

Name : Mrs. MITHU MAZUMDER (47 /F)

Date : 27/03/2024

Address : ARUNAVA SARANI KALITALA NORTH GHOSHPARA BALLY HOWRAH, HOWRAH,  
HOWRAH, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002321007

Package : MEDIWHEEL - ANNUAL STARTER FEMALE HCK

AHC No : AMHLAH201489



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Hypertension, Heart disease, Stroke, Asthma  
Diabetes mellitus - type 2; Since - 8 yrs; Medication - regular  
Dyslipidaemia Since - 8 yrs; Medication - regular  
Thyroid disease - hypothyroidism; Since - 2008; Medication - stopped with medical advice  
Anxiety Since - 8 yrs, on medication  
Others - H/O Migraine



## DRUG ALLERGY

NO KNOWN ALLERGY :27/03/2024



## SYSTEMIC REVIEW

### Cardiovascular system

Breathing difficulty - yes; Exacerbated by - moderate exertion

### Respiratory system

Dyspnoea - yes; Dyspnoea exacerbated by - moderate exertion

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - not regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - 5/2/2024; Periods - irregular;  
No of Children - 2; No of deliveries - 2; Deliveries - LSCS

### Eyes

Vision - normal with glasses

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



### Present medications

- names not known



### Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - Yes

Hospitalization for Covid 19 - No



### Surgical history

Caesarian section - 2000 and 2008



### Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



### Family history

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Father	- has expired	Ophthalmology findings	- PGVA:RE:6/6p LE:6/6
Mother	- alive		NVA:RE:N8p LE:N8p
Brothers	- 2		OCULAR MOVEMENT:WNL
Diabetes	- mother,brothers		ANT.SEG:WNL
Coronary artery disease	- none		ACCPT: SPECTACLE PWR
Cancer	- None		RE:+0.25/-0.50x25*(6/6)
			LE:+0.25/-0.50x145*(6/6)
			ADD(BE):+1.75DSPH(N6)
			ADVICE:*Glass Rx.*Review after 1yr/SOS

## PHYSICAL EXAMINATION



### General

Build	- over weight
Height	- 158
Weight	- 65
BMI	- 26.04
Pallor	- No
Oedema	- no



### Cardiovascular system

Heart rate (Per minute)	- 100
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 116
Diastolic(mm of Hg)	- 80
Heart sounds	- S1S2+

### Respiratory system

Breath sounds	- Normal vesicular breath sounds
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### Abdomen

Organomegaly	- No
Tenderness	- No



### Skin

- No significant finding

### Ophthalmology consultation

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.3 *	g/dl	●	12.0-15.0
RBC COUNT	4.34	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.4 *	%	●	36-46
MCV	81.6 *	fl	●	83-101
MCH	26.0 *	pg	●	27-32
MCHC	31.8	%	●	31.5-34.5
RDW	17.2 *	%	●	11.8-14.0
WBC Count	6700	/cu mm	●	4000-10000
Platelet Count	1.52	lacs/cu mm	●	1.5-4.0
Neutrophils	67	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	47 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	4-6 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
NOTE : -	Urine glucose rechecked and confirmed by Benedict's test

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	12	U/L	●	0-35
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	88	U/L	●	33-98
AST (SGOT) - SERUM	24	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	128	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	18	U/L	●	0-38

### GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range

● Within Normal Range      ● Borderline High/Low      ● Out of Range

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GLUCOSE - PLASMA (FASTING) 95 mg/dL ● 70-99

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.2 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	49	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	65	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	14	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.4	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.4	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.62 *	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	9.2	µg/dL	●	5.48-14.28

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	91	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.75 *	µIU/mL	●	0.38-5.33

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.0	mg/dL	●	2.4-5.7

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	5.6 *	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.2		●	1.0-2.0

**BUN/CREATININE RATIO**

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	8.1			

**PAP SMEAR /CERVICAL SMEAR**

Ref No:  
AG01.C2402562  
SPECIMEN TYPE:  
Conventional cervical smear (Papanicolaou stain) x 1  
SPECIMEN ADEQUACY:  
Satisfactory for evaluation without endocervical cells.  
INTERPRETATION/RESULT:  
Negative for intraepithelial lesion or malignancy,with no organism

**ECG**

SINUS RHYTHM.  
LOW VOLTAGE QRS & T WAVES.  
PROLONGED QTc (577ms).  
PLEASE CORRELATE CLINICALLY.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

● Within Normal Range      ● Borderline High/Low      ● Out of Range

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\* Grade I fatty liver.

\* Fibroid in uterus.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

#### **X-RAY CHEST PA**

\* Chest skiagram does not reveal any significant abnormality.



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

6

**ACCEPTABLE SCORE**

4

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**

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HOWRAH, WEST BENGAL, INDIA

Examined by :

UHID : AMHL.0002321000

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH201488



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Dyslipidemia, Thyroid disorder  
Diabetes mellitus - type 2; Medication - regular  
Hypertension Medication - regular



## DRUG ALLERGY

NO KNOWN ALLERGY :27/03/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Present medications

- CETAPIN XR 500  
SITAGLYN M 100/1000 OD  
TONACT 20  
CILACAR T 80/10



## Past medical history

Past medical history - nil significant



## Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - Ex.Smoker  
Chews tobacco - No  
Physical activity - Mild



## Family history

Father - has expired  
Mother - has expired  
Brothers - 5  
Sisters - 3  
Hypertension - father  
Coronary artery disease - none  
Cancer - None

## PHYSICAL EXAMINATION



## General

Build - normal  
Height - 158  
Weight - 58  
BMI - 23.23  
Pallor - No  
Oedema - no



## Cardiovascular system



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Heart rate (Per minute) - 68  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 152  
Diastolic(mm of Hg) - 98  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6P LE:6/6P  
BCVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:EARLY  
CHANGES(BE)  
ADVICE:\*To continue  
present glass Rx\*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.6	g/dl	●	13.0-17.0
RBC COUNT	4.29 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.1	%	●	41-53
MCV	96.0	fl	●	83-101
MCH	31.7	pg	●	27-32
MCHC	33.0	%	●	31.5-34.5
RDW	14.0	%	●	11.8-14.0
WBC Count	5200	/cu mm	●	4000-10000
Platelet Count	1.25 *	lacs/cu mm	●	1.5-4.0
Neutrophils	59	%	●	40-80
Lymphocytes	31	%	●	20-40
Monocytes	08	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	11	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found  
Crystals: Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	50	U/L	●	0-50
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	43-115
AST (SGOT) - SERUM	44	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.5 *	mg/dL	●	0.3-1.2

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	79	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 111 \* U/L ● 0-55

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.3 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 12.93 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 103 \* mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 76 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 200 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 3.06 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.0 \* % ● Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 5.3 mg/dL ● 2.6-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 33 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 36 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 10 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.4 \* mg/dL ● 0.0-0.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.7 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.3 g/dL ● 1.8-3.6

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name Result Unit Level Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM 0.77 ng/mL ● 0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 5.2 \* mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.3 ● 1.0-2.0

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

BUN/CREATININE RATIO

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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BUN/CREATININE RATIO 5.7

### ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

### TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

### ULTRASOUND SCREENING WHOLE ABDOMEN

- \* Grade I fatty liver.
- \* Prostatomegaly with significant post void residual urine volume.
- \* Symmetrically thick and irregular urinary bladder wall. Suggested urine RE, ME, CS correlation for further evaluation.

Dr. ARKADEEP DEY  
DNB RESIDENT  
In consultation with

### X-RAY CHEST PA

- \* Chest skiagram does not reveal any significant abnormality.

 Within Normal Range     Borderline High/Low     Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

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## AICVD RISK SCORE REPORT

**RISK STATUS**

Moderate Risk

**YOUR SCORE**

10

**ACCEPTABLE SCORE**

9

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

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**Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

**DISCLAIMER**

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2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**