





: Mr.PRAKASH SINGH

Age/Gender UHID/MR No : 41 Y 0 M 3 D/M : CVAL.0000057916

Visit ID

: CVALOPV108397

Ref Doctor

: Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID

: UBOIE4219

Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 03:29PM

Reported Status : 23/Mar/2024 08:06PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF HAEMATOLOGY**

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# PERIPHERAL SMEAR, WHOLE BLOOD EDTA

**METHODOLOGY** 

: Microscopic.

**RBC MORPHOLOGY** 

: Predominantly normocytic normochromic RBC's noted.

WBC MORPHOLOGY

: Normal in number, morphology and distribution. No abnormal cells seen.

PLATELETS

: Just adequate on smear, giant platelets noted.

**PARASITES** 

: No haemoparasites seen.

**IMPRESSION** 

: Normocytic normochromic blood picture.

NOTE/ COMMENT

: Please correlate clinically.

Page 1 of 18



Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:BED240079626

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph No: 040-4904 7777, Fax No: 4904 7744

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# **DEPARTMENT OF HAEMATOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)           NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %	13-17 40-50 4.5-5.5 83-101	Spectrophotometer Electronic pulse & Calculation Electrical Impedence
PCV         40.50         %           RBC COUNT         4.42         Million/cu.mm           MCV         91.6         fL           MCH         30         pg           MCHC         32.8         g/dL           R.D.W         15.8         %           TOTAL LEUCOCYTE COUNT (TLC)         5,300         cells/cu.mm         4           DIFFERENTIAL LEUCOCYTIC COUNT (DLC)         NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %         EOSINOPHILS         2.1         %           MONOCYTES         7.7         %         MONOCYTES         7.7         %           BASOPHILS         0.5         %         MONOCYTES         7.7         %	40-50 4.5-5.5	Electronic pulse & Calculation Electrical Impedence
RBC COUNT         4.42         Million/cu.mm           MCV         91.6         fL           MCH         30         pg           MCHC         32.8         g/dL           R.D.W         15.8         %           TOTAL LEUCOCYTE COUNT (TLC)         5,300         cells/cu.mm         4           DIFFERENTIAL LEUCOCYTIC COUNT (DLC)         NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %	4.5-5.5	Calculation Electrical Impedence
MCV         91.6         fL           MCH         30         pg           MCHC         32.8         g/dL           R.D.W         15.8         %           TOTAL LEUCOCYTE COUNT (TLC)         5,300         cells/cu.mm           DIFFERENTIAL LEUCOCYTIC COUNT (DLC)           NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %		· · · · · · · · · · · · · · · · · · ·
MCH         30         pg           MCHC         32.8         g/dL           R.D.W         15.8         %           TOTAL LEUCOCYTE COUNT (TLC)         5,300         cells/cu.mm           DIFFERENTIAL LEUCOCYTIC COUNT (DLC)           NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %	83-101	
MCHC         32.8         g/dL           R.D.W         15.8         %           TOTAL LEUCOCYTE COUNT (TLC)         5,300         cells/cu.mm         4           DIFFERENTIAL LEUCOCYTIC COUNT (DLC)         NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %		Calculated
R.D.W       15.8       %         TOTAL LEUCOCYTE COUNT (TLC)       5,300       cells/cu.mm       4         DIFFERENTIAL LEUCOCYTIC COUNT (DLC)         NEUTROPHILS       53.3       %         LYMPHOCYTES       36.4       %         EOSINOPHILS       2.1       %         MONOCYTES       7.7       %         BASOPHILS       0.5       %	27-32	Calculated
TOTAL LEUCOCYTE COUNT (TLC)         5,300         cells/cu.mm         4           DIFFERENTIAL LEUCOCYTIC COUNT (DLC)         53.3         %           NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %	31.5-34.5	Calculated
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)           NEUTROPHILS         53.3         %           LYMPHOCYTES         36.4         %           EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %	11.6-14	Calculated
NEUTROPHILS       53.3       %         LYMPHOCYTES       36.4       %         EOSINOPHILS       2.1       %         MONOCYTES       7.7       %         BASOPHILS       0.5       %	1000-10000	Electrical Impedance
LYMPHOCYTES       36.4       %         EOSINOPHILS       2.1       %         MONOCYTES       7.7       %         BASOPHILS       0.5       %		
EOSINOPHILS         2.1         %           MONOCYTES         7.7         %           BASOPHILS         0.5         %	40-80	Electrical Impedance
MONOCYTES         7.7         %           BASOPHILS         0.5         %	20-40	Electrical Impedance
BASOPHILS 0.5 %	1-6	Electrical Impedance
	2-10	Electrical Impedance
	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT		
NEUTROPHILS 2824.9 Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES 1929.2 Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS 111.3 Cells/cu.mm	20-500	Calculated
MONOCYTES 408.1 Cells/cu.mm	200-1000	Calculated
BASOPHILS 26.5 Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR) 1.46	0.78- 3.53	Calculated
PLATELET COUNT 154000 cells/cu.mm 15	0000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION 11 mm/hour RATE (ESR)	0-15	Capillary photometry
PERIPHERAL SMEAR		

METHODOLOGY

: Microscopic.

Page 2 of 18

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Reported Status : 23/Mar/2024 08:06PM : Final Report

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NOTE/ COMMENT

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Status

: Final Report

Sponsor Name

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#### **DEPARTMENT OF HAEMATOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
SLOOD GROUP ABO AND RH FAC	<b>FOR</b> , WHOLE BLOOD EDT	A		
BLOOD GROUP TYPE	AB			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination

EASE NOTE THIS SAMPLE HAS BEEN TESTED ONLY FOR ABO MAJOR GROUPING AND ANTI D'ONLY.

Page 4 of 18

M.B.B.S, M.D(Pathology) Consultant Pathologist

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Visit ID : CVALOPV108397

Ref Doctor : Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID : UBOIE4219

Collected : 23/Mar/2024 12:49PM

Received : 23/Mar/2024 03:57PM Reported : 23/Mar/2024 05:15PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### DEPARTMENT OF BIOCHEMISTRY

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	92	mg/dL	70-100	HEXOKINASE

#### **Comment:**

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

#### Note:

1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.

2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA (2 HR)	133	mg/dL	70-140	HEXOKINASE

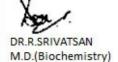
#### **Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Page 5 of 18





SIN No:PLP1436219

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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Visit ID : CVALOPV108397

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Emp/Auth/TPA ID : UBOIE4219

Collected : 23/Mar/2024 09:36AM

Received : 23/Mar/2024 03:29PM Reported : 23/Mar/2024 07:22PM

Status : Final Report

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#### **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN), W	HOLE BLOOD EDTA			
HBA1C, GLYCATED HEMOGLOBIN	6.6	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	143	mg/dL		Calculated

#### **Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %	
NON DIABETIC	<5.7	
PREDIABETES	5.7 - 6.4	
DIABETES	≥ 6.5	
DIABETICS		
EXCELLENT CONTROL	6 – 7	
FAIR TO GOOD CONTROL	7 – 8	
UNSATISFACTORY CONTROL	8 - 10	
POOR CONTROL	>10	

**Note:** Dietary preparation or fasting is not required.

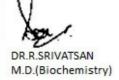
- 1. HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- 2. Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- 3. Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- 4. Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- 5. In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control

A: HbF >25%

- B: Homozygous Hemoglobinopathy.
- (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)

Page 6 of 18





SIN No:EDT240036512

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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: 23/Mar/2024 04:07PM : 23/Mar/2024 06:43PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method				
LIPID PROFILE , SERUM								
TOTAL CHOLESTEROL	161	mg/dL	<200	CHO-POD				
TRIGLYCERIDES	58	mg/dL	<150	GPO-POD				
HDL CHOLESTEROL	40	mg/dL	40-60	Enzymatic Immunoinhibition				
NON-HDL CHOLESTEROL	121	mg/dL	<130	Calculated				
LDL CHOLESTEROL	109.4	mg/dL	<100	Calculated				
VLDL CHOLESTEROL	11.6	mg/dL	<30	Calculated				
CHOL / HDL RATIO	4.03		0-4.97	Calculated				
ATHEROGENIC INDEX (AIP)	< 0.01		<0.11	Calculated				

#### Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100; Near Optimal 100- 129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220
ATHEROGENIC INDEX(AIP)	<0.11	0.12 - 0.20	>0.21	

# Note:

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

Page 7 of 18



DR.R.SRIVATSAN M.D.(Biochemistry)

SIN No:SE04672745

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#### DEPARTMENT OF BIOCHEMISTRY

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

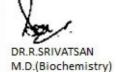
- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When

Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.

7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

Page 8 of 18





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Test Name	Result	Unit	Bio. Ref. Range	Method			
LIVER FUNCTION TEST (LFT), SERUM							
BILIRUBIN, TOTAL	1.18	mg/dL	0.3–1.2	DPD			
BILIRUBIN CONJUGATED (DIRECT)	0.25	mg/dL	<0.2	DPD			
BILIRUBIN (INDIRECT)	0.93	mg/dL	0.0-1.1	Dual Wavelength			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	16	U/L	<50	IFCC			
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	25.0	U/L	<50	IFCC			
ALKALINE PHOSPHATASE	86.00	U/L	30-120	IFCC			
PROTEIN, TOTAL	7.60	g/dL	6.6-8.3	Biuret			
ALBUMIN	3.90	g/dL	3.5-5.2	BROMO CRESOL GREEN			
GLOBULIN	3.70	g/dL	2.0-3.5	Calculated			
A/G RATIO	1.05		0.9-2.0	Calculated			

#### **Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

#### 1. Hepatocellular Injury:

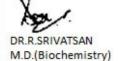
- AST Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI .• Disproportionate increase in AST, ALT compared with ALP. Bilirubin may be elevated.
- AST: ALT (ratio) In case of hepatocellular injury AST: ALT > 1In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilsons's diseases, Cirrhosis, but the increase is usually not >2.

#### 2. Cholestatic Pattern:

- ALP Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.• ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.
- 3. Synthetic function impairment: Albumin- Liver disease reduces albumin levels. Correlation with PT (Prothrombin Time) helps.

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Address:
D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102,
Phone - 044-26224504 (05







: Mr.PRAKASH SINGH

Age/Gender

: 41 Y 0 M 3 D/M : CVAL.0000057916

UHID/MR No Visit ID

: CVALOPV108397

Ref Doctor

Emp/Auth/TPA ID

: Dr.Dr MANJULA RANGANATHAN M : UBOIE4219

Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 04:07PM

Reported Status

: 23/Mar/2024 06:43PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION	TEST (RFT/KFT), SEF	RUM		
CREATININE	0.75	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	14.00	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	6.5	mg/dL	8.0 - 23.0	Calculated
URIC ACID	6.90	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	8.80	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	2.70	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	140	mmol/L	136–146	ISE (Indirect)
POTASSIUM	3.8	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	104	mmol/L	101–109	ISE (Indirect)
PROTEIN, TOTAL	7.60	g/dL	6.6-8.3	Biuret
ALBUMIN	3.90	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	3.70	g/dL	2.0-3.5	Calculated
A/G RATIO	1.05		0.9-2.0	Calculated

Page 10 of 18



DR.R.SRIVATSAN M.D.(Biochemistry)

SIN No:SE04672745

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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: Mr.PRAKASH SINGH

Age/Gender UHID/MR No : 41 Y 0 M 3 D/M : CVAL.0000057916

Visit ID

: CVALOPV108397

Ref Doctor

: Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID

: UBOIE4219

Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 04:07PM : 23/Mar/2024 06:25PM

Reported Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF BIOCHEMISTRY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
ALKALINE PHOSPHATASE, SERUM	86.00	U/L	30-120	IFCC
Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	10.00	U/L	<55	IFCC

Page 11 of 18



M.D.(Biochemistry)

DR.R.SRIVATSAN

SIN No:SE04672745
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Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05









Patient Name : Mr.PRAKASH SINGH

Age/Gender : 41 Y 0 M 3 D/M UHID/MR No : CVAL.0000057916

Visit ID : CVALOPV108397

Ref Doctor : Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID : UBOIE4219

Collected : 23/Mar/2024 09:36AM

Received : 23/Mar/2024 04:15PM Reported : 23/Mar/2024 05:46PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF IMMUNOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
THYROID PROFILE TOTAL (T3, T4, TSH)	, SERUM	'		<u>'</u>	
TRI-IODOTHYRONINE (T3, TOTAL)	0.9	ng/mL	0.7-2.04	CLIA	
THYROXINE (T4, TOTAL)	8.34	μg/dL	5.48-14.28	CLIA	
THYROID STIMULATING HORMONE (TSH)	5.351	μIU/mL	0.34-5.60	CLIA	

#### **Comment:**

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- 1. TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- **2.** TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- 3. Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

4. Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	Т3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma

Page 12 of 18



M.D.(Biochemistry) SIN No:SPL24053398

DR.R.SRIVATSAN

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Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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Phone - 044-26224504 (05









: Mr.PRAKASH SINGH

Age/Gender

: 41 Y 0 M 3 D/M

UHID/MR No Visit ID

: CVAL.0000057916 : CVALOPV108397

Ref Doctor

: Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID

: UBOIE4219

Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 04:15PM

Reported Status

: 23/Mar/2024 05:46PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF IMMUNOLOGY**

ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

DR.R.SRIVATSAN M.D.(Biochemistry)

SIN No:SPL24053398

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This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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Page 13 of 18







Patient Name : Mr.PRAKASH SINGH

Age/Gender : 41 Y 0 M 3 D/M
UHID/MR No : CVAL.0000057916

Visit ID : CVALOPV108397

Ref Doctor : Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID : UBOIE4219

Collected : 23/Mar/2024 09:36AM

Received : 23/Mar/2024 04:15PM Reported : 23/Mar/2024 05:46PM

Status : Final Report

Sponsor Name : ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF IMMUNOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
VITAMIN D (25 - OH VITAMIN D),	9.17	ng/mL	30 -100	CLIA
SERUM				

#### **Comment:**

#### BIOLOGICAL REFERENCE RANGES

VITAMIN D STATUS	VITAMIN D 25 HYDROXY (ng/mL)
DEFICIENCY	<10
INSUFFICIENCY	10 - 30
SUFFICIENCY	30 – 100
TOXICITY	>100

The biological function of Vitamin D is to maintain normal levels of calcium and phosphorus absorption. 25-Hydroxy vitamin D is the storage form of vitamin D. Vitamin D assists in maintaining bone health by facilitating calcium absorption. Vitamin D deficiency can also cause osteomalacia, which frequently affects elderly patients.

Vitamin D Total levels are composed of two components namely 25-Hydroxy Vitamin D2 and 25-Hydroxy Vitamin D3 both of which are converted into active forms. Vitamin D2 level corresponds with the exogenous dietary intake of Vitamin D rich foods as well as supplements. Vitamin D3 level corresponds with endogenous production as well as exogenous diet and supplements.

Vitamin D from sunshine on the skin or from dietary intake is converted predominantly by the liver into 25-hydroxy vitamin D, which has a long half-life and is stored in the adipose tissue. The metabolically active form of vitamin D, 1,25-di-hydroxy vitamin D, which has a short life, is then synthesized in the kidney as needed from circulating 25-hydroxy vitamin D. The reference interval of greater than 30 ng/mL is a target value established by the Endocrine Society.

# **Decreased Levels:**

Inadequate exposure to sunlight.

Dietary deficiency.

Vitamin D malabsorption.

Severe Hepatocellular disease.

Drugs like Anticonvulsants.

Nephrotic syndrome.

**Increased levels:** 

Vitamin D intoxication.

Test Name	Result	Unit	Bio. Ref. Range	Method
VITAMIN B12, SERUM	123	pg/mL	107.2-653.3	CLIA

# **Comment:**

Page 14 of 18



DR.R.SRIVATSAN M.D.(Biochemistry)

SIN No:SPL24053398

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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: Mr.PRAKASH SINGH

Age/Gender UHID/MR No : 41 Y 0 M 3 D/M : CVAL.0000057916

Visit ID

: CVALOPV108397

Ref Doctor

: Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID

: UBOIE4219

Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 04:15PM

Reported

: 23/Mar/2024 05:46PM

Status Sponsor Name : Final Report

: ARCOFEMI HEALTHCARE LIMITED

#### **DEPARTMENT OF IMMUNOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

- Vitamin B12 deficiency frequently causes macrocytic anemia, glossitis, peripheral neuropathy, weakness, hyperreflexia, ataxia, loss of proprioception, poor coordination, and affective behavioral changes.
- The most common cause of deficiency is malabsorption either due to atrophy of gastric mucosa or diseases of terminal ileum.

  Patients taking vitamin B12 supplementation may have misleading results.
- A normal serum concentration of B12 does not rule out tissue deficiency of vitamin B12.
- The most sensitive test for B12 deficiency at the cellular level is the assay for MMA. If clinical symptoms suggest deficiency, measurement of MMA and homocysteine should be considered, even if serum B12 concentrations are normal.
- Increased levels can be seen in Chronic renal failure, Congestive heart failure, Leukemias, Polycythemia vera, Liver disease etc.

Test Name	Result	Unit	Bio. Ref. Range	Method
TOTAL PROSTATIC SPECIFIC ANTIGEN (tPSA), SERUM	0.400	ng/mL	0-4	CLIA

The normal reference PSA for the decadal age group of 40-49 years is 0-2.5 ng/mL

Page 15 of 18



M.D.(Biochemistry) SIN No:SPL24053398

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Apollo Health and Lifestyle Limited (CIN - U85110TG2000PLC115819)

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: Mr.PRAKASH SINGH

Age/Gender

: 41 Y 0 M 3 D/M

UHID/MR No

: CVAL.0000057916

Visit ID Ref Doctor : CVALOPV108397

Emp/Auth/TPA ID

: Dr.Dr MANJULA RANGANATHAN M : UBOIE4219 Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 04:03PM

Reported Status : 23/Mar/2024 04:41PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CLINICAL PATHOLOGY**

#### ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (	CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	7.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.025		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOP	Y		
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	ABSENT		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Page 16 of 18

Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UR2313984

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

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Phone - 044-26224504 (05







: Mr.PRAKASH SINGH

Age/Gender UHID/MR No : 41 Y 0 M 3 D/M : CVAL.0000057916

Visit ID

: CVALOPV108397

Ref Doctor

: Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID

: UBOIE4219

Collected

: 23/Mar/2024 12:49PM

Received

: 23/Mar/2024 04:04PM

Reported Status : 23/Mar/2024 04:22PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method	
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick	

Page 17 of 18

Dr THILAGA M.B.B.S,M.D(Pathology) Consultant Pathologist

SIN No:UPP017298

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

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Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102 Phone - 044-26224504 (05







: Mr.PRAKASH SINGH

Age/Gender UHID/MR No : 41 Y 0 M 3 D/M : CVAL.0000057916

Visit ID

: CVALOPV108397

Ref Doctor

: Dr.Dr MANJULA RANGANATHAN M

Emp/Auth/TPA ID

: UBOIE4219

Collected

: 23/Mar/2024 09:36AM

Received

: 23/Mar/2024 04:07PM

Reported Status : 23/Mar/2024 05:38PM : Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

# **DEPARTMENT OF CLINICAL PATHOLOGY**

# ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

\*\*\* End Of Report \*\*\*

Page 18 of 18



Dr.MARQUESS RAJ M.D,DipRCPath,D.N.B(PATH) Consultant Pathologist

SIN No:UF011334

This test has been performed at Apollo Health and Lifestyle Ltd - Chennai, Diagnostics Laboratory.

This test has been performed at Apollo Health and Lifestyle Ltd - RRL ASHOK NAGAR

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Address: D No.30, F – Block 2nd Avenue, Anna Nagar East, Chennai.600 102, Phone - 044-26224504 / 05





Patient Name : Mr. PRAKASH SINGH Age/Gender : 41 Y/M

Sample Collected on : Reported on : 25-03-2024 13:50

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : UBOIE4219

# DEPARTMENT OF RADIOLOGY

#### **ULTRASOUND - WHOLE ABDOMEN**

Liver appears normal in size measures 13.4 cm and echotexture.

No focal lesion is seen. PV and CBD normal.

No dilatation of the intrahepatic biliary radicals.

**Gall bladder** is well distended. No evidence of calculus.

Wall thickness appears normal.

No evidence of periGB collection. No evidence of focal lesion is seen.

**Spleen** appears normal in size measures 9.9 cm.

No focal lesion seen. Splenic vein appears normal.

Pancreas appears normal in echopattern. No focal/mass lesion/calcification.

No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

Both the kidneys appear normal in size, shape and echopattern.

Cortical thickness and CM differentiation are maintained.

No calculus / hydronephrosis seen on either side.

Right kidney measures 10.0 x 4.3 cm.

Left kidney measures 9.5 x 3.7 cm.

<u>Urinary Bladder</u> is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

**Prostate** is normal in size measures 3.3 x 3.6 cm vol - 21.4 cc and echo texture.

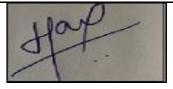
No evidence of necrosis/calcification seen.

# **IMPRESSION:**

Normal study.



Patient Name : Mr. PRAKASH SINGH Age/Gender : 41 Y/M



Dr. HARSHINI U MD (Radio Diagnosis) Radiology



Patient Name : Mr. PRAKASH SINGH Age/Gender : 41 Y/M

Sample Collected on : Reported on : 25-03-2024 12:24

**Ref Doctor** : SELF **Emp/Auth/TPA ID** : UBOIE4219

# DEPARTMENT OF RADIOLOGY

# X-RAY CHEST PA

Both lung fields and hila are normal.

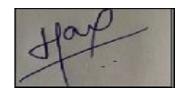
Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

# **CONCLUSION:**

Normal study.



Dr. HARSHINI U MD (Radio Diagnosis) Radiology





# **CERTIFICATE OF MEDICAL FITNESS**

		Tick
•	Medically Fit	
	Fit with restrictions/recommendations	
	Though following restrictions have been revealed, in my opinion, these are not impediments to the job.	
	1	
	2	
	3	
	However the employee should follow the advice/medication that has been communicated to him/her.	
į	Review after	
	Currently Unfit.  Review after recommended	March of Transcription and the
• ]	Unfit	<del></del>
	Dr	240-00 200 0 0 0 0 0 0 0 0 0 0 0 0
	Madical Officar	1000

Apollo Health and Lifestyle Limited (CIN-U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016 | www.apollohl.com | Email ID: enquiry@apollohl.com, Ph. No: 040-4904 7777, Fax No: 4904 7744

APOLLO CLINICS NETWORK

D No.30, F - Block 2nd Avenue, Anna Nagar East, Chennal.800 102, Phone - 044-26224504/05



Patient Name : Mr. PRAKASH SINGH Age : 41 Y/M

UHID : CVAL.0000057916 OP Visit No : CVALOPV108397
Reported By: : Dr. S NISHANTH . Conducted Date : 25-03-2024 10:39

Referred By : SELF

# **ECG REPORT**

# **Observation:**

- 1. Normal Sinus Rhythm.
- 2. Heart rate is 64beats per minutes.

# **Impression:**

# WITHIN NORMAL LIMITS

---- END OF THE REPORT -----

Dr. S NISHANTH.

Date

: 23-03-2024

MR NO

: CVAL.0000057916

\_Department

: FAMILY MEDICINE

Doctor

: Dr. MANJULA RANGANATHAN M

Name

: Mr. PRAKASH SINGH

Registration No

: 75481

Age/ Gender

: 41 Y / Maie : :

Qualification

· M.B.B.S, Dip. in Diab. - CCEBDM

Consultation Timing:

Allery- ril no complents

PIH - DW - M

FLH - DW - M





# **Apollo Clinic**

# **CONSENT FORM**

Patient Name: Prakash Singh	Age: .	41		
Patient Name: Nakash Singh UHID Number:	Company 1	vame: .A. H.V.	o femi	Yed whee
I Mr/Mrs/Ms(Company) Want to inform you that I am not inter	Employee o	of E.N	T opth	L USA ALA
Tests done which is a part of my routine health ch	eck package.			
And I claim the above statement in my full conscio	ousness.			
Patient Signature:	Date:	238/20	24	

Address: DNo.30,F - Block 2nd Avenue, Anna Nagar East, Chennai.600 102 Phone - 044-26224504 105



# ិ Dear PRAKASH SINGH,

We have received your booking request for the following health checkup, please upload your approval letter as soon as possible to enable us to confirm your booking.

# Upload HRM Letter

**User Package Name** 

**Executive Health Checkup Male** 

Name of Diagnostic/Hospital : Apollo Clinic - Valasaravakkam

Address of

Near Mc.Donalds, Prakasam Salai, Valasaravakkam, Chennai -

Diagnostic/Hospital-

600087

**Appointment Date** 

: 23-03-2024

**Preferred Time** 

: 8:30am

Member Information		
Booked Member Name	Age	Gender
PRAKASH SINGH	40 year	Male

# Tests included in this Package

- Bmi Check
- Ent Consultation
- Dietician Consultation
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eve Check-up consultation
- Vitamin B12
- Vitamin D
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile
- Prostate Specific Antigen (PSA Male)
- Phosphatase

- Thanks,
  Mediwheel Team
- ~ Please Download Mediwheel App

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والموال Acrual Health Checkup - 1 Apply for Health Chican Te-up HealthChkup Author(satn letter Health checkup at tie-up Ctr William St. (3) union sun Union Bank of India RO - CHENNAI NORTH 139, BROADWAY, , , Chennal- 44 The Chief Medical Officer M/S Mediwheel in/signup011-https://mediwheel.in/signup011-4-1195959/A brand name of Arcofemi Healthcare Ltd), Mumbal400021 Dear Sir. Tie-up arrangement for Health Checkup under Health Checkup Executive Male 35+ Shri/Smt./Kum. PRAKASH SINGH. CHIEF MANAGER P.F.No. 670668 Designation: Checkup for Financial Year 2023- Approved Charges Rs. 4000.00 The above mentioned staff member of our Branch/Office degrees to undergo Health Checkup(for Executives) at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank Please send the receipt of the above payment and the relevant reports to our above address. Thanking you, (Signatore of the Employee) BRANCH MANAGER/SENIOR MANAGE PS. Status of the application- Senctioned Health Treckup at tie-up Ctr | Health Cl.kup Authorisatn letter







े. ंगाम

नाम : प्रकाश सिंह Name : PRAKASH SINGH कर्मचारी क्र : 670668

जन्म तिथि : 20-03-1983

रेक्त समूह : AB+

Bingh

हस्ताक्षर Signature ख़ारी करने की तारीख : 18-01-2021

जारी करने का स्थान : क्षेत्रीय कार्यालय, हैदराबाद

Regional Office, Hyderabad

Patient Name : Mr. PRAKASH SINGH Age : 41 Y/M

UHID : CVAL.0000057916 OP Visit No : CVALOPV108397

Conducted By: : Conducted Date : 23-03-2024 16:20

Referred By : SELF

# **2D-ECHO WITH COLOUR DOPPLER**

**Dimensions:** 

Ao (ed) 2.5 CM LA (es) 3.2 CM LVID (ed) 4.0 CM

LVID (es) 2.3 CM

IVS (Ed) 0.7/1.0 CM

LVPW (Ed) 0.8/1.3 CM

EF 73.00% %FD 41.00%

MITRAL VALVE: NORMAL

AML NORMAL PML NORMAL

AORTIC VALVE NORMAL

TRICUSPID VALVE NORMAL

RIGHT VENTRICLE NORMAL

INTER ATRIAL SEPTUM NORMAL

INTER VENTRICULAR SEPTUM INTACT

AORTA NORMAL

RIGHT ATRIUM NORMAL

LEFT ATRIUM NORMAL

Pulmonary Valve NORMAL

PERICARDIUM NORMAL

**LEFT VENTRICLE:** 

Patient Name : Mr. PRAKASH SINGH Age : 41 Y/M

UHID : CVAL.0000057916 OP Visit No : CVALOPV108397

Conducted By: : Conducted Date : 23-03-2024 16:20

Referred By : SELF

# **NORMAL**

# **COLOUR AND DOPPLER STUDIES**

PWD: A>E AT MITRAL INFLOW

E/A-E: 0.6m/sec A: 0.4m/sec

VELOCITY ACROSS THE PULMONIC VALVE UPTO

1.2/6m/sec

**VELOCITY ACROSS THE AV UPTO 1.2/6m/sec** 

TR VELOCITY UPTO 1.3/7m/sec

# **IMPRESSION:**

NO REGIONAL WALL MOTION ABNORMALITIES NORMAL LV SYSTOLIC FUNCTION NORMAL CHAMBER DIMENSIONS STRUCTURALLY VALVES ARE NORMAL NO PERICARDIAL EFFUSION CLOT/PAH **DR.NISHANTH**