

Dr. Vimmi Goel

Head - Non Invasive Cardiology  
Incharge - Preventive Health Care  
MBBS, MD (Internal Medicine)  
Reg. No: MMC- 2014/01/0113

Preventive Health Check up  
KIMS Kingsway Hospitals  
Nagpur  
Phone No.: 7499913052

**KIMS-KINGSWAY**  
HOSPITALS

Name: Mr. Shir Tamun Date: 1/10/24

Age: 38 Sex:  M  F Weight: 74.3 kg Height: 170.4 inc BMI: 25.6

BP: 121/83 mmHg Pulse: 88/m bpm RBS: \_\_\_\_\_ mg/dl

SpO2: 97%

**DEPARTMENT OF OPHTHALMOLOGY**  
**OUT PATIENT ASSESSMENT RECORD**

<b>SHIV TARUN</b> 38Y(S) 0M(S) 0D(S)/M MRNP2425023043 8120244599	CONSULT DATE : 01-10-2024 CONSULT ID : OPC2425074102 CONSULT TYPE : WALK IN VISIT TYPE : NORMAL TRANSACTION TYPE : CASH	<b>DR. ASHISH PRAKASHCHANDRA KAMBLE</b> MBBS,MS, FVRS,FICO CONSULTANT DEPT.OPHTHALMOLOGY
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**VITALS**

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :  
 - °F - /min - %RA -- /10 - cms  
 Weight : BMI :  
 - kgs -

**CHIEF COMPLAINTS**

ROUTINE EYE CHECK UP

**MEDICATION PRESCRIBED**

#	Medicine	Route	Dose	Frequency	When	Duration
1	HYMOIST EYE DROP 10ML	Eye	1-1-1-1	Every Day	NA	2 Months
Instructions : BOTH EYES						
Composition : SODIUM HYALURONATE 0.1% W/W						

**NOTES**

**GLASS PRESCRIPTION :-**  
**DISTANCE VISION**

**EYE      SPH   CYL   AXIS   VISION**

**RIGHT EYE      -0.75   0.50   180   6/6**

**LEFT EYE      -0.50   00   00   6/6**

**NEAR ADDITION**

**RIGHT EYE      00   N6**

**LEFT EYE      00   N6**

**REMARK-**

*Ashish Kamble*

**Dr. Ashish Prakashchandra Kamble**  
MBBS,MS, FVRS,FICO  
Consultant

Printed On :01-10-2024 15:38:04



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:03 am	<b>Report Date</b> : 01-Oct-24 12:31 pm

**HAEMOGRAM**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.8	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		43.9	40.0 - 50.0 %	Calculated
RBC Count		4.90	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		89	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		30.2	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		33.7	31.5 - 35.0 g/l	Calculated
RDW		13.5	11.5 - 14.0 %	Calculated
Platelet count		360	150 - 450 10 <sup>3</sup> /cumm	Impedance
WBC Count		7700	4000 - 11000 cells/cumm	Impedance
<b><u>DIFFERENTIAL COUNT</u></b>				
Neutrophils		<b>47.4</b>	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		<b>41.7</b>	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		4.5	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		6.4	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3649.8	2000 - 7000 /cumm	Calculated



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Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		3210.9	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		346.5	20 - 500 /cumm	Calculated
Absolute Monocyte Count		492.8	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<b>PERIPHERAL SMEAR</b>				
RBC		Normochromic		
WBC		Normocytic		
Platelets		As above		
<b>ESR</b>		Adequate		
		09	0 - 15 mm/hr	Automated Westergren's Method

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD  
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY**

**DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age /Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:02 am	<b>Report Date</b> : 01-Oct-24 01:16 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	97	< 100 mg/dl	GOD/POD,Colorimetric
<b>GLYCOSYLATED HAEMOGLOBIN (HBA1C)</b>				
<b>HbA1c</b>		<b>5.9</b>	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

\*\*\* End Of Report \*\*\*

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**Dr. GAURI HARDAS, MBBS,MD**

**CONSULTANT PATHOLOGIST**

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CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**LIPID PROFILE**

<b>Parameter</b>	<b>Specimen</b>	<b>Results</b>	<b>Method</b>
Total Cholesterol	Serum	171	Enzymatic(CHE/CHO/PO D)
Triglycerides		66	
HDL Cholesterol Direct		41	
LDL Cholesterol Direct		<b>114.86</b>	
VLDL Cholesterol		13	
Tot Chol/HDL Ratio		4	

**Initiate therapeutic**

		<b>Consider Drug therapy</b>	<b>LDC-C</b>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	10 yrs risk 10-20 % >130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	10 yrs risk <10% >160	<160
No additional major risk or one additional major risk factor		>190, optional at 160-189	<160

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**Dr. Anuradha Deshmukh, MBBS,MD  
CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

**Patient Name** : Mr. SHIV TARUN  
**Age / Gender** : 38 Y(s)/Male  
**Bill No/ UMR No** : BIL2425052335/MRNP2425023043  
**Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 01-Oct-24 11:03 am  
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**LIVER FUNCTION TEST(LFT)**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.28	0.2 - 1.3 mg/dl	Bromocresol green Dye Binding
Direct Bilirubin		0.10	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.18	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		90	38 - 126 U/L	
SGPT/ALT		25	10 - 40 U/L	
SGOT/AST		32	15 - 40 U/L	
Serum Total Protein		7.58	6.3 - 8.2 gm/dl	
Albumin Serum		4.47	3.5 - 5.0 gm/dl	
Globulin		3.11	2.0 - 4.0 gm/dl	
A/G Ratio		1.44		

\*\*\* End Of Report \*\*\*

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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**RFT**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	26	19.0 - 43.0 mg/dl	
Creatinine		0.94	0.66 - 1.25 mg/dl	
GFR		106.4	>90 mL/min/1.73m square.	
Sodium		139	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.00	3.5 - 5.1 mmol/L	

\*\*\* End Of Report \*\*\*

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF BIOCHEMISTRY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
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**THYROID PROFILE**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.40	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.40	0.80 - 1.70 ng/dl	
TSH		1.83	0.50 - 4.80 uIU/ml	

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

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**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:24 am	<b>Report Date</b> : 01-Oct-24 01:42 pm

**URINE MICROSCOPY**

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<b><u>PHYSICAL EXAMINATION</u></b>				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
<b><u>CHEMICAL EXAMINATION</u></b>				
Specific gravity		1.020	1.005 - 1.025	ion concentration
Reaction (pH)		5.0	4.6 - 8.0	Indicators
Nitrate		Negative	Negative	
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Ketone Bodies		Negative	Negative	Legal's est Principle
Urobilinogen		Normal	Normal	Ehrlich's Reaction
Bilirubin		Negative	Negative	Diazonium
<b><u>MICROSCOPIC EXAMINATION</u></b>				
Pus Cells		0-1	0 - 4 /hpf	
R.B.C.		Absent	0 - 4 /hpf	
Epithelial Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
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<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Crystals		Absent	
*** End Of Report ***			

Suggested Clinical Correlation \* If necessary, Please discuss

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CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY  
DEPARTMENT OF PATHOLOGY**

**Patient Name** : Mr. SHIV TARUN      **Age / Gender** : 38 Y(s)/Male  
**Bill No/ UMR No** : BIL2425052335/MRNP2425023043      **Referred By** : Dr. Vimmi Goel MBBS,MD  
**Received Dt** : 01-Oct-24 11:24 am      **Report Date** : 01-Oct-24 01:42 pm

**USF(URINE SUGAR FASTING)**

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP
Comment		Fasting Urine Sugar		
		*** End Of Report ***		

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11101075

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**Dr. Anuradha Deshmukh, MBBS,MD  
CONSULTANT MICROBIOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY**  
**DEPARTMENT OF IMMUNO HAEMATOLOGY**

<b>Patient Name</b> : Mr. SHIV TARUN	<b>Age / Gender</b> : 38 Y(s)/Male
<b>Bill No/ UMR No</b> : BIL2425052335/MRNP2425023043	<b>Referred By</b> : Dr. Vimmi Goel MBBS,MD
<b>Received Dt</b> : 01-Oct-24 11:03 am	<b>Report Date</b> : 01-Oct-24 01:04 pm

**BLOOD GROUPING AND RH**

**Parameter**

**BLOOD GROUP.**

**Specimen Results**

EDTA Whole " O "  
Blood &  
Plasma/  
Serum

Gel Card Method

**Rh (D) Typing.**

" Positive "(+Ve)  
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If necessary, Please discuss

Verified By : : 11100245

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**Dr. GAURI HARDAS, MBBS,MD**  
**CONSULTANT PATHOLOGIST**

PATIENT NAME:	SHIV TARUN	AGE /SEX:	38 YRS/MALE
UMR NO:	2425023043	BILL NO:	BIL2425052335
REF BY	DR. VIMMI GOEL	DATE:	01/10/2024

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION:

No pleuro-parenchymal abnormality seen.



**DR NAVEEN PUGALIA**  
**MBBS, MD [076125]**  
**SENIOR CONSULTANT RADIOLOGIST**

PATIENT NAME:	SHIV TARUN	AGE /SEX:	38 YRS/MALE
UMR NO:	MRNP2425023043	BILL NO:	BIL2425052335-2
REF BY	DR VIBHA BORA	DATE:	01/OCT/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape but shows mild increase in echotexture.  
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.  
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.  
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echoexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and shows normal parenchymal echogenicity.  
? calculus seen in upper pole of left kidney. No hydronephrosis seen.  
No evidence of calculus or hydronephrosis seen on right side.  
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt-15.2gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- Mild fatty infiltration in liver.
- ? non-obstructive left renal calculus.
- No other significant visceral abnormality seen.

Suggest clinical correlation / further evaluation.



**DR NAVEEN PUGALIA**  
MBBS, MD [076125]  
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals  
44 Kingsway, Mohan Nagar,  
Near Kasturchand Park, Nagpur

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Mr. Shiv, Tarun  
Patient ID: 023043  
Height:  
Weight:  
Study Date: 01.10.2024  
Test Type: Treadmill Stress Test  
Protocol: BRUCE

DOB: 26.07.1986  
Age: 38yrs  
Gender: Male  
Race: Indian  
Referring Physician: Mediwhhel HCU  
Attending Physician: Dr. Vimmi Goel  
Technician: --

### Medications:

--

Medical History:  
NIL

### Reason for Exercise Test:

Screening for CAD

### Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:06	0.00	0.00	98	120/80	
	WARM-UP	00:04	0.10	0.00	95		
EXERCISE	STAGE 1	03:00	1.70	10.00	136	120/80	
	STAGE 2	03:00	2.50	12.00	169	130/80	
	STAGE 3	00:42	3.40	14.00	179		
RECOVERY		01:00	0.00	0.00	142	140/80	
		02:00	0.00	0.00	114	140/80	
		00:19	0.00	0.00	111		

The patient exercised according to the BRUCE for 6:41 min:s, achieving a work level of Max. METS: 9.10. The resting heart rate of 101 bpm rose to a maximal heart rate of 179 bpm. This value represents 98 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to ST-T changes seen.

### Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

RR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: ST-T changes seen.

Overall impression: Borderline Positive.

### Conclusions:

TMT is Borderline Positive for inducible ischemia. by ST-T changes seen during peak exercise.

No angina.

To be correlated clinically.

Negative TMT

Dr. VIMMI GOEL  
MBBS, MD  
Sr. Consultant-Non Invasive Cardiology  
Reg.No.: 2014/01/0113



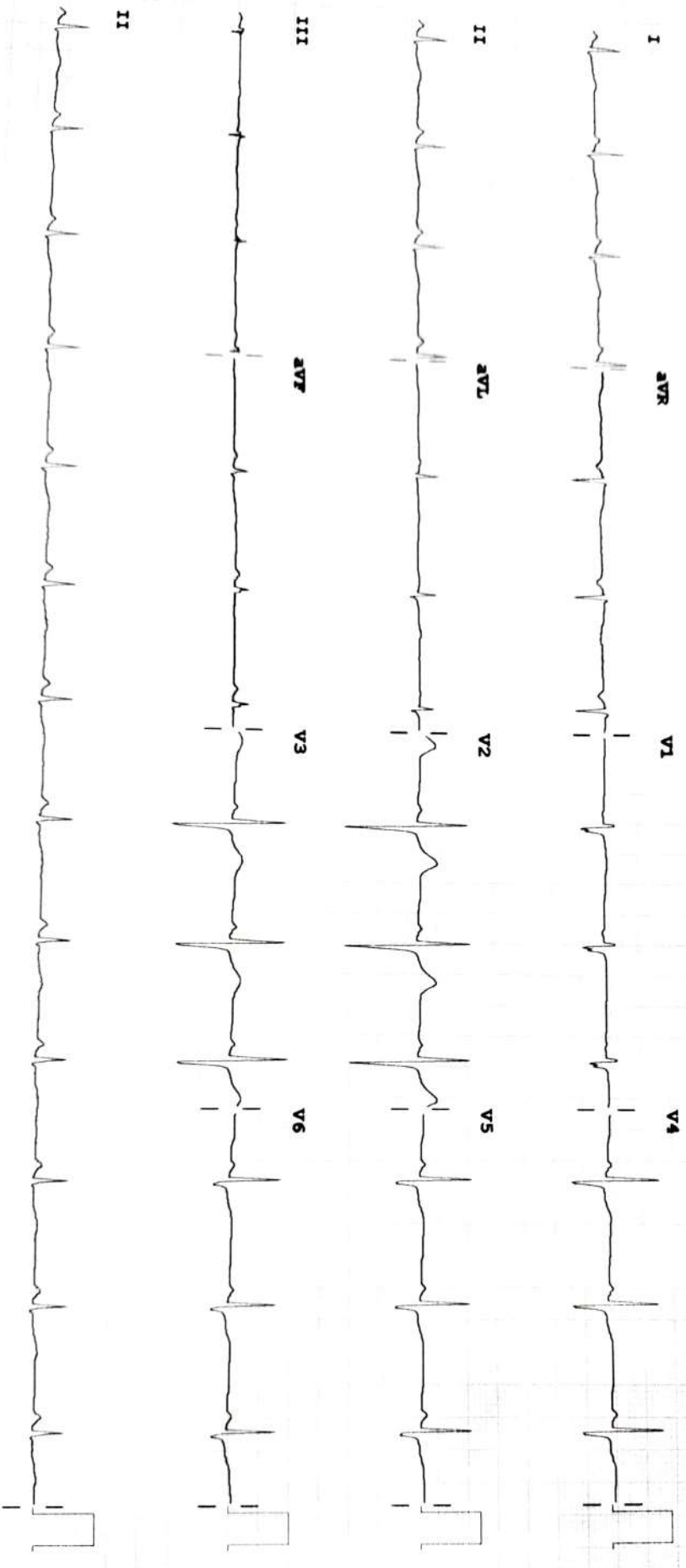
Rate 77 Sinus Rhythm..... Normal P axis, V-rate 50-99  
 Borderline T wave abnormalities..... T/QRs ratio < 1/20 or flat T

PR 120  
 QRSD 84  
 QT 369  
 QTc 418

--AXIS--  
 P 39  
 QRS 46  
 T 33  
 12 Lead, Standard Placement

- BORDERLINE ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec    Limb: 10 mm/mV    Chest: 10.0 mm/mV

PHILIPS

F 50 ~ 0.50-150 Hz W

100B CL

P2