



Mrs. NOORI KUMARI (40 /F)

UHID : AMHL.0002416731

AHC No : AMHLAH217275

Date : 09/09/2024

MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK
ADVANCE FEMALE HCK

Dear Mrs. NOORI KUMARI

Thank you for choosing Apollo ProHealth, India's first personalized, predictive health screening program with health risk assessments curated just for you to guide targeted intervention, continuum of care and a path to wellness. Our holistic care continuum integrates clinical expertise and artificial intelligence to gauge and avert the risk, onset and progression of non-communicable diseases (NCDs).

In this personalized health report, you will find your

- Medical History and Physical examination results
- Investigations Results
- Artificial Intelligence powered risk scores
- Physician's Impressions on your Health
- Path to Wellness: A personalized management protocol, including follow-up assessments
- Vaccination counselling advice

Apollo ProHealth encompasses the following processes:

Personalized Health Risk Assessment (pHRA): Based on your online risk assessment, medical history, physical examination, and psychological evaluation, we recommended a health screening assessment for you, including diagnostic and imaging tests. Based on the results of these assessments, we have advised additional follow-up tests and consultations - details of which we have included in your report. Your physician will explain their relevance, and we strongly suggest you comply with the recommendations.

Health Mentor: We have assigned a dedicated health mentor to proactively work with you towards your health goals and ensure that you regularly adhere to the guidance and recommendations from clinical and nutrition consultants. Your health mentor will call you periodically to track your progress

ProHealth App: You will get access to the Apollo ProHealth App, which will facilitate easy navigation of personal health records, progress towards your health goals, appointment booking, customized tips and guidance for health and lifestyle management, and regularly connecting with your Health Mentor through the in-app chat. Until you return for your 2nd-year assessment, you will receive periodic updates and reminders to motivate you to keep up the momentum regarding health goal milestones.

Follow- Up Consultation:

For any follow-up consultations, you can visit your ProHealth physician in-person at the center or you can book a virtual consultation through <https://www.apollo247.com/specialties> or through the Apollo 247 app on your phone.

Scan the QR code to download the Apollo 247 App



You can also download the Apollo 247 app on

ANDROID IOS

Disclaimer: *The services offered in the program may vary as per the respective agreements made in the program or center or agreed mutual consent.*

Name : Mrs. NOORI KUMARI (40 /F)

Date : 09/09/2024

Address : OTHER, OTHER, OTHER, OTHER, INDIA

Examined by :

UHID : AMHL.0002416731

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Chief Complaints

For corporate health checkup

Present Known illness

No history of - Diabetes mellitus, Dyslipidemia, Heart disease, Stroke, Asthma
Hypertension Medication - regular
Thyroid disease - hypothyroidism; Medication - regular



Drug Allergy

NO KNOWN ALLERGY :09/09/2024



Systemic Review

Cardiovascular system : - Nil Significant

Respiratory system : Sneezing - on and off; Exacerbated by - allergens; Blocked nose - yes;
Runny nose - yes; Exacerbated by - allergens; Relieved by - medication

Oral and dental : - Nil Significant

Gastrointestinal system : - Nil Significant

Genitourinary system : - Nil Significant

Gynaec history : Last menstrual period - 3.9.24; Periods - regular; No of Children - 3; Last
child birth - 12 yrs; Deliveries - normal vaginal delivery

Central nervous system : - Nil Significant

Eyes : - Nil Significant

ENT : - Nil Significant

Musculoskeletal system :

Spine and joints
- Nil Significant

Skin : - allergic rash

Weight : - stable



Present medications : - Stamlo 5
Losar 50
Thyronorm 75 mcg; Compliance - regular



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married
No. of children - 3
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - alive
Diabetes - mother
Hypertension - mother
Coronary artery disease - none
Cancer - None

Physical Examination



General

Build - over weight
Height - 160
Weight - 65.9
BMI - 25.74
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 68

Rhythm - Regular
 - B.P. Sitting
 Systolic(mm of Hg) - 136
 Diastolic(mm of Hg) - 101
 Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
 Organomegaly - No
 Tenderness - No
 Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/9P LE:6/9P NVA:RE:N8 LE:N8
 OCULAR MOVEMENT:WNL ANT.SEG:WNL
 ACCPT:SPECTACLE PWR
 RE:-0.50DS(6/6)
 LE:-0.25/-0.50X160*(6/6P)
 ADD(BE):+1.25DSPH (N6)
 ADVICE:*Glass Rx.*Review after 1yr/SOS

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.3	g/dl	●	12.0-15.0
RBC COUNT	4.38	Million/ul	●	3.8-4.8
Hematocrit - Hct:	41.7	%	●	36-46
MCV	95.1	fl	●	83-101
MCH	28.0	pg	●	27-32
MCHC	29.5 *	%	●	31.5-34.5
RDW	15.7 *	%	●	11.8-14.0
WBC Count	8600	/cu mm	●	4000-10000
Platelet Count	2.62	lacs/cumm	●	1.5-4.0
Neutrophils	60	%	●	40-80
Lymphocytes	33	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	22 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.010			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			

● Within Normal Range ● Borderline High/Low ● Out of Range

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Bile Pigments	Not Detected
RBC	Nil /hpf
Pus Cells	1-2 /hpf
Epithelial Cells	6-8 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	32	U/L	●	0-35
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	149 *	U/L	●	33-98
AST (SGOT) - SERUM	33	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	194	mg/dL	●	0-200

● Within Normal Range ● Borderline High/Low ● Out of Range

Non-HDL Cholesterol 152

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	31	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	103 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	137	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	42	mg/dL	●	30-70
TC/HDL-C ratio serum	5 *		●	Optimal<3.5
LDL CHOLESTEROL -SERUM	128 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	24	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

● Within Normal Range ● Borderline High/Low ● Out of Range

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.5 *	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.1		●	1.0-2.0
GLOBULIN: (CALCULATED) - SERUM	4.1 *	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.52	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.63	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	138	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.02 *	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.0	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	4.2 *	mg/dL	●	7.0-18.0

BUN/CREATININE RATIO

● Within Normal Range ● Borderline High/Low ● Out of Range

Test Name	Result	Unit	Level	Range
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BUN/CREATININE RATIO	5.3			
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PAP SMEAR /CERVICAL SMEAR

Cytology

Ref No:

AG01.C2407392

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation without endocervical cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy,with no organism

*

Moderate mixed inflammation is present

ECG

SINUS RHYTHM.

NONSPECIFIC ST AND T WAVE ABNORMALITY.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN



Within Normal Range



Borderline High/Low



Out of Range

- * Grade I fatty liver.
- * Small fibroid uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. PARTHA LODH
DMRD
Reg. No. 49816 (WBMC)

X-RAY CHEST PA

- * Chest skiagram does not reveal any significant abnormality.

Dr. PARTHA LODH
DMRD
Reg. No. 49816 (WBMC)

X-RAY MAMMOGRAPHY BILATERAL (MHC)

BIRADS - 1.

---END OF THE REPORT---

Dr. SAYAN CHATTERJEE
DNB (Radiology)
Fellowship : Oncorad and Interventions (TMC)
Consultant Radiologist
Reg. No ?" 74656 (WBMC)

Investigations Not Done / Not Yet Reported

Biochemistry

A/G - RATIO

 Within Normal Range  Borderline High/Low  Out of Range

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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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