

**HEALTH CHECK UP**

Name : Maharaja Arjun

Date : 27-3-24

Age : 40y

Sex : Male / Female

Marital status : Married / Single

**PERSONAL HISTORY**

Habits : Smoking / Tobacco & Snuff / Alcohol No

Drug allergy if any : No

Medical : No

Surgical : No

Height 158 cm Weight 60 Kg. BP 110/80 Pulse 93mt

Vision : Rt 6/6 Lt. 6/6 With Spectacles ..... Rt. .... Lt. ....

Colour Vision : Normal / Abnormal Near Vision N.G.B.E

**FAMILY HISTORY**

Father ..... Mother ..... Siblings .....

CVS : Heart Sound ..... Normal Murmurs ..... Absent Thrills ..... Absent

RS : Rate ..... /mt Breath sounds ..... Normal Adventitious ..... Absent

ABDOMEN : Tenderness ..... Absent Rigidity ..... Absent Bowel sound ..... Normal

Liver ..... NAD Kidney ..... NAD Hernia ..... Absent

CNS : Cranial Nerves ..... NAD Sensory System ..... NAD Motor System ..... NAD

ENT ..... NAD

Remarks

Dr. Bharti Jeswani MBBS      Dr. Seema Kale MBBS, MD      Dr. S. K. Suri MBBS      Dr. Meenakshi MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Licensee : Bharti Medicare Pvt. Ltd. The Apollo Clinic, C-70, Major Sudesh Kumar Marg, Opp. Madhav Park, Near Main Market, Rajouri Garden, New Delhi-110 027  
Phone : (011) 2591 8222 / 8333 / 8444, 9811061009, E-mail : rajourigarden@theapolloclinic.com, Website : www.apolloclinicrajourigarden.com

MSME UAM NO. : DL11E0021531

Health checkup at tie-up Ctr

HealthChkup Authorisatn letter



Union Bank of India

RO - NEW DELHI,  
FIRST FLOOR, NO.1, MGF  
AUTOMOBILES LTD, FAIZ ROAD,  
JHANDEWALAN,, NEW DELHI 110005, -  
0

To,

The Chief Medical Officer

M/S Mediwheel  
<https://mediwheel.in/signup011-41195959>(A brand name of  
Aroofemi Healthcare Ltd),  
Mumbai400021

Dear Sir,

Tie-up arrangement for Health Checkup under Health Checkup 40-50 Female

Shri/Smt./Kunt. NASRINA PERVEEN,,

P.F. No. 688283 Designation : Manager

Checkup for Financial Year 2023-2024 Approved Charges Rs. 4500.00

The above mentioned staff member of our Branch/Office desires to undergo Health Checkup at your Hospital/Centre/Clinic, under the tie-up arrangement entered into with you, by our bank.

Please send the receipt of the above payment and the relevant reports to our above address.

कुते युनियन बैंक ऑफ इंडिया/For Union Bank of India

Thanking you,

(Signature of the Employee)

Yours Faithfully,

वरि. कर्मज्ञा प्रबन्धक/Sr. Branch Manager  
सी-1/103, मेधा रोड, जनकपुरी, नई दिल्ली-68  
C-1/103, Panache Road, New Delhi-68  
BRANCH MANAGER/SENIOR MANAGER

PS. : Status of the application- Sanctioned

**Patient Name** : Mrs. Nasrina Perveen  
**JHID/MR No.** : FRAJ.0000244660  
**Visit Date** : 27-03-2024 10:31  
**Sample Collected on** : 27-03-2024 10:35  
**Sample No** : WHB1386909  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 454566  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 40Y/Female  
**OP Visit No** : FRAJOPV120215  
**Reported on** : 27-03-2024 15:26  
**Specimen** : Whole Blood (Edta)  
**Pres Doctor:** :


## DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>COMPLETE BLOOD COUNT</b>			
Hb (Haemoglobin) Method: Non Cyanide	10.5*	11 - 15	gm/dl
PCV/Haematocrit Method: RBC pulse height detect	33.1*	36 - 46	%
ESR. Method: Westergren's Method	15	0 - 20	mm/1st Hr
TLC Method: DC Detection Method	5000	4000 - 10000	/cumm.
RBC COUNT. Method: DC Detection Method	3.7*	3.8 - 4.8	Million/cmm
PLATELET COUNT Method: DC Detection Method	1.51	1.5 - 4.1	lakh/cumm.
MCV Method: Derived	87.8	77 - 98	fl
MCH Method: Derived	27.9	27 - 32	pg
MCHC Method: Derived	31.8	31.5 - 34.5	gm/dl
NEUTROPHIL Method: Microscopy	65	40 - 70	%
LYMPHOCYTE Method: Microscopy	28	20 - 40	%
EOSINOPHIL Method: Microscopy	04	1.0 - 6.0	%
MONOCYTE Method: Microscopy	03	2.0 - 10.0	%
<b>BLOOD GROUP AND RH TYPE</b>			
ABO Group	O		
RH	Positive		

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Surinder

  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

• CLINICAL CORRELATION IS ESSENTIAL FOR FINAL DIAGNOSIS. • IF THE TESTS RESULTS ARE UNEXPECTED PLEASE CONTACT THE LABORATORY.  
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MSME UAM NO. : DL11E0021531



**Patient Name** : Mrs. Nasrina Perveen  
**UHID/MR No.** : FRAJ.0000244660  
**Visit Date** : 27-03-2024 10:31  
**Sample Collected on** : 27-03-2024 10:35  
**Sample No** : PLF1327365  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 454566  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 40Y/Female  
**OP Visit No** : FRAJOPV120215  
**Reported on** : 28-03-2024 09:09  
**Specimen** : Plasma(Fluoride)  
**Pres Doctor:** :

### DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>GLUCOSE - ( FASTING )</b>			
GLUCOSE - ( FASTING ) Method: (GOD-POD).	99	70 - 110	mg/dL
<b>GLUCOSE - ( POST PRANDIAL )</b>			
GLUCOSE - ( POST PRANDIAL ) Method: (GOD-POD)	120	70-140	mg/dl
<b>GLYCOSYLATED HEMOGLOBIN (HBA1C)</b>			
GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD Method: BORONATE AFFINITY	5.5	4.2 - 6.0	%
<b>LIPID PROFILE TEST (PACKAGE)</b>			
CHOLESTEROL Method: CHOD - PAP	129	Desirable < 200 Borderline High : 200-239 High : > 240	mg/dl
Triglyceride Method: GPO-PAP	79	50-200	mg/dl
HDL Method: DIRECT	50.6	30 - 70	mg/dl
LDL Method: DIRECT	60.8	60 - 100	mg/dl
VLDL Method: Calculated	17.6	<40	mg/dl
CHOLESTEROL / HDL RATIO Method: Calculated.	2.5	0 - 4.5	
<b>Thyroid Profile 2(Free T4, Free T3 And TSH)</b>			
Serum FT3	3.8	3.2 - 5.9	pmol/l
Serum FT4	13.7	10.6 - 21.0	pmol/l
Serum TSH	1.5	0.38 - 5.0	uIU/ml

End of the report

Results are to be correlated clinically

Lab Technician / Technologist  
Rakesh

  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

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MSME UAM NO. : DL11E0021531

Patient Name : Mrs. Nasrina Perveen  
UHID/MR No. : FRAJ.0000244660  
Visit Date : 27-03-2024 10:31  
Sample Collected on : 27-03-2024 10:34  
Sample No : SR01887404  
Ref Doctor : SELF  
Emp/Auth/TPA ID : 454566  
Sponsor Name : MEDIWHEELS HEALTH CARE

Age / Gender : 40Y/Female  
OP Visit No : FRAJOPV120215  
Reported on : 28-03-2024 09:10  
Specimen : Serum  
Pres Doctor: :


## DEPARTMENT OF LABORATORY MEDICINE

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>KFT - RENAL PROFILE-SERUM</b>			
UREA Method: Urease	16.6	10-50	mg/dl
Creatinine Method: Jaffe	0.79	0.5 - 1.3	mg/dl
Uric Acid Method: Uricase	3.8	2.6 - 6	mg/dl
Sodium(Na) Method: ISE	137.2	136 - 142	mmol/L
Potassium(K) Method: ISE	4.4	3.8 - 5.0	mmol/L
Chloride(Cl) Method: ISE	100.8	95 - 103	mmol/L
Calcium. Method: OCPC	9.3	9.2 - 11.0	mg/dl
Phosphorus Method: Molybdate UV	2.9	2.3 - 4.7	mg/dl

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Lab Technician / Technologist  
Rakesh

  
Dr. Prashant Purwar  
MBBS, DCP  
Consultant Pathologist

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MSME UAM NO. : DL11E0021531

**Patient Name** : Mrs. Nasrina Perveen  
**UHID/MR No.** : FRAJ.0000244660  
**Visit Date** : 27-03-2024 10:31  
**Sample Collected on** : 27-03-2024 10:34  
**Sample No** : SR01887404  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 454566  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 40Y/Female  
**OP Visit No** : FRAJOPV120215  
**Reported on** : 28-03-2024 09:13  
**Specimen** : Serum  
**Pres Doctor:** :


**DEPARTMENT OF LABORATORY MEDICINE**

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
<b>LIVER FUNCTION TEST (PACKAGE)</b>			
BILIRUBIN - TOTAL. Method: Jendrassik	0.77	0.1 - 1.3	mg/dl
Bilirubin (Direct)-Serum Method: Diazo.	0.26	0 - 0.3	mg/dl
A/G Method: Calculated	1.6	1.0 - 2.0	
BILIRUBIN - INDIRECT. Method: Calculated.	0.51	<1.1	
SGOT /AST Method: IFCC (With P5P)	30.9	0 - 35	U/L
SGPT/ALT Method: IFCC (With P5P)	23.8	0 - 45	U/L
ALKALINE PHOSPHATE Method: AMP BUFFER	75.3	30 - 117	U/L
GGT. Method: SZAZ	11.6	10 - 50	U/L
TOTAL PROTEIN Method: Biuret	7.4	5.8-8.0	g/dl
ALBUMIN Method: BCG	4.6	3.7-5.2	g/dl
GLOBULIN Method: Calculated	2.8	2.5 - 3.5	mg/dL

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
Rakesh

  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

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**MSME UAM NO. : DL11E0021531**



**Patient Name** : Mrs. Nasrina Perveen  
**UHID/MR No.** : FRAJ.0000244660  
**Visit Date** : 27-03-2024 10:31  
**Sample Collected on** : 27-03-2024 10:34  
**Sample No** : UR1042197  
**Ref Doctor** : SELF  
**Emp/Auth/TPA ID** : 454566  
**Sponsor Name** : MEDIWHEELS HEALTH CARE

**Age / Gender** : 40Y/Female  
**OP Visit No** : FRAJOPV120215  
**Reported on** : 27-03-2024 16:46  
**Specimen** : Urine  
**Pres Doctor:** :

**DEPARTMENT OF LABORATORY MEDICINE**

**URINE ROUTINE EXAMINATION**


**URINE EXAMINATION TEST REPORT**

Test Name	Observed Value	Unit	Reference Range
<b>Urine R/M Examination</b>			
Quantity	30	ml.	
Colour	Pale Yellow		Pale Yellow
Transparency	Clear		Clear
Urine Specific Gravity	1.015		1.005 - 1.030
Dipstick			
pH	6.0		5.5 - 7.5
Dipstick / pH paper			
<b>Chemical Examination</b>			
Protein	Nil		Nil
Dipstick/Heat & acetic acid			
Sugar	Nil		Nil
Dipstick/Benedicts reagent			
<b>Microscopic Examination</b>			
Pus Cells	1-2	/HPF	1-2
RBC'S	Nil	/HPF	Nil
Casts	Nil	/HPF	Nil
Crystals	Nil	/HPF	Nil
Epithelial Cells	0-1	/HPF	Nil
Bacteria	Nil	/HPF	1-2

**End of the report**

*Results are to be correlated clinically*

Lab Technician / Technologist  
Dr\_Prashant


  
 Dr. Prashant Purwar  
 MBBS, DCP  
 Consultant Pathologist

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**MSME UAM NO. : DL11E0021531**

9 Nasella Perveen not interested for mamo.

  
27/08/2024  
8920118998

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**MSME UAM NO. : DL11E0021531**



Name : MS NASRINA PERVEEN  
Ref

Age/sex: 40 YRS/ F  
Date 27/03/2024

**TMT (Tread Mill / Stress Test)**

**Result :** The pre exercise ECG was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 06 min. 01 sec on the Bruce protocol & achieved a workload of 11.50 mets.

He/She attained a peak heart rate of 168 beats/minute which is 93 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [140/80] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** NORMAL EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE ISCHAEMIA

THE APOLLO CLINIC  
Rajouri Garden  
Dr. Seema Kale  
MBBS MD  
DMC Reg. No-14927

Dr. SEEMA KALE MD  
SEN. PHYSICIAN

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MSME UAM NO. : DL11E0021531



1014ZA  
 RAJOURI GARDEN

Ms. NASRINA PERVEEN

Age : 40/F

ID : 90  
 H/Wt : /  
 Recorded : 27-3-2024 11:03

TREADMILL TEST SUMMARY REPORT  
 Protocol: BRUCE

Ref. by :  
 Indication 1 :  
 Indication 2 :  
 Indication 3 :

Medication 1  
 Medication 2  
 Medication 3  
 History

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE	0:08	0:08			93	110/80	102	0.9	1.4	0.4	
HYPERVENT					101	110/80	111	1.2	1.5	0.6	
STAGE 1	1:29	1:29	2.70	10.00	112	110/80	123	0.7	0.9	0.4	2.39
STAGE 2	3:02	1:29	4.00	12.00	127	110/80	139	0.9	1.2	0.4	5.94
STAGE 3	4:50	1:47	5.40	14.00	146	130/80	189	0.6	0.7	0.2	8.83
STAGE 4	5:53	0:59	6.70	16.00	168	140/80	235	0.4	0.5	-0.1	11.32
PEAK EXER	6:01	1:07			167	140/80	233	0.2	0.5	0.0	11.50

**RESULTS**

Exercise Duration : 6:01 Minutes  
 Max Heart Rate : 168 bpm 93 % of target heart rate 180 bpm  
 Max Blood Pressure : 140/80 mmHg  
 Max Work Load : 11.50 METS  
 Reason of Termination :

**IMPRESSIONS**  
 GOOD EFFORT TOLERANCE, NORMAL INOTROPIC AND CHRONOTROPIC RESPONSE  
 NO ANGINA/RHYTHMIA/SLV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.  
 TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

THE APOLLIO CLINIC  
 Rajouri Garden  
 Dr. Seema Kale  
 DMC Reg. No. 14621  
 DR SEEMA KALE



Ms. NASRINA PERVEEN

ID. : 90

AGE/SEX : 40/F

RECORDED : 27-3-2024 11:03

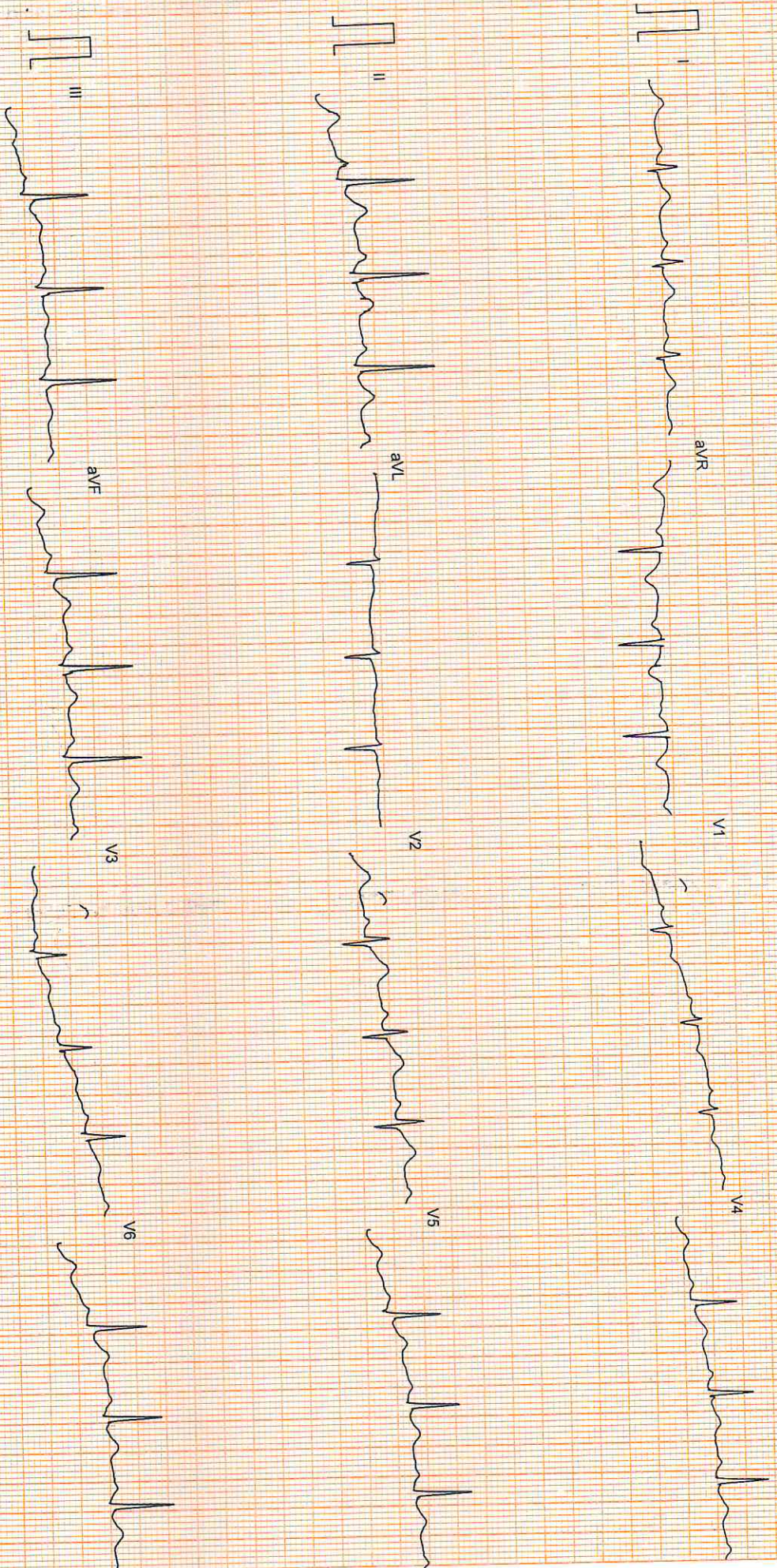
RATE : 94 BPM

B.P. : 110/80 mmHg

101424,  
SUPINEn  
PRETEST

ST @ 10mm/mV  
80ms PostJ

RAW E.C.G.



25mm/sec 10mm/mV

CardiCom, INDIA

MAHARAJA GURUPUR CARF 9854123378



Patient Name	: Mrs. Nasrina Perveen	MR No	: FRAJ.0000244660
Age/Sex	: 40 Y/F	Visit No	: FRAJOPV120215
Pres Doctor	:	Bill Date	: 27-03-2024 10:32
Ref.by	: SELF	Report Date	: 27-03-2024 16:54

**X-RAY CHEST PA VIEW**

- Both lungs fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlate clinically.

  
**Dr. Rahul Gera**  
Consultant Radiologist.

Patient Name	: Mrs. Nasrina Perveen	MR No	: FRAJ.0000244660
Age/Sex	: 40 Y/F	Visit No	: FRAJOPV120215
Pres Doctor	:	Bill Date	: 27-03-2024 10:32
Ref.by	: SELF	Report Date	: 27-03-2024 19:29

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualized. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No calculus / hydronephrosis seen. Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**UTERUS:** Uterus is anteverted and normal in size. Endometrium is central and appears normal in thickness. Myometrial echogenicity appears normal.

**OVARY:** B/L ovaries are normal in size, shape & echopattern. Both adnexal regions are normal. No free fluid is seen in cul-de-sac.

**IMPRESSION: - NORMAL STUDY.**

To be correlate clinically.

**Dr. Shailza Minocha**  
Consultant Radiologist.