



Balaji Medical Centre

An ISO 9001:2015 Accredited Organization
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CHENNAI : No.5 (3/2), Jagadeeswaran Street,T.Nagar,Chennai-600 017. INDIA ☎ : 044-24364651 / 52 / 53
No.38, Manikodi Srinivasan Nagar Main Road, Rajiv Gandhi Salai, Perungudi, Chennai-600 096. INDIA ☎ : 044-29865513 / 14
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VIZAG : Door No.39-11- 63/4-1, Murali Nagar, Visakhapatnam,Andhra Pradesh-530 007. INDIA ☎ : 0891-2710299 / 399
MANGALORE : Shop No.5, Door No.1-65/31, Kulur-Kavoor Airport Road, Vivek Nagar, Panjimogaru, Mangalore-575 013.INDIA ☎ : 0824-2972719 / 20.
KAKINADA : 70-17-15/1,RR Nagar,Road No.2, Kakinada, Andhra Pradesh -533003.INDIA ☎ : 0884-2345555, 0884-3500132.

PHYSICAL EXAMINATION

Date Of Exam : 10/10/2023 REG. NO: KO23100000273
Name : Mr. BABY MATHAI (56/ Male)
Type Of Exam : PRIVATE
Reference : UNION BANK OF INDIA

The doctor has examined this client at Balaji Medical Centre for updated Physical examination and found the following.

Blood Pressure : 130/80mmHg
Pulse : 70/mt
Respiration Rate : 18/mt
Height : 166Cms
Weight : 81Kgs
BMI : 29.3Kg/m2

Dr. RAJENDRAN VENKATESH KUMAR
Physician
Approve No. NRL/KCH/23/2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



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Reg.No: KO23100000273

Date: 10/10/2023

MEDICAL FITNESS CERTIFICATE

This is to certify that I have examined, Mr.BABY MATHAI who is found to be medically FIT. He is not found to be suffering from any contagious disease or ailment. He is FIT to perform his duty.

Dr. RAJENDRAN VELLACHALIL KUNJAN
Reg. No. : 15123
Approval No: KRL / KCH / 23 / 2022

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LABORATORY REPORT

Reg.No: KO23100000273

Date : 10/10/2023

Name : Mr. BABY MATHAI
Age : 56Yrs
Reference : UNION BANK OF INDIA

Sex : Male

COMPLETE BLOOD COUNT (CBC)

| INVESTIGATION | OBSERVED VALUE | UNIT | BIOLOGICAL REFERENCE INTERVAL |
|------------------------------------|----------------|---------------------|-------------------------------|
| ERYTHROCYTE (RBC) COUNT | 4.9 | mill/cu.mm | 4.7-6.0 |
| HAEMOGLOBIN (Hb) | 15.4 | gm/dl | 13.5-18 |
| PCV (PACKED CELL VOLUME) | 44.2 | % | 42-52 |
| MCV (MEAN CORPUSCULAR VOLUME) | 97.6 | fl | 78-100 |
| MCH (MEAN CORPUSCULAR HAEMOGLOBIN) | 30.0 | pg | 27-31 |
| MCHC (MEAN CORPUSCULAR Hb CONC.N.) | 35.0 | g/dl | 32-36 |
| RDW (RED CELL DISTRIBUTION WIDTH) | 13.0 | % | 11.5-14.0 |
| TOTAL LEUCOCYTES (WBC) COUNT | 6900 | Cells /cu.mm | 4000-10500 |
| ABSOLUTE NEUTROPHILS COUNT | 3726 | /c.mm | 2000-7000 |
| ABSOLUTE LYMPHOCYTE COUNT | 2553 | /c.mm | 1000-3000 |
| ABSOLUTE MONOCYTE COUNT | 207 | /c.mm | 200-1000 |
| ABSOLUTE EOSINOPHIL COUNT | 345 | /c.mm | 20-500 |
| ABSOLUTE BASOPHIL COUNT | 69 | /c.mm | 20-100 |
| NEUTROPHILS | 54.0 | % | 40-80 |
| LYMPHOCYTES | 37.0 | % | 20-40 |
| MONOCYTES | 3.0 | % | 2.0-10 |
| EOSINOPHILS | 5.0 | % | 1-6 |
| BASOPHILS | 1.0 | % | 0-2 |
| PLATELET COUNT | 2.2 | 10 ³ /μl | 1.50-4.50 |
| MPV (MEAN PLATELET VOLUME) | 7.0 | fl | 6-9.5 |
| PCT (PLATELET HAEMATOCRIT) | 0.2 | % | 0.2-0.5 |
| PDW (PLATELET DISTRIBUTION WIDTH) | 16 | % | 9-17 |

Dr. RAJENDRAN VELLACHALAN
Reg. No. : 15113
KCH / 23 / 2022

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LABORATORY REPORT

Reg.No: KO23100000273

Date:10/10/2023

Name : Mr. BABY MATHAI
Age : 56 Yrs
Reference : UNION BANK OF INDIA

ROUTINE EXAMINATION URINE

| INVESTIGATION | OBSERVED VALUE | UNIT | BIOLOGICAL REFERENCE INTERVAL |
|--|----------------|------|-------------------------------|
| GENERAL EXAMINATION: | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW |
| APPEARANCE | CLEAR | | CLEAR |
| REACTION (pH) | 6.0 | | 4.5 - 8 |
| SPECIFIC GRAVITY | 1.020 | | 1.010 - 1.030 |
| CHEMICAL EXAMINATION (AUTOMATED DIPSTICK METHOD): | | | |
| URINE PROTEIN(ALBUMIN) | ABSENT | | ABSENT |
| URINE GLUCOSE(SUGAR) | ABSENT | | ABSENT |
| URINE KETONES(ACETONE) | ABSENT | | ABSENT |
| BILE SALTS | ABSENT | | ABSENT |
| BILE PIGMENTS | ABSENT | | ABSENT |
| UROBILINOGEN | NORMAL | | NORMAL |
| NITRITE | NEGATIVE | | NEGATIVE |
| MICROSCOPIC EXAMINATION | | | |
| RED BLOOD CELLS | NIL | /hpf | 0 - 2 |
| PUS CELLS (WBCs) | 1-2 | /hpf | 0 - 5 |
| EPITHELIAL CELLS | 1-2 | /hpf | 0 - 5 |
| CRYSTALS | ABSENT | /hpf | ABSENT |
| CAST | ABSENT | /hpf | ABSENT |
| AMORPHOUS DEPOSITS | ABSENT | /hpf | ABSENT |
| BACTERIA | ABSENT | /hpf | ABSENT |

Dr. RAJENDRAN VELLACHALI KUNJAN

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Reg.No: KO23100000273

LABORATORY REPORT

Name : Mr. BABY MATAHI Date : 10/10/2023
Age : 56YRS Sex : Male
Reference : UNION BANK OF INDIA

| INVESTIGATION | OBSERVED VALUE | UNIT | BIOLOGICAL REFERENCE INTERVAL |
|--|----------------|-------|-------------------------------|
| ESR – Erythrocyte Sedimentation Rate (EDTA Whole Blood, Automated-Capillary photometry aggregation/ Manual – Westergrens method) | 09 | mm/hr | 0-15 |

Method: Automated Westergren

Interpretation;

1. It indicates presence and intensity of an inflammatory process, never diagnosis of a specific disease, Chance are more significant than a single abnormal test.
2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
3. It is also increased in pregnancy, multiple myeloma, menstruation and hypothyroidism.

Remark: ESR Performed using capillary photometric aggregation (for automated analysis) & westergrens (for manual testing).

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LABORATORY REPORT

Name : Mr. BABY MATHAI Date : 10/10/2023
Age : 56Yrs Sex : male
Reference : UNION BANK OF INDIA

| <u>BIO-CHEMISTRY</u> | <u>Value/Result</u> | <u>Units</u> | <u>Reference Interval</u> |
|----------------------|---------------------|--------------|---------------------------|
| Blood Sugar (F) | : 110 | mg/dL | 80-120 |
| Creatinine | : 0.7 | mg/dL | 0.2-1.2 |
| Uric Acid | : 5.1 | mg/dl | 4.7-6.1 |
| BUN | : 10.5 | mg/dl | 6-21 |
| Urea | : 21 | mg/dL | 15-40 |

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LABORATORY REPORT

DATE: 10/10/2023

Name : Mr. BABY MATHAI Sex: Male
Age : 56 Yrs
Reference : UNION BANK OF INDIA

HAEMOTOLOGY

Blood Group & Rh Type : "B" POSITIVE

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LABORATORY REPORT

Reg.No: KO23100000273

Name : Mr. BABY MATHAI

Date : 10/10/2023

Age : 56 yrs

Sex : Male

Reference : UNION BANK OF INDIA

LIVER FUNCTION TEST

| <u>TEST</u> | <u>PATIENT'S</u> | <u>UNITS</u> | <u>NORMAL INTERVAL</u> | |
|----------------------------|------------------|--------------|------------------------|-----------|
| | | | <u>FROM</u> | <u>TO</u> |
| | <u>VALUES</u> | | | |
| Serum Bilirubin (Total) | 0.9 | mg/dl | 0.2 | 1.2 |
| Serum Bilirubin (Direct) | 0.2 | mg/dl | - | <0.3 |
| Serum Bilirubin (Indirect) | 0.7 | mg/dl | 0.1 | 1 |
| Serum G. P. T. | 40 | U/L | 10 | 40 |
| Serum G. O. T. | 35 | U/L | 10 | 42 |
| Serum Gamma G. T. | 33 | U/L | 4 | 40 |
| Serum Total Proteins | 7.0 | gm/dl | 6.0 | 7.8 |
| Albumin | 4.1 | gm/dl | 3.5 | 5.0 |
| Globulin | 2.9 | gm/dl | 2.6 | 3.5 |
| ALP | 59 | U/L | - | <150 |
| Albumin: Globulin Ratio | 1.5 | - | - | - |

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LABORATORY REPORT

Reg. No: KO23100000273

Name : Mr. BABY MATHAI

Age : 56yrs

Sex : Male

Reference : UNION BANK OF INDIA

| Test Name | Result | Units | Ref.Range |
|---|--------|-------|---------------|
| LIPID SCREEN, SERUM (Spectrophotometry) | | | |
| Cholesterol | 149.0 | mg/dL | (<200.00) |
| Triglycerides | 103.0 | mg/dL | (<150.00) |
| HDL Cholesterol | 45.0 | mg/dL | (40.00-60.00) |
| LDL Cholesterol, Calculated | 83.4 | mg/dL | (<100.00) |
| VLDL Cholesterol, Calculated | 20.6 | mg/dL | (<30.00) |

Note:

- Measurements in the same patient can show physiological & analytical variations. Three serial samples 1 week apart are recommended for Total cholesterol, Triglycerides, HDL & LDL Cholesterol.
- ATP III recommends a complete lipoprotein profile as the initial test for evaluating cholesterol.
- Friedewald equation to calculate LDL cholesterol is most accurate when Triglyceride level is <400 mg/dL. Measurement of Direct LDL cholesterol is recommended when Triglyceride level is >400 mg/dL.

| INTERPRETATION | TOTAL CHOLESTEROL in mg/dL | Triglyceride in mg/dL | LDL CHOLESTEROL in mg/dL |
|----------------|----------------------------|-----------------------|--------------------------|
| Optimal | < 200 | <150 | <100 |
| Above Optimal | - | - | 100-129 |
| Boderline High | 200-239 | 150-199 | 130-159 |
| High | >=240 | 200-499 | 160-189 |
| Very High | - | >=500 | >=190 |

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Age : 56Yrs
Reference : UNION BANK OF INDIA

Date : 10/10/2023
Sex : MALE

BIOCHEMISTRY

| <u>Investigation</u> | <u>Observed Value</u> | <u>Unit</u> | <u>Biological Reference Interval</u> |
|-----------------------------------|-----------------------|-------------|--|
| HbA1C-Glycated Haemoglobin (HPLC) | 5.9 | % | non-diabetic: <= 5.6 pre-diabetic: 5.7-6.4 Diabetic : >= 6.5 |
| Estimated Average glucose (e AG) | 122.63 | mg/dl | |

INTERPRETATION &REMARK:

- HbA1c is used for monitoring diabetic control.it reflects the estimated average glucose.(eAG)
 - HbA1c has been endorsed by clinical group & ADA(American Diabetes Association)guidelines 2017,for diagnosis of diabetes using a cut-off point of 6.5%.
 - Trends in HbA1Care a better indicator of diabetic control than a solitary test .
 - Low glycated haemoglobin(below4%) in a non-diabetic individual are often associated with systemic inflammatory diseases,chronicanaemia (especially severe iron deficiency &haemolytic),chronic renal failure and liver diseases.clinical correlation suggested.
 - To estimate the eAG from the HbA1C value, the following equation is used: $eAG(mg/dl) = 28.7 * A1c - 46.7$
 - Interference of heamoglobinopathies in HbA1c estimation.
 - forHbF>25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c
 - Homozygous hemoglobinopathy is detected,fructosamine is recommended for monitoring diabetic status.
 - Herterozygous state detected (D10/turbo is corrected for HbS&HbC trait)
 - In known diabetic patients,following values can be considered as a tool for monitoring the glycemc control.Excellent control-6 to 7%,fair to good control -7 to 8%,unsatisfactory control -8 to 10 % and poor control - More than 10%
- NOTE :Hemoglobin electrophoresis (HPLC method) is recommended for detecting hemoglobinopathy.

---End of report ---

Dr. RAJENDRAN VELLACHALIL KUNJAN
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Approval No: KRL / KCH / 23 / 2022

“HEALTHIER MARINERS TOWARDS A WEALTHIER NATION”



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KAKINADA : 70-17-15/1,RR Nagar,Road No.2, Kakinada, Andhra Pradesh -533003,INDIA ☎: 0884-2345555, 0884-3500132.

LABORATORY REPORT

Name : Mr. BABY MATHAI Reg No: KO23100000273
Age : 56 yrs Date : 10/10/2023
Reference : UNION BANK OF INDIA Sex : Male

| Test Name | Result | Units | Ref.Range |
|---------------------------------------|--------|--------|-------------|
| THYROID PROFILE,TOTAL,SERUM (CLIA) | | | |
| T3,Total | 88.38 | ng/dl | (80-200) |
| T4,Total | 6.70 | ug/dL | (3.2-12.6) |
| TSH | 1.38 | uIU/ml | (0.35-5.50) |

Note:1 TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and at a minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.

2 Recommended test for T3 and T4 is unbound fraction or free levels as it is metabolically active.

3 Physiological rise in Total T3/T4 levels is seen in pregnancy and in patients on steroid therapy.

Clinical Use

- Primary Hypothyroidism
- Hyperthyroidism
- Hypothalamic-Pituitary hypothyroidism
- Inappropriate TSH secretion
- Non thyroidal illness
- Autoimmune thyroid disease
- Pregnancy associated thyroid disorders
- Thyroid dysfunction in infancy and early childhood

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REG NO: **KO23100000273**

LABORATORY REPORT

Name : Mr. BABY MATHAI Date : 10/10/2023
Age : 56 yrs Sex : Male
Reference : UNION BANK OF INDIA

| <u>Tests</u> | <u>Value/Results</u> | <u>Units</u> | <u>Reference Interval</u> |
|--|----------------------|--------------|---------------------------|
| <u>PERIPHERAL SMEAR EXAMINATION</u> | | | |
| RED BLOOD CELL MORPHOLOGY: | NORMAL | | |
| W B C MORPHOLOGY | : NORMAL | | |
| PLATELET MORPHOLOGY | : NORMAL | | |

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DIGITAL RADIOGRAPH - CHEST PA VIEW

Reg. No:KO23100000273

Date :10/10/2023

Name : Mr. BABY MATHAI

Age : 56yrs

Sex : Male

Reference : UNION BANK OF INDIA

The cardiomediastinal silhouette is normal.

The lungs are well inflated.No focal mass lesion, lobar collapse or consolidation is seen.
No pleural effusion is detected.

The soft tissues and bones appear unremarkable.

Conclusion:

- Normal chest radiograph.

Dr. RAJENDRAN VELLACHALI, KUNJAN

Reg. No. : 15123

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Reg.No: KO23100000273

ECG REPORT

Date: 10/10/2023

Name : Mr. Shinto P. M
Age : 29yrs
Sex : Male
Reference : UNION BANK OF INDIA
Impression : WITHIN NORMAL LIMIT

Dr. RAJENDRAN VELLACHALIL KUNJAN

Reg. No. : 15123

Approval No: KRL / KCH / 23 / 2022

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REG. NO: KO2310000273

Name: Mr. BABY MATHAI

Date: 10/10/2023

Reference : UNION BANK OF INDIA

OPHTHALMIC REPORT

| | RIGHT | LEFT |
|------------------------|--------|--------|
| Distant Vision: | 6/6 | 6/6 |
| Near Vision: | N/10 | N/10 |
| Colour Vision: | Normal | Normal |
| Anterior Segment: | Normal | Normal |
| Intra Ocular Pressure: | Normal | Normal |
| Fundus : | Normal | Normal |

Dr RAJENDRAN VELLACHALIL KUNJAN
Reg. No. : 15123
Approval No: KRL / KCH / 23 / 2022

From,

Baby malhi
Palankutla - dunc,
Mattakuzhi
Ernakulam.

to, The manager
Balaji Diagnostic Centre
Ernakulam -

Sir,
I have no Sugar disease - do
not want no blood examinations for
Sugar disease.

col col 23
Ernakulam

Yours

Baby malhi
Balaji