



Patient Name : Mr SUNIL KUMAR NAINWAL
 DOB/Age/Gender : 47 Y/Male
 Patient ID / UHID : 7797997/OF7797997
 Referred By : Dr. DR SELF
 Sample Type : Whole blood EDTA
 Sample Collected : Apr 01, 2024, 02:21 PM
 Report Date : Apr 01, 2024, 07:24 PM
 Barcode No : HY389774
 Report Status : Final Report

Test Description	Value(s)	Unit(s)	Reference Range
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HbA1C (Glycosylated Haemoglobin)

Glycosylated Hemoglobin (HbA1c) HPLC	5.3	%	<5.7
Estimated Average Glucose	105.41	mg/dL	Refer Table Below

Interpretation:
 Interpretation For HbA1c% As per American Diabetes Association (ADA)

Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Age < 19 years Goal of therapy: <7.5

Note:
 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.
 2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate

Comments :
 HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)	HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126	12	298
8	183	14	355
10	240	16	413

Sohini Sengupta
 Dr. Sohini Sengupta
 MD (Cl Biochemistry), DNB,
 FNB (Lab Medicine)
 Medical Laboratory Director
 HOD (Biochemistry & Special Assays)



Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg
 Processing Lab :- Redcliffe Lifetech Pvt. Ltd., H-55, Sector-63, Noida, Uttar Pradesh - 201301

Patient Name : Mr SUNIL KUMAR NAINWAL	Sample Collected : Apr 01, 2024, 02:21 PM	 MC-5280
DOB/Age/Gender : 47 Y/Male	Report Date : Apr 01, 2024, 07:44 PM	
Patient ID / UHID : 7797997/OF7797997	Barcode No : ZC204790	
Referred By : Dr. DR SELF	Report Status : Final Report	
Sample Type : Serum		

Test Description	Value(s)	Unit(s)	Reference Range
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Vitamin B12 / Cyanocobalamin

Vitamin - B12 CMIA	164	pg/mL	187 - 883
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Interpretation:

Low Values are a sign of a vitamin B12 deficiency. People with this deficiency are likely to have or develop symptoms. Causes of vitamin B12 deficiency include: Not enough vitamin B12 in diet (rare except with a strict vegetarian diet), Diseases that cause malabsorption (for example, celiac disease and Crohn's disease), Lack of intrinsic factor, Above normal heat production (for example, with hyperthyroidism), Pregnancy. Increased vitamin B12 levels are uncommon. Usually excess vitamin B12 is removed in the urine. Conditions that can increase B12 levels include: Liver disease (such as cirrhosis or hepatitis), Myeloproliferative disorders (for example, polycythemia vera and chronic myelocytic leukemia). Vitamin B12: Low Levels can cause malabsorption, Lack of intrinsic factor, Above normal heat production (for example, with hyperthyroidism), Pregnancy. High Level Liver disease, Myeloproliferative disorders (for example, polycythemia vera and chronic myelocytic leukemia). 1. Out of 140 healthy indian population, 91% of Vitamin B 12 concentrations was at lower level: 59.00 pg/ml and upper level: 700.00 pg/ml

*** End Of Report ***

Sohini Sengupta

Dr. Sohini Sengupta
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FNB (Lab Medicine)
Medical Laboratory Director
HOD (Biochemistry & Special Assays)



Booking Centre :- Malik Radix Healthcare (Delhi), C-218, Nirman Vihar, Vikas Marg
Processing Lab :- Redcliffe Lifetech Pvt. Ltd., H-55, Sector-63, Noida, Uttar Pradesh - 201301

2

47

भारत सरकार
Government of India

सनील कुमार नैनवाल
Sunil Kumar Nainwal
जन्म तिथि / DOB : 24/06/1976
पुरुष / Male

3491 6776 4800

आधार - आम आदमी का अधिकार

[Handwritten signature]

भारतीय विशिष्ट पहचान अधिकरण
Unique Identification Authority of India

पता:
S/O: सत्येश्वर प्रसाद नैनवाल, हाउस
न-150, डोभालवाला मोहला, देहरादून,
देहरादून शमशेरगढ़, देहरादून जी.पी.
देहरादून, उत्तराखंड, 248001

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house no.150, dobbhalwala
mohala, dehradun, Dehradun,
Dehradun G.p, Uttarakhand,
248001

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MALIK RADIX HEALTHCARE PVT LTD
 UNI-EMC-217/218 NIRMAN VIHAR VIKAS MARG
 DELHI 110092

SUNIL KUMAR NAINWAL

ID : 3104

AGE/SEX : 47 Yr/M

HT/WT : /

DATE : 01-04-2024 10:12:48 AM

REF BY : Dr.

MACHINE INTERPRETATION : Normal ECG.

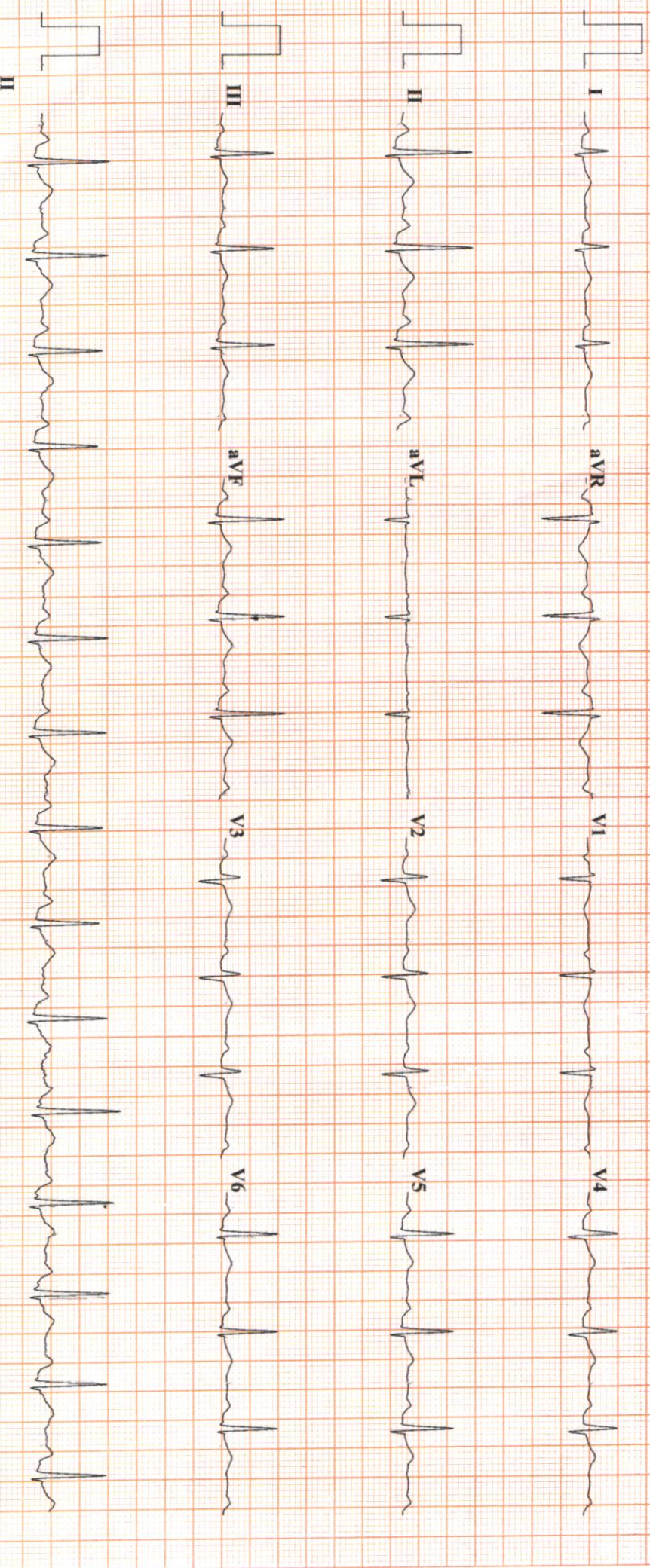
RATE : 91 bpm
 BP : N/A

P Axis : 56 deg.
 QRS Axis : 75 deg.
 T Axis : 61 deg.

P Duration : 112 ms
 PR Duration : 165 ms
 QRS Duration : 76 ms
 QT Interval : 333 ms
 QTc Interval : 383 ms

Speed : 25 mm/s
 Sensitivity : 10 mm/mV

Linked Median



Imp: Normal ECG

Dr.

RADIX MALIK HOSPITAL
RADIX MALIK HOSPITAL
NIRMAN VIHAR DELHI 110092

SUNIL KUMAR NAINWAL

TREADMILL TEST REPORT

ID : 2588
 DATE : 01-04-2024
 AGE/SEX : 47 / M
 HT/WT : 0 / 0
 REF. BY :

PROTOCOL : Bruce
 HISTORY :
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	V1	V5	
SLOPINE					86	120 / 80	103	1.4	-0.3	0.9	
STANDING					88	120 / 80	105	1.4	-0.4	1	
HYPERVENT					90	120 / 80	108	1.4	-0.3	0.9	
Stage 1	2:55	0:11	2.7	10	136	124 / 80	168	1.3	-0.4	1	4.67
Stage 2	5:55	2:55	4	12	150	128 / 80	192	0.4	-0.1	0.2	7.04
PK-EXERCISE	7:2	1:2	5.4	14	156	134 / 80	209	-0.4	0.7	-0.9	8.10
RECOVERY	10:5	2:55			102	134 / 80	136	0.3	-0.1	0.2	
RECOVERY	13:5	5:55			92	132 / 80	121	0.6	-0.2	0.3	

RESULTS

EXERCISE DURATION : 7:2
 MAX HEART RATE : 156 bpm
 MAX BLOOD PRESSURE : 134 / 80 mm Hg
 REASON OF TERMINATION :
 BP RESPONSE :
 ARRHYTHMIA :
 H.R. RESPONSE :
IMPRESSIONS

MAX WORK LOAD : 8.10 METS
 THR Achieved.
 None
 Int is Negative for Provocable Myocardial Ischemia.

[Signature]

Technician :

RADIX MALIK HOSPITAL

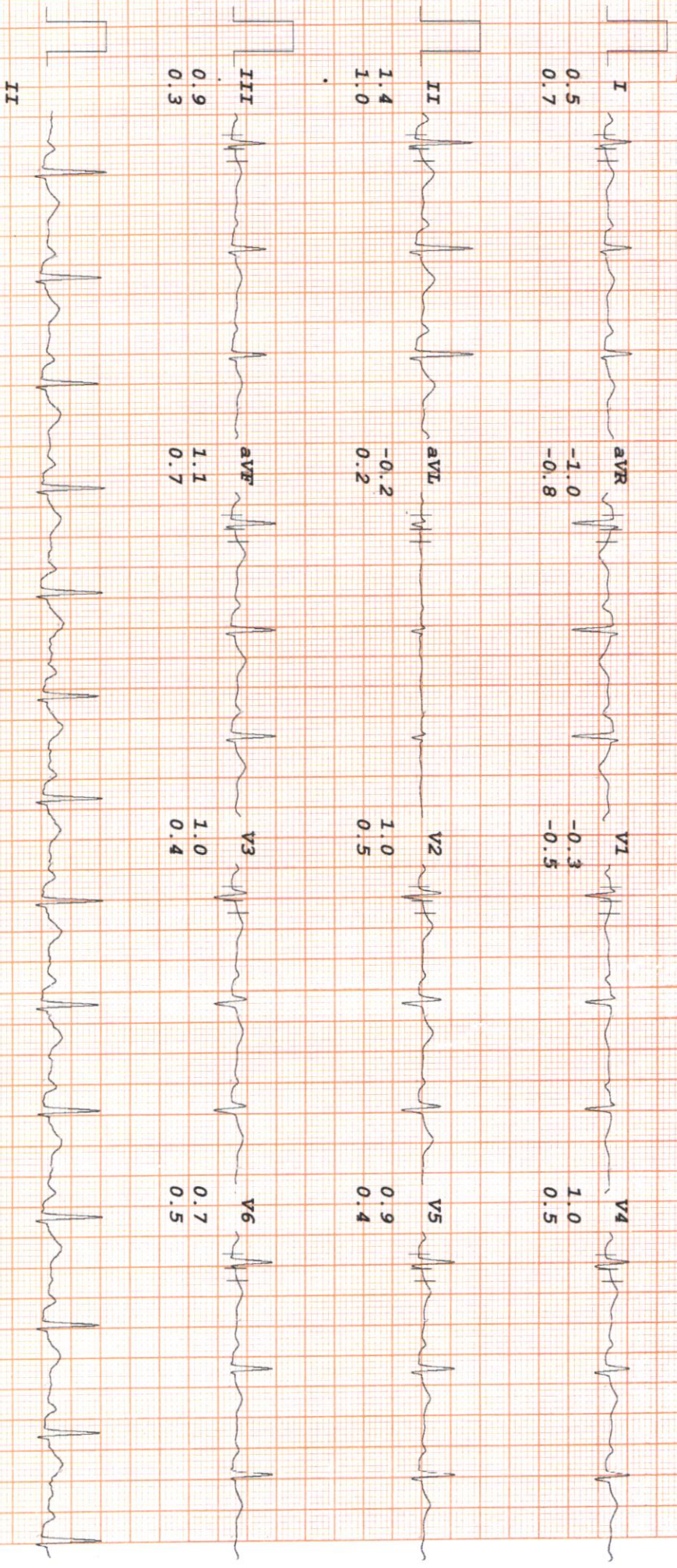
SUNIL KUMAR MAINWAL
I. D. 2588
Age 47/M
Date 01-04-2024

RATE 96bpm
B.P. 120/80

PRETEST
SUPINE

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



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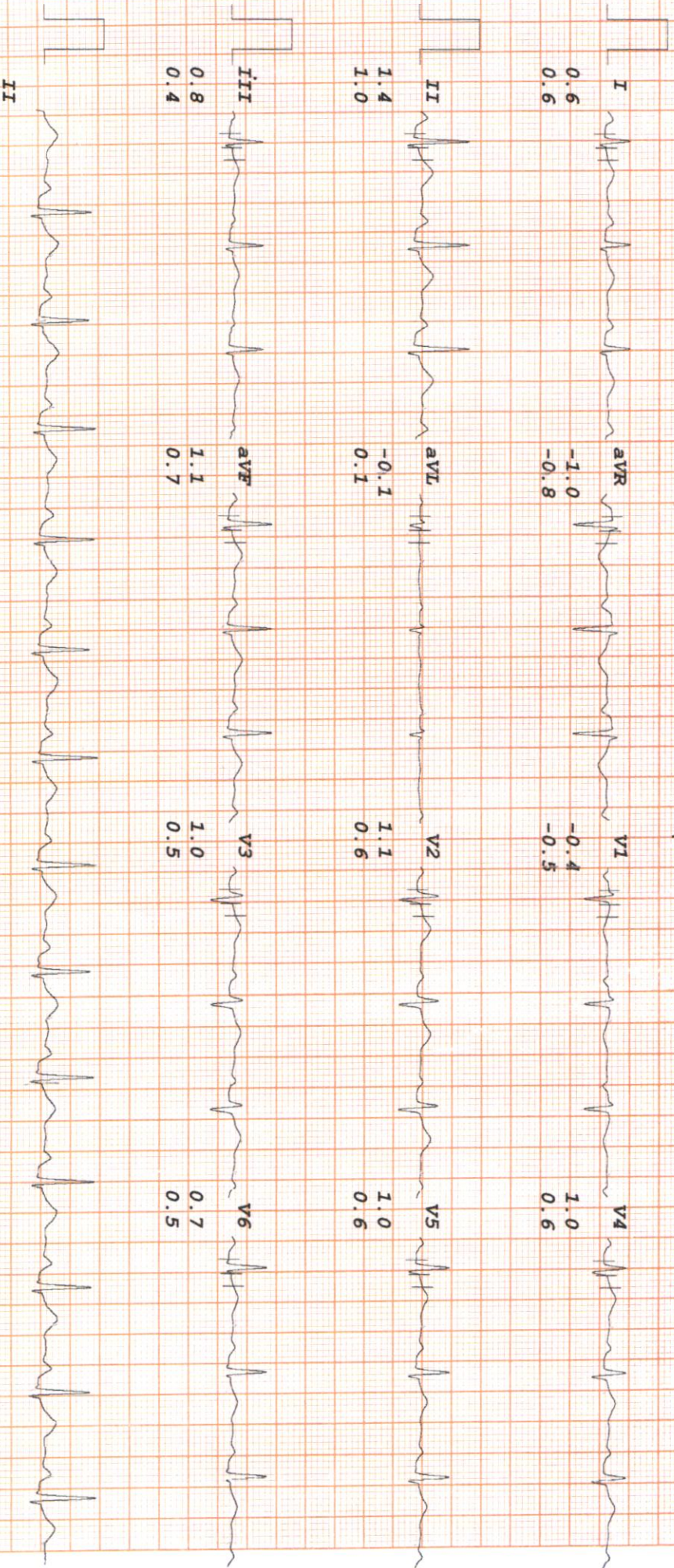
SUNIL KUMAR NAINMAL
I.D. 2588
Age 47/M
Date 01-04-2024

RATE 88bpm
B.P. 120/80

PRETEST
STANDING

ST @ 10mm/mV
80ms PostJ

LINKED MEDIAN



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SUNIL KUMAR MAINMAL
I.D. 2588

RATE 90bpm
B.P. 120/80

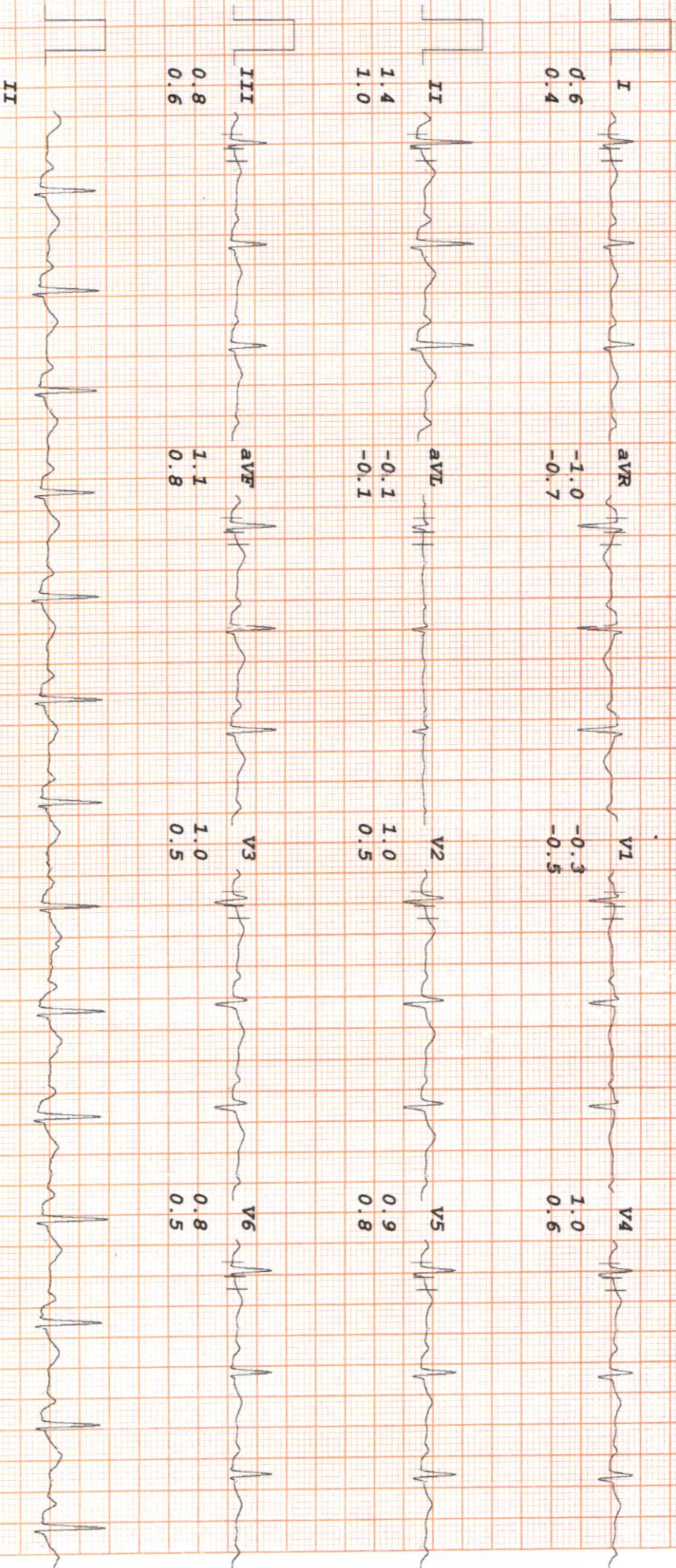
PRETEST
HYPERVENT

ST @ 10mm/mV
80ms Post J

Age 47/M
Date 01-04-2024

PHASE TIME 0:11

LINKED MEDIAN



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SUNIL KUMAR NAINWAL

I.D. 2588

Age 47/M
Date 01-04-2024

HRATE 136bpm

R.P. 124/80

Bruce

Stage 1

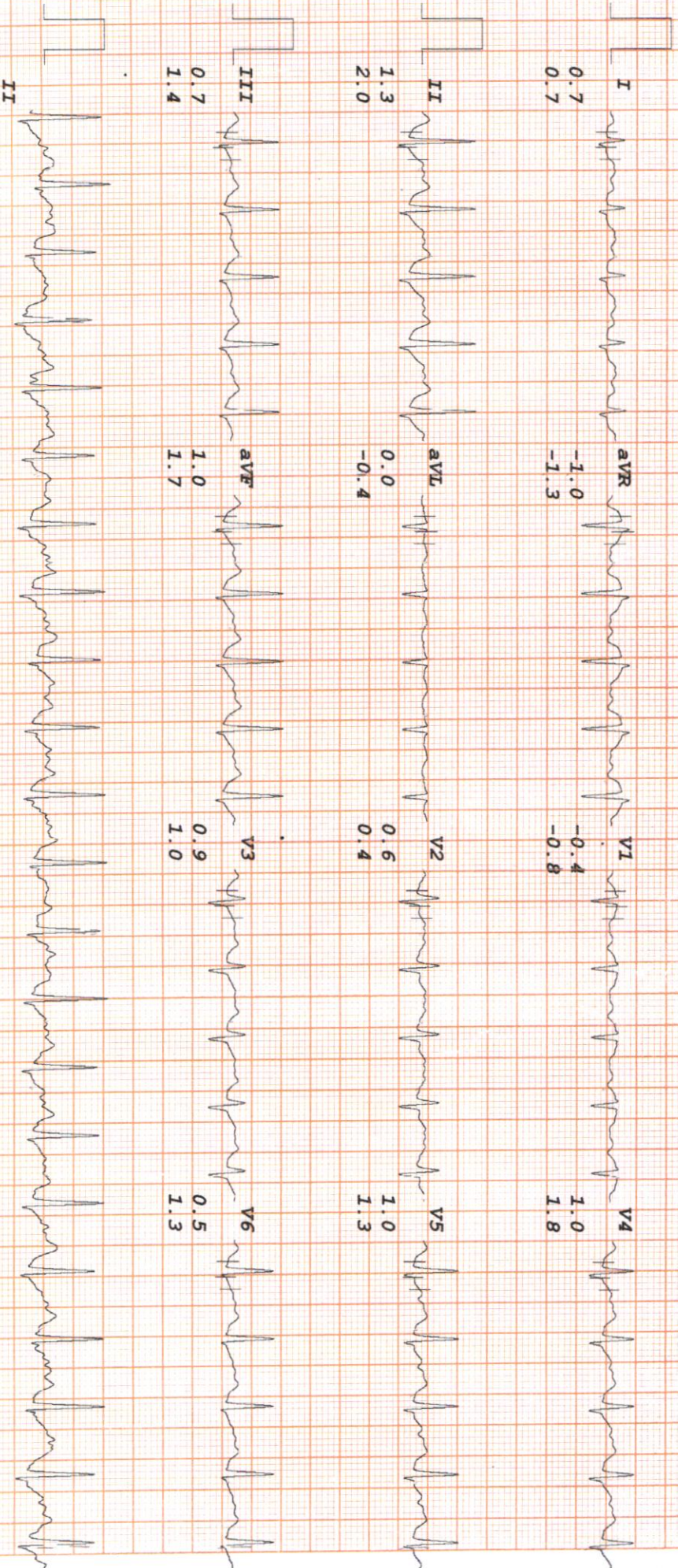
TOTAL TIME 2:55
PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

Speed 2.7 km/hr
SLOPE 10 g

LINKED MEDIAN



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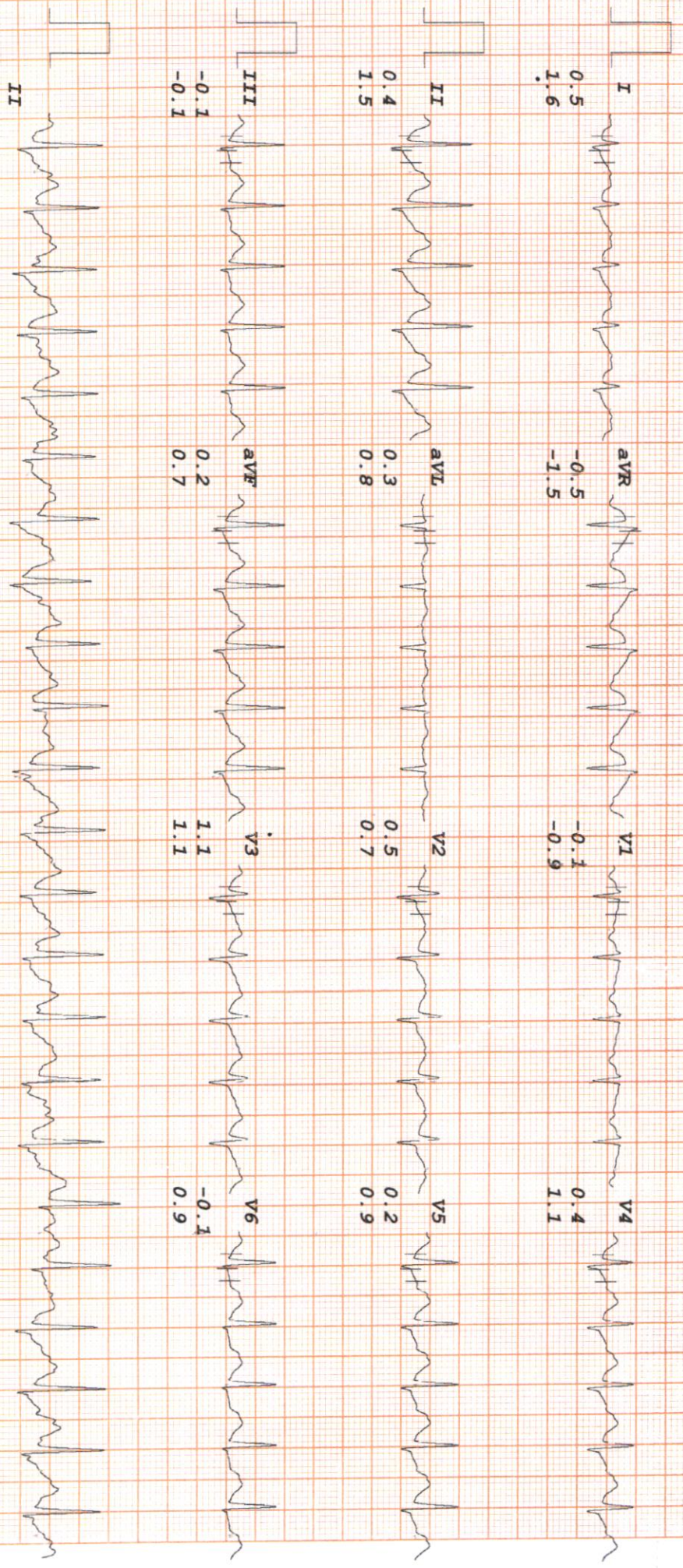
SUNIL KUMAR NAINWAL
 I.D. 2588
 Age 47/M
 Date 01-04-2024

RATE 150bpm
 H.P. 128/80

Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mv
 80ms Post J
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN



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SUNIL KUMAR NAINWAL

I. D. 2588

RATE 156bpm

Bruce

PK-EXERCISE

ST @ 10mm/mV

80ms PostJ

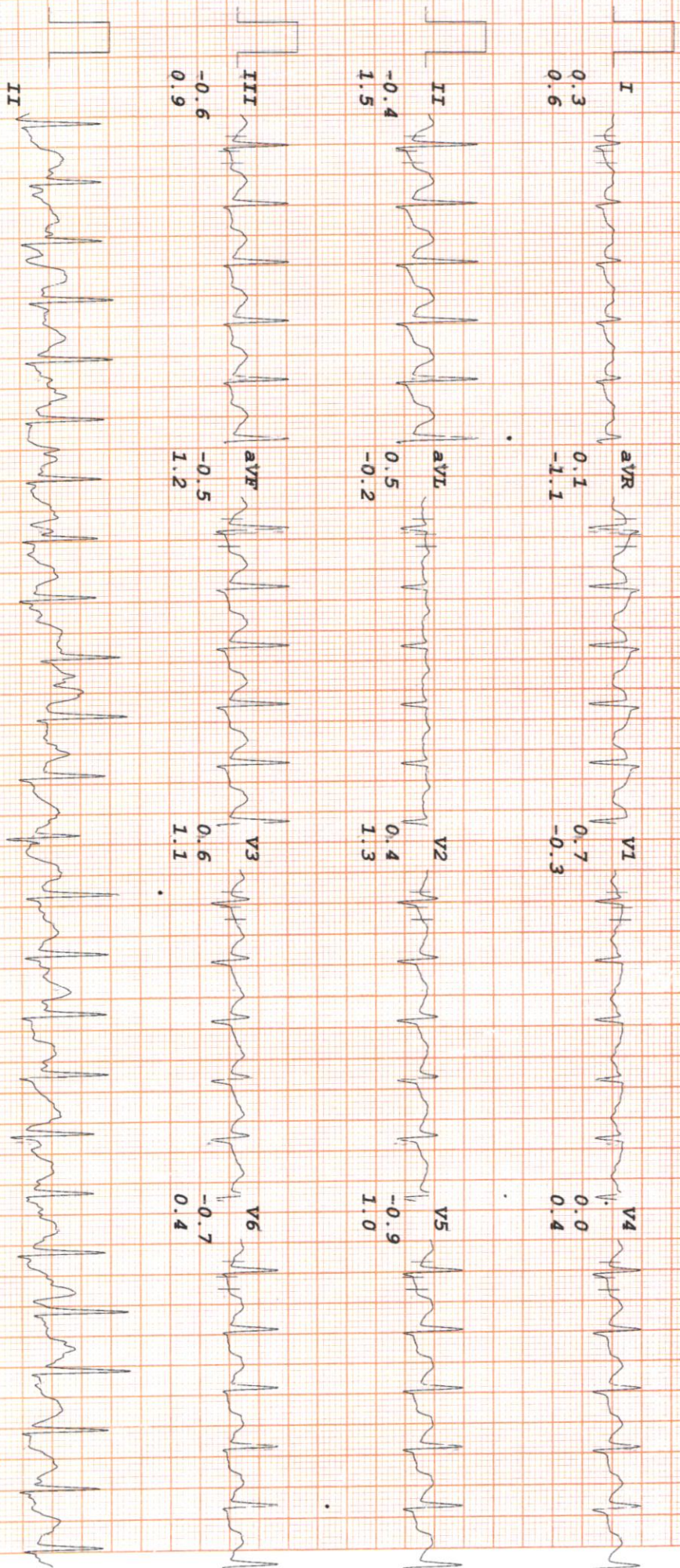
Age 47/M
Date 01-04-2024

B.P. 134/80

TOTAL TIME 7:02
PHASE TIME 1:02

Speed 5.4 km/hr
SLOPE 14 %

LINKED MEDIAN



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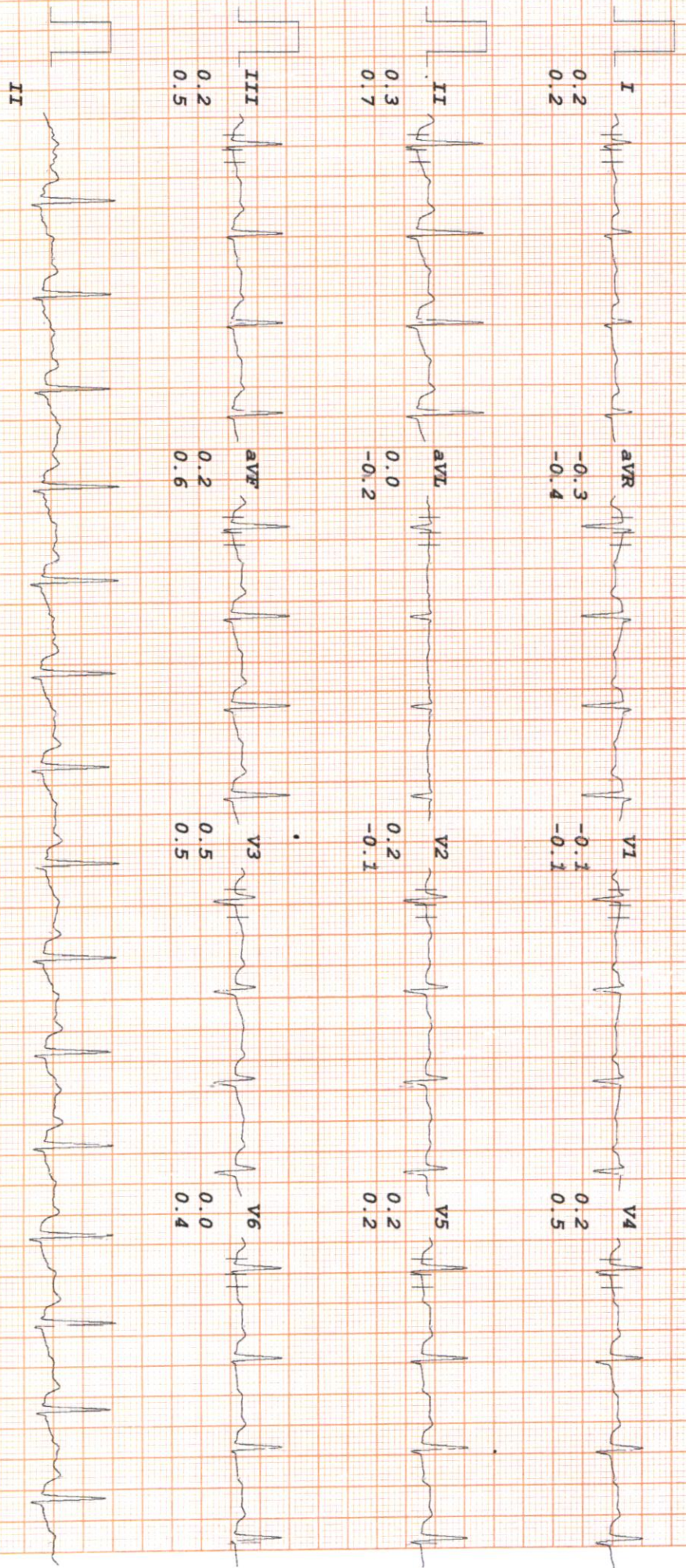
SUNIL KUMAR NAINWAL
I. D. 2588
Age 47/M
Date 01-04-2024

RATE 102bpm
B.P. 134/80

Bruce
RECOVERY
TOTAL TIME 10:05
PHASE TIME 2:55

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN



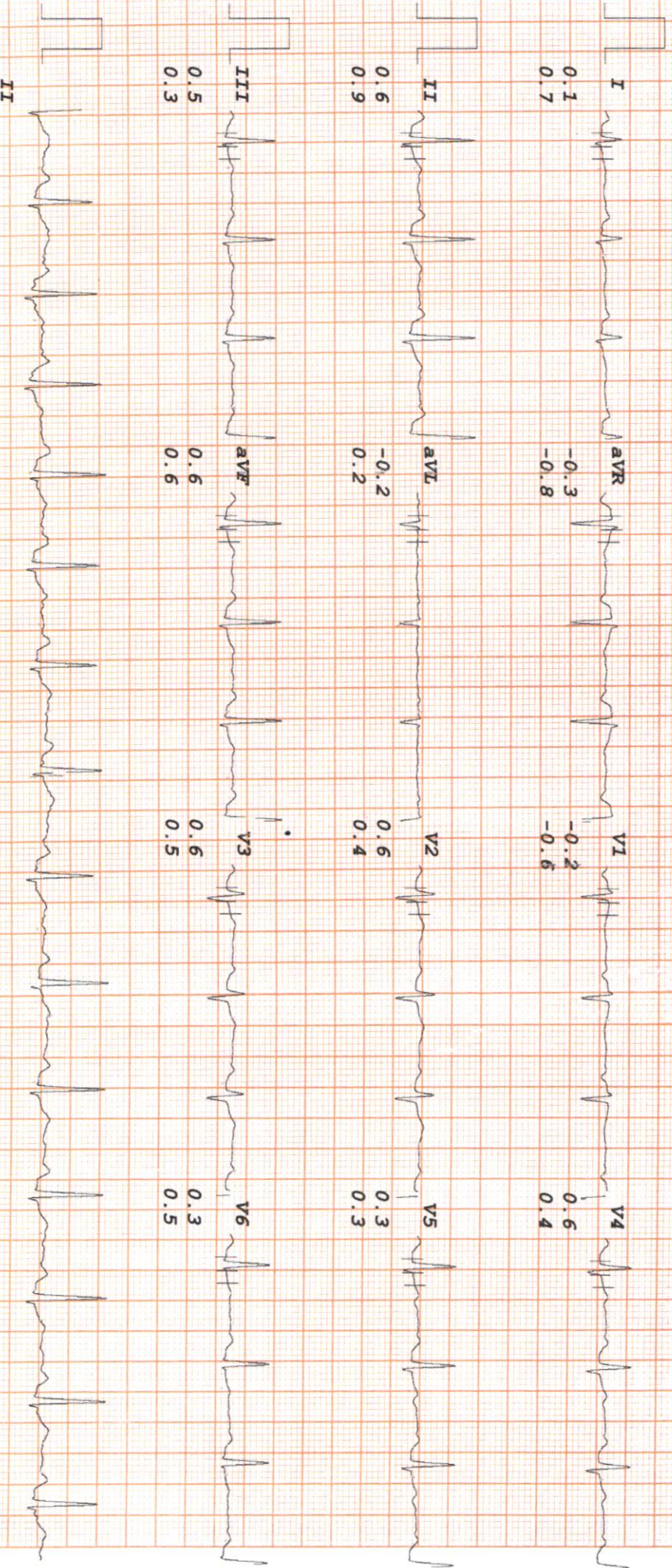
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SUNIL KUMAR NAINWAL
I. D. 2588
Age 47/M
Date 01-04-2024

BRUCE
RECOVERY
TOTAL TIME 13:05
PHASE TIME 5:55

ST @ 10mm/mV
80ms Post J

LINKED MEDIAN



RADIX
HEALTH
care



Malik Radix Healthcare

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Whatsapp No. - 9811550650
E-mail: info@radixhealthcare.org
Website: www.radixhealthcare.org



Name- Sunil Kumar Nainwal
Age - 47Y/M

Ent

01/04/24

no ENT compl

O/E : Ears - (a)
Hears (a)
Nose/Throat - (a)

Sunil
1/4/2024

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
- Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery - ECHO - Plastic Surgery



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Dr Tarun Mittal (BDS, MDS)
Dr Geetika Sharma (BDS)
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Dr Mohit Sharma (MBBS, MD)

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Dr Kirti Dwivedi

Dr Ravi Kumar

NUTRITIONIST

Dr Deepika Kohli

Dr Sakshi Rana

CLINICAL PSYCHOLOGIST

Dr. Sarika Singh

Dr. Shruti Malik

BDS, MDS (Endodontics)

(+91-9899561092)

Name : Seemil An Mainwal

Age/Sex : 47y / M

Date : 1/4/24

Timings : 10:00 am. to 2:00 pm.
6:00 pm. to 8:30 pm.

For Appointment

011-45152510
+91-9999254639

CLINICAL EXAMINATION:-

1. TMJ:-

routine checkup

2. DENTAL STATUS:

a. Caries Teeth :

0/E

Calculus +

b. Fracture Teeth :

Stains +

c. Root Stumps :

d. Gingivitis :

e. Periodontitis :

f. Impacted Teeth :

- Gen. Attention + Int-

g. Malaligned Teeth :

- Ant. deep bite + Int-

3. ORAL LESIONS:-

- Carious

5

4. DIAGNOSIS:-

- Missing

3
6

5. TREATMENT PLANNING:

6. FOLLOW UP:-

Adv' - P-Kit

Referral To Other Consultant: Yes/ No

If Yes, please mention the Name:

Doctor's Signature Greetha

Facilities Available :

* MULTI-SPECIALITY HOSPITAL * MODULAR FULLY EQUIPPED OT * NURSERY * LAPROSCOPIC SURGERY
* 24X7 EMERGENCY * OPG * DENTAL * 24X7 DIAGNOSTICS * LABOUR ROOM * ECHO * EEG * DIGITAL X-RAY * CT SCAN
* ECG * ULTRASOUND * RICU/ICU * ALL SPECIALITY OPD * PLASTIC & COSMETIC SURGERY * DIALYSIS * PHARMACY



Reg. Date	01/04/2024	Patient Id	2404010002	DOB.
Name	MR. SUNIL KUMAR NAINWAL	Perm. ID		
Age	47 Yrs.	Gender	M	Reported
Ref. By	MEDIWHEEL	Panel	MEDIWHEEL	01/04/2024 17:55:52

Test Name	Result	Units	Ref. Range
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Full Body Plus Annual Check Advanced Mal

HAEMATOLOGY

COMPLETE HAEMOGRAM

HAEMOGLOBIN (HB%)	13.6	gm/dl	13 - 18
TOTAL LEUCOCYTE COUNT (TLC)	6,500	/cumm	4000 - 11000

DIFFERENTIAL LEUCOCYTE COUNT (DLC)

NEUTROPHIL	51	%	40 - 80
LYMPHOCYTE	40	%	28 - 55
MONOCYTE	05	%	02 - 10
EOSINOPHIL	04	%	01 - 06
BASOPHIL	00	%	0 - 0

ESR (WESTEGREN'S METHOD)	11	mm/1st hr.	0 - 10
R B C COUNT	4.65	Millions/cmm	4.247 - 5.4
P.C.V / HAEMATOCRIT	41.3	%	40 - 54
M C V	88.8	fl.	80 - 100
M C H	29.2	Picogram	27.0 - 31.0
M C H C	32.9	gm/dl	33 - 37
PLATELET COUNT	2.64	Lakh/cu mm	1.50 - 4.50
BLOOD GROUP ABO	" B "		
RH TYPING	Negative		
BLOOD SUGAR FASTING	101.2	mg/dl	70 - 100
BLOOD SUGAR PP	108.6	mg/dl	90 - 140

THYROID PROFILE

Free T3 ELFA	2.13	ng/ml	02 - 04
Free T4 ELFA	1.80	ug/dl	0.8 - 2.7

Checked by : _____
Page 1 Contd...2

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
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ECHO - Plastic Surgery



Reg. Date	01/04/2024	Patient Id	2404010002	DOB.	
Name	MR. SUNIL KUMAR NAINWAL	Perm. ID		Reported	01/04/2024 17:55:52
Age	47 Yrs.	Gender	M		
Ref. By	MEDIWHEEL	Panel	MEDIWHEEL		

Test Name	Result	Units	Ref. Range
TSH Serum/ELFA	3.330	uIU/ml	0.25 - 5.50 uIU/ml

Interpretation

Clinical Use

- Diagnose Hypothyroidism and Hyperthyroidism
- Monitor T4 replacement or T4 suppressive Therapy
- Quantify TSH levels in the subnormal range

Increased Levels : Primary Hypothyroidism Subclinical Hypothyroidism, TSH dependent, Thyroid Hormone Resistance.

Decreased Levels : Grave's Disease, Autonomous Thyroid Hormone Secretion, TSH Deficiency

LIPID PROFILE

TOTAL CHOLESTEROL	252.30	mg/dL	130.0 - 200.0 (<200)
TRIGLYCERIDES	165.00	mg/dL	80.5 - 150.0 (<150)
H D L CHOLESTEROL DIRECT	45.99	mg/dL	35.0 - 60.0 (<40->59)
V L D L	33.0	mg/dL	4.0 - 30. (23-45)
L D L CHOLESTEROL	173.3	mg/dL	50.0 - 150.0 (50-150)
TOTAL CHOLESTEROL / HDL RATIO	5.5		3.3 - 5.1
LDL / HDL CHOLESTEROL RATIO	3.8		1.5 - 3.5

LIVER FUNCTION TEST (LFT)

BILIRUBIN TOTAL	0.95	mg/dl	0.2 - 1.2
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Checked by : _____
Page 2 Contd...3

Facilities Available

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ECHO - Plastic Surgery



LAB REPORT

Reg. Date	01/04/2024	Patient Id	2404010002	DOB.	
Name	MR. SUNIL KUMAR NAINWAL	Gender	M	Perm. ID	
Age	47 Yrs.	Panel	MEDIWHEEL	Reported	01/04/2024 17:55:52
Ref. By	MEDIWHEEL				

Test Name	Result	Units	Ref. Range
CONJUGATED (D. BILIRUBIN)	0.11	mg/dl	0.00 - 0.3
UNCONJUGATED (I.D.BILIRUBIN)	0.84	mg/dl	0.2 - 0.9
SGOT / AST	42.80	IU/L	0 - 35
SGPT / ALT	34.3	IU/L	0 - 35
ALKALINE PHOSPHATASE	109.70	U/L	64 - 306
TOTAL PROTEIN	7.22	gm/dl	6.0 - 8.3
ALBUMIN	4.51	gm/dl	3.2 - 5.0
GLOBULIN	2.71	gm/dl	2.5 - 5.6
A/G RATIO	1.66		0.9 - 2.0
GAMMA GT	26.50	IU/L	0.0 - 45.0
SERUM CREATININE	0.80	mg/dl	0.7 - 1.4
SERUM URIC ACID	6.74	mg/dl	3.4 - 7.0
BLOOD UREA NITROGEN (BUN)	9.27	mg/dl	6.0 - 21.0
BUN/CREAT RATIO	11.5	mg/dl	10 - 20
TOTAL PSA Chemiluminescence	0.98	ng/ml	

INTERPRETATION :

Expected Values :

99%	:	of Healthy males	0.0-4.0 ng/ml
80%	:	of Benign prostatic hypertrophy	0.0-4.0 ng/ml
81%	:	of Prostatic Carcinomas	Above 4.0 ng/ml

PSA is reliable tumour marker for already diagnosed prostatic carcinomas. It is uniquely associated only with prostatic tissue, and therefore is specific for it. Baseline levels measured prior to therapeutic intervention and followed later by serial periodical measurements will predict the outcome of therapy. It also helps in early discovery of recurrences, relapses and metastases.

Urine Routine Examination

Checked by : _____
Page 3 Contd...4

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

- Multispecialty Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
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LAB REPORT

Reg. Date	01/04/2024	Patient Id	2404010002	DOB.
Name	MR. SUNIL KUMAR NAINWAL	Gender	M	Perm. ID
Age	47 Yrs.	Panel	MEDIWHEEL	Reported
Ref. By	MEDIWHEEL			01/04/2024 17:55:52

Test Name	Result	Units	Ref. Range
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PHYSICAL EXAMINATION

QUANTITY	50	ml.	
COLOUR	STROW		Pale Yellow
TRANSPARENCY	Clear		
SPECIFIC GRAVITY	1.010		
PH	6.0		

CHEMICAL EXAMINATION

ALBUMIN	Nil
SUGAR	Nil

MICROSCOPIC EXAMINATION

PUS CELLS	1-2	/HPF
RBC'S	Nil	/HPF
CASTS	Nil	
CRYSTALS	NIL	
EPITHELIAL CELLS	1-2	/HPF
BACTERIA	Nil	
OTHERS	Nil	

DR. REEVA DAHIYA

M.B.B.S, MD (Path.)

Checked by :

Page 4 of 4

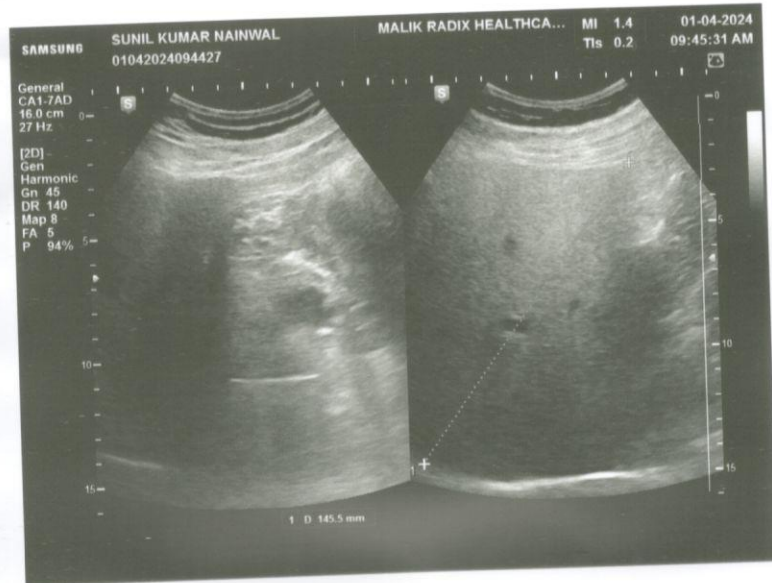
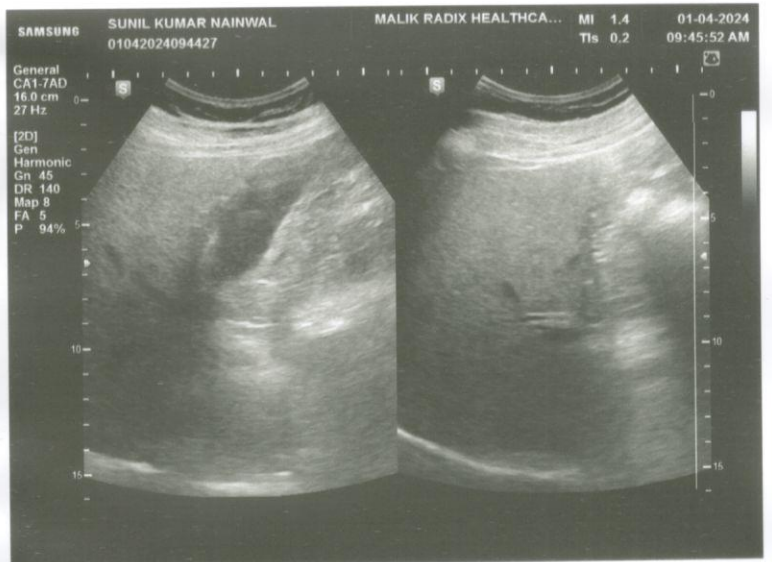
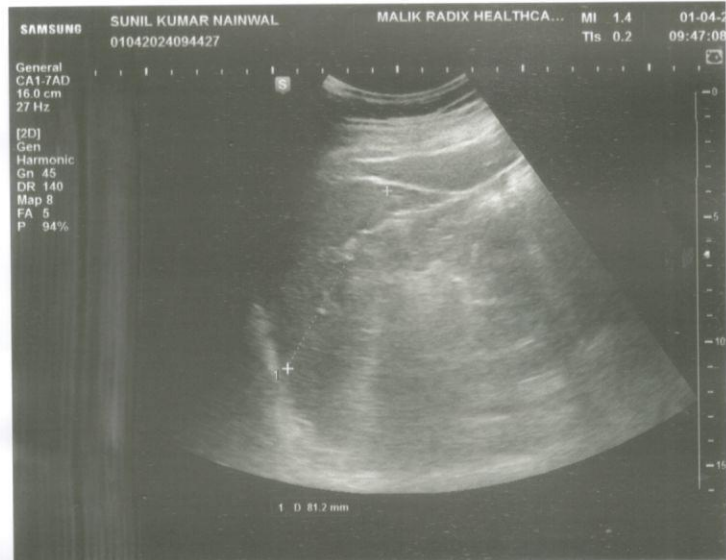
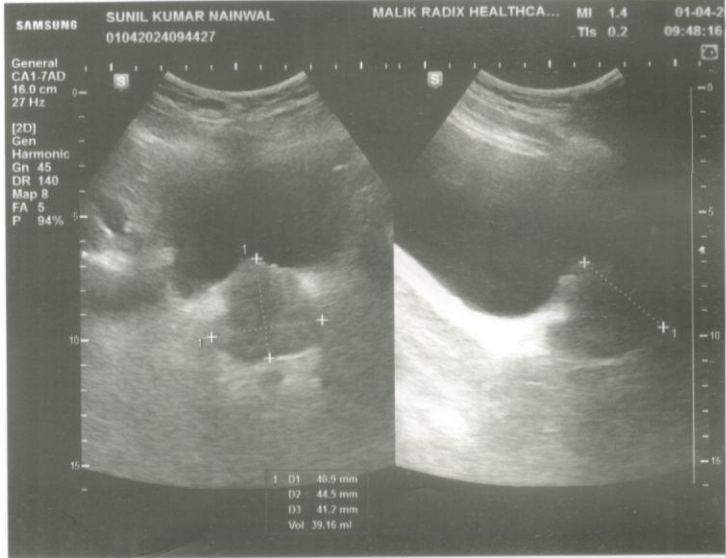
DR. MEENU AGGARWAL

M.B.B.S, MD (Path.)

If test results are alarming or unexpected, patient is advised to contact the laboratory immediately for possible remedial action.

Facilities Available

- Multispeciality Hospital - 24 Hours Emergency - X-Ray/ ECG/ Ultrasound/ CT Scan - Dental- Fully Equipped Operation Theatre
 - Fully Functional Lab - 24/7 Casualty/ ICU-Nursery 24/7 Pharmacy - Labour Room - All Speciality OPD - Laproscopic Surgery -
 ECHO - Plastic Surgery





NAME	MR. SUNIL KUMAR NAINWAL	AGE	47 YRS/M
REFD. BY.	HEALTH CHECK UP	DATE	01.04.24

Ultrasound Examination of Whole Abdomen & Pelvis:

Liver: Liver appears normal in size (14.5 cm) with normal outlines and shows increased parenchymal echotexture. No focal SOL is seen in liver. IHBR & portal radicles are normal.

Gallbladder: Gallbladder is well distended. No evidence of cholecystitis or cholelithiasis seen. Common bile duct is normal in course & caliber.

Pancreas: Pancreas shows normal size, outlines & echotexture. No focal lesion is seen. MPD is not dilated.

Spleen: Spleen shows normal size (8.1 cm), outline & echotexture.

Kidneys: Kidneys show normal size, shape, position & echotexture. No calculus/ hydronephrosis or SOL is seen in kidneys. Cortico- medullary differentiation and cortical thickness is normal on both sides.

Right kidney measures –10.5 x 4.8cm

Left kidney measures –10.0 X 4.9 cm

Great abdominal vessels are normal.

No ascites seen.

No para-aortic lymph nodes seen.

Urinary bladder Urinary bladder is well distended. Walls and lumen appear normal.

Prostate is enlarged in size (39 cc) with normal outline and echotexture. No focal lesion is seen.

IMPRESSION:

Grade II Fatty Liver

Grade I Prostatomegaly

Dr Shreyash Tiwary MD (Rad- diag)

Regn. No. DMC 85802

RADIOLOGIST :

Facilities Available

R

SUNIL KUMAR NAIMWA 177M 11/09/19 CHESTFA 01/01/2021 09 13 AM

POSTAL BANK OF INDIA



UHID	PT209939	LAB No.	XRY2311364
Name	Mr. SUNIL KUMAR NAINWAL	Regn. No.	GEN2400015
Age / Sex	47 Yrs / M	Receiving Dt/Time	01-Apr-2024 09:59
		Reporting Dt/Time	01-Apr-2024 09:40 AM



XRAY

CHEST (PA)

Both lung fields are normal.

Cp angles are clear.

Hila are normal...

Heart size appears within normal limits.

Soft tissue shadows and bony thorax are normal.

Advised....please correlate clinically.

***** END OF REPORT *****


DR. K.K. SINHA
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Reg. No. 15437 (DMC)

DR. RAJESH MALHOTRA
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Reg.No.DMC85802

Facilities Available