

|                 |                   |              |                               |
|-----------------|-------------------|--------------|-------------------------------|
| Patient Name    | : Mr.PUNIT PATHAK | Collected    | : 06/Apr/2024 08:51AM         |
| Age/Gender      | : 39 Y 5 M 29 D/M | Received     | : 06/Apr/2024 02:03PM         |
| UHID/MR No      | : CAUN.0000142149 | Reported     | : 06/Apr/2024 02:50PM         |
| Visit ID        | : CAUNOPV169461   | Status       | : Final Report                |
| Ref Doctor      | : Dr.SELF         | Sponsor Name | : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID | : UBOIE4826       |              |                               |

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

**RBC's are Normocytic Normochromic,**  
**WBC's are normal in number and morphology**  
**Platelets are Adequate**  
**No hemoparasite seen.**



DR.Sanjay Ingle  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:BED240095351

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name                                  | Result  | Unit                    | Bio. Ref. Range | Method                         |
|--|---------|-------------------------|-----------------|--------------------------------|
| <b>HEMOGRAM , WHOLE BLOOD EDTA</b>         |         |                         |                 |                                |
| HAEMOGLOBIN                                | 14.7    | g/dL                    | 13-17           | Spectrophotometer              |
| PCV  | 42.70   | %                       | 40-50           | Electronic pulse & Calculation |
| RBC COUNT                                  | 4.71    | Million/cu.mm           | 4.5-5.5         | Electrical Impedance           |
| MCV  | 90.7    | fL                      | 83-101          | Calculated                     |
| MCH  | 31.3    | pg                      | 27-32           | Calculated                     |
| MCHC                                       | 34.4    | g/dL                    | 31.5-34.5       | Calculated                     |
| R.D.W                                      | 13.4    | %                       | 11.6-14         | Calculated                     |
| TOTAL LEUCOCYTE COUNT (TLC)                | 5,770   | cells/cu.mm             | 4000-10000      | Electrical Impedance           |
| <b>DIFFERENTIAL LEUCOCYTIC COUNT (DLC)</b> |         |                         |                 |                                |
| NEUTROPHILS                                | 52.1    | %                       | 40-80           | Electrical Impedance           |
| LYMPHOCYTES                                | 35.4    | %                       | 20-40           | Electrical Impedance           |
| EOSINOPHILS                                | 4.8     | %                       | 1-6             | Electrical Impedance           |
| MONOCYTES                                  | 6.9     | %                       | 2-10            | Electrical Impedance           |
| BASOPHILS                                  | 0.8     | %                       | <1-2            | Electrical Impedance           |
| <b>ABSOLUTE LEUCOCYTE COUNT</b>            |         |                         |                 |                                |
| NEUTROPHILS                                | 3006.17 | Cells/cu.mm             | 2000-7000       | Calculated                     |
| LYMPHOCYTES                                | 2042.58 | Cells/cu.mm             | 1000-3000       | Calculated                     |
| EOSINOPHILS                                | 276.96  | Cells/cu.mm             | 20-500          | Calculated                     |
| MONOCYTES                                  | 398.13  | Cells/cu.mm             | 200-1000        | Calculated                     |
| BASOPHILS                                  | 46.16   | Cells/cu.mm             | 0-100           | Calculated                     |
| Neutrophil lymphocyte ratio (NLR)          | 1.47    |                         | 0.78- 3.53      | Calculated                     |
| PLATELET COUNT                             | 275000  | cells/cu.mm             | 150000-410000   | Electrical impedance           |
| ERYTHROCYTE SEDIMENTATION RATE (ESR)       | 5       | mm at the end of 1 hour | 0-15            | Modified Westergren            |
| <b>PERIPHERAL SMEAR</b>                    |         |                         |                 |                                |

RBC's are Normocytic Normochromic,  
WBC's are normal in number and morphology



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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

**Platelets are Adequate**  
**No hemoparasite seen.**



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M.B.B.S,M.D(Pathology)  
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SIN No:BED240095351

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| Age/Gender : 39 Y 5 M 29 D/M   | Received : 06/Apr/2024 02:03PM             |
| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 03:01PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

| Test Name   | Result   | Unit | Bio. Ref. Range | Method                      |
|---|----------|------|-----------------|-----------------------------|
| <b>BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA</b> |          |      |                 |                             |
| BLOOD GROUP TYPE  | A        |      |                 | Microplate Hemagglutination |
| Rh TYPE   | Positive |      |                 | Microplate Hemagglutination |



*Sheha Shah*  
  
**Dr Sheha Shah**  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:BED240095351

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



|                                |  |
|--------------------------------|--|
| Patient Name : Mr.PUNIT PATHAK | Collected : 06/Apr/2024 11:38AM            |
| Age/Gender : 39 Y 5 M 29 D/M   | Received : 06/Apr/2024 04:30PM             |
| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 04:50PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
| Ref Doctor : Dr.SELF           | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : UBOIE4826    |  |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name                     | Result | Unit  | Bio. Ref. Range | Method     |
|-------------------------------|--------|-------|-----------------|------------|
| GLUCOSE, FASTING , NAF PLASMA | 86     | mg/dL | 70-100          | HEXOKINASE |

**Comment:**

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL                    | Normal         |
| 100-125 mg/dL                   | Prediabetes    |
| ≥126 mg/dL                      | Diabetes       |
| <70 mg/dL                       | Hypoglycemia   |

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of  $>$  or  $=$  126 mg/dL and/or a random / 2 hr post glucose value of  $>$  or  $=$  200 mg/dL on at least 2 occasions.
- Very high glucose levels ( $>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

| Test Name  | Result | Unit  | Bio. Ref. Range | Method     |
|--|--------|-------|-----------------|------------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR) | 190    | mg/dL | 70-140          | HEXOKINASE |

**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR.Sanjay Ingle  
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Consultant Pathologist

SIN No:PLP1443355

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



|                 |                   |              |                               |
|-----------------|-------------------|--------------|-------------------------------|
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| Age/Gender      | : 39 Y 5 M 29 D/M | Received     | : 06/Apr/2024 02:03PM         |
| UHID/MR No      | : CAUN.0000142149 | Reported     | : 06/Apr/2024 03:45PM         |
| Visit ID        | : CAUNOPV169461   | Status       | : Final Report                |
| Ref Doctor      | : Dr.SELF         | Sponsor Name | : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID | : UBOIE4826       |              |                               |

**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

| Test Name   | Result     | Unit  | Bio. Ref. Range | Method     |
|---|------------|-------|-----------------|------------|
| <b>HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA</b> |            |       |                 |            |
| HBA1C, GLYCATED HEMOGLOBIN                            | <b>6.1</b> | %     |                 | HPLC       |
| ESTIMATED AVERAGE GLUCOSE (eAG)                       | 128        | mg/dL |                 | Calculated |

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

| REFERENCE GROUP        | HBA1C %   |
|------------------------|-----------|
| NON DIABETIC           | <5.7      |
| PREDIABETES            | 5.7 – 6.4 |
| DIABETES               | ≥ 6.5     |
| DIABETICS              |           |
| EXCELLENT CONTROL      | 6 – 7     |
| FAIR TO GOOD CONTROL   | 7 – 8     |
| UNSATISFACTORY CONTROL | 8 – 10    |
| POOR CONTROL           | >10       |

**Note:** Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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MBBS, MD (Pathology)  
Consultant Pathologist

SIN No:EDT240044065

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|                                |  |
|--------------------------------|--|
| Patient Name : Mr.PUNIT PATHAK | Collected : 06/Apr/2024 08:51AM            |
| Age/Gender : 39 Y 5 M 29 D/M   | Received : 06/Apr/2024 04:15PM             |
| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 05:34PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
| Ref Doctor : Dr.SELF           | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : UBOIE4826    |  |

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name                    | Result | Unit  | Bio. Ref. Range | Method                     |
|------------------------------|--------|-------|-----------------|----------------------------|
| <b>LIPID PROFILE , SERUM</b> |        |       |                 |                            |
| TOTAL CHOLESTEROL            | 192    | mg/dL | <200            | CHO-POD                    |
| TRIGLYCERIDES                | 229    | mg/dL | <150            | GPO-POD                    |
| HDL CHOLESTEROL              | 60     | mg/dL | 40-60           | Enzymatic Immunoinhibition |
| NON-HDL CHOLESTEROL          | 132    | mg/dL | <130            | Calculated                 |
| LDL CHOLESTEROL              | 85.87  | mg/dL | <100            | Calculated                 |
| VLDL CHOLESTEROL             | 45.75  | mg/dL | <30             | Calculated                 |
| CHOL / HDL RATIO             | 3.19   |       | 0-4.97          | Calculated                 |
| ATHEROGENIC INDEX (AIP)      | 0.22   |       | <0.11           | Calculated                 |

**Comment:**

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

|                        | Desirable                           | Borderline High | High      | Very High |
|------------------------|-------------------------------------|-----------------|-----------|-----------|
| TOTAL CHOLESTEROL      | < 200                               | 200 - 239       | ≥ 240     |           |
| TRIGLYCERIDES          | <150                                | 150 - 199       | 200 - 499 | ≥ 500     |
| LDL                    | Optimal < 100; Near Optimal 100-129 | 130 - 159       | 160 - 189 | ≥ 190     |
| HDL                    | ≥ 60                                |                 |           |           |
| NON-HDL CHOLESTEROL    | Optimal <130; Above Optimal 130-159 | 160-189         | 190-219   | >220      |
| ATHEROGENIC INDEX(AIP) | <0.11                               | 0.12 - 0.20     | >0.21     |           |

**Note:**

- 1) Measurements in the same patient on different days can show physiological and analytical variations.
- 2) NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.

  
 Dr Sheha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:SE04688800

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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

- 3) Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- 4) Low HDL levels are associated with coronary heart disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- 5) As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- 6) VLDL, LDL Cholesterol Non-HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dl. When Triglycerides are more than 400 mg/dl LDL cholesterol is a direct measurement.
- 7) Triglycerides and HDL-cholesterol in Atherogenic index (AIP) reflect the balance between the atherogenic and protective lipoproteins. Clinical studies have shown that AIP (log (TG/HDL) & values used are in mmol/L) predicts cardiovascular risk and a useful measure of response to treatment (pharmacological intervention).

*Sheha Shah*  
  
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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name                                | Result | Unit  | Bio. Ref. Range | Method             |
|--|--------|-------|-----------------|--------------------|
| <b>LIVER FUNCTION TEST (LFT) , SERUM</b> |        |       |                 |                    |
| BILIRUBIN, TOTAL                         | 0.73   | mg/dL | 0.3-1.2         | DPD                |
| BILIRUBIN CONJUGATED (DIRECT)            | 0.14   | mg/dL | <0.2            | DPD                |
| BILIRUBIN (INDIRECT)                     | 0.59   | mg/dL | 0.0-1.1         | Dual Wavelength    |
| ALANINE AMINOTRANSFERASE (ALT/SGPT)      | 49.96  | U/L   | <50             | IFCC               |
| ASPARTATE AMINOTRANSFERASE (AST/SGOT)    | 38.9   | U/L   | <50             | IFCC               |
| ALKALINE PHOSPHATASE                     | 77.01  | U/L   | 30-120          | IFCC               |
| PROTEIN, TOTAL                           | 6.94   | g/dL  | 6.6-8.3         | Biuret             |
| ALBUMIN                                  | 4.43   | g/dL  | 3.5-5.2         | BROMO CRESOL GREEN |
| GLOBULIN                                 | 2.51   | g/dL  | 2.0-3.5         | Calculated         |
| A/G RATIO                                | 1.76   |       | 0.9-2.0         | Calculated         |

**Comment:**

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:

**1. Hepatocellular Injury:**

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI.
- Disproportionate increase in AST, ALT compared with ALP.
- Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

**2. Cholestatic Pattern:**

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated.
- ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

**3. Synthetic function impairment:**

- Albumin- Liver disease reduces albumin levels.
- Correlation with PT (Prothrombin Time) helps.



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MBBS, MD (Pathology)  
Consultant Pathologist

SIN No:SE04688800

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name   | Result | Unit   | Bio. Ref. Range | Method                   |
|---|--------|--------|-----------------|--------------------------|
| <b>RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM</b> |        |        |                 |                          |
| CREATININE  | 0.71   | mg/dL  | 0.72 – 1.18     | Modified Jaffe, Kinetic  |
| UREA  | 15.62  | mg/dL  | 17-43           | GLDH, Kinetic Assay      |
| BLOOD UREA NITROGEN   | 7.3    | mg/dL  | 8.0 - 23.0      | Calculated               |
| URIC ACID   | 6.50   | mg/dL  | 3.5–7.2         | Uricase PAP              |
| CALCIUM   | 9.05   | mg/dL  | 8.8-10.6        | Arsenazo III             |
| PHOSPHORUS, INORGANIC                                       | 3.03   | mg/dL  | 2.5-4.5         | Phosphomolybdate Complex |
| SODIUM  | 138.53 | mmol/L | 136–146         | ISE (Indirect)           |
| POTASSIUM   | 3.8    | mmol/L | 3.5–5.1         | ISE (Indirect)           |
| CHLORIDE  | 103.46 | mmol/L | 101–109         | ISE (Indirect)           |
| PROTEIN, TOTAL  | 6.94   | g/dL   | 6.6-8.3         | Biuret                   |
| ALBUMIN   | 4.43   | g/dL   | 3.5-5.2         | BROMO CRESOL GREEN       |
| GLOBULIN  | 2.51   | g/dL   | 2.0-3.5         | Calculated               |
| A/G RATIO   | 1.76   |        | 0.9-2.0         | Calculated               |

  
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 MBBS, MD (Pathology)  
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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

| Test Name  | Result | Unit | Bio. Ref. Range | Method |
|--|--------|------|-----------------|--------|
| <b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b> | 46.08  | U/L  | <55             | IFCC   |

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SIN No:SE04688800

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| Patient Name : Mr.PUNIT PATHAK | Collected : 06/Apr/2024 08:51AM            |
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| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 03:19PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

| Test Name  | Result | Unit   | Bio. Ref. Range | Method |
|--|--------|--------|-----------------|--------|
| <b>THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM</b> |        |        |                 |        |
| TRI-iodothyronine (T3, TOTAL)                      | 0.95   | ng/mL  | 0.7-2.04        | CLIA   |
| THYROXINE (T4, TOTAL)                              | 10.36  | µg/dL  | 5.48-14.28      | CLIA   |
| THYROID STIMULATING HORMONE (TSH)                  | 1.886  | µIU/mL | 0.34-5.60       | CLIA   |

Comment:

| For pregnant females | Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association) |
|----------------------|---|
| First trimester      | 0.1 - 2.5   |
| Second trimester     | 0.2 - 3.0   |
| Third trimester      | 0.3 - 3.0   |

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

| TSH   | T3   | T4   | FT4  | Conditions  |
|-------|------|------|------|---|
| High  | Low  | Low  | Low  | Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis                    |
| High  | N    | N    | N    | Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy. |
| N/Low | Low  | Low  | Low  | Secondary and Tertiary Hypothyroidism   |
| Low   | High | High | High | Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy                   |
| Low   | N    | N    | N    | Subclinical Hyperthyroidism   |
| Low   | Low  | Low  | Low  | Central Hypothyroidism, Treatment with Hyperthyroidism  |
| Low   | N    | High | High | Thyroiditis, Interfering Antibodies   |
| N/Low | High | N    | N    | T3 Thyrotoxicosis, Non thyroidal causes   |
| High  | High | High | High | Pituitary Adenoma; TSHoma/Thyrotropinoma  |

*Sheha Shah*  
  
 Dr Sheha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:SPL24064525

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab






|                 |                   |              |                               |
|-----------------|-------------------|--------------|-------------------------------|
| Patient Name    | : Mr.PUNIT PATHAK | Collected    | : 06/Apr/2024 08:51AM         |
| Age/Gender      | : 39 Y 5 M 29 D/M | Received     | : 06/Apr/2024 02:05PM         |
| UHID/MR No      | : CAUN.0000142149 | Reported     | : 06/Apr/2024 03:19PM         |
| Visit ID        | : CAUNOPV169461   | Status       | : Final Report                |
| Ref Doctor      | : Dr.SELF         | Sponsor Name | : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID | : UBOIE4826       |              |                               |

**DEPARTMENT OF IMMUNOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

  
Dr Sneha Shah  
MBBS, MD (Pathology)  
Consultant Pathologist

SIN No:SPL24064525

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Certificate No: MC-5697

|                                |  |
|--------------------------------|--|
| Patient Name : Mr.PUNIT PATHAK | Collected : 06/Apr/2024 08:51AM            |
| Age/Gender : 39 Y 5 M 29 D/M   | Received : 06/Apr/2024 01:48PM             |
| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 02:43PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
| Ref Doctor : Dr.SELF           | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : UBOIE4826    |  |

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

| Test Name  | Result      | Unit | Bio. Ref. Range  | Method                     |
|--|-------------|------|------------------|----------------------------|
| <b>COMPLETE URINE EXAMINATION (CUE) , URINE</b>      |             |      |                  |                            |
| <b>PHYSICAL EXAMINATION</b>                          |             |      |                  |                            |
| COLOUR   | PALE YELLOW |      | PALE YELLOW      | Visual                     |
| TRANSPARENCY   | CLEAR       |      | CLEAR            | Visual                     |
| pH   | 7.5         |      | 5-7.5            | DOUBLE INDICATOR           |
| SP. GRAVITY  | 1.020       |      | 1.002-1.030      | Bromothymol Blue           |
| <b>BIOCHEMICAL EXAMINATION</b>                       |             |      |                  |                            |
| URINE PROTEIN  | NEGATIVE    |      | NEGATIVE         | PROTEIN ERROR OF INDICATOR |
| GLUCOSE  | NEGATIVE    |      | NEGATIVE         | GLUCOSE OXIDASE            |
| URINE BILIRUBIN                                      | NEGATIVE    |      | NEGATIVE         | AZO COUPLING REACTION      |
| URINE KETONES (RANDOM)                               | NEGATIVE    |      | NEGATIVE         | SODIUM NITRO PRUSSIDE      |
| UROBILINOGEN   | NORMAL      |      | NORMAL           | MODIFIED EHRlich REACTION  |
| NITRITE  | NEGATIVE    |      | NEGATIVE         | Diazotization              |
| LEUCOCYTE ESTERASE                                   | NEGATIVE    |      | NEGATIVE         | LEUCOCYTE ESTERASE         |
| <b>CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY</b> |             |      |                  |                            |
| PUS CELLS  | 2 - 3       | /hpf | 0-5              | Microscopy                 |
| EPITHELIAL CELLS                                     | 1 - 2       | /hpf | <10              | MICROSCOPY                 |
| RBC  | NIL         | /hpf | 0-2              | MICROSCOPY                 |
| CASTS  | NIL         |      | 0-2 Hyaline Cast | MICROSCOPY                 |
| CRYSTALS   | ABSENT      |      | ABSENT           | MICROSCOPY                 |

*Sheha Shah*  
  
 Dr Sheha Shah  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:UR2326201

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



|                                |  |
|--------------------------------|--|
| Patient Name : Mr.PUNIT PATHAK | Collected : 06/Apr/2024 08:51AM            |
| Age/Gender : 39 Y 5 M 29 D/M   | Received : 06/Apr/2024 04:35PM             |
| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 05:16PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
| Ref Doctor : Dr.SELF           | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : UBOIE4826    |  |

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

| Test Name                    | Result   | Unit | Bio. Ref. Range | Method   |
|------------------------------|----------|------|-----------------|----------|
| URINE GLUCOSE(POST PRANDIAL) | NEGATIVE |      | NEGATIVE        | Dipstick |



DR.Sanjay Ingle  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

SIN No:UPP017540

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



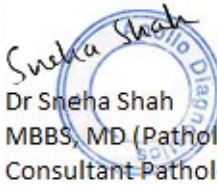
|                                |  |
|--------------------------------|--|
| Patient Name : Mr.PUNIT PATHAK | Collected : 06/Apr/2024 08:51AM            |
| Age/Gender : 39 Y 5 M 29 D/M   | Received : 06/Apr/2024 01:50PM             |
| UHID/MR No : CAUN.0000142149   | Reported : 06/Apr/2024 02:41PM             |
| Visit ID : CAUNOPV169461       | Status : Final Report                      |
| Ref Doctor : Dr.SELF           | Sponsor Name : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID : UBOIE4826    |  |

**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

| Test Name              | Result   | Unit | Bio. Ref. Range | Method   |
|------------------------|----------|------|-----------------|----------|
| URINE GLUCOSE(FASTING) | NEGATIVE |      | NEGATIVE        | Dipstick |

\*\*\* End Of Report \*\*\*

*Sheha Shah*  
  
**Dr Sheha Shah**  
 MBBS, MD (Pathology)  
 Consultant Pathologist

SIN No:UF011609

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab





**CERTIFICATE OF MEDICAL FITNESS**

This is to certify that I have conducted the clinical examination

of Punit Pathak on 06/04/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

|   | Tick |
|---|------|
| <ul style="list-style-type: none"> <li>Medically Fit</li> </ul>   | ✓    |
| <ul style="list-style-type: none"> <li>Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>PPBS 170 HbA1C 6.1</u> } Adv</p> <p>2. <u>PG 229.</u> } <u>to be style changes</u></p> <p>3. <u>Gs. I fatty liver</u> }</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> |      |
| <ul style="list-style-type: none"> <li>Currently Unfit.</li> </ul> <p>Review after _____ recommended</p>  |      |
| <ul style="list-style-type: none"> <li>Unfit</li> </ul>   |      |

Dr. Dr. Vidya Deshpande  
 Medical Officer  
 Apollo Clinic, (Aundh, Pune)

APOLLO CLINIC - AUNDH  
 Dr. VIDYA DESHPANDE  
 MBBS, DGO  
 Family Physician  
 Reg. No. 100965

*This certificate is not meant for medico-legal purposes*

Patient Name : *Punit Pathak*  
 AGE/Sex : *39) M*

Date : *06/04/24*  
 UHID/ MR NO :

|                          | RIGHT EYE          | LEFT EYE               |
|--------------------------|--------------------|------------------------|
| FAR VISION               | <i>-0.50 DS PH</i> | <i>-0.50 X 90 DCPH</i> |
| NEAR VISION              | <i>+1.00 N6</i>    | <i>+1.00 N6</i>        |
| ANTERIOR SEGMENT PUPIL   |                    |                        |
| COLOUR VISION            | <i>MCEN</i>        | <i>MCEN</i>            |
| FAMILY / MEDICAL HISTORY | <i>No</i>          | <i>No</i>              |

Impression: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Optometrist:-

*Mr. Ritesh Sutnase*

**Apollo Health and Lifestyle Limited**

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-49047777, Fax No: 49047744 | Email ID: enquiry@apollohl.com | www.apollohl.com

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

**APOLLO CLINICS NETWORK MAHARASHTRA**

Pune (Aundh) | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie

Online appointments: www.apolloclinic.com | Viman Nagar | Wanowrie

TO BOOK AN APPOINTMENT

**1860 500 7788**

Date : 06-04-2024  
MR NO : CAUN.0000142149  
Name : Mr. PUNIT PATHAK  
Age/ Gender : 39 Y / Male

Department : GENERAL  
Doctor :  
Registration No :  
Qualification :

Consultation Timing: 08:50

170  
76  
130/80  
80  
97  
99

Home for Annual Checkup

o/c hyper

tabs

2 tabs for 10 pylon 800

managed by madaline

Re  
Tab. Omeprazole 20mg

10

gastitis

Galvus MP 10mg

10

2 tabs

Tab. Simethicone  
Tab. Metformin (Colasp)

10

Date : 06-04-2024  
 MR NO : CAUN.0000142149  
 Name : Mr. PUNIT PATHAK  
 Age/ Gender : 39 Y / Male

Department : GENERAL  
 Doctor :  
 Registration No :  
 Qualification :

Consultation Timing: 08:50

|                          |        |
|--------------------------|--------|
| Height                   | 170    |
| Weight                   | 76     |
| BP                       | 130/80 |
| Pulse                    | 80     |
| Waist                    | 97     |
| Hip                      | 99     |
| BMI                      |        |
| Consultation with Report |        |

Come for Annual checkup

e/o. hyperacidity  
 heartburn  
 constipation  
 abd bloating  
 followed by headache

Adh = stool for H. pylori exam<sup>n</sup>

Gastritis ±  
 ? IBS

- Rx
- Tab Omeprazole 20mg (10)
  - Gelsil MPS 10ml 908 (10)
  - Tab Simethicon (10)
  - Tab Meberemine (Colaspa) (10)





Perusahaan Surya / Surya / Surya / Surya

*[Handwritten Signature]*

tanggal cetak: 22.04.2013  
tanggal cetak: 22.04.2013

Perusahaan Surya / Surya / Surya / Surya

Perusahaan Surya / Surya / Surya / Surya  
Perusahaan Surya / Surya / Surya / Surya  
Perusahaan Surya / Surya / Surya / Surya



Perusahaan Surya / Surya / Surya / Surya

## Aundh Apolloclinic

---

**From:** noreply@apolloclinics.info  
**Sent:** Friday, April 5, 2024 11:51 AM  
**To:** punit.pathak@unionbankofindia.bank  
**Cc:** Aundh Apolloclinic; Niraj B; Syamsunder M  
**Subject:** Your appointment is confirmed



Dear PUNIT R PATHAK,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at AUNDH clinic on **2024-04-06 at 08:00-08:15**.

|                |   |
|----------------|---|
| Payment Mode   |   |
| Corporate Name | <b>ARCOFEMI HEALTHCARE LIMITED</b>  |
| Agreement Name | <b>[ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT]</b>  |
| Package Name   | <b>[ARCOFEMI - MEDIWHEEL - FULL BODY PLUS ANNUAL CHECK ADVANCED HC MALE - 2D ECHO - PAN INDIA - FY2324]</b> |

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

PATIENT NAME :-MR.PUNIT PATHAK  
REFERRED BY :- ARCOFEMI  
UHID :-142149

AGE :-39YRS/F  
DATE :- 06.04.2024

## 2D ECHO CARDIOGRAPHY & COLOR DOPPLER REPORT

- Mitral Valve : Normal.
- Aortic Valve : Normal.
- Tricuspid Valve : Normal.
- Pulmonary Valve : Normal.

RWMA: Absent.

RA : Normal  
RV : Normal  
IVS : Intact  
IAS : Intact  
Pericardial effusion : No  
IVC : Normal.

AO – 25 mm, LA – 35 mm, LVIDd – 37 mm, LVISd – 28 mm, IVS –9 mm, PW – 9 mm.

### CONCLUSION:

- Normal size cardiac chambers.
- No RWMA.
- Good LV function LVEF-60%.
- No AR/MR/TR No PAH.
- No e/o clot, thrombus, vegetation or pericardial effusion.

Apollo Clinic, Aundh  
Dr. Satyajeet Suryawanshi  
(Cardiology)  
MBBS, DNB (Cardiology)  
REG. NO. 2005/05/2798

**DR.SATYAJEET SURYAWANSHI**  
(CONSULTANT CARDIOLOGIST)

P/S : Normal echo does not rule out coronary artery disease.

### **Apollo Health and Lifestyle Limited**

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

### **APOLLO CLINICS NETWORK MAHARASHTRA**

Pune (Aundh | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

|                            |                    |                    |                    |
|----------------------------|--------------------|--------------------|--------------------|
| <b>Patient Name</b>        | : Mr. PUNIT PATHAK | <b>Age/Gender</b>  | : 39 Y/M           |
| <b>UHID/MR No.</b>         | : CAUN.0000142149  | <b>OP Visit No</b> | : CAUNOPV169461    |
| <b>Sample Collected on</b> | :                  | <b>Reported on</b> | : 06-04-2024 15:38 |
| <b>LRN#</b>                | : RAD2294549       | <b>Specimen</b>    | :                  |
| <b>Ref Doctor</b>          | : SELF             |                    |                    |
| <b>Emp/Auth/TPA ID</b>     | : UBOIE4826        |                    |                    |

**DEPARTMENT OF RADIOLOGY**

**ULTRASOUND - WHOLE ABDOMEN**

**Liver** appears normal in size and **shows enhanced in echotexture.**

No focal lesion is seen.

PV and CBD are normal.

No dilatation of the intrahepatic biliary radicals.

**Gall bladder** is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of peri-GB collection. No evidence of focal lesion is seen.

**Pancreas** appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

**Spleen** appears normal. No focal lesion seen. Splenic vein appears normal.

**Right Kidney is - 10.7 x 4.6 cm. Left Kidney is - 11.1 x 5.3 cm.**

Both Kidneys are normal in size and echotexture.

The cortico medullary differentiation is maintained bilaterally.

No evidence of calculus / hydronephrosis seen on either side.

**Urinary bladder** is normal. No evidence of filling defect or mass effect. The wall thickness is normal.

**Prostate** is normal in size and echotexture. No evidence of calcification seen.

No obvious free fluid or lymphadenopathy is noted in the abdomen .

**IMPRESSION :**

- **Grade I fatty liver.**
- **No other significant abnormality seen.**

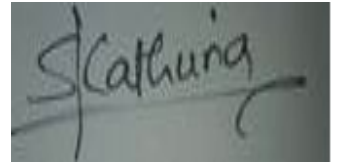
**Patient Name** : Mr. PUNIT PATHAK

**Age/Gender** : 39 Y/M

---

Suggest – clinical correlation.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, not valid for medico legal purpose.



**Dr. SUHAS SANJEEV KATHURIA**  
**MBBS,DMRE, RADIOLOGY**  
Radiology



**Patient Name** : Mr. PUNIT PATHAK

**Age/Gender** : 39 Y/M

**UHID/MR No.** : CAUN.0000142149

**OP Visit No** : CAUNOPV169461

**Sample Collected on** :

**Reported on** : 06-04-2024 14:31

**LRN#** : RAD2294549

**Specimen** :

**Ref Doctor** : SELF

**Emp/Auth/TPA ID** : UBOIE4826

---

**DEPARTMENT OF RADIOLOGY**

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**X-RAY CHEST PA**

No evidence of any focal lesion.

Trachea is central in position.

Costophrenic angles are clear.

Cardio thoracic ratio is normal.

Cardiac silhouette is well maintained.

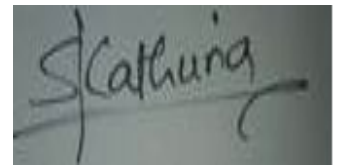
Mediastinal and hilar regions are normal.

Both diaphragmatic domes are well visualized and normal.

Visualized skeleton and soft tissues around thoracic cage appear normal.

**COMMENT:** No significant abnormality seen.

Please correlate clinically.



**Dr. SUHAS SANJEEV KATHURIA**  
**MBBS,DMRE, RADIOLOGY**  
Radiology