NABH NABL No.1

HOSPITAL
Care Par Excellence
Jayanagar, Bangalore

Out Patient Record

Patient Name	**: Mr.ANURAG VERMA**	**UHID**	**: UHJA23021608**
Age / Sex	: 53 Years / Male	OP NO/Reg Dt	: 29-03-2024 09:09 AM
Spouse / Father Name	: .	Department	:
Address	: ., , Bengaluru Urban, Karnataka, INDIA,	Refered By	:
		Consultant	: Dr.Preventive Health Check Up
		KMC No.	:

Complaints / Findings / Observations :

Health screening

Ht - 167cm
Wt - 77.3kg
PR - 66b/m
SPO2 - 98%
BP - ~~66b/m~~ 120/80

Investigations:

(D) - Normal.

Treatment / Care of Plan / Provisional Diagnosis :

- Balanced diet
- TSH - Repeat after a months

Follow Up Advice :

Signature of the Doctor

United Hospital
No.110 (30), Madhavan Park Circle, 10th Main Rd,
3rd Block Jayanagar, Bangalore - 560 011
T: 080 4566 6666
E: appointments@unitedhospital.in
W: www.unitedhospitals.com

Out Patient Record

Patient Name	: Mr.ANURAG VERMA	UHID	: UHJA23021608
Age / Sex	: 53 Years / Male	OP NO/Reg Dt	: 29-03-2024 09:09 AM
Spouse / Father Name	: .	Department	: ENT
Address	: ., , Bengaluru Urban, Karnataka, INDIA,	Refered By	:
		Consultant	: Dr.Preventive Health Check Up
		KMC No.	:

Complaints / Findings / Observations :

Investigations:

Ear,
~~Nose~~,
oral cavity,
oropharynx
} WNL.

Treatment / Care of Plan / Provisional Diagnosis :

Nose → BIL IT ↑↑.
Edematous.

Flonase - Nasal spray
2puff —o—o → 2weeks.
(M/N)

Follow Up Advice :

Signature of the Doctor

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		Consultant	: Dr.Preventive Health Check Up
		KMC No.	:

Complaints / Findings / Observations :

VA (glass) 6/9, 6/9 } N6.

H-Tn-Cy

Investigations:

Ah OU normal

Treatment / Care of Plan / Provisional Diagnosis :

1 month OU (OK ... 15th ...)

Follow Up Advice : RE: − 0.50 DC × 80 6/6

LE: + 0.50 DS / − 1.00 DC × 120 6/6.

(PROGRESSIVE)

BE Add + 2.25 DS / for near N6.

Signature of the Doctor

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W: www.unitedhospitals.com

Name:mr anurag verma
Birth date:
29-Mar-2024 AM11:02:12

x:M kg / mmHg
cm
edication:
ymptoms:
istory:

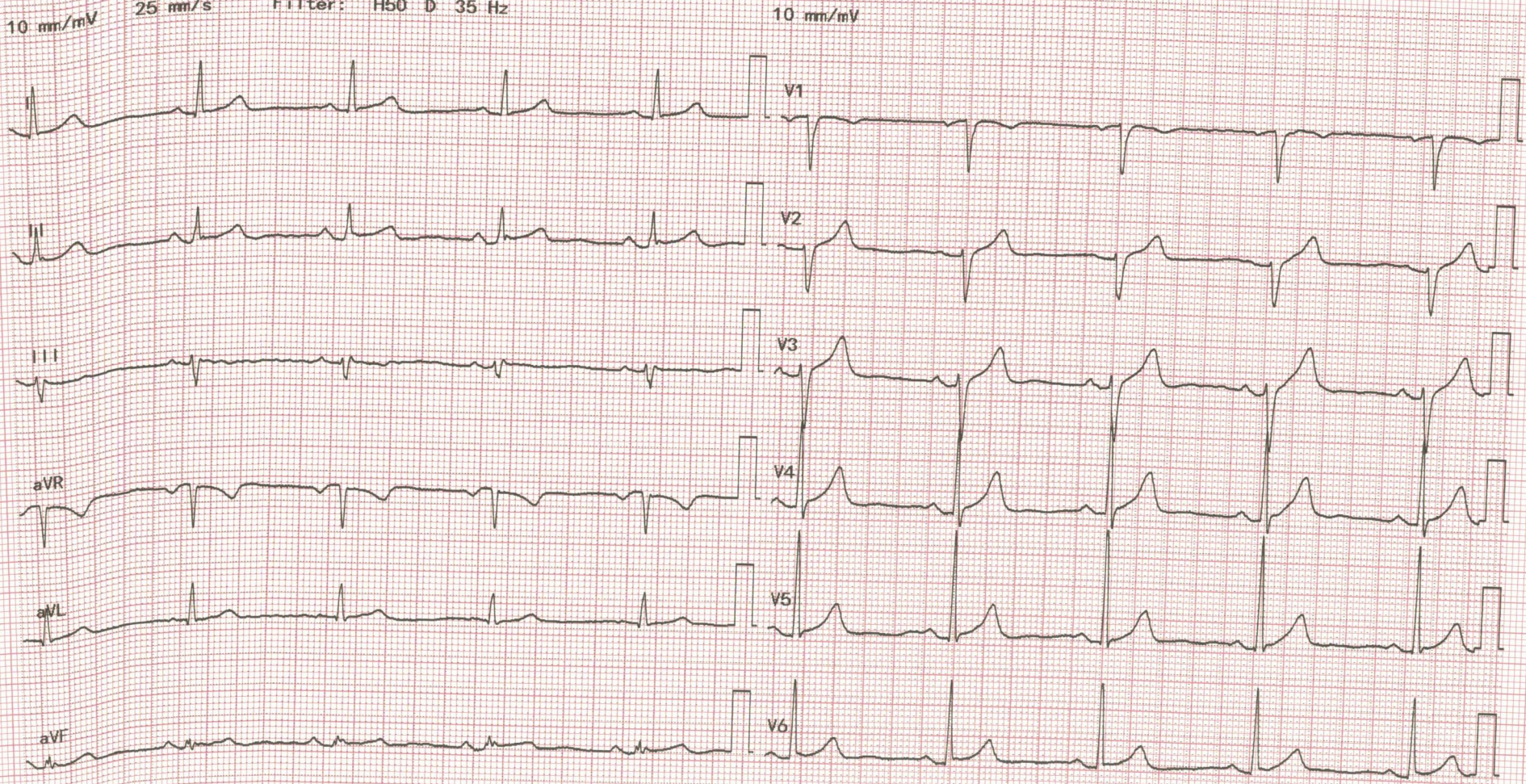
53 years

1100 Sinus rhythm
9110 ** normal ECG **

ent. rate	58	bpm
R int	170	ms
RS dur	84	ms
T/QTc(E) int	388/ 384	ms
/QRS/T axis	62/ 21/ 32	°
V5/SV1 amp	1.92/ 0.88	mV
V5+SV1 amp	2.80	mV

Unconfirmed Report
Reviewed by:

10 mm/mV 25 mm/s Filter: H50 D 35 Hz



2350K 03-08 07-01 Dept.:

Exam:UNITED HOSPITAL

DEPARTMENT OF RADIODIAGNOSIS

Name	Anurag Verma	**Date**	29/03/24
Age	53 years	**Hospital ID**	UHJA23021608
Sex	Male	**Ref.**	Health check

RADIOGRAPH OF THE CHEST (PA – VIEW)

FINDINGS:

Bilateral lung fields are normal.

Bilateral costo-phrenic angles are normal.

Cardia and mediastinal contours are normal.

The bony thorax is grossly normal.

IMPRESSION:

- **No radiographic abnormality.**

Dr. Elluru Santosh Kumar
Consultant Radiologist

DEPARTMENT OF RADIODIAGNOSIS

Name	Anurag Verma	**Date**	29/03/24
Age	53 years	**Hospital ID**	UHJA23021608
Sex	Male	**Ref.**	Healthcheck

ULTRASOUND ABDOMEN AND PELVIS

FINDINGS:

Liver is normal in size and ***shows moderately increased echopattern.*** No intra or extra hepatic biliary duct dilatation. No focal lesions. **Portal vein** is normal in size, course and caliber. **CBD** is not dilated.

Gall bladder is normal without evidence of calculi, wall thickening or pericholecystic fluid.

Pancreas - Visualized part of the pancreatic head and body appears normal in size, contour and echogenicity. Rest of the pancreas is obscured by bowel gas.

Spleen is normal in size, shape, contour and echopattern. No focal lesion.

Right Kidney is normal in size (9.2 x 3.6 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis.
Left Kidney is normal in size (9.4 x 3.8 cms), position, shape and echopattern. Corticomedullary differentiation is maintained. No calculus or hydronephrosis. ***There is a simple cortical cyst measuring 1.5 x 1.0 x 0.9 cms in the upper pole region.***

Retroperitoneum - Visualized aorta appeared normal. No obvious enlarged para-aortic nodes.

Urinary Bladder is distended, normal in contour and wall thickness. No evidence of calculi.

Prostate is normal in echopattern and size, measures ~ 18.7 cc.

No ascites or pleural effusion. Appendix could not be localized. No RIF probe tenderness.

IMPRESSION:

- **Moderate fatty infiltration of liver (Grade II).**
- **Left renal simple cortical cyst. Bosniak 1 - Benign.**

Dr. Elluru Santosh Kumar
Consultant Radiologist

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Care Par Excellence
Jayanagar, Bangalore

Patient name :	Mr.ANURAG VERMA	Date :	29/01/24
Age :	53 years GENDER: MALE	Patient ID :	21608
Ref by :	DR.CMO	OP/IP :	HEALTH CHECK

2D- ECHOCARDIOGRAPHY

M – MODE AND DOPPLER MEASUREMENTS

(c.m)	(c.m)	(cm/sec)		
AO : 2.9 (2.5-3.7)	LVIDD :4.6 (3.5-5.5)	MV EV : 0.6	AV : 0.7	MR : NORMAL
LA : 3.4 (1.9-4.0)	LVIDS : 2.3 (2.4-4.2)	AV : 1.2		AR : NORMAL
RA : 3.5 (<4.4)	IVSD : 0.8 (0.6-1.1)	PV :		PR : NORMAL
RV : 2.6 (<3.5)	IVSS : 1.0 (0.9-1.2)	TV EV : ------	AV : ------	TR : NORMAL
TAPSE: 1.9 (>1.6)	LVPWD : 0.8 (0.6-1.1)	Diastolic Function : GRADE-I LVDD		
	LVPWS : 1.0 (0.9-1.2)			
	EF : 60%			

DESCRIPTIVE FINDINGS

Left Ventricle	: NORMAL
Right Ventricle	: NORMAL
Left Atrium	: NORMAL
Right Atrium	: NORMAL
Wall motion analysis: NO RWMA	
Mitral Valve	: NORMAL
Aortic Valve	:NORMAL
Tricuspid Valve	: NORMAL
Pulmonary Valve	: NORMAL
IAS	: INTACT
IVS	: INTACT
Pericardium	: NORMAL
Other Findings	: IVC NORMAL

IMPRESSION :

NORMAL CHAMBER DIMENSIONS
NORMAL LV SYSTOLIC FUNCTION EF : 60%
GRADE-I LV DIASTOLIC FUNCTION
TRIVIAL MR /TR , PASP-25mmHg
NO REGIONAL WALL MOTION ABNORMALITIES
NO CLOTS/ PERICARDIAL EFFUSION /VEGETATION

DR.RAHUL PATIL
CONSULTANT CARDIOLOGIST

UNITED HOSPITAL
Care Par Excellence

DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. ANURAG VERMA	Order No	: 1000080752
UHID	: UHJA23021608	Registered On	: 29/03/2024 09:09:45 AM
Age/Sex	: 53/Years Male	Collected On	: 29/03/2024 10:08:13 AM
Ward / Bed No	:	Reported On	: 29/03/2024 01:56:58 PM
Reference	: Dr. Preventive Health Check Up	Bill No	: OPBJA230026745
Station	: At Hospital	Mobile No	: 9982982041
Payer Name	: Mediwheel	Report Status	: Final Report

Test Name	Result	Unit	Bio. Ref. Interval
	BIOCHEMISTRY		
FASTING GLUCOSE (Method: Hexokinase)	98	mg/dL	ADA Guidelines < 100 mg/dl - Normal 100 to 125 mg/dl - Prediabetes ≥ 126 mg/dl - Diabetes
POST PRANDIAL GLUCOSE (Method: Hexokinase)	152	mg/dL	70-140
GLYCOSYLATED HAEMOGLOBIN (HBA1C)			Sample: Whole blood (EDTA)
HBAIC (Method: HPLC)	5.6	%	ADA Guidelines < 5.7% - Normal 5.7 to 6.4% - Prediabetes ≥ 6.5% - Diabetes
Estimated Average Glucose (eAG) (Method: Calculated)	114.01	mg/dL	
THYROID PROFILE (TOTAL T3, TOTAL T4 & TSH)			Sample: Serum
TOTAL T3 (Method:CLIA)	0.89	ng/mL	0.87-1.78
TOTAL T4 (Method:CLIA)	9.07	≈g/dL	5.1-14.1
THYROID STIMULATING HORMONE (TSH) (Method:CLIA: Ultra-sensitive) Remarks: Kindly correlate clinically	7.82	ı IU/mL	0.34-5.60
LIPID PROFILE			Sample: Serum
TOTAL CHOLESTEROL (Method:CHOD-POD)	121	mg/dL	ATP III Guidelines < 200 - Desirable 200-239 - Borderline high ≥ 240 - High
TRIGLYCERIDES (Method:Enzymatic GPO-POD)	87	mg/dL	< 150 - Normal 150-199 - Borderline High 200-499 - High ≥ 500 - Very High
HDL CHOLESTEROL (Method:ENZYMATIC METHOD)	31.7	mg/dL	< 40 - Low ≥ 60 - High

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Test Name	Result	Unit	Bio. Ref. Interval
LDL CHOLESTEROL (Method:ENZYMATIC METHOD)	72	mg/dL	<100 - Optimal 100-129 - Near or above optimal 130-159 - Borderline high 160-189 - High ≥190 - Very high
VLDL CHOLESTEROL (Method: Calculated)	17.39	mg/dL	< 30
TOTAL CHOLESTEROL : HDL RATIO (Method: Calculated)	3.8		Low Risk: 3.3 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0
LDL/HDL CHOLESTEROL RATIO (Method: Calculated)	2.2		< 2.5 Optimal
NON HDL CHOLESTEROL (Method: Calculated)	89.3	mg/dL	< 130
URIC ACID (Method:Uricase - POD(Enzymatic))	9.1	mg/dL	3.5-7.2
BUN/CREATININE RATIO			Sample: Serum
BLOOD UREA NITROGEN(BUN) (Method:Urease GLDH - Kinetic)	9	mg/dL	7.93-20.07
CREATININE (Method:Modified Jaffe, Kinetic)	1.19	mg/dL	0.9-1.3
BUN/CRE-RATIO (Method: Calculated)	7.5		12˜20 : 1
LIVER FUNCTION TEST			Sample: Serum
TOTAL BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.77	mg/dL	0.3-1.2
DIRECT BILIRUBIN (Method:Dichlorophenyl Diazotization)	0.19	mg/dL	0.0-0.2
INDIRECT BILIRUBIN (Method: Calculated)	0.59	mg/dL	0.2-1.0
TOTAL PROTEIN (Method:BIURET)	7.1	g/dL	6.6-8.3

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Test Name	Result	Unit	Bio. Ref. Interval
ALBUMIN (Method:BCG)	4.37	g/dL	3.5-5.2
GLOBULIN (Method: Calculated)	2.72	g/dL	2.3-3.5
AG RATIO (Method: Calculated)	1.60		2:1
SERUM SGOT (Method:IFCC without P5P)	40	U/L	< 50
SERUM SGPT (Method:IFCC without P5P)	45	U/L	< 50
ALKALINE PHOSPHATASE, SERUM (Method:PNPP AMP Buffer)	75	U/L	50-116
GGT (Method:IFCC)	20	U/L	< 55
PROSTATE SPECIFIC ANTIGEN (PSA) (Method:CLIA)	2.36	ng/mL	< 4.0

Interpretation Notes

Serum PSA concentrations should not be interpreted as absolute evidence for the presence or absence of malignant disease nor should serum PSA be used alone as a screening test for malignant disease. For diagnostic purposes, the results obtained by immunometric assay should always be used in combination with the clinical examinations, patient medical history and other findings. The concentration of PSA in a given specimen, determined with assays from different manufacturers, may not be comparable due to differences in assay methods, calibration, and reagent specificity.

UREA (Method:Urease GLDH - Kinetic)	19.0	mg/dL	17-43

Dr. Shobha Emmanuel
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CONSULTANT PATHOLOGIST
KMC:66136

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HAEMATOLOGY

COMPLETE BLOOD COUNT(CBC)

Sample: Whole blood (EDTA)

Test Name	Result	Unit	Bio. Ref. Interval
HAEMOGLOBIN (Method:Photometric Measurement: Oxyhemoglobin method)	14.46	g/dL	13.5-17.5
PACKED CELL VOLUME/HEMATOCRIT (PCV/HCT) (Method: Calculated)	43.1	%	42-52
TOTAL WBC COUNT (TLC) (Method:Coulter Principle)	3630	Cells/Cum	4000-11000
DIFFERENTIAL COUNT			
NEUTROPHILS (Method:Optical/Impedance)	59.23	%	40-75
LYMPHOCYTES (Method:Optical/Impedance)	25.29	%	20-45
EOSINOPHILS (Method:Optical/Impedance)	7.12	%	0-6
MONOCYTES (Method:Optical/Impedance)	8.07	%	2-10
BASOPHILS (Method:Optical/Impedance)	0.29	%	0-2
RED BLOOD CORPUSCLES(RBC) (Method:Coulter Principle)	4.72	million/cum	4.5-5.9
MCV (Method:Derived from RBC Histogram)	91.3	fL	78-100
MCH (Method: Calculated)	30.6	pg	27-31
MCHC (Method: Calculated)	33.5	g/dL	31-37
RDW - CV (Method: Calculated)	13.4	%	11.5-14.5
PLATELET COUNT (Method:Electrical Impedance)	2.04	Lakhs/Cum	1.5-4.5

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Test Name	Result	Unit	Bio. Ref. Interval
MEAN PLATELET VOLUME(MPV) (Method:Derived from PLT Histogram)	8.24	fl	9-13
PLATELET DISTRIBUTION WIDTH (PDW) (Method: Calculated)	16.9	fl	9-19
ERYTHROCYTE SEDIMENTATION RATE(ESR) (Method:Modified Westergren Method)	15	mm/hour	1-20

BLOOD GROUPING & RH TYPING — Sample: Whole blood (EDTA)

ABO Group (Method:Agglutination Gel Method)	B		
Rh Factor (Method:Agglutination Gel Method)	Positive		

Interpretation Notes

Note: Both forward and reverse grouping performed

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CLINICAL PATHOLOGY

Sample: Urine

Test Name	Result	Unit	Bio. Ref. Interval
URINE EXAMINATION, ROUTINE			
PHYSICAL EXAMINATION			
VOLUME	20	mL	
COLOUR	Pale Yellow		
APPEARANCE	Clear		
PH	6.0		5.0-8.0
SPECIFIC GRAVITY	1.015		1.005-1.030
CHEMICAL EXAMINATION			
PROTEIN (Method:Protein Error of pH Indicator)	Absent		Absent
GLUCOSE (Method:GOD-POD)	Absent		Absent
KETONE BODIES (Method:Nitroprusside method/ Rothera's test)	Absent		Absent
BILIRUBIN (Method:DIAZO/FOUCHET'S TEST)	Negative		Negative
BILE SALT (Method:Hay's sulfur test)	Absent		Absent
NITRITE (Method:Griess method)	Negative		Negative
UROBILINOGEN (Method:Azo coupling method)	Normal		
LEUKOCYTE ESTERASE (Method:Leukocyte Esterase activity)	Negative		Negative
BLOOD (Method:Peroxidase Reaction)	Negative		Negative
MICROSCOPIC EXAMINATION			

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Test Name	Result	Unit	Bio. Ref. Interval
EPITHELIAL CELLS	0-2	/HPF	0-5
PUS CELLS	2-4	/HPF	0-5
RBCs	Nil	/HPF	0-2
CASTS	Nil	/LPF	
CRYSTALS	Nil		
OTHERS	NA		

Verified By
Swetha B

---End of Report---

Dr. Shobha Emmanuel
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*NABL renewal under process.