASE	61.5	53 - 128 U/L	
GGT	44.4	3 - 60 U/L	

REMARKS
SAMPLE : SERUM,PLAIN
PERFORMED ON FULLY AUTOMATED PENTRA C-200 BIOCHEMISTRY ANALYZER.

--- End of the Report ---

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Report

VRX HEALTH CARE PVT. LTD.

Name	: MR. SAURAV MISTRY	Id	: VRX-36951
Age/Gender	: 34 Years 4 Months /M	Registered On	: 10/02/2024 10:00
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:06
		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Bio. Ref. Interval	METHOD
BUN			
UREA	19.9	19 - 44 mg/dl	
BLOOD UREA NITROGEN	9.29	9.0 - 20.5 mg/dl	
CREATININE	0.67	0.5 - 1.4 mg/dl	Jaffe/Alkaline Picrate
URIC ACID	6.63	3.5 - 7.2 mg/dl	URICASE
TOTAL PROTEINS			
TOTAL PROTEINS	6.38	6.0 - 7.8 g/dl	BIURET
ALBUMIN	4.46	3.5 - 5.2 g/dl	BIURET
GLOBULIN	1.92	2.0 - 3.5 g/dl	BIURET
AG RATIO	2.32	1.0 - 2.0 g/dl	BIURET
BUN / CREAT RATIO			
BUN (Blood Urea Nitrogen)	9.29	7.9 - 21.1 mg/dL	
Creatinine	0.67	0.5 - 1.4 mg/dL	
BUN/Creatinine Ratio	13.87	5.0 - 23.5	

--- End of the Report ---

VRX HEALTHCARE PVT. LTD.
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Dr. Vipul Jain
M.D.(PATH)

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CHECKED BY - SNEHA G





Report

VRX HEALTH CARE PVT. LTD.

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Age/Gender	: 34 Years 4 Months /M	Registered On	: 10/02/2024 10:00
Referred By	: MEDIWHEEL	Collected Time	: 10/02/2024 10:06
		Reported On	: 10/02/2024 16:43

Investigations	Observed Value	Blo. Ref. Interval	METHOD
STOOL ROUTINE			
COLOUR	BROWNISH		
FORM AND CONSISTENCY	SEMI-FORMED		
MUCUS	ABSENT		
FRANK BLOOD	ABSENT		
WORMS	ABSENT		
REACTION	6.5		
OCCULT BLOOD	NEGATIVE		
PUS CELLS	2-4		
EPITHELIAL CELLS	1-2		
RBCS	NIL		
OVA	ABSENT		
TROPHOZOITES	NIL		
CYST	ABSENT		
FAT BODIES	ABSENT		
MACROPHAGES	ABSENT		
VEGETABLE FIBRES	ABSENT		
YEAST CELLS	ABSENT		

--- End of the Report ---

VRX HEALTHCARE PVT. LTD.
 Shop No 34-38, Deemed Parking Building,
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 Thane V. J. Rd, Kandivli East,
 Mumbai, Maharashtra - 400 101
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N. S. Jain

Dr. Vipul Jain
 M.D.(PATH)
 APPROVED BY

ENTERED BY - SANTOSH M

CHECKED BY - SNEHA G






Report

VRX HEALTH CARE PVT. LTD.

UHID : AM10.24000000001
 Patient Name : MR. SAURAV MISTRY
 Age : 34 Yrs
 Gender : MALE
 Ref. Doctor : DR MEDIWHEEL
 Client Name : DIAGNO LOUNGE(ADVANCED DIAGNOSTIC CENTRE)KANDIVALI

Bill No. : A025415
 Registered On : 10/02/2024,03:20 PM
 Collected On : 10/02/2024,03:22 PM
 Reported On : 11/02/2024,01:58 AM
 SampleID : 

REPORT

Biochemistry

Test Name	Result	Unit	Biological Reference Interval
HbA1c (Glycylated Haemoglobin) WB-EDTA			
HbA1c (Glycylated Haemoglobin)	6.5	%	Normal <5.7 % Pre Diabetic 5.7 - 6.4 % Diabetic >6.5 % Target for Diabetes on therapy < 7.0 % Re-evaluation of therapy > 8.0 % Reference ADA Diabetic Guidelines 2013.

Method : HPLC (High Performance Liquid Chromatography)

Mean Blood Glucose 139.8 mg/dL

Method : Calculated

Correlation of A1C with average glucose

A1C (%)	Mean Blood Glucose (mg/dl)
6	126
7	154
8	183
9	212
10	240
11	269
12	298

Interpretation :

1. The HbA1c levels correlate with the mean glucose concentration prevailing in the course of Pts recent history (apprx 6-8 weeks) & therefore provides much more reliable information for glycemia control than the blood glucose or urinary glucose. This Methodology is better than the routine chromatographic methods & also for the diabetic pts. having HEMOGLBINOPATHIES OR UREMIA as Hb variants and uremia does not INTERFERE with the results in this methodology.

2. It is recommended that HbA1c levels be performed at 4 - 8 weeks during therapy in uncontrolled DM pts. & every 3 - 4 months in well controlled diabetics.

3. Mean blood glucose (MBG) in first 30 days (0-30) before sampling for HbA1c contributes 50% whereas MBG in 90 - 120 days contribute to 10% in final HbA1c levels

Scan to Validate




APARNA-JAIRAM
Entered By

Asavlee Dr Aparna's Pathology Laboratory
 1100 No. 34-A/2, 2nd Floor, 2nd Stage,
 Behind V. K. J. Hospital, Kandivali East,
 Thane V. K. J. Hospital East,
 Mumbai, Maharashtra - 400 101.
 Mobile No. : 7600160126 / 7048000000

Verified By

Dr Suvarna Deshpande
MD (Path)
Reg.No.83385


Dr Aparna Jairam
MD (Path)
Reg.No.76516

"Sample Processed At Asavlee Dr Aparna's Pathology Laboratory"

Physio Lounge & Diagno Lounge (VRX Health Care Pvt. Ltd.)





Report

VRX HEALTH CARE PVT. LTD.

UHID : AM10.24000000001
 Patient Name : MR. SAURAV MISTRY
 Age : 34 Yrs
 Gender : MALE
 Ref. Doctor : DR MEDIWHEEL
 Client Name : DIAGNO LOUNGE(ADVANCED DIAGNOSTIC CENTRE)KANDIVALI

Bill No. : A025415
 Registered On : 10/02/2024,03:20 PM
 Collected On : 10/02/2024,03:22 PM
 Reported On : 11/02/2024,01:58 AM
 SampleID :

REPORT

Immunology

Test Name	Result	Unit	Biological Reference Interval
Total T3 Method : ECLIA	89.0	ng/dL	58-159
Total T4 Method : ECLIA	6.5	mcg/dl	4.2-11.2
TSH-Ultrasensitive Method : Chemiluminescent Microparticle Immunoassay	2.600	uIU/ml	0.2-5.7
Trimester Ranges	T3- 1st Trimester - 138-278 ng/dl 2nd Trimester- 155-328 ng/dl 3rd Trimester - 137-324 ng/dl T4- 1st Trimester - 7.31-15.0 mcg/dl 2nd Trimester- 8.92-17.38 mcg/dl 3rd Trimester - 7.98-17.7 mcg/dl TSH- 1st Trimester - 0.04-3.77 uIU/ml 2nd Trimester- 0.30-3.21 uIU/ml 3rd Trimester - 0.6-4.5 uIU/ml		

VRX HEALTHCARE PVT. LTD.
 Shop No. 34-38, Ground Floor, Shivajinagar Building,
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Scan to Validate



APARNA-JAIRAM
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Dr Suvarna Deshpande
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 Reg.No.83385

Dr Aparna Jairam
 MD (Path)
 Reg.No.76516

Sample Processed At Asavlee Dr Aparna's Pathology Laboratory

Physio Lounge & Diagno Lounge (VRX Health Care Pvt. Ltd.)





Report

VRX HEALTH CARE PVT. LTD.

Patient Name: MR.SAURAV MISTRY

M/ 34 Yrs

Ref. by: MEDIWHEEL

Date: 10/02/2024

XRAY CHEST PA VIEW

The lung on either side shows adequate translucency and exhibit normal vasculature.

Both hila are symmetrical in outline size and shape.

Trachea is central in position and no mediastinal abnormality is visible.

Bilateral costophrenic angles are clear.

Cardiac shadow is unremarkable.

Bone thorax appears unremarkable.

*Thanks for the reference.
With regards,*

Foram

DR FORAM KOTHARI
Consultant Radiologist DMRD DNB

Physio Lounge & Diagno Lounge (VRX Health Care Pvt. Ltd.)



022-49628800 / 8811 | +91 98695 12512 | 77770 90855 | 022 4749 2469 | 75061 55999



Patient Name: MR. SAURAV MISTRY

M /34 Yrs

Ref. by: MEDIWHEEL

Date: 10.02.2024

SONOGRAPHY OF ABDOMEN AND PELVIS

TECHNIQUE: Real time, B mode, gray scale sonography of the abdominal and pelvic organs was performed with convex transducer.

LIVER: The liver is normal (12.5 cm) in size, shape and has smooth margins. The hepatic parenchyma shows increased echotexture without solid or cystic mass lesion or calcification. No evidence of intrahepatic biliary radical dilatation.

PORTAL VEIN: It measures 8 mm in transverse diameter.

GALL BLADDER: The gall bladder is well distended. There is no evidence of calculus, wall thickening or pericholecystic collection.

COMMON BILE DUCT: The visualised common bile duct is normal in caliber. No evidence of calculus is seen in the common bile duct. Terminal common bile duct is obscured due to bowel gas artifacts.

PANCREAS: The head and part of body of pancreas is normal in size, shape, contours and echo texture.

SPLEEN: The spleen measures 9.6 cm and is normal in size and shape. Its echotexture is homogeneous.

KIDNEYS:

Right kidney	Left kidney
8.7 x 3.8 cm	8.4 x 5.5 cm

The kidneys are normal in size and have smooth renal margins. Cortical echotexture is normal. The central echo complex does not show evidence of hydronephrosis. No evidence of hydroureter or calculi, bilaterally.

URINARY BLADDER: The urinary bladder is distended. It shows uniformly thin walls and sharp mucosa. No evidence of calculus is seen. No evidence of mass or diverticulum is noted.

.....Continue On Page 2





Report

VRX HEALTH CARE PVT. LTD.

(MR. SAURAV MISTRY.....PG 2)

PROSTATE: It measures about 2.7 x 3.3 x 2.9 cm; volume is 14 gm. The prostate gland shows well defined and smooth margins. The prostatic echotexture is normal and homogeneous.

There is no ascites. There is no obvious evidence of significant lymphadenopathy.

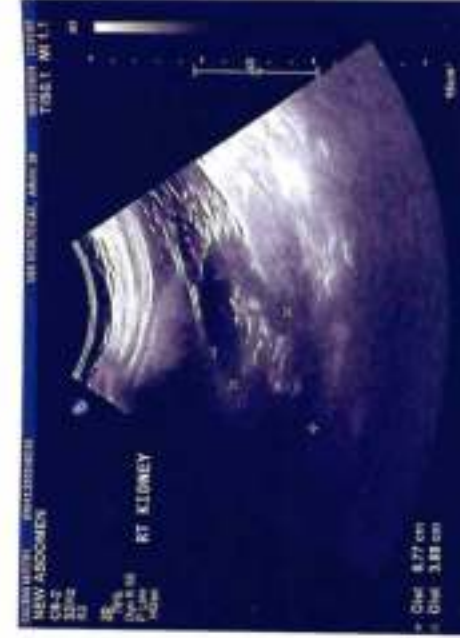
IMPRESSION:

- Grade I fatty infiltration of liver .

*Thanks for the reference.
With regards,*

DR FORAM KOTHARI
Consultant Radiologist DMRD DNB





Rate 75 Sinus rhythm
ST elevation suggests acute pericarditis

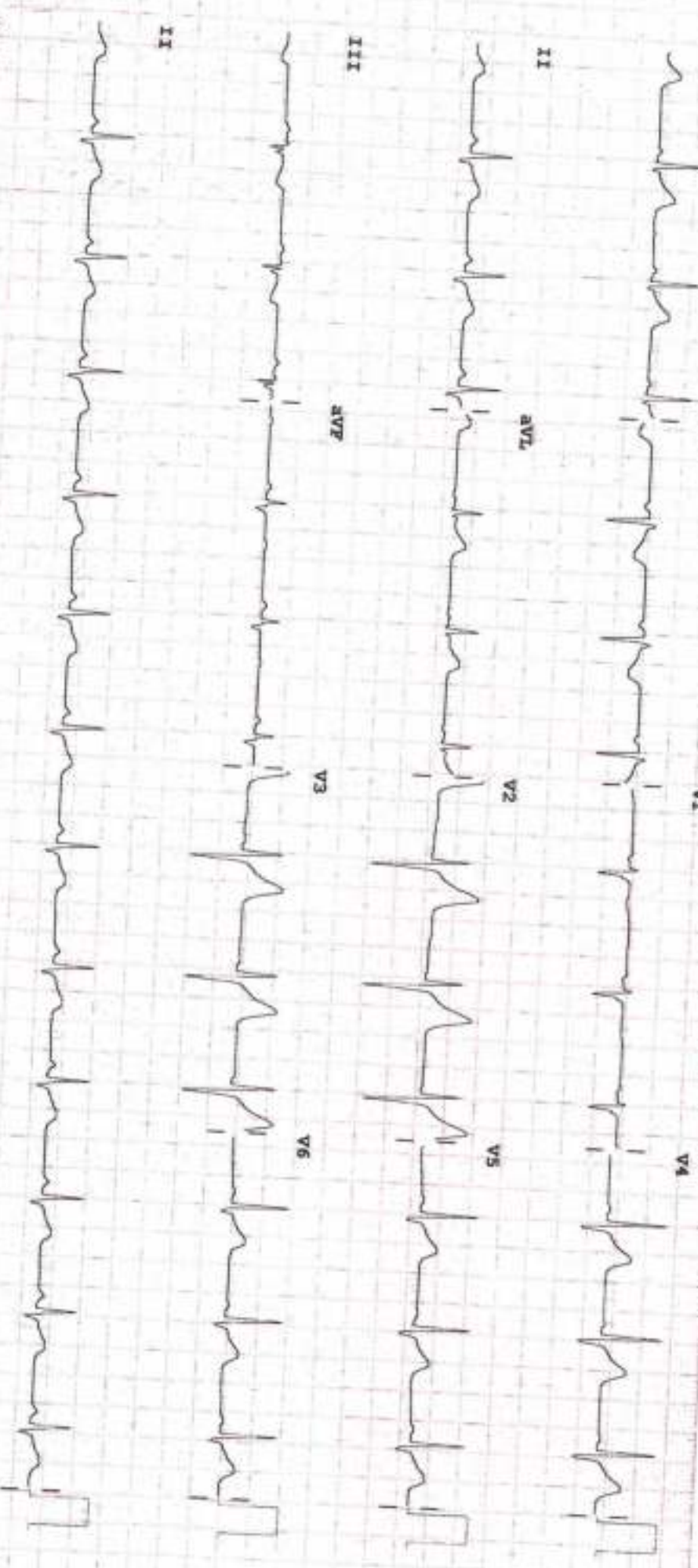
PR 126
QRS 94
QT 364
QTc 407

--AQTIS--
P 62
QRS 12
T 7

12 Lead; Standard Placement

12 LEAD ECG
Date/Time: 10/02/2024 11:03:02
Patient Name: [REDACTED]
Tr. No: [REDACTED]
Attending Physician: [REDACTED]
Specialty: [REDACTED]
Device No: [REDACTED]

[Signature]
D. Deep Deshpande
MD (CARDIOLOGIST)
REG - 72944



Device:

Speed: 25 mm/sec
Gain: 10 mm/mV
Chest: 10.0 mm/mV

PHILIPS

P 50 - 0.50 - 40 Hz W

100B CL

P2

VRX HEALTHCARE PVT. LTD
 SHOP NO. 34-38, GAYATRI SATSANG BUILDING, BEHIND VISHNU KANDIVALI EAST, (400101), SHIVAM MALL, THAKUR VILLAGE,

TREADMILL TEST REPORT

Patient Information
 Name : MR. MISTRY SAURAV

AGE : 54
 REF. BY : MEDICINERST

ID : 58
 SEX : M

DATE : 10-02-2024
 Height : 153
 Weight : 62

CARDIO BEATS

PHASE	TOTAL TIME	STAGE TIME	SPEED KM/HR	GRADE %	H.R. bpm	B.P. mmHg	RPP X100	ST. LEVEL (MM)		MET'S
								V1	V5	
STANDING					89	120 / 90	106	3.6	-1.7	1.7
HYPERVENT					95	120 / 90	114	3.5	-1.8	1.9
Stage 1	2:55	2:55	2.7	10	89	120 / 90	106	3.6	-1.8	1.9
Stage 2	5:55	2:55	4	12	116	120 / 90	139	3.5	-1.5	1.9
Stage 3	8:55	2:55	5.4	14	125	130 / 90	162	2.9	-1.5	1.8
PM-EXERCISE	11:17	2:17	6.7	16	150	140 / 90	210	2.4	-0.6	1.6
RECOVERY	12:32	0:55			189	160 / 90	302	2.2	-2.1	1.6
RECOVERY	14:23	2:46			147	160 / 90	235	6.1	-2.1	1.2
RECOVERY	14:32	2:35			119	150 / 90	178	5	-2.1	3.8
RECOVERY	15:31	3:54			120	150 / 90	180	5.7	-2.3	2.9
RECOVERY					116	120 / 90	139	3	-1.4	1.4

Technician : DIKSHITA

(Signature)
Dr Sandeep Deshpande
 MD (CARDIOLOGIST)
 REG - 72944

VRX HEALTHCARE PVT. LTD

SHOP NO. 34-38, GAYATRI SATSANG BUILDING, BEHIND VISHNU SHIVAM MALL, THAKUR VILLAGE,
KANDIVALI EAST, (400101)
TREADMILL TEST REPORT

Patient Information

Name : MR MISIPRY SAURAV

AGE : 34
RFE BY : MEDIMHEEL

ID : 58
SEX : M

DATE : 10-02-2024
Height : 163
Weight : 63

Medication

NONE

Indication

HEALTH CHECK UP

Test Results

PROTOCOL : Bruce
Target H.R. : 186 bpm
H.R. Achieved : 179 bpm 101 %
ARRHYTHMIA : NONE

EXERCISE TIME : 11:17
MAX S.P. : 160 / 90 mm Hg
R.R. RESPONSE : Normal Chronotropic Response

MAX WORK LOAD: 13.08 METS
BP RESPONSE : NORMAL

REASON OF TERMINATION :

Achieved 100%

HISTORY

NONE

IMPRESSIONS

GOOD EFFORT TOLERANCE
NORMAL CHRONOTROPIC RESPONSE
NORMAL ISOTROPIC RESPONSE
NO ANGINA OR ARRHYTHMIA
NO SIGNIFICANT ST-T CHANGES AS COMPARED TO BASELINE ECG
CONCLUSION:- STRESS TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT HIGH WORK LOAD

Technician : DIKSHITA

ASSEMBLY ROOM (FOR ECG)
ADDRESS: 101, 102, 103, 104, 105
THAKUR VILLAGE, KANDIVALI EAST,
MUMBAI - 400101

(Signature)
Dr Sandeep Deshpande
MD (CARDIOLOGIST)
REG - 72944

VRX HEALTHCARE PVT. LTD

MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

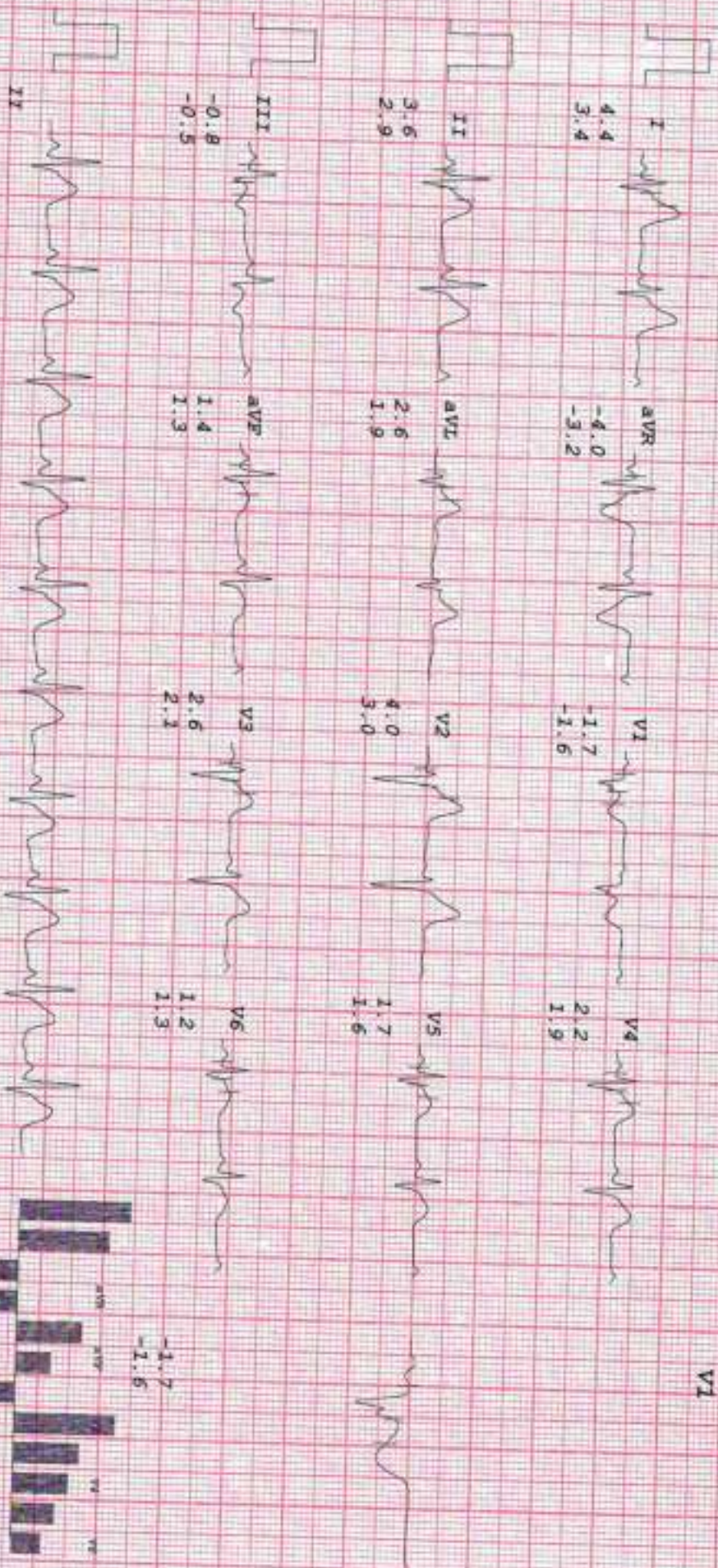
PRETEST
 RATE 89bpm
 R.P. 120/90

SI P 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2

CARDIO BEATS



VRX HEALTHCARE PVT. LTD

MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

RATE 95bpm
 R.P. 120/90

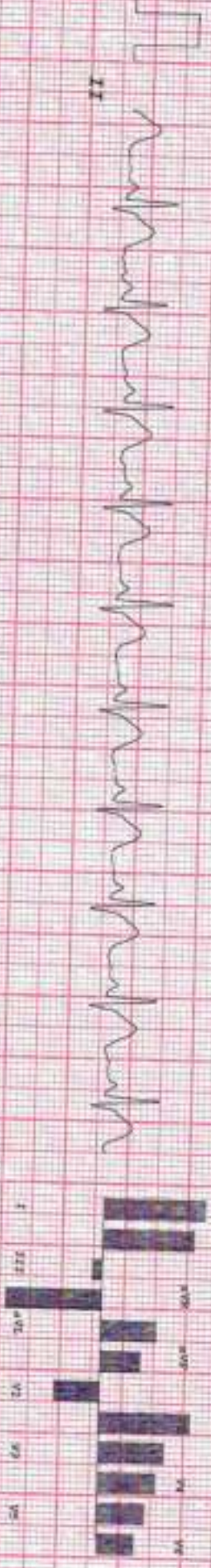
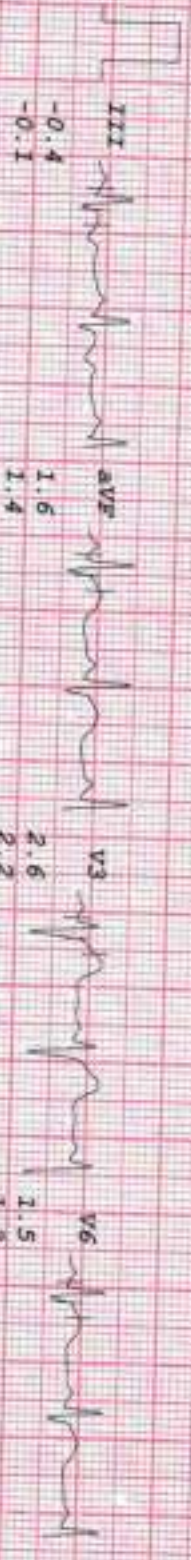
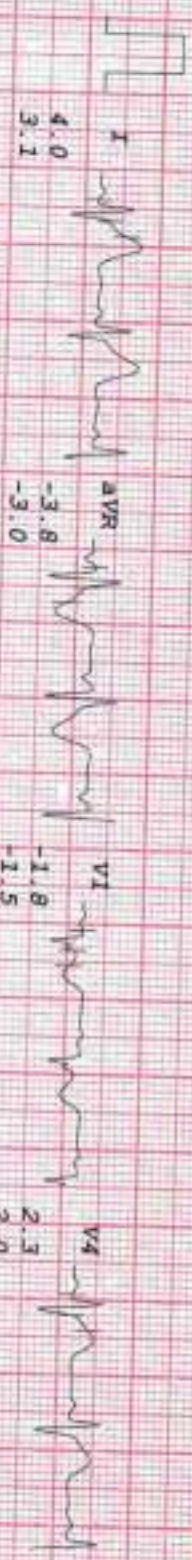
PRESERVE
 STANDING

ST 8 10mm/mV
 80ms PAPER

LINKED MEDIAN

Mag. X 2

CARDIO BEATS



VRX HEALTHCARE PVT. LTD

MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

RATE 99bpm
 B.P. 120/90

PREE TEST
 HYPERTENT

ST @ 10mm/mV
 80mm PostC

PHASE TIME 0:16

LINKED MEDIAN

Mag. X 2



V1



V2



V3



aVR

aVL

aVF

V2

V3

V4

V5

V6

V1

V2

V3

V4

V5

V6

V1

V2

V3

V4

V5

V6

V1

V2

V3

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VRX HEALTHCARE PVT. LTD

MR MISIRY SAURAV
I.D. 58
Age 34/M
Date 10-02-2024

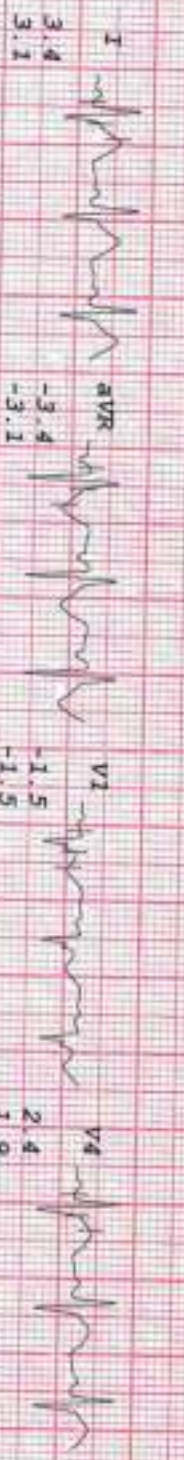
RATE 116bpm
B.P. 120/90

Bruce
Stage 1
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV
80ms Posty
Speed 2.7 km/hr
SLOPE 10 %

LINKED MEDIAN

Mag. X 2



CARDIO BEATS

VRX HEALTHCARE PVT. LTD

MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

RATE 125bpm
 R.P. 130/90

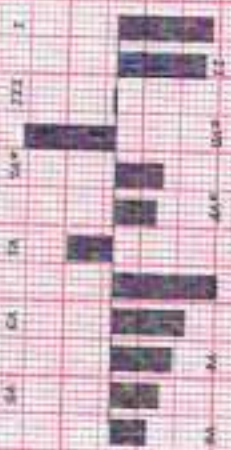
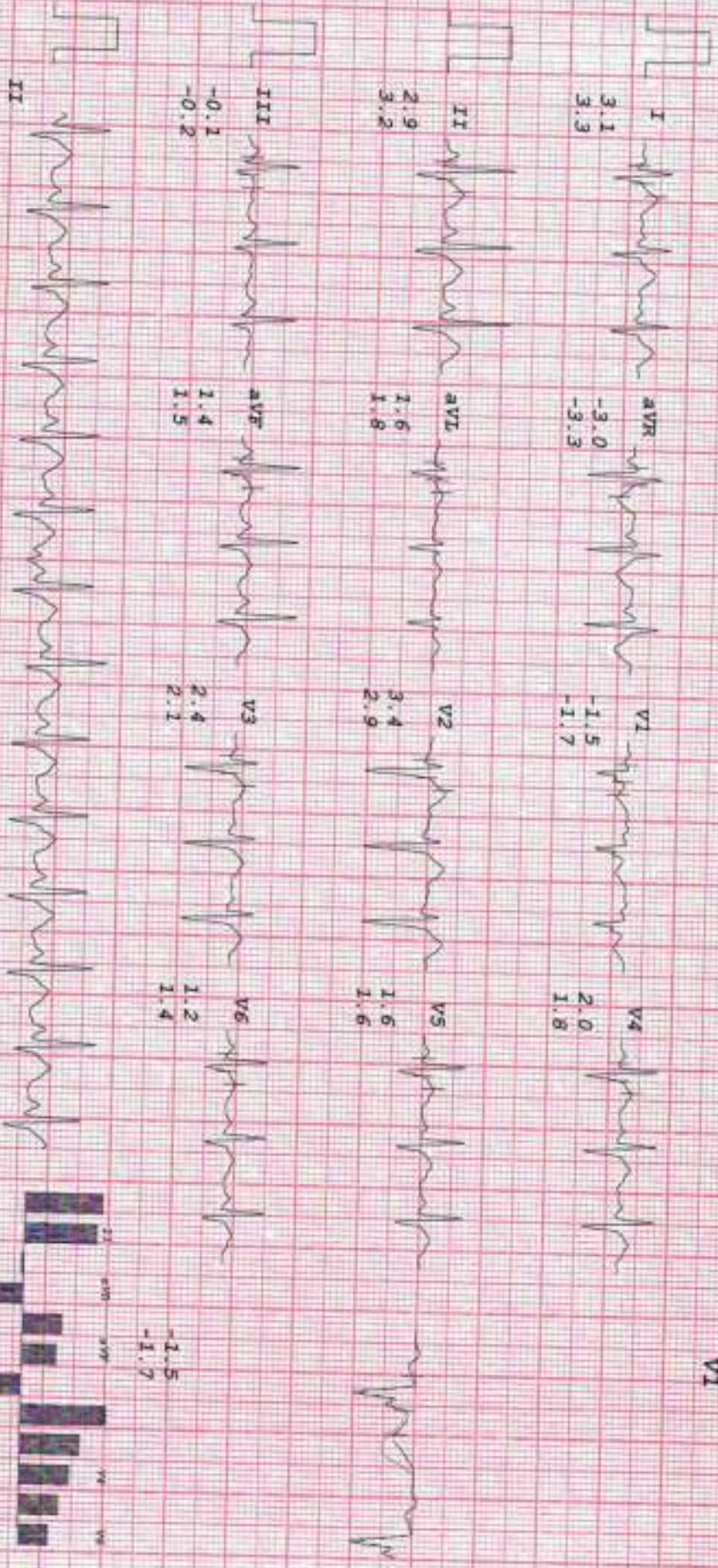
Brace
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

SP @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 °

LINKED MEDIAN

Mag. X 2

CARDIO BEATS



VRX HEALTHCARE PVT. LTD

MR NISTERY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

Rate 150bpm
 B.P. 140/90

Brucce
 Stage 3
 TOTAL TIME 8:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostCJ
 Speed 5.4 km/hr
 SLOPE 14 @

LINKED MEDIAN

Mag. X 2

V1



3.1
3.8



-1.2
-1.6



2.0
2.6



2.8
3.8



1.7
1.9



3.7
4.1



2.6
2.0



-0.4
0.7



1.2
1.9



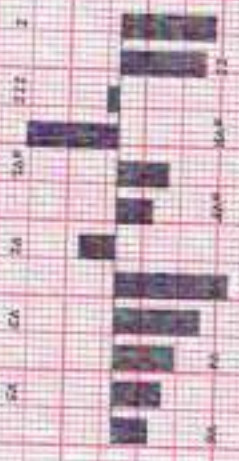
2.8
3.6



1.2
1.7



1.2
1.7



CARDIO BEATS

VRX HEALTHCARE PVT. LTD

PATIENT INFORMATION
 MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

EXERCISE DATA
 RATE 189bpm
 R.P. 160/90

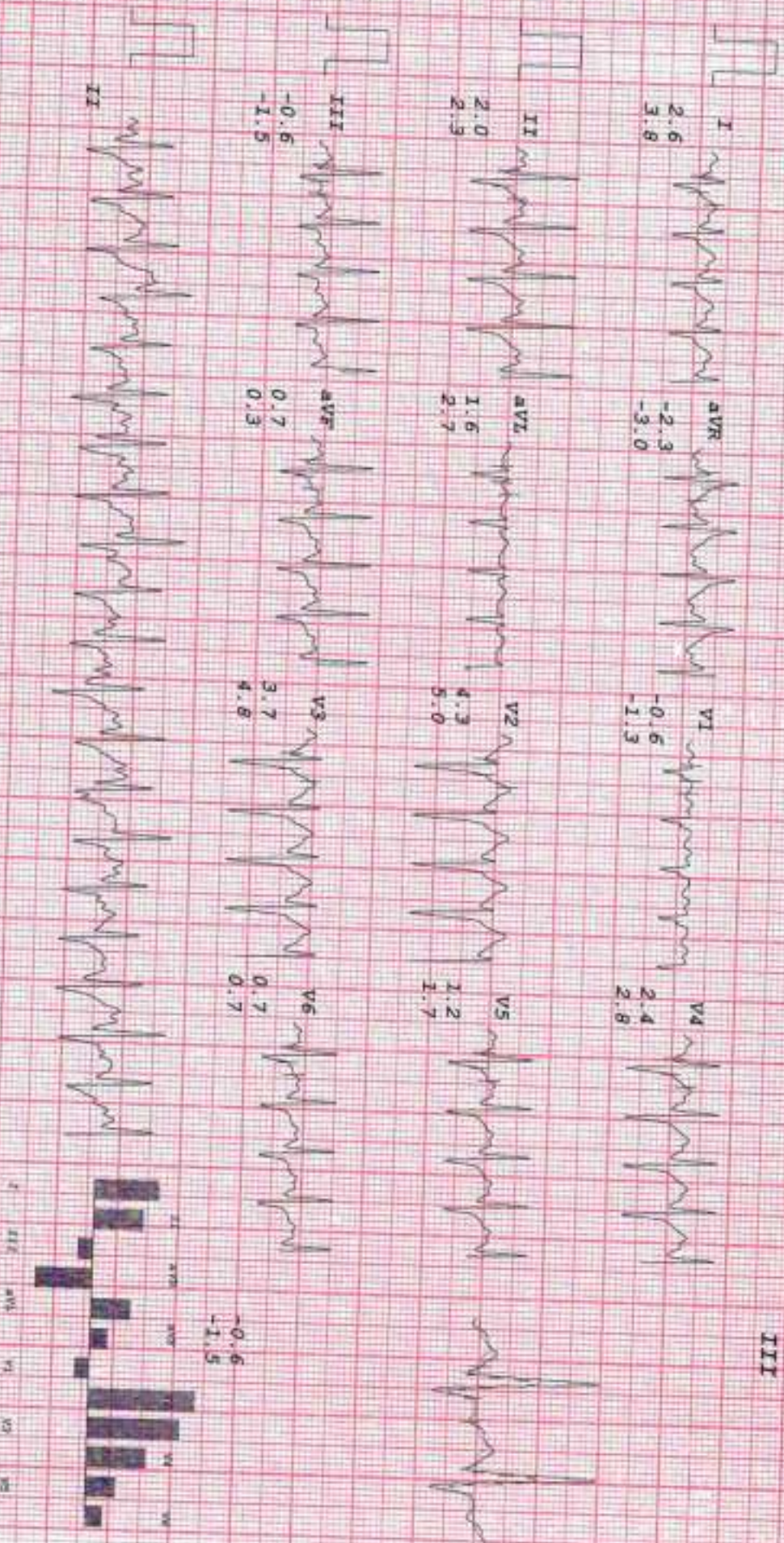
TEST PARAMETERS
 Bruce
 PR-EXERCISE
 TOTAL TIME 11:17
 PHASE TIME 2:17

TEST RESULTS
 ST # 10mm/mV
 8mm Post J
 Speed 6.7 km/hr
 SLOPE 16 %

LINKED MEDIAN

Mag. X 2

CARDIO BEATS



CARDIO BEATS

MR NISTRY SAURAV
I.D. 58
Age 34/M
Date 10-02-2024

RATE 147bpm
B.P. 160/90

VRX HEALTHCARE PVT. LTD

BRUCE
RECOVERY
TOTAL TIME 12:32
PHASE TIME 0:55

ST @ 10mm/mV
80ms PostC

LINKED MEDIAN

Mag. X 2



I
6.4
9.2

aVR
-6.3
-8.7

V1
-2.7
-3.8

V4
5.0
5.8

V1

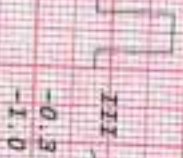


II
6.1
8.2

aVL
3.3
5.1

V2
7.8
9.9

V5
3.8
4.3



III
-0.3
-1.0

aVF
2.9
3.6

V3
6.1
7.3

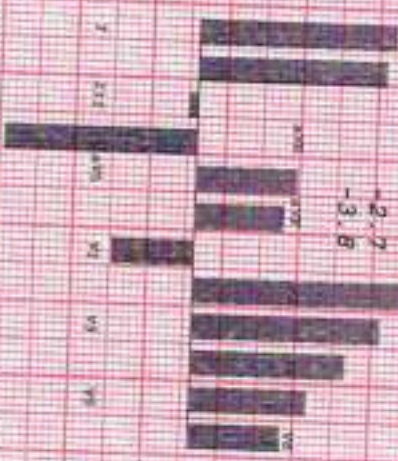
V6
3.0
3.5



aVF
3.6



V1
-3.8



VRX HEALTHCARE PVT. LTD

MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

RATE 120bpm
 B.P. 150/90

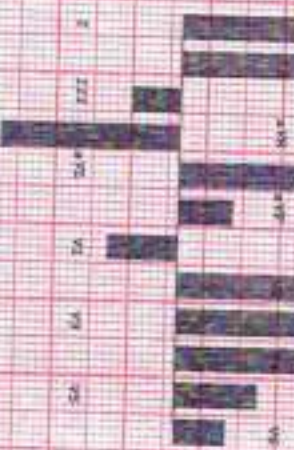
Brucce
 RECOVERY
 TOTAL TIME 14:32
 PHASE TIME 2:55

SI @ 10mm/mV
 80ms Post J

LINKED MEDIAN

Mag. X 2

CARDIO BEATS



VRX HEALTHCARE PVT. LTD

MR MISTRY SAURAV
 I.D. 58
 Age 34/M
 Date 10-02-2024

RATE 116bpm
 R-P. 120/90

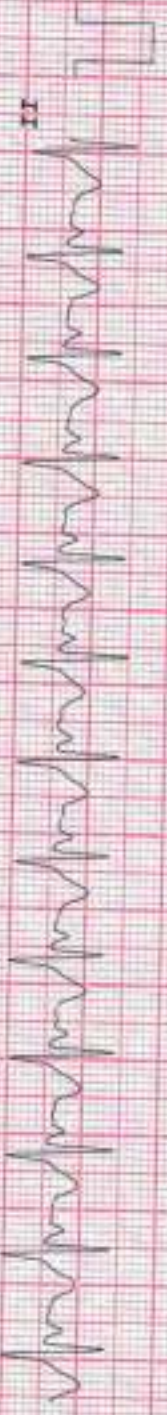
Brace RECOVERY
 TOTAL TIME 19:31
 PHASE TIME 3:54

ST @ 10mm/mV
 80mm PostJ

LINKED MEDIAN

Mag. X 2

III



CARDIO BEATS

CUSTOMER SERVICE IS AN ATTITUDE - NOT A DEPARTMENT



STAY FIT HOURS

- 40% Routine Blood Test
- 20% Footing Test
- Rs.150

FREE

FOOT EXAMINATION & TREATMENT

IDENTIFYING SYMPTOMS

- NO ULCER BUT FOOT AT RISK
- ULCER PRESENT BUT NO INFECTION
- ULCER DEEP, EXPOSING JOINTS & TENDONS
- EXTENSIVE ULCERS OR ABSCESSES FROM INFECTION

RISK FACTORS FOR DIABETIC FOOT ULCERS

- POORLY FITTED OR POOR QUALITY SHOES
- POOR HYGIENE (NOT WASHING REGULARLY OR THOROUGHLY)
- IMPROPER TRIMMING OF TOENAILS
- ALCOHOL CONSUMPTION
- NERVE DAMAGE (INHIBITS BLOOD CIRCULATION)

PREVENTION OF DIABETIC FOOT ULCER

- REGULAR CHECK UP
- BODY CHECKUP
- EVALUATION
- FOOT
- SHOES AND SANDALS

WOUND & VEIN CLINIC
DIABETIC FOOT AND VASCULAR DISEASE



Mumbai, Maharashtra, India
6V7C+755, Kandivali, Chikhali Wadi, Thakur Village, Kandivali East,
Mumbai, Maharashtra 400101, India
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Long 72.870563°
10/02/24 12:51 PM GMT +05:30