



# LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342008  
Tel. : 0291-2752601, Fax : 2752603  
E-mail : hospitalloksewa@gmail.com

## Fitness Certificate

It is certified that Mr Mukesh Gehlot examined by me and was found medically, Physically and Mentally FIT.

Height : 174 cm.  
Weight : 90 Kgs.

Chest  
Inspiration : 100 cm.  
Expiration : 104 cm.  
B.P. : 120/82 mmHg  
Heart : NAD  
Lungs : NAD

Hernia, Hydrocele, Piles etc : No

Eye Vision : Rt. 6/6 Normal  
Lt. 6/6 Normal

Hearing : Normal

Speech : Normal

Dietician : *vegetarian*

Dental Consultation : *Healthy*

Dated : 01/08/2024

*N. P. Mathur*  
Dr. N. P. MATHUR  
M. B., B.S., F.I.C.A.  
RMC-11238

(Dr. N.P. Mathur)  
Lok Sewa Hospital, & M. R.C.  
M.B.B.S. PICA JODHPUR-09  
-RMC - 11238

### Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center situated at L.S. Hospital Jodhpur / Home Visit on 01.8.24 to complete the requisite medical formalities towards my application for life insurance from Mediwell L&T Insurance Company vide Proposal Form bearing no. \_\_\_\_\_ dated \_\_\_\_\_.

I do confirm specifically that the following medical activities have been performed for me:

- |  |   |                             |
|--|---|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection                           |   |                             |
| a. Blood                                       | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine                                       | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG)                   | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT)                        | Yes <input type="checkbox"/>            | No <input type="checkbox"/> |

5. Others X-Ray chest, 2DECHO, & USG

I have furnished my ID Proof OID bearing ID No. 395753381358 at the time of my medical.

#### Feedback Form

- Behavior and cooperation of staff
  - Reception/ Clinic/ Hospital  Good  Average  Poor
  - Technician/ Doctors  Good  Average  Poor
- Time Management  Good  Average  Poor
- Upkeep of hospital  Good  Average  Poor
- Technology & Skills  Good  Average  Poor
- Please remark if the medical check procedure was satisfactory  Yes  No

(Medical Facility- Location; Facility Set-up, Instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions

<p><u>Omsh</u> Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <p><u>(Makresh Gehlot)</u> Name of the Life to be Insured with date (Proposer (in case of Life insured being minor)</p>	<p><u>Dr. N.P. Mathur</u> Signature of Visiting/Attending Doctor <b>DR. N. P. MATHUR</b> <b>M. B. B.S., F.I.C.A</b> <b>RMC-11238</b></p> <p><u>Lok Sewa Hospita, &amp; M. R.C</u> Name of Visiting/Attending Doctor <b>RODHPIUR-09</b></p> <p><u>RMC/11238</u> MC Registration No:</p> <p><u>1.8.24</u> Doctor Stamp with date</p>
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 भारत सरकार  
 Government of India
 


 मुकेश गहलोत  
 Mukesh Gehlot  
 जन्म तिथि/DOB: 03/09/1991  
 पुरुष/ MALE
 Issue Date: 07/12/2019

Download Date: 11/08/2020

**3957 5338 1358**  
 VID : 9134 8306 2925 1542

मेरा आधार, मेरी पहचान

*M. Mathur*  
**Dr. N. P. MATHUR**  
 M. B., B.S., F.I.C.A  
 RMC-11238  
 Lok Sewa Hospita, & M. R.C  
 JODHPUR-09

*Ombs*


 भारतीय विशिष्ट पहचान प्राधिकरण  
 Unique Identification Authority of India
 

पता:  
 S/O टिकुराम, बावरी बेरा, सोयला, तहसील-भोपालगढ़,  
 सोयला, जोधपुर,  
 राजस्थान - 342037

Address:  
 S/O Tikuram, BAWARI BERA, SOYLA,  
 TEHSIL-BHOPALGARH, Soyla, Jodhpur,  
 Rajasthan - 342037



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Pt Name : Mukesh Gehlot  
Ref By. : Dr. N.P.Mathur  
Serial No : 37698

Age : 33 Yrs.  
Sex : Male  
Date : 01/08/2024

## HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	7,900	4000 - 11000 /CUMM
<b>DLC (DIFFERENTIAL LEUCOCYTE COUNT)</b>		
NEUTROPHILS	80	40 - 70 %
LYMPHOCYTES	17	20 - 40 %
EOSINOPHILS	01	00 - 06 %
MONOCYTES	02	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	12.3	12-18 GM%
PLATELET COUNT	2.94	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	5.53	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	43.0	34-48 %
M.C.V(MEAN CORPUSCULAR VOLUME)	77.76	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	22.24	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	28.60	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	18	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[ TECHNICIAN ]

DR. S. K. LODHA MD. [Patho.]  
[ PATHOLOGIST ]



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## BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 89.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 122.0	< 140 mg/dl
BLOOD UREA	: 24.0	12-50 mg/dl
S.CREATININE	: 0.97	0.6-1.60 mg/dl
S.URIC ACID	: 4.20	3.5-7.2 mg/dl
S.CHOLESTEROL	: 164.0	130-250 mg/dl
S.TRIGLYCERIDES.	: 120.0	60-170 mg.dl
S.HDL CHOLESTEROL [ DIRECT ]	: 42.0	35-65 mg/dl
S.LDL CHOLESTEROL [ DIRECT ]	: 98.00	65-160 mg/dl
S.VLDL CHOLESTEROL	: 24.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 3.90 :1	LESS THEN 4.5
LDL/HDL RATIO	: 2.33 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.67	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.33	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.34	0-0.9 mg/dl
S.GOT	: 38.0	0-40 U/L
S.GPT	: 34.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 118.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 7.8	6-8 gm/dl
S.ALBUMIN	: 4.2	3.7-5.3 gm/dl
S.GLOBULIN	: 3.60	2.5-3.5 gm/dl
S.A/G RATIO	: 1.17 :1	1-2.3

## LIVER FUNCTION TEST

S.G.G.T 32.0 4 - 54 IU/L

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## HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "A"  
(RH) POSITIVE

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Sex : Male  
Date : 01/08/2024

## HbA1C EXAMINATION REPORT

TEST	RESULT
HbA1C	:- 5.6 %
eAG	:- 000.0 mg/dl

### NORMAL REFERENCE VALUE

NORMAL	:- 4.8 %	- 5.9 %
PREDIABETIC	:- 6.0 %	- 6.4 %
GOOD CONTROL	:- 6.5 %	- 7.2 %
FAIR CONTROL	:- 7.3 %	- 7.8 %
POOR CONTROL	:- > 7.9 %	

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Age : 33 Yrs.  
Sex : Male  
Date : 01/08/2024

## THYROID Function Test

### Methodology & Other Information

Method : Chemiluminescence  
Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.84 ng/ml	0.5-2.0 ng/ml
T4	6.72 ug/dl	4.4-11.5 ug/dl
TSH	2.90 uIU/ml	0.35 - 5.50 uIU/ml

### Biological reference range:

Children:	Pregnancy
1-2 days 3.20-34.6 uIU/ml	1 <sup>st</sup> Trimester : 0.30 -- 4.50
3-4 days 0.70-15.4 uIU/ml	2 <sup>nd</sup> Trimester : 0.50 -- 4.60
15 days-1month 1.70-9.10 uIU/ml	3 <sup>rd</sup> Trimester : 0.80 -- 5.20
3 months-20 years 0.70-8.40 uIU/ml	

### Clinical Information:

Primary malfunction of the thyroid gland may result in excessive (hyper) or low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 or T4 in the blood. In Primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary Hypothyroidism, TSH levels may be low. In Euthyroid sick Syndrome, Multiple alterations in serum thyroid function test findings have been recognized.

THANKS FOR REFERING CASE.

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Serial No : 37698

Age : 33 Yrs.  
Sex : Male  
Date : 01/08/2024

## URINE EXAMINATION REPORT

Test	Result(s)
<b>PHYSICAL</b>	
COLOUR	PALE
APPEARANCE	CLEAR
<b>CHEMICAL</b>	
REACTION pH	6.0
SPECIFIC GRAVITY	1.020
ALBUMIN	NIL
SUGAR - (F)	NIL
<b>MICROSCOPIC</b>	
PUS CELLS	0-1 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-2 /HPF
CASTS	Nil
CRYSTALS	Nil
BACTERIA	Nil

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NAME :- Mukesh Gehlot  
CONS.DR.: - N.P.Mathur

AGE :- 33/MALE  
DATE :- 01.08.2024  
PART OF X-RAY: - CHEST P.A.

## X-RAY CHEST (P.A. VIEW)

- Trachea is centrally placed.
- Cardiac shadow is within normal limit.
- Both lung fields are clear.
- Both C. P. angles are clear.
- Soft tissue shadow and bony cage are normal.
- No B. V. marking present in both lung fields.

Impression: - Normal Study.

(RADIOLOGIST)





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Name : Mr. Mukesh Gehlot  
Ref. by Dr. : Dr. N.P. Mathur

Date : 01.08.2024  
Age : 33 Male

## ABDOMINAL SONOGRAPHY (MALE)

### **LIVER –**

LIVER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. HEPATIC AND PORTAL VEINS NORMAL. DIAPHRAGM SHOWS NORMAL.

### **GALL BLADDER –**

GALL BLADDER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. C.B.D. IS NORMAL

### **PANCREAS –**

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

### **KIDNEYS –**

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.

### **SPLEEN –**

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.



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(2)

## **NODES –**

NO PARA AORTIC NODAL ENLARGMENT IS SEEN.  
NO ASCITES.

## **URINARY BLADDER -**

URINARY BLADDER IS WELL DISTENDED. WALL THICKNESS IS NORMAL.  
NO STONE OR MASS IS PRESENT.

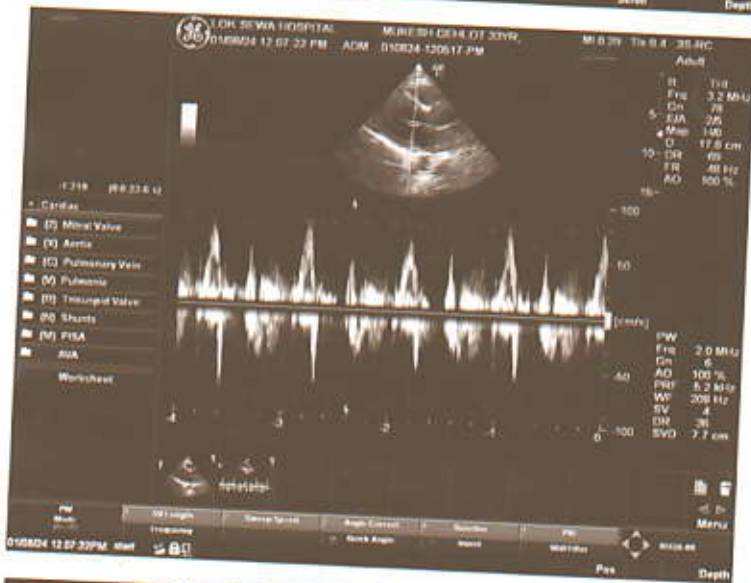
## **PROSTATE –**

PROSTATE IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE.

## **IMPRESSION -**

- LIVER, SPLEEN, PANCREAS, GALL BLADDER AND BOTH KIDNEYS ARE NORMAL.
- NO ASCITYES. NO PARA AORTIC LYMPHEDENOPATHY.
- URINARY BLADDER AND PROSTATE ARE NORMAL.

SONOLOGIST





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Name: Mukesh Gehlot  
Cons. Dr :N.P. MATHUR

Age 33 Male  
Date: 01.08.2024

## Echocardiography & Color Doppler Observation on M Mode and 2 D Echocardiography

	ED	ES		mm.
IVS (mm)	12	-	Aorta Root Diameter	30
LVID (mm)	44	28	LA Diameter	35
LVPWD	11	-	AV cusp sep.	20
LV Vol (ml)	-	-	LA / Ao	-
EF= 70 %			Fract Shortening(FS)	40.00%

Right Atrium :

Right Ventricle :

2 - D Study of Left and Right ventricle :

Both Ventricles are of normal Dimensions.  
No regional wall motion abnormality seen.  
2 D EF = 70 %  
No e / o pericardial effusion seen.

Pulmonary Artery Pressure :

RAP + Trans TR PG = < 25 mm Hg



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## Doppler Study Continuous and Pulse wave Doppler

Valve	Peak Velocity m m/ Sec.	Max P.G. mm Hg	Regurgitation	Appearance
Mitral	84	3.2	No	Normal Thickness
Aortic	112	5.6	No	Normal Thickness
Tricuspid	62	2.1	No	Normal Thickness
Pulmonary	106	4.4	No	Normal Thickness

No e / o Intra or extra cardiac shunt noted.

### IMPRESSION :

No RWMA at rest.  
Normal biventricular contractility.  
Normal LV systolic and diastolic function. 2D EF = 70 %  
Intact septae.  
No e / o PHT  
No mass, clot or pericardial disease

Signature

*M. Mathur*  
**DR. NAMIT MATHUR**  
M.B., B.S., D.N.B., P.G.D.G.M., CCEBDM.  
PHYSICIAN & CARDIOLOGIST





# LOK SEWA HOSPITAL

& Medical Research Centre

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-I,  
JODHPUR - 342 009

Phone : 2752601  
Fax : 2752603

## ELECTROCARDIOGRAM

Shri/Stat. Mukesh Gehlot

Age 33y Sex M Const. Dr. \_\_\_\_\_

O.P.D./Bed No. \_\_\_\_\_ Dated 01/08/24

### E.C.G. REPORT

1. Rate
2. Rhythm
3. Mechanism
4. Extrasystoles
5. P. Wave
6. PR-interval
7. QRS Complex
8. ST Segment
9. T. Waves
10. Others
11. Remarks

TWML

*Mhathi*

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JODHPUR-09

(DR. \_\_\_\_\_)

Name: Murthy, Rishi

Yrs      Cm      Kg      BP     

01/08/24 , Age 33 , Male

Phys

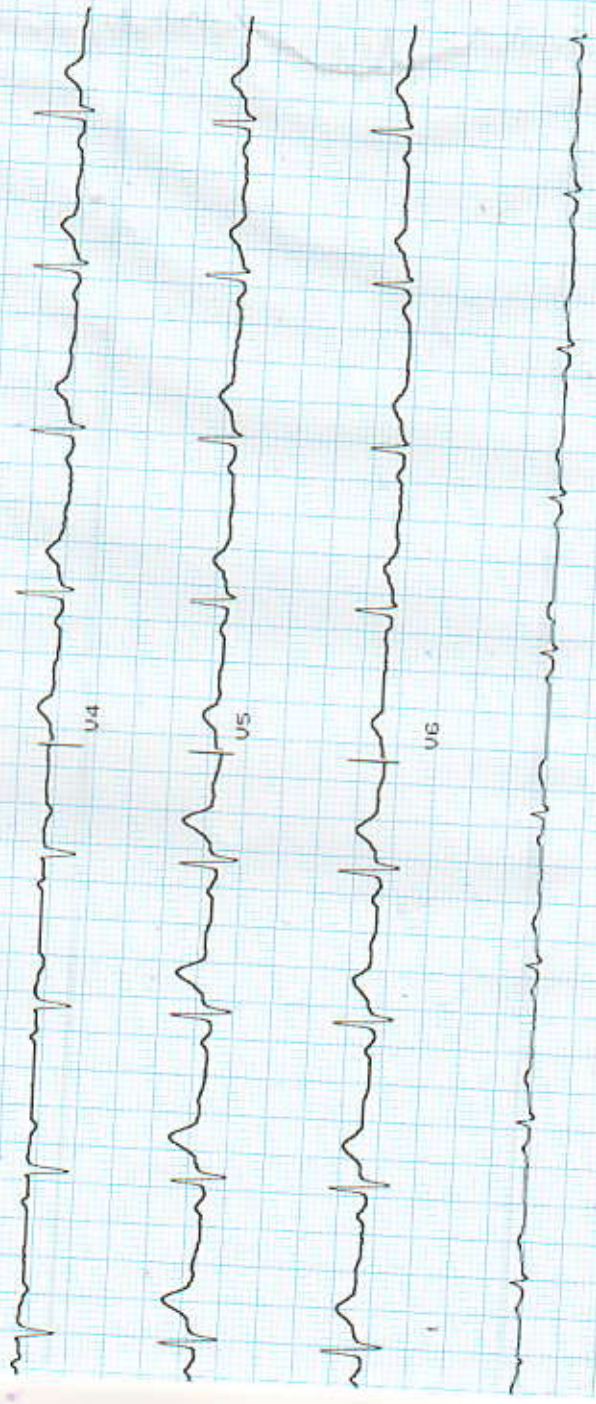


Speed: 10mm/msec Time:       
Paper: 25mm/sec Date:

Heart Rate : 69 bpm

INTERVAL (ms)  
PR: 175 QRS: 27  
QT: 315 QTc: 341

AXIS (deg)  
P : 35 QRS: 10  
T : 0



ARROW CE