Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC: 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

KIMS-KINGSWAY HOSPITALS

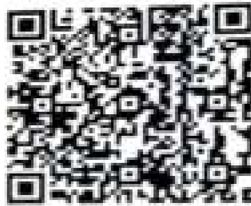
Name : Mrs. Dharna Yede Date : 8/1/24

Age : 33y Sex : M/F Weight : 57.2 kg Height : 150.2 inc BMI : 25.3

BP : 110/70 mmHg Pulse : 70 bpm RBS : mg/dl

SpO2 - 98%

KIMS-KINGSWAY HOSPITALS



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. DHARNA YEDE	**Age / Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:13 am	**Report Date**	: 08-Jan-24 11:03 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	12.5	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		37.2	36.0 - 46.0 %	Calculated
RBC Count		4.32	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		86	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		28.9	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.6	31.5 - 35.0 g/l	Calculated
RDW		**14.3**	11.5 - 14.0 %	Calculated
Platelet count		304	150 - 450 10^3/cumm	Impedance
WBC Count		6700	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		61.5	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		30.9	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		2.7	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		4.9	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		4120.5	2000 - 7000 /cumm	Calculated

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:13 am	**Report Date**	: 08-Jan-24 11:03 am

Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		2070.3	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		180.9	20 - 500 /cumm	Calculated
Absolute Monocyte Count		328.3	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Normochromic Normocytic		
WBC		As Above		
Platelets		Adequate		
E S R		**34**	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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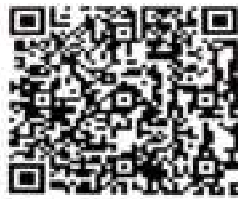

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:11 am	**Report Date**	: 08-Jan-24 11:14 am

Parameter	**Specimen**	**Results**	**Biological Reference**	**Method**
Fasting Plasma Glucose	Plasma	98	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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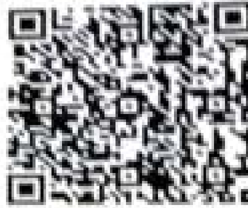

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 11:51 am	**Report Date**	: 08-Jan-24 01:44 pm

Parameter	Specimen	Results	Biological Reference	Method
Post Prandial Plasma Glucose	Plasma	91	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,
Fasting =/>126 mg/dl
Random/2Hrs.OGTT=/>200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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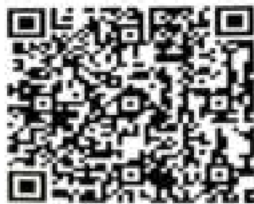

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. DHARNA YEDE	**Age / Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:13 am	**Report Date**	: 08-Jan-24 11:14 am

LIPID PROFILE

Parameter	Specimen	Results		Method
Total Cholesterol	Serum	165	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		129	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		**31**	> 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		**108.51**	< 100 mg/dl	Enzymatic
VLDL Cholesterol		26	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		5	3 - 5	Calculation

Intiate therapeutic		Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent Multiple major risk factors conferring 10 yrs CHD risk>20%	>100	>130, optional at 100-129	<100
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190,optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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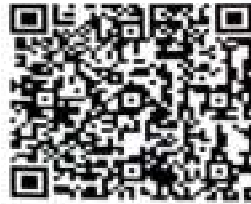

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:13 am	**Report Date**	: 08-Jan-24 11:14 am

THYROID PROFILE

Parameter	Specimen	Results	Biological Reference	Method
T3	Serum	1.49	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.12	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		1.93	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:13 am	**Report Date**	: 08-Jan-24 11:14 am

Parameter	Specimen	Result Values	Biological Reference	Method
RFT				
Blood Urea	Serum	24	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.5	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		126.9	>90 mL/min/1.73m square.	Calculation by CKD-EPI 2021
Sodium		144	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.63	3.5 - 5.1 mmol/L	Direct ion selective electrode
LIVER FUNCTION TEST(LFT)				
Total Bilirubin		0.33	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.19	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.14	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		87	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		16	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		19	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.74	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.12	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.62	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.1		

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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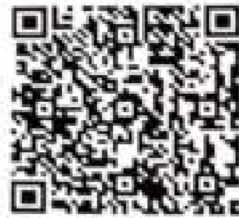

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 12:17 pm	**Report Date**	: 08-Jan-24 01:54 pm

URINE SUGAR

Parameter	Result Values
Urine Glucose	Negative
NOTE:	urine sugar postmeal

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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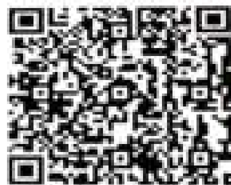
CONSULTANT PATHOLOGIST



KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 10:29 am	**Report Date**	: 08-Jan-24 11:51 am

Parameter	**Specimen**	**Results**		**Method**
URINE MICROSCOPY				
PHYSICAL EXAMINATION				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
CHEMICAL EXAMINATION				
Reaction (pH)	Urine	6.0	4.6 - 8.0	Indicators
Specific gravity		1.020	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
MICROSCOPIC EXAMINATION				
Epithelial Cells	Urine	**4-5**	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		
USF(URINE SUGAR FASTING)				
Urine Glucose	Urine	Negative		STRIP

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100400

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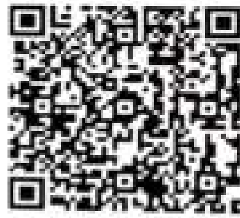

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name	: Mrs. DHARNA YEDE	**Age /Gender**	: 33 Y(s)/Female
Bill No/ UMR No	: BIL2324068004/UMR2324033090	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:13 am	**Report Date**	: 08-Jan-24 11:03 am

BLOOD GROUPING AND RH

Parameter	Specimen	Results	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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CONSULTANT PATHOLOGIST

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KIMS-KINGSWAY HOSPITALS

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	DHARNA YEDE	STUDY DATE	08-01-2024 10:29:41
AGE/ SEX	33Y / F	HOSPITAL NO.	UMR2324033090
ACCESSION NO.	BIL2324068004-10	MODALITY	DX
REPORTED ON	08-01-2024 11:06	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION :

No pleuro-parenchymal **abnormality seen.**

DR. R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS **[MMC-55870]**

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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KIMS-KINGSWAY HOSPITALS

PATIENT NAME:	MRS. DHARNA YEDE	AGE /SEX:	33 YRS/FEMALE
UMR NO:	2324033090	BILL NO:	2324067004
REF BY	DR. VIMMI GOEL	DATE:	08/01/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

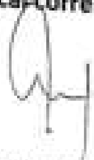
Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION -
No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Dharna , Yede
Patient ID: 033090
Height:
Weight:
Study Date: 08.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 27.09.1990
Age: 33yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:
--
Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:28	0.00	0.00	89	110/70	
	STANDING	00:01	0.00	0.00	90		
	WARM-UP	00:08	1.00	0.00	96		
EXERCISE	STAGE 1	03:00	1.70	10.00	134	110/70	
	STAGE 2	03:00	2.50	12.00	169	120/70	
	STAGE 3	00:55	3.40	14.00	187		
RECOVERY		01:00	0.00	0.00	130	120/70	
		02:00	0.00	0.00	116	120/70	
		00:44	0.00	0.00	110	120/70	

The patient exercised according to the BRUCE for 6:55 min:s, achieving a work level of Max. METS: 9.70. The resting heart rate of 73 bpm rose to a maximal heart rate of 187 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg , rose to a maximum blood pressure of 120/70 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: T wave inversion.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: Insignificant ST-T changes seen..
Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.
Baseline T wave inversion.
Physical deconditioning noted.
To be correlated clinically.

Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant-Non Invasive Cardiology
Reg. No.: 2014/01/0113

MRS. DHARNA YEDE 08-Jan-24 12:02:06 PM

33 Years Female KIMS-KINGSWAY HOSPITALS

PBC DEPT.

Rate	71	. Sinus rhythm........................normal P axis, V-rate 50- 99
		. Borderline short PR interval........................PR int <120mS
PR	115	. Borderline repolarization abnormality........................ST dep & abnormal T
QRSD	74	
QT	365	
QTc	397	

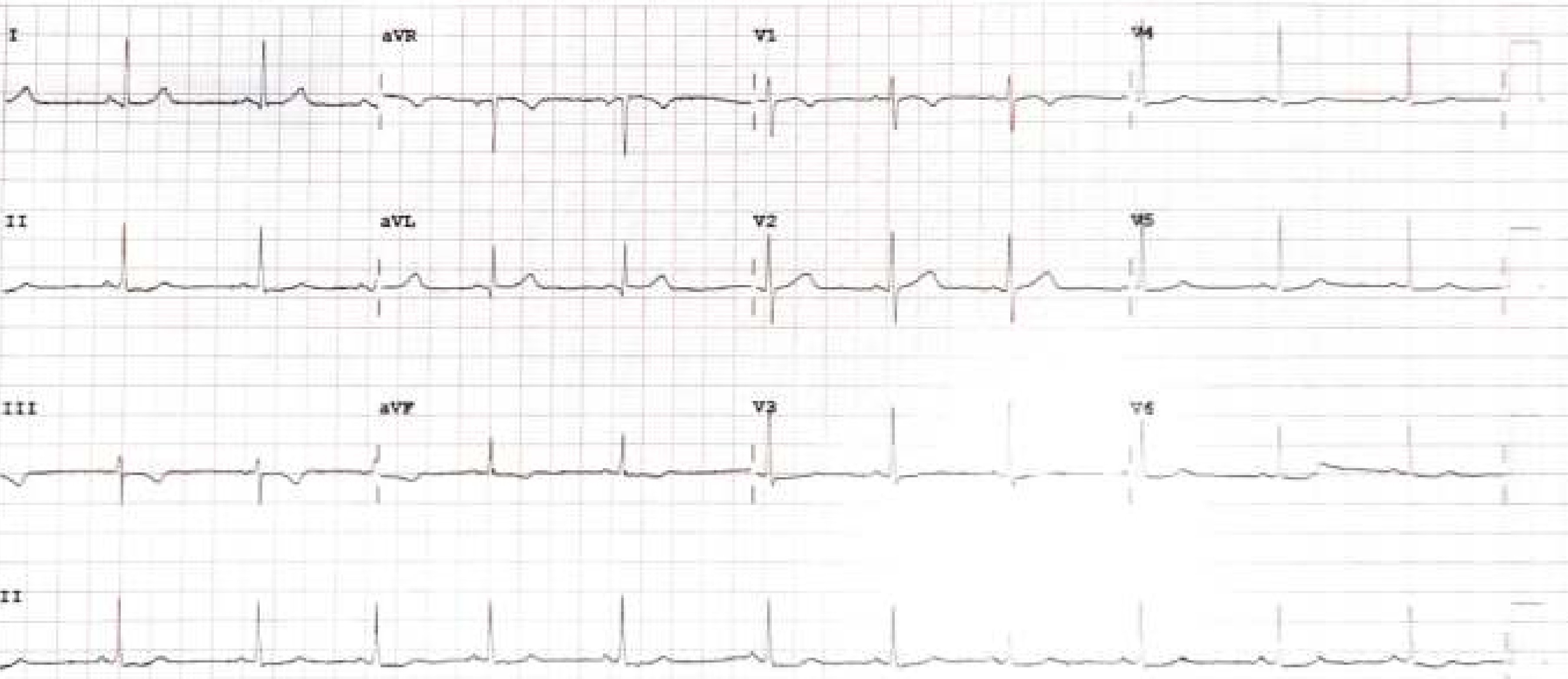
--AXIS--

P	15
QRS	21
T	-27

- BORDERLINE ECG -

12 Lead; Standard Placement

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV F 50- 0.50-150 Hz W 100B CL P?

PHILIPS