Name : Mrs. SOMA PAL (49 /F) Date : 24/02/2024

Address : DR SP GHOSH ROAD BAGBAZAR, OTHER, OTHER, WEST BENGAL, INDIA

: AMHL.0001921556 **Examined by: UHID**

Package: MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE **AHC No: AMHLAH197534**

FEMALE HCK



For corporate health checkup Back pain

PRESENT KNOWN ILLNESS

- Diabetes mellitus, No history of

Hypertension,

Dyslipidemia, Thyroid

disorder



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Dyspepsia - yes; Nature - intermittent; Symptoms acidity, bloating, flatulence

Genitourinary system

- Nil Significant

Gynaec history

Last menstrual period - 6/1/24; Pregnant - Not known; No of Children - 2; Deliveries - normal vaginal delivery

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints - Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

- No **Smoking** Chews tobacco - No Physical activity - Mild



Family history

Father - alive Mother - alive - 2 **Brothers** Sisters - 1

Hypertension - mother Coronary artery - none

disease

Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight - 157 Height - 66 Weight BMI -26.78Pallor - No Oedema - no



Cardiovascular system

Heart rate (Per minute) - 80 Rhythm - Regular - B.P. Sitting

Systolic(mm of Hg) - 124 - 74

Diastolic(mm of Hg) - S1S2+ Heart sounds

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Respiratory system

Breath sounds - Normal vesicular breath

sounds



Organomegaly - No Tenderness - No

Printed By: Benazir Begaum

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COMPLETE HAEMO	GRAM PI	ROFIL	E		Casts:	Not Fou	ınd		
Test Name	Result	Unit	Level	Range	Crystals:	Not Fou	ınd		
Hemoglobin	12.2	g/dl		12.0-15.0	·				
RBC COUNT	4.64	Millio ul	on/	3.8-4.8	URINE SUGAR - POS (QUALITATIVE)	T PRAN	DIAL		
Hematocrit - Hct:	37.9	%		36-46	Test Name	Result	Unit	Level	Range
MCV	81.7 *	fl		83-101	URINE GLUCOSE(POST	Nil			
MCH	26.3 *	pg		27-32	PRANDIAL)				
MCHC	32.2	%		31.5-34.5	LIDINE CUCAD FACT	INIC/OLI	A 1 1 T A	TI\/C\	
RDW	15.7 *	%	•	11.8-14.0	URINE SUGAR- FAST Test Name	Result		•	Range
WBC Count	6300	/cu m	nm 🔵	4000-10000	URINE	Nil	Onne	Levei	range
Platelet Count	1.45 *	lacs/o	cu 🖣	1.5-4.0	GLUCOSE(FASTING)				
Neutrophils	69	%		40-80	BLOOD GROUPING A	AND TYP	PING (A	ABO A	ND RH
Lymphocytes	26	%		20-40	Test Name	Result	Unit	Level	Range
Monocytes	04	%		2-10	ABO Group:	Α			
Eosinophils	01	%		01-06	Rh (D) Type:	POSITI	VE		
Basophils	00	%		0-0	LIVER FUNCTION TE	ST (PAC	KAGE	()	
RBC:	Normod	ytic No	rmochro	mic cells	Test Name	Result	Unit	Level	Range
Platelets:	Adequa	Adequate on the smear			ALT(SGPT) - SERUM	16	U/L		0-35
ERYTHROCYTE SEDIMENTATION RATE (ESR)	27 *	hr	1st •	0-20	ALBUMIN - SERUM ALKALINE PHOSPHATASE -	4.6 75	g/dL U/L	•	3.5-5.1 33-98
JRINE ROUTINE AN				D	SERUM				
Test Name Volume:	Result 20	Unit mL	Level	Range	AST (SGOT) - SERUM	22	U/L		0-35
Colour:					(2 2)				
		Pale Straw			BILIRUBIN TOTAL -	0.7	mg/dl	L	0.3-1.2
Appearance	Clear				SERUM				
Specific Gravity	1.005				LIPID PROFILE TEST	(PACKA	AGE)		
pH:	6.0				Test Name	Result	Unit	Level	Range
Albumin:	Not Det				CHOLESTEROL -	146	mg/dl	L •	0-200
Glucose		Not Detected			SERUM				
Ketone:	Not Det				CREATININE - SERUI	М			
Bile Pigments	Not Det	ected			Test Name	Result	Unit	Level	Range
RBC	Nil	/hpf			CREATININE - SERUM	0.6	mg/dl	L	0.6-1.1
Pus Cells	1-2	/hpf			LIVER FUNCTION TE	ST (PAC	KAGE	()	
Epithelial Cells	2-3				Test Name	•		•	Range

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GGTP: GAMMA U/L ng/ml 14 0-38 TOTAL T3: TRI 1.17 0.87-1.78 **GLUTAMYL IODOTHYRONINE -**TRANSPEPTIDASE -SERUM **SERUM**

GLUCOSE - PLASMA (FASTING) THYROXINE - SERUM **Test Name** Result Unit Level Range mg/dL GLUCOSE - PLASMA 91 70-99

(FASTING)

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range mg/dL **GLUCOSE - PLASMA** 145 * 70-140 (POST PRANDIAL)

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range HBA1C 4.7 % Nondiadetic: 4 (GLYCOSYLATED - 5.6 % HAEMOGLOBIN)-WHO Prediabetics:

LE BLOOD 5.7 - 6.4% Diabetes >/= 6.5% **ADA** Theraputic goal

: <7%

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range HDI CHOLESTEROL -46 mg/dL 30-70 **SERUM** LDL CHOLESTEROL 80 mg/dL 0-100 -SERUM **VLDL CHOLESTEROL -**20 mg/dL 0-35

SERUM (Calculated)

LIVER FUNCTION TEST (PACKAGE) Result Unit Test Name Level Range

g/dL PROTEIN TOTAL -7.7 6.4-8.3 **SERUM** GLOBULIN: 3.1 g/dL 1.8-3.6 (CALCULATED) -

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range TOTAL T4: 11.1

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range TRIGLYCERIDES -118 mg/dL 0-150 **SERUM**

μg/dL

5.48-14.28

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range TSH: THYROID 5.98 * μIU/mL 0.38-5.33 STIMULATING HORMONE - SERUM

URIC ACID - SERUM

Test Name Result Unit Level Range **URIC ACID - SERUM** mg/dL 4.1 2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range **BILIRUBIN** 0.1 mg/dL 0.0-0.2 **CONJUGATED**

(DIRECT) - SERUM

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range mg/dL BUN (BLOOD UREA 7.1 7.0-18.0 NITROGEN)

LIVER FUNCTION TEST (PACKAGE)

Result Unit **Test Name** Level Range A/G - RATIO 1.5 1.0 - 2.0

BUN/CREATININE RATIO

Test Name Result Unit Level Range **BUN/CREATININE** 12

RATIO

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

Borderline High/Low Within Normal Range

Out of Range

SERUM

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STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Bulky uterus with thickened endometrium.
- * Bulky left ovary with a simple cyst as described.

Dr. KOUSHIKI SEN DNB RESIDENT In consultation with

X-RAY CHEST PA

* Chest skiagram does not reveal any significant abnormality.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Histopathology

PAP SMEAR /CERVICAL SMEAR

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Printed By: AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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AICVD RISK SCORE REPORT

RISK STATUS	YOUR SCOR	RE ACCEPTABLE SCORE
Low Risk	4	5

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.
- Continue with medications for high blood pressure, diabetes, or dyslipidemia, if advised by your physician.
 Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- · Follow your physician's advice regarding follow up tests, consults and annual health assessment

DISCLAIMER

- 1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
- 2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
- 3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
- 4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
- 5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical Al Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515