



Mediwheel
...Your wellness partner

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd)

F-701A, Lado Sarai, Mehrauli, New Delhi - 110030

Email: wellness@mediwheel.in, Website: www.mediwheel.in

Tel: +91-11-41195959, Fax: +91-11-29523020

CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that **Mr. Mohit Narayan** aged , **29yr** .Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, color blindness, and any chronic or contagious diseases.

Place: Noida

Date: 25/06/2024

Dr. Nitesh Kumar
MBBS
MBCMR/7093
Nitesh Kumar

Name & Signature of

Medical officer



भारत सरकार
GOVERNMENT OF INDIA



Mohit Narain

1995-05-24

Male

XXXXXXXXX2093

W - 60kg

H - 175cm

B.P - 112/66

P - 73% min

S - 97% min

Address:

S/O: Jalad Narain b/80 narain niwas buddha
colony buddha colony Budda Colony - Patna
Patna G.p Bihar 800001



Tap to Zoom

आधार-आम आदमी का अधिकार

Mobile - 9504 7999 79

Mohit Narain
25/06/2024

Mr Mohit Narain
ID 00000

25.06.2024 11:13:48 AM

61 bpm

---/--- mmHg

29 Years

Male

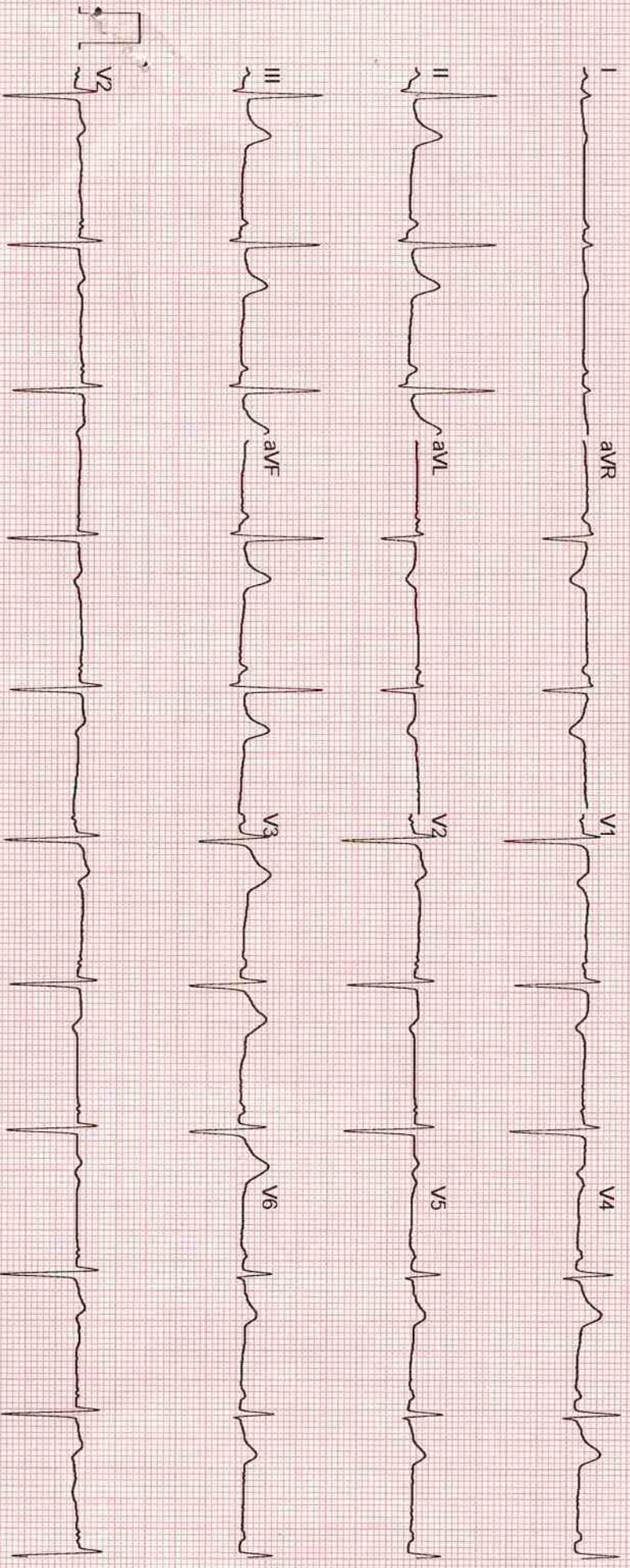
sim hospital
sector 63
Gautam Budhha Nagar, UP-201307

Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

QRS	84 ms
QT / QTcBaz	416 / 418 ms
PR	134 ms
P	84 ms
RR / PP	982 / 983 ms
P / QRS / T	61 / 84 / 79 degrees

Normal sinus rhythm
Normal ECG



GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3.25 R1 1/1

Unconfirmed



SJM SUPER SPECIALITY HOSPITAL



100 Bedded Super Speciality Hospital

Sector-63, Noida, NH-9, Near Hindon Bridge

Ph.: 0120-6530900 / 10, Mob.: +91 9599259072

E-mail: sjmhospital@yahoo.com / Website: sjmhospital.com

(24 Hours Emergency, NICU/ICU, Pharmacy & Ambulance Available)

(IVF SPECIALIST)

Dr. Pushpa Kaul (IVF)
M.B.B.S, MD(Obst. & Gynae)
Dr. Neha Zutshi (Embryologist)

OTHER SPECIALIST

Dr. Pushpa Kaul (IVF)
M.B.B.S, MD(Obst. & Gynae)
Dr. Smritee Virmani (Endoscopy)
BBS, DGO, DNB, ICOG (Obst. & Gynae)
Dr. Vinod Bhat

M.B.B.S, MD (General Medicine)

Vineet Gupta, MS (ENT)

Naveen Gupta, MS (EYE)

Ashutosh Singh, MS (Urology)

Rahul Kaul (Spine Surgeon)

BS, MS, (Orthopaedic)

Jaideep Gambhir, M.D(Psychiatrist)

Consultant Psychiatry, Mob.: 8006888664

Monica Gambhir, MBBS

Psychotherapist & Relationship Counsellor

8006888663

P Gupta, MS (Surgeon)

Rekha Maheshwari

M.S., MD, FRM, (IVF Specialist)

Amit Kumar Gupta

MS (General Surgeon)

Plastic Surgery

Rajendra Kumar

MD (Paediatrics)

Rajendra Kumar Kothari

MD (Medicine)

Aggarwal

M.S. Ortho.

Private & Public wards

Inpatient & Outpatient - (OPD)Facilities

Ambulance and emergency

Operation theatres

Laparoscopic & Conventional Surgery

Fertilization centre (IVF)

Care Unit. (ICU)

ICUs (NICU)

Central pathology lab

Diagnostic and ultrasound

Diagnostic facilities

Pharmacy

Kitchen

Mr. Mohit Narain, 25/06/24
Age - 29/ male

Mr. Mohit Narain Age 29
No acute problems
Physically & Mentally
Fit.



[Signature]
25/06/24

CGHS & AYUSHMAN BHARAT

+ Not for medico legal purpose + No substitution of drugs allowed

Panel: Raksha TPA Pvt Ltd., Vipul Med Corp TPA Pvt Ltd., E-Meditek (TPA) Services Ltd., Medi-Assit India TPA Pvt Ltd., Park Mediclaim, Genins India TPA Pvt Ltd., Family Healthcare TPA Pvt Ltd., Medsave Healthcare TPA Pvt Ltd., Vidal Health Care TPA Pvt Ltd., MD India Healthcare, DHS TPA (India) Private Ltd., Medicate TPA Service (I) Pvt. Ltd., East West Assist TPA Pvt Ltd., United Healthcare Parekh TPA Pvt Ltd., Good Health TPA Services Ltd., Bajaj Allianz General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., IFFCO Tokio General Insurance Co. Ltd., TATA AIG General Insurance Co. Ltd., Cholamandalam General Insurance Co. Ltd., Universal Insurance General Co. Ltd., SBI General Insurance Co. Ltd., Kotak Mahindra General Insurance Co. Ltd., Liberty Videocon General Insurance Ltd., The Oriental Insurance Co. Ltd. (Corporate), National Insurance Co. Ltd., HDFC Standard Life Insurance Co. Ltd., The Oriental United India Insurance Co Ltd. (Corporate), The New India Insurance Co. Ltd. (Corporate).



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25/6/24

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Consultant Psychiatry, Mob.: 8006888664

Dr. Monica Gambhir, MBBS

Family Therapist & Relationship Counsellor

Mob.: 8006888663

Dr. B.P. Gupta, MS (Surgeon)

Dr. Deepa Maheshwari

M.B.B.S., MD, FRM, (IVF Specialist)

Dr. Vivek Kumar Gupta

MBBS, MS (General Surgeon)

M.Ch. (Plastic Surgery)

Dr. Anand Kumar

MBBS, MD (Paediatrics)

Dr. Amit kumar Kothari

MBBS, MD (Medicine)

Dr. Amit Aggarwal

M.B.B.S., M.S. Ortho.

Facilities:

100 Beds. Private & Public wards

Inpatient & Outpatient - (OPD)Facilities

24-Hour ambulance and emergency

3 Operation theatres

Laposcopic & Conventional Surgery

In vitro fertilization centre (IVF)

Intensive Care Unit. (ICU)

Neonatal ICUs (NICU)

Dental Clinic

Computerized pathology lab

Digital X-ray and ultrasound

Physiotherapy facilities

24-Hour Pharmacy

Cafeteria & Kitchen

Mr. Mohit Narain (29y/m)

6/6
Vign (6/6,
NB

CS

CS

CS

— Normal Eye checkup

(BE)

Lubrex-DS Eye Drops - 2T/D

x 2 months

CGHS & AYUSHMAN BHARAT

+ Not for medico legal purpose + No substitution of drugs allowed

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Laboratory Report

Lab Serial no.	: LSHHI290138	Mr. No	: 117263
Patient Name	: Mr. MOHIT NARAYAN	Reg. Date & Time	: 25-Jun-2024 02:15 AM
Age / Sex	: 29 Yrs / M	Sample Receive Date	: 25-Jun-2024 03:18 PM
Referred by	: Dr. SELF	Result Entry Date	: 25-Jun-2024 07:42PM
Doctor Name	: Dr. AMIT KOTHARI	Reporting Time	: 25-Jun-2024 07:42 PM
OPD	: OPD		

HAEMATOLOGY

	results	unit	reference
CBC / COMPLETE BLOOD COUNT			
HB (Haemoglobin)	13.9	gm/dL	12.0 - 17.0
TLC	4.5	Thousand/mm	4.0 - 11.0
DLC			
Neutrophil	44	%	40 - 70
Lymphocyte	45	%	20 - 40
Eosinophil	08	%	01 - 06
Monocyte	03	%	02 - 08
Basophil	00	%	00 - 01
R.B.C.	4.00	Thousand / UI	3.8 - 5.10
P.C.V	40.9	million/UI	00 - 40
M.C.V.	102.3	fL	78 - 100
M.C.H.	34.8	pg	27 - 31
M.C.H.C.	34.0	g/dl	32 - 36
Platelet Count	3.13	Lacs/cumm	1.5 - 4.5

INTERPRETATION:

To determine your general health status; to screen for, diagnose, or monitor any one of a variety of diseases and conditions that affect blood cells, such as anemia, infection, inflammation, bleeding disorder or liver

technician :

Typed By : Mr. BIRJESH



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BIOCHEMISTRY

	results	unit	reference
BLOOD SUGAR (PP), Serum			
SUGAR PP	108.4	mg/dl	80 - 140

Comments:

Accurate measurement of glucose in body fluid is important in diagnosis and management of diabetes, hypoglycemia, adrenal dysfunction and various other conditions. High levels of serum glucose may be seen in case of diabetes mellitus, in patients receiving glucose containing fluids intravenously, during severe stress and in cerebrovascular accidents. Decreased levels of glucose can be due to insulin administration, as a result of insulinoma, inborn errors of carbohydrate metabolism or fasting.

METHOD:- GOD-POD METHOD, END POINT

BLOOD SUGAR F, Sodium Fluoride Pla

Blood Sugar (F)	78.9	mg/dl	70 - 110
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Comments:

Accurate measurement of glucose in body fluid is important in diagnosis and management of diabetes, hypoglycemia, adrenal dysfunction and various other conditions.

High levels of serum glucose may be seen in case of Diabetes mellitus, in patients receiving glucose containing fluids intravenously, during severe stress and in cerebrovascular accidents.

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BIOCHEMISTRY

	results	unit	reference
BILIRUBIN TOTAL / DIRECT / INDIRECT, Serum			
Bilirubin- Total	1.34	mg/dL	0.1 - 2.0
Bilirubin- Direct	0.41	mg/dL	0.0 - 0.20
Bilirubin- Indirect	0.93	mg/dL	0.2 - 1.2

Comment:-

Bilirubin is a waste product that forms when the liver breaks down red blood cells. Bilirubin exits the body as bile in stool. High levels of bilirubin can cause jaundice - a condition in which the skin and whites of the eyes turn yellow- and may indicate liver damage.

SGPT / ALT, Serum

SGPT/ALT	25.3	IU/L	00 - 45
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Comments:

An enzyme found in the liver and other tissues. A high level of **SGPT** released into the **blood** may be a sign of liver damage, cancer, or other diseases. Also called alanine transferase and serum glutamate pyruvate transaminase .



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HAEMATOLOGY

	results	unit	reference
ESR / ERYTHROCYTE SEDIMENTATION RATE			
ESR (Erythrocyte Sedimentation Rate)	12	mm/1hr	00 - 22

Comments

The ESR is a simple non-specific screening test that indirectly measures the presence of inflammation in the body. It reflects the tendency of red blood cells to settle more rapidly in the face of some disease states, usually because of increases in plasma fibrinogen, immunoglobulins, and other acute-phase reaction proteins. Changes in red cell shape or numbers may also affect the ESR.

BIOCHEMISTRY

	results	unit	reference
CREATININE-SERUM			
Serum Creatinine	0.83	mg/dl	0.7 - 1.3

Comments:

A **creatinine test** is a measure of how well your kidneys are performing their job of filtering waste from your blood. **Creatinine** is a chemical compound left over from energy-producing processes in your muscles. Healthy kidneys filter **creatinine** out of the blood. **Creatinine** exits your body as a waste product in urine.

BUN / BLOOD UREA NITROGEN, Serum

BUN/ Blood Urea Nitrogen	7.33	mg/dL	7 - 18
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TEST NAME

VALUE

ABO

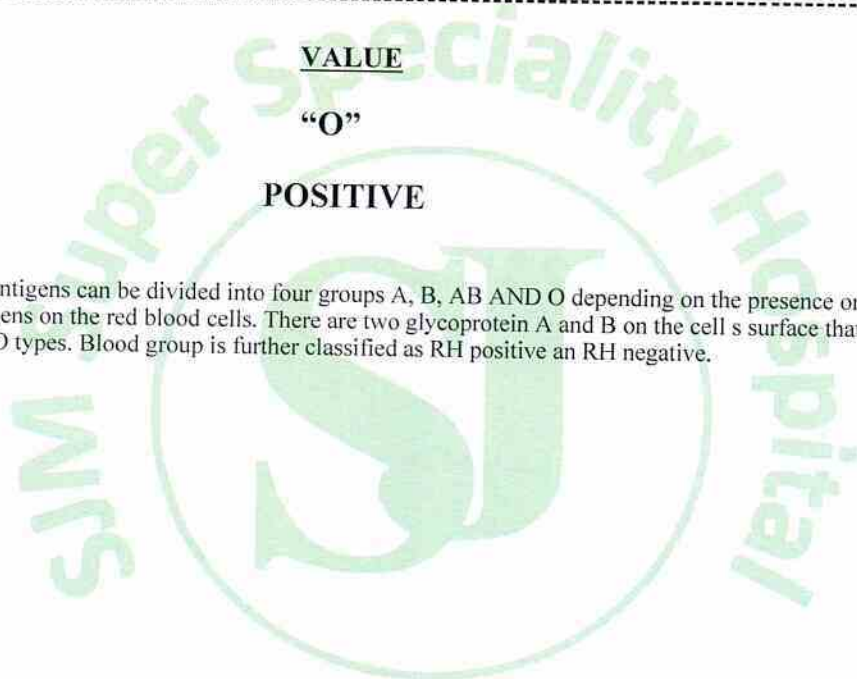
"O"

Rh

POSITIVE

Comments:

Human red blood cell antigens can be divided into four groups A, B, AB AND O depending on the presence or absence of the corresponding antigens on the red blood cells. There are two glycoprotein A and B on the cell s surface that are responsible for the ABO types. Blood group is further classified as RH positive an RH negative.



Centre for Excellent Patient Care



Mr. BIRJESH

Rajiv

<http://rgcipac3/SJM/Design/Finanace/LabTextReport.aspx>

6/26/2024

Dr. Rajeev Goel
M.D. (Pathologist)
36548 (MCI)

Dr. Bupinder Zutshi
(M.B.B.S., MD)
Pathologist & Micrbiologist

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OPD/IPD : OPD :

URINE EXAMINATION TEST

PHYSICAL EXAMINATION

Quantity: 20 ml
Color: Yellow
Transparency: clear

CHEMICAL EXAMINATION

Albumin: nil
Glucose: nil
PH: Acidic

MICROSCOPIC EXAMINATION

Pus cells: 1-2 /HPF
RBC's: nil
Crystals: nil
Epithelial cells: 0-1 /HPF
Others: nil

Note:-

A urinalysis is a test of your urine. It's used to detect and manage a wide range of disorders, such as urinary tract infections, kidney disease and diabetes. A urinalysis involves checking the appearance, concentration and content of urine.



Mr. BIRJESH

Dr. Rajeev Goel

<http://tgcipac3/SJM/Design/Finanace/LabTextReport.aspx>

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Centre for Excellent Patient Care

PATIENT ID	: 28533 OPD	X-Ray Report	PATIENT NAME	: MR. MOHIT NARAIN
AGE	: 029Y		SEX	: Male
REF. PHY.	:		STUDY DATE	: 25-Jun-2024

RADIOLOGY REPORT EXAM: X RAY CHEST

CLINICAL HISTORY:

COMPARISON:

None.

TECHNIQUE:

Frontal projections of the chest were obtained.

FINDINGS:

Both lung fields are clear.
 Both costophrenic angles appear normal.
 The tracheal lucency is centrally placed.
 The mediastinal and diaphragmatic outlines appear normal.
 The heart shadow is normal.
 The bony thoracic cage and soft tissues are normal.

IMPRESSION:

1. The study is within normal limits.

Dr Vilas Kanikdaley
 Consultant Radiologist
 MBBS, MD, DMRE, DMRD
 Regn No: 34910

Dr Vilas Kanikdaley
 25th Jun 2024



R
PA

