

Name : Mr. CHIRAG V MISTRY
 UHID/REG : UHID9390/REG-9388
 Age/Sex : (43Y 9M 16D-M)
 Consultant : Dr. Medical Officer
 Sponsor : Apollo Health and Lifestyle Limited

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Mr. Chirag Mistry on 24/06/23

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>NA</u> <u>Low Fat Diet</u></p> <p>2. <u>NA</u> <u>Repeat lipid profile</u></p> <p>3. <u>NA</u> <u>03 months</u></p> <p style="margin-left: 150px;"><u>Regular Exercise</u></p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> • Unfit 	<input checked="" type="checkbox"/>

Dr. Chirag Mistry
 Medical Officer 629279
 The Apollo Clinic, (Location)

This certificate is not meant for medico-legal purposes

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MER- MEDICAL EXAMINATION REPORT

Date of Examination 24/06/23	
NAME Mr. Chirag Mistry	
AGE 43 Y 9 M	Gender Male
HEIGHT(cm) 163.4 cm	WEIGHT (kg) 68.9
B.P. - 128/78 mmHg	
ECG - Normal	
X Ray - Normal	X-ray Chest PA view
Vision Checkup	Color Vision :
	Far Vision Ratio :
	Near Vision Ratio :
Present Ailments	Acidity
Details of Past ailments (If Any)	Covid-19 positive (2021)
Comments / Advice : She /He is Physically Fit	He is physically fit
He is physically fit	



Chirag V. Mistry 27279

Signature with Stamp of Medical Examiner



ભારત સરકાર

Government of India



મિસ્ત્રી ચિરાગ વિજયભાઈ
Mistry Chirag Vijaybhai

જન્મ તારીખ / DOB: 08/09/1979
પુરુષ / Male



6266 7778 7495

આધાર - સામાન્ય માણસનો અધિકાર



भारतीय विशिष्ट ओળभाए-पूंपिकरण
Unique Identification Authority of India

सरनामु. सी-4
अमीजयोल ओपाईमेन्ट, डोक्टर हडिस सामे
आंबावाडी, अमदावाड शहर, ओलीसब्रीज
अमदावाड, गुजरात, 380006

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Ahmedabad, Ellisbridge,
Gujarat, 380006

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www.uidai.gov.in



HEALTH CARE 24x7 PATHOLOGY & ENDOCRINE LABORATORY

(FULLY BARCODED , FULLY AUTOMATED, FULLY COMPUTERISED)

DR. HIRAL BHAVESH FALDU M.D. (Pathology)

306, 3rd Floor, Mehta-531 Complex, Nr. N.H.L. Collage, V. S. Hospital Main Gate Touch,
Ashram Road, Elishbridge, Paldi, Ahmedabad-380006.

Mob. : 9327453698, 9316892459 Email : pathology247@gmail.com
E-mail : healthcare24x7@gmail.com website : www.healthcare24x7.in



Patient Name : Chirag V Mistry Age/Sex : 43 Years/Male
Referred by : C/o. PUSHYA HOSPITAL : DR. VIRAL SHAH (M.S., ORTHO.)
Ref. No : 2408, Sample No. :2408, Registration Date & Time :24/06/2023 10:04

Peripheral Smear for Malarial Parasites

Method: Thin & Thick Smear

Sample : EDTA

Peripheral Smear: Malarial Parasites are not seen.

Note : Difficulties in detecting the Malarial Parasites:

1. Blood films taken after an antimalarial drug.
2. Blood films taken during the pyrexial interval of falciparum malaria.
3. In cases of cerebral malaria (parasites are always scanty)
4. In all cases of primary infection, during the first 2 to 3 days.

HBF

DR. HIRAL B. FALDU
M.D.(PATHOLOGY)
REG. NO. G-10569

---- End of Report ----

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Lipid Profile

By DIMENSION RXL MAX-SIEMENS:Fully Automated Biochemistry Analyser

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Cholesterol (CHOD POD)	: 195	mg/dL	Desirable : < 200 Borderline high : 200 - 239 High : > 240
Triglyceride (GPO PAP)	: <u>221</u>	mg/dL	Normal : <150 Borderline high : 150-199 High : 200 - 499 Very high : > 500
HDL Cholesterol (PEG Direct)	: 42	mg/dL	Low Risk : > 60 High Risk : < 40
LDL Cholesterol (Calculation)	: 98	mg/dL	Optimal : < 100 Near or above Optimal : 100-129 Borderline : 130-159 High : 160 - 189 Very High : > 190
VLDL Cholesterol (Calculation)	: <u>44.2</u>	mg/dL	10 - 30
Cholesterol/HDL (Calculation)	: <u>4.6</u>		0.00 - 4.10
LDL/HDL (Calculation)	: 2.3		0.5 - 3.0

- Biological Reference Interval given as per NEW ATP III GUIDELINES MODIFICATION OF NCEP -

NOTE : Triglyceride level changes acutely and temporarily because of previous night's diet, fasting/nonfasting state and changes with blood sugar level.

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- **Biological Reference Interval** given as per NEW ATP III GUIDELINES MODIFICATION OF NCEP -

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Haemogram Report

Method : Electrical Impedance/Optical Analysis by Automated Cell counter

Sample : EDTA

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
BLOOD COUNTS:			
Haemoglobin	: 13.9	gm%	M:13.5-18,F:12.5-16
R.B.C. Count	: 5.10	mill./cmm	M: 4.7-5.5,F:4.2-5.4
W.B.C. Count	: 6200	/cmm	4000-10000
Platelet Count	: 241000	/cmm	150000-450000
DIFFERENTIAL COUNT:			
Polymorphs	: 70	%	40 - 70
Lymphocytes	: 26	%	20 - 40
Eosinophils	: 02	%	1 - 6
Monocytes	: 02	%	2 - 10
Basophils	: 00	%	0 - 1
BLOOD INDICES:			
P.C.V	: 42.5	%	M:42-52,F:37-47
M.C.V	: 83.3	fL	78-100
M.C.H	: 27.3	pg	27 - 31
M.C.H.C.	: 32.7	g/dL	32 - 36
R.D.W-CV	: 11.7	%	11.5 - 14
SMEAR STUDY:			
RBC	: RBCs are normochromic normocytic .		
WBC	: No premature cells are seen.		
Platelet	: Adequate and Normal.		
Malarial Parasite	: Malarial Parasites not seen.		

---- End of Report ----

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Platelet Count	: 241000	/cmm	150000-450000
DIFFERENTIAL COUNT:			
Polymorphs	: 70	%	40 - 70
Lymphocytes	: 26	%	20 - 40
Eosinophils	: 02	%	1 - 6
Monocytes	: 02	%	2 - 10
Basophils	: 00	%	0 - 1
BLOOD INDICES:			
P.C.V	: 42.5	%	M:42-52,F:37-47
M.C.V	: 83.3	fL	78-100
M.C.H	: 27.3	pg	27 - 31
M.C.H.C.	: 32.7	g/dL	32 - 36
R.D.W-CV	: 11.7	%	11.5 - 14
SMEAR STUDY:			
RBC	: RBCs are normochromic normocytic .		
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BIO-CHEMISTRY TEST

By DIMENSION RXL MAX-SIEMENS:Fully Automated Biochemistry Analyser
Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Creatinine (Jaffe's)	: 1.3	mg/dL	Male : 0.7-1.3 Female : 0.55-1.1
Blood Urea (Urease)	: 21	mg/dL	15-39
ELECTROLYTES : (Indirect ISE)			
Sodium	: 137	mEq/L	136 - 145
Potassium	: 3.9	mEq/L	3.5 - 5.1
Chloride	: 106	mEq/L	98 - 107

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Urine Examination

Test Name	Result	Unit	Biological Reference Interval
Physical Examination:			
Quantity	:20	mL	
Color	: Pale Yellow		
Transparency	: Clear		
Specimen Type	: Random		
Chemical Examination:			
Specific Gravity	: 1.025		1.005 - 1.020
Albumin	: Absent		Absent
(Strip & Acetic Acid)			
Sugar(Reducing Substance)	: Nil		Absent
(Strip & Benedict's)			
Ketone	: Absent		Absent
(Rothera's)			
Bile Salts	: Absent		Absent
Bile Pigment	: Absent		Absent
(Fouchet's)			
Reaction(pH)	: 6.0		4.6-8.0
(Litmus Paper)			
Urobilinogen	: Absent		Absent
Erythrocyte	: Absent		Absent
Leucocyte Esterases	: Absent		Absent
Nitrates	: Absent		Absent
Microscopic Examination: (After Centrifugation of Urine Sample)			
Pus Cells	: 1-2	/H.P.F	0-5
Red Blood Cells	: Nil	/H.P.F	0-2
Epithelial Cell	: 1-2	/H.P.F	Present
Amorphous	: Absent		Absent
Cast	: Absent		Absent
Crystals	: Absent		Absent
Yeast Cells	: Absent		Absent
Trichomonas	: Absent		Absent
Bacteria	: Absent		Absent

Remarks : -

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Urine Examination

Test Name	Result	Unit	Biological Reference Interval
Physical Examination:			
Quantity	:20	mL	
Color	: Pale Yellow		
Transparency	: Clear		
Specimen Type	: Random		
Chemical Examination:			
Specific Gravity	: 1.025		1.005 - 1.020
Albumin	: Absent		Absent
(Strip & Acetic Acid)			
Sugar(Reducing Substance)	: Nil		Absent
(Strip & Benedict's)			
Ketone	: Absent		Absent
(Rothera's)			
Bile Salts	: Absent		Absent
Bile Pigment	: Absent		Absent
(Fouchet's)			
Reaction(pH)	: 6.0		4.6-8.0
(Litmus Paper)			
Urobilinogen	: Absent		Absent
Erythrocyte	: Absent		Absent
Leucocyte Esterases	: Absent		Absent
Nitrates	: Absent		Absent
Microscopic Examination: (After Centrifugation of Urine Sample)			
Pus Cells	: 1-2	/H.P.F	0-5
Red Blood Cells	: Nil	/H.P.F	0-2
Epithelial Cell	: 1-2	/H.P.F	Present
Amorphous	: Absent		Absent
Cast	: Absent		Absent
Crystals	: Absent		Absent
Yeast Cells	: Absent		Absent
Trichomonas	: Absent		Absent
Bacteria	: Absent		Absent

Remarks : -

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(FULLY BARCODED , FULLY AUTOMATED, FULLY COMPUTERISED)

DR. HIRAL BHAVESH FALDU M.D. (Pathology)

306, 3rd Floor, Mehta-531 Complex, Nr. N.H.L. Collage, V. S. Hospital Main Gate Touch,
Ashram Road, Ellishbridge, Paldi, Ahmedabad-380006.

Mob. : 9327453698, 9316892459 Email : pathology247@gmail.com
E-mail : healthcare24x7@gmail.com website : www.healthcare24x7.in



Patient Name : Chirag V Mistry Age/Sex : 43 Years/Male
Referred by : C/o. PUSHYA HOSPITAL : DR. VIRAL SHAH (M.S., ORTHO.)
Ref. No : 2408, Sample No. :2408, Registration Date & Time :24/06/2023 10:04

Biochemistry Test

By DIMENSION RLX MAX: SIEMENS Fully Automated Biochemistry Analyser
Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Billirubin Total (Jendrassik Grof)	: 0.7	mg/dL	0.2 - 1.0
Billirubin Direct (Diazotization)	: 0.2	mg/dL	0.0 - 0.2
Billirubin Indirect (Calculated)	: 0.5	mg/dL	0.1 - 1.0
SGPT (UV with P5P)	:45	U/L	Male : 16-63 Female : 14-59
SGOT (UV with P5P)	:21	U/L	15- 37
Total Protein (Biuret)	: 7.1	gm/dL	6.4 - 8.2
Albumin (BCP Dye)	: 4.8	gm/dL	3.4 - 5.0
Globulin (Calculated)	: 2.3	gm/dL	2.3 - 3.5
A/G Ratio	: <u>2.1</u>		0.8-2.0
Alkaline Phosphatase (p-NPP,AMP buffer)	: 50	U/L	46-116

HBF

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M.D.(PATHOLOGY)
REG. NO. G-10569

---- End of Report ----

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SGPT (UV with P5P)	:45	U/L	Male : 16-63 Female : 14-59
SGOT (UV with P5P)	:21	U/L	15- 37
Total Protein (Biuret)	: 7.1	gm/dL	6.4 - 8.2
Albumin (BCP Dye)	: 4.8	gm/dL	3.4 - 5.0
Globulin (Calculated)	: 2.3	gm/dL	2.3 - 3.5
A/G Ratio	: <u>2.1</u>		0.8-2.0
Alkaline Phosphatase (p-NPP,AMP buffer)	: 50	U/L	46-116

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HBsAg Screen

Sample : Serum

HBsAg Method: Rapid Strip Immunochromatography

HBsAg Result: Test of Australia Antigen is **Non-Reactive**

Note : This is screening test only. A Non-reactive result indicates that the sample listed either contains no or contains HBsAg below the detectable limits of the kit.

Reactive Result should be confirmed by a confirmatory test.

Biological Reference Interval for HBsAg test is Non-reactive.

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Prothrombin Time Estimation

Method : Turbodensitometric Opto Mechanical

(Performed by Coa-DATA 501- Coagulometer)

Sample : Citrated Plasma

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Patient Value :	12.7	Seconds	11-16
MNPT (Mean Value)	13.4	Seconds	13.4
INR	0.95		
ISI:	1.0		

Therapeutic Range of INR :

Prophylatic Oral Anticoagulant for Mechanical Valves : 2.50 - 3.50

For All Other Causes : 2.00 - 3.00

Activated Partial Thromboplastin Time- APTT

(Method: Turbodensitometric Opto Mechanical)

(Performed by Coa-DATA 501 - Coagulometer)

Sample : Citrated Plasma

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Patient Value :	25.5	Seconds	25 - 34 seconds
MNAPTT (Mean Value)	27.4	Seconds	
Ratio	0.93		

Therapeutic range of APTT Ratio for Heparin Therapy :1.50 - 2.50

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Sample : Citrated Plasma

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Patient Value :	12.7	Seconds	11-16
MNPT (Mean Value)	: 13.4	Seconds	13.4
INR	: 0.95		
ISI:	: 1.0		

Therapeutic Range of INR :

Prophylatic Oral Anticoagulant for Mechanical Valves : 2.50 - 3.50

For All Other Causes : 2.00 - 3.00

Activated Partial Thromboplastin Time- APTT

(Method: Turbodensitometric Opto Mechanical)

(Performed by Coa-DATA 501 - Coagulometer)

Sample : Citrated Plasma

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Patient Value :	25.5	Seconds	25 - 34 seconds
MNAPTT (Mean Value)	: 27.4	Seconds	
Ratio	: 0.93		

Therapeutic range of APTT Ratio for Heparin Therapy :1.50 - 2.50

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Biochemistry

By DIMENSION RLX MAX : SIEMENS
Fully Automated Biochemistry Analyser

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
GGT* (Gamma Glutamyl Transferase) (Method:G-Glutamyl-p-nitroanilide)	: 42	U/ L	M : 15 - 85 F : 05-55

* NOT IN NABL SCOPE

HBF

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Biochemistry

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Fully Automated Biochemistry Analyser

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
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Thyroid Function Test

Method : By Chemiluminescent Immunoassay
(Advia Centaur CP : Siemens)

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
T3:	1.49	ng/mL	0.6 - 1.81
T4:	8.98	µg/dL	4.5 - 10.9
TSH: (Ultra)	0.799	µIU/mL	0.55 - 4.78

Age Specific Biological Reference Interval as below:

AGE GROUP	T3 ng/mL	T4 µg/dL	TSH µIU/mL	FT3 pg/mL	FT4 ng/dL
1. Infants (01-23 Months)	1.17-2.39	6.03-13.18	0.87-6.15	3.28-5.19	0.94-1.44
2. Children (02-12 Years)	1.05-2.07	5.50-12.10	0.64-6.27	3.34-4.80	0.86-1.40
3. Adolescents (13-20 Years)	0.86-1.92	5.50-11.10	0.48-4.17	3.04-4.65	0.83-1.43
4. Adult (>20 Years)	0.6-1.81	4.5-10.9	0.55-4.78	2.3-4.2	0.89-1.76

*Free T3 and Free T4 tests are NOT IN NABL SCOPE

HBF

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Thyroid Function Test

Method : By Chemiluminescent Immunoassay
(Advia Centaur CP : Siemens)

Sample : Serum

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
T3:	1.49	ng/mL	0.6 - 1.81
T4:	8.98	µg/dL	4.5 - 10.9
TSH: (Ultra)	0.799	µIU/mL	0.55 - 4.78

Age Specific Biological Reference Interval as below:

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2. Children (02-12 Years)	1.05-2.07	5.50-12.10	0.64-6.27	3.34-4.80	0.86-1.40
3. Adolescents (13-20 Years)	0.86-1.92	5.50-11.10	0.48-4.17	3.04-4.65	0.83-1.43
4. Adult (>20 Years)	0.6-1.81	4.5-10.9	0.55-4.78	2.3-4.2	0.89-1.76

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Glycosylated Haemoglobin (HBA1-C)*

Method:HPLC (D-10 System By Biored)

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Reference Interval</u>
Glycosylated HB (HBA1-C)	: 5.36	%	Non-diabetic : 4.5 - 5.7 Pre Diabetic : 5.7 - 6.5 Good control : 6.5 - 8.0 Fair control : 8.0 - 10.0 Poor control : > 10.0
Mean Blood Glucose	: 107.13	mg %	

* NOT IN NABL SCOPE

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Mean Blood Glucose	: 107.13	mg %	

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BLOOD GROUP & Rh

Method : Slide & Tube Agglutination

Sample : EDTA (W.B.), Serum

<u>Test</u>	<u>Result</u>
Blood Group :	"B"
Rh typing :	Positive
Blood Group & Rh type :	"B" Positive

HBF

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BLOOD GROUP & Rh

Method : Slide & Tube Agglutination

Sample : EDTA (W.B.), Serum

<u>Test</u>	<u>Result</u>
Blood Group :	"B"
Rh typing :	Positive
Blood Group & Rh type :	"B" Positive

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PUSHYA HOSPITAL

passion for care

a unit of "Spine Clinic Ahmedabad Pvt. Ltd."

24/8/23

Name : Mr. CHIRAG V MISTRY
UHID/REG : UHID9390/REG-9388
Age/Sex : (43Y 9M 16D-M)
Consultant : Dr. Medical Officer
Sponsor : Apollo Health and Lifestyle Limited

Ht. - 163.4

Wt. - 68.9

BMI - 25.8 Kg/m²

RBS - 84mg/dL

PPBS - 96mg/dL



BPs: 128/78 mmHg

SPs: 98-100 RR 1.90/min

Main Reception : +91 79 71234567 / 568 | Mobile : 9904989966

www.pushya.org | reception@pushya.org

ID: 2023062410070407
Name: 2416123

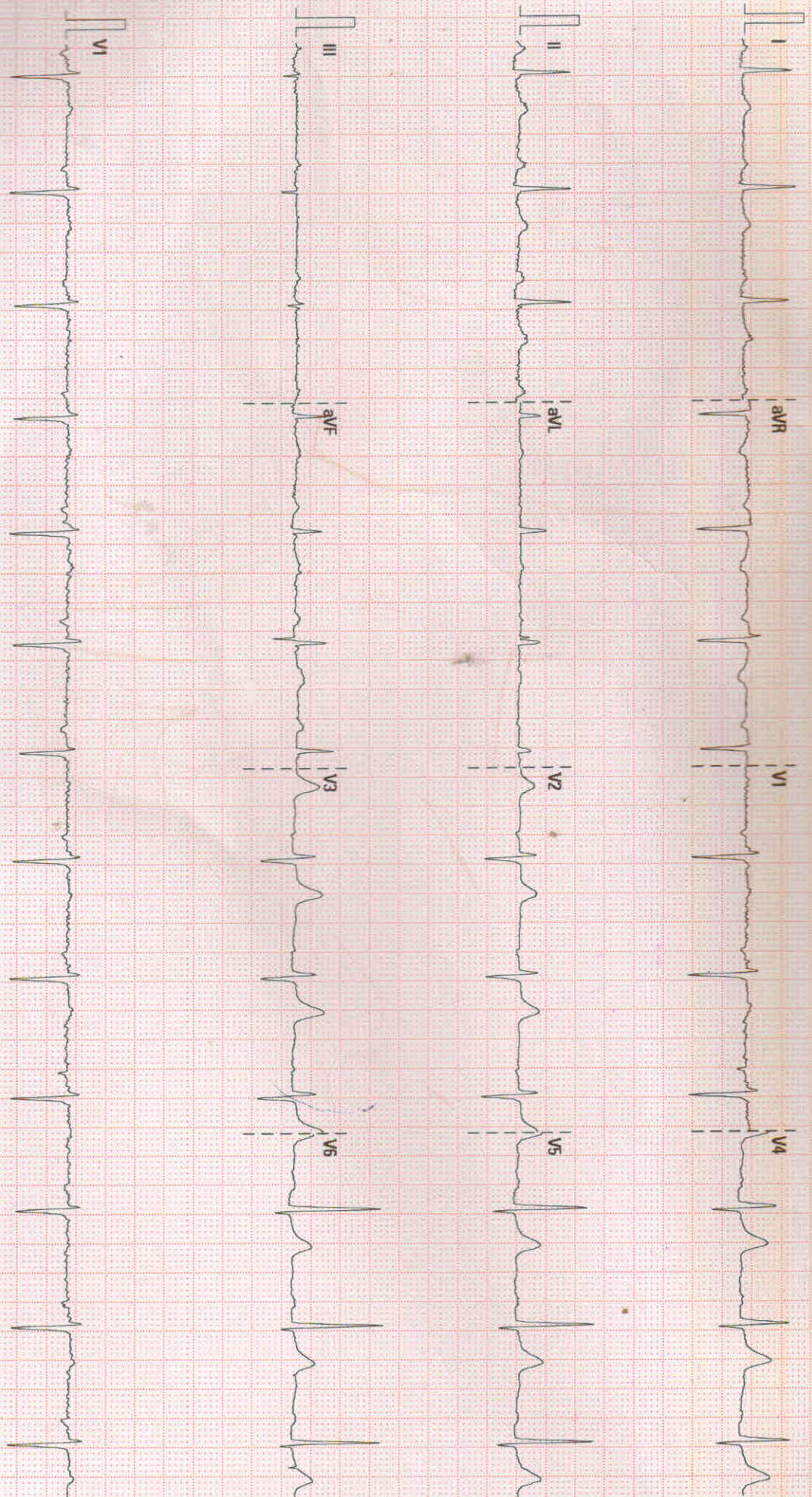
2023-06-24 10:17:35

Name : Mr. CHIRAG V MISTRY
UHID/REG : UHID9390/REG-9388
Age/Sex : (43Y 9M 16D-M)
Consultant : Dr. Medical Officer
Sponsor : Apollo Health and Lifestyle Limited

Vent. Rate	76 bpm
PR Interval	168 ms
QRS Duration	82 ms
QT/QTc Interval	376/404 ms
P/QRS/T Axis	59/25/48 deg
QTc/QTdp	

Sinus rhythm
— Interpretation made without knowing patient's gender/age —
Normal ECG

Unconfirmed Diagnosis:



25 mm/s 10 mm/mV 50 Hz BDR 35 Hz

pushiya hospital

02.07.00/V28-A.1

SN:FN-83011014



Pushya Hospital : a unit of "Spine Clinic Ahmedabad Pvt. Ltd."
CIN : U85100GJ2013PT073614 GST : 24AASCS7532G1Z1
GF to G7, Dream Icon, 32, Sardar Patel Nagar, Opp. ABC-1, Ellisbridge,
Ahmedabad - 380006 - Gujarat - India
Phone : 079-71234567 / 568 Mo.- +91 9904989966
Website - www.pushya.org | E-Mail - info@pushya.org

Patient Name	:: MR. CHIRAG V MISTRY	Bill No.	:: OPB123946
Age & Sex	:: 43Y 9M 16D /M	Bill Date	:: 24/06/2023 04:35 PM
Reg No.	:: REG-9388	Report Date	:: 24/06/2023 04:42 PM
Referred By	::	Bed Catg./No	:

X-Ray CHEST P/A

X-RAY CHEST PA

Both lung fields show normal broncho-vascular markings.
No evidence of infiltration, consolidation or mass lesion is seen.
Cardiac size appears within normal limit.
Trachea and mediastinal soft tissue shadow appear unremarkable.
Both C.P. angles and both domes of diaphragm appear normal.
Bony thorax under vision appears normal.

*ATEL

Dr. Mitul Mevada
Radiology
(Reg No-G-0152)
(Prepared & Verified By)

Dr. Mitul Mevada
Radiology
(Reg No-G-0152)