

Name : Mrs. SHWETA . (35 /F)

Date : 30/01/2024

Address : 187 PRINCE ANWAR SHAH ROAD,PS-JADAVPUR, KOLKATA, KOLKATA, WEST  
BENGAL, INDIA

Examined by: Dr .SHARMISTHA MALLIK

UHID : AGHL.0001609971

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH193589



## CHIEF COMPLAINTS

For corporate health checkup

## PRESENT KNOWN ILLNESS

No history of - Hypertension,  
Dyslipidemia, Heart  
disease, Stroke, Asthma  
Diabetes mellitus - type 2; Since - 6 months  
Thyroid disease - hypothyroidism



## DRUG ALLERGY

Nil :16/02/2020



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Oral and dental

- Nil Significant

### Gastrointestinal system

- Nil Significant

### Genitourinary system

- Nil Significant

### Gynaec history

Last menstrual period - ?; Periods - irregular; No of  
Children - 2; Last child birth - 15 yrs; No of deliveries  
- 2; Deliveries - normal vaginal delivery;  
Contraception type - mirena/hormonal IUD

### Central nervous system

- Nil Significant

### Eyes

Vision - normal with glasses; Glasses - yes

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
Ankle (right) - pain, swelling

### Skin

- Nil Significant



### Past medical history

Past medical history - nil significant  
Tuberculosis - Yes



### Surgical history

Others - Ovarian cyst



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Build - obese  
Height - 151  
Weight - 72.80

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BMI - 31.93  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 74  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Normal

### Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6 LE:6/6  
BCVA:RE:N6 LE:N6  
OCULAR MOVEMENT:WNL  
ANT.SEG:WNL  
ADVICE:\*To continue  
present glass Rx \*Detail  
dilated Funduscopy\*Review  
after 1yr/SOS

Printed By : Benazir Begaum

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### COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.1 *	g/dl	●	12.0-15.0
RBC COUNT	3.89	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	34.1 *	%	●	36-46
MCV	87.8	fl	●	83-101
MCH	28.6	pg	●	27-32
MCHC	32.6	%	●	31.5-34.5
RDW	16.8 *	%	●	11.8-14.0
WBC Count	8200	/cu mm	●	4000-10000
Platelet Count	2.01	lacs/cu mm	●	1.5-4.0
Neutrophils	56	%	●	40-80
Lymphocytes	37	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	24 *	mm/1st hr	●	0-20

### URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	0-2	/hpf		
Pus Cells	2-4	/hpf		
Epithelial Cells	3-5			

Casts: Not Found  
Crystals: Not Found

### URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

### URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

### BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	41 *	U/L	●	0-35
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	81	U/L	●	33-98

AST (SGOT) - SERUM	39 *	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.3-1.2

### LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	168	mg/dL	●	0-200

### CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

### LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 26 U/L ● 0-38

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.04 ng/ml ● 0.87-1.78

TOTAL T4: THYROXINE - SERUM 8.73 µg/dL ● 5.48-14.28

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 98 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 104 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 151 \* mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 2.86 µIU/mL ● 0.38-5.33

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 6.0 \* % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 4.9 mg/dL ● 2.4-5.7

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 41 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 108 \* mg/dL ● 0-100
VLDL CHOLESTEROL - SERUM (Calculated) 19 mg/dL ● 0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 11.3 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.4 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.1 g/dL ● 1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.4 ● 1.0-2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range
BUN/CREATININE RATIO 15.9

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

PAP SMEAR /CERVICAL SMEAR

Ref No: AG01.C2400699
SPECIMEN TYPE: Conventional cervical smear (Papanicolaou stain) x 1

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**SPECIMEN ADEQUACY:**

Satisfactory for evaluation

**INTERPRETATION/RESULT:**

Negative for intraepithelial lesion or malignancy,  
Reactive cellular changes associated with inflammation  
(includes typical repair)

**ECG**

SINUS RHYTHM.  
LOW VOLTAGE QRS AND T WAVES.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE  
MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

- \* Grade I fatty liver.
  - \* Slightly bulky uterus with intrauterine contraceptive device in situ.
  - \* Left ovary adherent to uterus.
- Suggested TVS correlation if clinically indicated.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. MALVIKA MRINAL  
DNB RESIDENT  
In consultation with

**X-RAY CHEST PA**

- \* No significant abnormality detected.

Dr. MALVIKA MRINAL  
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Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

**Dr.SHARMISTHA MALLIK**  
AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Moderate Risk

### YOUR SCORE

4

### ACCEPTABLE SCORE

3

**Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### **Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
  - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

### **DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**