

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No. MMC-2014-010013

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

**KIMS-KINGSWAY
HOSPITALS**

Name: Mrs. Asmita Meshram

Date: 06/11/24

Age: 38 yr Sex: M/F Weight: 77.8 kg Height: 153.6 inc BMI: 33

BP: 109/88 mmHg Pulse: 72/min bpm RBS: mg/dl
SPO2 - 99% LMP: 20/10/24

32/F

- FH - Father - DM
- Obesity
- Prediabetic (HbA1c - 5.8)
- LDL - 116

MC Calcaneal spur
(L. Anno)

O/E

JVP°

L
L₂
P/A / N

Adv.

- To see Dr. Susmita Dohiya
(Small Vents. Hernia)
- Diet control
Daily exercise
Weight loss
- To see Dr. Tarun Shrivastava
- R/A smths E FBS, PMAS,
HbA1c, FLP

Dr. Mugdha Jungari (Gill)
 MBBS, MS, DNB (OBGY), FMAS
 Sr. Consultant Obstetrics & Gynaecology
 High Risk Pregnancy Expert & Laparoscopic Surgeon
 Reg. No. 2020120915

Name: Asmita Date: 6/11/24

Age: 39 yrs Sex: MF Weight: 77.9 kg Height: 153 Inc: BM

PCOS

Mis-13 yrs

P₁ ← O₁ - 13 yrs
 6 yrs OS

} 2 L&L
 1

LMP - 20/10/24

Ant-

Miscon

Pap smear - last 3 consecutive yrs

⊙ Report

USG ⊙

tdr
 Pap smear
 after 3 yrs

Rx
 → 7. MetPCO Care x (30)

BP 1-01
 Dimer
 (15-20 ppa)
 Mg



KIMS - Kingsway Hospitals
 (A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.)
 44, Kingsway, Near Kasturchand Park, Nagpur,
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Ph No.: 1800 266 8346 **Mobile No.:** +91-7126789100
Email : assistance@kims-hospitals.com **Website :** www.kims-hospitals.com

**DEPARTMENT OF OPHTHALMOLOGY
 OUT PATIENT ASSESSMENT RECORD**

ASMITASACHIN
 38Y(S) 7M(S) 22D(S)/F
 MRNP2425026786
 8600108806
 MARRIED

CONSULT DATE : 06-11-2024
CONSULT ID : OPC2425086556
CONSULT TYPE : WALK IN
VISIT TYPE : NORMAL
TRANSACTION TYPE :

**DR. ASHISH PRAKASHCHANDRA
 KAMBLE**
 MBBS,MS, FVRS,FICO
 CONSULTANT
 DEPT OPTHALMOLOGY

VITALS

Temp : °F **Pulse :** /min **BP (mmHg) :** **spO2 :** %RA **Pain Score :** /10 **Height :** cms
Weight : kgs **BMI :**

NOTES

**GLASS PRESCRIPTION :-
 DISTANCE VISION**

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	-0.50	00	00	6/6
LEFT EYE	00	-0.75	110	6/6

NEAR ADDITION

RIGHT EYE			00	N6
LEFT EYE			00	N6

REMARK-

CHIEF COMPLAINTS
 ROUTINE EYE CHECKUP

Printed On :06-11-2024 11:49:02



MC-6773



**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. ASMITA MESHRAM	Age /Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 10:41 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	12.8	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		39.8	36.0 - 46.0 %	Calculated
RBC Count		5.11	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		25.0	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.2	31.5 - 35.0 g/l	Calculated
RDW		14.7	11.5 - 14.0 %	Calculated
Platelet count		259	150 - 450 10 ³ /cumm	Impedance
WBC Count		7300	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		63.7	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		31.1	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		1.1	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.1	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4650.1	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count		2270.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		80.3	20 - 500 /cumm	Calculated
Absolute Monocyte Count		299.3	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated



MC-6773



**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**
**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. ASMITA MESHAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 10:41 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
PERIPHERAL SMEAR			
Microcytosis		Microcytosis +(Few)	
Hypochromasia		Hypochromia +(Few)	
Anisocytosis		Anisocytosis -(Few)	
WBC		As above	
Platelets		Adequate	
ESR		13	0 - 20 mm/hr Automated Westergren's Method
*** End Of Report ***			

Suggested Clinical Correlation - If necessary, Please discuss

Verified By : 11100245

Test results related only to the item tested.

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Page 2 of 2



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 CIN: U74999MH2015PTC030117



MC-8773

**KINGWAY**
HOSPITALS**CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA NESHARAM	Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 05-Nov-24 09:05 am	Report Date : 05-Nov-24 10:41 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	104	< 100 mg/dl	GOD/POD, Colorimetric
Post. Prandial Plasma Glucose		34	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1C)				
HbA1c		5.8	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please
refer to

Verified By : JLL00245

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Phone: 020-27000000

CIN: U74900GJ4015PTC00010



**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am
Report Date : 06-Nov-24 10:41 am

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	179	Enzymatic(CHE/CHO/PO D)
Triglycerides		101	
HDL Cholesterol Direct		54	
LDL Cholesterol Direct		116.62	
VLDL Cholesterol		20	
Tot Chol/HDL Ratio		3	

Intake therapeutic

Intake therapeutic	Results	Consider Drug therapy	LDC C
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor	>160	>190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation - If necessary, Please discuss

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**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ASMITA MESHAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am
Report Date : 06-Nov-24 10:41 am

LIVER FUNCTION TEST (LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.63	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.13	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.50	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		65	38 - 126 U/L	
SGPT/ALT		18	13 - 45 U/L	
SGOT/AST		24	13 - 35 U/L	
Serum Total Protein		7.46	6.3 - 8.2 gm/dl	Bromocresol green Dye Binding
Albumin Serum		4.52	3.5 - 5.0 gm/dl	
Globulin		2.95	2.0 - 4.0 gm/dl	
A/G Ratio		1.5		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please Discuss

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MC-6773



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ASMITA MESHRAM
 Bill No/ UMR No : BIL2425061430/MRNP2425026796
 Received Dt : 06-Nov-24 09:08 am
 Age / Gender : 38 Y(s)/Female
 Referred By : Dr. Vimmi Goel MBBS,MD
 Report Date : 06-Nov-24 10:41 am

THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.33	0.55 - 1.70 ng/ml	
Free T4		1.14	0.80 - 1.70 ng/dl	Enhanced chemiluminescence
TSH		2.21	0.50 - 4.60 uIU/ml	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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MC-8773

**KIMS-KINGSWAY
HOSPITALS****KIMS-KINGSWAY
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHAM **Age / Gender** : 38 Y(s)/Female
Bill No/ UMR No : BJL2425061430/MRNP2425026796 **Referred By** : Dr. Vimmi Goel MBBS, MD
Received Dt : 06-Nov-24 09:08 am **Report Date** : 06-Nov-24 10:41 am

RFT Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	27	15.0 - 35.0 mg/dl	
Creatinine		0.8	0.52 - 1.04 mg/dl	
GFR		96.7	>90 mL/min/1.73m square	
Sodium		137	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.85	3.5 - 5.1 mmol/L	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ASMITA MESHAM	Age /Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 05-Nov-24 11:39 am	Report Date : 06-Nov-24 12:32 pm

URINE SUGAR

Parameter
Urine Glucose

Result Values

Nil

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By :: 11100997

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

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**KIMS-KINGSWAY
HOSPITALS**



**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. ASMITA MESHAM Age / Gender : 38 Y(s)/Female
Bill No./ UMR No : BIL2425061430/MRNP2425026796 Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 10:40 am Report Date : 06-Nov-24 12:10 pm

USF (URINE SUGAR FASTING)

Parameter
Urine Glucose

Specimen
Urine

Result Values
Negative

Biological Reference

Method
STRIP

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Valid By : 11/10/2027

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Dr. Suvarna Kawade, MBBS,MD (Pathology)

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

Patient Name : Mrs. ASMITA MESHAM
Age / Gender : 38 Y(s)/Female
Bill No/ UMR No : BIL2425061430/MRNP2425026796
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 10:40 am
Report Date : 06-Nov-24 12:10 pm

URINE MICROSCOPY

Parameter	Specimen	Results	Biological Reference	Method
PHYSICAL EXAMINATION				
Volume	Urine	30 ml		
Colour		Pale yellow		
Appearance		Slightly Hazy	Clear	
CHEMICAL EXAMINATION				
Specific gravity		1.020	1.005 - 1.025	ion concentration Indicators
Reaction (pH)		5.0	4.6 - 8.0	
Nitrate		Negative	Negative	protein error of pH Indicator
Urine Protein		Negative	Negative	GOD/POD
Sugar		Negative	Negative	Legal's est Principle
Ketone Bodies		Negative	Negative	Enrich's Reaction
Urobilinogen		Normal	Normal	Diazotilum
Bilirubin		Negative	Negative	
MICROSCOPIC EXAMINATION				
Fus Cells		5-10	0 - 4 /HPF	
R.B.C.		Absent	0 - 4 /HPF	
Epithelial Cells		2-4	0 - 4 /HPF	
Casts		Absent	Absent	
Crystals		Absent		

*** End Of Report ***

Suggested Clinical Correlation - If necessary, Please discuss

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Dr. Suwarna Kawade, MBBS,MD (Pathology)**CONSULTANT**

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**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. ASMITA MESHAM	Age / Gender : 38 Y(s)/Female
Pat No/ UMR No : BIL2425061430/MRNP2425026796	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 06-Nov-24 09:08 am	Report Date : 06-Nov-24 11:02 am

BLOOD GROUPING AND RH

Parameter
BLOOD GROUP.

Specimen Results

EDTA Whole Blood & Plasma/ Serum

* O *
* Positive *C-We*
*** End Of Report ***

Gel Card Method

Rh (D) Typing-

Suggest Clinical Correlation * If necessary, Please
Contact

Verified By : 11105245

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DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ASMITA MESHARAM	STUDY DATE	06-11-2024 10:10:14
SEX	38Y 1D / F	HOSPITAL NO.	MRNP2425026796
SESSION NO.	BI12425061430-10	MODALITY	DX
REPORTED ON	06-11-2024 10:39	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Lung fields are clear.
 Heart and Aorta are normal.
 Air shadows appear normal.
 Diaphragm domes and CP angles are clear.
 Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.



DR R.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B.: This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical factors. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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 CIN: U74999MH2014PTC303510

NAME OF PATIENT:	ASMITA MISHRA	AGE & SEX:	38 YRS/FEMALE
UVR NO:	MHRP2425026296	BILL NO	BIL2425051430
REF BY:	DR. VINIWI GOEL	DATE:	06/11/2024

USE WHOLE ABDOMEN

Liver is normal in size (11.1 cm), shape and echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicle are not dilated. Portal vein and CBD are normal in course and caliber.

gall bladder is partially distended. No stone or calculus seen. Wall thickness is within normal limits.

Spleen is normal in size, shape and echotexture.

Kidneys are normal in size, shape and echotexture. No focal lesion seen.

Left kidney measures 9.4 x 4.8 cm. Left kidney measures 9.6 x 4.8 cm.

No evidence of calculus or hydronephrosis seen.

IFT is not distended.

IVC is normal in size, shape and echotexture. No calculus or mass lesion seen.

Uterus is normal in size, shape and echotexture. It measures 6.3 x 4.0 x 5.2 cm.

No focal renal lesion seen.

No stone seen.

Echotexture of liver normal. No abnormal mass lesion seen.

There is no free fluid or abnormal lymphadenopathy seen.

Small intestine containing umbilical hernia 2.8 x 2.7 cm.

IMPRESSION:

- Small umbilical hernia.
- No other significant abnormality seen.

Suggest clinical correlation.



DR. BEENA FERNANDEZ
MRB&I, ONCO, DNB
CONSULTANT RADIOLOGIST

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Asmita Meshram
 Age : 38 years / Female
 UMR : MRNP2425026796
 Date : 06/11/2024
 Done by : Dr. Vimmi Goel
 ECG : NSR, Minor ST-T changes
 Blood pressure: 109/88 mm Hg (Left arm, sitting position)
 BSA : 1.76 m²

Impression:

Normal LV dimensions
LA is dilated
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.4
E/E' is 7.3 (Normal filling pressure)
Valves are normal
Trivial MR
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. LA is dilated. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 90 cm/s, A Velocity is 65 cm/s. E/A is 1.4. Valves are normal. Trivial MR. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

E' at medial mitral annulus is 11 cm/sec & at lateral mitral annulus is 13.8 cm/sec.
 E/E' is 7.3 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	40
Aortic root	20-37	7-28	25
LVJd	35-55	8-47	44
LVVd	23-39	6-28	26
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	10
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%


Dr. Vimmi Goel
MD, Sr. Consultant
Non-Invasive Cardiology
Fellow Indian Academy of Echocardiography (FIAE)

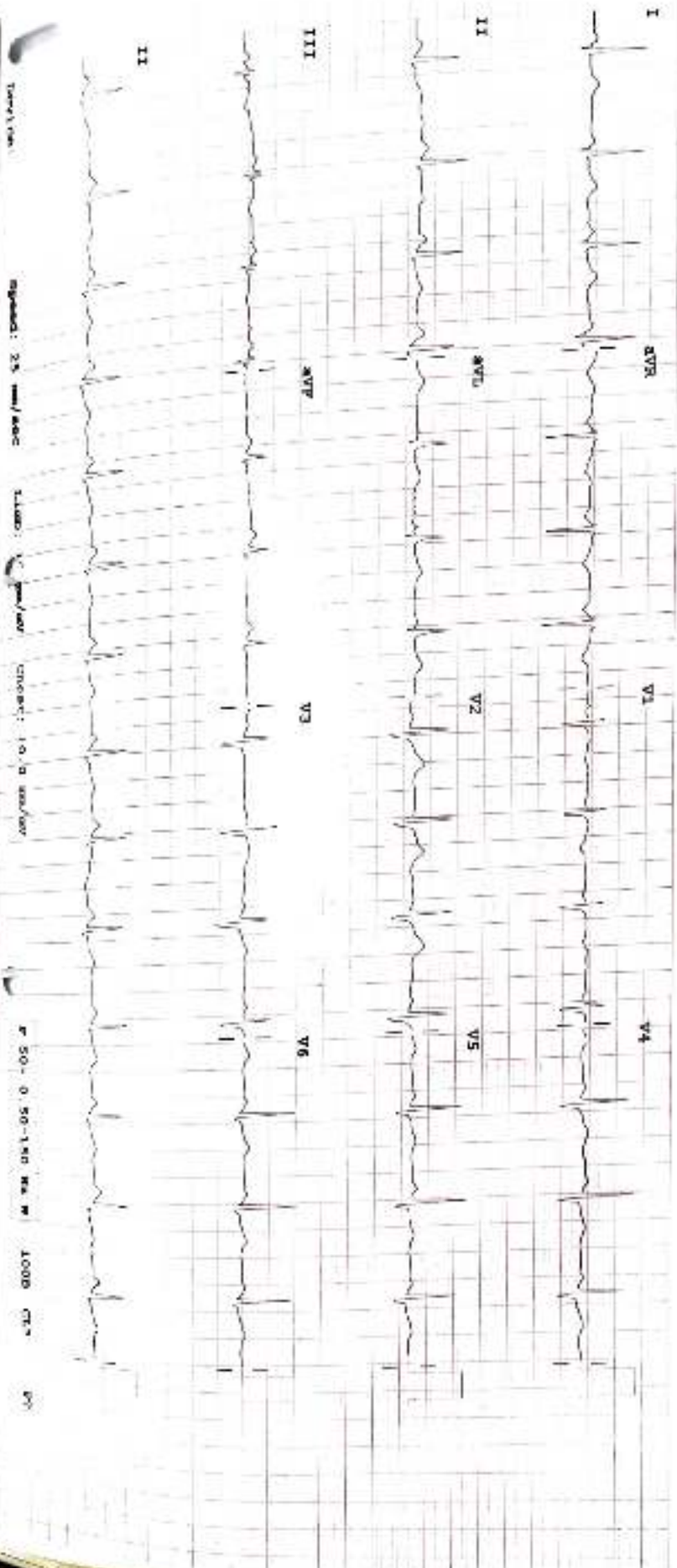
39 YEARS
MRS ASMITA MESHRAM
Female

06-NOV-24 9:35:50 AM
KING-KINGSWAY HOSPITALS
PHC DEPT.

Rate	85	Sinus rhythm	Normal P axis, V-rate 50-99
PR	123	Abnormal R-wave progression, early transition	QRS area > 0 in V2
QRSD	93	Borderline & abnormalities, inferior leads	Q flat/neg, II III aVF
QT	380		
QTc	452		

--AIIIS--
P 50
QRS 21
T -6
12 Lead: Standard Placement

- BORDERLINE ECG -
Unconfirmed Diagnosis



Time: 11:11 AM
Speed: 25 mm/sec
Gain: 10.0 mV/cm
P 50-0.50-1.50 mV W 1.000 cm/s