

# RHYTHM HOSPITAL

BANSWARA

## Computerised Stress Test Report

NAME: VARUN KUMAR ID: 1431 Summary report PROTOCOL: Bruce REF. BY: DIRECT  
AGE/GENDER: 35 yrs/MALE HEIGHT: 172 cm. WEIGHT: 83 Kg. DATE/TIME: 14-09-2024 15:12 SMOKER: Smoker

### Test Results

Protocol : Bruce Max Work load : 8.92 BMI : 28  
Target HR : 185(157)bpm Exer. Time : 7:54min Max RPP(1000) : 28.8  
Maximum HR : 180(97 %) bpm Recov. Time : 5:12min Max BP : 160/80 mmHg

Reason for termination :  
Target heart rate achieved

Indication :  
To assess the exercise tolerance capacity

HR Response to Exercise :  
Normal appropriate response

BP Response to Exercise :  
Resting normal BP - normal response

Overall Impression : Good exercise tolerance.  
Achieved THR & METS

Comment : Stress test is negative for exercise induced  
ischemia.

Resting ECG :  
Normal

Chest Pain :  
None

ST Changes :  
None

Arrhythmias :  
None

History :

Medication :

**LADDA HOSPITAL Pvt Ltd**  
Behind New Bus stand,  
Sindhi Colony, Banswara (Raj)  
Ph. (02932) 249965, 241465

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Fellow, International Society of Sports Cardiology  
Dr. Arvind Sharma  
SMC No. 23685

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NAME: VARUN KUMAR  
AGE/GENDER: 35 yrs/MALE

ID: 1431  
HEIGHT: 172 cm.

Summary report  
WEIGHT: 83 Kg.

PROTOCOL: Bruce  
DATE/TIME: 14-09-2024 15:12

REF. BY: DIRECT  
SMOKER: Smoker

Stage	Time Min:Sec	HR bpm	BP mmHg	Speed (mph)/G rate(%)	Load METS	RPP 1000	II	V2	V5
Supine	00:12	89	120/80	0.00/0.0	1.0	10.68	0.7/0.8	1.4/0.9	0.7/0.8
Standing	00:30	91	120/80	0.00/0.0	1.0	10.92	0.8/1.1	1.6/1.1	0.7/0.5
HyperV	00:12	101	120/80	0.00/0.0	1.0	12.12	0.2/0.0	1.3/0.9	0.3/0.3
Exer : 1/7	03:00	114	130/80	1.70/10.0	4.5	14.82	1.0/1.2	1.7/1.7	0.8/0.9
Exer : 2/7	03:00	139	140/80	2.50/12.0	7.0	19.46	1.0/1.6	2.7/2.7	1.2/1.9
Exer : 3/7	01:54	181	160/90	3.40/14.0	8.9	28.96	0.2/1.3	2.2/2.5	0.6/2.0
Peak	07:54	180	160/90	3.40/14.0	8.9	28.8	0.4/1.7	1.8/2.7	0.5/2.3
Recovery	01:00	153	160/90	0.00/0.0	1.0	24.48	2.4/3.6	5.4/6.1	3.0/3.6
Recovery	02:00	130	160/90	0.00/0.0	1.0	20.8	1.8/2.4	2.2/2.7	1.8/2.4
Recovery	03:00	114	150/90	0.00/0.0	1.0	17.1	1.5/1.9	2.2/2.4	1.4/1.7
Recovery	04:00	113	140/90	0.00/0.0	1.0	15.82	1.1/1.2	1.6/1.6	1.1/1.1
Recovery	05:00	111	130/90	0.00/0.0	1.0	14.43	0.6/0.9	1.0/0.9	0.7/0.9
Recovery	05:12	111	130/90	0.00/0.0	1.0	14.43	0.6/0.8	0.8/0.8	0.7/0.9

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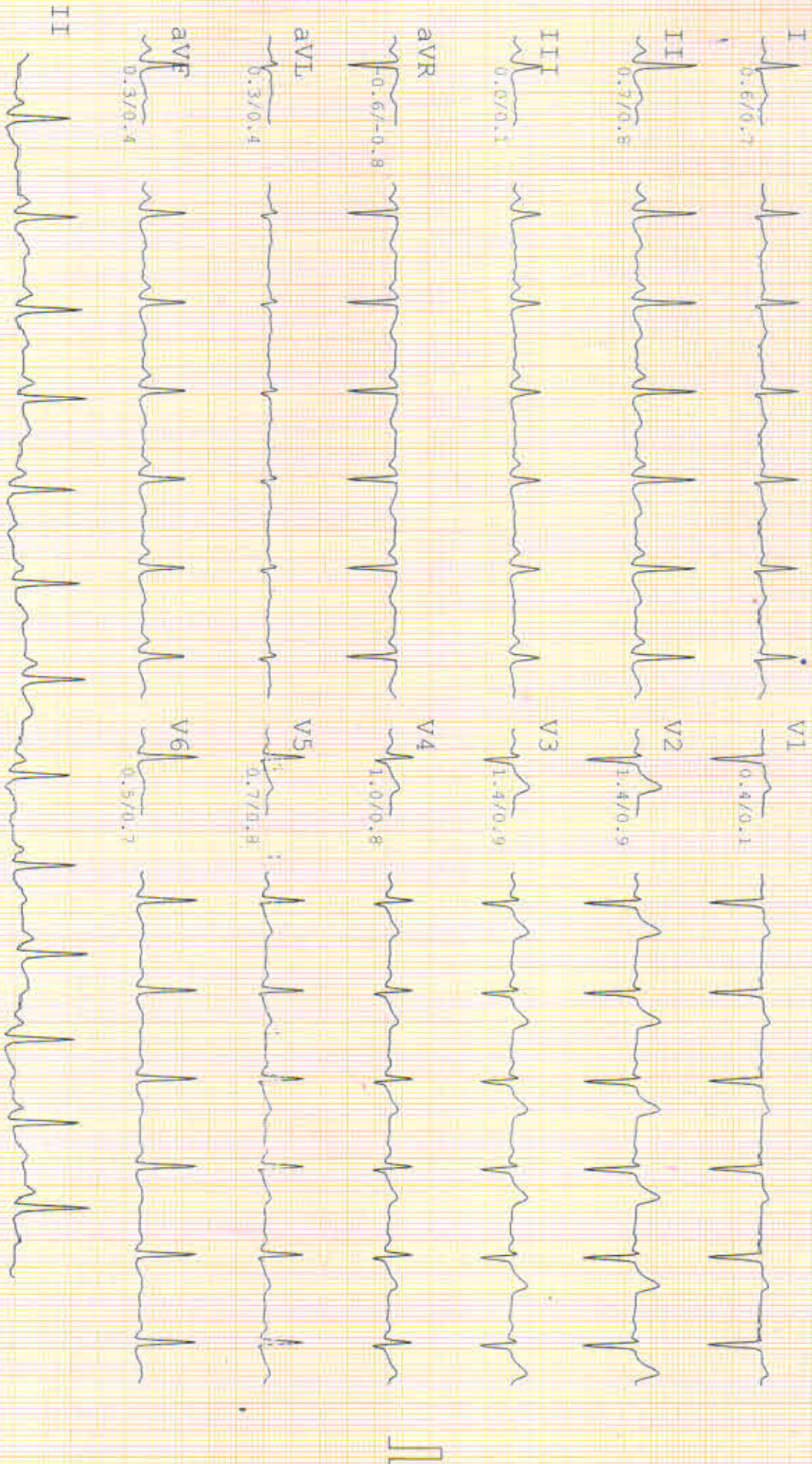
NAME : VARUN KUMAR  
AGE/GENDER : 35 YRS/MALE  
DATE/TIME : 14-09-2024 15:12

ID : 1431  
BP : 120/80mmHg  
HR : 91bpm

PROTOCOL : Bruce  
STAGE : Supine  
STAGE TIME : 00:12

Linked Median Report  
SPEED/GRADE : 0.00/0.0  
POST J at 80 msec

GAIN : 1X  
STL in mm  
STS in mm/sec



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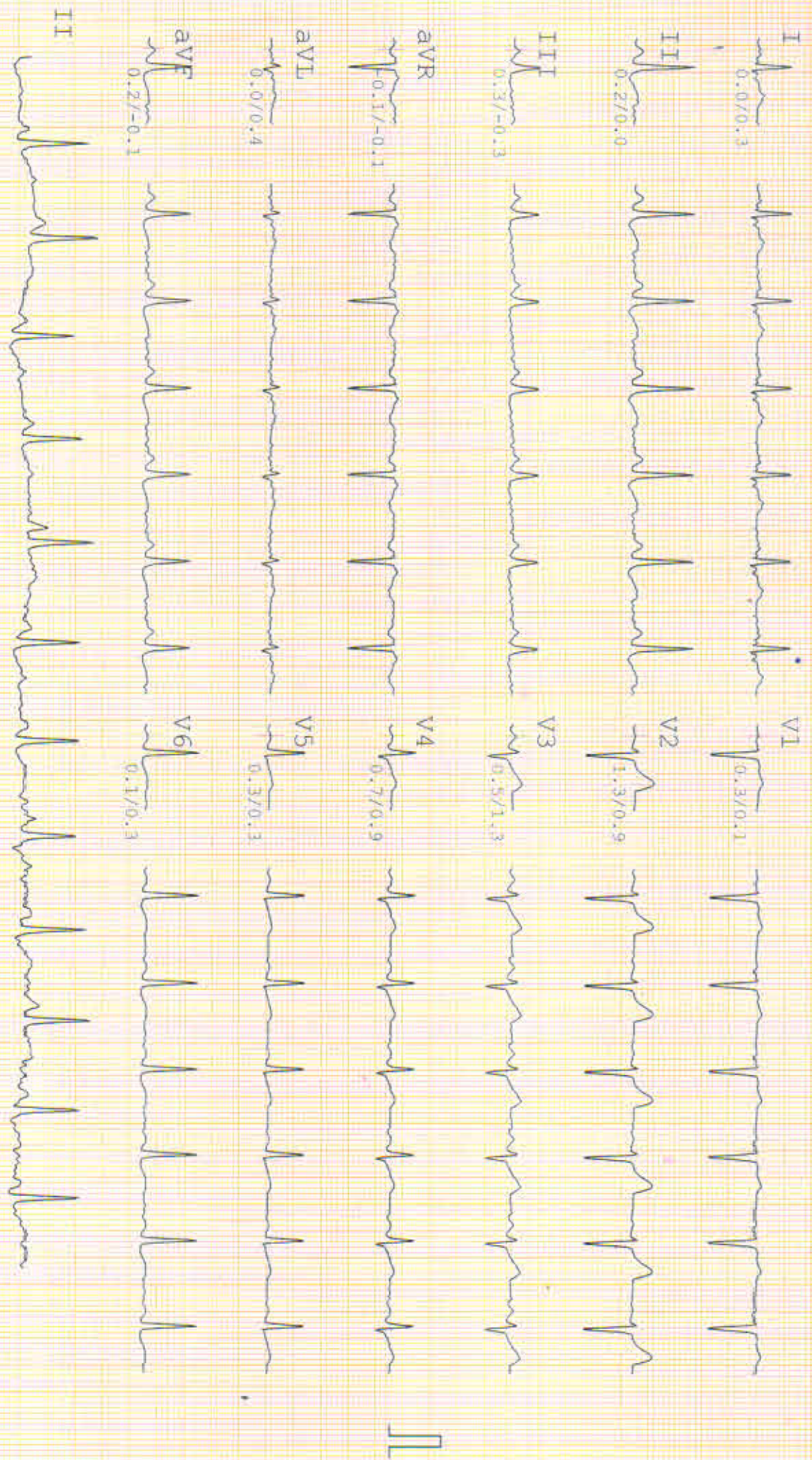
NAME : VARUN KUMAR ID: 1431  
AGE/GENDER: 35 YRS/MALE BP: 120/80mmHg  
DATE/TIME: 14-09-2024 15:12 HR: 102bpm  
PROTOCOL: Bruce STAGE: Standing  
STAGE TIME: 00:30  
Linked Median Report  
SPEED/GRADE: 0.00/0.0  
POST J at 80 msec  
GAIN: 1X  
STL in mm  
STS in mm/sec



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NAME : VARUN KUMAR ID: 1431  
 AGE/GENDER : 35 Yrs/MALE BP: 120/80mmHg  
 DATE/TIME : 14-09-2024 15:12 HR: 92bpm  
 PROTOCOL : Bruce  
 STAGE : HyperV  
 STAGE TIME: 00:12  
 Linked Median Report  
 SPEED/GRADE: 0.00/0.0  
 POST J at 80 msec  
 GAIN: 1X  
 STL in mm  
 STS in mm/sec



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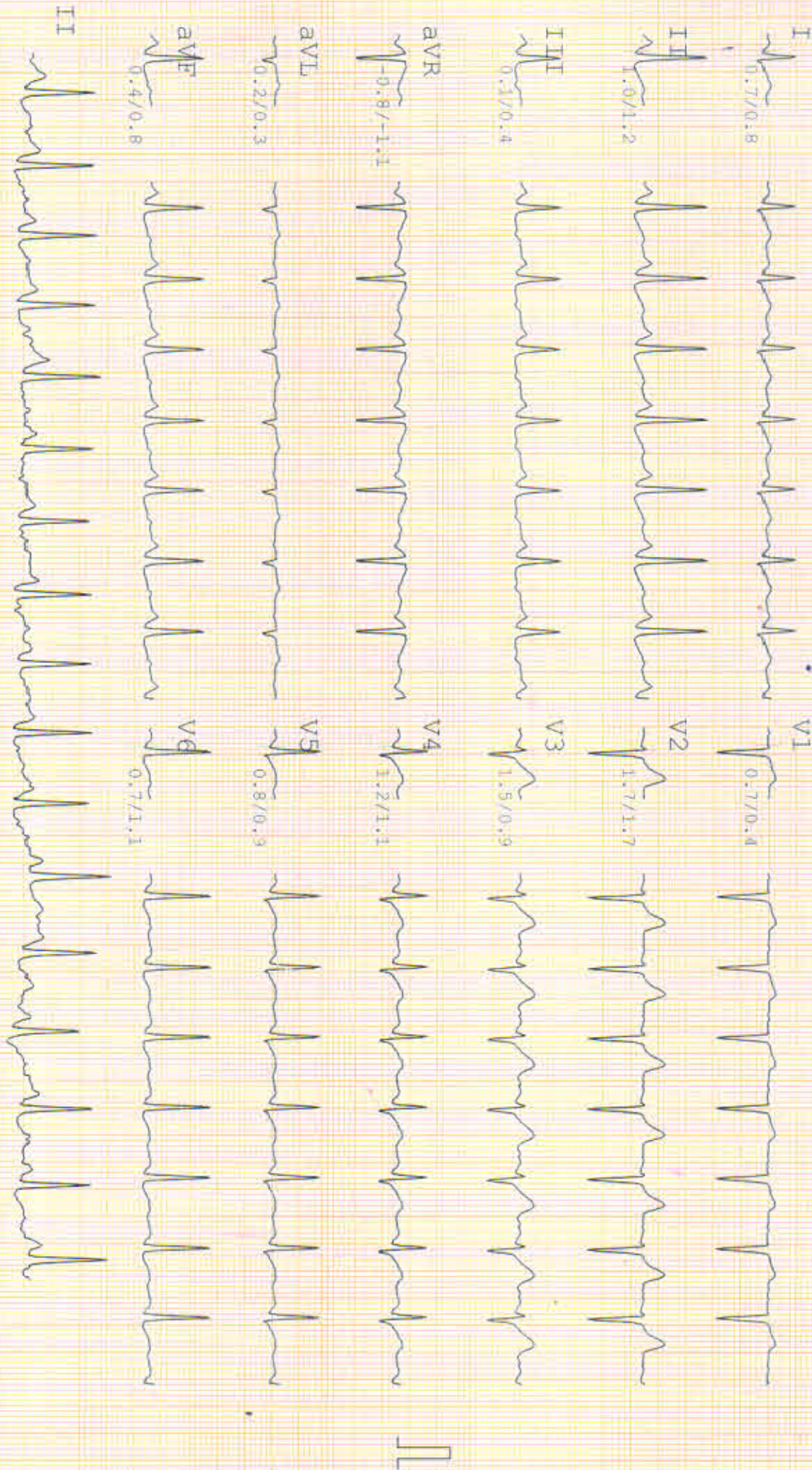
NAME : VARUN KUMAR  
AGE/GENDER : 35 YRS/MALE  
DATE/TIME : 14-09-2024 15:12

ID : 1431  
BP : 130/80mmHg  
HR : 114bpm

PROTOCOL : Bruce  
STAGE : Exer : 1/7  
STAGE TIME : 03:00

Linked Median Report  
SPEED/GRADE : 1.70/10.0  
POST J at 80 msec

GAIN : 1X  
STL in mm  
STS in mm/sec



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NAME : VARUN KUMAR ID: 1431  
AGE/GENDER : 35 Yrs/Male BP: 140/80mmHg  
DATE/TIME : 14-09-2024 15:12 HR: 139bpm  
PROTOCOL : Bruce STAGE : Exer : 2/7  
STAGE TIME : 03:00  
Linked Median Report  
SPEED/GRADE : 2.50/12.0  
POST J at 80 msec  
GAIN: 1X  
STL in mm  
STS in mm/sec

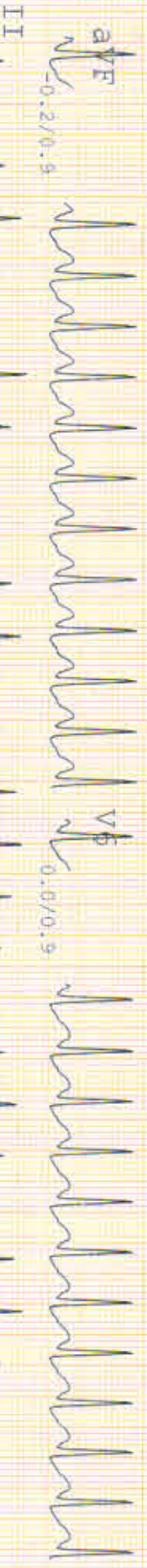
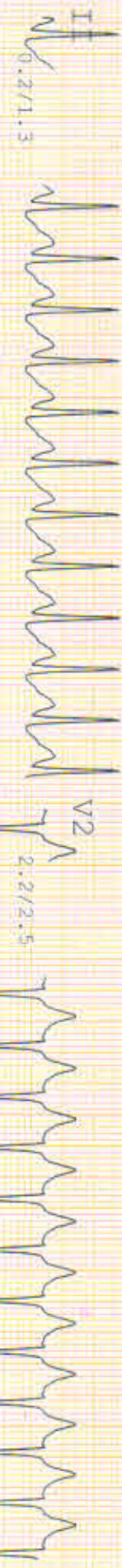


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NAME : VARUN KUMAR      ID: 1431      PROTOCOL : Bruce      Linked Median Report      GAIN: 1X  
 AGE/GENDER : 35 YRS/MALE      BP: 160/90mmHg      STAGE : Exer : 3/7      SPEED/GRADE: 3.40/14.0      STI in mm  
 DATE/TIME : 14-09-2024 15:12      HR: 180bpm      STAGE TIME: 01:54      POST J at 80 msec      STS in mm/sec





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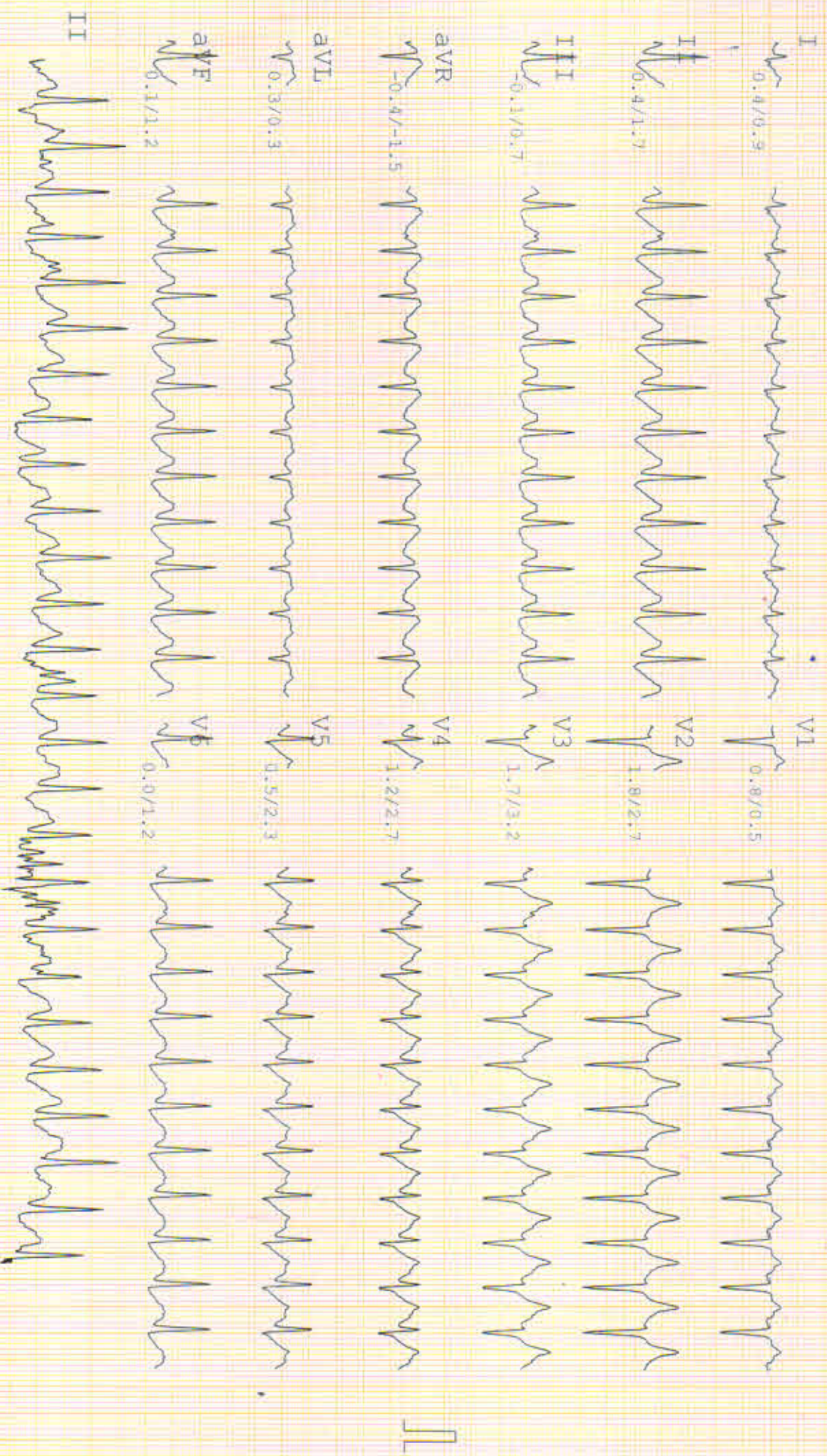
NAME : VARUN KUMAR  
AGE/GENDER : 35 YRS/MALE  
DATE/TIME : 14-09-2024 15:12

ID : 1431  
BP : 160/90mmHg  
HR : 175bpm

PROTOCOL : Bruce  
STAGE : Peak  
STAGE TIME : 00:06

Linked Median Report  
SPEED/GRADE : 3.40/14.0  
POST J at 80 msec

GAIN : 1X  
STL in mm  
STS in mm/sec



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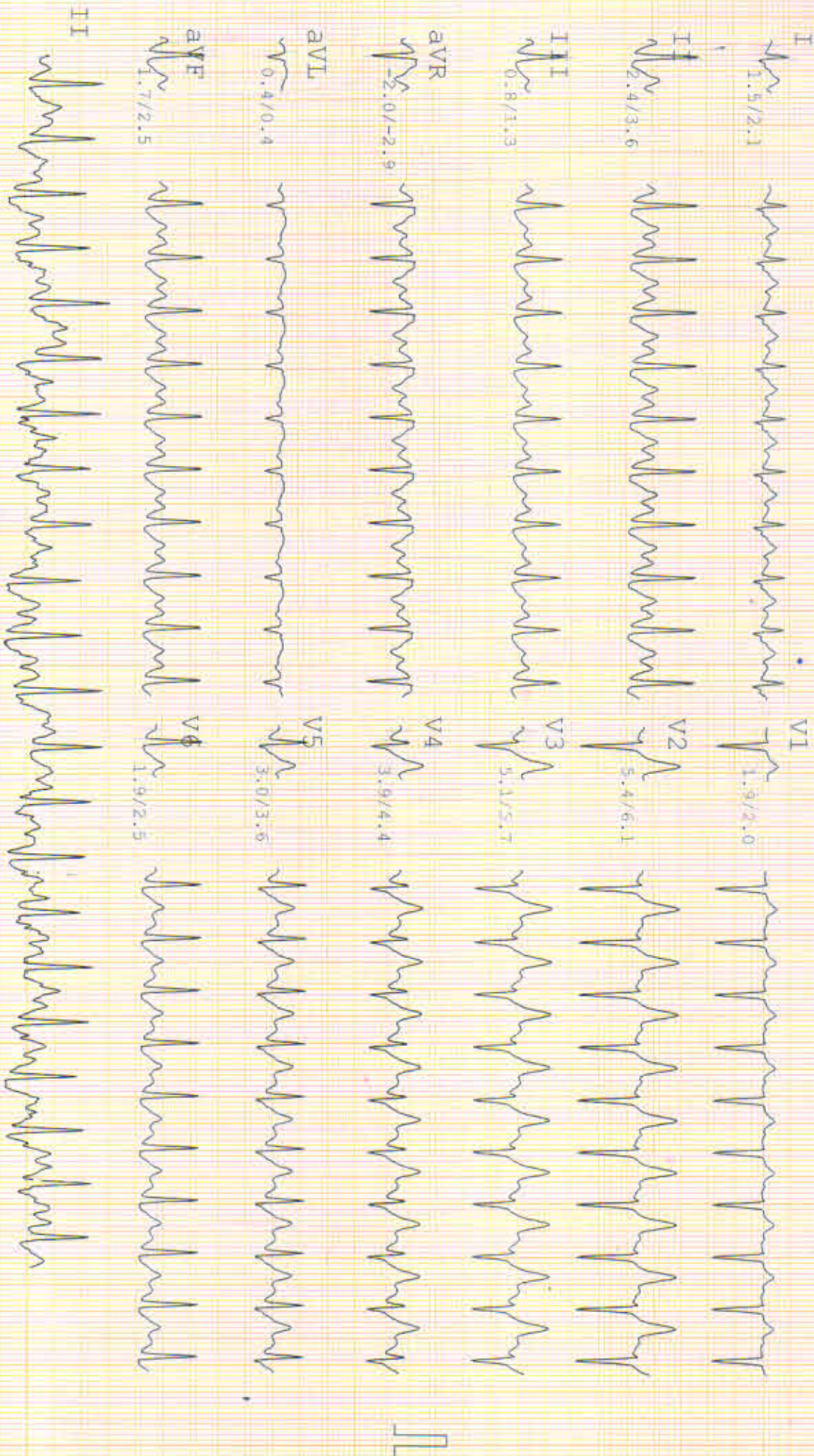
NAME : VARUN KUMAR  
AGE/GENDER : 35 yrs/MALE  
DATE/TIME : 14-09-2024 15:12

ID : 1431  
BP : 160/90mmHg  
HR : 150bpm

PROTOCOL : Bruce  
STAGE : Recovery  
STAGE TIME : 01:00

Linked Median Report  
SPEED/GRADE : 0.00/0.0  
POST J at 80 msec

GAIN : 1X  
STL in mm  
STS in mm/sec



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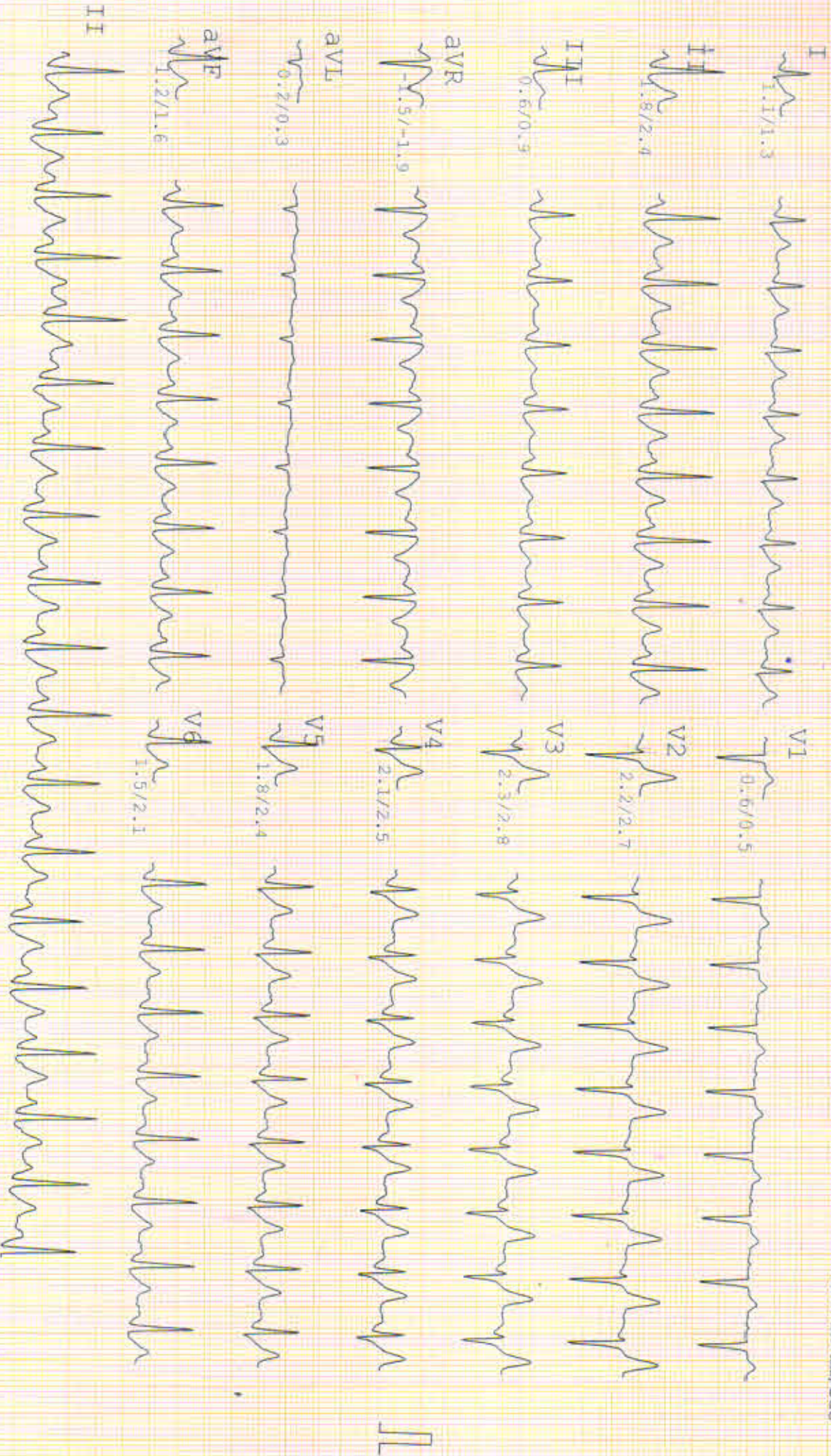
NAME : VARUN KUMAR  
AGE/GENDER : 35 YRS/MALE  
DATE/TIME : 14-09-2024 15:12

ID : 1431  
BP : 160/90mmHg  
HR : 124bpm

PROTOCOL : Bruce  
STAGE : Recovery  
STAGE TIME : 02:00

Linked Median Report  
SPEED/GRADE : 0.00/0.0  
POST J at 80 msec

GAIN : 1X  
STL in mm  
STS in mm/sec



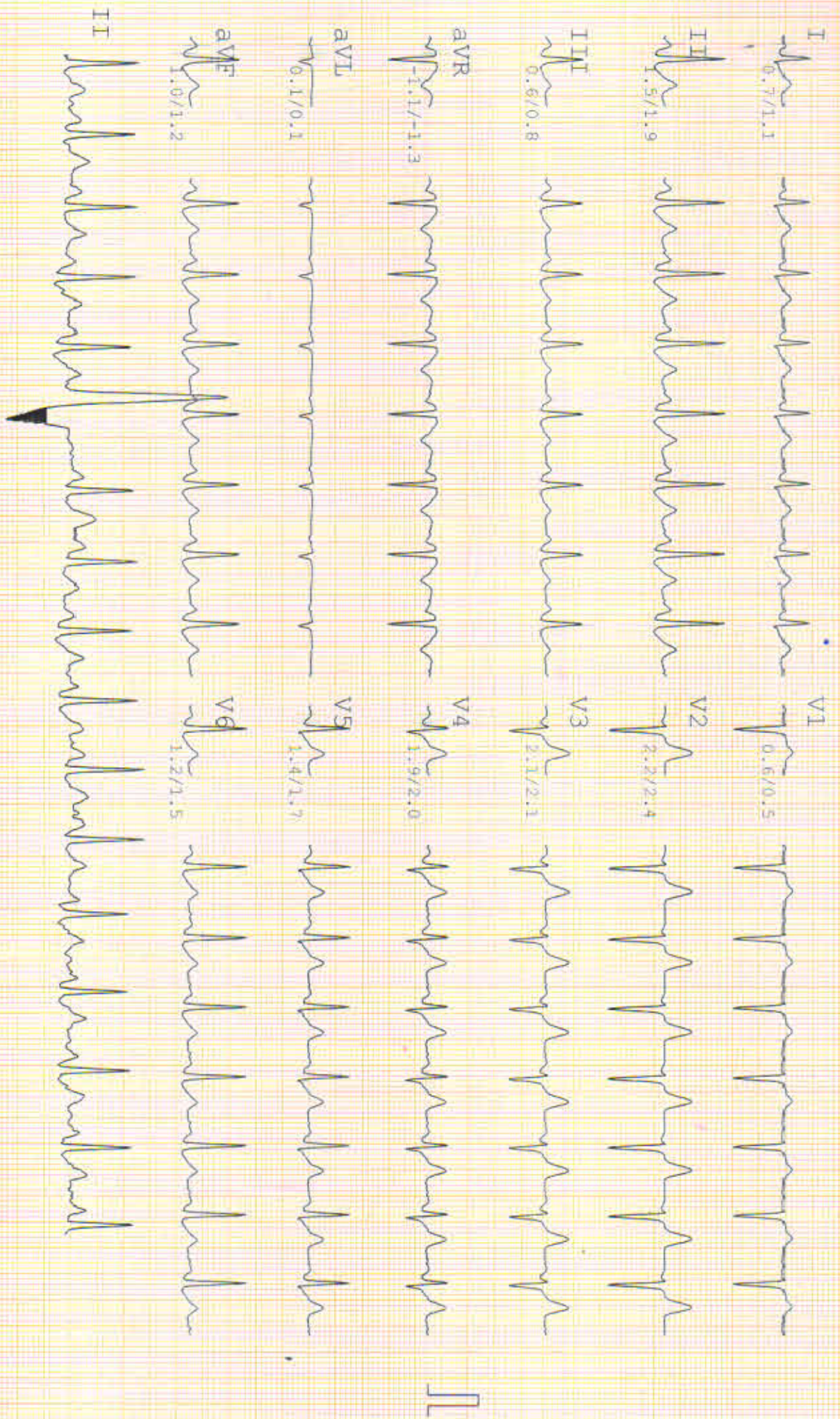
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NAME : VARUN KUMAR  
 AGE/GENDER : 35 yrs/MALE  
 DATE/TIME : 14-09-2024 15:12

ID : 1431  
 BP : 150/90mmHg  
 HR : 110bpm

PROTOCOL : Bruce  
 STAGE : Recovery  
 STAGE TIME : 03:00  
 Linked Median Report  
 SPEED/GRADE : 0.00/0.0  
 POST J at 80 msec  
 GAIN : 1X  
 STL in mm  
 STS in mm/sec



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BANSWARA

NAME : VARUN KUMAR  
AGE/GENDER : 35 YRS/MALE  
DATE/TIME : 14-09-2024 15:12

ID : 1431  
BP : 140/90mmHg  
HR : 112bpm

PROTOCOL : Bruce  
STAGE : Recovery  
STAGE TIME : 04:00

Linked Median Report  
SPEED/GRADE : 0.00/0.0  
POST J at 80 msec

GAIN : 1X  
STL in mm  
STS in mm/sec



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NAME : VARUN KUMAR ID: 1431  
AGE/GENDER: 35 YRS/MALE BP: 130/90mmHg  
DATE/TIME: 14-09-2024 15:12 HR: 111bpm  
PROTOCOL: Bruce STAGE: Recovery  
STAGE TIME: 05:00  
Linked Median Report  
SPEED/GRADE: 0.00/0.0  
POST J at 80 msec  
GAIN: 1X  
STL in mm  
STS in mm/sec



CARDIOPRINT

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