

wt - 64 kg
H - 162 cm
BP - 120/80
P - 88 mt
CBC - 16.0 | 6.99 | 7.19 | 239 | 12
RBS - F-90.0 / PP-102.0
Creatinine - 0.89
U. Acid - 3.5
Lipid - 175.0 / 105.0 / 42.0 / 112
LFT - 36 / 40 / 1105
Tmt - Neg
USG - 4 UT fatty liver

Mr. Jogendra Kumar Nahak
Age - 29 Y / M

24/02/24

For Annual checkup

GI FL
Gastritis

⊕
- Carb. Escorts D 217 300mg
- Cap. Aceclofenac 100mg 300mg
- Carb. Sulfasalazine 100 217 300mg

Dr. Animesh Choudhary
MD Medicine
Reg. No. CGMC 3583/2011
Apollo Clinic, Raipur



ID: 313
MR JOGENDRA KUMAR NAHAK
Male 29Years

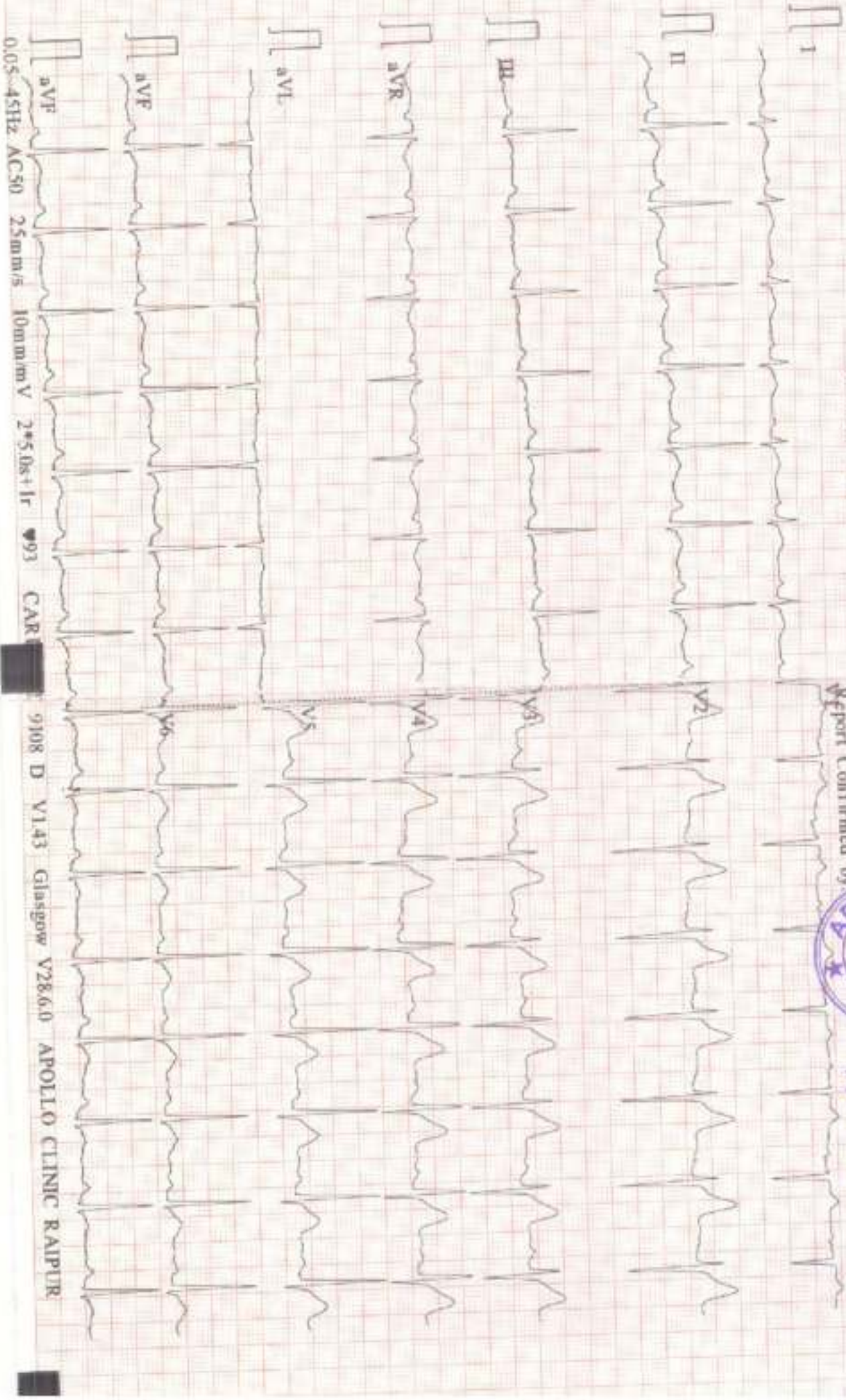
24-07-2024 14:22:00

HR : 93 bpm
P : 110 ms
PR : 168 ms
QRS : 80 ms
QT/QTc : 324/416 ms
P/QRST : 68/82/53 ms
RV5/SV1 : 1647/0.949 mV

Diagnosis Information:
Sinus rhythm
Normal ECG



Report Confirmed by
Dr. Animesh Choudha
MD Medicine
Reg. No. CGMC 3583/2011
Apollo Clinic, Raipur



0.05 45Hz AC50 25mm/s 10mm/mV 2*5.0s+1r 93 CAR

9108 D V1.43 Glasgow V28.60 APOLLO CLINIC RAIPUR

PATIENT NAME:- MR. JOGENDRA KUMAR NAHAK
REF BY :- BOB

AGE/SEX: 29 YRS/M
DATE:- 24.02.2024

USG ABDOMEN

Liver : Liver is normal in size cm, smooth in outline with echotexture. IHBR's are not dilated. CBD is not dilated. Portal vein and hepatic veins are normal.

Gall bladder : Distended & normal.

Pancreas & Paraaortic Region : Normal.

Spleen : Is normal size measures cc cm and echotexture.

Kidneys	RIGHT	LEFT
SIZE	10.11X4.42cm	11.19X4.64cm
CORTICAL ECHOGENICITY	Normal	Normal
CORTICOMEDULLARY DIFFERENTIATION	Maintained	Maintained
PCS	Not dilated	Not dilated
Any other remarks	Nil	Nil
Urinary bladder - Distended & normal		

Prostate: is normal in size measures weight gm shape & echotexture.

No free fluid in abdomen.

Visualized bowel loops are normal.



No significant intra-abdominal lymphadenopathy seen.

IMPRESSION;

- GRADE - II FATTY LIVER

Advised clinical correlation/further evaluation if clinically indicated.



Dr. Zeeshan Ateeb Dani
MBBS, 
Consultant
Reg. No. 
DR. ZEESHAN ATEEB DANI
(MD)
CONSULTANT RADIOLOGIST



This report is for personal use of the doctor only and the definitive diagnosis/ findings have to be clinically correlated. Ultrasound has its limitations in obese patients and in retroperitoneal organs. AIIMS RAIPUR IS NOT RESPONSIBLE FOR CLINICAL REPORTING PURPOSES. It is not for medico-legal purposes.

LICENSEE : SAMRIDHI AROGYAM PVT. LTD.

Apollo Clinic @ Tiara Complex A T Classic Near Ashoka Retan, VIP Estate, Shankar Nagar, Raipur (C.G.)

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Online appointments : www.askapollo.com | Online reports : https://pr.apolloclinic.com

 +91 96918 26363
 0771 4033341

NAME OF PATIENT: MR. JOGENDRA KUMAR NAHAK
REFERRED BY: BOB

AGE: 29YRS/MALE
DATE: 24/02/2024

CHEST X - RAY PA VIEW

FINDINGS:

- Both the domes of diaphragm and CP angles are normal.
- Both the hila and mediastinum are normal.
- Both the lung fields are clear. No e/o focal parenchymal lesion.
- Cardio-thoracic ratio is normal.
- Soft tissues and bony cage are unremarkable.

IMPRESSION:

- NO SIGNIFICANT ABNORMALITY SEEN.

Advised: Clinical correlation and further evaluation if clinically indicated.


Dr. Zeeshan Ateeb Dani
M.D., FRCR
DR. ZEESHAN ATEEB DANI
(MD)
CONSULTANT RADIOLOGIST



This report is for perusal of the doctor only not the definitive diagnosis; findings have to clinically correlated. This report is not for medico-legal purposes.

EXAMINATION OF EYES :- (BY OPHTHALMOLOGIST)

Patient Name Mrs. Jagendra Kumar Yashok Date 24.02.24

Sex/Age M/39 year MR No Employee Id

EXTERNAL EXAMINATION				
SQUINT				
NID				
NYSTAGMUS				
COLOUR VISION				
NORMAL				
FUNDUS:(RE):-		WNL	(LE):- WNL	
INDIVIDUAL COLOUR IDENTIFICATION				
WNL				
DISTANT VISION:(RE):-		$\frac{6}{60} \bar{e} \frac{6}{60}$	(LE):- $\frac{5}{60} \bar{e} \frac{6}{60}$	
NEAR VISION:(RE):-		N/G	(LE):- N/G	
NIGHT BLINDNESS				
NAD				
	SPH	CYL	AXIS	ADD
RIGHT	-1.0	-4.50	100	/
LEFT	-1.0	-2.25	100	
REMARKS :-				

Dr. V. M. [Signature]
MBBS, MS (Ophthalmology) (Regist)
Reg. No. COUNCIL 02/1/2006



MR. Jogendra,

Age 29.9,

Hospital Basic Diet Soft Diet

1800, ^{Calorie} 40/60 gram protein High Fiber Diet

- 7am - नर्म पानी 100ml
- 8am - Black Tea cup + Merry Biscuit या आरस Biscuit
- 9am - उपमा / पतली सेबई / दलिया 1 कटोरी
- 10am - फल-1
- 11am - Daal पानी 100ml Mung Daal पानी
- 12 O'clock Lunch - पतली मूग खिचड़ी - 1 कटोरी, Daal - 1 कटोरी, Boil Veg, लौकी / तोरई, कद्दू कच्चा पपीता
- 2pm - नारियल पानी 50ml
- 4pm - Boil Veg Soup [1 Cup]
- 6pm - Daal पानी [100ml]
- 8pm - Mung add Daily - (1 कटोरी) Boil Veg - (1 कटोरी)
- 10pm - Low fat Milk 100ml. (दाम पानी - जी का सोना-हो)

1. Take a Soft Diet/Boil Veg, Mix Veg all type salad, राजा ^{Curry} Low fat milk wheat.

2. Take a food (थोड़ी थोड़ी मात्रा में ले)

3. Avoide, Spicy, Oily, Meda, Deep fry food. Strong Tea, Coffee.

4. Take a trust juie, soup, Dal, water, Daliya, Soyabeen पीस कर food में ^{करें}

5. Daliya water coconut water & Juice Lemon water.

①. Avoide cold. food oily food. Meda.
 Trust food.



Patient Name : MR JOGENDRA KUMAR NAHAK
 UHID/ MR No : 9318
 Visit Date : 24/02/2024
 Sample Collected On : 24/02/2024 01:42PM
 Ref. Doctor : SELF
 Sponsor Name :

Age/Gender : 29 Y Male
 OP Visit No : OPD-UNIT-II-5
 Reported On : 24/02/2024 04:49PM

HAEMATOLOGY

Investigation	Observed Value	Unit	Biological Reference Interval
HEMOGRAM			
Haemoglobin(HB) Method: CELL COUNTER	16.0	gm/dl	12 - 17
Erythrocyte (RBC) Count Method: CELL COUNTER	6.99	mill/cu.mm.	4.20 - 6.00
PCV (Packed Cell Volume) Method: CELL COUNTER	48	%	39 - 52
MCV (Mean Corpuscular Volume) Method: CELL COUNTER	<u>68.7</u>	fL	78.00 - 100
MCH (Mean Corpuscular Haemoglobin) Method: CELL COUNTER	22.9	pg	26 - 34
MCHC (Mean Corpuscular Hb Concn.) Method: CELL COUNTER	33.3	g/dl	32 - 35
RDW (Red Cell Distribution Width) Method: CELL COUNTER	13.5	%	11- 16
Total Leucocytes (WBC) Count Method: CELL COUNTER	7.19	cells/cumm	3.50 - 10.00
Neutrophils Method: CELL COUNTER	45	%	40.0 - 73.0
Lymphocytes Method: CELL COUNTER	40	%	15.0 - 45.0
Eosinophils Method: CELL COUNTER	10	%	1-6%
Monocytes	05	%	4.0 - 12.0
Basophils Method: CELL COUNTER	00	%	0.0 - 2.0

End of Report
 Results are to be correlated clinically

Lab Technician / Technologist
 path

Page 4 of 5

Dhananjay
 DR DHANANJAY RAMCHANDRA PRASAD
 M.D. PATHOLOGY

Patient Name : MR JOGENDRA KUMAR NAHAK
 UHID/ MR No : 9318
 Visit Date : 24/02/2024
 Sample Collected On : 24/02/2024 01:42PM
 Ref. Doctor : SELF
 Sponsor Name :

Age/Gender : 29 Y Male
 OP Visit No : OPD-UNIT-II-5
 Reported On : 24/02/2024 04:49PM

HAEMATOLOGY

Investigation	Observed Value	Unit	Biological Reference Interval
Platelet Count Method: CELL COUNTER	239	lacs/cu.mm	150-400
ESR- Erythrocyte Sedimentation Rate Method: Westergren's Method	12	mm /HR	0 - 10

Blood Group (ABO Typing)

Blood Group (ABO Typing) : O
 RhD factor (Rh Typing) : POSITIVE

End of Report
Results are to be correlated clinically

Lab Technician / Technologist
 path

Page 5 of 5

Dhananjay
 DR DHANANJAY RAMCHANDRA PRASAD
 M.D. PATHOLOGY

Patient Name : MR JOGENDRA KUMAR NAHAK
 UHID/ MR No : 9318
 Visit Date : 24/02/2024
 Sample Collected On : 24/02/2024 01:42PM
 Ref. Doctor : SELF
 Sponsor Name :

Age/Gender : 29 Y Male
 OP Visit No : OPD-UNIT-II-2
 Reported On : 24/02/2024 04:49PM

BIO CHEMISTRY

Investigation	Observed Value	Unit	Biological Reference Interval
GLUCOSE - (POST PRANDIAL)			
Glucose -Post prandial Method: REAGENT GRADE WATER	102.0	mg/dl	70-140
GLUCOSE (FASTING)			
Glucose- Fasting SUGAR REAGENT GRADE WATER	90.0	mg/dl	70 - 120
KFT - RENAL PROFILE - SERUM			
BUN-Blood Urea Nitrogen METHOD: Spectrophotometric	08	mg/dl	7 - 20
Creatinine METHOD: Spectrophotometric	0.89	mg/dl	0.6-1.4
Uric Acid Method: Spectrophotometric	3.5	mg/dL	2.6 - 7.2

End of Report
Results are to be correlated clinically

Lab Technician / Technologist
 path

Page 1 of 5

Dhananjay
DR DHANANJAY RAMCHANDRA PRASA
 M.D. PATHOLOGY

Patient Name : MR JOGENDRA KUMAR NAHAK
 UHID/ MR No : 9318
 Visit Date : 24/02/2024
 Sample Collected On : 24/02/2024 01:42PM
 Ref. Doctor : SELF
 Sponsor Name :

Age/Gender : 29 Y. Male
 OP Visit No : OPD-UNIT-II-1
 Reported On : 24/02/2024 04:49PM

BIO CHEMISTRY

Investigation	Observed Value	Unit	Biological Reference Interval
LIPID PROFILE TEST (PACKAGE)			
Cholesterol - Total	175.0	mg/dl	Desirable: < 200 Borderline High: 200-239 High: >= 240
Triglycerides level	105.0	mg/dl	Normal : < 150 Borderline High : 150-199 Very High : >=500
Method: Spectrophotometric HDL Cholesterol	42.0	mg/dl	Major risk factor for heart disease: < 40 Negative risk factor for heart disease >60
Method: Spectrophotometric LDL Cholesterol	112	mg/dl	Optimal: < 100 Near Optimal : 100 - 129 Borderline High : 130-159 High : 160-199 Very High : >=190
Method: Spectrophotometric VLDL Cholesterol	21	mg/dl	6 - 38
Total Cholesterol/HDL Ratio	4.17		3.5-5
Method: Spectrophotometric			

End of Report
 Results are to be correlated clinically

Lab Technician / Technologist
 path



DR DHANANJAY RAMCHANDRA PRASA
 M.D. PATHOLOGY



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0771 4033341

Patient Name : MR JOGENDRA KUMAR NAHAK
 UHID/ MR No : 9318
 Visit Date : 24/02/2024
 Sample Collected On : 24/02/2024 01:42PM
 Ref. Doctor : SELF
 Sponsor Name :

Age/Gender : 29 Y Male
 OP Visit No : OPD-UNIT-II-2
 Reported On : 24/02/2024 04:49PM

BIO CHEMISTRY

Investigation	Observed Value	Unit	Biological Reference Interval
LIVER FUNCTION TEST			
Bilirubin - Total Method: Spectrophotometric	0.7	mg/dl	0.1- 1.2
Bilirubin - Direct Method: Spectrophotometric	0.2	mg/dl	0.05-0.3
Bilirubin (Indirect) Method: Calculated	0.50	mg/dl	0 - 1
SGOT (AST) Method: Spectrophotometric	36	U/L	0 - 40
SGPT (ALT) Method: Spectrophotometric	40	U/L	0 - 41
ALKALINE PHOSPHATASE	105	U/L	25-147
Total Proteins Method: Spectrophotometric	6.8	g/dl	6 - 8
Albumin Method: Spectrophotometric	4.6	mg/dl	3.4 - 5.0
Globulin Method: Calculated	2.2	g/dl	1.8 - 3.6
A/G Ratio Method: Calculated	2.0	%	1.1 - 2.2

End of Report
 Results are to be correlated clinically

Lab Technician / Technologist
 path

Page 3 of 5

Dhananjay
 DR DHANANJAY RAMCHANDRA PRASAD
 M.D. PATHOLOGY

Patient Name : MR JOGENDRA KUMAR NAHAK
 UHID/ MR No : 9318
 Visit Date : 24/02/2024
 Sample Collected On : 24/02/2024 01:42PM
 Ref. Doctor : SELF
 Sponsor Name :

Age/Gender : 29 Y Male
 OP Visit No : OPD-UNIT-II-2
 Reported On : 24/02/2024 04:49PM

CLINICAL PATHOLOGY

Investigation	Observed Value	Unit	Biological Reference Interval
URINE ROUTINE EXAMINATION			
Physical Examination			
Volum of urine	30ML		
Appearance	Clear		Clear
Colour	Pale Yellow		Colourless
Specific Gravity	1.020		1.001 - 1.030
Reaction (pH)	5.0		
Chemical Examination			
Protein(Albumin) Urine	Absent		Absent
Glucose(Sugar) Urine	Absent		Absent
Blood	Absent		Absent
Leukocytes	Absent		Absent
Ketone Urine	Absent		Absent
Bilirubin Urine	Absent		Absent
Urobilinogen	Absent		Absent
Nitrite (Urine)	Absent		Absent
Microscopic Examination			
RBC (Urine)	NIL	/hpf	0 - 2
Pus cells	1-2	/hpf	0 - 5
Epithelial Cell	Occasional	/hpf	0 - 5
Crystals	Not Seen	/hpf	Not Seen
Bacteria	Not Seen	/hpf	Not Seen
Budding yeast	Not Seen	/hpf	Not Seen

End of Report
 Results are to be correlated clinically

Lab Technician / Technologist
 path



DR DHANANJAY RAMCHANDRA PRASAD
 M.D. PATHOLOGY





UR EMail:

M R JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg

24 / 02 / 2024

ie	art	CE Stage 1	CE Stage 2	Ex	very	very	very	very
00:06	00:14	03:14	06:14	06:32	07:02	07:32	08:32	08:50
0:06	0:06	3:00	3:00	0:18	0:30	1:00	2:00	2:16
00.0	00.0	02.7	04.0	05.5	00.8	00.8	00.0	00.0
00.0	00.0	10.0	12.0	14.0	00.0	00.0	00.0	00.0
01.0	01.0	04.7	07.1	07.4	04.2	01.2	01.0	01.0
095	093	133	158	161	160	148	132	138
50 %	45 %	70 %	83 %	84 %	84 %	77 %	69 %	72 %
120/80	120/80	122/82	126/86	126/86	126/85	124/84	122/82	122/82
114	111	162	189	202	201	183	161	168
00	00	00	00	00	00	00	00	00

WINGS :

- Exercise Time : 06:18
- Max HR Attained : 161 bpm 84% of Target 191
- Max BP Attained : 126/86 (mm/Hg)
- Max WorkLoad Attained : 7.4 Fair response to induced stress
- Test Objective : GHDFEWASFSAFD ASSAS
- Test End Reasons : Test Complete, Heart Rate Achieved

PORT :

STRESS TEST IS NEGATIVE FOR REVERSIBLE MYOCARDIAL ISCHEMIA WITH FAIR FUNCTION CAPACITY



Doctor : DR DEEPAN DAS MBBS DIP CARDIO



BRUCE:Supine(0:08)

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 95

ExTime: 00:00 0.0 Km/h, 0.0%
25 mm/sec, 1.0 Cm/mV

METS: 1.01 95 bpm 50% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

Date: 24 / 02 / 2024

4X 50 mS Post J



REMARKS:



ExStart

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 93

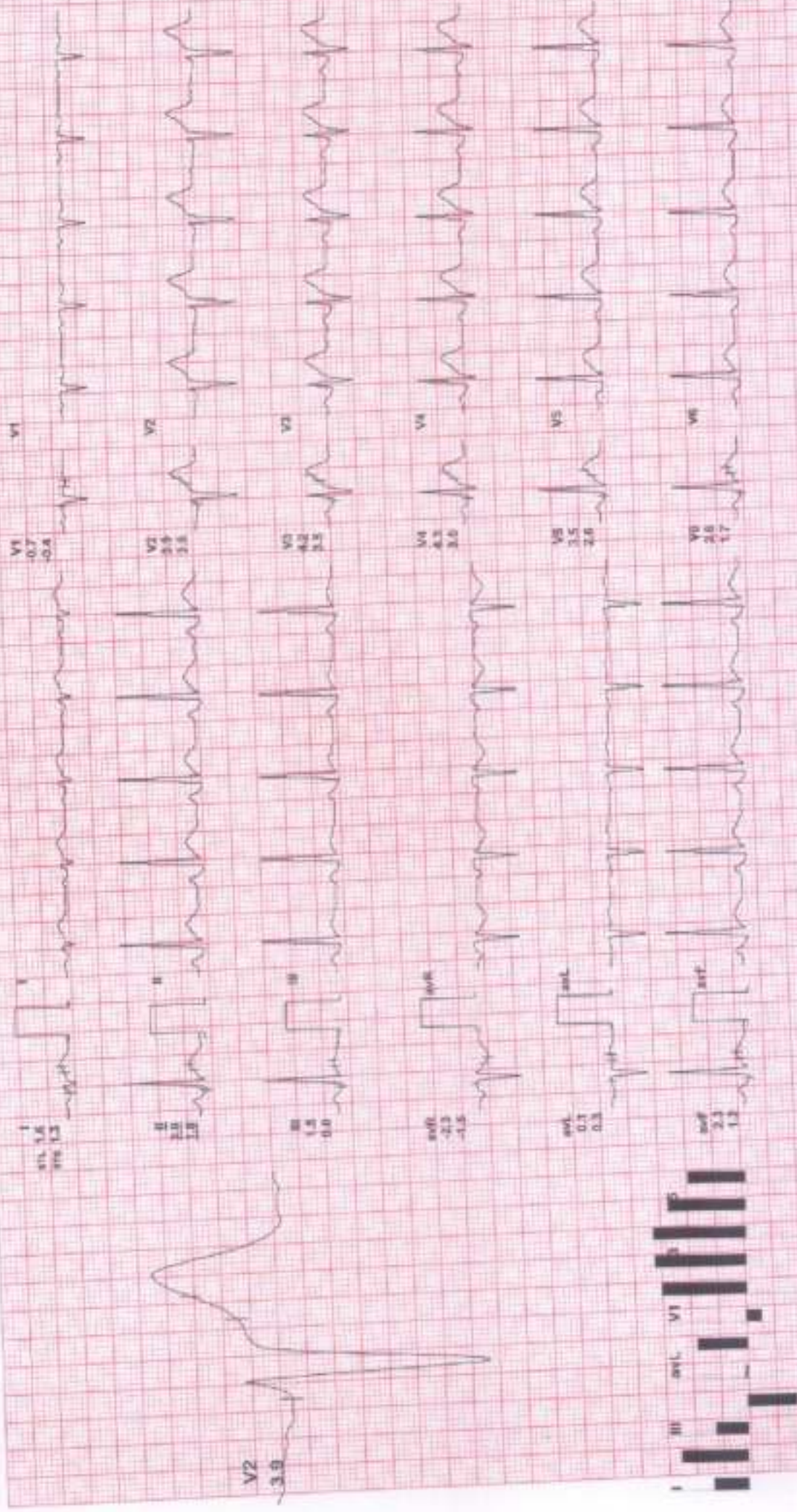
Date: 24 / 02 / 2024

METS: 1.0/ 93 bpm 40% of THR BP: 120/80 mmHg Combined Medians/ BLC Cav Natch Chl HF 0.05 Hz/ LF 35 Hz

ExTime: 00:00 0.0 Kmpt. 0.0%

25 mm/Sec. 1.8 Cm/mV

4X 50 mS Post J



REMARKS:



BRUCE: Stage 1 (3:00)

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 133

ExTime: 03:00 2.7 Kmph, 10.0%
25 min/Sec. 1.0 Cm/minV

MEETS: 4.71 133 bpm 70% of THR BP: 122/92 mmHg Combined Medians/ BLC Dev Natch Dev HF 0.05 Hz/RF 35 Hz

Date: 24 / 02 / 2024

4X 60 ms Post J



REMARKS:



BRUCE: Stage 2(3:00)

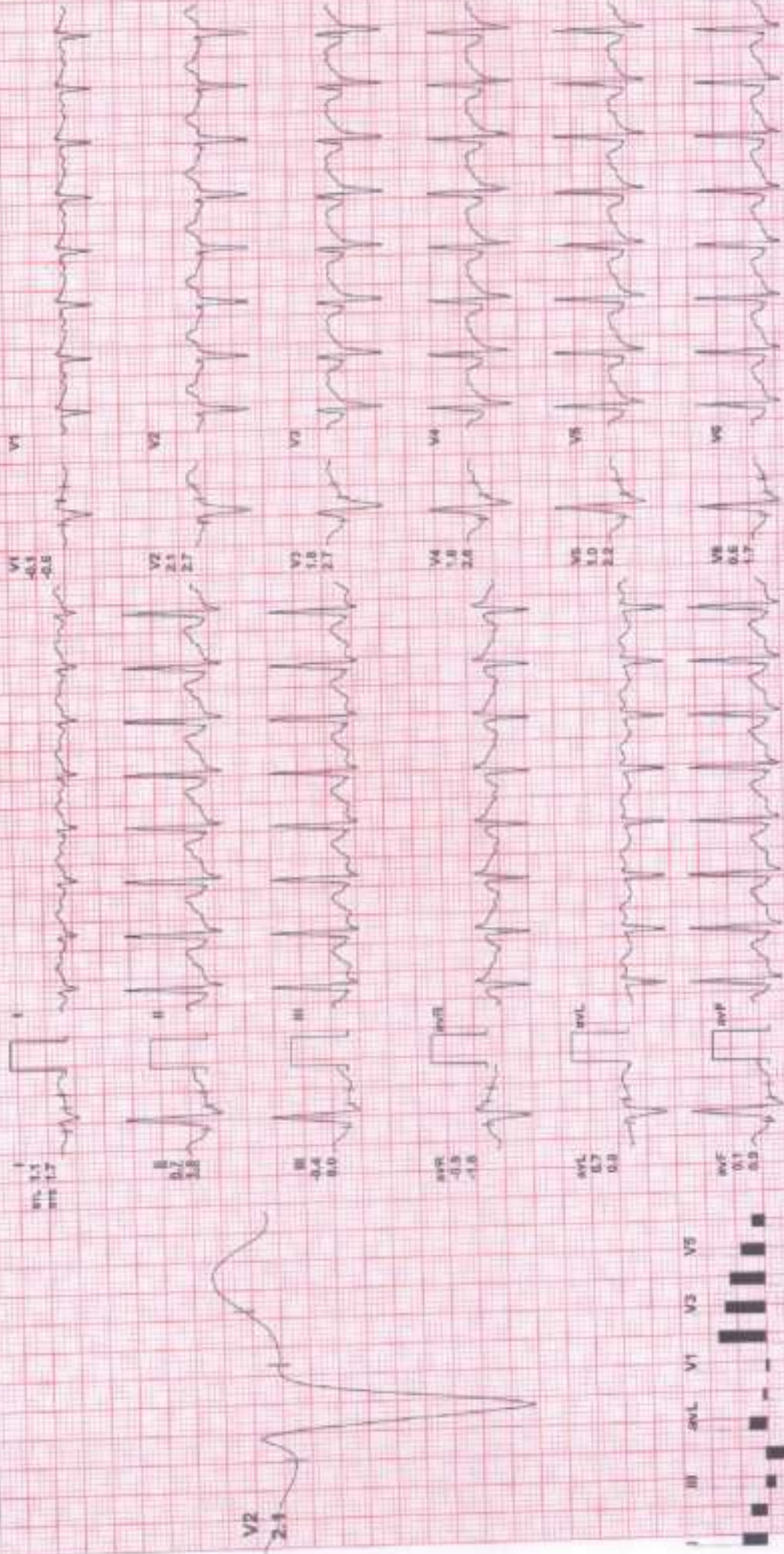
110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 158

Date: 24 / 02 / 2024

METS: 7.4 / 158 bpm 83% of THR BP: 126/86 mmHg Combined Mediana/ ELC On/ Notch On/ HF 0.05 HoLF 35 Hz

ExTime: 06:00 4.0 Km/h, 12.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 ms Post J



REMARKS:
II aVR aVF V2 V4 V6



PeakEx

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 161

ExTime: 06:18 5.5 Kmph 14.0%
25 mm/Sec. 1.9 Cm/mV

METS: 7.4/ 161 bpm 84% of THR BP: 126/96 mmHg Confirmed Medians/ BLC On/ MF 0.05 Hz/ LF 35 Hz

Date: 24 / 02 / 2024

4X 300 MS Post J



II aVR aVL V2 V4 V6
REMARKS:



Recovery(0:30)

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 160

Date: 24 / 02 / 2024

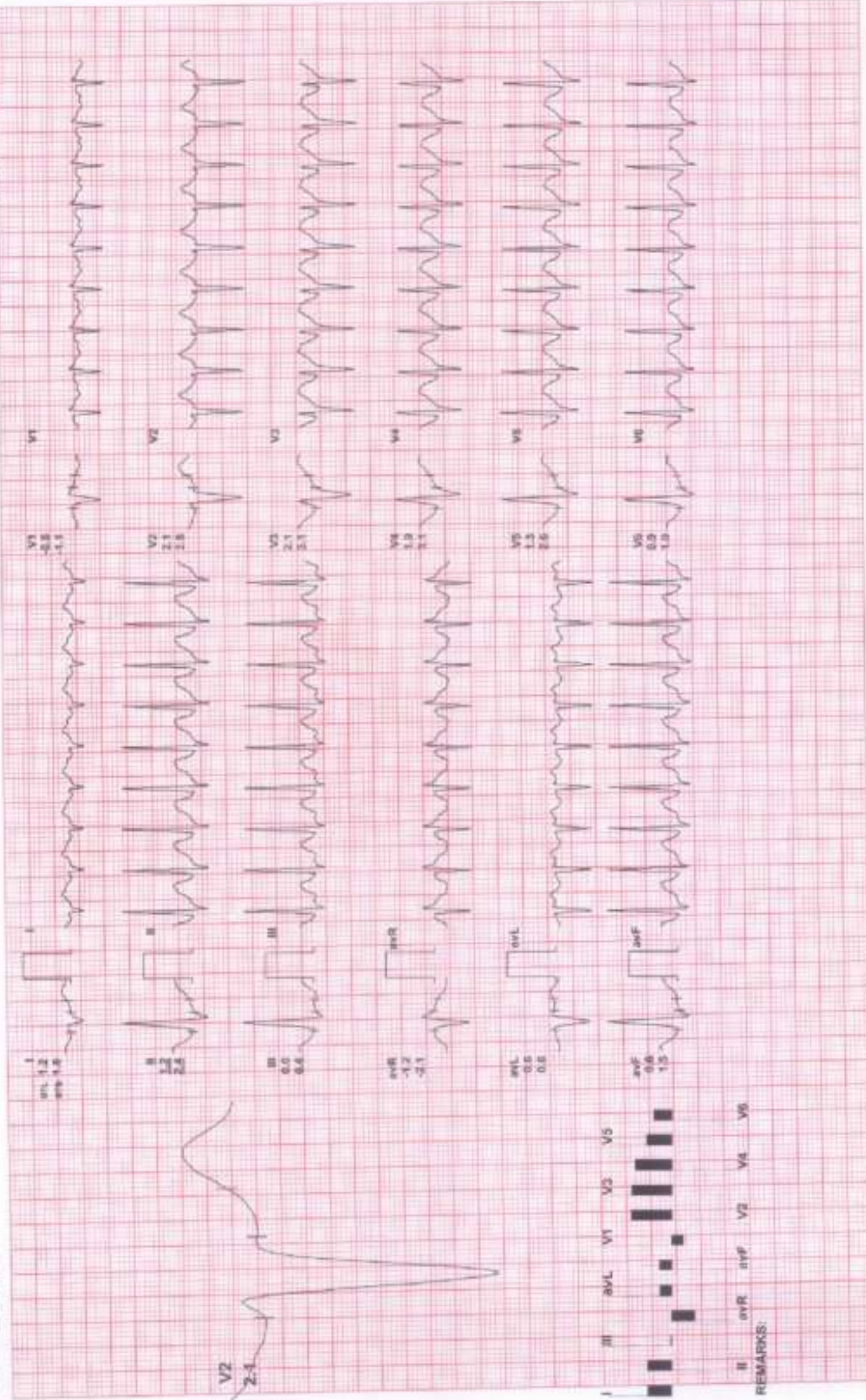
METS: 4.2/ 160 bpm 84% of THR BP: 126/86 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 06:18 0.8 Kmph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



Recovery(1:00)

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 148

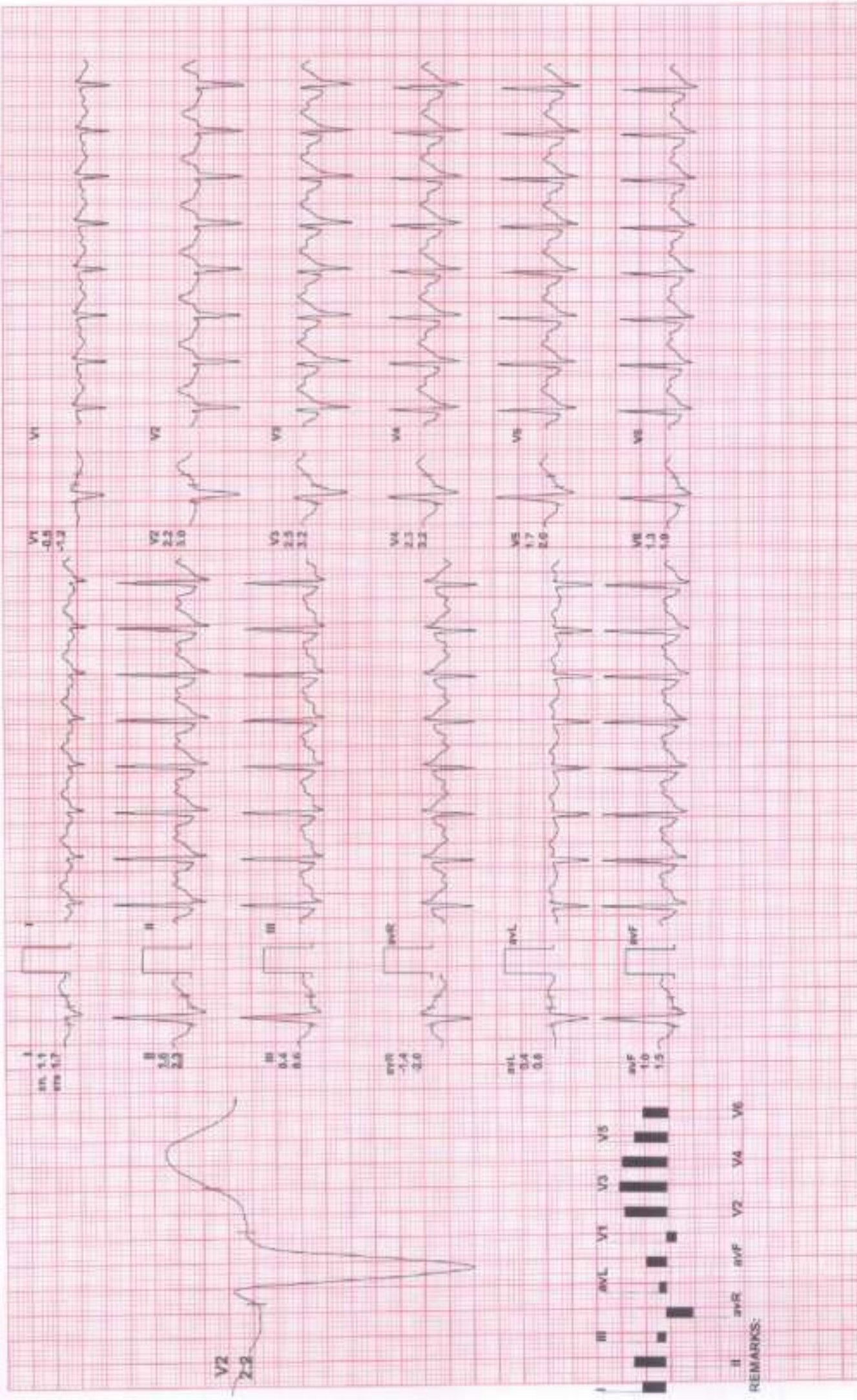
Date: 24 / 02 / 2024

METS: 1.2/ 148 bpm 77% of THR BP: 124/94 mmHg Combined Mediators/ BLC On/ Notch On/ HF 0.05 Hz/ LF 35 Hz

ExTime: 06:18 0.9 Km/h 0.0%

4X 50 mS Post J

25 mm/Sec. 1.8 Cm/hv

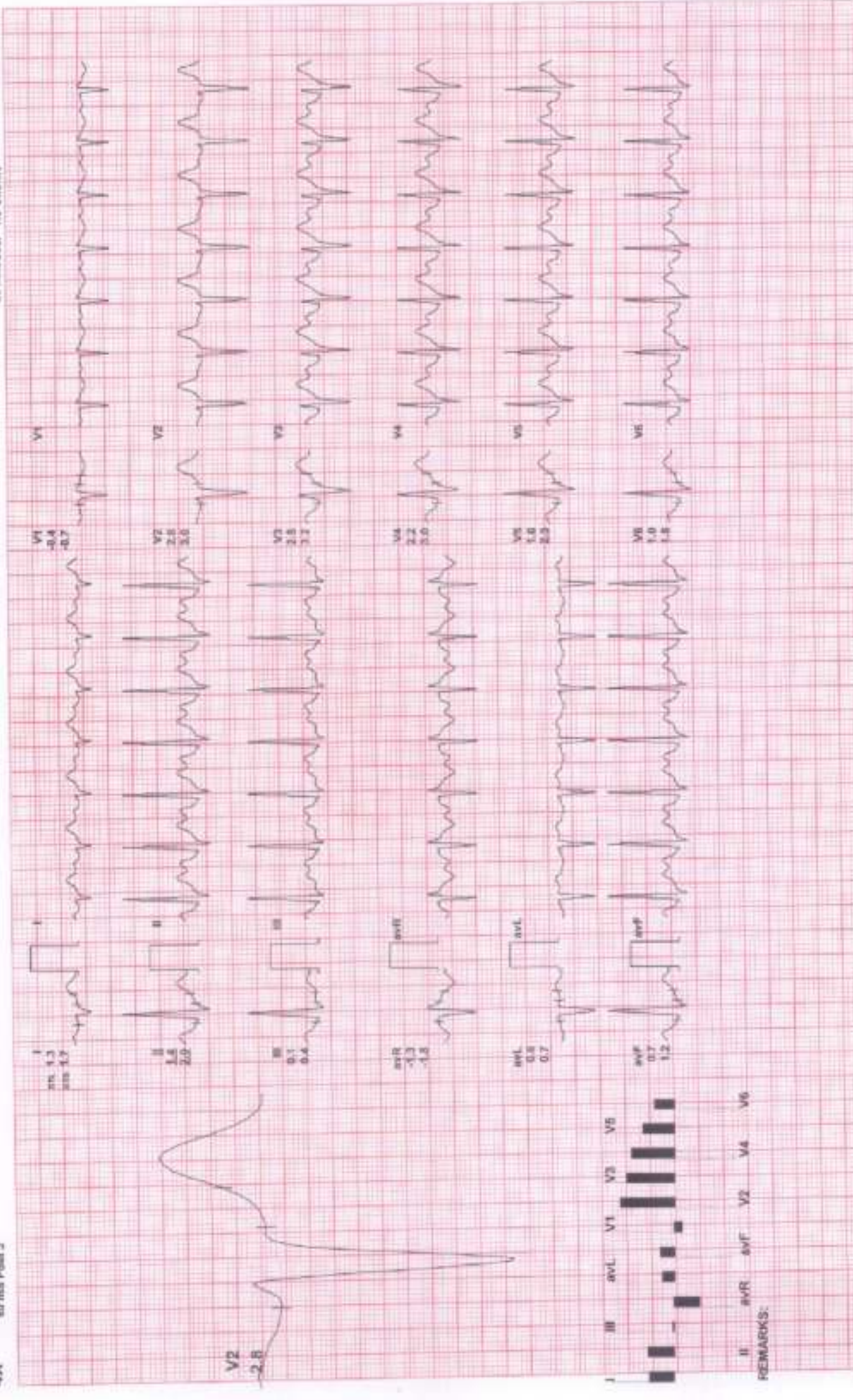


REMARKS:

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 132

Date: 24 / 02 / 2024 METS: 1.0/ 132 bpm 69% of THR BP: 122/82 mmHg Combined Medicines/ BLC Chl/ Nodth Chl/ HF 0.05 Hz/LF 35 Hz
 4X 60 m/s Post J

ExTime: 06:18 0.0 Km/h, 0.0%
 25 mm/Sec. 1.0 Cm/mV



REMARKS:



Recovery(2:18)

110 / MR JOGENDRA / 29 Yrs / M / 162 Cms / 64 Kg / HR : 136

Date: 24 / 02 / 2024 METS: 1.0f 136 bpm 72% of THR BP: 122/82 mmHg Combined Mediana/ BLC-On/ Natch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 06:18 0.0 Kmph, 0.0% 25 mm/Sec. 1.0 Cm/mV

4X 60 mB Post J



REMARKS: