



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

|                          |                  |
|--------------------------|------------------|
| Name: SABBIRBHAI I DIWAN |                  |
| SH No: 299576            | Date: 28 09 2024 |
| Age: 36                  | Gender: MALE     |

ASSESSMENT:

- OVER WEIGHT(BMI: 29.03)
- C/O:OCCASIONALLY FEELING OF SOMETHING PINCHING IN RIGHT EYE
- DENTAL ASSESSMENT: CHRONIC GENERALISED GINGIVITIS AND DENTAL DECAY
- BORDERLINE HIGH RBC COUNT(5.54 MILLION/CMM) , BORDERLINE LOW MCH(26.8) , BORDERLINE LOW MCHC(31.9)
- HIGH HBA1C(5.80)
- BORDERLINE HIGH TRIGLYCERIDE(162) , BORDERLINE HIGH DIRECT LDL(132)
- LOW BLOOD UREA NITROGEN(6.07) , LOW BLOOD UREA(13)
- URINE R/M: LOW SPECIFIC GRAVITY(1.010)
- USG OF WHOLE ABDOMEN : GRADE 2 GENERALISED FATTY INFILTRATION OF LIVER

ADVISED:

- PLENTY OF LIQUIDS
- ANTI DIABETIC & LOW FAT DIET
- AVOID OUT SIDE FOOD AND WATER
- REGULAR EXERCISE & WEIGHT REDUCTION.
- REGULAR BLOOD SUGAR MONITORING AND CONTROL
- REPEAT LIPID PROFILE AFTER 3 MONTH
- OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- DENTAL ADVICE : POLISHING, SCALING , EXTRACTION WRT 14 AND FOLLOW ADVICE
- PHYSICIAN CONSULTATION

Sterling Addlife India Limited  
Unit-Sterling Hospital Vadodara  
Race Course Circle, (West)  
VADODARA-390 007.

DR.JAY S PANDIT

Prevention & Rehabilitation Dept

Hospital Address: Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
www.sterlinghospitals.com | info@sterlinghospitals.com

Registered Office: Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121  
Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





### HEALTH CHECK UP MEDICAL EXAMINATION

Name : Subbirbhai. I. Diwan Employee ID : \_\_\_\_\_  
Company Name : \_\_\_\_\_ Age : 26 Sex : M/F  
Height : 169 cms. Weight : 78.1 Kgs BMI : 29.03 Blood Group : B+ve.  
Name of HO / Registrar taking History : Dr - Jay. S. Pandit

Allergies :  None  Yes (If Yes, describe)

| Drugs/Food/Latex/Dyes/Contrast/Other ..... | Reaction |
|--|----------|
| 1. <u>/</u>                                | <u>/</u> |
| 2. <u>/</u>                                | <u>/</u> |
| 3. <u>/</u>                                | <u>/</u> |

**Chief Complaints :**  
.....  
.....  
.....

**Physical Examination :**

**Vital Signs :**  
Temp 36.5° F SPO<sub>2</sub> : 97 Pulse : 82 /min R/R : 18 /min B.P. : 106/70 mm Hg

**Past History :**

|   |   |
|---|---|
| If Hypertension, since<br>On Medication 1).....<br>2).....<br>3).....           | If Diabetes, since<br>On Medication 1).....<br>2).....<br>3).....                               |
| If Ischaemic Heart Disease since<br>On Medication 1).....<br>2).....<br>3)..... | Under Treatment Dr. ....  |
| Under Treatment of Dr. ....<br>Any Intervention done .....                      | If Tuberculosis, When .....   |
| P/H of Operation<br>Diagnosis : .....   | Any Other P/H .....   |
| Name of Operation : .....   | Any Other Medication .....  |
| Year of Operation : .....   | .....   |
| Others .....  | P/H of Hospitalization .....  |
| .....   | Diagnosis : .....   |
| .....   | Year : .....  |
| .....   | Duration : .....  |
| .....   | Blood Transfusion History : Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> |
| .....   | Year : .....  |

**Family History :** (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

|               |        |                       |        |
|---------------|--------|-----------------------|--------|
| Hypertension  | Yes/No | Asthma                | Yes/No |
| Heart Disease | Yes/No | Stroke                | Yes/No |
| Diabetes      | Yes/No | Arthritis/Gout        | Yes/No |
| Tuberculosis  | Yes/No | Cancer                | Yes/No |
| Epilepsy      | Yes/No | Other Chronic disease | Yes/No |

**Personal History :**

|              |         |                 |        |                             |
|--------------|---------|-----------------|--------|-----------------------------|
| Diet         | Mixed   | Smoking         | Yes/No | since ..... / ..... per day |
| Appetite     | Regular | Alcohol         | Yes/No | since ..... / ..... (freq.) |
| Sleep        | Regular | Drugs           | Yes/No | since ..... / ..... (freq.) |
| Micturition  | Regular | Tobacco         | Yes/No | since ..... / ..... (freq.) |
| Bowel Habits | Regular | Any other habit |        |                             |

**FOR FEMALES :**

 Obstetric History : L.D.....  
 Abortion : .....  
 Others : .....

**General Examination :**
 Anemia   
  Cyanosis   
  Jaundice   
  Generalized Lymphadenopathy   
  Pedal oedema

**General Examination :**
**Head :**  NSF

Injuries (Specify if any) : .....

**Eyes :**  NSF

- Vision :  Normal     Blurred     Double     Colour Blind
- Pupils :  Normal     Abnormal
- Other :  Inflammation     Pain     Itching     Discharge     No complaint

Remarks (if any) :

*Something pinching in R eye occa.*
**Ears :**  NSF

- Deaf     Yes     No    • Pain     Yes     No    • Discharge     Yes     No
- Dizziness     Yes     No

**Nose :**  NSF

- Nosebleed     Yes     No    • Congestion     Yes     No    • Sinus problem     Yes     No

**Mouth :**  NSF

- Lesion     Yes     No
- Dental Hygiene     Good     Poor    Bleeding gums     Yes     No
- Sense of taste     Yes     No



**Genitorurinary :**  NSF

Colour of Urine white Frequency 2-8/day

Pain  Yes  No      Burning  Yes  No      Itching  Yes  No  
 Urgency  Yes  No      Incontinence  Yes  No  
 Nocturia  Yes  No      Urostomy  Yes  No  
 History of calculi  Yes  No      History of UTI  Yes  No  
 Foleys Catheter  Yes  No      Date of Insertion \_\_\_\_\_

**Reproductive :**  NA  NSF

LMP \_\_\_\_\_ Regular / Irregular \_\_\_\_\_  
 Dysmenorrhea  Yes  No      Amenorrhea  Yes  No      if yes, Duration \_\_\_\_\_  
 Menopausal  Yes  No      if yes, Duration \_\_\_\_\_  
 Vaginal discharge  Yes  No      Itching  Yes  No

**Breasts**  NA  NSF

Breast Feeding  Yes  No      Lumps  Yes  No

**Positive Finding & Advice**

.....  
 .....  
 .....

*Sterling Addlife India Limited*  
 Unit-Sterling Hospital Vadodara  
 Racecourse Circle, (West)  
 VADODARA - 390 002

Sign and Stamp of Medical Officer

**Sterling Hospital**  
Racecourse Road

**EMERGENCY HELPLINE**

992 444 9972  
0265 - 61 44 111

**Sterling Hospital**  
Bhayli

**EMERGENCY HELPLINE**

908 1000 557  
0265 - 61 23 333



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

Handwritten blue line with a squiggle at the end, possibly indicating a signature or mark.

EXAMINATION OF EYES:

|                                 | <u>Right Eye:</u> | <u>Left Eye:</u> |
|---------------------------------|-------------------|------------------|
| Distant Vision without Glasses: | C/C               | C/H              |
| Distant Vision with Glasses:    | -                 | -                |
| Near Vision without Glasses:    | 2                 | 2                |
| Near Vision with Glasses:       | 1                 | 1                |
| Intraocular Pressure:           | 22                | 22               |
| Anterior Segment:               | 22                | 22               |
| Fundus:                         | 22                | 22               |

PRESCRIPTION OF GLASSES:

|         | RIGHT  |          |      | LEFT   |          |      |
|---------|--------|----------|------|--------|----------|------|
|         | Sphere | Cylinder | Axis | Sphere | Cylinder | Axis |
| Distant | -      | -        | -    | -      | -        | -    |
| Near    | -      | --       | -    | -      | --       | -    |

Type of glass:

ADVICE:

**Sterling Addlife India Limited**  
Unit-Sterling Hospital Vadodara  
Race Course Circle, (West)  
VADODARA - 390 007.

**DR MAYA PATEL**  
(OPHTHALMOLOGIST)

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**Dr. Sonica Peshin**

Senior Cosmetic dentist and Implantologist  
A-6966  
Email: thespeakingtooth@gmail.com  
Phone: 9586867301



Race Course Road, Vadodara  
28/09/2024

**Dental Assessment Form**

Name: Sabbirbhai I Diwan

Age/Sex: 36/Male

UHID No: 299576

Patient has come for a regular check up.

**On examination:**

- Calculus+++ stains+
- Grossly decayed wrt. 14

**Provisional diagnosis:**

- Chronic generalized gingivitis
- Dental decay

**Treatment plan:**

- Scaling and polishing
- Extraction wrt. 14

**Advise:**

- Follow vertical brushing technique.
- Salt water rinses atleast once a day.
- Brush your teeth twice daily.
- Clean your tongue twice daily.

Sterling Addlife India Limited  
Unit Sterling Hospital Vadodara  
(For Dr. Sonica Peshin)  
Race Course Circle, (West)  
VADODRA - 390 007.

Dr Sonica Peshin

**Sterling Hospital, Race Course Road**

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Passport No :

**LABORATORY TEST REPORT**


| Patient Information |                           | Sample Information |                     | Location Information |  |
|---------------------|---------------------------|--------------------|---------------------|----------------------|--|
| Name                | : Mr. Sabbirbhai I Diwan  | Lab Id             | : 092407503068      | Pt. Type             | : Sterling Hospital Vadodara Health Checkup    |
| Sex/Age             | : Male / 36 Y 01-Jun-1988 | Registration on    | : 28-Sep-2024 08:35 | Location             | : Main BNo./                                   |
| Ref. Id             | : 299576 / 2811888        | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 12:06 Status : Final             |
| Ref. By             | : Dr. RMO . STERLING...   | Collected on       | : 28-Sep-2024 08:48 | Printed On           | : 28-Sep-2024 15:30                            |
|                     |                           | Sample Type        | : EDTA blood        | Process At           | : 75 - Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Complete Blood Count**

| Test                                    | Result                          | Unit        | Biological Ref. Interval |
|---|---------------------------------|-------------|--------------------------|
| <b>Hemoglobin</b>                       | 14.8                            | g/dL        | 13.0 - 16.5              |
| <b>RBC Count</b>                        | H 5.54                          | million/cmm | 4.5 - 5.5                |
| <b>Hematocrit</b>                       | 46.5                            | %           | 40 - 49                  |
| <b>MCV</b>                              | 84.0                            | fL          | 83 - 101                 |
| <b>MCH</b>                              | L 26.8                          | pg          | 27.1 - 32.5              |
| <b>MCHC</b>                             | L 31.9                          | g/dL        | 32.5 - 36.7              |
| <b>RDW CV</b>                           | 13.50                           | %           | 11.6 - 14                |
| <b>Total WBC and Differential Count</b> |                                 |             |                          |
| <b>WBC count</b>                        | 7010                            | /cmm        | 4000 - 10000             |
| <b>Differential Count</b>               |                                 |             |                          |
| <b>Neutrophils</b>                      | 56                              | %           | 40 - 80                  |
| <b>Lymphocytes</b>                      | 35                              | %           | 20 - 40                  |
| <b>Eosinophils</b>                      | 02                              | %           | 1 - 6                    |
| <b>Monocytes</b>                        | 07                              | %           | 2 - 10                   |
| <b>Basophils</b>                        | 00                              | %           | 0 - 2                    |
| <b>Absolute Count</b>                   |                                 |             |                          |
|   |                                 |             |                          |
| <b>Platelet Count</b>                   | 291000                          | /cmm        | 150000 - 410000          |
| <b>MPV</b>                              | 10.70                           | fL          | 7.5 - 10.3               |
| <b>Platelets Morphology</b>             | Platelets are adequate on Smear |             |                          |

Dr. C. Shrinivasan..  
M.D ( Pathology ) [G-18341]  
Consultant Pathologist

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|                     |                           | Sample Type        | : EDTA blood        | Process At           | : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Complete Blood Count**

| Test                                   | Result | Unit   | Biological Ref. Interval |
|--|--------|--------|--------------------------|
| <b>Erythrocytes Sedimentation Rate</b> |        |        |                          |
| ESR                                    | 7      | mm/1hr | 0 - 14                   |
| <small>Capillary photometry</small>    |        |        |                          |

**Differential Count**
**Absolute Count**

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**LABORATORY TEST REPORT**


| Patient Information  | Sample Information  | Location Information  |
|--|---|---|
| Name : <b>Mr. Sabbirbhai I Diwan</b><br>Sex/Age : <b>Male / 36 Y</b> 01-Jun-1988<br>Ref. Id : 299576    / 2811888<br>Ref. By : Dr. RMO . STERLING... | Lab Id : <b>092407503068</b><br>Registration on : 28-Sep-2024 08:35<br>Collected at : SAWPL<br>Collected on : 28-Sep-2024 08:48<br>Sample Type : EDTA blood | Pt. Type : Sterling Hospital Vadodara Health Checkup<br>Location : Main BNo./<br>Approved on : 28-Sep-2024 12:35    Status : Final<br>Printed On : 28-Sep-2024 15:30<br>Process At : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Blood Group**

| Test   | Result   | Unit | Biological Ref. Interval |
|--|----------|------|--------------------------|
| <b>ABO Type</b><br><i>Tube Agglutination</i> | "B"      |      |                          |
| <b>Rh (D) Type</b>                           | Positive |      |                          |



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| Ref. Id             | : 299576 / 2811888        | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 10:53 Status : Final             |
| Ref. By             | : Dr. RMO . STERLING...   | Collected on       | : 28-Sep-2024 08:48 | Printed On           | : 28-Sep-2024 15:30                            |
|                     |                           | Sample Type        | : Serum, Urine      | Process At           | : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

| Test  | Result | Unit  | Biological Ref. Interval |
|---|--------|-------|--------------------------|
| <b>Fasting Blood Glucose</b><br><i>GOD-POD</i>      | 95.0   | mg/dL | 74 - 100                 |
| <b>Fasting Urine Glucose</b><br><i>GOD-POD</i>      | Absent |       | Absent                   |
| <b>Fasting Urine Ketone</b><br><i>Nitroprusside</i> | Absent |       | Absent                   |

|                    | Fasting Blood Glucose* | Postprandial Blood Glucose # | Random Blood Glucose |
|--------------------|------------------------|------------------------------|----------------------|
| <b>Normal</b>      | < 100 mg/dL            | < 140 mg/dL                  | < 140 mg/dL          |
| <b>Prediabetic</b> | 100 – 125 mg/dL        | 140 – 199 mg/dL              | 140 – 199 mg/dL      |
| <b>Diabetic</b>    | >=126 mg/dL            | >= 200 mg/dl                 | >= 200 mg/dl         |

\* Fasting is defined as no caloric intake for more than 8 hours

# The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

**Criteria for Diagnosis of Diabetes:**

1. Fasting blood glucose (FPG)  $\geq$  126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c)  $\geq$  6.5%
4. Random plasma glucose  $\geq$  200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

**References:**

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment



**Dr. C. Shrinivasan..**  
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| Ref. By             | : Dr. RMO . STERLING...   | Collected on       | : 28-Sep-2024 11:20 | Printed On           | : 28-Sep-2024 15:30                            |
|                     |                           | Sample Type        | : Fluoride          | Process At           | : 75 - Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

| Test   | Result | Unit  | Biological Ref. Interval |
|--|--------|-------|--------------------------|
| <b>Post-breakfast Blood Glucose</b><br><i>GOD-POD</i>      | 99     | mg/dL | 70 - 140                 |
| <b>Post-breakfast Urine Glucose</b><br><i>GOD-POD</i>      | Absent |       | Absent                   |
| <b>Post Breakfast Urine Ketone</b><br><i>Nitroprusside</i> | Absent |       | Absent                   |


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|                     |                           | Sample Type        | : EDTA blood        | Process At           | : 75 - Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**HbA1c (Glycosylated Hemoglobin) by HPLC**

| Test               | Result | Unit  | Biological Ref. Interval   |
|--------------------|--------|-------|--|
| HbA1c              | H 5.80 | %     | For Screening:<br>Diabetes: $\geq 6.5\%$ ;<br>Pre-Diabetes: 5.7 - 6.4%;<br>Non-Diabetes: $< 5.7\%$ |
| Mean Blood Glucose | 119.76 | mg/dL | For Diabetic Patient:<br>Poor Control : $> 7.0\%$ ;<br>Good Control : 6.0-7.0%                     |

**Description:**

- Total haemoglobin A1c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

**HbA1c assay Interferences:**

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

**Reference:** American diabetes association. Standards of medical care in diabetes 2024



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# Patient report

Bio-Rad DATE: 28/09/2024  
D-10

HOSPITALS TIME: 01:24 PM

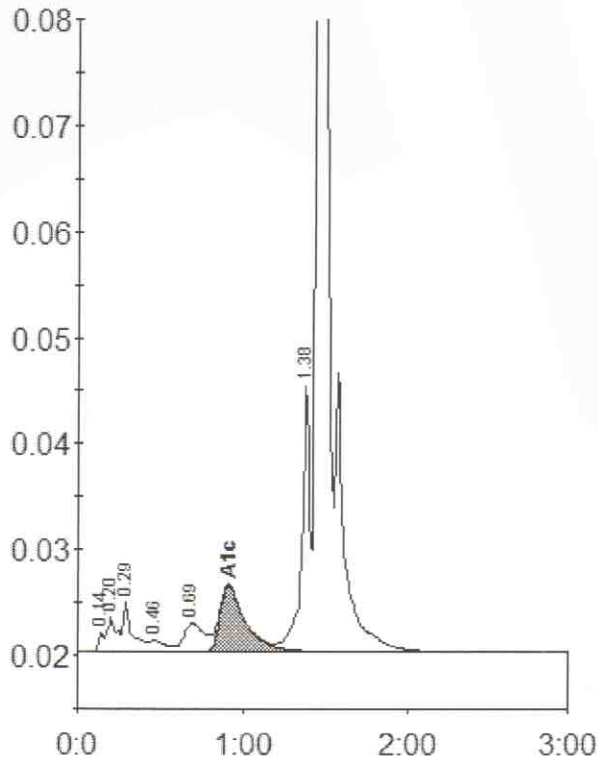
S/N: #DJ8G550303 Software version: 4.30-2

Sample ID: 092407503068

Injection date: 28/09/2024 01:24 PM

Injection #: 4 Method: HbA1c

Rack #: --- Rack position: 4



Peak table - ID: 092407503068

| Peak        | R.time | Height | Area    | Area % |
|-------------|--------|--------|---------|--------|
| Unknown     | 0.14   | 1911   | 3841    | 0.2    |
| A1a         | 0.20   | 3221   | 12588   | 0.8    |
| A1b         | 0.29   | 4909   | 18688   | 1.2    |
| F           | 0.46   | 1113   | 7248    | 0.5    |
| LA1c/CHb-1  | 0.69   | 2669   | 23685   | 1.5    |
| A1c         | 0.91   | 6371   | 67006   | 5.8    |
| P3          | 1.38   | 25156  | 91714   | 5.9    |
| A0          | 1.45   | 513344 | 1324994 | 85.5   |
| Total Area: |        |        | 1549764 |        |

| Concentration: | %   |
|----------------|-----|
| A1c            | 5.8 |





Passport No :

**LABORATORY TEST REPORT**


| Patient Information                      | Sample Information                  | Location Information   |
|--|-------------------------------------|--|
| Name : <b>Mr. Sabbirbhai I Diwan</b>     | Lab Id : <b>092407503068</b>        | Pt. Type : Sterling Hospital Vadodara Health Checkup<br>Main |
| Sex/Age : <b>Male / 36 Y</b> 01-Jun-1988 | Registration on : 28-Sep-2024 08:35 | Location : BNo./   |
| Ref. Id : 299576 / 2811888               | Collected at : SAWPL                | Approved on : 28-Sep-2024 10:53 Status : Final               |
| Ref. By : Dr. RMO , STERLING...          | Collected on : 28-Sep-2024 08:48    | Printed On : 28-Sep-2024 15:30                               |
|  | Sample Type : Serum                 | Process At : 75 – Sterling Hospital, Race course (Vadodar    |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Lipid Profile**

| Test  | Result   | Unit  | Biological Ref. Interval   |
|---|----------|-------|--|
| <b>Cholesterol</b><br><i>Cholesterol oxidase – Peroxidase</i> | 183.0    | mg/dL | Desirable : <200<br>Borderline High : 200-239<br>High : >240   |
| <b>Triglyceride</b><br><i>Ezymatic (Lipase/GK/GPa/POD)</i>    | H 162.0  | mg/dL | Normal : <150<br>Borderline : 150-199<br>High : 200-499<br>Very High : >500  |
| <b>HDL Cholesterol</b><br><i>PTA/MgCl2</i>                    | 43.0     | mg/dL | Low: <40.0<br>High: >60.0  |
| <b>Direct LDL</b><br><i>Direct measured</i>                   | H 132.00 | mg/dL | Optimal: <100<br>Near to above Optimal:<br>100–129<br>Borderline High: 130-159<br>High: 160–189<br>Very High: =190 |
| <b>VLDL</b><br><i>Calculated</i>                              | 32.40    | mg/dL | 15 - 35  |
| <b>CHOL/HDL Ratio</b><br><i>Calculated</i>                    | 4.3      |       | Up to 5.0  |
| <b>dLDL/HDL Ratio</b><br><i>Calculated</i>                    | 3.1      |       | Up to 3.5  |


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**LABORATORY TEST REPORT**


| Patient Information                      | Sample Information                  | Location Information                                      |
|--|-------------------------------------|---|
| Name : <b>Mr. Sabbirbhai I Diwan</b>     | Lab Id : <b>092407503068</b>        | Pt. Type : Sterling Hospital Vadodara Health Checkup      |
| Sex/Age : <b>Male / 36 Y</b> 01-Jun-1988 | Registration on : 28-Sep-2024 08:35 | Location : Main BNo./                                     |
| Ref. Id : 299576 / 2811888               | Collected at : SAWPL                | Approved on : 28-Sep-2024 10:53 Status : Final            |
| Ref. By : Dr. RMO . STERLING...          | Collected on : 28-Sep-2024 08:48    | Printed On : 28-Sep-2024 15:30                            |
|  | Sample Type : Serum                 | Process At : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

| Test   | Result | Unit  | Biological Ref. Interval |
|--|--------|-------|--------------------------|
| <b>Uric Acid</b><br><i>Uricase</i>                           | 7.40   | mg/dL | 3.5 - 8.5                |
| <b>Blood Urea Nitrogen</b><br><i>Calculated</i>              | L 6.07 | mg/dL | 9.0 - 20.0               |
| <b>Urea</b><br><i>Urease, Colorimetric</i>                   | L 13.0 | mg/dL | 19.3 - 43.0              |
| <b>Creatinine, serum</b><br><i>Creatinine Amidohydrolase</i> | 0.80   | mg/dL | 0.66 - 1.25              |
| <b>BUN Creatinine Ratio</b><br><i>Calculated</i>             | 7.59   |       |                          |
| <b>Urea Creatinine Ratio</b><br><i>Calculated</i>            | 16.25  |       |                          |


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| Patient Information |                           | Sample Information |                     | Location Information |  |
|---------------------|---------------------------|--------------------|---------------------|----------------------|--|
| Name                | : Mr. Sabbirbhai I Diwan  | Lab Id             | : 092407503068      | Pt. Type             | : Sterling Hospital Vadodara Health Checkup    |
| Sex/Age             | : Male / 36 Y 01-Jun-1988 | Registration on    | : 28-Sep-2024 08:35 | Location             | : Main BNo./                                   |
| Ref. Id             | : 299576 / 2811888        | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 11:33 Status : Final             |
| Ref. By             | : Dr. RMO . STERLING...   | Collected on       | : 28-Sep-2024 08:48 | Printed On           | : 28-Sep-2024 15:30                            |
|                     |                           | Sample Type        | : Serum             | Process At           | : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Liver Function Test**

| Test  | Result | Unit  | Biological Ref. Interval |
|---|--------|-------|--------------------------|
| <b>ALT (SGPT)</b><br><i>UV with P5P, IFCC</i>                                 | 38.0   | U/L   | 0 - 50                   |
| <b>AST (SGOT)</b><br><i>UV with P5P</i>                                       | 33.0   | U/L   | 17 - 59                  |
| <b>GGT (Gamma Glutamyl Transferase)</b><br><i>L-g-Glytamyl-p-nitroanilide</i> | 19.0   | U/L   | 15 - 73                  |
| <b>Alkaline Phosphatase</b><br><i>PNPP, AMP Buffer, IFCC</i>                  | 84.0   | U/L   | 38 - 126                 |
| <b>Total Bilirubin</b><br><i>Azobilirubin chromophores</i>                    | 1.00   | mg/dL | 0.2 - 1.3                |
| <b>Conjugated Bilirubin</b><br><i>Cationic Mordant Binding</i>                | 0.10   | mg/dL | 0.0 - 0.3                |
| <b>Unconjugated Bilirubin</b><br><i>Cationic Mordant Binding</i>              | 0.70   | mg/dL | 0.0 - 1.1                |
| <b>Delta Bilirubin</b><br><i>Calculated</i>                                   | 0.20   | mg/dL | 0.0 - 0.2                |
| <b>Total Protein</b><br><i>Copper tartrate to colour complex</i>              | 7.70   | g/dL  | 6.3 - 8.2                |
| <b>Albumin</b><br><i>Bromocresol Green Method</i>                             | 4.70   | g/dL  | 3.5 - 5.0                |
| <b>Globulin</b><br><i>Calculated</i>  | 3.00   | g/dL  | 2.3 - 3.5                |
| <b>A/G Ratio</b><br><i>Calculated</i>   | 1.57   |       | 1.3 - 1.7                |


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**LABORATORY TEST REPORT**


| Patient Information |                           | Sample Information |                     | Location Information |  |
|---------------------|---------------------------|--------------------|---------------------|----------------------|--|
| Name                | : Mr. Sabbirbhai I Diwan  | Lab Id             | : 092407503068      | Pt. Type             | : Sterling Hospital Vadodara Health Checkup    |
| Sex/Age             | : Male / 36 Y 01-Jun-1988 | Registration on    | : 28-Sep-2024 08:35 | Location             | : Main BNo./                                   |
| Ref. Id             | : 299576 / 2811888        | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 11:32 Status : Final             |
| Ref. By             | : Dr. RMO . STERLING...   | Collected on       | : 28-Sep-2024 08:48 | Printed On           | : 28-Sep-2024 15:30                            |
|                     |                           | Sample Type        | : Serum             | Process At           | : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Thyroid Function Tests**

| Test  | Result | Unit   | Biological Ref. Interval |
|---|--------|--------|--------------------------|
| T3, total (Triiodothyronine)<br><i>CLIA</i> | 1.44   | ng/mL  | 0.58 - 1.59              |
| T4, total (Thyroxine)<br><i>CLIA</i>        | 9.06   | µg/dl  | 4.87 - 11.72             |
| TSH (3rd Gen.)<br><i>Chemiluminescence</i>  | 3.9130 | µIU/mL | 0.4001 - 4.049           |

| TSH                       | T3/FT3                 | T4/FT4                 | Suggested interpretation of Thyroid function tests pattern   |
|---------------------------|------------------------|------------------------|--|
| Within range              | Decreased              | Within range           | Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.  |
| Raised                    | Within Range           | Within Range           | Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness. |
| Raised                    | Decreased              | Decreased              | Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.  |
| Raised or within range    | Raised                 | Raised or within range | Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.  |
| Decreased                 | Raised or within range | Raised or within range | Isolated Low TSH – Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.  |
| Decreased                 | Decreased              | Decreased              | Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).   |
| Decreased                 | Raised                 | Raised                 | Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis: postpartum, Silent (Lymphocytic), Post viral (granulomatous, subacute, DeQuervain'a) Gestational thyrotoxicosis hyperemesis gravidarum.                          |
| Decreased or within range | Raised                 | Within range           | T3 toxicosis; Non-Thyroidal illness.   |

Reference: Wallach's Interpretation of Diagnostic by Mary Williamson, 10th edition, 2015.

  
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| Patient Information                      | Sample Information                  | Location Information  |
|--|-------------------------------------|---|
| Name : <b>Mr. Sabbirbhai I Diwan</b>     | Lab Id : <b>092407503068</b>        | Pt. Type : Sterling Hospital Vadodara Health Checkup        |
| Sex/Age : <b>Male / 36 Y</b> 01-Jun-1988 | Registration on : 28-Sep-2024 08:35 | Location : Main BNo./                                       |
| Ref. Id : 299576 / 2811888               | Collected at : SAWPL                | Approved on : 28-Sep-2024 11:03    Status : Final           |
| Ref. By : Dr. RMO . STERLING...          | Collected on : 28-Sep-2024 08:48    | Printed On : 28-Sep-2024 15:30                              |
|  | Sample Type : Urine                 | Process At : 75 – Sterling Hospital, Race course (Vadodara) |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**URINE ROUTINE EXAMINATION**

| Test  | Result      | Unit | Biological Ref. Interval |
|---|-------------|------|--------------------------|
| <b>Physical &amp; Chemical (Dip strip) examination</b>    |             |      |                          |
| Colour  | Pale Yellow |      | Pale Yellow              |
| pH<br><i>Double indicator</i>                             | 6.0         |      | 5.5 - 7.0                |
| Specific Gravity<br><i>Polyelectrolyte based reaction</i> | L 1.010     |      | 1.015 - 1.025            |
| Protein<br><i>Protein error of indicators</i>             | Absent      |      | Absent                   |
| Glucose<br><i>GOD-POD</i>                                 | Absent      |      | Absent                   |
| Ketone<br><i>Nitroprusside</i>                            | Absent      |      | Absent                   |
| Blood<br><i>Peroxidase like reaction</i>                  | Absent      |      | Absent                   |
| Bilirubin<br><i>Diazo reaction</i>                        | Absent      |      | Absent                   |
| Leucocytes<br><i>Esterase reaction</i>                    | Absent      |      | Absent                   |
| Nitrite<br><i>p-arsanilic acid to diazonium compound</i>  | Absent      |      | Absent                   |
| <b>Microscopic Examination</b>                            |             |      |                          |
| Erythrocytes (RBCs)                                       | Absent      | /hpf | 0 - 2                    |
| Pus Cells   | Occasional  | /hpf | 0 - 5                    |
| Epithelial Cells  | Occasional  | /hpf |                          |
| Crystals  | Absent      |      | Absent                   |
| Casts   | Absent      |      | Absent                   |
| Bacteria  | Absent      |      | Absent                   |
| Amorphous Material  | Absent      |      | Absent                   |
| Yeast   | Absent      |      | Absent                   |

----- End Of Report -----

  
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|             |                      |              |                          |
|-------------|----------------------|--------------|--------------------------|
| Patient Id  | : RCR-299576         | Patient Name | : DIWAN SABBIRBHAI I     |
| Age         | : 36Y 3M 27D         | Sex          | : Male                   |
| Ref. Doctor | : DR. RMO . STERLING | Study Date   | : 28 Sep 2024 - 08:39 AM |

**X-RAY CHEST PA VIEW**

Both lung fields show prominent broncho-vascular markings.  
Cardiac size appears within normal limit.  
Trachea and mediastinal soft tissue shadow appear unremarkable.  
Bilateral C.P. angles and both domes of diaphragm appear normal.  
Any thorax under vision appears normal.

**CONCLUSION:**

**No significant chest abnormality detected.**

**Dr. Shilpi Gupta MD**  
**Sr. Consultant Radiologist**

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Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India



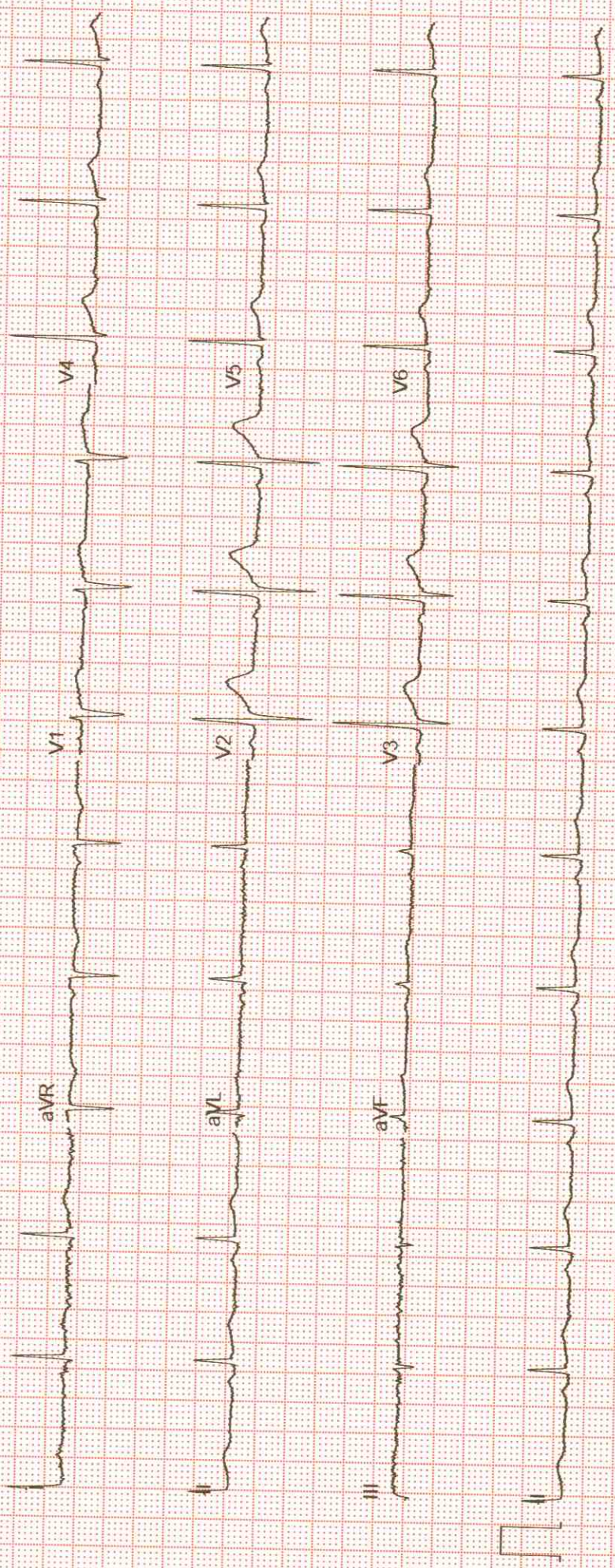
28.09.2024 8:40:07  
STERLING HOSPITAL  
HCP  
VADODARA

69 bpm  
- / - mmHg

WNL

36 Years  
Male

QRS  
QT / QTcBaz 392 / 420 ms  
PR 154 ms  
P 90 ms  
RR / PP 874 / 869 ms  
P / QRS / T 35 / 24 / 35 degrees





# 2D ECHOCARDIOGRAPHY REPORT



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HOSPITALS

Race Course Road, Vadodara

Name: Mr. SABBIRBHAI DIWAN  
Age: 36 Years  
Sex: M  
Date: 28-Sep-2024

Ref By: HCP  
Study: 2D Echo

### M-MODE:

|     |      |       |      |
|-----|------|-------|------|
| IVS | 10mm | LVDD  | 45mm |
| PW  | 10mm | LVDS  | 23mm |
| LA  | 34mm | LV EF | 60 % |

### DOPPLER STUDY:

|           |        |        |
|-----------|--------|--------|
| MITRAL    | E 0.98 | A 0.75 |
| AORTIC    | 1.56   |        |
| TRICUSPID | N      |        |
| PULMONARY | N      |        |

### CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. RANJEETKUMAR SHUKLA MD,DM  
Consultant interventional Cardiologist

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Race Course Road, Vadodara

Report Date: 28 Sep 2024 - 10:46 AM

|             |                   |              |                          |
|-------------|-------------------|--------------|--------------------------|
| Patient Id  | : RCR-299576      | Patient Name | : DIWAN SABBIRBHAI I     |
| Age         | : 36Y 3M 27D      | Sex          | : Male                   |
| Ref. Doctor | : DR.RMO.STERLING | Study Date   | : 28 Sep 2024 - 10:32 AM |

**SONOGRAPHY OF WHOLE ABDOMEN: -**

**LIVER:** Liver appears normal in size and shows bright parenchymal echoes, Grade II. No evidence of focal lesion seen. No evidence of dilated IHBR is seen. Intrahepatic portal radicals appear normal. Portal vein is normal in caliber measuring 10.7 mm at porta & shows hepatopetal blood flow.

**GALL BLADDER:** Gall bladder is distended and appears normal. No evidence of calculus or changes of cholecystitis are seen. CBD appears normal (3.6 mm).

**PANCREAS:** Pancreas is partially visualized and visualized portion is normal in size & shows normal parenchymal echoes.

**SPLEEN:** Spleen is normal in size & shows normal parenchymal echoes. No evidence of focal or diffuse lesion is seen.

**BOTH KIDNEYS:** Both kidneys are normal in size, shape, position and contour. Cortical thickness & echo appear normal. No evidence of renal calculus, hydronephrosis or mass lesion is seen on either side.

Right kidney measures 9.5 x 4.7 cm

Left kidney measures 10.4 x 4.5 cm

No evidence of suprarenal mass lesion is seen on either side.

**URINARY BLADDER:** Bladder is normally distended and appears unremarkable.

**PROSTATE:** Prostate appears normal in size and shows normal echotexture. No evidence of solid or cystic lesion. Prostatic volume measures approx. 10.5 cc.

No evidence of ascites, lymphadenopathy is seen.

Mild gaseous distention of bowel loops is seen.

**CONCLUSION:**

- Grade II generalized fatty infiltration of liver.
- No other significant abnormality detected.



**Dr. Shilpi Gupta MD**  
**Sr. Consultant Radiologist**

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