



HEALTH CHECK-UP SUMMARY

Race Course Road, Vadodara

|                               |                  |
|-------------------------------|------------------|
| Name:UTTARPALLY SUMANTH KUMAR |                  |
| SH No: 299580                 | Date: 28 09 2024 |
| Age: 30                       | Gender: MALE     |

ASSESSMENT:

- OVER WEIGHT(BMI:27.39)
- P/H/O: VIRAL FEVER(PREVIOUS MONTH)
- F/H/O: DIABETES(MOTHER)
- C/O:HEADACHE , OCCASIONAL REDNEES OF EYES ,
- DENTAL ASSESMENT: MILD GINGIVITIS
- LOW HDL CHOLESTEROL(39), BORDERLINE HIGH DIRECT LDL(145) , BORDERLINE HIGH CHOL/HDL RATIO(5.1) , BORDERLINE HIGH DLDL/ HDL RATIO(3.7)
- HIGH TSH(4.7140)
- URINE R/M: LOW SPECIFIC GRAVITY(1.005) , BLOOD :PRESENT(TRACE)
- ECG: LEFT AXIS

ADVISED:

- LOW FAT DIET
- AVOID OUT SIDE FOOD AND WATER
- REGULAR EXERCISE & WEIGHT REDUCTION.
- REPEAT LIPID PROFILE AFTER 3 MONTH
- OPHTHALMOLOGIST ADVICE : FOLLOW ADVICE
- DENTAL ADVICE : FOLLOW ADVICE
- PHYSICIAN CONSULTATION

*Sterling Addlife India Limited*  
Unit-Sterling Hospital Vadodara  
Race Course Road, (West)  
VADODARA - 390 007.

DR. JAY S PANDIT

Prevention & Rehabilitation Dept

**Hospital Address:** Sterling Hospitals, Race Course Road, Opp. Inox Cinema Hari Nagar, Circle West, Vadodara – 390007, Gujarat, India | Call: 0265-6144111, 0265-2354455, 98 98 98 78 78  
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Sterling Hospital, Sterling Hospital Road, Memnagar, Ahmedabad-380052, Gujarat, India





### HEALTH CHECK UP MEDICAL EXAMINATION

Name : Attornally Sumanth Kumar Employee ID : \_\_\_\_\_

Company Name : \_\_\_\_\_ Age : \_\_\_\_\_ Sex : M/F

Height : 161 cms. Weight : 71 Kgs BMI 27.39 Blood Group : B+ve

Name of HO / Registrar taking History : Dr. Jay's. Pandey

| Allergies : <input checked="" type="checkbox"/> None <input type="checkbox"/> Yes (If Yes, describe) |          |
|--|----------|
| Drugs/Food/Latex/Dyes/Contrast/Other .....   | Reaction |
| 1. <u>/</u>  | <u>/</u> |
| 2. <u>/</u>  | <u>/</u> |
| 3. <u>/</u>  | <u>/</u> |

Chief Complaints :  
No previous month viral fever.

#### Physical Examination :

#### Vital Signs :

Temp : Afebrile °F SPO<sub>2</sub> : 99 Pulse : 80 /min R/R : 17 /min B.P. : 110/70 mm Hg

#### Past History :

|   |   |
|---|---|
| If Hypertension, since<br>On Medication 1) <u>/</u><br>2) <u>/</u><br>3) <u>/</u>   | If Diabetes, since<br>On Medication 1) <u>/</u><br>2) <u>/</u><br>3) <u>/</u>   |
| If Ischaemic Heart Disease since<br>On Medication 1) <u>/</u><br>2) <u>/</u><br>3) <u>/</u>   | Under Treatment Dr. <u>/</u><br>If Tuberculosis, When <u>/</u><br>Any Other P/H <u>/</u>  |
| Under Treatment of Dr. _____<br>Any Intervention done _____<br>P/H of Operation<br>Diagnosis : <u>/</u><br>Name of Operation : <u>/</u><br>Year of Operation : <u>/</u> | Any Other Medication _____<br>P/H of Hospitalization <u>/</u><br>Diagnosis : <u>/</u><br>Year : <u>/</u><br>Duration : _____<br>Blood Transfusion History : Yes <input checked="" type="checkbox"/> No <input type="checkbox"/><br>Year : _____ |
| Others _____<br>_____   |   |

**Family History :** (Specify : F-Father, M-Mother, B-Brother, S-Sister)

(Pl. Circle whichever is applicable e.g. If Father has h/o 10 yrs then, Yes / No F/10 yrs)

|               |                      |                       |        |
|---------------|----------------------|-----------------------|--------|
| Hypertension  | Yes/No               | Asthma                | Yes/No |
| Heart Disease | Yes/No               | Stroke                | Yes/No |
| Diabetes      | Yes/No <i>Mother</i> | Arthritis/Gout        | Yes/No |
| Tuberculosis  | Yes/No               | Cancer                | Yes/No |
| Epilepsy      | Yes/No               | Other Chronic disease | Yes/No |

**Personal History :**

|              |                |                 |        |                                  |
|--------------|----------------|-----------------|--------|----------------------------------|
| Diet         | <i>Mixed</i>   | Smoking         | Yes/No | since ..... / ..... per day      |
| Appetite     | <i>Regular</i> | Alcohol         | Yes/No | since <i>(occ)</i> ..... (freq.) |
| Sleep        | <i>Regular</i> | Drugs           | Yes/No | since ..... / ..... (freq.)      |
| Micturition  | <i>Regular</i> | Tobacco         | Yes/No | since ..... / ..... (freq.)      |
| Bowel Habits | <i>regular</i> | Any other habit |        |                                  |

**FOR FEMALES :**

 Obstetric History : L.D. ....  
 Abortion : .....  
 Others : .....

**General Examination :**
 Anemia   
  Cyanosis   
  Jaundice   
  Generalized Lymphadenopathy   
  Pedal oedema

**General Examination :**
**Head :**  NSF *Occ. Headache*

 Injuries (Specify if any) : .....  
**Eyes :**  NSF *glaucoma for short sightedness: regular white uveitis*

- Vision :  Normal     Blurred     Double     Colour Blind
- Pupils :  Normal     Abnormal
- Other :  Inflammation     Pain     Itching     Discharge     No complaint

 Remarks (if any): *(occ) Redness of eyes*
**Ears :**  NSF

- Deaf     Yes     No    • Pain     Yes     No    • Discharge     Yes     No
- Dizziness     Yes     No

**Nose :**  NSF

- Nosebleed     Yes     No    • Congestion     Yes     No    • Sinus problem     Yes     No

**Mouth :**  NSF

- Lesion     Yes     No
- Dental Hygiene     Good     Poor    Bleeding gums     Yes     No
- Sense of taste     Yes     No



**Throat/Neck :**  NSF

- Swollen glands  Yes  No
- Stiffness  Yes  No
- Dysphagia  Yes  No

**SYSTEMIC EXAMINATION**

**Neurological :**  NSF

- Headache  Yes  No
- Memory changes  Yes  No
- Dizziness  Yes  No
- Syncope  Yes  No
- Seizures  Yes  No
- Paralysis  Yes  No if yes  R  L
- Cooperative  Yes  No
- Anxiety  Yes  No
- Depression  Yes  No
- Suicidal attempt  Yes  No
- Any psychiatric illness NO
- Oriented  Yes  No if disoriented, to  Person  Place  Time
- Reaction:  Brisk  Sluggish  No response
- LOC :  Alert  Confused  Sedated
- Speech :  Clear  Slurred

**Respiratory :**  NSF

- Lung sounds : A E B E clear
- Dyspnoea :  None  With activity  At rest  Lying down  Retractions
- Cough :  None  Non-productive  Productive - colour
- Hemoptysis:  Yes  No
- Night Sweats :  Yes  No
- Cyanosis :  Yes  No Where .....

**Cardiovascular**  NSF

- Chest discomfort  Yes  No
- Oedema  Yes  No Location : .....  Pitting  Non-pitting

**Extremities-Musculoskeletal :**  NSF

- Skin :  Warm  Cool  Dry  Firm  Flaccid  Colour
- Extremities : Tingling  Yes  No • Weakness  Yes  No Deformity  Yes  No
- Joints : Pain  Yes  No • Stiffness  Yes  No
- Uses :  Walker  Wheelchair  None

**Gastrointestinal :**  NSF

- Appetite  Good  Poor • Nausea  Yes  No • Vomiting  Yes  No
- Distension  Yes  No • Heartburn  Yes  No • Flatus  Yes  No
- Pain  Yes  No • Rectal Bleeding  Yes  No
- Colostomy  Yes  No • Ileostomy  Yes  No

**Bowel**

- Diarrhoea  Constipation  Incontinence  Blood in stool  None
- Pain  Yes  No Place .....
- Frequency of stool 2 times/day Hemorrhoids  Yes  No
- Interventions :  None • Laxatives  Yes  No Type ..... Frequency .....

**Genitorurinary :**  NSF

 Colour of Urine Pale yellow Frequency 4-5 times/day

 Pain  Yes  No Burning  Yes  No Itching  Yes  No

 Urgency  Yes  No Incontinence  Yes  No

 Nocturia  Yes  No Urostomy  Yes  No

 History of calculi  Yes  No History of UTI  Yes  No

 Foleys Catheter  Yes  No

Date of Insertion \_\_\_\_\_

**Reproductive :**  NA  NSF

LMP \_\_\_\_\_ Regular / Irregular \_\_\_\_\_

 Dysmenorrhea  Yes  No Amenorrhea  Yes  No if yes, Duration \_\_\_\_\_

 Menopausal  Yes  No if yes, Duration \_\_\_\_\_

 Vaginal discharge  Yes  No Itching  Yes  No

**Breasts**  NA  NSF

 Breast Feeding  Yes  No Lumps  Yes  No

**Positive Finding & Advice**

.....

.....

.....

.....

**Sterling Addlife India Limited**  
 Unit Sterling Hospital Vadodara  
 Racecourse Circle, (West)  
 VADODARA - 390 007.

Sign and Stamp of Medical Officer

**Sterling Hospital**  
 Racecourse Road

EMERGENCY HELPLINE

 992 444 9972  
 0265 - 61 44 111

**Sterling Hospital**  
 Bhayli

EMERGENCY HELPLINE

 908 1000 557  
 0265 - 61 23 333

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 HAPPINESS**



OPHTHALMIC CHECK-UP

SIGNIFICANT HISTORY:

PAST HISTORY:

Refractive Error:

Any Surgery:

Color Blind:

Diabetes:

Hypertension:

Any Treatment:

EXAMINATION OF EYES:

Right Eye:

Left Eye:

Distant Vision without Glasses:

Distant Vision with Glasses:

Near Vision without Glasses:

Near Vision with Glasses:

Intraocular Pressure:

Anterior Segment:

Fundus:

PRESCRIPTION OF GLASSES:

|         | RIGHT  |          |      | LEFT   |          |      |
|---------|--------|----------|------|--------|----------|------|
|         | Sphere | Cylinder | Axis | Sphere | Cylinder | Axis |
| Distant | -0.5   | -0.75    | 45°  | -0.5   | -2.0     | 135° |
| Near    | -      | -        | -    | -      | -        | -    |

Type of glass:

ADVICE:

**Sterling Addlife India Limited**  
Unit-Sterling Hospital Vadodara  
Race Course Circle, (West)  
VADODARA-390 007.

**DR MAYA PATEL**  
(OPHTHALMOLOGIST)

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Dr. Sonica Peshin

Senior Cosmetic dentist and Implantologist

A-6966

Email: thespeakingtooth@gmail.com

Phone: 9586867301



Race Course Road, Vadodara  
28/09/2024

## Dental Assessment Form

Name: Uttarpally Sumanth Kumar

Age/Sex: 30/Male

UHID No: 299580

Patient has come for a regular check up.

### On examination:

- Zirconia cap wrt.11

### Provisional diagnosis:

- Mild gingivitis

### Treatment plan:

- Recalled after one year for regular dental checkup

### Advise:

- Follow vertical brushing technique.
- Salt water rinses atleast once a day.
- Brush your teeth twice daily.
- Clean your tongue twice daily.

Sterling Addlife India Limited  
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VADODARA - 390007.  
Dr Sonica Peshin

Sterling Hospital, Race Course Road

Opp. Inox Cinema Hari Nagar, Circle West, Vadodara - 390007, Gujarat  
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**LABORATORY TEST REPORT**


| Patient Information |                                  | Sample Information |                     | Location Information |  |
|---------------------|----------------------------------|--------------------|---------------------|----------------------|--|
| Name                | : Mr. Uttarpally Sumanth Kumar . | Lab Id             | : 092407503074      | Pt. Type             | : Sterling Hospital Vadodara Health Checkup    |
| Sex/Age             | : Male / 30 Y 27-Aug-1994        | Registration on    | : 28-Sep-2024 09:03 | Location             | : Main BNo./                                   |
| Ref. Id             | : 299580 / 2811893               | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 12:08 Status : Final             |
| Ref. By             | : Dr. RMO . STERLING...          | Collected on       | : 28-Sep-2024 09:21 | Printed On           | : 28-Sep-2024 15:32                            |
|                     |                                  | Sample Type        | : EDTA blood        | Process At           | : 75 – Sterling Hospital, Race course (Vadoda) |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Complete Blood Count**

| Test                                    | Method                          | Result | Unit        | Biological Ref. Interval |
|---|---------------------------------|--------|-------------|--------------------------|
| Hemoglobin                              | Colorimetric                    | 15.8   | g/dL        | 13.0 - 16.5              |
| RBC Count                               | Electrical Impedance            | 5.44   | million/cmm | 4.5 - 5.5                |
| Hematocrit                              | Calculated                      | 48.1   | %           | 40 - 49                  |
| MCV                                     | Derived                         | 88.5   | fL          | 83 - 101                 |
| MCH                                     | Calculated                      | 29.1   | pg          | 27.1 - 32.5              |
| MCHC                                    | Calculated                      | 32.9   | g/dL        | 32.5 - 36.7              |
| RDW CV                                  | Calculated                      | 13.80  | %           | 11.6 - 14                |
| <b>Total WBC and Differential Count</b> |                                 |        |             |                          |
| WBC count                               | SF Cube cell analysis           | 7200   | /cmm        | 4000 - 10000             |
| <b>Differential Count</b>               |                                 |        |             |                          |
| Neutrophils                             | Microscopic                     | 62     | %           | 40 - 80                  |
| Lymphocytes                             | Microscopic                     | 28     | %           | 20 - 40                  |
| Eosinophils                             | Microscopic                     | 04     | %           | 1 - 6                    |
| Monocytes                               | Microscopic                     | 06     | %           | 2 - 10                   |
| Basophils                               | Microscopic                     | 0      | %           | 0 - 2                    |
| <b>Platelet Count</b>                   |                                 |        |             |                          |
| Platelet Count                          | Electrical Impedance            | 275000 | /cmm        | 150000 - 410000          |
| MPV                                     | Calculated                      | 9.00   | fL          | 7.5 - 10.3               |
| Platelets Morphology                    | Platelets are adequate on Smear |        |             |                          |


 Dr. C. Shrinivasan..

 M.D ( Pathology ) [G-18341]  
 Consultant Pathologist

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| Sex/Age             | : Male / 30 Y 27-Aug-1994        | Registration on    | : 28-Sep-2024 09:03 | Location             | : BNo./  |
| Ref. Id             | : 299580 / 2811893               | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 12:08 Status : Final               |
| Ref. By             | : Dr. RMO . STERLING...          | Collected on       | : 28-Sep-2024 09:21 | Printed On           | : 28-Sep-2024 15:32                              |
|                     |                                  | Sample Type        | : EDTA blood        | Process At           | : 75 – Sterling Hospital, Race course (Vadodar   |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Complete Blood Count**

| Test                                   | Result | Unit   | Biological Ref. Interval |
|--|--------|--------|--------------------------|
| <b>Erythrocytes Sedimentation Rate</b> |        |        |                          |
| ESR                                    | 5      | mm/1hr | 0 - 14                   |
| <small>Capillary photometry</small>    |        |        |                          |

**Differential Count**
**Absolute Count**

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| Sex/Age : <b>Male / 30 Y</b> 27-Aug-1994     | Registration on : 28-Sep-2024 09:03 | Location : Main BNo./                                     |
| Ref. Id : 299580 / 2811893                   | Collected at : SAWPL                | Approved on : 28-Sep-2024 12:35 Status : Final            |
| Ref. By : Dr. RMO , STERLING...              | Collected on : 28-Sep-2024 09:21    | Printed On : 28-Sep-2024 15:32                            |
|  | Sample Type : EDTA blood            | Process At : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

**Blood Group**

| Test   | Result   | Unit | Biological Ref. Interval |
|--|----------|------|--------------------------|
| <b>ABO Type</b><br><i>Tube Agglutination</i> | "B"      |      |                          |
| <b>Rh (D) Type</b>                           | Positive |      |                          |

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| Ref. Id             | : 299580 / 2811893               | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 11:05 Status : Final               |
| Ref. By             | : Dr. RMO . STERLING...          | Collected on       | : 28-Sep-2024 09:21 | Printed On           | : 28-Sep-2024 15:32                              |
|                     |                                  | Sample Type        | : Serum, Urine      | Process At           | : 75 – Sterling Hospital, Race course (Vadodar   |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

| Test  | Result | Unit  | Biological Ref. Interval |
|---|--------|-------|--------------------------|
| <b>Fasting Blood Glucose</b><br><small>GOD-POD</small>      | 95.0   | mg/dL | 74 - 100                 |
| <b>Fasting Urine Glucose</b><br><small>GOD-POD</small>      | Absent |       | Absent                   |
| <b>Fasting Urine Ketone</b><br><small>Nitroprusside</small> | Absent |       | Absent                   |

|             | Fasting Blood Glucose* | Postprandial Blood Glucose # | Random Blood Glucose |
|-------------|------------------------|------------------------------|----------------------|
| Normal      | < 100 mg/dL            | < 140 mg/dL                  | < 140 mg/dL          |
| Prediabetic | 100 – 125 mg/dL        | 140 – 199 mg/dL              | 140 – 199 mg/dL      |
| Diabetic    | >/=126 mg/dL           | >/= 200 mg/dl                | >/= 200 mg/dl        |

\* Fasting is defined as no caloric intake for more than 8 hours

# The test should be performed as described by the WHO, using a glucose load containing the equivalent of 75 g anhydrous glucose dissolved in water.

**Criteria for Diagnosis of Diabetes:**

1. Fasting blood glucose (FPG)  $\geq$  126 mg/dL
2. Two-hour blood glucose (2-h OGTT) = 200 mg/dL
3. HbA1c values (A1c)  $\geq$  6.5%
4. Random plasma glucose  $\geq$  200 mg/dL

(With symptoms of hyperglycemia or hyperglycemic crisis)

In the absence of unequivocal hyperglycemia, diagnosis of DM using A1C, FPG or 2-h OGTT requires two abnormal test results from the same sample or in two separate samples.

**References:**

1. American diabetes association. Standards of medical care in diabetes 2024
2. National Library of Medicine – National Institute of Health (USA) – Diabetes Mellitus
3. World Health Organization – Factsheet on Diabetes – Prevention and treatment


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| Ref. By             | : Dr. RMO . STERLING...          | Collected on       | : 28-Sep-2024 12:00 | Printed On           | : 28-Sep-2024 15:32                              |
|                     |                                  | Sample Type        | : Fluoride          | Process At           | : 75 – Sterling Hospital, Race course (Vadodar   |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

| Test   | Result | Unit  | Biological Ref. Interval |
|--|--------|-------|--------------------------|
| <b>Post-breakfast Blood Glucose</b><br><i>GOD-POD</i>      | 101    | mg/dL | 70 - 140                 |
| <b>Post-breakfast Urine Glucose</b><br><i>GOD-POD</i>      | Absent |       | Absent                   |
| <b>Post Breakfast Urine Ketone</b><br><i>Nitroprusside</i> | Absent |       | Absent                   |


  
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**MEDI WHEEL FULL BODY ANNUAL PLUS**
**HbA1c (Glycosylated Hemoglobin) by HPLC**

| Test               | Result | Unit  | Biological Ref. Interval   |
|--------------------|--------|-------|--|
| HbA1c              | 5.70   | %     | For Screening:<br>Diabetes: $\geq 6.5\%$ ;<br>Pre-Diabetes: 5.7 - 6.4%;<br>Non-Diabetes: $< 5.7\%$ |
| Mean Blood Glucose | 116.89 | mg/dL | For Diabetic Patient:<br>Poor Control : $> 7.0\%$ ;<br>Good Control : 6.0-7.0%                     |

**Description:**

- Total haemoglobin A1c is continuously synthesized in the red blood cell through its 120 days life span. The concentration of HbA1c in the cell reflects the average blood glucose concentration it encounters.
- The level of HbA1c increases proportionately in patients with uncontrolled diabetes. It reflects the average blood glucose concentration over an extended time period and remains unaffected by short-term fluctuations in blood glucose levels.
- The measurement of HbA1c can serve as a convenient test for evaluating the adequacy of diabetic control and in preventing various diabetic complications. Because the average half life of a red blood cell is sixty days, HbA1c has been accepted as a measurement which reflects the mean daily blood glucose concentration, better than fasting blood glucose determination, and the degree of carbohydrate imbalance over the preceding two months.
- It may also provide a better index of control of the diabetic patient without resorting to glucose loading procedures.

**HbA1c assay Interferences:**

Erroneous values might be obtained from samples with abnormally elevated quantities of other Haemoglobins as a result of either their simultaneous elution with HbA1c (HbF) or differences in their glycation from that of HbA (HbS).

**Reference:** American diabetes association. Standards of medical care in diabetes 2024


**Dr. C. Shrinivasan..**

M.D ( Pathology )[G-18341]

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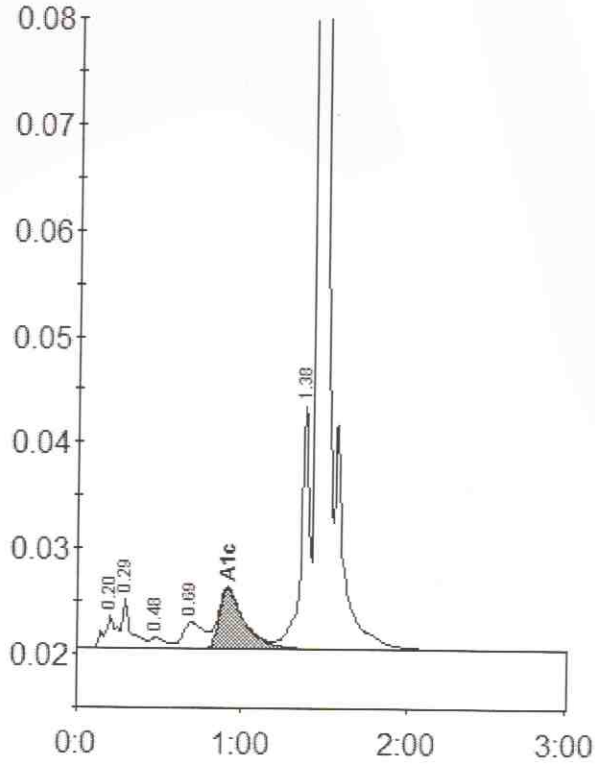
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# Patient report

Bio-Rad DATE: 28/09/2024  
 D-10 HOSPITALS TIME: 01:33 PM  
 S/N: #DJ8G550303 Software version: 4.30-2  
 Sample ID: 092407503074  
 Injection date: 28/09/2024 01:33 PM  
 Injection #: 7 Method: HbA1c  
 Rack #: --- Rack position: 7



Peak table - ID: 092407503074

| Peak        | R.time | Height  | Area    | Area % |
|-------------|--------|---------|---------|--------|
| A1a         | 0.20   | 3124    | 15104   | 1.0    |
| A1b         | 0.29   | 4906    | 18150   | 1.2    |
| F           | 0.48   | 1047    | 7472    | 0.5    |
| LA1c/CHb-1  | 0.69   | 2487    | 22323   | 1.5    |
| A1c         | 0.91   | 5789    | 61406   | 5.7    |
| P3          | 1.38   | 23189   | 84122   | 5.7    |
| A0          | 1.45   | 475478  | 1257524 | 85.8   |
| Total Area: |        | 1466101 |         |        |

| Concentration: | %   |
|----------------|-----|
| A1c            | 5.7 |







Passport No :

**LABORATORY TEST REPORT**


| Patient Information |                                  | Sample Information |                     | Location Information |  |
|---------------------|----------------------------------|--------------------|---------------------|----------------------|--|
| Name                | : Mr. Uttarpally Sumanth Kumar . | Lab Id             | : 092407503074      | Pt. Type             | : Sterling Hospital Vadodara Health Checkup    |
| Sex/Age             | : Male / 30 Y 27-Aug-1994        | Registration on    | : 28-Sep-2024 09:03 | Location             | : Main BNo./                                   |
| Ref. Id             | : 299580 / 2811893               | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 11:04 Status : Final             |
| Ref. By             | : Dr. RMO . STERLING...          | Collected on       | : 28-Sep-2024 09:21 | Printed On           | : 28-Sep-2024 15:32                            |
|                     |                                  | Sample Type        | : Serum             | Process At           | : 75 - Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Lipid Profile**

| Test  | Result   | Unit  | Biological Ref. Interval   |
|---|----------|-------|--|
| <b>Cholesterol</b><br><i>Cholesterol oxidase - Peroxidase</i> | 199.0    | mg/dL | Desirable : <200<br>Borderline High : 200-239<br>High : >240   |
| <b>Triglyceride</b><br><i>Ezymatic (Lipase/GK/GPa/POD)</i>    | 145.0    | mg/dL | Normal : <150<br>Borderline : 150-199<br>High : 200-499<br>Very High : >500  |
| <b>HDL Cholesterol</b><br><i>PTA/MgCl2</i>                    | L 39.0   | mg/dL | Low: <40.0<br>High: >60.0  |
| <b>Direct LDL</b><br><i>Direct measured</i>                   | H 145.00 | mg/dL | Optimal: <100<br>Near to above Optimal:<br>100-129<br>Borderline High: 130-159<br>High: 160-189<br>Very High: =190 |
| <b>VLDL</b><br><i>Calculated</i>                              | 29.00    | mg/dL | 15 - 35  |
| <b>CHOL/HDL Ratio</b><br><i>Calculated</i>                    | H 5.1    |       | Up to 5.0  |
| <b>dLDL/HDL Ratio</b><br><i>Calculated</i>                    | H 3.7    |       | Up to 3.5  |

  
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**LABORATORY TEST REPORT**


| Patient Information   | Sample Information   | Location Information   |
|---|--|--|
| Name : <b>Mr. Uttarpally Sumanth Kumar .</b><br>Sex/Age : <b>Male / 30 Y</b> 27-Aug-1994<br>Ref. Id : 299580 / 2811893<br>Ref. By : Dr. RMO . STERLING... | Lab Id : <b>092407503074</b><br>Registration on : 28-Sep-2024 09:03<br>Collected at : SAWPL<br>Collected on : 28-Sep-2024 09:21<br>Sample Type : Serum | Pt. Type : Sterling Hospital Vadodara Health Checkup<br>Location : Main BNo./<br>Approved on : 28-Sep-2024 11:05 Status : Final<br>Printed On : 28-Sep-2024 15:32<br>Process At : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**

| Test   | Result | Unit  | Biological Ref. Interval |
|--|--------|-------|--------------------------|
| <b>Uric Acid</b><br><i>Uricase</i>                           | 6.50   | mg/dL | 3.5 - 8.5                |
| <b>Blood Urea Nitrogen</b><br><i>Calculated</i>              | 9.81   | mg/dL | 9.0 - 20.0               |
| <b>Urea</b><br><i>Urease, Colorimetric</i>                   | 21.0   | mg/dL | 19.3 - 43.0              |
| <b>Creatinine, serum</b><br><i>Creatinine Amidohydrolase</i> | 0.90   | mg/dL | 0.66 - 1.25              |
| <b>BUN Creatinine Ratio</b><br><i>Calculated</i>             | 10.90  |       |                          |
| <b>Urea Creatinine Ratio</b><br><i>Calculated</i>            | 23.33  |       |                          |


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**LABORATORY TEST REPORT**


| Patient Information                          | Sample Information                  | Location Information                                      |
|--|-------------------------------------|---|
| Name : <b>Mr. Uttarpally Sumanth Kumar .</b> | Lab Id : <b>092407503074</b>        | Pt. Type : Sterling Hospital Vadodara Health Checkup      |
| Sex/Age : <b>Male / 30 Y</b> 27-Aug-1994     | Registration on : 28-Sep-2024 09:03 | Location : Main BNo./                                     |
| Ref. Id : 299580 / 2811893                   | Collected at : SAWPL                | Approved on : 28-Sep-2024 11:38 Status : Final            |
| Ref. By : Dr. RMO . STERLING...              | Collected on : 28-Sep-2024 09:21    | Printed On : 28-Sep-2024 15:32                            |
|  | Sample Type : Serum                 | Process At : 75 - Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Liver Function Test**

| Test  | Result | Unit  | Biological Ref. Interval |
|---|--------|-------|--------------------------|
| <b>ALT (SGPT)</b><br><i>UV with P5P, IFCC</i>                                 | 17.0   | U/L   | 0 - 50                   |
| <b>AST (SGOT)</b><br><i>UV with P5P</i>                                       | 22.0   | U/L   | 17 - 59                  |
| <b>GGT (Gamma Glutamyl Transferase)</b><br><i>L-y-Glytamyl-p-nitroanilide</i> | 25.0   | U/L   | 15 - 73                  |
| <b>Alkaline Phosphatase</b><br><i>PNPP, AMP Buffer, IFCC</i>                  | 74.0   | U/L   | 38 - 126                 |
| <b>Total Bilirubin</b><br><i>Azobilirubin chromophores</i>                    | 0.80   | mg/dL | 0.2 - 1.3                |
| <b>Conjugated Bilirubin</b><br><i>Cationic Mordant Binding</i>                | 0.10   | mg/dL | 0.0 - 0.3                |
| <b>Unconjugated Bilirubin</b><br><i>Cationic Mordant Binding</i>              | 0.60   | mg/dL | 0.0 - 1.1                |
| <b>Delta Bilirubin</b><br><i>Calculated</i>                                   | 0.10   | mg/dL | 0.0 - 0.2                |
| <b>Total Protein</b><br><i>Copper tartrate to colour complex</i>              | 7.40   | g/dL  | 6.3 - 8.2                |
| <b>Albumin</b><br><i>Bromocresol Green Method</i>                             | 4.60   | g/dL  | 3.5 - 5.0                |
| <b>Globulin</b><br><i>Calculated</i>  | 2.80   | g/dL  | 2.3 - 3.5                |
| <b>A/G Ratio</b><br><i>Calculated</i>   | 1.64   |       | 1.3 - 1.7                |


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**LABORATORY TEST REPORT**


| Patient Information |                                  | Sample Information |                     | Location Information |  |
|---------------------|----------------------------------|--------------------|---------------------|----------------------|--|
| Name                | : Mr. Uttarpally Sumanth Kumar . | Lab Id             | : 092407503074      | Pt. Type             | : Sterling Hospital Vadodara Health Checkup    |
| Sex/Age             | : Male / 30 Y 27-Aug-1994        | Registration on    | : 28-Sep-2024 09:03 | Location             | : Main BNo./                                   |
| Ref. Id             | : 299580 / 2811893               | Collected at       | : SAWPL             | Approved on          | : 28-Sep-2024 11:32 Status : Final             |
| Ref. By             | : Dr. RMO , STERLING...          | Collected on       | : 28-Sep-2024 09:21 | Printed On           | : 28-Sep-2024 15:32                            |
|                     |                                  | Sample Type        | : Serum             | Process At           | : 75 – Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**Thyroid Function Tests**

| Test  | Result   | Unit   | Biological Ref. Interval |
|---|----------|--------|--------------------------|
| T3, total (Triiodothyronine)<br><small>CLIA</small> | 1.36     | ng/mL  | 0.58 - 1.59              |
| T4, total (Thyroxine)<br><small>CLIA</small>        | 6.27     | µg/dl  | 4.87 - 11.72             |
| TSH (3rd Gen.)<br><small>Chemiluminescence</small>  | H 4.7140 | µIU/mL | 0.4001 - 4.049           |

| TSH                       | T3/FT3                 | T4/FT4                 | Suggested interpretation of Thyroid function tests pattern   |
|---------------------------|------------------------|------------------------|--|
| Within range              | Decreased              | Within range           | Isolated low T3 often seen in elderly & associated Non-Thyroid illness. In elderly the drop in T3 level can be up to 25%.  |
| Raised                    | Within Range           | Within Range           | Isolated High TSH Especially in the range of 4.7 to 15 mIU/ml is commonly associated with physiological & Biological TSH Variability; Subclinical Autoimmune Hypothyroidism; Intermediate T4 therapy for hypothyroidism; Recovery phase after Non-Thyroidal illness. |
| Raised                    | Decreased              | Decreased              | Chronic Autoimmune Thyroiditis; Post thyroidectomy, post radioiodine; Hypothyroid phase of transient thyroiditis.  |
| Raised or within range    | Raised                 | Raised or within range | Interfering antibodies to thyroid hormones (anti-TPO antibodies); Intermediate T4 therapy of T4 overdose; Drug Interference-Amiodarone, Heparin, Beta blocker, steroids, anti-epileptics.  |
| Decreased                 | Raised or within range | Raised or within range | Isolated Low TSH – Especially in the range of 0.1 to 0.4 often seen in elderly & associated with Non-Thyroidal illness; Subclinical Hyperthyroidism; Thyroxine ingestion.  |
| Decreased                 | Decreased              | Decreased              | Central Hypothyroidism; Non-Thyroidal illness; Recent treatment for Hypothyroidism (TSH remains suppressed).   |
| Decreased                 | Raised                 | Raised                 | Primary Hyperthyroidism (Graves' disease), Multinodular goitre Toxic nodule; Transient thyroiditis: postpartum, Silent (lymphocytic), Post viral (granulomatous, subacute, DeQuervain'a) Gestational thyrotoxicosis hyperemesis gravidarum.                          |
| Decreased or within range | Raised                 | Within range           | T3 toxicosis; Non-Thyroidal illness.   |

Reference: Wallach's Interpretation of Diagnostic by Mary Williamson, 10th edition, 2015.


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**LABORATORY TEST REPORT**


| Patient Information                          | Sample Information                  | Location Information                                      |
|--|-------------------------------------|---|
| Name : <b>Mr. Uttarpally Sumanth Kumar .</b> | Lab Id : <b>092407503074</b>        | Pt. Type : Sterling Hospital Vadodara Health Checkup      |
| Sex/Age : <b>Male / 30 Y</b> 27-Aug-1994     | Registration on : 28-Sep-2024 09:03 | Location : Main BNo./                                     |
| Ref. Id : 299580 / 2811893                   | Collected at : SAWPL                | Approved on : 28-Sep-2024 11:06 Status : Final            |
| Ref. By : Dr. RMO . STERLING...              | Collected on : 28-Sep-2024 09:21    | Printed On : 28-Sep-2024 15:32                            |
|  | Sample Type : Urine                 | Process At : 75 - Sterling Hospital, Race course (Vadodar |

**MEDI WHEEL FULL BODY ANNUAL PLUS**
**URINE ROUTINE EXAMINATION**

| Test  | Result          | Unit | Biological Ref. Interval |
|---|-----------------|------|--------------------------|
| <b>Physical &amp; Chemical (Dip strip) examination</b>    |                 |      |                          |
| Colour  | Pale Yellow     |      | Pale Yellow              |
| pH<br><i>Double indicator</i>                             | 6.0             |      | 5.5 - 7.0                |
| Specific Gravity<br><i>Polyelectrolyte based reaction</i> | L 1.005         |      | 1.015 - 1.025            |
| Protein<br><i>Protein error of indicators</i>             | Absent          |      | Absent                   |
| Glucose<br><i>GOD-POD</i>                                 | Absent          |      | Absent                   |
| Ketone<br><i>Nitroprusside</i>                            | Absent          |      | Absent                   |
| Blood<br><i>Peroxidase like reaction</i>                  | Present (Trace) |      | Absent                   |
| Bilirubin<br><i>Diazo reaction</i>                        | Absent          |      | Absent                   |
| Leucocytes<br><i>Esterase reaction</i>                    | Absent          |      | Absent                   |
| Nitrite<br><i>p-arsanilic acid to diazonium compound</i>  | Absent          |      | Absent                   |
| <b>Microscopic Examination</b>                            |                 |      |                          |
| Erythrocytes (RBCs)                                       | Occasional      | /hpf | 0 - 2                    |
| Pus Cells   | Occasional      | /hpf | 0 - 5                    |
| Epithelial Cells  | Occasional      | /hpf |                          |
| Crystals  | Absent          |      | Absent                   |
| Casts   | Absent          |      | Absent                   |
| Bacteria  | Absent          |      | Absent                   |
| Amorphous Material  | Absent          |      | Absent                   |
| Yeast   | Absent          |      | Absent                   |

----- End Of Report -----


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Report Date: 28 Sep 2024 - 09:18 AM

|             |                      |              |                              |
|-------------|----------------------|--------------|------------------------------|
| Patient Id  | : RCR-299580         | Patient Name | : . UTTARPALLY SUMANTH KUMAR |
| Age         | : 30Y 1M 1D          | Sex          | : Male                       |
| Ref. Doctor | : DR. RMO . STERLING | Study Date   | : 28 Sep 2024 - 09:08 AM     |

**X-RAY CHEST PA VIEW**

Both lung fields show prominent broncho-vascular markings.  
Cardiac size appears within normal limit.  
Trachea and mediastinal soft tissue shadow appear unremarkable.  
Bilateral C.P. angles and both domes of diaphragm appear normal.  
y thorax under vision appears normal.

**CONCLUSION:**

**No significant chest abnormality detected.**



**Dr. Shilpi Gupta MD**  
**Sr. Consultant Radiologist**

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28.09.2024 9:07:51  
STERIL HC TIAL  
HCP  
VADODARA

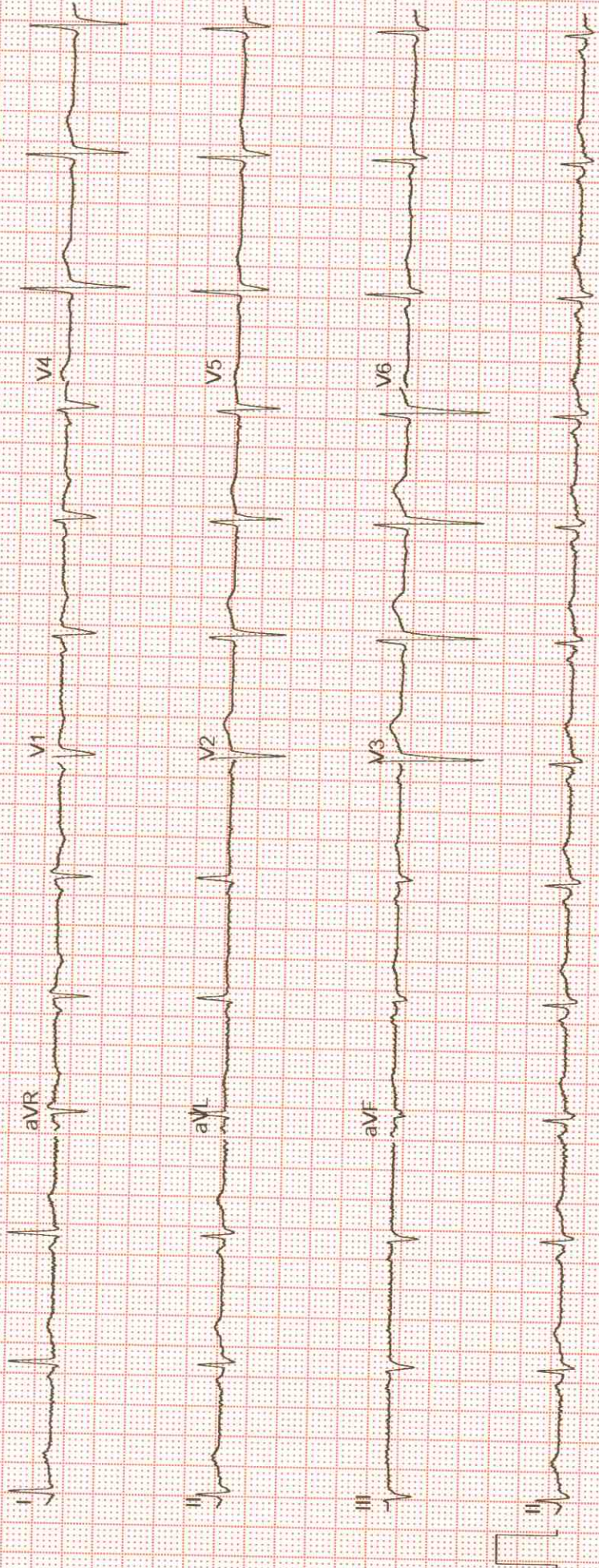
Male

30 Years

QRS 82 ms  
QT / QTcBaz 382 / 424 ms  
PR 124 ms  
P 96 ms  
RR / PP 812 / 810 ms  
P / QRS / T 43 / -5 / 31 degrees

*Left*

74 bpm  
- / - mmHg







## 2D ECHOCARDIOGRAPHY REPORT



**Sterling**<sup>®</sup>  
HOSPITALS

Race Course Road, Vadodara

Name: Mr. UTTARPALLY SUMANTH KUMAR  
Age: 30 Years  
Sex: M  
Date: 28-Sep-2024

Ref By: HCP  
Study: 2D Echo

### M-MODE:

|    |      |       |      |
|----|------|-------|------|
| VS | 10mm | LVDD  | 46mm |
| PW | 11mm | LVDS  | 24mm |
| LA | 37mm | LV EF | 60 % |

### DOPPLER STUDY:

|           |        |        |
|-----------|--------|--------|
| MITRAL    | E 0.88 | A 0.65 |
| AORTIC    | 1.29   |        |
| TRICUSPID | N      |        |
| PULMONARY | N      |        |

### CONCLUSION :

- NORMAL SIZED CHAMBERS
- NORMAL LV SYSTOLIC FUNCTION LVEF 60 %
- NO RWMA AT REST
- NO DIASTOLIC DYSFUNCTION
- NORMAL RV SIZE AND FUNCTION
- ALL VALVES ARE NORMAL
- NO CLOT OR VEGETATION
- NO PERICARDIAL EFFUSION
- NORMAL IVC

Dr. RANJEETKUMAR SHUKLA MD,DM  
Consultant interventional Cardiologist

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Sterling Addlife India Private Limited | CIN U85110GJ2000PTC039121 | 91-20-25443913



|             |                      |              |                              |
|-------------|----------------------|--------------|------------------------------|
| Patient Id  | : RCR-299580         | Patient Name | : . UTTARPALLY SUMANTH KUMAR |
| Age         | : 30Y 1M 1D          | Sex          | : Male                       |
| Ref. Doctor | : DR. RMO . STERLING | Study Date   | : 28 Sep 2024 - 11:31 AM     |

## ULTRASOUND OF ABDOMEN AND PELVIS

### FINDINGS

**Liver** is normal in size and shows normal echotexture. No focal lesion seen. No IHBR dilatation.

**Portal vein** (12.4 mm) and **CBD** appear normal.

**Gall bladder** is contracted.

Visualized **pancreas** appears normal.

**Spleen** appears normal in size (11.5 cm) and shows normal echotexture. No focal lesion seen.

**Right kidney** measures 9.8 x 4.1 cm. There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

**Left kidney** measures 10.9 x 5.1 cm. There is no evidence of scarring, hydronephrosis or calculi. Normal cortical echogenicity and cortico-medullary differentiation are maintained.

**Urinary bladder** is well distended and shows normal wall. No calculus or mass lesion is seen.

**Prostate** measures ~ 10.4 cc and appears normal in echotexture. No focal mass is seen.

No evidence of ascites seen.

### IMPRESSION

- No significant intra-abdominal abnormality in present study.



**Dr. Palak Nandolia**  
Consultant Radiologist

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