

CONCLUSION OF HEALTH CHECKUP

ECU Number	: 9821	MR Number	: 23229709	Patient Name:	NIRMAL LOKESH
Age	: 37	Sex	: Male	Height	: 168
Weight	: 92.4	Ideal Weight	: 65	BMI	: 32.74
Date	: 02/03/2024				

Fatty liver

Az

Fibrosis

By Hye Monty John



Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.

ECU Number : 9821                      MR Number : 23229709                      Patient Name: NIRMAL LOKESH  
Age : 37                                      Sex : Male                                      Height : 168  
Weight : 92.4                                Ideal Weight : 65                              BMI : 32.74  
Date : 02/03/2024

Past H/O : NO P/H/O ANY MAJOR ILLNESS.

Present H/O : NO F/H/O ANY MAJOR ILLNESS.

Family H/O : MOTHER : CA LUNG  
FATHER : IHD - CABG DONE

Habits : NO  
Gen.Exam. : G.C. GOOD  
B.P : 124/76  
Pulse : 88/MIN REG.  
Others : SPO2 98 %  
C.V.S : NAD  
R.S. : NAD  
Abdomen : NP  
Spleen : NP  
Skin : NAD  
C.N.S : NAD  
Advice :

ECU Number : 9821  
Age : 37  
Weight : 92.4  
Date : 02/03/2024

MR Number : 23229709  
Sex : Male  
Ideal Weight : 65

Patient Name: NIRMAL LOKESH  
Height : 168  
BMI : 32.74

### Ophthalmic Check Up :

Right

Left

Ext Exam

NORMAL

Vision Without Glasses

-

-

Vision With Glasses

6/6 N.5

6/6 N.5

Final Correction

SAME AS OWN

SAME AS OWN

Fundus

NORMAL

Colour Vision

NORMAL

Advice

NIL

### Orthopaedic Check Up :

Ortho Consultation

Ortho Advice

### ENT Check Up :

Ear

Nose

Throat

Hearing Test

ENT Advice

### General Surgery Check Up :

General Surgery

Abdominal Lump

Hernia

External Genitals

PVR

Proctoscopy

Any Other

Surgical Advice



Patient Name : Mr. NIRMAL LOKESH  
Gender / Age : Male / 37 Years 2 Months 20 Days  
MR No / Bill No. : 23229709 / 242086739  
Consultant : Dr. Manish Mittal  
Location : OPD

Type : OPD  
Request No. : 204154  
Request Date : 02/03/2024 09:03 AM  
Collection Date : 02/03/2024 09:38 AM  
Approval Date : 02/03/2024 02:45 PM

**CBC + ESR**

Test	Result	Units	Biological Ref. Range
<b>Haemoglobin.</b>			
Haemoglobin	14.6	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	5.50	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	46.9	%	40 - 50
Mean Corpuscular Volume (MCV)	85.3	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	<b>26.5</b>	pg	27 - 32
MCH Concentration (MCHC)	<b>31.1</b>	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	12.4	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	<b>38.5</b>	fl	39 - 46
<b>Total Leucocyte Count (TLC)</b>			
Total Leucocyte Count (TLC)	6.36	thou/cmm	4 - 10
<b>Differential Leucocyte Count</b>			
Polymorphs	49	%	40 - 80
Lymphocytes	<b>43</b>	%	20 - 40
Eosinophils	02	%	1 - 6
Monocytes	06	%	2 - 10
Basophils	00	%	0 - 2
Polymorphs (Abs. Value)	3.11	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	2.75	thou/cmm	1 - 3
Eosinophils (Abs. Value)	<b>0.09</b>	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.35	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.06	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.6	%	1 - 3 : Borderline > 3 : Significant
<b>Platelet Count</b>			
Platelet Count	301	thou/cmm	150 - 410
Remarks	This is cell counter generated CBC report, Smear review is not done		
ESR	7	mm/1 hr	0 - 10

Test Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name	: Mr. NIRMAL LOKESH	Type	: OPD
Gender / Age	: Male / 37 Years 2 Months 20 Days	Request No.	: 204154
MR No / Bill No.	: 23229709 / 242086739	Request Date	: 02/03/2024 09:03 AM
Consultant	: Dr. Manish Mittal	Collection Date	: 02/03/2024 09:38 AM
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### CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.  
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Ameet Soni  
MD (Path)

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MR No / Bill No. : 23229709 / 242086739  
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Approval Date : 02/03/2024 03:23 PM

**Haematology**

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>Biological Ref. Range</u>
<b>Blood Group</b>			
ABO system	B		
Rh system.	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontro
- This method check`s group both on Red blood cells and in Serum for "ABO" group.

---- End of Report ----

Dr. Rakesh Vaidya  
MD (Path). DCP.

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Approval Date : 02/03/2024 03:01 PM

**Fasting Plasma Glucose**

Test	Result	Units	Biological Ref. Range
<i>Fasting Plasma Glucose</i>			
Fasting Plasma Glucose	98	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	139	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

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MD (Path). DCP.

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**HbA1c (Glycosylated Hb)**

Test	Result	Units	Biological Ref. Range
<b>HbA1c (Glycosylated Hb)</b>			
Glycosylated Hemoglobin (HbA1c)	5.4	%	
estimated Average Glucose (e AG) *	108.28	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

\* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

**Guidelines for Interpretation:**

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

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MD (Path). DCP.





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**Complete Lipid Profile**

Test	Result	Units	Biological Ref. Range
<b>Complete Lipid Profile</b>			
Appearance	Clear		
Triglycerides (Done by Lipase /Glycerol kinase on Vitros 5600 < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)	118	mg/dL	1 - 150
Total Cholesterol (Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600. <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)	193	mg/dL	1 - 200
HDL Cholesterol (Done by Colorimetric: non HDL precipitation method PTA/MgCl2 on Vitros 5600 < 40 Low > 60 High)	37	mg/dL	40 - 60
Non HDL Cholesterol (calculated) (Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)	156	mg/dL	1 - 130
LDL Cholesterol (Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600 < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)	125	mg/dL	1 - 100
VLDL Cholesterol (calculated)	23.6	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.38		2.1 - 3.5
T. Ch./HDL Ch. Ratio (Recent NECP / ATP III Guidelines / Classification (mg/dl) :)	5.22		3.5 - 5

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path), DCP.



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**Liver Function Test (LFT)**

Test	Result	Units	Biological Ref. Range
<b>Bilirubin</b>			
Bilirubin - Total	0.79	mg/dL	0 - 1
Bilirubin - Direct	0.14	mg/dL	0 - 0.3
Bilirubin - Indirect	0.65	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	24	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	30	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	84	U/L	53 - 128
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	11	U/L	15 - 85
<i>(Done by Multipoint Rate - L-γ-glutamyl-p-nitroanilide on Vitros 5600)</i>			
<b>Total Protein</b>			
Total Proteins	7.87	gm/dL	6.4 - 8.2
Albumin	4.53	gm/dL	3.4 - 5
Globulin	3.34	gm/dL	3 - 3.2
A : G Ratio	1.36		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

---- End of Report ----

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MD (Path). DCP.

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Range
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	20	mg/dL	10 - 45
BUN	9.35	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	<b>0.68</b>	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : &gt; 60 ml/min for adults between age group of 18 to 70 yrs. EGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	5.0	mg/dL	3.4 - 7.2

--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.

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Patient Name : Mr. NIRMAL LOKESH  
 Gender / Age : Male / 37 Years 2 Months 20 Days  
 MR No / Bill No. : 23229709 / 242086739  
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## Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
Triiodothyronine (T3)	1.34	ng/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (ng/ml)</i>			
1 - 3 days	: 0.1 - 7.4		
1-11 months	: 0.1 - 2.45		
1-5 years	: 0.1 - 2.7		
6-10 years	: 0.9 - 2.4		
11-15 years	: 0.8 - 2.1		
16-20 years	: 0.8 - 2.1		
Adults (20 - 99 years)	: 1.07 - 1.85		
Pregnancy (in last 5 months)	: 1.2 - 2.5		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition )</i>			
Thyroxine (T4)	11.0	mcg/dL	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (mcg/dL)</i>			
1 - 3 days	: 11.8 - 22.6		
1 - 2 weeks	: 9.8 - 16.6		
1 - 4 months	: 7.2 - 14.4		
4 - 12 months	: 7.8 - 16.5		
1-5 years	: 7.3 - 15.0		
5 - 10 years	: 6.4 - 13.3		
10 - 20 years	: 5.6 - 11.7		
Adults (20-99 years)	: 5.91 - 12.98		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition )</i>			
Thyroid Stimulating Hormone (US-TSH)	1.82	microlU/ml	
<i>(Done by CLIA based method on automated immunoassay Vitros 5600.)</i>			
<i>Reference interval (microlU/ml)</i>			
Infants (1-4 days)	: 1.0 - 39		
2-20 weeks	: 1.7 - 9.1		
5 months - 20 years	: 0.7 - 6.4		
Adults (20-99 years)	: 0.4001 - 4.049		
<i>Pregnancy :</i>			
1st trimester	: 0.3 - 4.5		
2nd trimester	: 0.5 - 4.6		
3rd trimester	: 0.8 - 5.2		
<i>(Reference : Tietz - Clinical guide to laboratory test, 4th edition )</i>			

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--- End of Report ---

Dr. Rakesh Vaidya  
MD (Path). DCP.



Patient Name : Mr. NIRMAL LOKESH Type : OPD  
 Gender / Age : Male / 37 Years 2 Months 20 Days Request No. : 204154  
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 Consultant : Dr. Manish Mittal Collection Date : 02/03/2024 09:38 AM  
 Location : OPD Approval Date : 02/03/2024 02:40 PM

**Urine routine analysis (Auto)**

Test	Result	Units	Biological Ref. Range
<b>Physical Examination</b>			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
<b>Chemical Examination (By Reagent strip method)</b>			
pH	5.0		
Specific Gravity	1.020		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
<b>Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)</b>			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/lpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	<b>Absent</b>	/hpf	Absent
Organism	Absent		

--- End of Report ---

Dr. Ameer Soni  
MD (Path)



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Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23229709 Report Date : 02/03/2024

Request No. : 190105822 02/03/2024 9.03 AM

Patient Name : **Mr. NIRMAL LOKESH**

Gender / Age : Male / 37 Years 2 Months 20 Days

**X-Ray Chest AP**

Both lung fields are clear.  
Both costophrenic sinuses appear clear.  
Heart size is normal.  
Hilar shadows show no obvious abnormality.  
Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED

**Dr. Priyanka Patel, MD.**

Consultant Radiologist



Computerized Radiography
Ultra Sensitive Colour Doppler
Ultra High Resolution Sonography
Multi-Detector CT Scan
Magnetic Resonance Imaging (MRI)
Mammography
Interventional Radiology
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Foetal Echocardiography
Echocardiography
4D USG & Doppler

**DEPARTMENT OF DIAGNOSTIC RADIOLOGY**

Patient No. : 23229709      Report Date : 02/03/2024  
Request No. : 190105734      02/03/2024 9.03 AM  
Patient Name : **Mr. NIRMAL LOKESH**  
Gender / Age : Male / 37 Years 2 Months 20 Days

**USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen**

**Liver is mild enlarged in size (16cm) and increased in echopattern.** No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct is not dilated.

Pancreas shows no obvious abnormality. Tail obscured.  
Spleen is normal size and echopattern.

Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.


No ascites.

**COMMENT:**

- **Mild hepatomegaly with fatty liver.**

*Kindly correlate clinically*

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES  
• NOT VALID FOR MEDICO-LEGAL PURPOSES  
• CLINICAL CORRELATION RECOMMENDED



**Dr. Priyanka Patel, MD.**  
Consultant Radiologist





Patient No. : 23229709      Report Date : 02/03/2024  
 Request No. : 190105784      02/03/2024 9.03 AM  
 Patient Name : **Mr. NIRMAL LOKESH**  
 Gender / Age : Male / 37 Years 2 Months 20 Days

**Echo Doppler Screening**

MITRAL VALVE : NORMAL  
 AORTIC VALVE : TRILEAFLET, NORMAL  
 TRICUSPID VALVE : NORMAL, TRACE TR, NO PAH  
 PULMONARY VALVE : NORMAL  
 LEFT ATRIUM : NORMAL  
 AORTA : NORMAL  
 LEFT VENTRICLE : NORMAL, NO REGIONAL WALL MOTION ABNORMALITY,  
 LVEF=60%  
 RIGHT ATRIUM : NORMAL  
 RIGHT VENTRICLE : NORMAL  
 I.V.S. : INTACT  
 I.A.S. : INTACT  
 PULMONARY ARTERY : NORMAL  
 PERICARDIUM : NORMAL  
 COLOUR/DOPPLER FLOW MAPPING : Trace TR, NO PAH

**FINAL CONCLUSION:**

1. ALL CARDIAC CHAMBERS ARE NORMAL IN DIMENSIONS
2. NO REGIONAL WALL MOTION ABNORMALITY AT REST
3. NORMAL LV SYSTOLIC FUNCTION, LVEF=60%
4. NORMAL VALVES
5. NO E/O LV DIASTOLIC DYSFUNCTION
6. NO AR, MR, TRACE TR, NO PULMONARY HYPERTENSION, ( IVC COLLAPSING )
7. NO PERICARDIAL EFFUSION, CLOT VEGETATION.

Dr. KILLOL KANERIA MD, DM  
 Consultant Cardiologist



Mr. Nirmal Lokesh -  
Patient ID ECU/23229709

02.03.2024 09:57:09  
Standard 12-Lead

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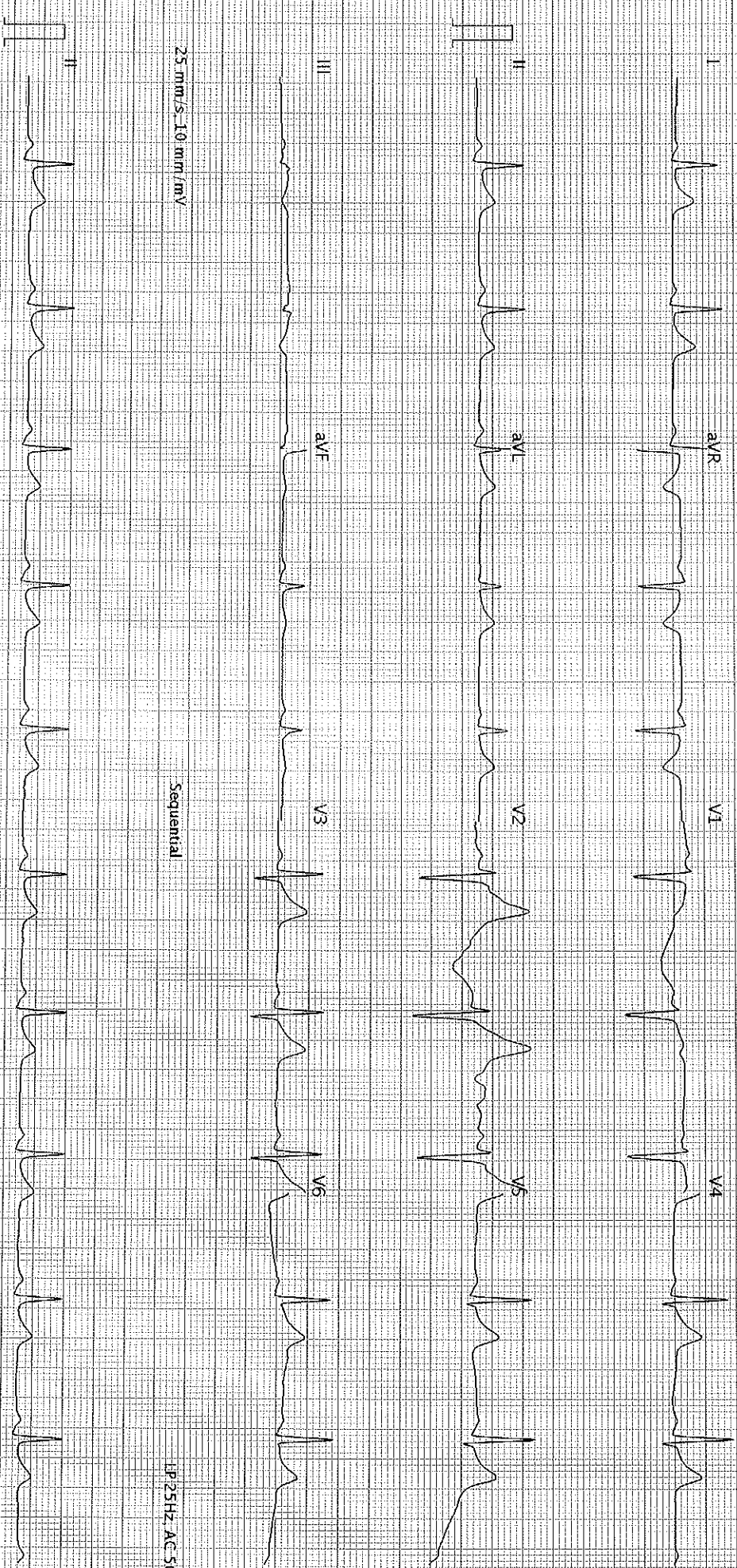
Age 037Y  
Gender Male  
Ref. phys.

Paramaker Unknown

HR 63 bpm  
RR 954 ms  
P axis 42°  
QRS axis 25°  
T axis 11°  
PR 137 ms  
QR 97 ms  
QT 366 ms  
QTcB 405 ms

Unconfirmed report

*PR*



AT-102-G2-12.0 (1080 011030)

SCHILLER

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