

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Pranjakta Kolte on 24/10/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>Anaemia</u></p> <p>2. _____</p> <p>3. _____</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p>	
<ul style="list-style-type: none"> • Unfit 	

APOLLO CLINIC - AUNDH
Dr. VIDYA DESHPANDE
MBBS, DGO
Family Physician
Reg.No : 56565

Dr. Vidya Deshpande
Medical Officer
Apollo Clinic, (Aundh, Pune)

This certificate is not meant for medico-legal purposes

PATIENT NAME :-MRS.PRAJAKTA KOLTE
REFERRED BY :- ARCOFEMI

AGE :-35YRS/F
DATE :- 24.02.2024

2D ECHO CARDIOGRAPHY & COLOR DOPPLER REPORT

- Mitral Valve : Normal.
- Aortic Valve : Normal.
- Tricuspid Valve : Normal.
- Pulmonary Valve : Normal.

RWMA: Absent.

RA : Normal
RV : Normal
IVS : Intact
IAS : Intact
Pericardial effusion : No
IVC : Normal.

AO – 24 mm, LA – 26 mm, LVIDd – 41 mm, LVIDs – 25 mm, IVS –10 mm, PW – 9 mm.

CONCLUSION:

- Normal size cardiac chambers.
- No RWMA.
- Good LV function LVEF-60%.
- No AR/MR/TR No PAH.
- No e/o clot, thrombus, vegetation or pericardial effusion.

Apollo Clinic - Aundh
Dr. Satyajeet Suryawanshi
MNA, MD, DCP
DR.SATYAJEET SURYAWANSHI
(CONSULTANT CARDIOLOGIST)

P/S : Normal echo does not rule out coronary artery disease.

Apollo Health and Lifestyle Limited

(CIN - U85110TG2000PLC115819)

Regd. Office: 1-10-60/62, Ashoka Raghupathi Chambers, 5th Floor, Begumpet, Hyderabad, Telangana - 500 016.

Ph No: 040-4904 7777, Fax No: 4904 7744 | Email ID: enquiry@apollohl.com | www.apollohl.com

APOLLO CLINICS NETWORK MAHARASHTRA

Pune (Aundh) | Kharadi | Nigdi Pradhikaran | Viman Nagar | Wanowrie)

Online appointments: www.apolloclinic.com

TO BOOK AN APPOINTMENT

 **1860 500 7788**

DATE: 24/12/24

PATIENT NAME : Prajakta Kolte

AGE : 35 yrs

MARRIED / UNMARRIED: mar: 10 yrs

MENSTRUAL HISTORY : Cycle - Regular

On t/b for IInd try infertility

MENARCHE : 12-13-14

PMC : 56/28/avg flow

LMP : 8/02/24

OBSTETRIC HISTORY : G P L A Para (1)

PAST HISTORY : DM/HT/TB/ ALLERGIES / ASTHAMA / SURGERIES → NO

FAMILY HISTORY : DM/ HT/ IHD / MALIGNANCIES
→ NO

Patient Name : Poojita Kolhe
 AGE/Sex : 35/F

Date : 24.02.24
 UHID/ MR NO : 82703

	RIGHT EYE	LEFT EYE
FAR VISION	<u>C</u> <u>VA</u> 6/6	<u>C</u> <u>VA</u> 6/6
NEAR VISION	N/6	N/6
ANTERIOR SEGMENT PUPIL	<u>MD</u>	<u>MD</u>
COLOUR VISION	<u>(N)</u>	<u>(N)</u>
FAMILY / MEDICAL HISTORY	<u>—————</u>	<u>—————</u>

Impression: WNL

Optometrist:-
Mr. Ritesh Sutnase

Date : 24-02-2024
MR NO : CAUN.0000082703

Department : GENERAL
Doctor :

Name : Mrs. PRAJAKTA KOLTE

Registration No :

Age/ Gender : 35 Y / Female

Qualification :

Consultation Timing: 10:13

Height	153
Weight	66
BP	120/70
Pulse	76
WBC	87
Hb	93.
Hct	27
Consultation with Report	

APOLLO CLINIC - AUNDH
CONSENT FORM

NAME OF THE PATIENT : Nrajakea Kolte

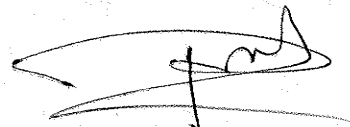
COMPANY NAME : Bank of Baroda

TEST NAME : X-ray

REASON : tring for 2nd Baby
(For not done test)

PHONE NO : 9579599147

PATIENT SIGNATURE



आयकर विभाग
INCOME TAX DEPARTMENT



आयकर खाते संख्या का QR
QR Code of Income Tax Account Number

BOAPK8943M

आयकर दाखलकर्ता का नाम / Taxpayer's Name
PRAJAKTA P DORLIKAR
आयकर दाखलकर्ता का पता / Taxpayer's Address
WAMANRAO AHAJI KOLTE

आयकर दाखल करने की तिथि / Date of Filing
04/04/1988

भारत सरकार
GOVT. OF INDIA



27092017

आयकर दाखलकर्ता की हस्ताक्षर / Taxpayer's Signature

Fwd: Health Check up Booking Request(bobE9901), Beneficiary Code-150902

prajakta kolte <kolteprajakta1@gmail.com>

Fri 23-02-2024 12:39 PM

To:NIGDI Branch, Pune District Region <nigdi@bankofbaroda.com>

****सावधान: यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी हि**
****CAUTION: THIS MAIL IS ORIGINATED FROM OUTSIDE OF THE BANK'S DOMAIN. DO NOT**

----- Forwarded message -----

From: **Mediwheel** <wellness@mediwheel.in>

Date: Fri, 16 Feb, 2024, 6:32 pm

Subject: Health Check up Booking Request(bobE9901), Beneficiary Code-150902

To: <kolteprajakta1@gmail.com>

Cc: <customercare@mediwheel.in>

011-41195959

Dear MS. KOLTE PRAJAKTA WAMANRAO,

We have received your booking request for the following health checkup, please upload HRM Latter as soon as possible.

Booked HRM Latter

Booking Date : 16-02-2024

User Package Name : Mediwheel Full Body Health Checkup Female Below 40

Hospital Package Name : Mediwheel Full Body Health Annual Plus Check

Health Check Code : PKG10000377

Name of Diagnostic/Hospital : Apollo Clinic - Aundh

Address of Diagnostic/Hospital- : Apollo Clinic, 130, Centriole Building, Above Star Bucks coffee, ITI Road, Aundh, Pune - 411007

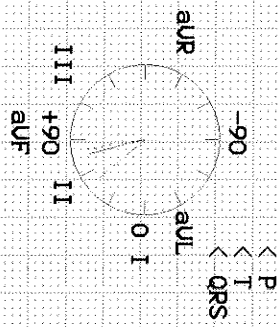
Appointment Date : 24-02-2024

Preferred Time : 9:00am

Member Information		
Booked Member Name	Age	Gender

Measurement Results:

QRS	84 ms
QT/QTcB	362 / 453 ms
PR	118 ms
P	92 ms
RR/PP	638 / 640 ms
P/QRS/T	80 / 75 / 50 degrees
QTd/QTcBd	90 / 113 ms
Sokolow	2.4 mV
NK	13

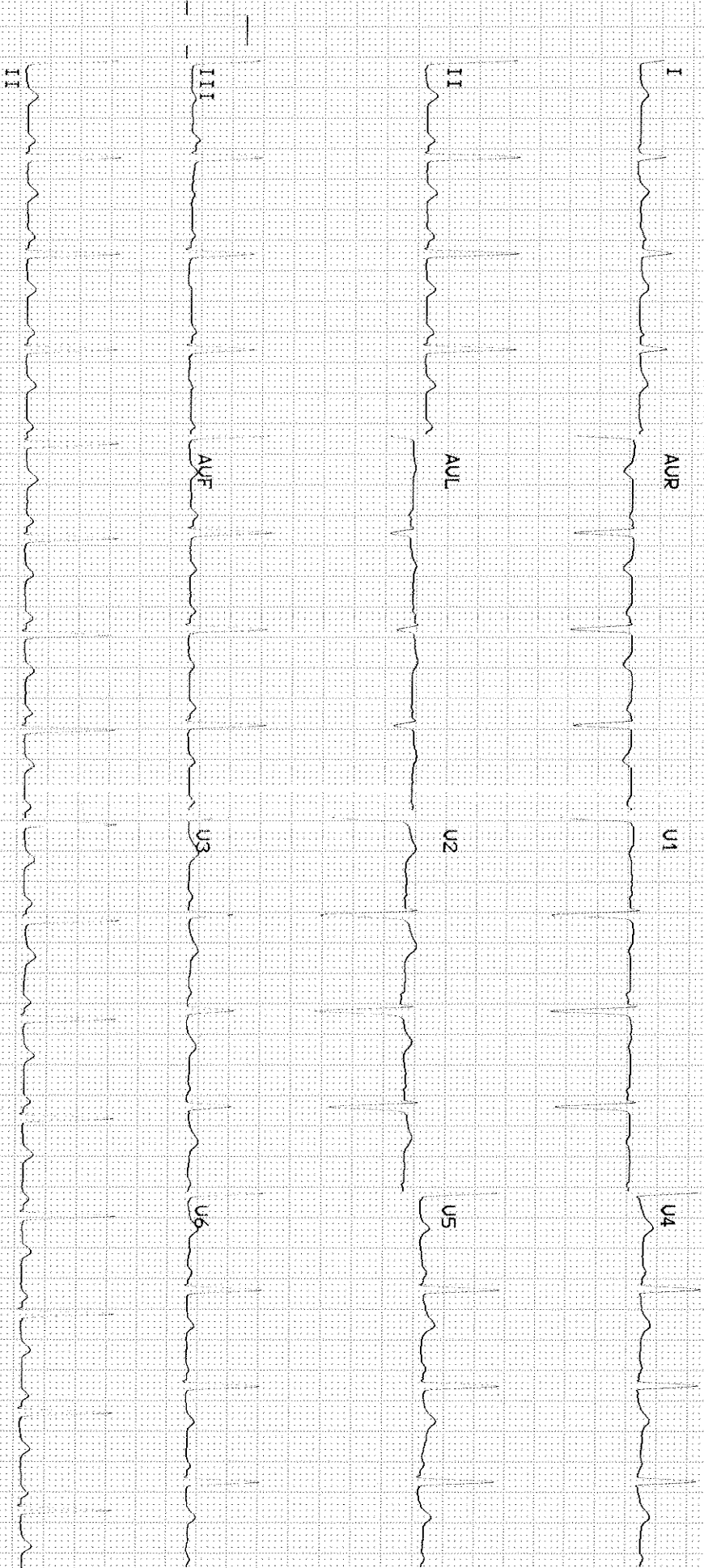


Interpretation:

ECG -> No significant ST-T changes

APOLLO CLINIC-AUNDH
 Dr. Akshay Shelar
 M.B.S., M.D. (Medicine)
 Reg No. 2019/05/4045

Unconfirmed report.



Established Patient: Yes

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
24-02-2024 16:03	76 Beats/min	120/70 mmHg	20 Rate/min	96 F	154 cms	66 Kgs	%	%	Years	27.83	87 cms	93 cms	cms		AHLL09262

Established Patient: Yes

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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Name: Mrs. PRAJAKTA KOLTE
Age/Gender: 35 Y/F
Address: PIMPLE SAUDAGAR PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. PRADNYA NIKAM

MR No: CAUN.0000082703
Visit ID: CAUNOPV167089
Visit Date: 24-02-2024 10:25
Discharge Date:
Referred By: SELF

Doctor's Signature

Name: Mrs. PRAJAKTA KOLTE
Age/Gender: 35 Y/F
Address: PIMPLE SAUDAGAR PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. VIDYA DESHPANDE

MR No: CAUN.0000082703
Visit ID: CAUNOPV167089
Visit Date: 24-02-2024 10:25
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Established Patient: Yes

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
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Age/Gender: 35 Y/F
Address: PIMPLE SAUDAGAR PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. NANDINI SUDHIR BHAGAT

MR No: CAUN.0000082703
Visit ID: CAUNOPV167089
Visit Date: 24-02-2024 10:25
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Name: Mrs. PRAJAKTA KOLTE
Age/Gender: 35 Y/F
Address: PIMPLE SAUDAGAR PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. RUCHIKA SRIVASTAVA

MR No: CAUN.0000082703
Visit ID: CAUNOPV167089
Visit Date: 24-02-2024 10:25
Discharge Date:
Referred By: SELF

HT-CHIEF COMPLAINTS AND PRESENT KNOWN ILLNESS

SYSTEMIC REVIEW

HT-HISTORY

PHYSICAL EXAMINATION

SYSTEMIC EXAMINATION

IMPRESSION

RECOMMENDATION

Doctor's Signature

Established Patient: Yes

Vitals

Date	Pulse (Beats/min)	B.P (mmHg)	Resp (Rate/min)	Temp (F)	Height (cms)	Weight (Kgs)	Body Fat Percentage (%)	Visceral Fat Level (%)	Body Age (Years)	BMI	Waist Circum (cms)	Hip (cms)	Waist (cms)	Waist & Hip Ratio	User
24-02-2024 16:03	76 Beats/min	120/70 mmHg	20 Rate/min	96 F	154 cms	66 Kgs	%	%	Years	27.83	87 cms	93 cms	cms		AHLL09262

Name: Mrs. PRAJAKTA KOLTE
Age/Gender: 35 Y/F
Address: PIMPLE SAUDAGAR PUNE
Location: PUNE, MAHARASHTRA
Doctor:
Department: GENERAL
Rate Plan: AUNDH_06042023
Sponsor: ARCOFEMI HEALTHCARE LIMITED
Consulting Doctor: Dr. BALKRISHNA SURYAKANTRAO RANGDAL

MR No: CAUN.0000082703
Visit ID: CAUNOPV167089
Visit Date: 24-02-2024 10:25
Discharge Date:
Referred By: SELF

Doctor's Signature

Patient Name	: Mrs. PRAJAKTA KOLTE	Age/Gender	: 35 Y/F
UHID/MR No.	: CAUN.0000082703	OP Visit No	: CAUNOPV167089
Sample Collected on	:	Reported on	: 24-02-2024 17:15
LRN#	: RAD2247434	Specimen	:
Ref Doctor	: SELF		
Emp/Auth/TPA ID	: 363387		

DEPARTMENT OF RADIOLOGY

ULTRASOUND - WHOLE ABDOMEN

Liver appears normal in size, shape and echotexture. No focal lesion is seen. PV and CBD are normal. No dilatation of the intrahepatic biliary radicals.

Gall bladder is well distended. No evidence of calculus. Wall thickness appears normal. No evidence of periGB collection. No evidence of focal lesion is seen.

Spleen appears normal. No focal lesion seen. Splenic vein appears normal.

Pancreas appears normal in echopattern. No focal/mass lesion/calcification. No evidence of peripancreatic free fluid or collection. Pancreatic duct appears normal.

Both **the kidneys** appear normal in size, shape and echopattern. Cortical thickness and C M differentiation are maintained. No calculus / hydronephrosis seen on either side.

Right kidney - 9.4 x 4.3 cm.

Left kidney – 12.5 x 4.2 cm.

Urinary Bladder :- is well distended and appears normal. No evidence of any wall thickening or abnormality. No evidence of any intrinsic or extrinsic bladder abnormality detected.

Uterus appears normal in size measuring 9.2 x 4.9 x 6.4 cm. It shows normal shape & echo pattern. Endometrial echo-complex appears normal and measures 10.1mm.

Both ovaries- appear normal in size, shape and echo pattern.

Right ovary – 2.9 x 2.0 cm.

Left ovary – 3.0 x 1.6 cm.

No obvious free fluid or lymphadenopathy is noted in the abdomen .

Patient Name : Mrs. PRAJAKTA KOLTE

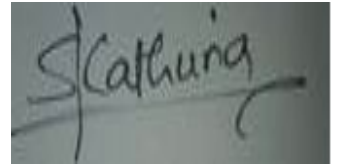
Age/Gender : 35 Y/F

IMPRESSION :-

No significant abnormality detected.

Suggest – clinical correlation.

(The sonography findings should always be considered in correlation with the clinical and other investigation finding where applicable.) It is only a professional opinion, not valid for medico legal purpose.



Dr. SUHAS SANJEEV KATHURIA
MBBS,DMRE, RADIOLOGY
Radiology



Patient Name : Mrs. PRAJAKTA KOLTE

Age/Gender : 35 Y/F

UHID/MR No. : CAUN.0000082703

OP Visit No : CAUNOPV167089

Sample Collected on :

Reported on : 24-02-2024 15:26

LRN# : RAD2247434

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 363387

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:33PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 03:36PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF HAEMATOLOGY

PERIPHERAL SMEAR , WHOLE BLOOD EDTA

RBC's Anisopoikilocytosis++, Microcytes++, Elliptocytes++, tear drop cells +, Pencil cells


WBC's are normal in number and morphology

Platelets are Adequate

No Abnormal cells/hemoparasite seen.

Impression: Iron Deficiency Anemia

Advice: Iron studies & Hb Electrophoresis


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048789

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:33PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 03:36PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	10.5	g/dL	12-15	Spectrophotometer
PCV	31.30	%	36-46	Electronic pulse & Calculation
RBC COUNT	4.66	Million/cu.mm	3.8-4.8	Electrical Impedance
MCV	67.1	fL	83-101	Calculated
MCH	22.5	pg	27-32	Calculated
MCHC	33.5	g/dL	31.5-34.5	Calculated
R.D.W	17.3	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,640	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)				
NEUTROPHILS	49.4	%	40-80	Electrical Impedance
LYMPHOCYTES	35.9	%	20-40	Electrical Impedance
EOSINOPHILS	6.8	%	1-6	Electrical Impedance
MONOCYTES	7.2	%	2-10	Electrical Impedance
BASOPHILS	0.7	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	3280.16	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	2383.76	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	451.52	Cells/cu.mm	20-500	Calculated
MONOCYTES	478.08	Cells/cu.mm	200-1000	Calculated
BASOPHILS	46.48	Cells/cu.mm	0-100	Calculated
Neutrophil lymphocyte ratio (NLR)	1.38		0.78- 3.53	Calculated
PLATELET COUNT	300000	cells/cu.mm	150000-410000	Electrical impedance
ERYTHROCYTE SEDIMENTATION RATE (ESR)	8	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBC's Anisopoikilocytosis++, Microcytes++, Elliptocytes++, tear drop cells +, Pencil cells
WBC's are normal in number and morphology
Platelets are Adequate

Page 2 of 15



Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048789

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab




Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:33PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 03:36PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324
No Abnormal cells/hemoparasite seen.

Impression: Iron Deficiency Anemia

Advice: Iron studies & Hb Electrophoresis


Dr Sheha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048789

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:33PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 03:36PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA				
BLOOD GROUP TYPE	B			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination


Dr Sheha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:BED240048789

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 12:46PM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 03:57PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 05:38PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	86	mg/dL	70-100	HEXOKINASE

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $>$ or $=$ 126 mg/dL and/or a random / 2 hr post glucose value of $>$ or $=$ 200 mg/dL on at least 2 occasions.
- Very high glucose levels ($>$ 450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	124	mg/dL	70-140	HEXOKINASE

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:PLP1423482

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:33PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 08:31PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HBA1C (GLYCATED HEMOGLOBIN) , WHOLE BLOOD EDTA				
HBA1C, GLYCATED HEMOGLOBIN	6.1	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG)	128	mg/dL		Calculated


Comment:

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C, alternative methods (Fructosamine) estimation is recommended for Glycemic Control
 - A: HbF >25%
 - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist

SIN No:EDT240021996

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:51PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 07:50PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Test Name	Result	Unit	Bio. Ref. Range	Method
LIPID PROFILE , SERUM				
TOTAL CHOLESTEROL	186	mg/dL	<200	CHO-POD
TRIGLYCERIDES	66	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	46	mg/dL	40-60	Enzymatic Immuno-inhibition
NON-HDL CHOLESTEROL	140	mg/dL	<130	Calculated
LDL CHOLESTEROL	126.63	mg/dL	<100	Calculated
VLDL CHOLESTEROL	13.18	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.04		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

- Measurements in the same patient on different days can show physiological and analytical variations.
- NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
- Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
- Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
- As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
- VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when Triglycerides are below 400 mg/dL. When Triglycerides are more than 400 mg/dL LDL cholesterol is a direct measurement.



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist

SIN No:SE04640682

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:51PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 07:50PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
LIVER FUNCTION TEST (LFT) , SERUM				
BILIRUBIN, TOTAL	0.40	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.08	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.32	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	22.87	U/L	<35	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	24.8	U/L	<35	IFCC
ALKALINE PHOSPHATASE	60.25	U/L	30-120	IFCC
PROTEIN, TOTAL	7.13	g/dL	6.6-8.3	Biuret
ALBUMIN	4.24	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.89	g/dL	2.0-3.5	Calculated
A/G RATIO	1.47		0.9-2.0	Calculated

Comment:

LFT results reflect different aspects of the health of the liver, i.e., hepatocyte integrity (AST & ALT), synthesis and secretion of bile (Bilirubin, ALP), cholestasis (ALP, GGT), protein synthesis (Albumin)

Common patterns seen:


1. Hepatocellular Injury:

- AST – Elevated levels can be seen. However, it is not specific to liver and can be raised in cardiac and skeletal injuries.
- ALT – Elevated levels indicate hepatocellular damage. It is considered to be most specific lab test for hepatocellular injury. Values also correlate well with increasing BMI. • Disproportionate increase in AST, ALT compared with ALP. • Bilirubin may be elevated.
- AST: ALT (ratio) – In case of hepatocellular injury AST: ALT > 1 In Alcoholic Liver Disease AST: ALT usually >2. This ratio is also seen to be increased in NAFLD, Wilson's diseases, Cirrhosis, but the increase is usually not >2.

2. Cholestatic Pattern:

- ALP – Disproportionate increase in ALP compared with AST, ALT.
- Bilirubin may be elevated. • ALP elevation also seen in pregnancy, impacted by age and sex.
- To establish the hepatic origin correlation with GGT helps. If GGT elevated indicates hepatic cause of increased ALP.

3. Synthetic function impairment: • Albumin- Liver disease reduces albumin levels. • Correlation with PT (Prothrombin Time) helps.



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist



SIN No:SE04640682

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

Certificate No: MC-5697


Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:51PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 07:50PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
CREATININE	0.57	mg/dL	0.55-1.02	Modified Jaffe, Kinetic
UREA	13.99	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	6.5	mg/dL	8.0 - 23.0	Calculated
URIC ACID	3.94	mg/dL	2.6-6.0	Uricase PAP
CALCIUM	9.52	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	3.67	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	137.93	mmol/L	136-146	ISE (Indirect)
POTASSIUM	4.7	mmol/L	3.5-5.1	ISE (Indirect)
CHLORIDE	105.72	mmol/L	101-109	ISE (Indirect)

Page 9 of 15



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist



SIN No:SE04640682


This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:51PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 07:50PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM	15.63	U/L	<38	IFCC



DR. MANISH T. AKARE
M.B.B.S, MD(Path.)
Consultant Pathologist



SIN No:SE04640682

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab

Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:49PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 03:02PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM				
TRI-IODOTHYRONINE (T3, TOTAL)	0.87	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	8.84	µg/dL	5.48-14.28	CLIA
THYROID STIMULATING HORMONE (TSH)	2.847	µIU/mL	0.34-5.60	CLIA

Comment:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

- TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.
- TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.
- Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.
- Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis
High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma


 Dr Sneha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:SPL24032214

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab






Certificate No: MC-5697

Patient Name	: Mrs.PRAJAKTA KOLTE	Collected	: 24/Feb/2024 10:33AM
Age/Gender	: 35 Y 9 M 12 D/F	Received	: 24/Feb/2024 01:49PM
UHID/MR No	: CAUN.0000082703	Reported	: 24/Feb/2024 03:02PM
Visit ID	: CAUNOPV167089	Status	: Final Report
Ref Doctor	: Dr.SELF	Sponsor Name	: ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID	: 363387		

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324


Dr Sneha Shah
MBBS, MD (Pathology)
Consultant Pathologist

SIN No:SPL24032214

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:41PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 02:15PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.020		1.002-1.030	Bromothymol Blue
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE
CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY				
PUS CELLS	2 - 3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1 - 2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY



DR.Sanjay Ingle
M.B.B.S,M.D(Pathology)
Consultant Pathologist

SIN No:UR2290855

This test has been performed at Apollo Health and Lifestyle Ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 10:33AM
Age/Gender : 35 Y 9 M 12 D/F	Received : 24/Feb/2024 01:59PM
UHID/MR No : CAUN.0000082703	Reported : 24/Feb/2024 02:18PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	

DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS CHECK - FEMALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

Sheha Shah

Dr Sheha Shah
 MBBS, MD (Pathology)
 Consultant Pathologist

SIN No:UF010786

This test has been performed at Apollo Health and Lifestyle ltd- Sadashiv Peth Pune, Diagnostics Lab



Patient Name : Mrs.PRAJAKTA KOLTE	Collected : 24/Feb/2024 02:30PM
Age/Gender : 35 Y 9 M 12 D/F	Received : 26/Feb/2024 12:10PM
UHID/MR No : CAUN.0000082703	Reported : 28/Feb/2024 05:52PM
Visit ID : CAUNOPV167089	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 363387	


DEPARTMENT OF CYTOLOGY

LBC PAP TEST (PAPSURE) , CERVICAL BRUSH SAMPLE

	CYTOLOGY NO.	4154/24
I	SPECIMEN	
a	SPECIMEN ADEQUACY	ADEQUATE
b	SPECIMEN TYPE	LIQUID-BASED PREPARATION (LBC)
	SPECIMEN NATURE/SOURCE	CERVICAL SMEAR
c	ENDOCERVICAL-TRANSFORMATION ZONE	ABSENT
d	COMMENTS	SATISFACTORY FOR EVALUATION
II	MICROSCOPY	Superficial and intermediate squamous epithelial cells with benign morphology. Inflammatory cells, predominantly neutrophils. Negative for intraepithelial lesion/ malignancy.
III	RESULT	
a	EPITHEIAL CELL	
	SQUAMOUS CELL ABNORMALITIES	NOT SEEN
	GLANDULAR CELL ABNORMALITIES	NOT SEEN
b	ORGANISM	NIL
IV	INTERPRETATION	NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Pap Test is a screening test for cervical cancer with inherent false negative results. Regular screening and follow-up is recommended (Bethesda-TBS-2014) revised

*** End Of Report ***



Dr.A.Kalyan Rao
M.B.B.S.,M.D(Pathology)
Consultant Pathologist

Page 15 of 15
CAP
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COLLEGE of AMERICAN PATHOLOGISTS



SIN No:CS075135

This test has been performed at Apollo Health & Lifestyle Ltd, Global Reference Laboratory,Hyderabad