

InBody

[InBody370S]

ID 0000000004 Height 157.2cm Age 44 Gender Female Test Date / Time 09.03.2024. 09:28

Body Composition Analysis

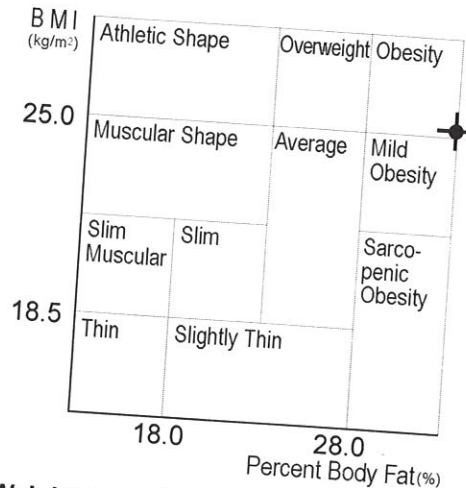
	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)	28.7 (26.5~32.3)	28.7	36.9 (33.9~41.5)	39.2 (36.0~44.0)	63.5 (44.1~59.7)
Protein (kg)	7.8 (7.1~8.7)	non-osseous			
Minerals (kg)	2.67 (2.45~2.99)				
Body Fat Mass (kg)	24.3 (10.4~16.6)				

InBody Score

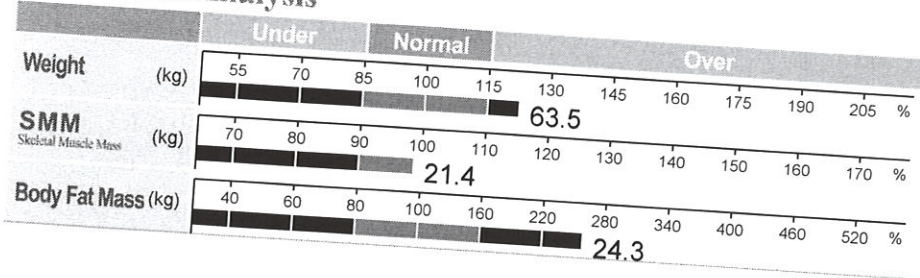
67 / 100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

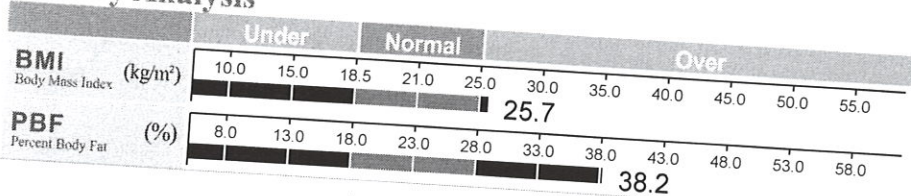
Body Type



Muscle-Fat Analysis



Obesity Analysis



Weight Control

Target Weight 51.9 kg
Weight Control - 11.6 kg
Fat Control - 12.3 kg
Muscle Control + 0.7 kg

Obesity Evaluation

BMI Normal Under Slightly Over Over
PBF Normal Slightly Over Over

Body Balance Evaluation

Upper Balanced Slightly Unbalanced Extremely Unbalanced
Lower Balanced Slightly Unbalanced Extremely Unbalanced
Upper-Lower Balanced Slightly Unbalanced Extremely Unbalanced

Research Parameters

Basal Metabolic Rate 1217 kcal (1321~1532)
Waist-Hip Ratio 0.92 (0.75~0.85)
Visceral Fat Level 12 (1~9)
Obesity Degree 122 % (90~110)
Bone Mineral Content 2.27 kg (2.02~2.46)
SMI 6.5 kg/m²
Recommended calorie intake 1494 kcal

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 5 kHz	440.6	438.0	29.7	325.6	326.6
50 kHz	391.0	396.5	26.1	289.0	293.4
250 kHz	346.6	356.2	21.5	256.5	260.9

Segmental Lean Analysis

	Left	Right
Lean Mass (kg)	2.00kg	2.02kg
% Evaluation	98.4% Normal	99.7% Normal
Lean Mass (kg)	18.5kg	18.5kg
% Evaluation	101.2% Normal	101.2% Normal
Lean Mass (kg)	6.04kg	6.08kg
% Evaluation	94.3% Normal	95.1% Normal

Segmental Fat Analysis

	Left	Right
Fat Mass (kg)	1.7kg	1.6kg
% Evaluation	197.6% Over	189.1% Over
Fat Mass (kg)	12.4kg	12.4kg
% Evaluation	253.5% Over	253.5% Over
Fat Mass (kg)	3.7kg	3.7kg
% Evaluation	165.4% Over	166.9% Over

* Segmental fat is estimated.

Body Composition History

	Weight (kg)	SMM (kg)	PBF (%)
Recent	63.5	21.4	38.2
Total			

09.03.24. 09.28



Patient Name	: Miss. SUNITA DEVI	Age/Gender	: 44 Y/F
UHID/MR No.	: CAOP.0000000004	OP Visit No	: CAOPOPV5
Sample Collected on	:	Reported on	: 14-03-2024 12:42
LRN#	: RAD2261245	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 768857		

DEPARTMENT OF RADIOLOGY

SONO MAMOGRAPHY - SCREENING

USG OF BOTH BREASTS

Both breasts are symmetric in echogenicity and show predominantly glandular morphological pattern.

There is no other focal discrete mass lesion or obvious calcification seen.

No evidence of ductal ectasia seen.

There is no evidence of subcutaneous thickening or edema seen.

No evidence of significant axillary lymphadenopathy seen.

IMPRESSION: NO ABNORMALITY IS SEEN IN BOTH BREASTS.

Please correlate clinically.

Consultant Radiologist.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

Dr. KAWAL DEEP DHAM
MBBS, DMRD
Radiology



Patient Name	: Miss. SUNITA DEVI	Age/Gender	: 44 Y/F
UHID/MR No.	: CAOP.0000000004	OP Visit No	: CAOPOPV5
Sample Collected on	:	Reported on	: 14-03-2024 15:10
LRN#	: RAD2261245	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 768857		

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen

Dr. KAWAL DEEP DHAM
MBBS, DMRD
Radiology



Patient Name	: Miss. SUNITA DEVI	Age/Gender	: 44 Y/F
UHID/MR No.	: CAOP.0000000004	OP Visit No	: CAOPOPV5
Sample Collected on	:	Reported on	: 14-03-2024 12:41
LRN#	: RAD2261245	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 768857		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver is normal in size and echotexture. No focal lesion seen in the liver. Intrahepatic bile ducts and portal radicals are normal in caliber.

Gall bladder does not show any evidence of cholecystitis or cholelithiasis.

CBD is not dilated.

Portal vein is normal in caliber.

Both kidneys are of normal size (RK 10.3 X 4.06 cm, LK 9.6 X 5.1 cm in length), shape and echo pattern. No calculus, growth or hydro nephrotic changes seen in either kidney. The parenchymal thickness is normal & cortico-medullary differentiation is well maintained.

Spleen is normal in size and echotexture.

Pancreas does not show any pathology.

No free fluid seen in the peritoneal cavity.

Urinary bladder is distended and shows no mural or intraluminal pathology.

Uterus is anteverted, normal in size (5.9 X 4.01 X 5.2cm) shape and echo pattern

Endometrium echo is 7mm thick.

There is simple cyst of size (32 x 23mm) noted in RT. Ovary. Bilateral adnexa are clear. No adnexal mass.

No free fluid or pelvic collection seen.

Please correlate clinically.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, Not valid for medico legal purpose.

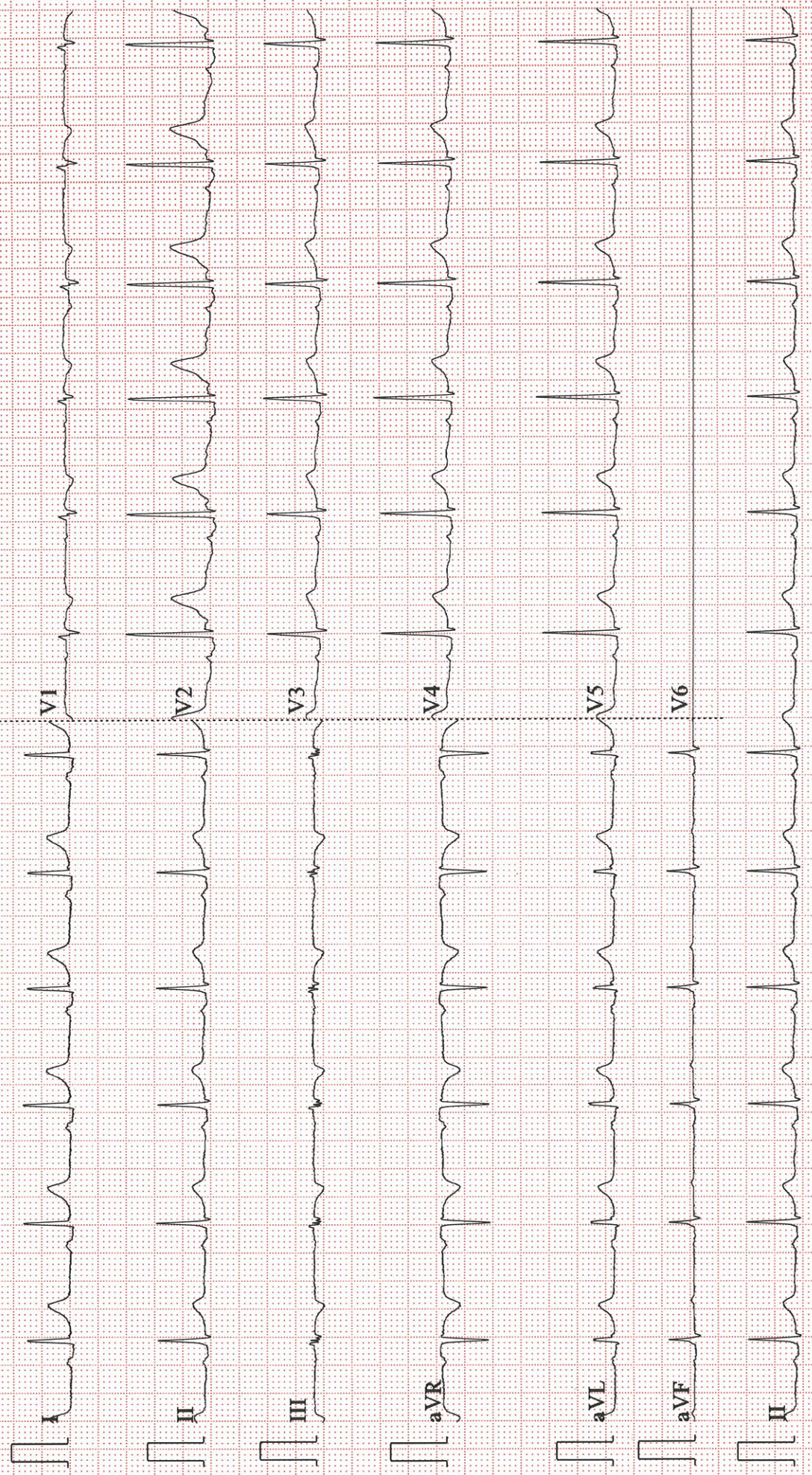
Dr. KAWAL DEEP DHAM
MBBS, DMRD
Radiology

ID: 0000000004
SUNITA DEVI
Female 44Years
Req. No. :

09-03-2024 09:39:46 AM
HR : 72 bpm
P : 88 ms
PR : 160 ms
QRS : 88 ms
QT/QTcBz : 377/413 ms
P/QRS/T : 6/27/4 °
RV5/SV1 : 1.383/0.195 mV

Diagnosis Information:
Lead Off(V6)
Sinus Rhythm

Report Confirmed by:



CERTIFICATE OF MEDICAL FITNESS


This is to certify that I have conducted the clinical examination

of Ms. Sunita Devi 44yr/F on 11/02/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <ol style="list-style-type: none"> 1. <u>R.V. with Gynecologist for simple ovarian cyst</u> 2. <u>Maintain Healthy diet as cancelled</u> 3. <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after <u>with Gynecologist for ovarian cyst</u></p> <p>Currently Unfit.</p>	
<ul style="list-style-type: none"> • Review after _____ recommended • Unfit • 	

Height : 157.2 cm
 Weight : 63.2 kg
 Blood Pressure : 118 / 74 mmHg


APOLLO HEALTH AND LIFESTYLE LTD.
Dr. D. Dadheech
Plot No. 3/1, Block No. 34, 1st Floor, Pillar No. 77
 Pusa Road, WF 4, 3rd Bagh
 The Apollo Clinic, Uppal
 New Delhi - 110005

This certificate is not meant for medico-legal purposes

Physician Consultation

Diag Consulty done
no Pre - T2DM / HTN

LCB taken.
Cx healthy

AJ
LCB sent Dr. Dadheech
09/03/24

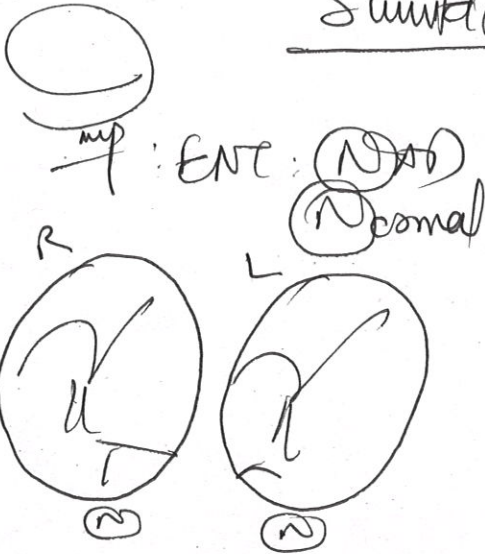
Pt is Medically fit -
has a simple Rt. Ovarian cyst
no Chief Complaints. Dr. Dadheech
09/3/24

Dr. Sanjiv Dang

MBBS, MS (ENT)
Ear, Nose & Throat Consultant
DMC Regn. No. 9555
Timing : 5.30 pm - 8.30 pm
E : sanjivdang.mamc@gmail.com

For appointment please contact :
011-40043300-07, 8448702877

Sumit Dahiya
F 44 years



Adv
NO medication
{ Done }
9.3.2024

Im
Knee + +
Wider ← →
Chest : clear

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www.apollospectra.com

Registered Address

#7-1-617/A, 615 & 616 Imperial Towers,
7th Floor, Opp. Ameerpet Metro Station,
Ameerpet, Hyderabad-500038, Telangana.

Sunita.

Age - 44 yrs

Date 9.03.24

B.P 118/74
P.R. 72/m-
SpO2 99%.

Height - 157.2
WT - 63.2 kg

Dental checkup

Pt came for regular dental checkup.

D/H - Nil

O/E! - calculus ++ stone +, Piff fissure

Advis.

Carrot $\frac{87}{876}$

Respiration $\frac{87}{876}$

\$ scaling & polishing.

Sunita

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Ameerpet, Hyderabad-500038, Telangana.

Patient Name	: Miss. SUNITA DEVI	Age	: 45 Y/F
UHID	: CAOP.0000000004	OP Visit No	: CAOPOPV5
Reported By:	: Dr. RAJNI SHARMA	Conducted Date	: 09-03-2024 16:16
Referred By	: SELF		

ECG REPORT

Observation :-

1. Normal Sinus Rhythm.
2. Heart rate is 63beats per minutes.
3. No pathological Q wave or S-T,T changes seen.
4. Normal P,Q,R,S,T waves and axis.
5. No evidence of chamber, hypertrophy or enlargement see

Impression:

NORMAL RESTING ECG.

----- END OF THE REPORT -----

Dr. RAJNI SHARMA

Patient Name : Miss. SUNITA DEVI
UHID : CAOP.0000000004
Conducted By: :
Referred By : SELF

Age : 45 Y/F
OP Visit No : CAOPOPV5
Conducted Date :

Patient Name : Miss. SUNITA DEVI
UHID : CAOP.0000000004
Conducted By :
Referred By : SELF

Age : 45 Y/F
OP Visit No : CAOPOPV5
Conducted Date :

=====

NAME: SUNITA DEVI

DATE: 09.03.2024

REF. BY:- HEALTH CHECKUP

AGE :44Y /SEX/F

MR. NO:- CAOP.0000000004

S.NO. :- 191

=====

X-RAY CHEST PA VIEW

Both the lung fields' show no active parenchymal pathology.

Both the costophrenic angles are clear.

Heart size is normal.

Both the domes of diaphragm are normal.

Bony thorax appears normal.

Please correlate clinically and with lab. Investigations


DR. KAWAL DEEP DHAM
CONSULTANT RADIOLOGIST

Note: It is only a professional opinion. Kindly correlate clinically.

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