Name : Mr. NARAYAN SAYAJI SONAWANE (59 /M) Date : 16/11/2023

Address: NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by: UHID : MHN1.0000155485

Package: MediWheel Full Body Health Checkup Male Above 40 AHC No: NSKAH36053



For corporate health checkup No specific complaints



NO KNOWN ALLERGY :16/11/2023



## Cardiovascular system

- Nil Significant



Do you have any - No allergies?



Surgical history - Nil

## Immunization history

- Covid Dose1, Covid Dose2



Marital status - Married

No. of children - 3

Diet - Mixed Diet

consumes alcohol

occasionally

Smoking - No
Chews tobacco - No
Physical activity - Active

# Family history

Coronary artery - none

disease

Alcohol

Cancer - None Liver problems - None

## PHYSICAL EXAMINATION



## General

General appearance - normal Build - normal Height - 171 - 75 Weight BMI - 25.65 Pallor - No Oedema - no SpO<sub>2</sub> - 98



# Cardiovascular system

Heart rate (Per minute) - 72
Rhythm - Regular
- B.P. Supine

Systolic(mm of Hg) - 150
Diastolic(mm of Hg) - 100
Heart sounds - S1S2+

## Respiratory system

Breath sounds - Normal vesicular breath

sounds



#### ) Abdomen

Organomegaly - No Tenderness - No

Printed By: Leena Ganpat Wakare

/M)

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URINE ROUTINE (CU	•				Monocytes	06	%		1-10
Test Name	Result	Unit	Level	Range	Basophils	00	%		0-1
Specific Gravity	1.010 *		1.016-1.026		ERYTHROCYTE	4	mm/1st • hr		0-10
Color,:		PALE YELLOW			SEDIMENTATION RATE (ESR)				
Transparency:	Slightly	Turbid			TOATE (ESIV)				
Reaction:		Acidic 7.2-7.8		BLOOD GROUPING AND TYPING (ABO and Rh)					
Protein :	Negative	е			Test Name	Result	Unit	Level	Range
Sugar:	Negative	е			ABO Group:	AB			
рН	5.0	5.0 • 4.6-8		Rh (D) Type:	POSITI	٧E			
Blood:	Negative	е			LIVER FUNCTION TE	ST (PAC	KAGE	)	
Ketone	Negative	е			Test Name	Result	Unit	Level	Range
Bile Pigments:	Negative	е			ALT(SGPT) - SERUM /	21 *	U/L		30-65
Bile Salts :	Negative	е			PLASMA				
Urobilinogen	Normal				ALBUMIN - SERUM	4.6	g/dL	•	3.5-5
Nitrite	Negative	е			GLOBULIN - SERUM:	3.6	g/dL •	•	1.8-3.6
RBC	00	/hpf		0-2	(Calculated)				
		/hpf			ALBUMIN:GLOBULIN -	1.3		•	1.1-1.8
WBC/Pus Cells	1-2/hpf	/IIpi							
WBC/Pus Cells Tc/Sqc(Transitional/Squ amous epithelial cells)	1-2/hpf 1-2/hpf	/hpf			SERUM(RATIO) (Calculated)				
Tc/Sqc(Transitional/Squ	1-2/hpf	/hpf	STAND	)ARD	(Calculated)  ALKALINE PHOSPHATASE -	99	U/L	•	0-100
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU	1-2/hpf	/hpf ON + S		OARD Range	(Calculated)  ALKALINE	99	U/L	•	0-100
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD)	1-2/hpf	/hpf ON + S			(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA	99	U/L U/L	•	0-100 15-37
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name	1-2/hpf  TOMATION  Result	/hpf ON + S Unit		Range	(Calculated)  ALKALINE PHOSPHATASE -			•	
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin	1-2/hpf TOMATIO Result 15.1	/hpf ON + S Unit g/dl	Level	Range 13.0-18.0	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA			•	
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit	1-2/hpf  TOMATIO  Result  15.1  45.9	/hpf ON + S Unit g/dl % Million	Level	Range 13.0-18.0 39.0-54.0	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM	29 1.0	U/L mg/dl	•	15-37
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT	1-2/hpf  TOMATIO  Result  15.1  45.9  4.65	/hpf  ON + S  Unit g/dl %  Million ul	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST	29 1.0 (PACKA	U/L mg/dl		15-37 0.0-1.0
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT	1-2/hpf  TOMATIO  Result  15.1  45.9  4.65  98.5 *	/hpf  ON + S  Unit g/dl % Million ul fl	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name	29 1.0 (PACKA Result	U/L mg/dl <b>AGE)</b> <b>Unit</b>	Level	15-37 0.0-1.0
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT  MCV MCH	1-2/hpf  TOMATIO  Result  15.1  45.9  4.65  98.5 *  32.4 *	/hpf  ON + S  Unit g/dl %  Million ul fl pg	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0 26.0-32.0	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol	29 1.0 (PACKA Result 203 *	U/L mg/dl <b>AGE)</b> <b>Unit</b> mg/dl	Level	15-37 0.0-1.0
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet	1-2/hpf  TOMATIO  Result  15.1  45.9  4.65  98.5 *  32.4 *  36.9 *	/hpf  ON + S  Unit g/dl % Million ul fl pg g/dl % 10³/m	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM	29 1.0 (PACKA Result 203 *	U/L mg/dl AGE) Unit mg/dl	Level	15-37 0.0-1.0 Range 0-200
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet Count(Optical/Impedanc	1-2/hpf  TOMATIO  Result 15.1 45.9 4.65 98.5 * 32.4 * 36.9 * 15.4	/hpf  ON + S  Unit g/dl %  Million ul fl pg g/dl %	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM  Test Name	29 1.0 (PACKA Result 203 * M / PLAS Result	U/L  mg/dl  AGE)  Unit  mg/dl  SMA  Unit	Level	15-37 0.0-1.0 Range 0-200
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet	1-2/hpf  TOMATIO  Result 15.1 45.9 4.65 98.5 * 32.4 * 36.9 * 15.4	/hpf  ON + S  Unit g/dl % Million ul fl pg g/dl % 10³/m	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM	29 1.0 (PACKA Result 203 *	U/L mg/dl AGE) Unit mg/dl	Level	15-37 0.0-1.0 Range
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet Count(Optical/Impedance) TLC Count	1-2/hpf  TOMATIO  Result 15.1 45.9 4.65 98.5 * 32.4 * 36.9 * 15.4 329	/hpf  ON + S  Unit g/dl % Million ul fl pg g/dl % 10³/m m³	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16 140-440	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM  Test Name CREATININE - SERUM	29 1.0 (PACKA Result 203 * M / PLAS Result 0.8	U/L  mg/dl  AGE) Unit  mg/dl  SMA Unit  mg/dl	Level	15-37 0.0-1.0 Range 0-200
Tc/Sqc(Transitional/Squ amous epithelial cells)  C B C WITH ESR (AU METHOD) Test Name Hemoglobin Haematocrit RBC COUNT  MCV MCH MCHC RDW Platelet Count(Optical/Impedance)	1-2/hpf  TOMATIO  Result 15.1 45.9 4.65 98.5 * 32.4 * 36.9 * 15.4 329	/hpf  ON + S  Unit g/dl % Million ul fl pg g/dl % 10³/m m³	Level	Range 13.0-18.0 39.0-54.0 4.2-6.5 75.0-95.0 26.0-32.0 31.0-36.0 11-16 140-440	(Calculated)  ALKALINE PHOSPHATASE - SERUM/PLASMA  AST (SGOT) - SERUM  BILIRUBIN, TOTAL - SERUM  LIPID PROFILE TEST Test Name Total Cholesterol  CREATININE - SERUM Test Name CREATININE - SERUM / PLASMA	29 1.0 (PACKA Result 203 * M / PLAS Result 0.8	U/L  mg/dl  AGE) Unit  mg/dl  SMA Unit  mg/dl	Level	15-37 0.0-1.0 Range 0-200 Range 0.8-1.3

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U/I GGTP: GAMMA 31 0 - 50**GLUTAMYL** 

TRANSPEPTIDASE -

**SERUM** 

GLUCOSE - SERUM / PLASMA (FASTING)

**Test Name** Result Unit Level Range mg/dL 103 \* Glucose - Plasma 70-100 (Fasting)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

**Test Name** Result Unit Level Range Glucose - Plasma 126 mg/dL 70-140 (POST PRANDIAL)

GLYCOSYLATED HEMOGLOBIN (HbA1C) -WHOLE BLOOD

**Test Name** Result Unit Level Range Glycosylated 5.8 % 0.0 - 6.0Hemoglobin (HbA1c) Mean Plasma Glucose 129.1800 mg/dL

(MPG) Estimate:

LIPID PROFILE TEST (PACKAGE)

**Test Name** Result Unit Level Range mg/dL HDL CHOLESTEROL -60 40-60 SERUM / PLASMA **TOTAL** 3.4 0.0 - 4.5CHOLESTEROL/HDL **CHOLESTEROL** RATIO(Calculated) 140 mg/dL LDL Cholesterol (Direct LDL)

LIVER FUNCTION TEST (PACKAGE)

Unit **Test Name** Result Level Range 8.2 PROTEIN, TOTAL g/dL 6.4 - 8.2SERUM / PLASMA

THYROID PROFILE - I(T3,T4 AND TSH)

Result **Test Name** Unit Level Range TOTAL T3: TRI ng/dL Healthy Adults: 131 **IODOTHYRONINE -**69 - 215 **SERUM** 

TOTAL T4: 8.55 μg/dL THYROXINE - SERUM

LIPID PROFILE TEST (PACKAGE)

**Test Name** Result Unit Level Range 129 mg/dL 0-150 Triglycerides - Serum

THYROID PROFILE - I(T3,T4 AND TSH)

Result Unit **Test Name** Level Range TSH: THYROID 4.35 uIU/mL Euthyroid: 0.3 -STIMULATING 4.5 HORMONE - SERUM Hypothyroid: 7.1 - >75

Healthy

Adults:5.2-12.7

**UREA - SERUM / PLASMA** 

**Test Name** Result Unit Level Range UREA - SERUM / 22 mg/dL 15-38 **PLASMA UREA NITROGEN** 10 mg/dL 7-18 SERUM/PLASMA: (Calculated)

**URIC ACID - SERUM** 

**Test Name** Result Unit Level Range **URIC ACID - SERUM** 6.1 mg/dL 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

**Test Name** Result Unit Level Range **BILIRUBIN** 0.4 \* mg/dL = 0.0 - 0.3CONJUGATED (DIRECT) - SERUM **BILIRUBIN** 0.6 mg/dL 🛑 0.0 - 0.7**UNCONJUGATED -**SERUM(Calculated)

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)

**Test Name** Result Unit Level Range PROSTATIC SPECIFIC 0.665 ng/mL 0.24 - 3ANTIGEN (PSA TOTAL)

**CARDIAC STRESS TEST - (TMT)** 

**ECG** 

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Package : MediWheel Full Body Health Checkup Male Above 40 AHC No : NSKAH36053

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

**Ultrasound Radiology** 

**ULTRASOUND - WHOLE ABDOMEN** 

X Ray

X-RAY CHEST PA

/M)

Package: MediWheel Full Body Health Checkup Male Above 40

AHC No: NSKAH36053

Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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Package: MediWheel Full Body Health Checkup Male Above 40 AHC No; NSKAH36053

### AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCORE	ACCEPTABLE SCORE
Low Risk	4	9

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

## Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding follow up tests, consults and annual health assessment

#### **DISCLAIMER**

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515