



ID: 6465

Name: HANUMANGAM, BISHNOI

Age: 52yrs

Sex:

Hospital:

Department:

HR : 68 bpm

PR : 272 ms

QRS : 90 ms

QT/QTc : 360/392 ms

P/QRS/T : 77/24/47 deg.

RVS/SVL : 1.019/-0.445 mV

RVS+SVL : 1.464 mV

0.67Hz - 35Hz AC OFF 25 mm/s 10 mm/mv

<< Analysis Result >>

\*\* abnormal ECG \*\*

Sinus rhythm

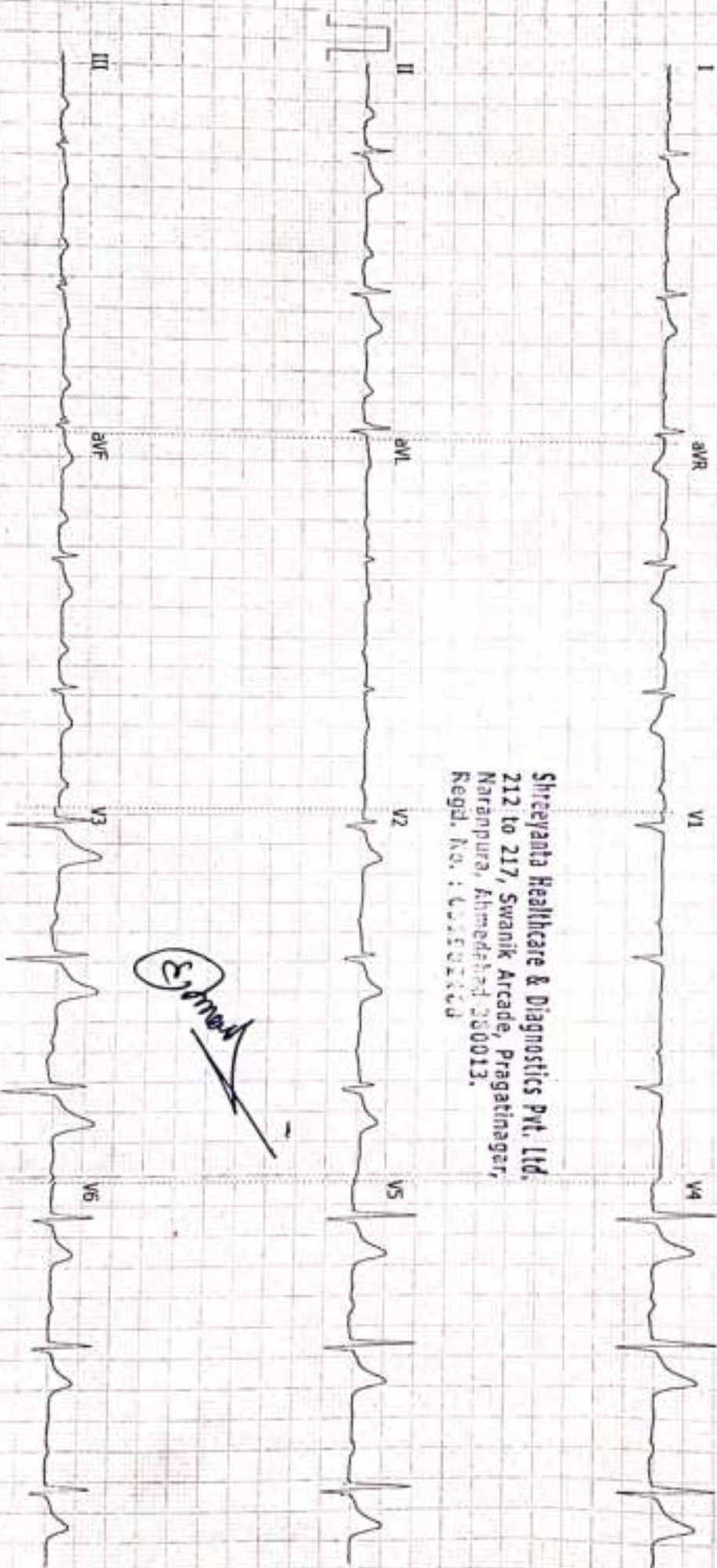
**Dr. Manoj K. Kinnariwal**

(M.D. (Medicine), PGDDM (CV))

Regd. No. : G-14926

Shreyanta Healthcare & Diagnostics Pvt. Ltd.

Need to be confirmed by doctor. Doctor Name: \_\_\_\_\_



Shreyanta Healthcare & Diagnostics Pvt. Ltd.  
 212 to 217, Swanik Arcade, Pragatinagar,  
 Narapura, Ahmedabad-380013.  
 Regd. No. : G-14926

*(Signature)*

# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

**Patient Details**                      **Date:** 18-Dec-23                      **Time:** 12:37:55 PM  
**Name:** HANUMAN RAM BISHNOI ID: 855  
**Age:** 52 y                                      **Sex:** M                                      **Height:** 170 cms.                                      **Weight:** 74 Kg.  
**Clinical History:** NO  
  
**Medications:** NO

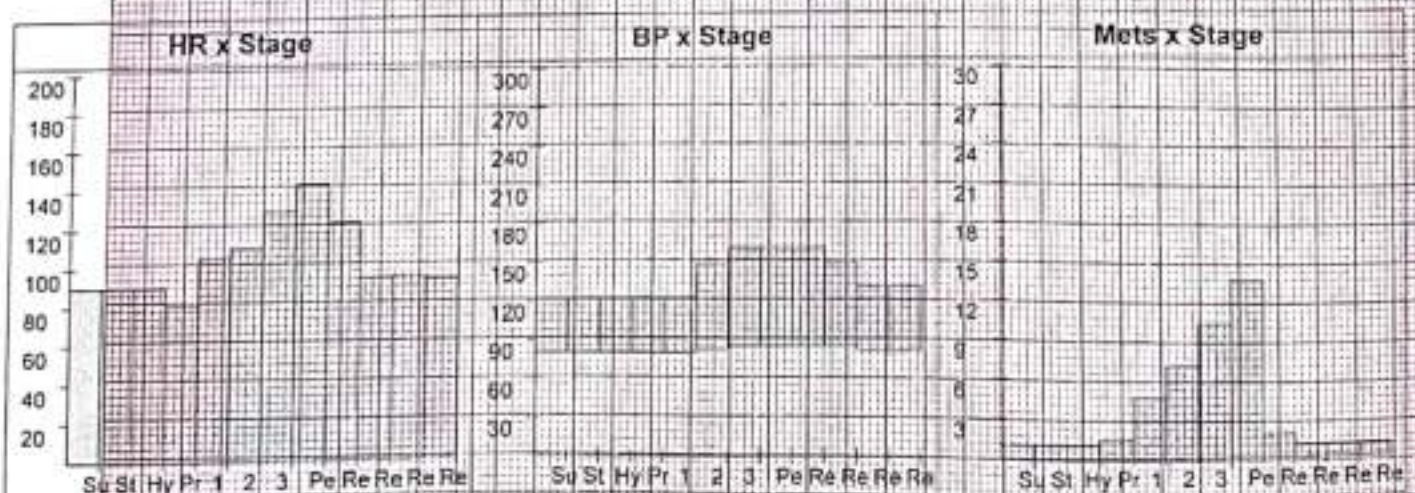
## Test Details

**Protocol:** Bruce                                      **Pr.MHR:** 168 bpm                                      **THR:** 151 (90% of Pr.MHR) bpm  
**Total Exec. Time:** 10 m 0 s                                      **Max. HR:** 143 (85% of Pr.MHR) bpm                                      **Max. Mets:** 13.50  
**Max. BP:** 160/84 mmHg                                      **Max. BP x HR:** 22880 mmHg/min                                      **Min. BP x HR:** 7200 mmHg/min  
**Test Termination Criteria:** ACHIEVEMENT OF THR

## Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 27	1.0	0	0	90	122/80	-0.85 aVR	1.42 V3
Standing	0 : 13	1.0	0	0	90	122/80	-0.85 aVR	1.06 V3
Hyperventilation	0 : 10	1.0	0	0	90	122/80	-0.85 aVR	1.42 V3
1	3 : 0	4.6	1.7	10	105	122/80	-1.91 aVR	2.83 V3
2	3 : 0	7.0	2.5	12	110	148/82	-1.91 aVR	3.18 II
3	3 : 0	10.2	3.4	14	129	160/84	-1.49 aVR	3.54 V3
Peak Ex	1 : 0	13.5	4.2	18	143	160/84	-0.85 aVR	3.54 V3
Recovery(1)	1 : 0	1.8	1	0	123	160/84	-1.27 aVR	4.25 V3
Recovery(2)	1 : 0	1.0	0	0	94	148/84	-1.06 aVR	4.60 V3
Recovery(3)	1 : 0	1.0	0	0	95	130/80	-0.85 aVR	2.48 V3
Recovery(4)	0 : 8	1.0	0	0	93	130/80	-0.85 aVR	1.77 V3

*Handwritten signature*



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Patient Details

Date: 18-Dec-23

Time: 12:37:55 PM

Name: HANUMAN RAM BISHNOI ID: 855

Age: 52 y

Sex: M

Height: 170 cms

Weight: 74 Kgs

## Interpretation

GOOD EXERCISE TOLERANCE  
NORMAL HAEMODYNAMIC AND CHRONOTROPIC RESPONSE  
NO SIGNIFICANT ST-T CHANGES ARE SEEN DURING EXERCISE AND RECOVERY  
RECOVERY UNEVENTFUL  
NO ANGINA, GALLOP, ARRHYTHMIA  
TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHEMIA DURING EXERCISE AND RECOVERY AT HIGH WORKLOAD.



Shreeyanta Healthcare & Diagnostic Pvt. Ltd.  
201/2/2, Sankar Avenue, Pragatinagar,  
Ahmedabad-380013.  
Regd. No. : 051902468

**Dr. Maulik Kinariwala**  
(M.D. (Medicine), FSDDM (UK))  
Regd. No. : G-14526  
Shreeyanta Healthcare & Diagnostic Pvt. Ltd.

Ref. Doctor: MEDIWHEEL

Doctor: Dr Maulik Kinariwala

( Summary Report edited by user )

# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

**HANUMAN RAM BISHNOI (52 M)**

ID: 855

Date: 18-Dec-23

B.P: 160 / 84

Protocol: Bruce

Stage: 4

Speed: 4.2 mph

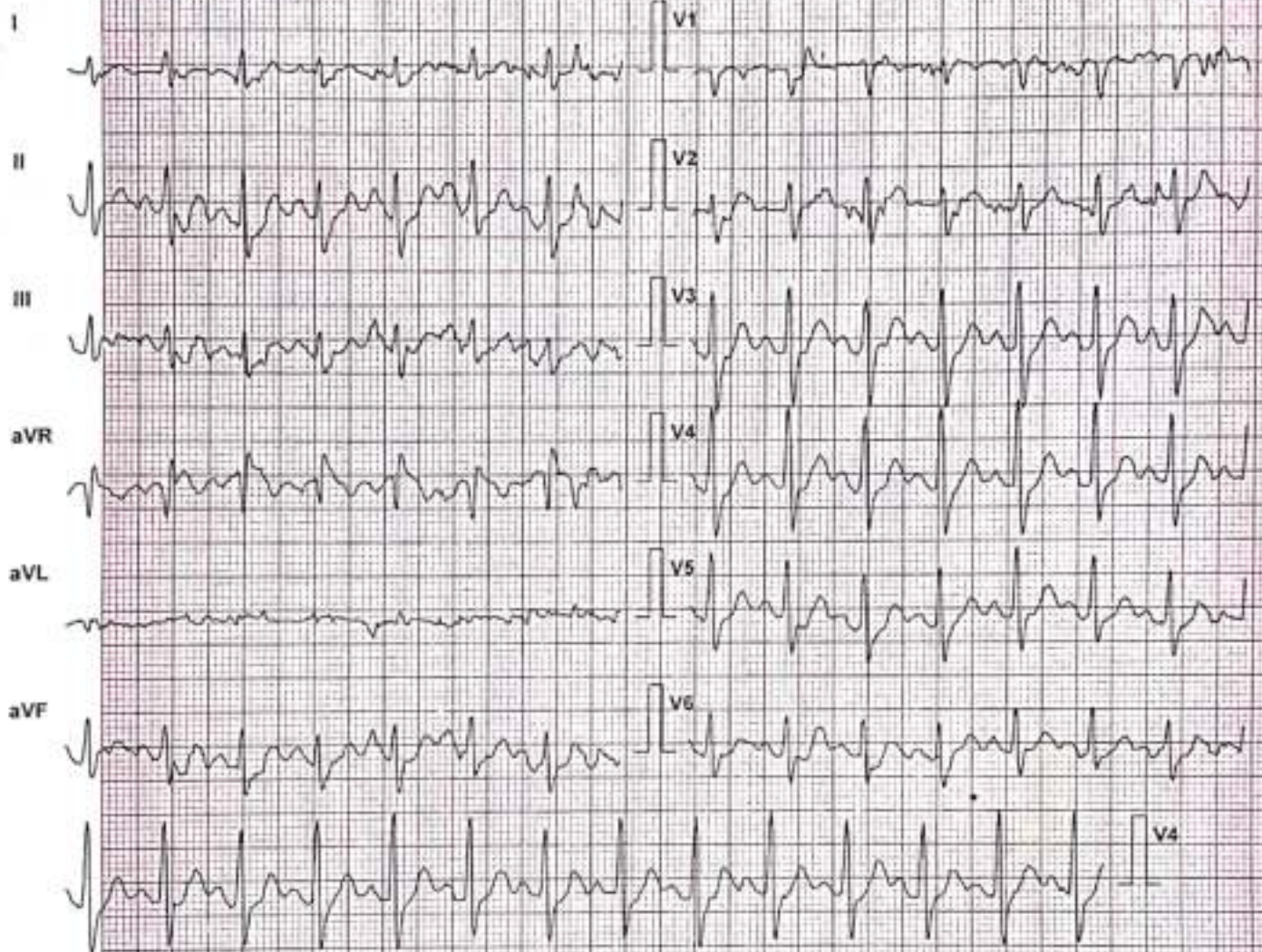
Grade: 16 %

Exec Time: 9 m 33 s

Stage Time: 0 m 33 s

HR: 137 bpm

(THR: 161 bpm)



Lead	ST Level (mm)	ST Slope (mV/s)
I	0.2	1.1
aVR	-0.2	-1.4
V1	0.0	-0.4
V4	1.1	2.8
II	0.2	2.1
aVL	0.0	0.0
V2	0.6	0.7
V5	0.8	2.5
III	0.2	0.7
aVF	0.2	1.8
V3	1.1	2.1
V6	0.4	1.8

Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Schiller Spandis V4.7

50 - R - 60 ms

I - R - 60 ms

Post - I - 60 ms

# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

Date: 18-Dec-23

Exec Time : 0 m 0 s

Stage Time : 0 m 21 s

HR: 89 bpm

Protocol: Bruce

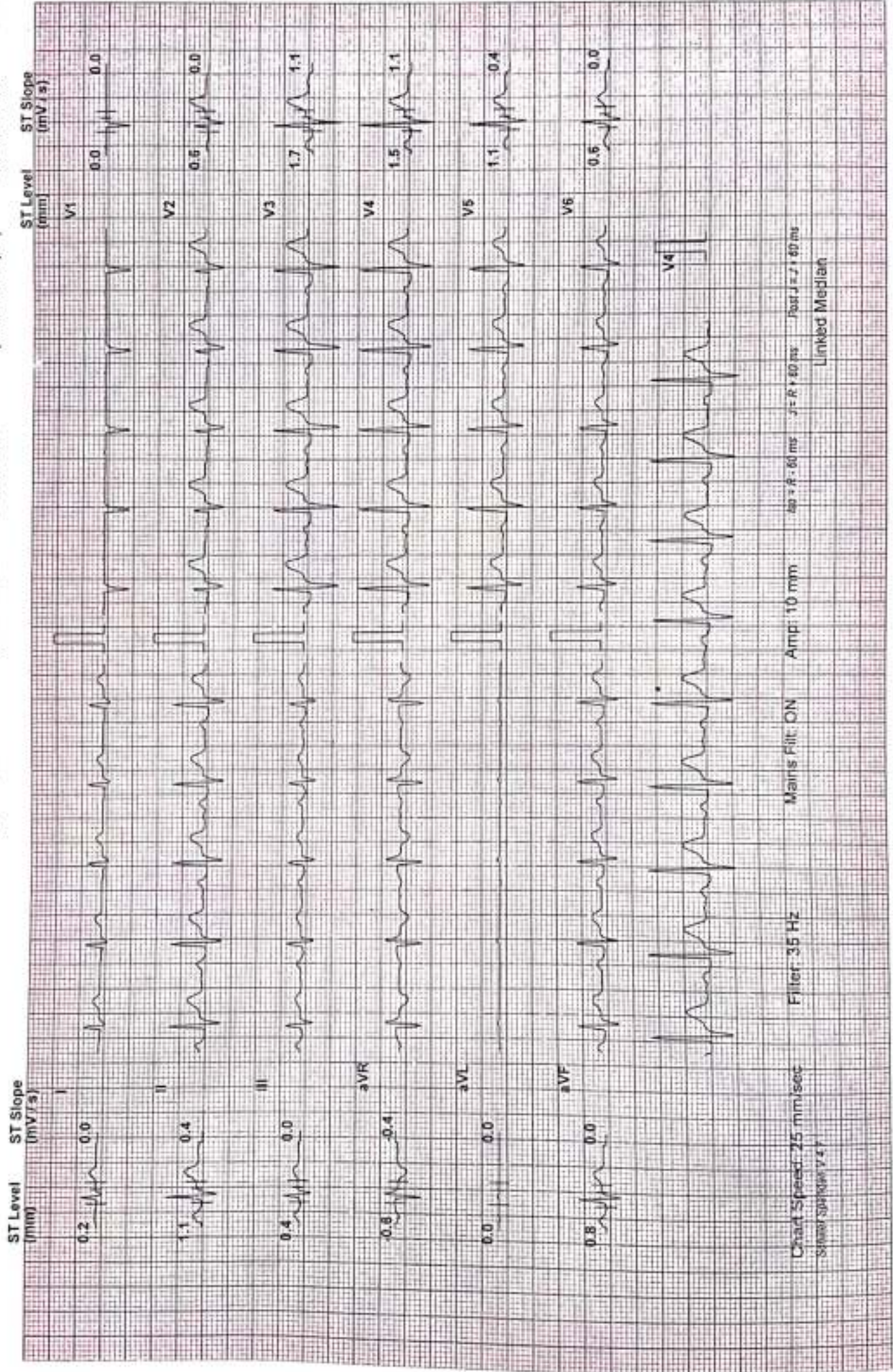
Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 151 bpm)

B.P: 122 / 80



SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

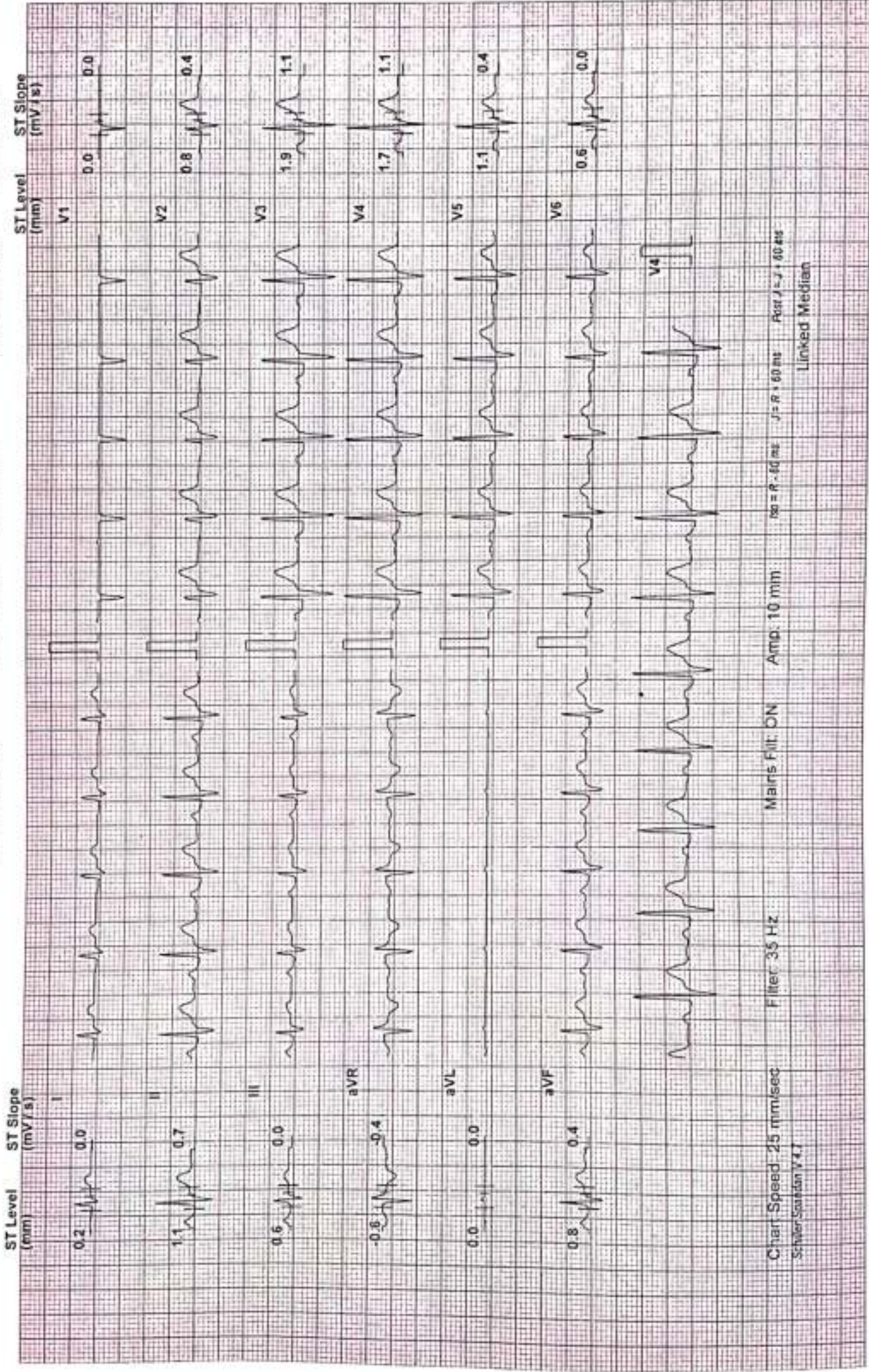
Test Report

HANUMAN RAM BISHNOI (52 M)

Date: 18-Dec-23 Exec Time : 0 m 0 s Stage Time : 0 m 7 s HR: 90 bpm

Protocol: Bruce

Speed: 0 mph Grade: 0 % (THR: 151 bpm) B.P: 122 / 80



Char Speed: 25 mm/sec Filter: 35 Hz Mains Fil: ON Amp: 10 mm

Scale: R - 60 ms J - R - 60 ms Post J - J - 60 ms

Scholar Solutions V4.7 Linked Median

# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

HANUMAN RAM BISHNOI (52 M)

ID 855

Date: 18-Dec-23

Exec Time : 0 m 0 s

Stage Time : 0 m 4 s

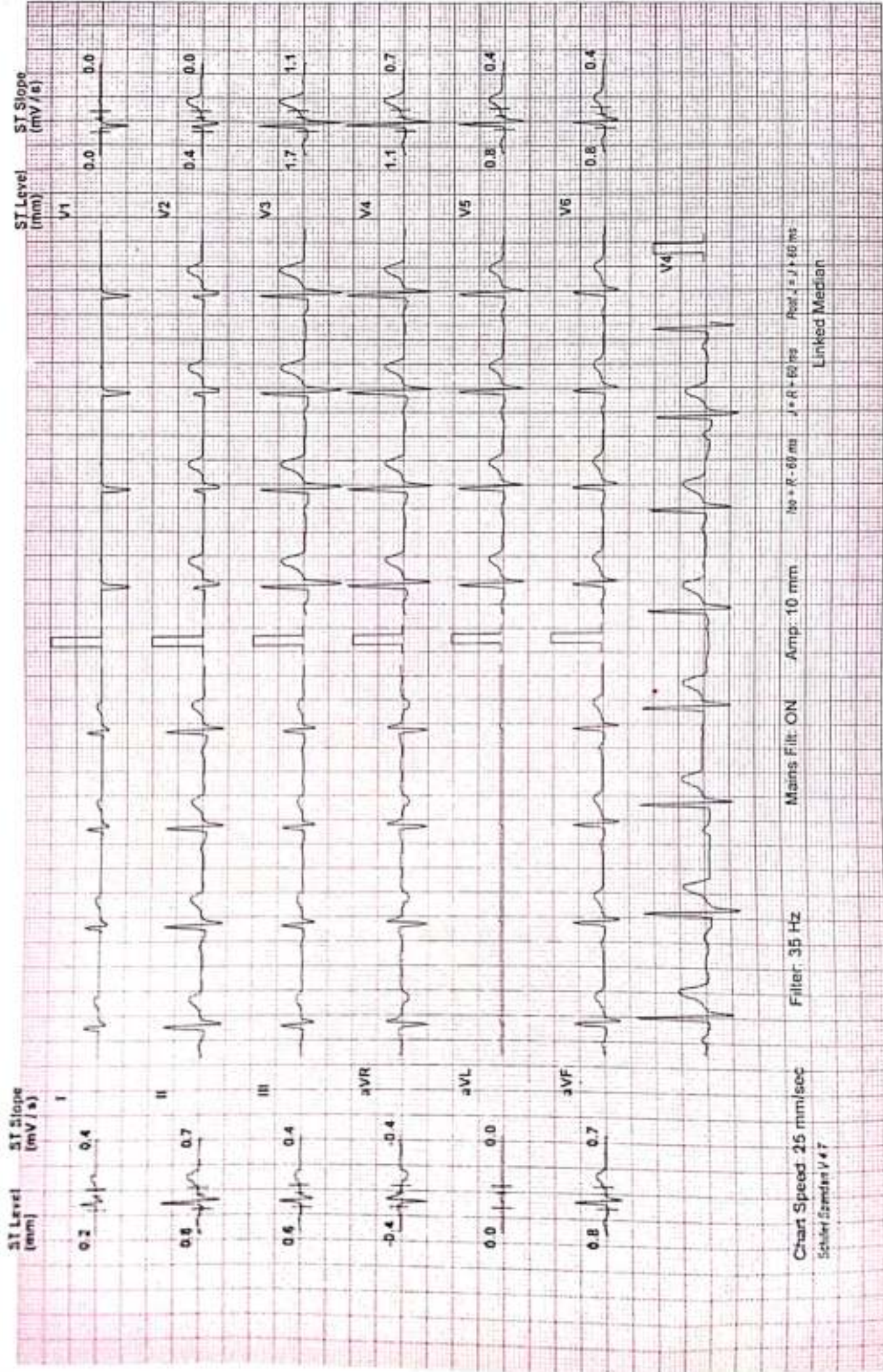
HR: 74 bpm

Protocol: Bruce

Stage: Hyperventilation Speed: 0 mph Grade: 0 %

(THR: 151 bpm)

B.P: 122 / 60





# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

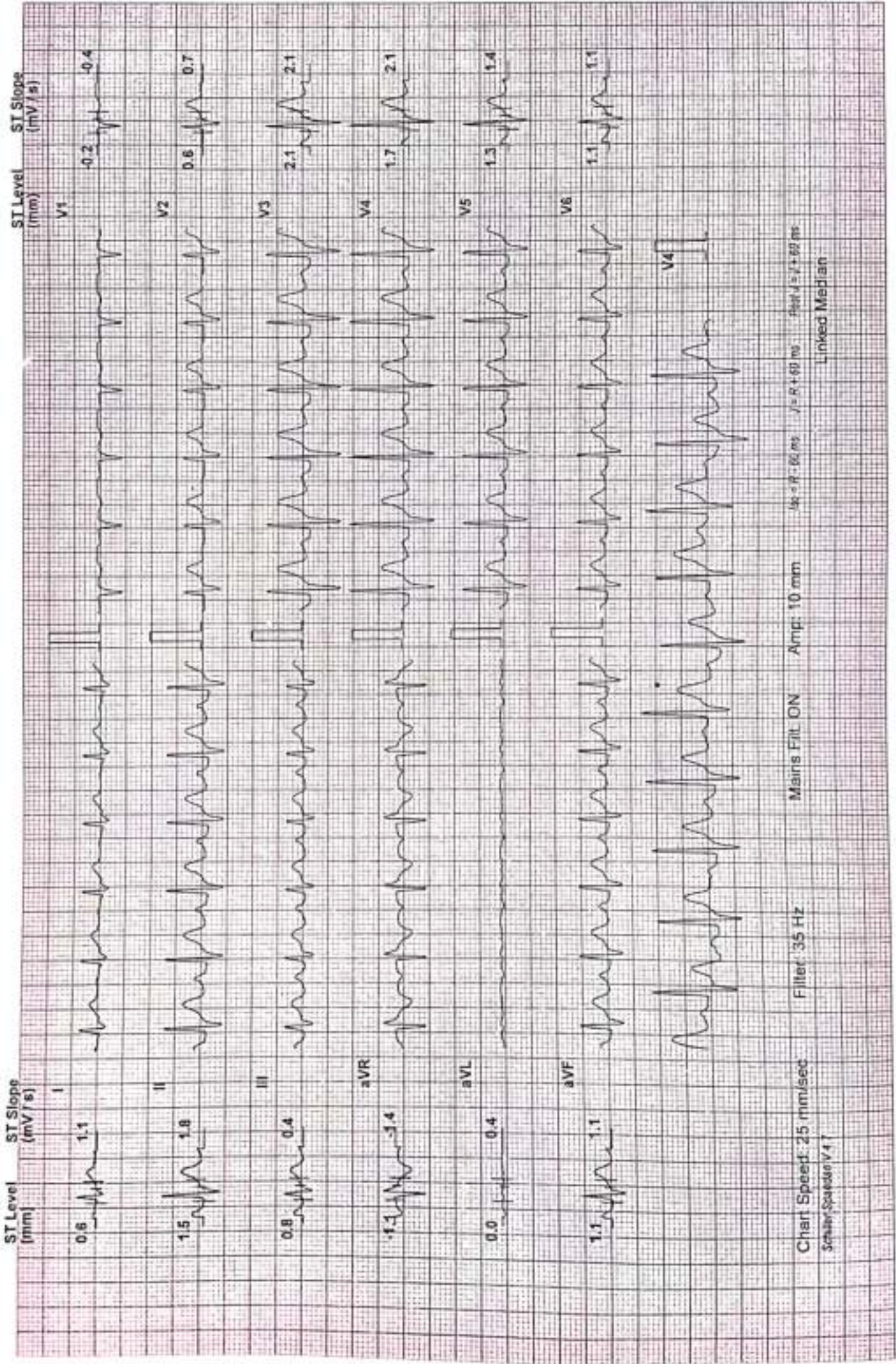
Date: 18-Dec-23 Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 106 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph Grade: 10 %

(THR: 151 bpm) B.P: 122 / 80



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

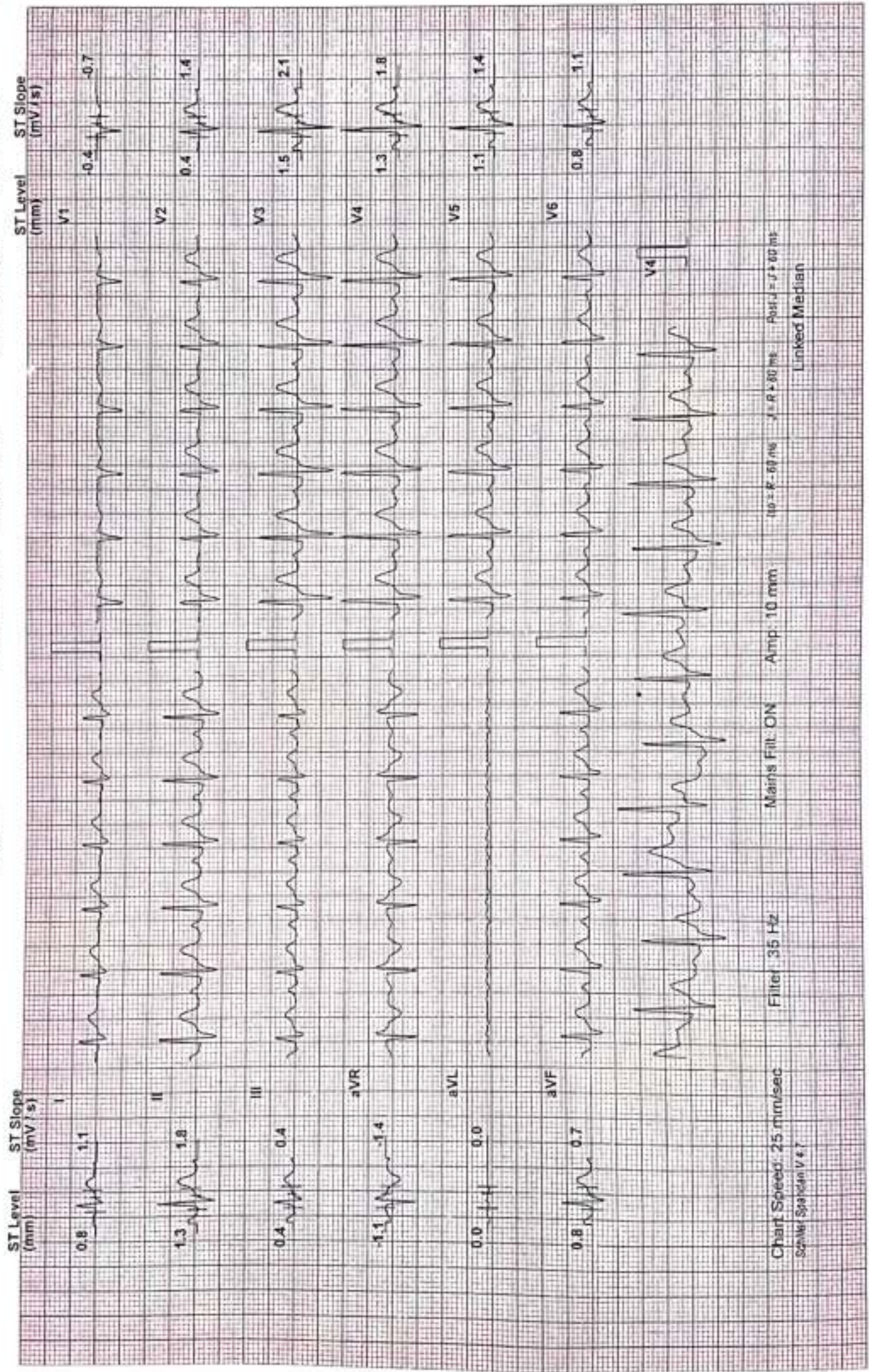
Date: 18-Dec-23 Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 111 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph Grade: 12 %

(THR: 151 bpm) B.P: 148 / 82



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

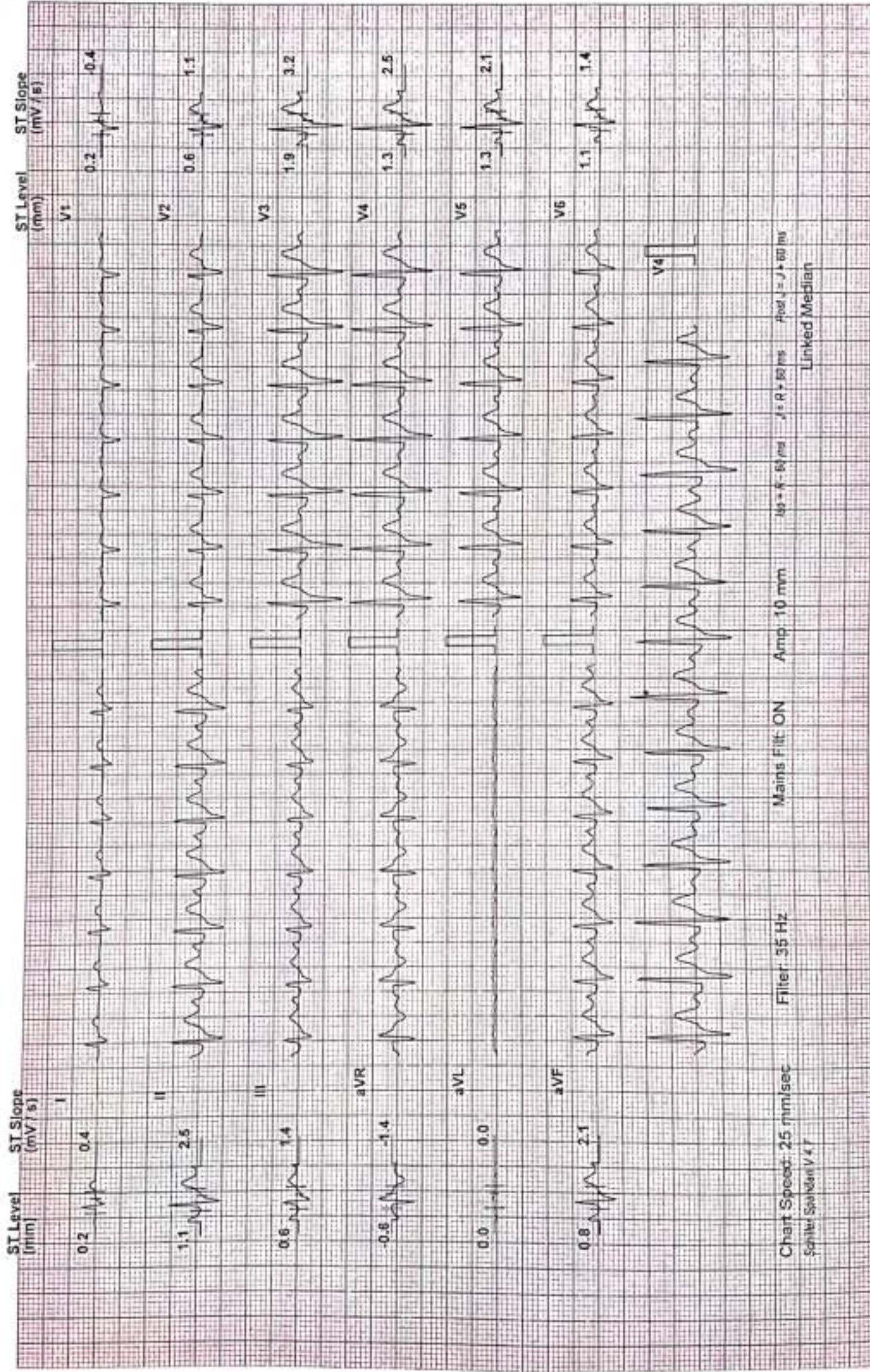
Date: 18-Dec-23 Exec Time : 8 m 54 s Stage Time : 2 m 54 s HR: 129 bpm

Protocol: Bruce

Stage: 3

Speed: 3.4 mph Grade: 14 %

(THR: 151 bpm) B.P: 160 / 84



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

Date: 18-Dec-23

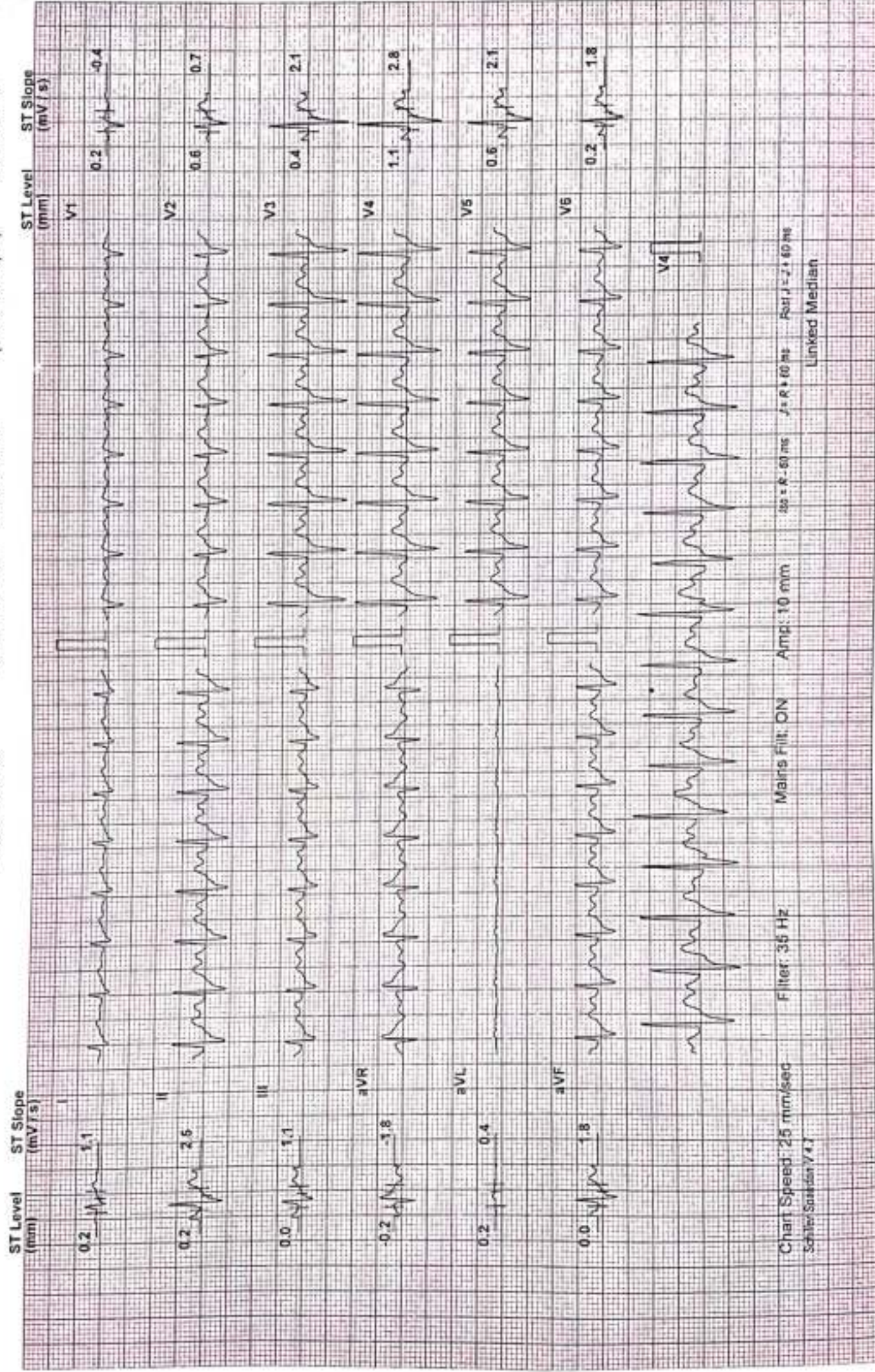
Exec Time : 9 m 54 s Stage Time : 0 m 54 s HR: 143 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 4.2 mph Grade: 16 %

(THR: 151 bpm) B.P. 160 / 84



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

## Test Report

HANUMAN RAM BISHNOI (52 M)

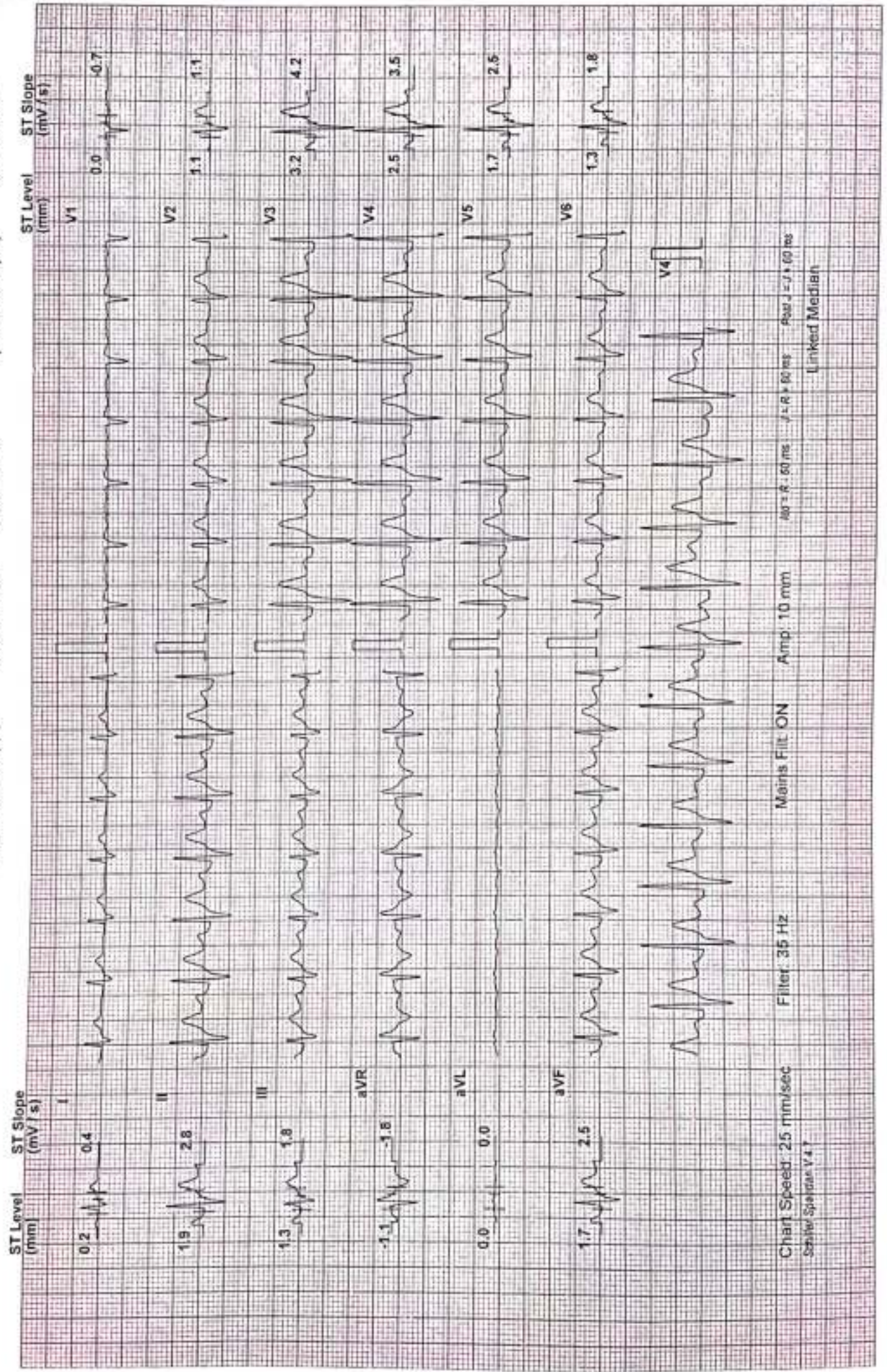
ID: 855

Date: 18-Dec-23 Exec Time : 10 m 0 s Stage Time : 0 m 54 s HR: 119 bpm

Protocol: Bruce

Stage: Recovery(1) Speed: 1 mph Grade: 0 %

(THR: 151 bpm) B.P: 160 / 84



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

Date: 18-Dec-23

Exec Time : 10 m 0 s

Stage Time : 0 m 54 s

HR: 96 bpm

Protocol: Bruce

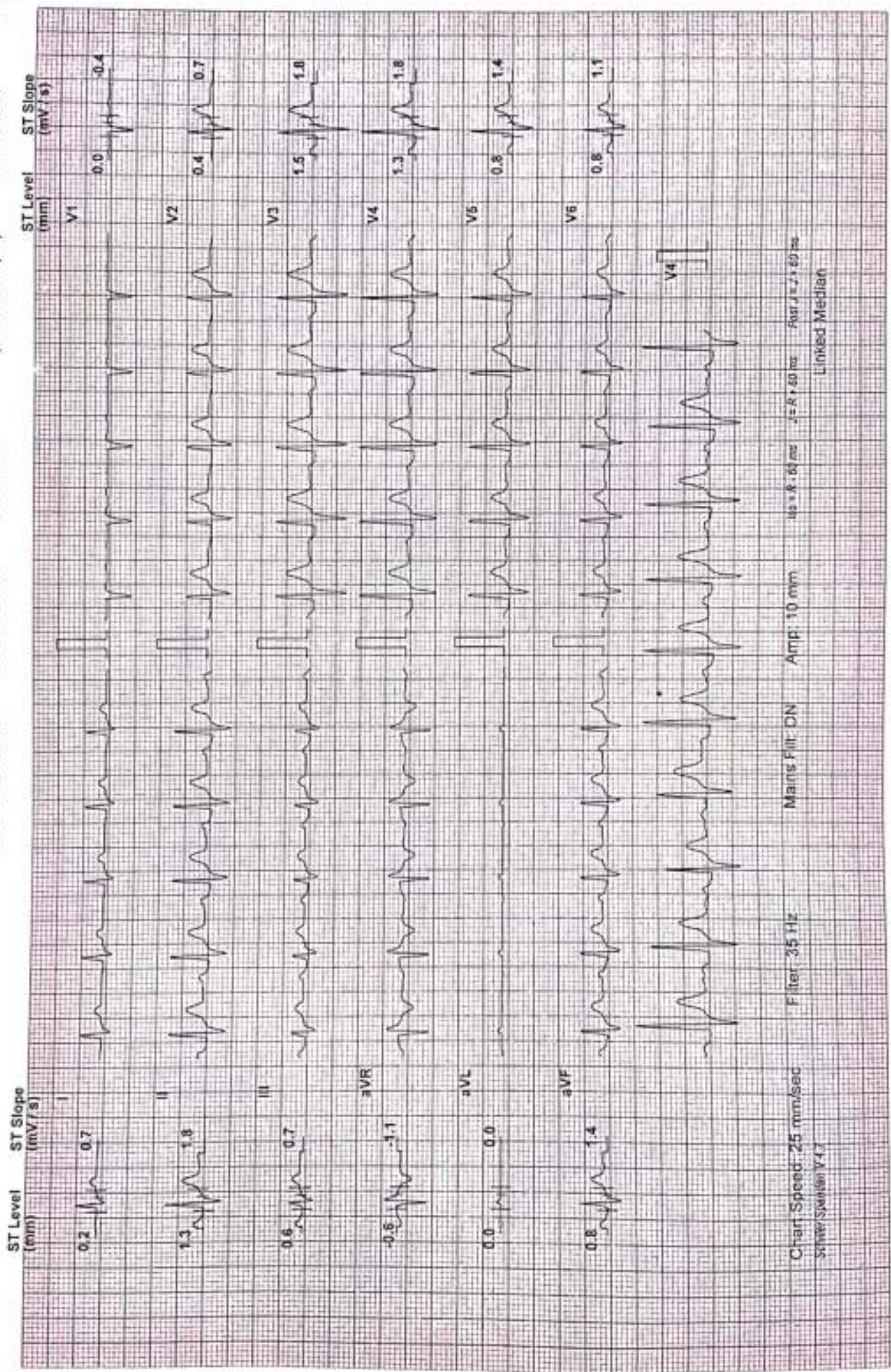
Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 151 bpm)

B P: 148 / 84



# SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

# Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

Date: 18-Dec-23

Exec Time : 10 m 0 s

Stage Time : 0 m 54 s

HR: 94 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 151 bpm)

B.P: 130 / 80

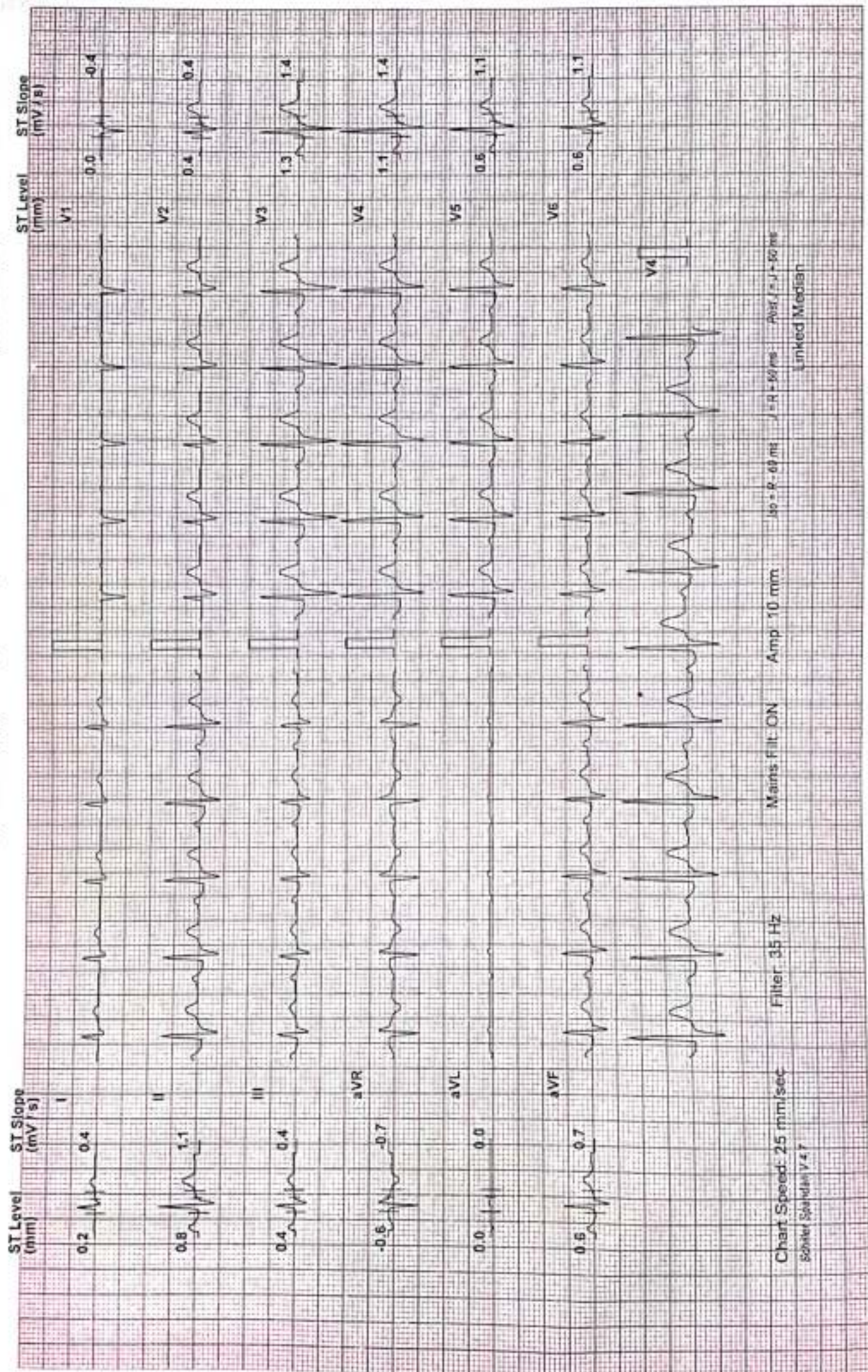


Chart Speed: 25 mm/sec  
Filter: 35 Hz  
Amp: 10 mm  
Maints Filt: ON  
Iso: P - 0.9 ms, J - H - 50 ms, Atrial J - J - 50 ms  
Schröder Standard V4.7  
Linked Median

SHREEYANTA HEALTHCARE & DIAGNOSTIC PVT.LTD.

Test Report

HANUMAN RAM BISHNOI (52 M)

ID: 855

Date: 18-Dec-23

Exec Time : 10 m 0 s

Stage Time : 0 m 2 s

HR: 93 bpm

Protocol: Bruce

Stage Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 151 bpm)

B.P: 130 / 80

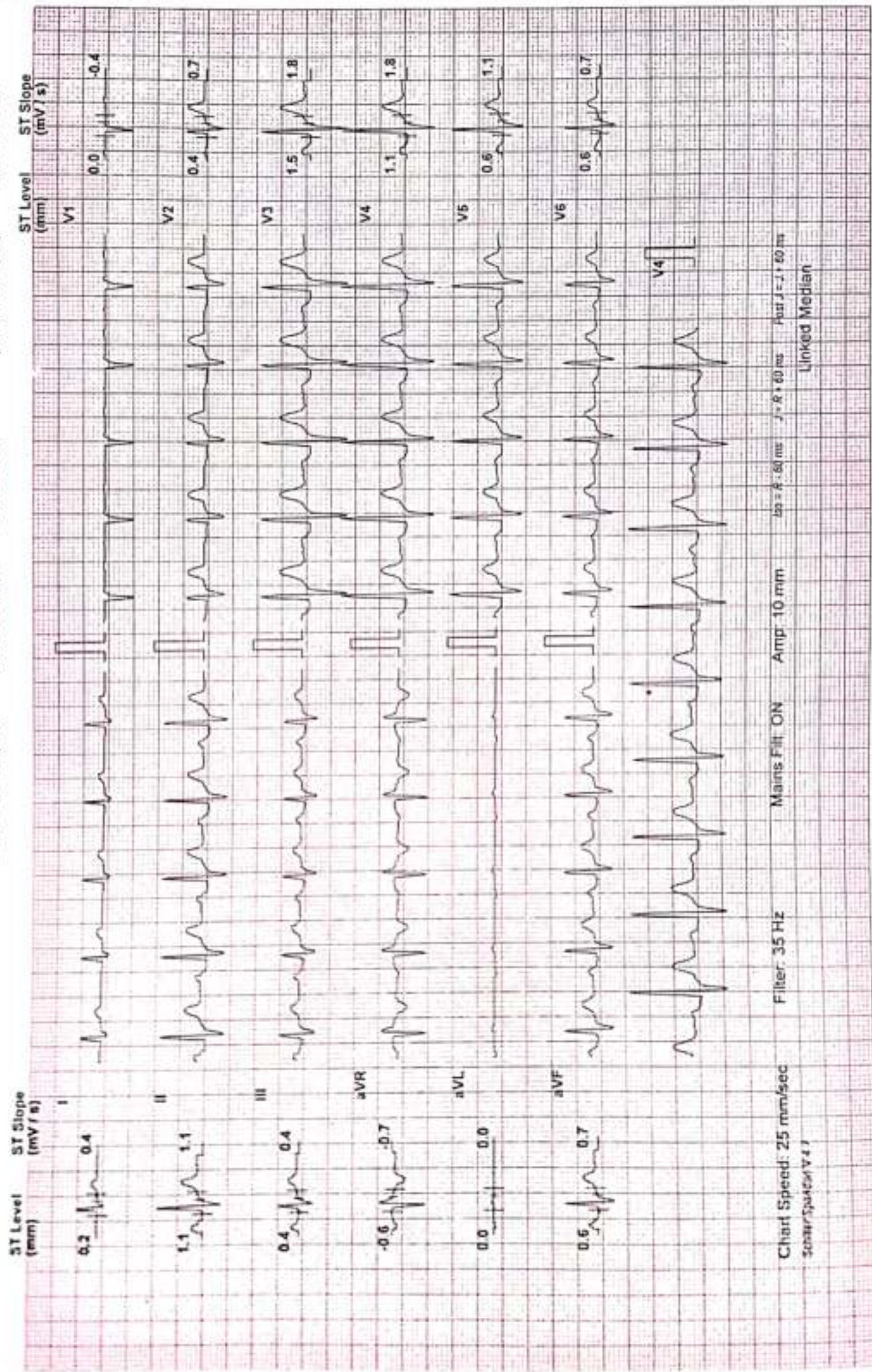


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

25 = R - 60 ms

J - R - 60 ms

Post J - 60 ms

Scan/Space: V4 1

Linked Median



NAME: BISHNOI HANUMAN RAM		DATE: 18 / 12 / 2023
AGE: 52 YEARS	SEX: Male	REF.DR. ARCOFEMI

**INVESTIGATION : USG ABDOMEN & PELVIS**

LIVER appears normal in size and shows normal echopattern. No evidence of focal mass lesion. No evidence of dilated intrahepatic biliary radicals noted. Portal vein and hepatic veins are unremarkable. Common bile duct appears normal.

GALL BLADDER appears normal distended. No cholecystitis.

PANCREAS appears normal in size and echopattern.

SPLEEN appears normal in size and echopattern. No evidence of mass lesion seen.

**KIDENYS:**

Both kidneys appear normal in size, shape and position. No evidence of mass lesion or hydronephrosis seen on right side. Both Kidneys show normal cortical echogenicity well preserved cortico-medullary differentiation.

Left sided mild hydronephrosis , without dilated ureter .

URINARY BLADDER is partially distended. No evidence of vesical mass or calculus is seen.

Prostate appears normal size and normal echopattern.

Small and large bowel loops are unremarkable.

No evidence of ascites or lymphadenopathy is seen.

**IMPRESSION:-**

=Left sided mild hydronephrosis , without dilated ureter .p/o ?p u junction obstruction.



====ADv ; Further evaluation .

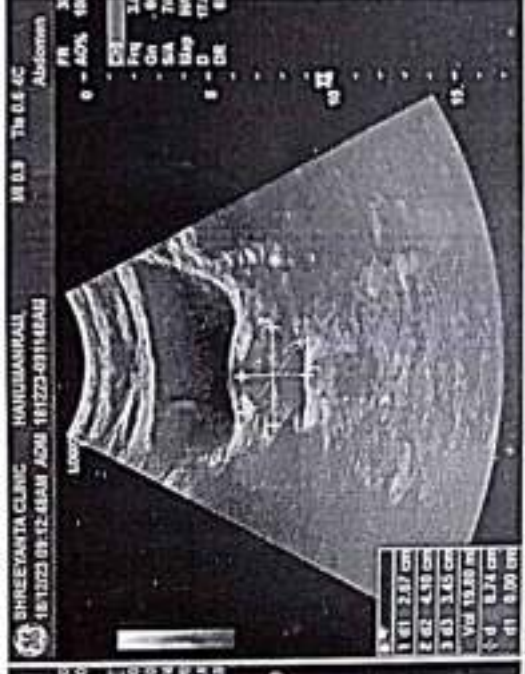
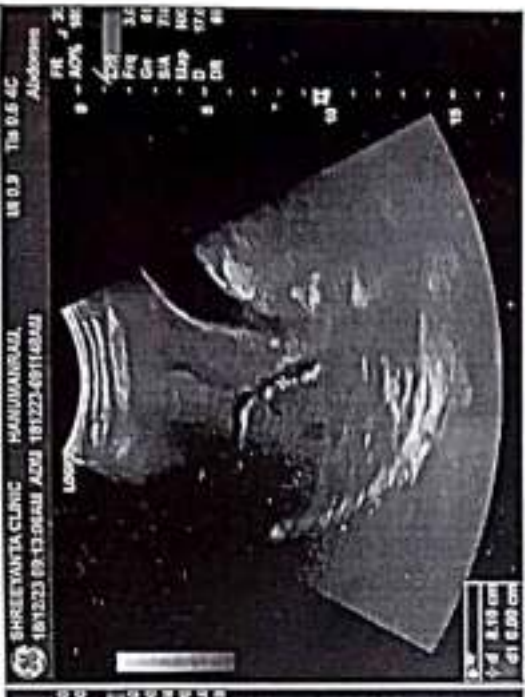
=Left renal lower calyx 4.0mm size calculus seen .

**Dr. MITUL MEVADA**  
MD. DMR.  
Reg. No. (G-0152)  
CONSULTANT RADIOLOGIST  
Niyanta Healthcare & Diagnostics Pvt. Ltd.

Niyanta Diabetes & Heart Clinic Pvt. Ltd.

2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K.K. Nagar Road, Naranpura, Ahmedabad : 380 013.

Emergency : 079 27499835 / +91 9904290525  niyantadiabetes@gmail.com  www.niyantadiabetes.com





# AHMEDABAD DENTAL

610, Swanik Arcade, Opp. Arjun Green, Pragatinagar,  
Naranpura, Ahmedabad, Gujarat 380013

Ph.: 9879994844, **9725368282**

Web : www.ahmedabadental.com

Name : Hanuman Ram Bishnoi Date : 18/12/2023  
Mobile No. : 9703920500 Case No. : 1267  
Email : hanumangodaa0500@gmail.com Birth Date : 24/02/1971  
Occupation : Selfie  
Address : 108 shiv colony shikargarh Tughpur Raj - 380205  
Medical History : Annual medical check up  
— NAD —

### Consent Statement :

I hereby authorize and request the performance of dental services for Myself. I also give my consent to any advisable and necessary dental procedures, medications or anaesthetics to be administered by the attending dentist. I completely understand the complications and risks associated with the same. I understand and acknowledge that I am Financially responsible for service provided for my self of the above mentioned.

હું ડોક્ટરને દાંત પાડવાની/સર્જરી/દાંતની તમામ સારવાર અને તે માટે જરૂરી શીશી સૂંઘાડવાની/ઇન્જેક્શન આપી બહેરૂ કરાવાની અને દવા આપવાની સંમતિ આપું છું. મેં ડોક્ટર સાહેબને મારી બિમારીને લગતી તમામ સાચી માહિતી આપી છે અને ડોક્ટર સાહેબે સારવાર અંગેના તમામ સાચા/ખોટા પરિણામોની મને મારી ભાષામાં જાણકારી આપી છે. સારવાર દરમિયાન જો મને કોઇપણ વાસ અને સારવાર ના ખર્ચાની સંપૂર્ણ જવાબદારી મારી રહેશે તે અંગે ડોક્ટર/હોસ્પિટલ/સ્ટાફ/સંસ્થા જવાબદારી રહેશે નહિ.

Signature, (In case of minor) Signature of Guardian

Chief Complaints : regular check-up

Examination	Treatment Required
<u>O/E</u> → calculus : + → stain : +	Rx ① scaling
	Shreyanta Healthcare & Diagnostics Pvt. Ltd. 212 to 217, Swanik Arcade, Pragatinagar, Naranpura, Ahmedabad-380013. Regd. No. : 051902468

**MEDICAL HISTORY**

- Obesity       Hypertension  
 CHD       Nephropathy  
 Hyperuricemia    Hypothyroidism  
 Chronic Liver disease

**Shreyanta**  **Diabetes**  
 & Metabolic Clinic  
 Advance Diagnostic Center

**DIET PLAN**

Name : Hanuman Bishnoi Date : 18/12/23

Age : 52 Years Height : 170 cms. Weight : ..... kg. B.M.I. : .....

Carbohydrates : ..... Protein : ..... % Fats : 10 % Fibers : ..... gms.

Salt : 6 gms. Oil : 15 ml. Ghee : 5 ml. Kcal : 1570 kcal

सुबह : 7:00 बजे  
200 मि.ली. गुलगुला पानी  
1/2 चम्मच मेथी दाना / अलोवेरा  
1 कप चाय / कोफी बीना शक्कर कम दूध

नास्ता : 8:00 बजे  
200 मि.ली. दूध / दही  
2 बादाम / अखरोट  
1 चपाती (आटा 30 ग्राम) OR  
1 वेज पराठा / (Non Stick) OR  
1 स्लाईस ब्रेड (गेहु की) OR  
1 कटोरी उपमा / पोहा / दलीया / आट्स OR  
2 नंग इडली / ढोसा OR  
1 कटोरी मुंग, मुग मोठ, सलाड OR  
1 उबला हुआ अन्डा (बिना जरी) OR  
1 खाखरा

दर सुबह नास्ता : 10:00 बजे  
1 कटोरी सलाड  
1 ग्लास छाछ  
1 कटोरी सुप  
1.5 ग्राम फुट (सेब, पपीता, संतरा, खरबुजा, तरबुच,  
 मोसमी अनार, अमरुद पाइनेपल, जामुन)

दोपहर भोजन : 1:00 बजे  
2 चपाती (आटा 40 ग्राम)  
1 कटोरी हरी सब्जी  
1 कटोरी दाल  
1 सलाड  
 (सलाडमें गाजर, टमाटर, मूली, ककड़ी,  
 प्याज, पत्ता गोभी आदी अधिक मात्रा में)

1 रायता 1 ग्लास छाछ  
1 कटोरी चावल / खीचड़ी  
1 ग्राम चिकन / मछली

शाम चाय : 4:00 बजे  
1 कप चाय / कोफी बीना शक्कर कम दूध  
2 मेरी गोल्ड बीस्कुट  
1 कटोरी मुरमुरे / पोहा / चिचडा  
15 ग्राम भुने चने  
100 ग्राम फुट

रात्री भोजन : 8:00 बजे  
1 कटोरी सुप  
1 कप सलाड  
2 चपाती (आटा 40 ग्राम)  
1 कटोरी हरी सब्जी  
1 कटोरी दाल / कड़ी / सांभार  
1 कटोरी चावल / खीचड़ी / दलीया खीचड़ी

सोते समय : 10:00 बजे  
100 मिली दूध (बीना शक्कर और मलाई)

### Diet Recall

Breakfast : ..... Snaks : .....  
Lunch : ..... Dinner : .....  
Total kcal Intake : ..... kcl requirment : .....

### • खानपान सूचीका •

सेवन करे

- नीबु पानी (बिना शक्कर के), चाय एवं कोफी (बिना दूध एवं शक्कर की), छाछ, सोडा पानी, कच्ची हरी सब्जियों का मलाद, वेजीटेबल सूप, अचार (बिना तेल का), टमाटर का जूस
- दूध "ए" (ज्यादा भी खा सकते है) १०० से १५० ग्राम - ५० कैलोरी
- पता गोभी, फुल गोभी, ..... करेला, बैंगन, टिन्डा, मूली, टमाटर, पालक, पुदीना, मेथी, ककडी (खीरा), कंदु, भिन्डी, लौकी, शिमला मिर्च
- गुप "बी" कम खाये ४० से ७० ग्राम - ५० कैलोरी
- मटर, गाजर, प्याज, आलू, जिमीकन्दा (सूरन), अरबी, शकरकन्द, चुकन्दर

### • मधुमेहग्रस्त व्यक्ति आहार मे "क्या खाएँ" और "क्या न खाएँ" •

- इन खाद्य पदार्थों का सेवन न करे। जैसे की शक्कर, आईसक्रीम, होलिक्स, गुड बोनविटा, शहद, जैली, ड्रिंकिंग चोकलेट, ग्लुकोज, मिठाईयाँ, सॉफ्ट ड्रिंक्स, तेलयुक्त अचार, चोकलेट, केन्डी, चटनी, पेस्ट्रीज, कैंक, पीट वाईन।
- खाना पकाते समय सब्जी व दाल में गुड या शक्कर न डालें।
- भजिया, पकौडे, समोसे, वेफर्स, चकली, चिवडा, फरसाण आदी जैसी तली तीजे न खाएँ।
- अपने आहार में मक्खन / चीज / पनीर आदि शामिल न करे। मुंगफली तेल / शुद्ध घी / नारियल तेल का इस्तेमाल केवलफोडनी वघार / तडका लगाने के लीये ही करे। मधुमेहग्रस्त व्यक्तियों के लिये सरसों का तेल (सफोला) सुरजमुखी के तेल के बदले ज्यादा उत्तम होता है। कोई भी तेल खाने में ले सकते है पर मात्रा ३ चम्मच से ज्यादा नहिं।
- आलू, शकरकन्द, अडवी, सूरन, साबूदाना, वेसी चीजे न खाएँ।
- मटर, या चीकन के बदले सीमित मात्रा में मछली का सेवन ज्यादा उत्तम होता है। लेकिन इसमें नारियल का उपयोग न करे।
- मीठे फल के साथ खट्टे फल भी १ या २ खाएँ वह भी दो भोजन के बीच में लेना अधिक बेहतर है।
- कृत्रिम शर्करा (सेकरीन) का सेवन सीमित मात्रा में करे।
- भोजन को हमेशा पेक करके, बोईल करके, ..... देकर या माईक्रोवेव में ही पकाएँ।
- चिप्स, नमकयुक्त पोपकोर्न का रोजाना सेवन न करे।
- चपाती के आटा में सोयाबीन, जव, चना, मिलाके बनाने से फाइबर की मात्रा बढ़ा सकते है।  
४०० ग्राम गेहूं, २०० ग्राम सोयाबीन, २०० ग्राम जव, १०० ग्राम रागी, १०० ग्राम चना
- एक साथ भरपेट खाने के बदले थोडा थोडा बारबार खाएँ।

*M.M. Parikh*

**Dr. NIDHI PARIKH**  
M.Sc. Food Science Nutrition  
Diabetes Educator  
Time : 10:30 am to 1:30 pm

**Dr. AVANI KHATRI**  
M.A. Advance Nutrition  
Gold Medalist  
Time : 5:00 am to 8:00 pm

1) Moong dal  
chillas → 5  
Green chutney

2) Suji Dhal  
8-10 PLB

3) Dahi ya  
ichendi

PATIENT NAME: HANUMAN RAM BISHNOI

AGE/SEX: 52Years/MALE

REF. DOCTOR: HEALTH CHECK UP

DATE : 18/12/2023



### EYE VISION CHECK UP

EYE PARAMETERS	RIGHT EYE	LEFT EYE
DISTANCE VISION	6/9 WITH GLASS	6/6 WITH GLASS
NEAR VISION	N/6 +1.50 WITH GLASS	N/6 +1.50 WITH GLASS
COLOUR VISION	NO COLOUR BLINDNESS	NO COLOUR BLINDNESS

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Emergency : 079 27499835 / +91 9904290525  niyantadiabetes@gmail.com  www.niyantadiabetes.com

# Human Body Composition Monitoring Report of Analysis and Suggestion

Name	Gender	Age	Height	Time of Measurement
Hanuman ram	Male	52	171cm	2023-12-18 11:17

Total Score 61.5

Bio-Age 60 ★

### Indicators of Body Composition

Indicators	Results	Ideal Range	Condition Judgement				
			Lower	Low	Normal	High	Higher
Weight(kg)	73.7	54.1 ~ 69.9					
BMI(kg/ m <sup>2</sup> )	25.2	18.5 ~ 23.9					
TBF%	28.2	14 ~ 26					
VFI	14.7	2.1 ~ 9					
TBW%	54.4	50 ~ 70					
SM%	29.4	35 ~ 49					
BMC(kg)	2.9	2.6 ~ 3.3					
BMR (KCal/d)	1512	1215 ~ 1552					

### Weight Control Advice

Reduce Fat  Enhance Muscle  Maintain the status

Reduce Weight 3.8 ~ 19.6 kg

Increase Muscle 4.1 ~ 14.4 kg

Reduce Fat 1.6 ~ 10.5 kg

Maintain Water 36.9 ~ 51.6 kg

Maintain Minerals 2.6 ~ 3.3 kg

Recommended daily calorie intake

1577 KCal/day ✓

### Fat-Free Mass and Fat Mass Analysis

Focus	Results	Ideal Range
Fat Mass FM(kg)	20.78	7.57 ~ 18.17
Fat Mass Index FMI	7.11	2.59 ~ 6.21
Fat-Free Mass FFM(kg)	52.92	46.53 ~ 51.72
Fat-Free Mass Index FFMI	18.1	15.91 ~ 17.69
Ratio of Fat to SM	0.96	0.4 ~ 0.53



### Body Composition Balance Analysis

Upper limb balance 1

Symmetrical  Enhance Left  Enhance Right

Body balance 1.003

Symmetrical  Enhance Left  Enhance Right

Lower limb balance 1.021

Symmetrical  Enhance Left  Enhance Right

### Body Composition and Health Evaluation

Low muscle content caused by too little exercise. Calories can not be consumed effectively which convert to fat. Please increase the amount of exercise, especially those may strengthen muscle. Aerobic exercise is also helpful to you. Please avoid high calorie food, such as fried food, fat meat, dessert etc.

### Health Risk Warning

Warning: visceral fat level is high. There is something wrong with your lipid metabolism, easy to cause fat liver, high blood lipids. Please lower visceral fat level to male's ideal value 4

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NAME: HANUMAN RAM BISHNOI	AGE: 52 YRS/MALE
REF BY: - MEDIWHEEL	DATE: 18/12/2023

**INVESTIGATION: X-RAY CHEST - PA VIEW**

Both lung fields show prominent bronchovascular markings.

No evidence of koch's lesion or consolidation seen.

Both apices, cardiophrenic, costophrenic angles and domes of the diaphragm are normal.

The cardiac size is appears normal .

Trachea is central, no mediastinal shift is seen and the mediastinal outlines do not show any abnormality.

Bony thorax appear normal

**IMPRESSION: -**

NORMAL CHEST X RAY PA VIEW

**Dr. Mitul Mevada**

MB, DMRE.

Reg. No. (G-0152)

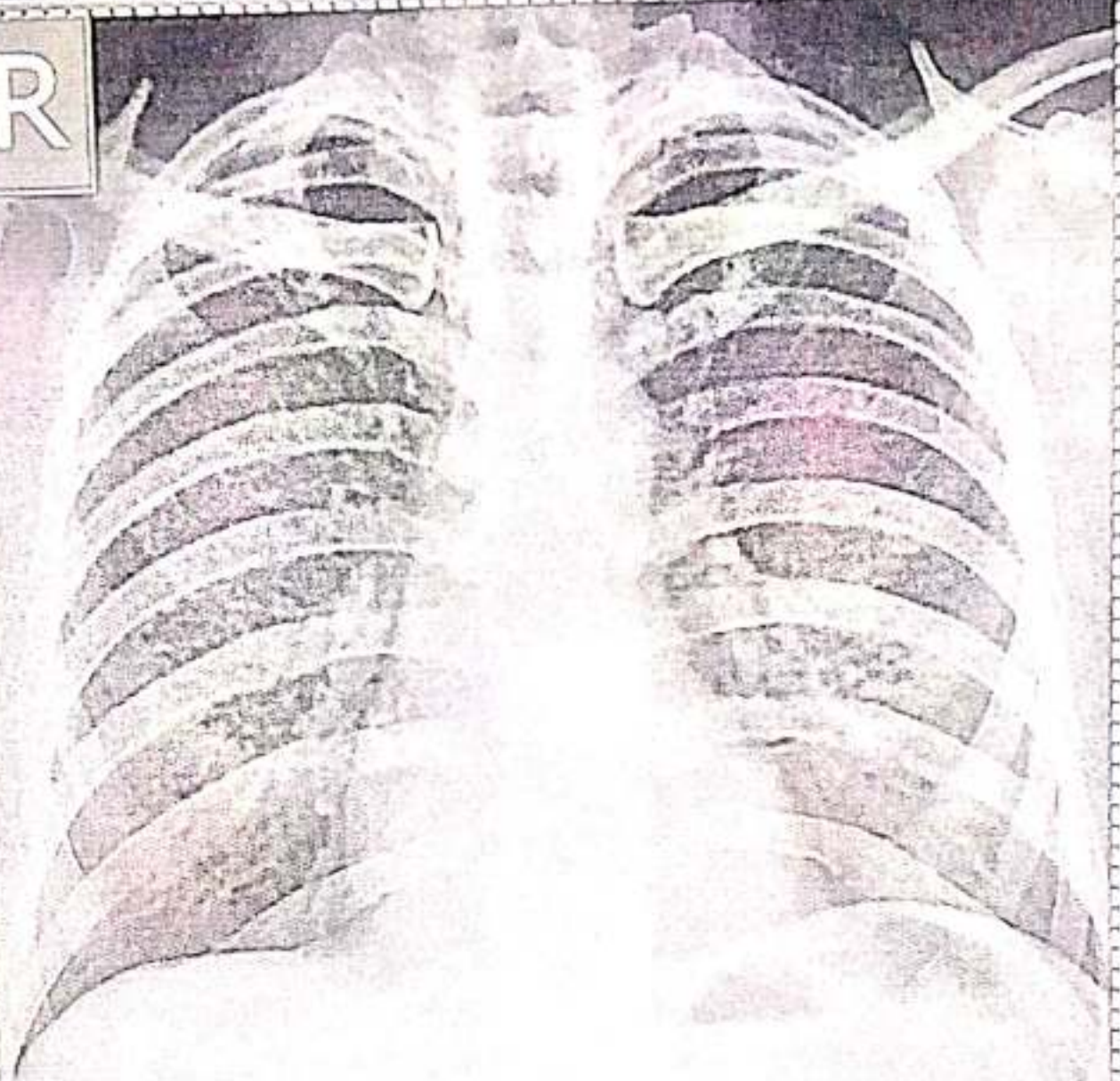
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**CONSULTANT RADIOLOGIST**

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R



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HANUMAN RAM BIAHNOI AGE -52 M/Pat. ID.  
REF DR:

Chest PA  
18-12-2023 8:55:01 AM

SHREEYANTA HEALTHCARE & DIAGNOSTICS PVT. LTD.

Save as New



PATIENT'S NAME : HANUMAN BISHNOI LAB. NO : SY-2877-23  
AGE/SEX : 52 Years/Male SAMPLE NO : 297  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 18/12/2023 08:20  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

**COMPLETE BLOOD COUNT**

**(PERFORM BY FULLY AUTOMATED SYSMAX-XP 100 CELL COUNTER)**

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
<b>Blood Counts</b>			
Haemoglobin :	13.50	Gms%	13.5 - 18.0
Total R.B.C. :	<b>4.51</b>	mill/c.mm	4.7 - 6.0
Total W. B. C. :	5600	/cu mm	4000 - 11000
Platelet Count :	328000	/cu.mm	1,50,000 - 4,50,000
<b>Differential Count</b> %      Expected Value      (Absolute Count/uL)			
Neutrophils :	51	50 - 60	2856      1600 - 7000
Lymphocytes :	<b>41</b>	20 - 40	2296      1000-4000
Eosinophils :	04	1 - 4	224      40 - 400
Monocytes :	04	2 - 6	224      200 - 1000
Basophils :	00	0 - 01	00      0 - 100
<b>Blood Indices</b>			
P. C. V :	<b>38.60</b>	%	42 - 52
M. C. V. :	85.60	f	78 - 100
M.C.H :	29.90	pg	27 - 32
M. C. H. C :	35.00	%	32 - 36
R.D.W :	13.40	%	11.5 - 14.0

**Peripheral smear study**

RBC's      R.B.C -Normocytic Normochromic.  
WBC's      W.B.C -Normal in Number & DC As Given Above.  
Platelets      Platelets are Adequate and Normal in Morphology.  
**PS FOR MP**      No Any Blood Parasites seen.

..... End Of Report .....

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DR. JANAK THAKKAR  
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Pathologist



PATIENT'S NAME : HANUMAN BISHNOI LAB. NO : SY-2877-23  
AGE/SEX : 52 Years/Male SAMPLE NO : 297  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE/TIME : 18/12/2023\08:20  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

**LIVER FUNCTION TEST**

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
G.G.T :	35.0	U/L	F :5-32 M 10-45

**BLOOD GROUP**

Sample Type: EDTA

Test Name	Result
ABO SYSTEM :	" AB "
RH Typing :	POSITIVE

..... End Of Report .....

  
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PATIENT'S NAME : HANUMAN BISHNOI  
AGE/SEX : 52 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2877-23  
SAMPLE NO : 297  
DATE/TIME : 18/12/2023/08:20  
PT ID :

**LIPID PROFILE**

(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum

Test Name	Result	Units	Biological Reference Interval
S. Cholesterol (CHOD-POD ENZYMETIC METHOD)	:175.8	mg / dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-239 Elevated level/ high risk : > 240
S. Triglyceride (GPO/PAP METHOD)	:95.3	mg / dl	Normal : <150 Borderline high :150-199 High : 200-499 Very High: >=500
S. HDL Cholesterol (IMMUNOINHIBITION)	:36.9	mg / dl	Low (High Risk) : <40 High (Low Risk) : >60
S. LDL Cholesterol (CALCULATED)	:119.84	mg / dl	Optimal : <100 Near Optimal : 100-129 Borderline High : 130-159 High :160-189 Very High: > 190
S. VLDL Cholesterol (CALCULATED)	:19.06	mg / dl	Upto 34
Total Lipids (CALCULATED)	:646.9	mg / dl	400 - 1000
Chol./HDL Ratio (CALCULATED)	:4.76		0-5
LDL/HDL Ratio (CALCULATED)	:3.25		1-3.5

..... End Of Report .....

  
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Shreeyanta Pathology  
Laboratory



PATIENT'S NAME	: HANUMAN BISHNOI	LAB. NO	: SY-2877-23
AGE/SEX	: 52 Years/Male	SAMPLE NO	: 297
REFERRED BY	: ARCOFEMI HEALTHCARE LIMITED	DATE/TIME	: 18/12/2023\08:20
LOCATION	: SHREEYANTA DIABETIC & METABOLIC CLINIC	PT ID	:

  
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PATIENT'S NAME : HANUMAN BISHNOI  
AGE/SEX : 52 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2877-23  
SAMPLE NO : 297  
DATE/TIME : 18/12/2023\08:20  
PT ID :

**BIOCHEMISTRY**  
(DONE ON EM 200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
<b>Urea</b> METHOD: Urease-GLDH	:18.5	mg/dL	12.6 - 42.6
<b>Creatinine</b> METHOD: Jaffe's Buffer/Kinetic	:0.78	mg/dL	0.7 - 1.4
<b>BUN</b> METHOD: UREASE ENZ	:8.64	mg/dL	7.94 - 20.1
<b>S.G.P.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	: <u>93.8</u>	U/L	0 - 40
<b>S.G.O.T</b> IFCC WITH PYRIDOXAL PHOSPHATE ACTIVATION	:37.1	U/L	0-45
<b>Alkaline Phosphatase</b> METHOD: PNPP-AMP (IFCC), KINETIC ASSAY	: 69.5	U/L	30-120
<b>Bilirubin - Total</b> METHOD: DIAZO	:0.25	mg/dL	0.2 - 1.3
<b>Bilirubin - Direct</b> METHOD: DIAZO	:0.11	mg/dL	0 - 0.6
<b>Bilirubin - Indirect</b> METHOD: CALCULATED	:0.14	mg/dL	0.1 - 0.4
<b>Total Protein</b> METHOD: BIURET	:6.30	gm/dL	6.3 - 8.2
<b>Albumin</b> METHOD: BCG	:4.25	gm/dL	3.5 - 5.0
<b>Globulin</b> METHOD: CALCULATED	:2.05	gm/dL	1.9 - 3.5
<b>Albumin/Globulin Ratio</b> METHOD: CALCULATED	:2.07		0.9 - 2.9
<b>ELECTROLYTE</b> METHOD: ISE DIRECT			
<b>Sodium</b>	:140	mmol/L	137 - 145
<b>Potassium</b>	:4.1	mmol/L	3.5-5.5
<b>Chloride</b>	:105	mmol/L	98 - 107
<b>URIC ACID</b> METHOD: URICASE	:5.0	mg/dL	3.4-7.0

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..... End Of Report .....




PATIENT'S NAME : HANUMAN BISHNOI  
AGE/SEX : 52 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2877-23  
SAMPLE NO : 297  
DATE/TIME : 18/12/2023/08:20  
PT ID :

**HbA1C REPORT**  
(BY HPLC)

TYPE OF SAMPLE: EDTA

Test Name	Result	Units	Biological Reference Interval
HbA1C :	5.8	%	Non Diabetic Level : < 5.7 % Pre Diabetic : 5.7-6.4 % Diabetes : > (=) 6.5%  ADA Target for Diabetic Patient : 7.0 %
Estimated Average Glucose: (eAG)	119.76	mg/dl	

..... End Of Report .....

  
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Laboratory




PATIENT'S NAME : HANUMAN BISHNOI LAB. NO : SY-2877-23  
AGE/SEX : 52 Years/Male SAMPLE NO : 297  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED DATE\TIME : 18/12/2023\08:20  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC PT ID :

**Prostate specific antigen - PSA**  
(Chemiluminescence Immunoassay)

Sample Type:serum

Test Name	Result	Units	Biological Reference Interval
PSA :	0.39	ng/ml	0.0-4.0

..... End Of Report .....

  
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PATIENT'S NAME : HANUMAN BISHNOI  
AGE/SEX : 52 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2877-23  
SAMPLE NO : 297  
DATE/TIME : 18/12/2023\08:20  
PT ID :

**BLOOD(PLASMA) GLUCOSE**

**(GOD-POD METHOD)**

(DONE ON EM200 FULLY AUTOMATED BIOCHEMISTRY ANALYSER)

Sample Type: Serum/Plasma

Test Name	Result	Units	Biological Reference Interval
<b>Fasting(FBS)</b>			
Blood Glucose :	96.5	MG/DL	70 - 110
<b>Post Prandial (PP2BS)</b>			
Post Prandial Blood Glucose After 2HRS. :	107.5	MG/DL	80-140


**E.S.R.( Westergren Method )**

Sample Type: EDTA

Test Name	Result	Units	Biological Reference Interval
After one hour :	2	mm	[M: 1 - 7 / F: 3 - 12 ]

..... End Of Report .....

  
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Pathologist

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2nd Floor, Swanik Arcade, Nr. Arjun Homes, B/h Vardan Tower, Pragatinagar - K. K. Nagar Road, Naranpura, Ahmedabad : 380 013.

☎ 079 27499835 ☎ +91 9904290525 / +91 9265634065 / +91 7567585429 ✉ shreeyantaclinic@gmail.com



PATIENT'S NAME : HANUMAN BISHNOI  
AGE/SEX : 52 Years/Male  
REFERRED BY : ARCOFEMI HEALTHCARE LIMITED  
LOCATION : SHREEYANTA DIABETIC & METABOLIC CLINIC  
LAB. NO : SY-2877-23  
SAMPLE NO : 297  
DATE/TIME : 18/12/2023/08:20  
PT ID :


**THYROID FUNCTION**

**(CLIA METHOD)**

Sample Type:SERUM

Test Name	Result	Units	Biological Reference Interval
SERUM T3 :	1.32	ng/ml	0.6-1.81
SERUM T4 :	8.4	ug/dl	3.2-12.6
SERUM TSH :	2.22	μIU/mL	[ 2 to 12 Years 0.64 - 6.27 ] [ 12 to 18 Years 0.51 - 4.94 ] [ > 18 Years 0.35 - 5.5 ]

..... End Of Report .....

  
DR. JITENDRA NAYAK  
M.D.(PATH)

  
DR. JANAK THAKKAR  
M.B.D.C.P (PATH)

Dr. Jitendra N. Nayak  
(M.D., Pathologist)  
Regd. No. : G-14786  
Shreeyanta Healthcare & Diagnostics Pvt. Ltd.

Shreeyanta Healthcare & Diagnostics Pvt. Ltd.  
212 to 217, Swanik Arcade, Pragatinagar,  
Naranpura, Ahmedabad-380013.  
Regd. No. : 051902468

Pathologist



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SAMPLE NO : 297  
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PT ID :

**URINE ANALYSIS**

Sample Type: Urine

Test Name	Result	Units	Biological Reference Interval
<b>Physical Examination</b>			
Colour :	Pale Yellow		
Transparency :	Clear		
<b>Chemical Examination (BY MISSION(ACON) UI20 SMART AUTOMATED URINALYSIS)</b>			
Specific Gravity :	1.005		
PH :	6.5		
Protein :	NIL		
Sugar :	NIL		
Ketone :	ABSENT		
Bile Salts :	Absent		
Bile Pigments :	Absent		
Urobilogen :	ABSENT		
Nitrites :	ABSENT		
<b>Microscopic Examination (AFTER CENTRIFUGING AT 2000 RPM FOR 10 MINS)</b>			
Red blood Cells :	NIL	/HPF	
Pus Cells :	1-2	/HPF	
Epithelial Cells :	2-3	/HPF	
Amorphous :	ABSENT		
Bacteria :	ABSENT		
Crystals :	ABSENT		
Casts :	ABSENT	/LPF	
Fungus :	Absent		


..... End Of Report .....

**Dr. Jitendra N. Nayak**  
(M.D., Pathologist)

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भारत सरकार  
Government of India



हनुमान राम बिश्नोई  
Hanuman Ram Bishnoi  
जन्म तिथि / DOB : 24/08/1971  
पुरुष / Male



4715 7826 1784

आधार - आम आदमी का अधिकार

Dr. ~~Mamik~~ K. Kinariwala  
(M.D. (Medicine), PGDDM (UK)  
Regd. No. : G-14926  
Shreyanta Healthcare & Diagnostics Pvt. Ltd.

आधार  
Unique Identification Authority of India

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S.med

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212 to 217, Swanik Arcade, Pragatinagar,  
Jaipur, Rajasthan-302013.  
Regd. No. : D51502468

18/12/23.

Hannuman ram Bishnoi

No Any fresh complain.

No H/O - D.M + HTN + IHD.

No FH/O - D.M + HTN + IHD

All Reports Received.

USG Abdo - Left Renal calculus 4.0 mm,  
? PU obstruction,

T. 98.3°F

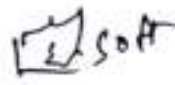
P. 76/min.

BP - 140/70 mmHg

RS

WS | NAD

CS

PIA. 

AW: urologist Ref

- CT WP.

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GPS Map Camera

**Ahmedabad, Gujarat, India**

Unnamed Road, Nirnay Nagar, Ahmedabad, Gujarat 380081,  
India

Lat 23.068348°

Long 72.552564°

18/12/23 01:18 PM GMT +05:30

Google