



PID NO. : CIA1839

Name : ASHRAF ASLAM SHAIKH

Sex / Age : Male / 26 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

26-Sep-2024 / 9:17 am

Coll Date

26-Sep-2024 / 9:22 am

Report Date

26-Sep-2024 / 11:40 am

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	46.98	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.41	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.15	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	0.26	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.69	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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26-Sep-2024 / 11:40 am

REPORT

Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	12.34	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.69	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	17.89		10 - 20.1
Urea (Serum, Method-Urease)	26.42	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade
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Reg. Date
26-Sep-2024 / 9:17 am
Coll Date
26-Sep-2024 / 9:22 am
Report Date
26-Sep-2024 / 11:40 am

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	104.16	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	102.16	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

PRIYA PANDEY
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



PID NO. : CIA1839

Name : ASHRAF ASLAM SHAIKH

Sex / Age : Male / 26 Years

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Reg. Date

26-Sep-2024 / 9:17 am

Coll Date

26-Sep-2024 / 9:22 am

Report Date

26-Sep-2024 / 2:15 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----

PRIYA PANDEY
Lab Technician

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26-Sep-2024 / 11:40 am

REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"O"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

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26-Sep-2024 / 11:40 am

REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	16.2	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	5.66	million / cumm	4.5- 5.5
HCT	49.1	%	40- 50
MCV	86.9	fL	83 - 101
MCH	28.6	pg	27 - 32
MCHC	33	gm / dl	31.5 - 34.5
RDW (CV)	13.2	%	11.6- 14.0
Total W.B.C. Count	10630	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	50	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	1 - 6

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	07	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	324000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	05	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

Pritam Dhanawade
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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of _____ on _____

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p style="margin-left: 40px;">Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p style="margin-left: 40px;">However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p style="margin-left: 40px;">Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

Dr. _____ *H.M. Mistry*

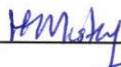
DR. HANVREE MISTRY KAPADIA MBBS, FCPS
 APPROVED BY DG SHIPPING (GOI)
 CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE
 REG NO. RIMC: 80174
 101-102, HERITAGE PLAZA, TELI CROSS LANE
 ANDHERI EAST, MUMBAI-400 069.
 SEA BIRD MEDICARE CENTRE

This certificate is not meant for medical-legal purposes



MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	26/09/2024		
NAME	Ashraf Aslam Shaikh		
AGE	26 yrs	GENDER	Male
HEIGHT (CM)	177cm	WEIGHT (KG)	86 kg
B.P.	130/84 mmHg		
ECG	Normal		
X Ray	NAD		
Vision Checkup	Color Vision: Normal Far Vision Ratio: 6/6 Near Vision Ratio: 15 } Unaided		
Present Ailments	N-S		
Details of Past ailments (If Any)	N-S		
Comments / Advice:	Repeat CBC after 7 days		


 Signature with Stamp of Medical Examiner
DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS
 APPROVED BY DG SHIPPING (GOI)
 CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE
 REG NO. MMC: 80174
 A-101-102, HERITAGE PLAZA, TELI CROSS LANE
 ANDHERI EAST, MUMBAI-400 069.
 SEA BIRD MEDICARE CENTRE



SEA BIRD MEDICARE CENTRE

Report ID : **AASM26993352** Reg. : **26-Sep-2024**
Patient Name : **Mr. ASHRAF ASLAM SHAIKH** Report Date : **26-Sep-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR. MUKUL ARTE** Age/Sex : **26 Year / Male**

CHEST X RAY REPORT

X-Ray No : 8341

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704
Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



भारत सरकार
Government of India



Aadhaar no. issued: 14/01/2013

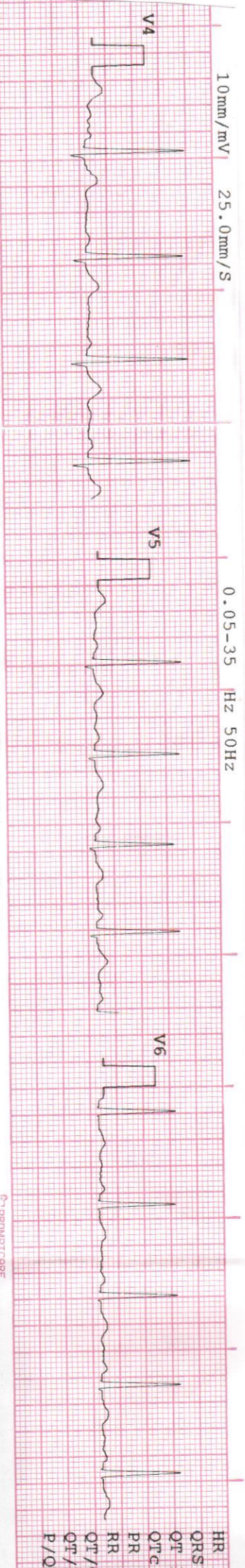
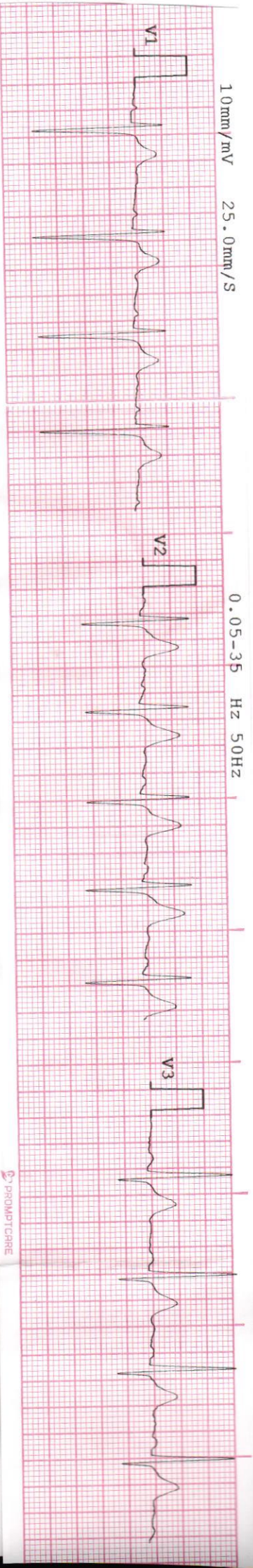


अशरफ असलम शेख
Ashraf Aslam Shaikh
जन्म तिथि/DOB: 19/02/1998
पुरुष/ MALE

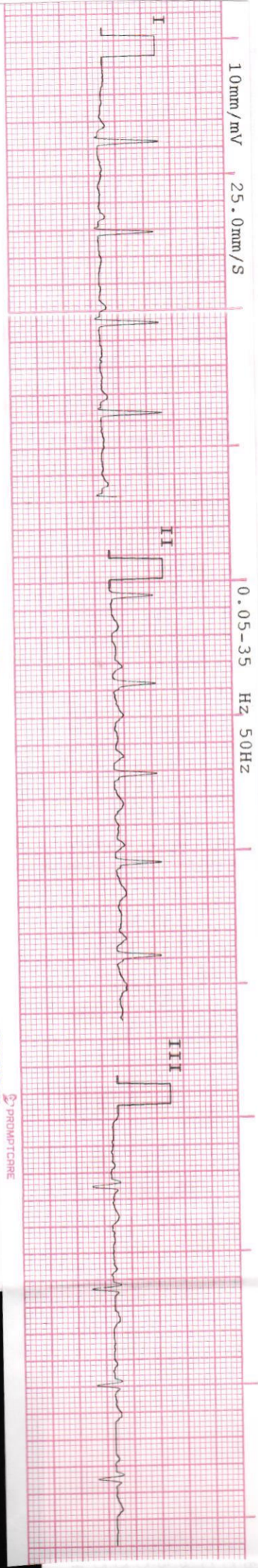
आधार पहचान का प्रमाण है, नागरिकता या जन्मतिथि का नहीं ।
इसका उपयोग सत्यापन (ऑनलाइन प्रमाणीकरण, या क्यूआर कोड/
ऑफ़लाइन एक्सएमएल की स्कैनिंग) के साथ किया जाना चाहिए ।
**Aadhaar is proof of identity, not of citizenship
or date of birth.** It should be used with verification (online
authentication, or scanning of QR code / offline XML).

3609 5826 4278

मेरा आधार, मेरी पहचान



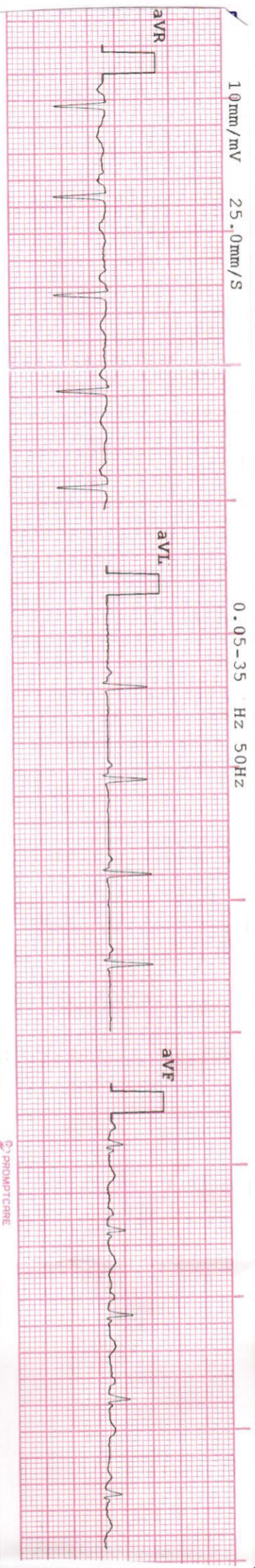
HR	: 90	BPM
QRS DUR	: 111	ms
QT INT	: 378	ms
QTc INT	: 463	ms
PR INT	: 118	ms
RR INT	: 664	ms
QT/QTc	: 81	%
QT/RR	: 56	%
P/ORS/T	: 38/22/64	deg



LEAD I

LEAD II

LEAD III



LEAD aVR

LEAD aVL

LEAD aVF

SEA BIRD MEDICARE CENTRE
ANDHERI EAST, MUMBAI-400 069,
A-101-102, HERITAGE PLAZA, TELLI CROSS LANE

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REMARKS					
QRS COMPLEX	isoelectric	ST. SEGMENT	N	I WAVE	N
P WAVE	N	PR. INTERVAL	N	Q. WAVE	N
RATE	86/min	RHYTHM	regular	VOLTAGE	N

E. C. G. REPORT

ELECTROCARDIOGRAPHIC REPORT



Sea Bird
Sea Bird Medicare Centre
(ISO: 9001 - 2015)

101-102, Heritage Plaza, Telli Cross Lane, Andheri East (Nr. Station),
Mumbai - 400069. Tel.: 022-4603 2704 / 81046 06813

102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens,
Powai, Mumbai - 400076. Tel.: 2570 4157 / 2570 1053

Website: www.seabirdhf.com / Email: seabird@seabirdhf.com

NAME Ashraf Shaikh

AGE 26 DATE 26/09/24



SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Ashraf Aslam Shaikh on 26/09/24

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
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Dr. H.M. Mistry

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 Medical Officer
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