

MEDICAL EXAMINATION REPORT (MER)

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms.	Joicy P Verghese
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):	
3. Age/Date of Birth	:	04/11/1976	Gender: F/M
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID) <input checked="" type="checkbox"/>	

PHYSICAL DETAILS:

a. Height182..... (cms)	b. Weight163..... (Kgs)	c. Girth of Abdomen ..102.... (cms)
d. Pulse Rate70..... (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 st Reading	120 80
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		NS	
Mother	74	CVA, HTN	
Brother(s)		/NS..	
Sister(s)			

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	✓

PERSONAL HISTORY

- | | |
|---|--|
| a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. CAD, PRA, HTN, Y/N | c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? Y/N |
| b. Have you undergone/been advised any surgical procedure? HT-PTCA Y/N | d. Have you lost or gained weight in past 12 months? Y/N |

Have you ever suffered from any of the following?

- | | |
|---|--|
| • Psychological Disorders or any kind of disorders of the Nervous System? Y/N | • Any disorder of Gastrointestinal System? Y/N |
| • Any disorders of Respiratory system? Y/N | • Unexplained recurrent or persistent fever, and/or weight loss Y/N |
| • Any Cardiac or Circulatory Disorders? Y/N | • Have you been tested for HIV/HBsAg / HCV before? If yes attach reports Y/N |
| • Enlarged glands or any form of Cancer/Tumour? Y/N | • Are you presently taking medication of any kind? Y/N |
| • Any Musculoskeletal disorder? Y/N | |
- OHA, AHT, antibiotics

• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

Adv. Medical consult

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

FIT

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner :

Dr. GEORGE THOMAS
MD, FCSI, FIAE
MEDICAL EXAMINER
Reg: 86614

Name & Seal of DDRC SRL Branch :



Date & Time :

DDRC agilus Pathlabs Limited.

Corp. Office : Express House, Second Floor, Opp. Pothys Silks, Banerjee Road, Kaloore -682017

Contact :- 93334 93334, Web :- www.ddrcagilus.com Email :- info.ddrc@agilus.in

यूनियन बैंक Union Bank of India



नाम : जोयसी पी वर्गसे
Name : JOICY P VERGHESE
कर्मचारी क्र / Employee No. : 775831
जन्मदिनांक / Date of Birth : 04-11-1976
रक्त समूह / Blood Group: A+ve

हस्ताक्षर / Signature

जारी करने का स्थान : क्षेत्रीय कार्यालय कोल्लम
Place of Issue : RO KOLLAM
जारी करने की तारीख
Date of Issue : 31.06.2020

जारी करने वाला / Issuing Authority

Joicy



Dr. Joice P Venghese do not need to conduct
stad test along with the medical check up.



Joice

Name : Joicy P Varghese

47M

Date: 23/03/2024

Ref : Mediwheel

Accession No:4126XC00

ECHOCARDIOGRAPHY REPORT

Cardiac ultrasound examination was done using GE Voluson S8 machine with 5P1 transducer. Imaging and Doppler studies including Colour Flow Mapping (CFM) were performed (images and measurements attached) Relevant observations are summarized as follows:

S/P PTCA

- Mild LV dilatation
- Overall LV contractility appears preserved (EF: 61%)
- Akinetic scar in mid and basal inferior segments
- Normal valves
- No abnormal flow patterns on CFM
- No intracardiac clots
- No pericardial effusion



Dr. George Thomas
Cardiologist

Fellow, Indian Academy of Echocardiography

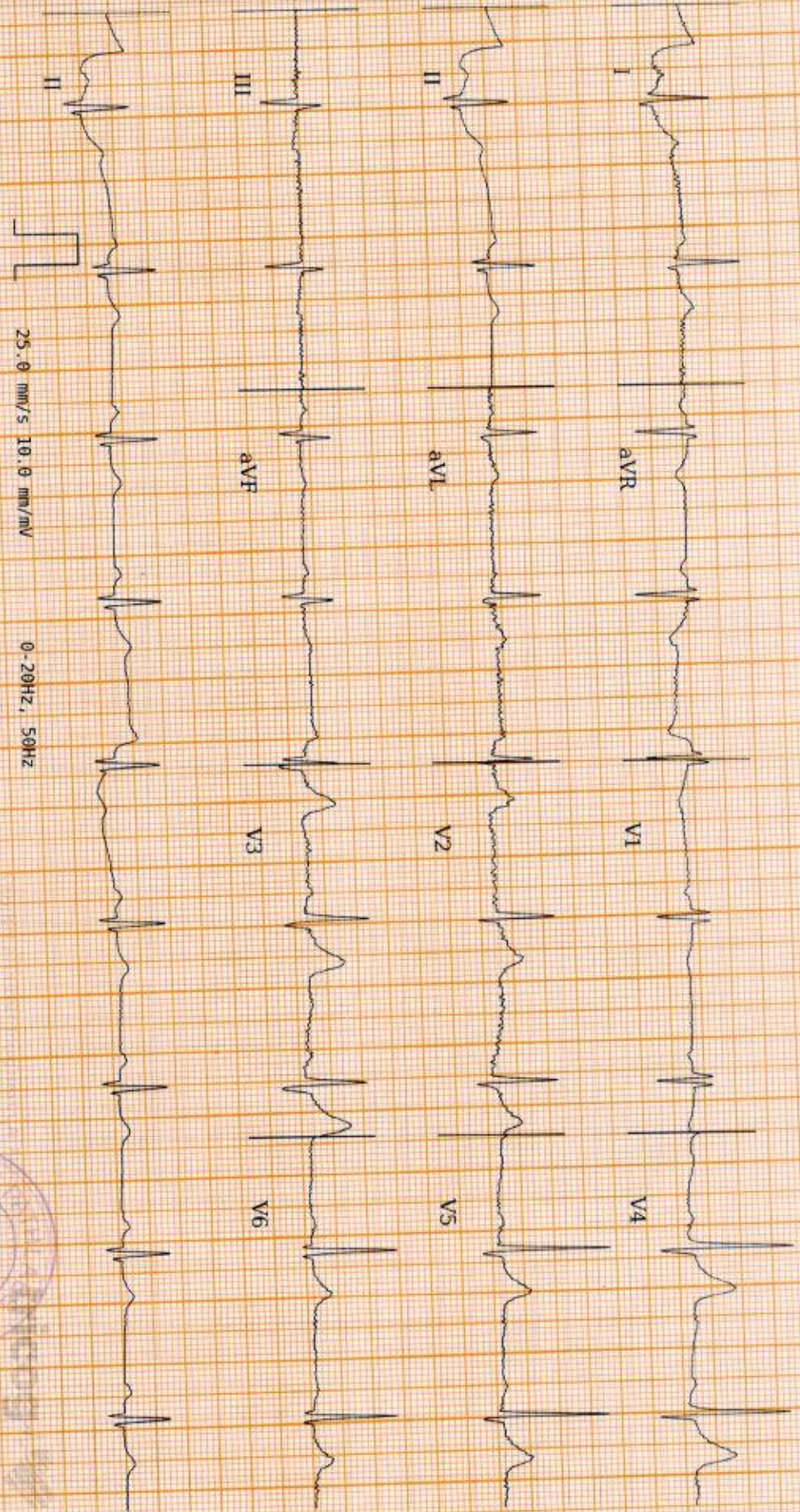
Ultrasound reports are not 100% specific and can vary significantly depending on the clinical conditions. The report has to be correlated clinically and is not for medico-legal purposes.

Thanks for the referral. Your feedback is appreciated.



Age / Gender: 47/Male
Patient ID: 4747
Patient Name: Joice P Varghese

Date and Time: 23rd Mar 24 8:56 AM



AR: 57bpm VR: 57bpm QRSD: 98ms QT: 414ms QTcB: 403.52ms PRI: 184ms

25.0 mm/s 10.0 mm/mV 0-20Hz, 50Hz

Sinus Bradycardia, Inferior Infarct, probably old. Baseline artefacts. Please correlate clinically.

REPORTED BY
Dr. Keshava N R
N R

Disclaimer: Analysis in this report is based on ECG alone and should only be used as an adjunct to clinical history. Concomitant and results of other invasive and non-invasive tests and must be interpreted by a qualified physician.

NAME	MR JOICY P VARGHESE	AGE	47 YRS
SEX	MALE	DATE	March 23, 2024
REFERRAL	MEDIWHEEL	ACC NO	4126XC007429

USG ABDOMEN AND PELVIS**LIVER**

Measures ~ 15.2 cm, shows increased echoes
Smooth margins and no obvious focal lesion within.
No IHBR dilatation. Portal vein normal in caliber.

GB

Tiny 2 mm GB polyp noted. Normal GB wall caliber.

SPLEEN

Measures ~ 11.6 cm, normal to visualized extent. Splenic vein normal.

PANCREAS

Obscured.

KIDNEYS

RK: 11.4 x 4.8 cm, appears normal in size and echotexture
LK: 12.7 x 6.6 cm, appears normal in size and echotexture.
Cystic lesion of size ~ 4.5 x 3.0 cm noted in right upper pole with multiple internal septations.
Maintained corticomedullary differentiation and normal parenchymal thickness.
No hydronephrosis.

BLADDER

Partially distended with mild irregular wall. No obvious calculus/echoes within.

PROSTATE

Borderline enlarged [~ 26 cc]

FLUID

Nil to visualized extent.

BOWEL

Gross gaseous abdomen.
2-3 small lipomas noted in midline epigastric abdominal wall.

IMPRESSION

- ↓ **Hepatomegaly with grade II Fatty liver.**
- ↓ **Cystic lesion of size ~ 4.5 x 3.0 cm in right kidney with multiple internal septations - Bosniak II F**
- ↓ **Tiny GB polyp.**
- ↓ **Mild Cystitis.**
- ↓ **Borderline prostatomegaly.**
- ↓ **Epigastric abdominal wall lipomas.**

Kindly correlate clinically.


Dr. HRISHIKESH C MBBS DMRD
Consultant Radiologist

Thank you for referral. Your feedback will be appreciated.

NAME: MR JOICY P VARGHESE	STUDY DATE :23 .03.2024
AGE / SEX : 47 YRS /M	REPORTINGDATE :23.03.2024
REFERRED BY : MEDIWHEEL ARCOFEMI	ACC NO: 4126XC007429

X - RAY - CHEST PA VIEW

- Both the lung fields are clear.
- B/L hila and mediastinal shadows are normal.
- Cardiac silhouette appears normal.
- Cardio - thoracic ratio is normal.
- Bilateral CP angles and domes of diaphragm appear normal.

IMPRESSION - NORMAL STUDY.**Kindly correlate clinically**

Dr. Hrishikesh C
Dr. HRISHIKESH C MBBS,DMRD
Consultant Radiologist.

Date: 23/3/24

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : Joicy P. Verghese Aged 47 and his / her

visual standards is as follows :

Visual Acuity:

For far vision
R: 6/24
L: 6/24

CPG { 6/6
6/6

For near vision
R: N8
L: N8

CPG { N6
N6

Color Vision : Normal

[Signature]
CIYA MARY P ROCKY
(OPTOMETRIST)
DDRC AGILUS PATENT LABS LIMITED
PANAMP NAGAR



PATIENT NAME : MR. JOICY.P.VERGHESE	REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED	
CODE/NAME & ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	ACCESSION NO : 4126XC007429	AGE/SEX : 47 Years Male
	PATIENT ID : JOICM0411764126	DRAWN :
	CLIENT PATIENT ID: ABHA NO	RECEIVED : 23/03/2024 08:20:31
		REPORTED : 23/03/2024 14:53:09

Test Report Status	Final	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

DENTAL CHECK UP	COMPLETED
DENTAL CHECK UP	



**DR.SMITHA PAULSON,MD
(PATH),DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY**

**DR.NILA THERESA DAVIS,MBBS
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CONSULTANT PATHOLOGIST**

**DR.TEJAS PRASAD
VIDWANS ,MBBS MD(PATH)(Reg
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OPHAL

OPHAL

TEST COMPLETED



Smitha

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(PATH),DPB
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LAB DIRECTOR & HEAD-
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Nilas

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Tejas

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MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

ECG WITH REPORT
REPORT
COMPLETED

USG ABDOMEN AND PELVIS
REPORT
COMPLETED

CHEST X-RAY WITH REPORT
REPORT
COMPLETED

2D - ECHO WITH COLOR DOPPLER
REPORT
COMPLETED

HAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO


GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD


HBA1C


10.2 High

Normal : 4.0 - %
5.6%.
Non-diabetic level : < 5.7%.
Diabetic : > 6.5%

Glycemic control goal
More stringent goal : < 6.5 %.


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 General goal : < 7%.
 Less stringent goal : < 8%.

 Glycemic targets in CKD :-
 If eGFR > 60 : < 7%.
 If eGFR < 60 : 7 - 8.5%.

MEAN PLASMA GLUCOSE	246.0 High	< 116.0	mg/dL
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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	14.4	13.0 - 17.0	g/dL
RED BLOOD CELL COUNT	5.25	4.50 - 5.50	mil/ μ L
WHITE BLOOD CELL COUNT	5.52	4.0 - 10.0	thou/ μ L
PLATELET COUNT	263	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	44.8	40.0 - 50.0	%
MEAN CORPUSCULAR VOL	85.3	83.0 - 101	fL
MEAN CORPUSCULAR HGB.	27.4	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	32.1	31.50 - 34.50	g/dL
RED CELL DISTRIBUTION WIDTH	13.1	11.60 - 14.0	%
MENTZER INDEX	16.3		
MEAN PLATELET VOLUME	8.7	6.80 - 10.90	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	51	40.0 - 80.0	%
LYMPHOCYTES	40	20.0 - 40.0	%
MONOCYTES	4	2.0 - 10.0	%
EOSINOPHILS	5	1.0 - 6.0	%

 DR.HARI SHANKAR, MBBS MD
 (Reg No - TCMC:62092)
 HEAD - Biochemistry &
 Immunology

 DR.NISHA G,MBBS MD(PATH),
 (Reg No - TCMC:45399)
 CONSULTANT PATHOLOGIST

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Patient Ref. No. 66600008306245



MC-5897

PATIENT NAME : MR. JOICY.P.VERGHESE

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BASOPHILS		0	0.0 - 1.0 %
ABSOLUTE NEUTROPHIL COUNT		2.82	2.0 - 7.0 thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT		2.22	1.0 - 3.0 thou/ μ L
ABSOLUTE MONOCYTE COUNT		0.23	0.20 - 1.0 thou/ μ L
ABSOLUTE EOSINOPHIL COUNT		0.29	0.02 - 0.50 thou/ μ L
ABSOLUTE BASOPHIL COUNT		0.00	0.00 - 0.10 thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.2	

ERYTHROCYTE SEDIMENTATION RATE (ESR),EDTA BLOOD

SEDIMENTATION RATE (ESR) 05 0 - 14 mm at 1 hr
METHOD : WESTERGREN METHOD

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL DETECTED (++++) NOT DETECTED

SUGAR URINE - FASTING

SUGAR URINE - FASTING NOT DETECTED NOT DETECTED

IMMUNOHAEMATOLOGY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE A
RH TYPE POSITIVE

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Interpretation(s)
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

BIO CHEMISTRY

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 10 Adult(<60 yrs) : 6 to 20 mg/dL

BUN/CREAT RATIO

BUN/CREAT RATIO 4.6

CREATININE, SERUM

CREATININE 0.96 18 - 60 yrs : 0.9 - 1.3 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 258 High
Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

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BILIRUBIN, TOTAL	0.54	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.30	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.24	General Range : <0.85	mg/dL
TOTAL PROTEIN	7.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.7	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.9	General Range : 2 - 3.5 Premature Neonates : 0.29 - 1.04	g/dL
ALBUMIN/GLOBULIN RATIO	1.6	General Range : 1.1 - 2.5	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	25	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	29	Adults : < 45	U/L
ALKALINE PHOSPHATASE	65	Adult(<60yrs) : 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	35	Adult (Male) : < 60	U/L
TOTAL PROTEIN, SERUM			
TOTAL PROTEIN	7.6	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
URIC ACID, SERUM			
URIC ACID	4.1	Adults : 3.4-7	mg/dL
GLUCOSE FASTING,FLUORIDE PLASMA			
FBS (FASTING BLOOD SUGAR)	133 High	Diabetes Mellitus : > or = 126. Impaired fasting Glucose/ Prediabetes : 101 - 125. Hypoglycemia : < 55.	mg/dL

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ACCESSION NO : **4126XC007429**
PATIENT ID : JOICM0411764126
CLIENT PATIENT ID:
ABITA NO

AGE/SEX : 47 Years Male
DRAWN :
RECEIVED : 23/03/2024 08:20:31
REPORTED : 23/03/2024 14:53:09

Test Report Status	Final	Results	Units
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

LIPID PROFILE, SERUM

CHOLESTEROL	117	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	82	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	40	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	73	Optimum : < 100 Above Optimum : 100-129 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	77	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN CHOL/HDL RATIO	16.4 2.9	</= 30.0 Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	mg/dL
LDL/HDL RATIO	1.8	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0	

DR. SMITHA PAULSON, MD
(PATH), DPB
(Reg No - TCMC:35960)
LAB DIRECTOR & HEAD-
HISTOPATHOLOGY & CYTOLOGY

DR. HARI SHANKAR, MBBS MD
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Immunology



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PERFORMED AT :

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Patient Ref. No. 66600008306245



PATIENT NAME : MR. JOICY.P.VERGHESE

REF. DOCTOR : DR. MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED

CODE/NAME & ADDRESS : CA00010147 -
MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
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SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

THYROID PANEL, SERUM

T3	119.00	Adult : 80-200	ng/dL
T4	8.58	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	2.210	21-50 yrs : 0.4 - 4.2	µIU/mL

SPECIALISED CHEMISTRY - TUMOR MARKER

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

PROSTATE SPECIFIC ANTIGEN, SERUM

PROSTATE SPECIFIC ANTIGEN	0.927	Age Specific :- <49yrs : <2.5 50-59yrs : <3.5 60-69yrs : <4.5 >70yrs : <6.5	ng/mL
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CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP ABOVE 40(M)2DECHO

PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW
APPEARANCE	CLEAR

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DR.NISHA G,MBBS MD(PATH),
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CHEMICAL EXAMINATION, URINE

PH	7.0	4.8 - 7.4	
SPECIFIC GRAVITY	1.005 Low	1.015 - 1.030	
PROTEIN	NOT DETECTED	NOT DETECTED	
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED	

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	3-5	0-5	/HPF
EPITHELIAL CELLS	2-3	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	
YEAST	NOT DETECTED	NOT DETECTED	

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