

Name : Mrs. PRIYANKA SUNIL PAWAR (27 /F)

Date : 10/02/2024

Address : NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by:

UHID : MHN1.0000151189

Package : MediWheel Full Body Health Checkup Female Below 40 Package

AHC No : NSKAH38912



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension, Thyroid
disorder, Heart disease,
Stroke, Asthma, COPD,
Cancer



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant



Past medical history

Do you have any - No
allergies?
Do you have any drug - No
allergies?
Past medical history - nil significant
Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid
Dose2, Precaution Dose



Personal history

Marital status - Married
No. of children - 02
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active



Family history

Family history - Nil significant
Coronary artery - none
disease
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 154
Weight - 52
BMI - 21.93
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 32
Rhythm - Regular
- B.P. Supine
Systolic(mm of Hg) - 110
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath
sounds



Abdomen

Organomegaly - No
Tenderness - No

Printed By : Shweta Sharad Shardul

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URINE ROUTINE (CUE)

| Test Name | Result | Unit | Level | Range |
|--|-----------------|------|-------|-------------|
| Specific Gravity | 1.015 * | | ● | 1.016-1.026 |
| Color,: | PALE YELLOW | | | |
| Transparency: | Slightly Turbid | | | |
| Reaction: | Acidic | | | 7.2-7.8 |
| Protein : | Negative | | | |
| Sugar: | Negative | | | |
| pH | 6.0 | | ● | 4.6-8 |
| Blood: | 3+ | | | |
| Ketone | Negative | | | |
| Bile Pigments: | Negative | | | |
| Bile Salts : | Negative | | | |
| Urobilinogen | Normal | | | |
| Nitrite | Negative | | | |
| RBC | 0 | /hpf | ● | 0-2 |
| WBC/Pus Cells | 0-2/HPF | /hpf | | |
| Tc/Sqc(Transitional/Squamous epithelial cells) | 6-9/HPF | /hpf | | |

| | | | | |
|--------------------------------------|----|-----------|---|------|
| Monocytes | 06 | % | ● | 1-10 |
| Basophils | 00 | % | ● | 0-1 |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 06 | mm/1st hr | ● | 0-20 |

BLOOD GROUPING AND TYPING (ABO and Rh)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | A | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|---------|
| ALT(SGPT) - SERUM / PLASMA | 21 * | U/L | ● | 30-65 |
| ALBUMIN - SERUM | 4.4 | g/dL | ● | 3.5-5 |
| GLOBULIN - SERUM: (Calculated) | 3.7 * | g/dL | ● | 1.8-3.6 |
| ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated) | 1.2 | | ● | 1.1-1.8 |

C B C WITH ESR (AUTOMATION + STANDARD METHOD)

| Test Name | Result | Unit | Level | Range |
|-----------------------------------|--------|---------------------------------|-------|-----------|
| Hemoglobin | 12.3 | g/dl | ● | 11.0-16.0 |
| Haematocrit | 37.3 | % | ● | 34.0-48.0 |
| RBC COUNT | 4.74 | Million/ul | ● | 3.7-5.6 |
| MCV | 78.6 | fl | ● | 75.0-95.0 |
| MCH | 26.0 | pg | ● | 26.0-32.0 |
| MCHC | 33.1 | g/dl | ● | 31.0-36.0 |
| RDW | 16.8 * | % | ● | 11-16 |
| Platelet Count(Optical/Impedance) | 232 | 10 ⁹ /m ³ | ● | 140-440 |
| TLC Count | 7.58 | 10 ⁹ /m ³ | ● | 4.0-11.0 |
| Neutrophils | 63 | % | ● | 40-75 |
| Lymphocytes | 28 | % | ● | 20-45 |
| Eosinophils | 03 | % | ● | 1-6 |

| | | | | |
|-------------------------------------|-----|-------|---|---------|
| ALKALINE PHOSPHATASE - SERUM/PLASMA | 65 | U/L | ● | 0-100 |
| AST (SGOT) - SERUM | 18 | U/L | ● | 15-37 |
| BILIRUBIN, TOTAL - SERUM | 0.6 | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|-------|
| Total Cholesterol | 140 | mg/dL | ● | 0-200 |

CREATININE - SERUM / PLASMA

| Test Name | Result | Unit | Level | Range |
|-----------------------------|--------|-------|-------|---------|
| CREATININE - SERUM / PLASMA | 0.6 | mg/dL | ● | 0.6-1.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA
GLUTAMYL
TRANSPEPTIDASE -
SERUM

12 U/L ● 0-50

TOTAL T3: TRI
IODOTHYRONINE -
SERUM

160 ng/dL ●

Healthy Adults:
69 - 215
Pregnant
Women:
1st
Trimester:121-
308
2nd & 3rd
Trimesters:152-
362

GLUCOSE - SERUM / PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|----------------------------|--------|-------|-------|--------|
| Glucose - Plasma (Fasting) | 93 | mg/dL | ● | 70-100 |

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|----------------------------------|--------|-------|-------|--------|
| Glucose - Plasma (POST PRANDIAL) | 108 | mg/dL | ● | 70-140 |

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|----------|-------|-------|---------|
| Glycosylated Hemoglobin (HbA1c) | 5.9 | % | ● | 0.0-6.0 |
| Mean Plasma Glucose (MPG) Estimate: | 132.7400 | mg/dL | | |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|-------|-------|---------|
| HDL CHOLESTEROL - SERUM / PLASMA | 38 * | mg/dL | ● | 40-60 |
| TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) | 3.7 | | ● | 0.0-4.5 |
| LDL Cholesterol (Direct LDL) | 97 | mg/dL | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---------------------------------|--------|------|-------|---------|
| PROTEIN, TOTAL - SERUM / PLASMA | 8.1 | g/dL | ● | 6.4-8.2 |
| PROTEIN, TOTAL - SERUM / PLASMA | 8.1 | g/dL | ● | 6.4-8.2 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

TOTAL T4:
THYROXINE - SERUM

9.9 µg/dL ●

Healthy Adults:
5.2 - 12.7

Pregnancy:1stT
rimester:7.8 -
16.2
2nd & 3rd
Trimesters: 9.1
- 18.3

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------------------|---------|-------|-------|-------|
| Triglycerides - Serum | 124 | mg/dL | ● | 0-150 |
| VLDL SERUM-CALCULATED | 24.8000 | | | |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|--|
| TSH: THYROID STIMULATING HORMONE - SERUM | 2.4 | uIU/mL | ● | Euthyroid: 0.3 - 4.5 Hypothyroid: 7.1 - >75.0 Pregnancy(All Trimesters):0.2 -3.5 |

UREA - SERUM / PLASMA

| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|-------|
| UREA - SERUM / PLASMA | 24 | mg/dL | ● | 15-38 |
| UREA NITROGEN SERUM/PLASMA: (Calculated) | 11 | mg/dL | ● | 7-18 |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 2.9 | mg/dL | ● | 2.6-6.0 |

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| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.2 | mg/dL | ● | 0.0-0.3 |
| BILIRUBIN UNCONJUGATED - SERUM(Calculated) | 0.4 | mg/dL | ● | 0.0-0.7 |

CARDIAC STRESS TEST - (TMT)

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

EKG

ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

CERVICAL/VAGINAL SMEAR II SLIDE



Within Normal Range



Borderline High/Low



Out of Range

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Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

1

ACCEPTABLE SCORE

2

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515

Apollo Prediabetes Risk Tool

Low Risk

You are at low risk for developing prediabetes.

The **Apollo Hospitals Prediabetes Risk tool** is a comprehensive, community-based risk assessment tool for the early diagnosis of prediabetes (before estimation of blood glucose or HbA1C). This tool compiles data based on your physical parameters, lifestyle, and health attributes and assesses whether you have a low, medium or high risk for undiagnosed prediabetes. The tool has been developed based on Indian demographics and has more than 90% accuracy.

ADVICE

- Follow the guidance and education on **dietary and lifestyle management**
- Aim for 30 minutes or more of moderately intense **exercise** (such as brisk walking) most days of the week, for a minimum of 150 minutes (2.5 hours) of total physical activity/week.
- You do not need to be referred to an **endocrinologist or diabetologist** at this time.
- Follow your **physician's guidance** regarding **annual follow-up testing**.

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6. The current model doesn't account for:
 - Uncontrolled and Undiagnosed Diabetes
 - Gestational Diabetes
 - Polycystic Ovarian Disease (PCOD)
 - Diabetes currently being managed