

## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Gomathi Suma Yerramsetty on 19/02/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> <li>• Medically Fit</li> </ul>	<input checked="" type="checkbox"/>
<ul style="list-style-type: none"> <li>• Fit with restrictions/recommendations</li> </ul> <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Currently Unfit. Review after _____ recommended</li> </ul>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>• Unfit</li> </ul>	<input type="checkbox"/>

Dr. \_\_\_\_\_  
**Medical Officer**  
**The Apollo Clinic, (Location)**

**Dr. MUKUL ARTE** MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GOI)  
 Consultant In Marine Medicine & Aviation Medicine  
 302, Heritage Plaza, Telf Cross Lane,  
 Andheri East, Mumbai-400 069  
**SEA BOND MEDICARE CENTRE**

*This certificate is not meant for medico-legal purposes*

MER- MEDICAL EXAMINATION REPORT

Date of Examination	19/02/2024		
NAME	Gomathi Suman Yerramsetty		
AGE	40 yrs	Gender	Female
HEIGHT(cm)	157cm	WEIGHT (kg)	59 kg
B.P.	120/80 mm Hg		
ECG	NSR		
X Ray	NAD		
Vision Checkup	Color Vision : Normal		
	Far Vision Ratio : 6/6 uncorrected		
	Near Vision Ratio : NG uncorrected		
Present Ailments			
Details of Past ailments (If Any)	Full term normal delivery in 2004 & 2015.		
Comments / Advice : She / He is Physically Fit			
<p>Dental caries - Review @ Dentist                  Rained 282 } Repeat &gt; 10 days                  Uni - P.C. 6-8 }</p>			

Signature with Stamp of Medical Examiner

Dr. MUKUL ARTE MBBS, DNB  
 Regn. No: 44293 (MMC)  
 Approved By DG Shipping (GCI)  
 Consultant in Marine Medicine & Aviation Medicine  
 A-101-102, Heritage Plaza, Toff Cross Lane,  
 Ancheri East, Mumbai-400 089  
 SEA AND MEDICARE CENTRE



*Sea Bird*  
Sea Bird Medicare Centre

Report ID : GYM19211234  
Patient Name : Ms. GOMATHI SUMA YERRAMSETTY  
Rank :  
Ref By : DR. MUKUL ARTE  
Reg. : 19-Feb-2024  
Report Date : 20-Feb-2024  
Company Name : M/S. APOLLO HEALTH AND LIFESTYLE  
Age/Sex : 40 Year / Female

**SONOGRAPHY (ABDOMEN AND PELVIS)**

Ref No : 20/02/2024

Investigation : Abdomen And Pelvis Sonography

The real-time Sonography using 3.5 MHZ transducer shows:

Liver normal in size and echotexture.

The GB, Pancreas & Spleen are within normal limits.

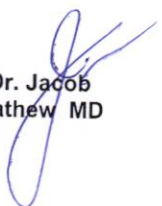
Both Kidneys are normal in size, position and echogenicity; CM differentiation normal.  
No hydronephrosis or calculi noted.

Bladder normal in contour, capacity and wall thickness; No vesical calculi noted.

This sonography study does not rule out intestinal lesions or mucosal lesions of other Viscera.

Impression :

No Significant abnormality noted on the study.

  
Dr. Jacob  
Mathew MD

**Proudly... Caring For You**

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

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Website: [www.seabirdhf.com](http://www.seabirdhf.com) | Email: [seabird@seabirdhf.com](mailto:seabird@seabirdhf.com)



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**CHEST X RAY REPORT**

X-Ray No : 2148

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

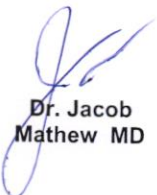
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**

  
Dr. Jacob  
Mathew MD

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Rank :  
Ref By : **DR. MUKUL ARTE**  
Location : **SEA BIRD- ANDHERI**

Reg. : **19-Feb-2024**  
Report Date : **19-Feb-2024**  
Company Name : **M/S. APOLLO HEALTH AND**  
Age/Sex : **40 Year / Female**

**HEMATOLOGY**


**INVESTIGATION**

	<b>OBSERVED VALUE</b>	<b>UNITS</b>	<b>REFERENCE RANGE</b>
<b>Complete Blood Count</b>			
Haemoglobin	11.7	gm/dl	13-18 gm/dl
Total W.B.C	6700	/cu.mm	4000-11000 /cu.mm
Neutrophils	69	%	50-70 %
Lymphocytes	30	%	20-40 %
Eosinophils	01	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	4.39	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	35.7	%	42-55 %
MCV	81.2	femolitre	80-96 femolitre
MCH	26.7	picogram	27-33 picogram
MCHC	32.9	%	32-36 %
W.B.C Morphology	Normal		
Platelet Count	184000	/cu.mm	150000-450000 /cu.mm
<b>Blood Group</b>			
Blood Group	B Positive		
<b>ESR</b>			
ESR	54	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---

  
DR.SANDIP MOHANRAO HUDDEDAR  
MBBS, DCP  
Pathologist

  
M O T C

  
SONALI VASANT ADELKAR  
Lab Technician

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# Sea Bird

## Sea Bird Medicare Centre

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Location : SEA BIRD- ANDHERI

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Age/Sex : 40 Year / Female

### BIO-CHEMISTRY

#### INVESTIGATION

OBSERVED VALUE    UNITS    REFERENCE RANGE

#### **Liver Function Test**

SGOT	13	IU/L	0-37 IU/L
SGPT	14	IU/L	9-43 IU/L
GGT	16	IU/L	0-49 IU/L
Sr.Bilirubin (T)	0.5	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.1	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.4	mg/dl	
Total Protien	7.1	g/dl	6.0-8.0 g/dl
Sr.Albumin	4.1	g/dl	3.2-5.0 g/dl
Sr.Globulin	3.0	g/dl	2.0 3.5 g/dl
A/G Ratio	1.3		
Alkaline Phosphatase	72	IU/L	40-129 IU/L

#### **Renal Function Test**


BUN	10.2	mg/dl	6-21 mg/dl
Sr.Creatinine	0.7	mg/dl	0.7-1.4 mg/dl
Uric Acid	3.8	mg/dl	2.5-7.2 mg/dl

#### **Blood Sugar Estimation**

Fasting Blood Sugar	101	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	91	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
Glycosylated Haemoglobin (HBA1C)	5.4	%	4.5-6.3%

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**LIPID PROFILE**

**INVESTIGATION**

**OBSERVED VALUE**

**UNITS**

**REFERENCE RANGE**

Serum. CHOLESTEROL (CHOD - PAP)	149	mg /dl	145-240 mg/dl
Serum. TRIGLYCERIDE (GPO - PAP)	69	mg /dl	25-160 mg/dl
S.HDL CHOLESTEROL	44	mg/dl	35-80 mg/dl
VLDL CHOLESTEROL	13.8	mg/dl	Upto 40
LDL CHOLESTEROL (calculate)	91.2	mg/dl	Upto 150
CHOL/HDL CHOL(Ratio)	3.3		Upto 5.0
LDL CHOL/HDL RATIO	2.0		0-3.0

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---

  
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**URINE ROUTINE**

**INVESTIGATION**

**OBSERVED VALUE      UNITS      REFERENCE RANGE**

Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.015		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	6-8	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	5-6	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		

---END OF REPORT---

**Kindly Correlate with clinical conditions.**  
Remark : ---

  
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**LABORATORY TEST REPORT**

ID : 2480415      Collection : 19/02/24, 02:18 PM  
 Name : YERRAMSETTY GOMATHI      Received : 19/02/24, 02:18 PM  
 DOB/Age : 40 years      Reported : 19/02/24, 03:17 PM  
 Gender : Male      Ref. Doctor : SELF

Client Name : Sea Bird Medicare  
 Pvt Ltd - PP1921  
 Client Address : MUMBAI



Test Description	Value(s)	Unit(s)	Reference Range
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**Thyroid Profile, Total (T3,T4,TSH)**

<b>T3-Total*</b> (Serum,CLIA)	94.74	ng/dL	70 - 204
<b>T4-Total*</b> (Serum,CLIA)	6.97	ug/dL	5.93-13.29
<b>TSH-Ultrasensitive*</b> (Serum,CLIA)	0.865	uIU/mL	0.38-5.33

**Interpretation**

It is recommended to interpret serum TSH levels with thyroid hormone levels (especially T4 levels) taking into consideration the clinical status of patient. Pitfalls in the interpretation of the serum TSH alone are in patients with recent treatment for thyrotoxicosis, non-thyroidal illness(acute severe illness or chronic illness), central hypothyroidism, confounding medications.

**For TSH :**

1st trimester - 0.3-4.5, 2nd trimester - 0.5-4.6, 3rd trimester - 0.8-5.2

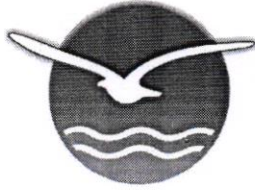
Condition	TSH	T4	T3
Primary Hypothyroidism	Increased	Low	Normal /Low
Subclinical Hypothyroidism	Increased	Normal	Normal
Primary Hyperthyroidism	Decreased	Increased	Increased
T3 Toxicosis	Decreased	Normal	Increased
Subclinical Hyperthyroidism	Decreased	Normal	Normal
Central Hyperthyroidism/ Thyroid Hormone Resistance	Increased /Normal	Increased	Increased
Central Hypothyroidism / Non Thyroidal Illness	Increased /Normal	Decreased	Decreased



MC-2684

**\*\*END OF REPORT\*\***

**Dr. Suyash Vishwaroop**  
(MBBS,MD Pathology)



*Sea Bird*  
**Sea Bird Medicare**

**NAME : Y GOMATHI SUMA**  
**AGE/SEX : 40 YRS / F**  
**COMPANY : APOLLO**  
**DATE : 19/02/2024**

**2D ECHOCARDIOGRAPHY AND COLOR DOPPLER STUDY**  
**2D ECHOCARDIOGRAPHY FINDINGS:**

1. Normal sized LV with good contractility. LVEF appears to be 60 %.  
No regional wall motion abnormality seen.
2. Structurally normal cardiac valves.
3. Normal sized RV with good contractility.  
RA and LA are normal in size.
4. No obvious clot seen.
5. No vegetations or pericardial effusion.
6. Intact IVS/IAS.

**SPECTRAL AND COLOR DOPPLER STUDY:**

Normal flow velocities and color flow mapping seen across both atrioventricular and semilunar valves. No intracardiac shunt or regurgitation noticed.  
Doppler estimated Pulmonary artery pressure is 20 mm Hg.

**Impression**

Normal LV systolic function  
Normal sized cardiac chambers.  
Normal cardiac valves.  
No clots/ vegetations.  
No Pericardial effusion  
No Pulmonary Artery Hypertension

  
DR. JACOB MATHEW MD, DMM, DTCD  
PHYSICIAN MARINE MEDICINE

DR. JACOB MATHEW MD, DMM, DTCD  
Reg. No. (11)0130100  
'A' Wing 102, Apollo Hospitals, Tall Cross Lane,  
Near Landmark, Jayalalitha Nagar,  
SEA BIRD MEDICARE CENTRE

**NOTE:**

**NORMAL 2D ECHOCARDIOGRAPHY REPORT DOES NOT RULE OUT CRITICAL CAD.  
KINDLY CORRELATE CLINICALLY.**

**M-MODE MEASUREMENTS****NORMAL VALUES****MITRAL VALVE**

DE AMPLITUDE	08mm	(20-37mm)
EF SLOPE	120 mm/sec	(18-150mm/sec)
EPSS	06 mm	(less than 5mm)

TRICUSPID VALVE                      NORMAL

**PULMONARY VALVE**

EF SLOPE	NORMAL
a WAVE	NORMAL
SYSTOLIC NOTCH	ABSENT

**AORTIC VALVE**

STRUCTURE	NORMAL	
CLOSURE LINE	CENTRAL	
CUSPAL OPENING	14 mm	(15-26mm)
AO ROOT	23 mm	(20-37mm)

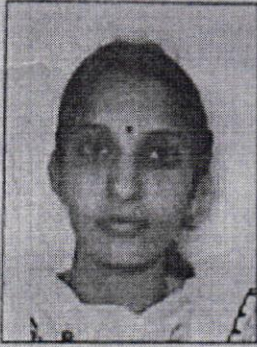
LA    28 mm                      (19-40mm)

**RV/LV MEASUREMENTS**

RVID(d)	16 mm	(7-23mm)
LVID(d)	37 mm	(36-56mm)
LVID(s)	22 mm	(24-42mm)
IVS (d)	07 mm	(6-12mm)
LVPW(d)	09 ,mm	(6-11mm)
LVEF	60%	(50%-70%)



भारत सरकार  
Government of India



యర్రంశెట్టి గోమతి సుమ  
Yerramsetty Gomathi Suma  
పుట్టిన తేదీ/DOB: 25/04/1983  
స్త్రీ/ FEMALE  
Mobile No: 9949705058

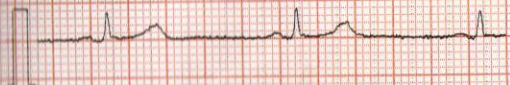
**4631 4381 2834**

मेरा आधार, मेरी पहचान

10mm/mV 0.67-25Hz AC50

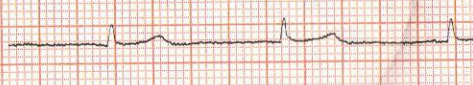
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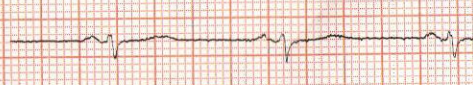
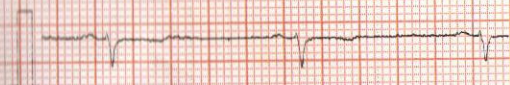
I

aVL



II

aVF



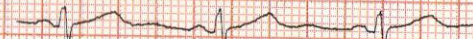
25mm/s

*Y. G. Sumner*

V2.45

V1

V4



V2

V5



V3

V6

