



**Mediwheel**  
...Your wellness partner

**Arcofemi Healthcare Pvt Ltd**

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

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Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

## **MEDICAL FITNESS CERTIFICATE**

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Kashyap Ketan Pandya** aged, **27yr**. Based on the examination, I certify that he is in good dental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: **Mumbai**

Date: 08/08/2024

**Dr. Nitesh Kumar**  
**MBBS**

BCMP 47000  
Name & Signature of

Medical officer



Patient : MR KASHYAP K PANDYA

M/27 Y.

8-Aug-24

Ref By : Dr ARCOFEMI HEALTHCARE LT

No : 1

**COMPLETE BLOOD COUNT WITH ESR**

Test	Value	Normal Range	Units
HAEMOGLOBIN	13.8	13.5 - 18.0	gms/dl
R.B.C. COUNT	4.74	4.50 - 6.50	millions/cumm
PCV	41.2	40.0 - 54.0	%
MCV	86.9	76.0 - 96.0	u3
MCH	29.1	27.0 - 32.0	pg
MCHC	33.5	30.0 - 35.0	%
RDW	14.3	11.5 - 14.5	%
W.B.C. COUNT	7,250	4,000-11,000	cells/cmm
<b>Differential Count :</b>			
Neutrophils	62	45 - 70	%
Lymphocytes	32	20 - 45	%
Eosinophils	02	1 - 6	%
Monocytes	04	1 - 10	%
Basophils	00	0 - 1	%
PLATELET COUNT	368,000	150,000 - 450,000	cells/cmm
PLATELETS ON SMEAR	Adequate		
R.B.C. MORPHOLOGY	Normocytic Normochromic		
W.B.C. MORPHOLOGY	Normal		
E.S.R (Westergren)	12	0 - 20	mm / hr

CBC done on Fully Automated Erba H560 Cell Counter.

*Ashwini*

Dr Ashwini Sangvikar

M.D. Pathology



Patient : MR KASHYAP K PANDYA

M/27 Y

8-Aug-24

Ref By : Dr ARCOFEMI HEALTHCARE LT

No : 1

**BLOOD SUGAR**

<u>Test</u>	<u>Value</u>	<u>Normal Range</u>	<u>Units</u>
FASTING BLOOD SUGAR	97	70-110	mg/dl
Urine Sugar	No Sample		
Urine Ketones	No Sample		
POST PRANDIAL BLOOD SUGAR	105	70-140	mg/dl
Urine Sugar (2 hrs)	No Sample		
Urine Ketones (2 Hrs)	No Sample		

METHOD : Glucose Oxidase Peroxidase ( GOD/POD )

American Diabetes Association (ADA 2013) Blood Glucose Level Criteria :

**FASTING GLUCOSE LEVEL**

Normal glucose tolerance : < 100 mg %

Impaired Fasting Glucose : 100 - 125 mg %

Provisional diagnosis for:  $\geq 126$  mg % (on two different occasions)  
diabetes mellitus

**POST LUNCH GLUCOSE LEVEL**

Normal glucose tolerance : <140 mg %

Impaired Glucose Tolerance : 140 - 199 mg %

Provisional diagnosis for:  $\geq 200$  mg % (on two different occasions)  
diabetes mellitus

**URINE SUGAR INTERPRETATION : (Approx.)**

Trace : 0.1 g/dl

± : 0.25 g/dl

++ : 0.5 g/dl

+++ : 1.0 g/dl

++++ :  $>2.0$  g/dl

*Ashwini*

Dr Ashwini Sangvikar

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Patient : MR KASHYAP K PANDYA

M/27 Y

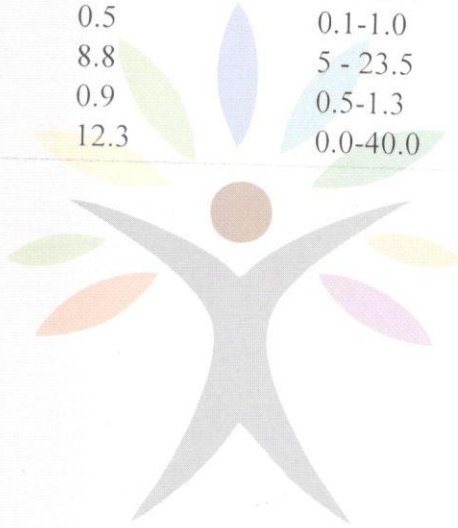
8-Aug-24

Ref By : Dr ARCOFEMI HEALTHCARE LT

No : 1

**BIOCHEMISTRY**

<u>Test</u>	<u>Value</u>	<u>Normal Range</u>	<u>Units</u>
Bilirubin (Total)	0.68	0.0-1.20	mg/dl
Bilirubin (Direct)	0.14	0.0-0.40	mg/dl
Bilirubin (Indirect)	0.5	0.1-1.0	mg/dl
BUN / CREATININE RATIO	8.8	5 - 23.5	
Creatinine	0.9	0.5-1.3	mg/dl
S.G.P.T	12.3	0.0-40.0	IU/L



*Ashwini Sangvikar*

Dr Ashwini Sangvikar

M.D. Pathology



**PULSE RADWAVE**  
**DIAGNOSTIC**  
UNIT OF RADWAVE DIAGNOSTIC LLP

- ▶ Pathology ▶ Digital X - ray ▶ Sonography ▶ 3D - 4D Sonography
- ▶ Color Doppler ▶ ECG ▶ 2D Echo ▶ EEG ▶ EMG ▶ NCV
- ▶ PFT ▶ Mammography ▶ FNAC ▶ USG Guided Procedures
- ▶ MSK Procedures ▶ X-Ray Special investigations ▶ Holter Monitor
- ▶ Sleep Study & Others. **LLP Identification Number : ACE - 2173**

Patient : MR KASHYAP K PANDYA

M/27 Y

8-Aug-24

Ref By : Dr ARCOFEMI HEALTHCARE LT

No : 1

**BLOOD GROUP**

**Test**

**Value**

BLOOD GROUP

"O" Positive.

Method: Slide & Tube Agglutination



*Sangvikar*

Dr Ashwini Sangvikar

M.D. Pathology

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Address : Shop No. 2 & 3, Naya Oriental Co-Op Hus. Society Ltd., Opp. Sahakari Bhandar,  
LIC Colony, Next to Hotel Majestic NX, Borivali (W), Mumbai - 400 103. Maharashtra.



Patient : MR KASHYAP K PANDYA

M/27 Y

8-Aug-24

Ref By : Dr ARCOFEMI HEALTHCARE LT

No : 1

Urine Routine

Test

Value

Physical Examination:

Quantity	25 ml
Colour	Yellow
Appearance	Hazy
Reaction (pH)	Acidic(6.0)
Specific Gravity	1.020

Chemical Examination:

Proteins	Trace
Glucose	Absent
Ketone Bodies	Absent
Occult Blood	Absent
Bile Salts	Absent
Bile Pigments	Absent
Urobilinogen	Normal

Microscopic Examination:

Pus Cells	3 - 4 / hpf
Red Blood Cells	Absent
Epithelial Cells	1 - 2 / hpf
Casts	Absent
Crystals	Calcium Oxalate (++)
Bacteria	Absent
Yeast Cells	Absent
Amorphous Deposits	Absent
Mucus	Present (+)
Other	----

*Rangvikar*

Dr Ashwini Sangvikar

M.D. Pathology

PATIENT NAME : MR KASHYAP K PANDYA  
AGE/ SEX : 27 YRS / MALE  
REF.CLINICIAN : APOLLO-ARCOFEMI HEALTHCARE LTD  
DATE : 08/08/2024

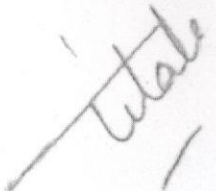
X-RAY CHEST (P A VIEW)


- Both lung fields are clear.
- Both CP angle are normal.
- Cardiac and aortic shadows are normal.
- No obvious hilar or mediastinal lesion is seen.
- Bony thorax appears normal. No evidence of fracture seen.

CONCLUSION: X-Ray findings show...

- No significant abnormality of note.

Please correlate clinically.  
Thanks for the referral,

  
Dr. Tilak Manilal Dedhia  
M.B.B.S; M.D; D.N.B.(Radio-diagnosis)  
Consultant Radiologist,

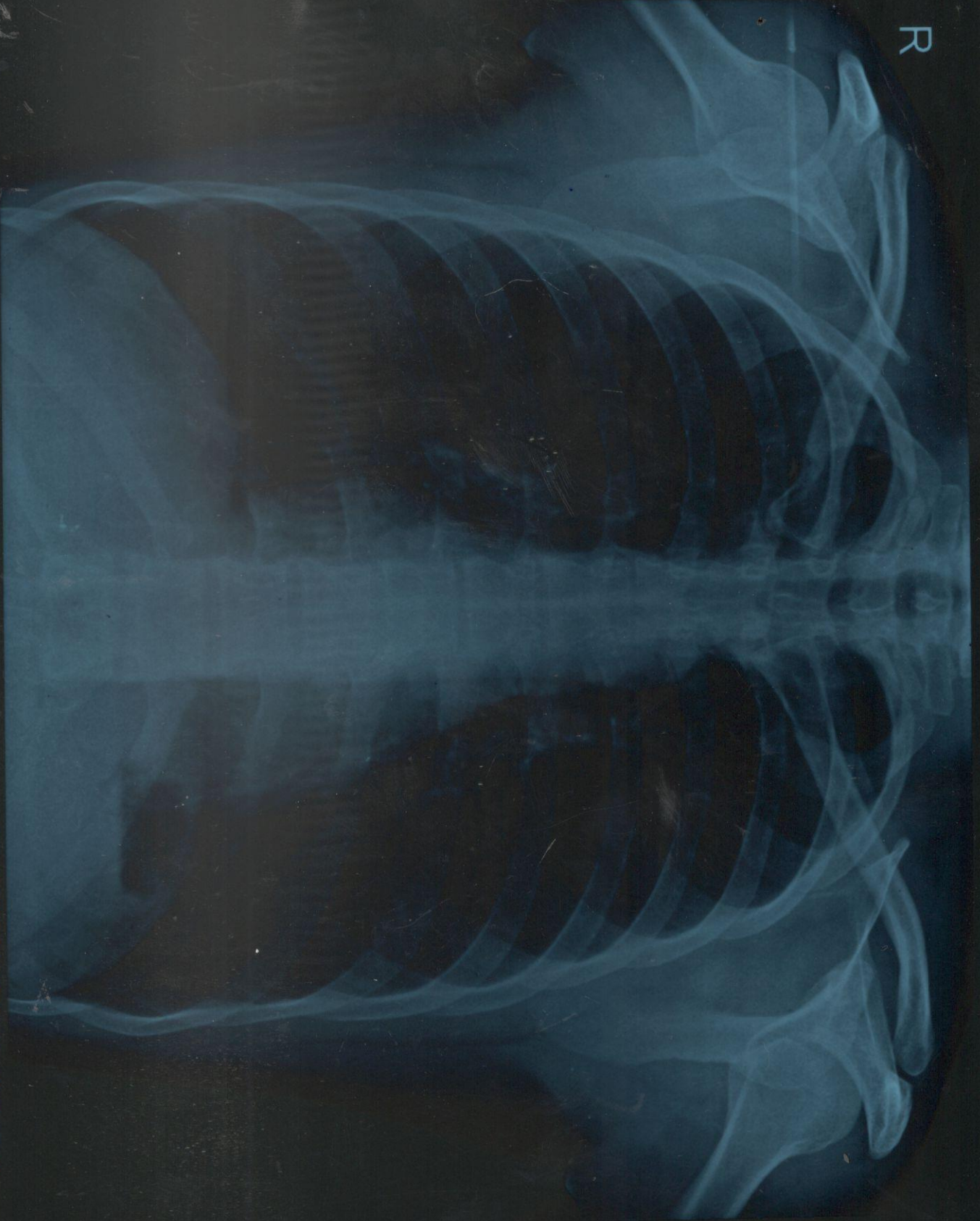
  
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R



08/08/2024 5031 MR.KASHYAP PANDYA 27 Y M APOLLO-ARCOFEMI HEALTHCARE LTD CHEST PA  
Pulse Diagnostic Centre (Radwave Diagnostic Pvt. Ltd), Borivalli

X



# 12 LEAD ECG REPORT



**PULSE RADWAVE**  
**DIAGNOSTIC**  
UNIT OF RADWAVE DIAGNOSTIC LLP



08/08/24

Name: Mr. Kashyap Pandya 27/male Apollo - Arcofemi Healthcare Ltd

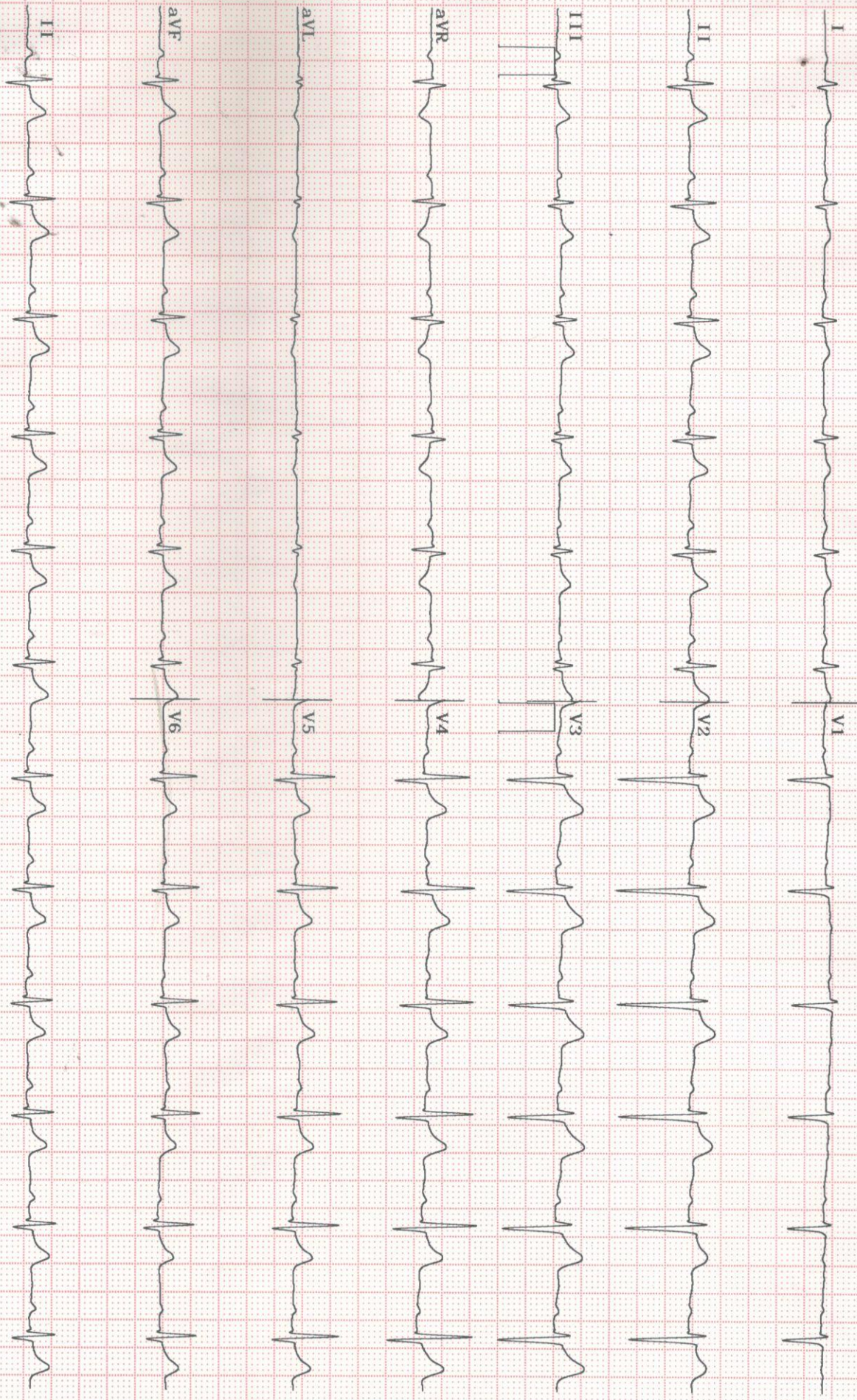
- ▶ Pathology ▶ Digital X - ray ▶ Sonography ▶ 3D - 4D Sonography ▶ Color Doppler ▶ ECG
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- ▶ X-Ray Special investigations ▶ Holter Monitor ▶ Sleep Study & Others.

ID :  
Name: KASHYAP  
Age : 26 years  
Sex : Male  
H : 0 cm / W : 0 kg

Heart Rate: 73 bpm  
PR/RR Int.: 190/822 ms  
QRS Dur.: 98 ms  
QT/QTc: 372/410 ms  
P-R-T axes: 53 43 67  
SV1/RV5/R+S: 0.71/0.76/1.47mV

\*\* Analysis Result \*\*  
Normal Sinus Rhythm  
Normal Axis  
I Normal ECG 1

Prescribed by:



Base: 0.1Hz LPF: 40Hz AC: 50Hz EMG: 0n

10.0mm/mV 25.0mm/sec

EKG2000 6.00/3.24 Bionet Co., Ltd.

# ELECTROCARDIOGRAM

Please Photocopy ECG As Tracings Fades After Some Time

Name: Mr. Kashyap K Panolga

Date: 08/08/24 Time: \_\_\_\_\_ Age / Sex: 27/male

Heart Rate: \_\_\_\_\_

Rhythm: \_\_\_\_\_

Axis: \_\_\_\_\_

Voltage: \_\_\_\_\_

P Wave: \_\_\_\_\_

PR Interval: \_\_\_\_\_

Qrs Interval & Complex: \_\_\_\_\_

ST Segment: \_\_\_\_\_

T Wave: \_\_\_\_\_

QT Interval: \_\_\_\_\_

QTC: \_\_\_\_\_

Impression: WNL

Signature of Physician DR. PRIVAM BHATJWALE, M.D.

REG. NO. 698857