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Name

: MR.DHANANJAY L KOKIL

Age / Gender : 42 Years/Male

Consulting Dr. :

Reg.Location : Swargate, Pune (Main Centre)

Collected

: 18-May-2024 / 07:39

Reported

: 18-May-2024 / 13:01

## PHYSICAL EXAMINATION REPORT

**History and Complaints:** 

H/O Thyroid disease

**EXAMINATION FINDINGS:** 

Height (cms):

169cm

Weight (kg):

87kg

Temp (0c):

Afebrile

Skin:

Normal

Blood Pressure (mm/hg): 158/98mmHg

Nails:

Healthy

Pulse:

68/min

Lymph Node:

Not Palpable

Systems

Cardiovascular: S1 S2 Normal No Murmurs

Respiratory: Genitourinary: Normal Normal

GI System:

Soft non tender no Organomegaly

CNS:

Normal

IMPRESSION:

5 x-creained & 1 HTN & Ben-chos consult family physici-

ADVICE:

- Ret to waragist. 20 - Echo

CHIEF COMPLAINTS:

1) Hypertension: IHD

3) Arrhythmia

4) Diabetes Mellitus Tuberculosis 6) Asthama NO

Pulmonary Disease

8) Thyroid/ Endocrine disorders

NO - CT - Abdomen,

NO NO NO

Dr. I. U. BAMB M.B.B.S., M.D. (Medicine) Reg. No. 39452



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9)	Nervous disorders	NO
10)	GI system	NO
11)	Genital urinary disorder	NO
12)	Rheumatic joint diseases or symptoms	NO
13)	Blood disease or disorder	NO
14)	Cancer/lump growth/cyst	NO
15)	Congenital disease	NO
16)	Surgeries	NO
17)	Musculoskeletal System	NO

### PERSONAL HISTORY:

1)	Alcohol	NO
2)	Smoking	NO
3)	Diet	Veg

4) Medication

for Thyroid disease

\*\*\* End Of Report \*\*\*

Dr.I U BAMB



: 2413917462

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Consulting Dr.

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

CBC (Complete Blood Count), Blood
RESULTS BIOLOGICAL RI

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
RBC PARAMETERS			
Haemoglobin	14.8	13.0-17.0 g/dL	Spectrophotometric
RBC	5.45	4.5-5.5 mil/cmm	Elect. Impedance
PCV	43.8	40-50 %	Calculated
MCV	80	80-100 fl	Calculated
MCH	27.1	27-32 pg	Calculated
MCHC	33.7	31.5-34.5 g/dL	Calculated
RDW	14.1	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	9900	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND	ABSOLUTE COUNTS		
Lymphocytes	38.4	20-40 %	
Absolute Lymphocytes	3801.6	1000-3000 /cmm	Calculated
Monocytes	4.7	2-10 %	
Absolute Monocytes	465.3	200-1000 /cmm	Calculated
Neutrophils	54.9	40-80 %	
Absolute Neutrophils	5435.1	2000-7000 /cmm	Calculated
Eosinophils	2.0	1-6 %	
Absolute Eosinophils	198.0	20-500 /cmm	Calculated
Basophils	0.0	0.1-2 %	
Absolute Basophils	0.0	20-100 /cmm	Calculated
Immature Leukocytes			10.50

WBC Differential Count by Absorbance & Impedance method/Microscopy.

### PLATELET PARAMETERS

Platelet Count	268000	150000-400000 /cmm	Elect. Impedance
MPV	8.3	6-11 fl	Calculated
PDW	13.8	11-18 %	Calculated
DDG HODDING COM			- autoututeu

### RBC MORPHOLOGY

Hypochromia

Microcytosis

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Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells

Basophilic Stippling

Normoblasts

Others

Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR

5

2-15 mm at 1 hr.

Sedimentation

Clinical Significance: The erythrocyte sedimentation rate (ESR), also called a sedimentation rate is the rate red blood cells sediment in a period of time.

Interpretation:

Factors that increase ESR: Old age, Pregnancy, Anemia

Factors that decrease ESR: Extreme leukocytosis, Polycythemia, Red cell abnormalities- Sickle cell disease

### Limitations:

- · It is a non-specific measure of inflammation.
- · The use of the ESR as a screening test in asymptomatic persons is limited by its low sensitivity and specificity.

Reflex Test: C-Reactive Protein (CRP) is the recommended test in acute inflammatory conditions.

### Reference:

- Pack Insert
- Brigden ML. Clinical utility of the erythrocyte sedimentation rate. American family physician. 1999 Oct 1;60(5):1443-50.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
\*\*\* End Of Report \*\*\*





Dr.ROBIN ALEXANDER M.D. (PATH)

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma Fasting	93.0	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP	88.0	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.33	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.17	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.16	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.2	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.0	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	3.2	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.3	1 - 2	Calculated
SGOT (AST), Serum	20.8	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	18.2	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	15.2	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	114.0	40-130 U/L	Colorimetric
BLOOD UREA, Serum	18.2	12.8-42.8 mg/dl	Kinetic
BUN, Serum	8.5	6-20 mg/dl	Calculated
CREATININE, Serum	1.18	0.67-1.17 mg/dl	Enzymatic



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eGFR, Serum

79

(ml/min/1.73sqm)

Normal or High: Above 90

Mild decrease: 60-89

Mild to moderate decrease: 45-

Moderate to severe decrease:30

Severe decrease: 15-29

Kidney failure:<15

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum

6.2

3.5-7.2 mg/dl

Enzymatic

Urine Sugar (Fasting)

Absent

Absent

Urine Ketones (Fasting)

Absent

Absent

Urine Sugar (PP)

Absent

Absent

Urine Ketones (PP)

Absent

Absent

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water Dr.CHANDRAKANT PAWAR M.D.(PATH) Pathologist

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

**PARAMETER** 

**RESULTS** 

BIOLOGICAL REF RANGE

**METHOD** 

Glycosylated Hemoglobin (HbA1c), EDTA WB - CC

5.3

Non-Diabetic Level: < 5.7 %

HPLC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Estimated Average Glucose (eAG), EDTA WB - CC

105.4

mg/dl

Calculated

### Intended use:

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

### Clinical Significance:

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
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Dr.CHANDRAKANT PAWAR M.D.(PATH) Pathologist

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

PARAMETER	RESULTS	<b>BIOLOGICAL REF RANGE</b>	METHOD
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	
Reaction (pH)	Acidic (5.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	121
Volume (ml)	20	13	
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINAT	ION		
Pus cells / hpf	0-1	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	0-1	0-5/hpf	
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	1-2	0-20/hpf	

Interpretation: The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein (1+ = 25 mg/dl, 2+ =75 mg/dl, 3+ = 150 mg/dl, 4+ = 500 mg/dl)
- Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl )
- Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl )

Reference: Pack Inert

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Dr.CHANDRAKANT PAWAR M.D.(PATH) Pathologist

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### AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER

RESULTS

ABO GROUP

B

Rh TYPING

Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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water Dr.CHANDRAKANT PAWAR M.D.(PATH) Pathologist

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	194.0	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	138.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	41.2	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	152.8	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	125.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
A DI CUIO ESTEDOI SORIM	27.8	< /= 30 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	4.7	0-4.5 Ratio	Calculated
CHOL / HDL CHOL RATIO, Serum	4.7		
LDL CHOL / HDL CHOL RATIO, Serum	3.0	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*\*





Dr.ROBIN ALEXANDER M.D. (PATH)

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

PARAMETER

**RESULTS** 

BIOLOGICAL REF RANGE

METHOD

Free T3, Serum

4.0

3.10-6.80 pmol/L

**ECLIA** 

Note: Kindly note change in reference range and method w.e.f 12-07-2023

Free T4, Serum

17.5

12-22 pmol/L

**ECLIA** 

Note: Kindly note change in reference range and method w.e.f 12-07-2023

sensitiveTSH, Serum

13.1

0.270-4.20 mIU/ml

**ECLIA** 

Note: Kindly note change in reference range and method w.e.f 12-07-2023 TSH values between 5.5 to 15 microlU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.



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Age / Gender

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Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors

can give falsely high TSH.

2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns,

TSH	FT4/T4	FT3/T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess lodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti- epileptics.

Diurnal Variation: TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation: 19.7% (with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

### Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

### Reference:

- 1.0.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- Interpretation of the thyroid function tests, Dayan et al. THE LANCET. Vol 357
- Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
   Biological Variation: From principles to Practice-Callum G Fraser (AACC Press)

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want Dr.CHANDRAKANT PAWAR M.D.(PATH) Pathologist

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Name: Dhananjay kokil

CID: 2413917412

Sex/Age: 6247 H

Date: 18/5/24

### EYE EXAMINATION

### VISION

Right Eye CC	Left Eye 616
Right Eye	Left Eye
Right Eye	Left Eye
Right Eye	Left Eye
	Right Eye

GENERAL EXAMINATION:

LIDS

CORNEA

CONJUCTIVAE EYE MOVEMENTS

COLOUR VISION

DR I.U.BAMB

M.B.B.S MD (Medicine)

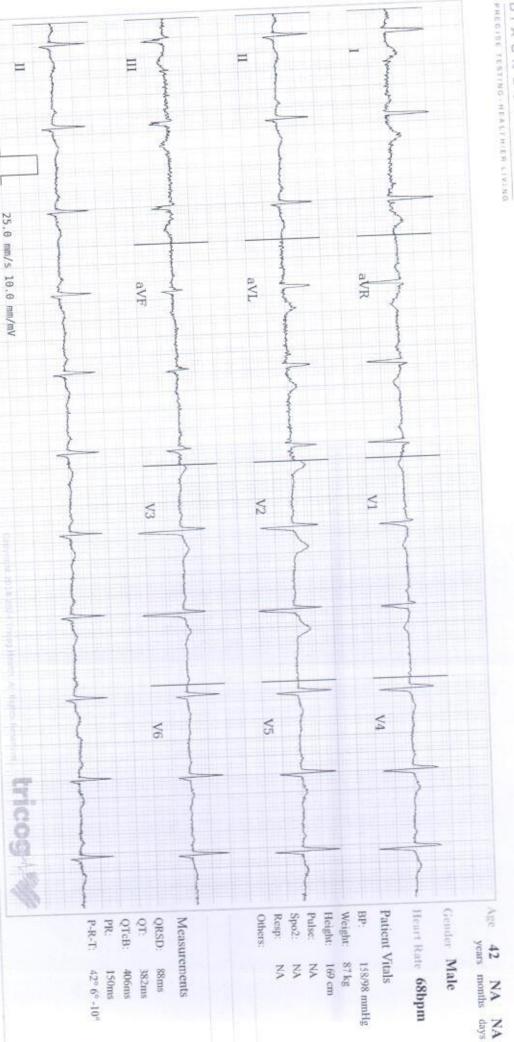
Reg No 39452

# SUBURBAN DIAGNOSTICS - SWARGATE, PUNE

Patient Name: DHANANJAY L KOKIL

Date and Time: 18th May 24 9:57 AM

SUBURBAN Patient ID: 2413917462



Sinus Rhythm ST T depressed III AVF. Please correlate clinically.

SUBURBAN DIAGNOSTICS PVT. LTD. Seraph Centre, Opp. Pentagon Mall, M.B.B.S., M.D. (Medicine)

Shahu College Road, Pune-411 009. Near Panchami Hotel,

DR ISHWARL AL BAMB M. B.S. MD (MEDICINE) andiologist 39452

REPORTED BY

Dr. I. U. BAMB

Reg. No. 39452

Discharture, IT Amalysis are thin report a based on ECO above and should be used as un adjunct an eliation history, physician 21 Patricia and are an enterectiby the charicum and not derived from the ECO.

Tel: 020-41094509



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# : Swargate, Pune Main Centre

ULTRASOUND ABDOMEN & PELVIS LIVER: Size, shape and echopattern are normal. No focal lesions noted. No IHBR dilatation. Hepatic

GALL BLADDER: Partially distended. No evidence of any pericholecystic collection.

PANCREAS: Normal in size and echotexture. Pancreatic duct is normal.

veins appear normal. Portal vein and common bile duct show normal caliber.

: Mr Dhananjay L Kokil

: 42 Years/Male

SPLEEN: Normal in size and echopattern. No focal lesion. Splenic vein is normal.

RIGHT KIDNEY: Measures 8.8 x 4.0 cm. Normal in size and echogenicity. No calculus or hydronephrosis. Corticomedullary differentiation is maintained.

LEFT KIDNEY: Measures 9.0 x 4.4 cm. Normal in size and echogenicity. 1.3 x 1.3 cm echogenic lesion seen in the midpole. No calculus or hydronephrosis. Corticomedullary differentiation is maintained.

Paraaortic and paracaval region appears to be normal. No evidence of lymphnodes noted. No free fluid in abdomen.

URINARY BLADDER: Well distended. No calculi. Wall thickness is normal. Both ureteric jets visualised appear normal.

PROSTATE: Normal in size and shows normal echotexture.

### IMPRESSION:

Echogenic lesion in the mid pole of left kidney to represent angiomyolipoma. Rest of the USG Abdomen and pelvis study is within normal limits.

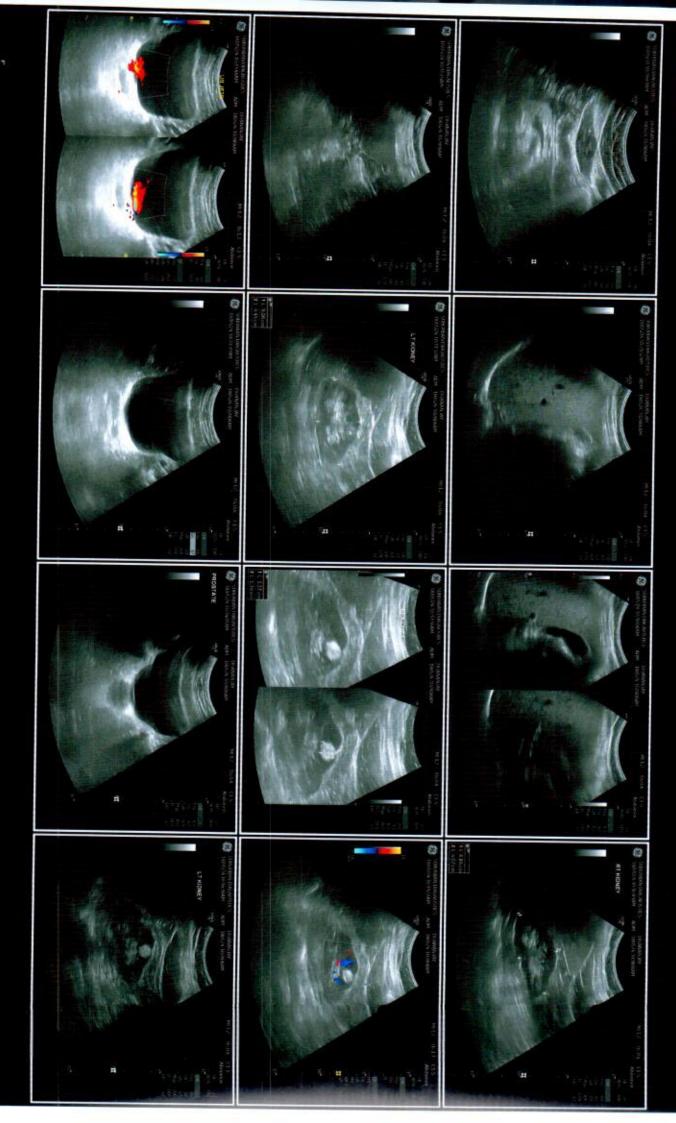
SUGGEST: SOS CT abdomen.

Clinical correlation is indicated.....

Click here to view images << lmageLink>>

M.B.B.S., D.M.R.E. Regalence 101102/397

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CID : 2413917462

Name : Mr Dhananjay L Kokil

Age / Sex : 42 Years/Male

Ref. Dr

Reg. Location : Swargate, Pune Main Centre

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# X-RAY CHEST PA VIEW

The lung fields are clear with no parenchymal lesion.

The cardiothoracic ratio is maintained and the cardiac outline is normal.

The domes of the diaphragm are normal.

The cardio and costophrenic angles are clear.

Bony thorax is normal.

IMPRESSION: Essentially normal X-ray of the chest.

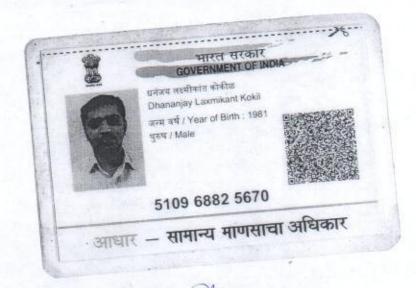
Clinical correlation is indicated.

-----End of Report-----

DR. NIKHIL G. JOSHI M.B.B.S., D.M.R.E. REG. NO. 2001/02/397

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